

NEWS • GARDENING • WHAT'S ON • WILDLIFE • SPORT

# Selsey Life

Community Magazine

MAY 2021  
ISSUE NO. 266

Photos by Malcom Miller

£1

in the yellow pots

[www.selseylife.weebly.com](http://www.selseylife.weebly.com)

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## An Update From Chichester Cathedral

Over the last year, Chichester Cathedral faced many challenges and developed new means of staying connected with the wider community and providing means of support and resources.

When public worship was suspended last March, the Cathedral began live-streaming a weekly Sunday service. As limited public worship returned, additional services continue to be live-streamed and made available on the Cathedral's website. Other special services are live-streamed including those on Remembrance Sunday, Advent & Christmas, Holy Week and more.

The Cathedral developed resources for worship and prayer at home, and has run online lectures, concerts, choral music, and arts events.

It has continued to support its partners including Chichester District Foodbank, UK Harvest and Stonepillow. Earlier this year with the Sussex Pub Group and Pallant House Gallery, the Cathedral launched the Friday Lunch Club which offered a free two course lunch to vulnerable or isolated residents in the city.

As we look forward to the easing of restrictions, the Cathedral hopes to welcome back more worshippers, visitors and other groups in the coming months.

Like many other institutions there have been serious financial implications: one important way of providing regular support is through the Chichester Cathedral Friends. Through project funding the Friends have made considerable contributions in maintaining and improving facilities and services and developing the Cathedral's mission.

Current projects cover all areas of Cathedral life, including new toilet facilities in the North Transept (currently facilities are only available outside), new IT infrastructure, and improved Cathedral lighting.

In normal times, the Friends like to socialise and have fun too! Events throughout the year include talks, day trips, lunches and holidays. Joining the Friends is a way to enjoy new experiences and friendships whilst supporting the Cathedral's work and sacred heritage.

For further information, please visit

[www.chichestercathedral.org.uk](http://www.chichestercathedral.org.uk)

For details of the Friends scroll down the home page and find details under "Cathedral for the Community."



## Selsey Vaccination Centre

UPDATE FROM THE SELSEY CENTRE VACCINATION TEAM  
(12 April)

They "got shot" twice! And so have over 2000 recent visitors to the Selsey Centre, which re-opened for business last week. We have now begun to offer second vaccinations to the first cohorts who originally came back in mid-January. Currently we are running Pfizer clinics at the centres, and there is also quantity of AstraZeneca for Care homes residents and staff, and our house-bound patients (everyone will have the same type of vaccine for both doses).



It has been really uplifting to see these people again, many of whom are very elderly, but it is also lovely to be able to spend a few moments chatting with them; especially those who have been isolating and who may not have seen anyone else for such a long time now. There is certainly a great atmosphere, and the team of marshals, administrators and vaccinators are glad to be working together again in such a positive way.

If you had your first dose 11 weeks ago at Selsey or Tangmere you should shortly be contacted by the bookings team to organise your second appointment. They will send a text if possible, so you can make your own appointment online, but if you don't have access to this technology, they will also ring you on the phone number you have registered with your GP practice. If you feel you have been missed and you had your first dose about 12 weeks ago, please contact the bookings team on 0333 370 4111, Monday to Friday, 8.30am-12.30pm. Please do not ring this number before your 12 weeks is up, as they won't be able to book any further than one week ahead of the current date and we are not allowed to carry out second doses any sooner.

Because all of our vaccine supplies and clinics are now scheduled exclusively for second doses, we are not offering any more first doses at either local centre. If you are in the "second wave" of younger adults, you will be offered your first dose at one of the mass-vaccination sites, such as Westgate. We have heard that Westgate has not been allocated any vaccine for the next couple of weeks, but hopefully this situation will soon change, and the programme can continue at the good pace that has been set so far.

Many of our visitors have asked about "vaccine passports". We don't know any more about this than we have picked up from the national news, but if we do hear any more, we will let you know. For now, we recommend keeping your vaccination cards safely. The first cards we issued did not always have names on and were necessarily handwritten, but all of our latest cards, including second dose cards, contain full printed details of the vaccination, so, at least they look a bit more official!

Let's all hope that as lockdown eases and more of us are vaccinated, we can all start to enjoy the re-opening retail and hospitality that Selsey has to offer - but please let's continue to do so thoughtfully and safely.

Mark Parrish.

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©2021. Selsey Life Ltd

Hello, and welcome to another action-packed issue of the Selsey Life magazine, YOUR local community magazine. (Okay, maybe action-packed is a bit of an exaggeration, but you should be this side of the keyboard at nearly 1am trying to get it finished....)

This month, with the easing of the restrictions, Selsey is beginning to come back to normal, and just like the flowers and trees that are pushing their buds out, we have the budding of events and re-openings. (Please tell me I did not write that last sentence...)

We have received a good initial response to our Reader's Gallery, and we thank the contributors for their entries. We will be showcasing them over the next few months, and welcome any more entries. If you would like to see your photo used in the Selsey Life magazine, either on the back page or inside, please email it to [selseylife@btinternet.com](mailto:selseylife@btinternet.com) with your name and we will add it to our pool. Please add Readers Gallery to the subject heading. We regret we cannot take hard copies as we have no means of scanning them.

We thank our page sponsor for this month, and again we have received some very kind donations for which we are grateful, including from the Selsey Writers Circle and Emma Pool.

Would you like to sponsor the Selsey Life magazine? If not the full magazine, how about sponsoring a page for a month for £20.00? We may not be able to guarantee what page, it would be on a first come basis, but we would try to match you if possible. Is this of interest? Please email the Selsey Life in the usual way, [selseylife@btinternet.com](mailto:selseylife@btinternet.com).

Would any of our readers be interested in the six month subscription for the magazine for £18.00, including postage? Is it something you would like?

We have recently been approached by Lizzie Sherwood-Smith who has produced an interesting range of items under the heading 'I'm a Selsey Lifer' - see her advert on page 24. With the easing of travel restrictions, perhaps as well as 'the most exotic place to be photographed reading a Selsey Life compenion' (will have to come up with a shorter title for that) we could also have 'the most exotic place to be photographed with an I'm a Selsey Lifer item' - still not a snappy title. How about a compenion to come up with a snappy title for each? We could call it 'snappy title to replace unsnappy titles compenion'. (Sorry, I am really tired now...)



As always, we would urge you, wherever possible, to support any of the local shops and trades that are open for business - you use it or you lose it.

Thank you to all of you who are purchasing and reading the magazine, we are always happy to receive feedback.

**Lloyd Bank sort code 30-98-97, account number 43314960**

Our 5% offer for anybody who gets us new advertisers still stands.

We hope that you enjoy this month's magazine, and we welcome any feedback, along with any articles and/or photos for inclusion.

A continual thank you to all of our contributors and advertisers in these difficult times.

See you all next month, fingers crossed. (That would explain the typing mistakes I suppose.....)



**We are looking forward to welcoming our customers, old and new, to THE SHOP, 89 High Street, when we reopen, subject to government guidelines, on MONDAY MAY 17th.**

**Opening times. 10 am - 1 pm Monday to Saturday**

**Hot drinks, snacks, local art, crafts and greeting cards.**

This month we have two competitions for you.

If you find the Seagull you have the chance to win an 'I'm a Selsey Lifer' t-shirt kindly generously donated by Lizzie Sherwood-Smith. You will be able to choose the size and colour.



For the second competition, you have the chance to a free beauty treatment, free tea/coffee for a week and one month free gym membership at ThriveSelsey at Ellis Square, generously donated by them. See their advert on page 27 (You must produce the advert if you win)

Good Luck.

To be in with a chance of winning the T-shirt, find the Selsey Seagull hidden somewhere in the magazine, (not this page) and then complete the coupon below and post in one of the two boxes at either Raycrafts, 119 High Street, or Pretty's Newsagents at 4 Orchard Parade.

The competition closes on **Friday 28th May** at 10 am. One entry per coupon, copies not accepted. Good luck.

Last month the Seagull was in the centre of the Logic Sudoku answer on page 33. The two winners of an unlimited ride pass at West Sands Fun Fair were L Francis and Hilary Wright. Congratulations to both of them, we trust they enjoy their prize. Thank you to all who entered.



**Name :**

**Contact phone number and full address:**

**I found the seagull on:**

**One entry per coupon Copies not accepted**





# Selsey Schools



## Well-being garden

Donations and support welcome.

We are looking for your support transforming a small area in school into a well-being garden for the community.

The quiet area behind the library provides a place for students and staff to reflect and take some time out of the busy day. We would like to spend some time after June 21st getting this area ready for the new academic year.

If you are able to help by providing people with spades and forks, low maintenance plants, gravel or weed membrane, please fill in the following form.

<https://forms.gle/KpHtDfBctDSkFDNVA>

We will release a date for this community project to mirror the government's covid guidance.

## Friends of Selsey Medical Centre (FSMC) Charity No: 1013645



At the time of writing, the road map out of Covid restrictions has reached Step 2.

So, everyone must be looking forward to being able to visit shops, other than the Supermarket and more important, the hairdresser, gym and some other outdoor activities.

Friends Committee have still not met face to face but are in contact to be able to approve any requests for equipment from the Medical Centre

Although it has not been possible to attend any fund raising events such as Boot Fairs or Table Top Sales, thanks to the Selsey Jumble Sale Trail on 10th April the collection of donated items has been reduced with a satisfactory sum being added to the funds.

Membership secretary, Rosemary, reports that renewal subscriptions are still coming in but hopes for more with perhaps some new members.

The minimum amount per person that we ask is £4 but anything more than that will be gratefully received.

Rosemary can be contacted on (01243)945263 for information on how to join or look for a leaflet at the surgery.



At Medmerry Year 2's topic has been based on dragons. We have created and designed our very own dragons and dragon's eyes.

Rosie- My dragon is a happy dragon because it does kind things for others. My dragon comes out in the winter.



Lennie- My dragon is a scary and fierce dragon with a shiny eye.



The Friends of Medmerry are running a summer competition for the children.

Children will be growing sunflowers from seed at home through the Summer Term and into the summer holidays. Entries will be submitted by measuring and photographing the sunflowers and children will be able to win a prize.

Good luck to all the young gardeners!



## No Fool Suffered – Gladly or Otherwise!

If life were a game of cricket  
Prince Philip has just left the wicket  
having stuck to his guns he scored 99 runs  
his innings was just the ticket

Weeks short of a card from the wife  
to mark an exceptional life  
now at Windsor to rest along with the best  
well away from all worldly strife

At a mere 99 years of age  
the Duke has turned over the page  
without much of a care he'll be going elsewhere  
to perform on that heavenly stage

God forbid the gates should be closed  
and entry is not as supposed  
'cos the culprit will crack under verbal attack  
his negligence loudly exposed!

Often quick with a comical phrase  
in his public engagement days  
the hilarious quips that came from his lips  
caught always by Press camera gaze

His Duke of Edinburgh Scheme  
helped hopefuls to build self esteem  
that most worthwhile cause earned him endless applause  
for fulfilling many a young dream

In his carriage on Windsor's Long Walk  
taking time with Joe Public to talk  
a meeting of chance their day to enhance  
an encounter undreamt in advance

The good Duke's long life now completed  
by no other to be repeated  
'balanced on the biggest wave' from the cradle to the grave  
by all but death.... undefeated

JOHN BYRNE APRIL 2021  
ARTWORK: JASON BETON



RIP Prince Philip  
10/6/1921 9/4/2021

On the 24th April we had a open-air table top sale in aid of the Selsey Cancer Relief Fund. I would like to say a big thank you to Elaine, John, Bette, Rosie, Alan, Peter and Elaine for all their help last Saturday. Also a big thank you to everyone who donated items for the sale and those who bought items. The sale went well, we made £357.35. This will go towards some new chairs for the Fernhurst Centre in Chichester.

Susan Truss

An elderly couple are having a lavish meal in celebration of their 75th wedding anniversary.

Whilst they are waiting for the second course, the man leans over to his wife and says "Forgive me for asking this, but I have always been worried that our tenth child has never quite looked like the rest of our children."

"Please, do not be upset, these last seventy five years have been the happiest I could ever have wanted, nothing can take that away, and whatever you answer to my next question, I will still love you, but I feel I must find out, did our son have a different father to the rest?"

His wife looks uneasy, and at first she cannot look him in the eye. After mustering the courage, she looks at her husband and says yes, he did have a different father.

Although he guessed this would be the answer the old man was still upset by it. With teary eyes he looks at his wife and says "I must know who the father was. Please, tell me."

His wife looks embarrassed and gazes down at the table for a while. Eventually, she looks up and, gazing at her husband, says quietly, "You."

There are 10 types of people, those who understand binary and those who do not.

What do you call one of my jokes that isn't funny?  
A sentence.

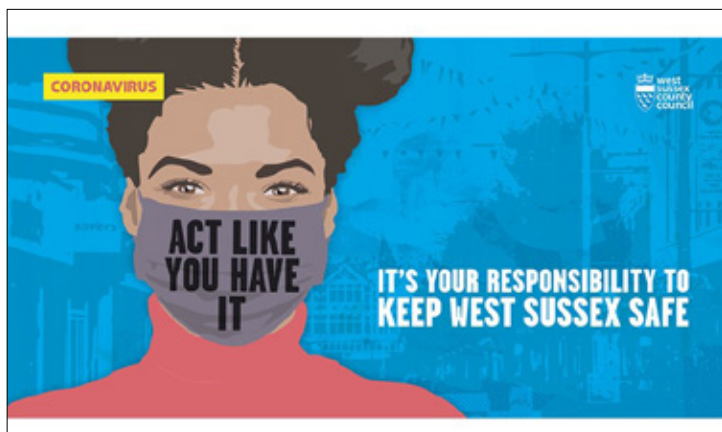
I thought I would try and confuse the home delivery service - I ordered a chicken and an egg.  
It will be interesting to see which one comes first.

## KDL Plumbing & Heating.

Immersion heaters, Cylinders, Cold tanks, Ballvalves, Overflows, Leaking toilets, Radiator replacement, Washing machine and dishwasher installation, Outside taps, Showers, Blocked drains and more.



Free Estimates and Advice.  
NO CALL OUT CHARGES.  
Mobile 0747-512-8249  
Selsey (01243) - 630340







# ARTS DREAM SELSEY ARTISTS

## ! EXHIBITION !



17<sup>th</sup> MAY to 17<sup>th</sup> JULY 2021

10AM – 1PM Monday to Saturday

THE SHOP – 89 THE HIGH STREET, SELSEY  
(NEXTDOOR TO TRUEVISION)



Selsey U3A was founded in 2012 and is an organisation for people who are no longer in full employment or are retired, but wish to keep active.

Members enjoy sharing their knowledge, experience and skills, and develop their own individual capabilities by learning from and with other members.

### Selsey u3a welcomes new members

If you would like to join us or would like further information please e-mail [info@selsey3a.org](mailto:info@selsey3a.org) or check our website [www.selsey3a.org](http://www.selsey3a.org)  
Tel: 0778 304 0407

Membership costs just £13.00 per year, or £9.50 if you already belong to another u3a.

### H. VINTEN EXPERIENCED TAILORESS AND ALTERATION HAND

MALE AND FEMALE

48 High Street, Selsey

01243 602806 07798635516

[heathervinten.48@gmail.com](mailto:heathervinten.48@gmail.com)



### Selsey Venture Club.

SELSEY VENTURE CLUB is very happy to announce that we will be starting again from June 1.

We will be coming round to collect your membership in the next few weeks. It will be £15 as it is for six months only. Correct money would be appreciated, or a cheque made payable to Selsey Venture Club.

If anyone would like to become a member please call me on 602645 and I will arrange to sign you up.

Lynn Unitt.

IT WILL BE SO LOVELY TO SEE YOU ALL AGAIN.

**DON'T FORGET** THE CLOTHING DEPARTMENT IS OPEN AGAIN ON SATURDAY MORNINGS.  
(Weather permitting)



Selsey Community Forum  
(Selsey Care Shop)

Registered Charity Number: 1156460

### CAR BOOT SALES 2021

SUNDAY 4th JULY

SUNDAY 18th JULY

SUNDAY 22nd AUGUST

SUNDAY 12th SEPTEMBER

To be held on

The Recreation Ground, School Lane, Selsey  
Gates open to Sellers 7.30am, gates close 1.30pm

Cars £10.00 / Large Vans £20.00

No need to book in advance.

All proceeds go to Selsey Community Forum charity number 1156460 (Selsey Care Shop)

All dates subject to coronavirus regulations, weather and ground conditions.

Contact Sue White on 07799 872245

### End of an Era

After 47 years the Luck family have made the hard decision to close their Fish and Chip shop in The Causeway off Mill Lane, Selsey. Peggy who turned 90yrs on New Year's Day said it was sad but as with all things, times change and so do families, the majority of her family now being dispersed around various corners of the country and as far away as California in the United States.

When Peggy took over the business, holidaying in Selsey was very different. Pontins still had their big holiday centre at the end of Grafton Road and many of those who owned caravans on the West side would let them out during the main summer season to help pay costs. Caravans were quite basic to begin with, outside toilets and gas lighting still a common feature, with electric being a luxury just coming in. The season lasted from 1<sup>st</sup> March to the 31<sup>st</sup> October and most families would save for a whole year in order to ensure they could enjoy their holiday – usually only a week – at the seaside.

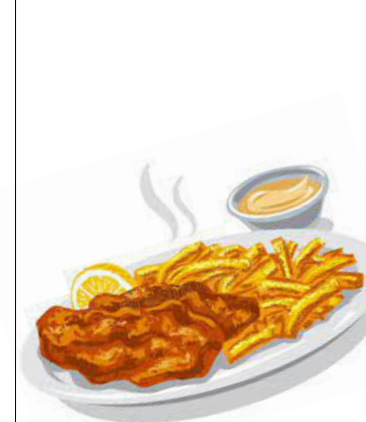
Saturday was change over day and first thing there would be a stream of coaches arriving to collect their passengers. Mums and Dads with children, Grannies and Grandads would be rushing along with their suitcases to ensure they did not miss their ride. Others would be dashing down to the village to catch the main buses into Chichester ready for their trains. By midday Selsey would have time to catch its breath before the next stream of excited passengers arrived in the reversal at 2pm.

In those days we would open the Fish & Chip shop twice a day, 7 days a week and at times the line of hungry customers meant it was difficult to close the doors to catch a break between lunchtime and opening again in the evening. It was a time when the whole family pitched in to help keep the hungry holidaymakers fed, and was truly a family affair. We even had a little hut selling ice creams for the waiting queue. As Peter's future wife discovered if you wanted to spend time together in the summer you were best to pitch in and help!

Peggy reflected that at the beginning of the week they would sell more expensive fish and scampi, but you could always tell when it was getting to the end of the week as customers increasingly changed to fishcakes and sausages with their chips having spent their money enjoying the delights on offer around Selsey.

Nowadays caravans are becoming even more luxurious and facilities mean that they can cater better for themselves. Coaches have now been replaced by supermarket delivery vans and many caravans are owned by families who use them in rotation as and when. More recently Peggy and Peter have been joined by the eldest grandchild, Charlotte in running the business and although they have enjoyed spending the time together in the shop, the demands of other parts of the business have meant that decisions have had to be made.

Peggy and family would like to thank all those who have supported them over the years, particularly the band of regulars. She also noted how lucky they have felt by the support of many local residents who have become valued customers and friends.



Is the opposite of a croissant a happy uncle?

Which branch of the Armed Services accepts children? The Infant-ry.

Selsey Life is compiled and published by

SELSEY LIFE Ltd. . Tel: 01243 602729 e-mail: [selsey3life@btinternet.com](mailto:selsey3life@btinternet.com)

To the best of our knowledge all firms and organisations mentioned in this issue are reputable. Advertisements and articles in this publication have been supplied by local businesses and organisations. Therefore Selsey Life cannot be held responsible for any inaccuracies which may appear.





Update from the Chichester  
Neighborhood Prevention  
Team



You can contact your local team in the following ways:  
**Call us:** on **101** to report a crime or **999** if it's an emergency.  
**Email us:** [chichester@sussex.pnn.police.uk](mailto:chichester@sussex.pnn.police.uk)

#### What is antisocial behaviour?

Antisocial behaviour is defined as 'behaviour by a person which causes, or is likely to cause, harassment, alarm or distress to persons not of the same household as the person'

#### What constitutes antisocial behaviour?

There are three main categories for antisocial behaviour, depending on how many people are affected:

- **Personal antisocial behaviour** is when a person targets a specific individual or group.
- **Nuisance antisocial behaviour** is when a person causes trouble, annoyance or suffering to a community.
- **Environmental antisocial behaviour** is when a person's actions affect the wider environment, such as public spaces or buildings.

Antisocial behaviour can have a lasting impact on neighbourhoods and communities as it often leads to an increase in crime, particularly violence and criminal damage.

If you're experiencing any of the above, we may be able to help. Contact us on 101, online or in an emergency, dial 999.

**Chichester:** Chichester Police Station,  
Kingsham Road, Chichester, PO19 8AD  
Monday - Saturday 9am -8pm.

#### Announcement Alert!



**Selsey Fireworks** are celebrating our 40th birthday on  
**Saturday 16th of October** and you are all invited!  
(We are a year late but we couldn't have a party without you)

Tickets this year will only be available to prebook - you will  
be able to do this right up until 2 minutes before the first  
firework is lit! Keep an eye out for further details.

We hope you are all safe and well!  
The Selsey Firework Committee

**Selsey Fireworks**

#### MERIDIAN WEB (The Longitude)

Phantom lines strung Pole to Pole  
Dividing time through graveyard seas  
Misunderstood deceptive role  
Tapered minutes, slant degrees  
Equal segments locked in time  
Constant death brush pantomime

Keeping time the sailor's curse  
Rising sun and stars his guide  
Dashed on hidden rocks or worse  
Should cloud with bad luck coincide  
John Harrison of finest mind  
Elusive answer aimed to find

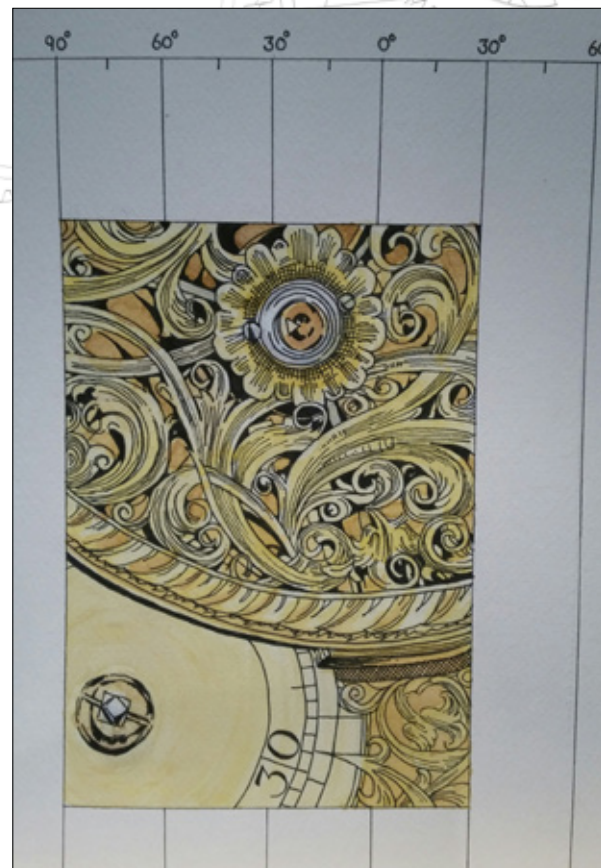
In 'dirty fog' the English fleet  
Scuppered itself on Scilly rock  
From victory to self defeat

Upon that saw tooth granite block  
Stunned government with swift conclude  
Proclaimed the Board of Longitude

Astronomers with pomp announced  
The answer lay in heavens bright  
Harrison's work with glee denounced  
Such argument seemed watertight  
Determined he to take the prize  
With Space his clocks would synchronize

From eerie haunted misty seas  
Twinkling stars and moon unsighted  
Astronomy seemed ill at ease  
Horologists somewhat delighted  
Brass mechanisms of repute  
Marked Greenwich Time beyond dispute.

POEM: JOHN BYRNE MARCH 2009  
ARTWORK: JASON BETON



#### In Loving Memory

**Pamela Glew**

**12th April 1939 - 6th April 2021**



**Beloved Wife to Roy, Mother,  
Grand-mother. and Great Grand-mother**

**Our thoughts are with you.**



#### Why do you love football?

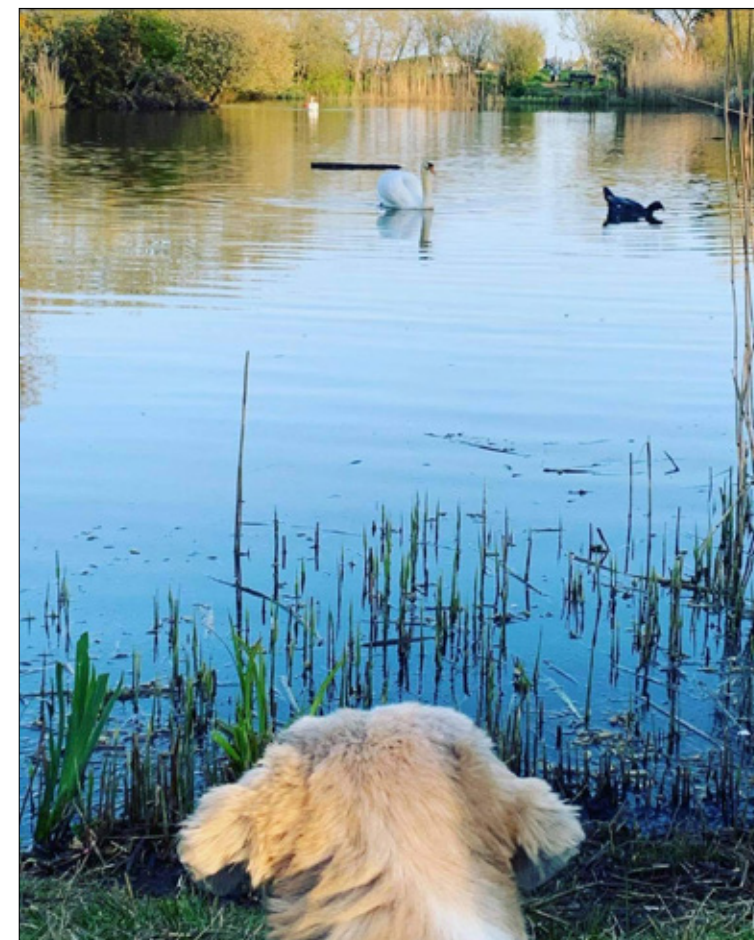
**Why do you love football?  
What do you see in it?  
Why not watch another sport  
Like Rugby, Golf or Cricket?**

**Well let me answer that my friend,  
And put your mind at rest  
I love the beautiful game  
because it's simply the best**

**No other sport is as exiting  
No other comes anywhere near  
Football can create passion  
And lots of atmosphere**

**A good football match is a joy to watch  
That's why thousands go to every game  
When you get goals and lots of action  
All the fans are so glad they came**

**So yes my friend I do love football  
It's by far the number one sport for me  
So while you're watching golf and  
cricket  
I'll be watching Match of the Day  
or Southampton FC.**



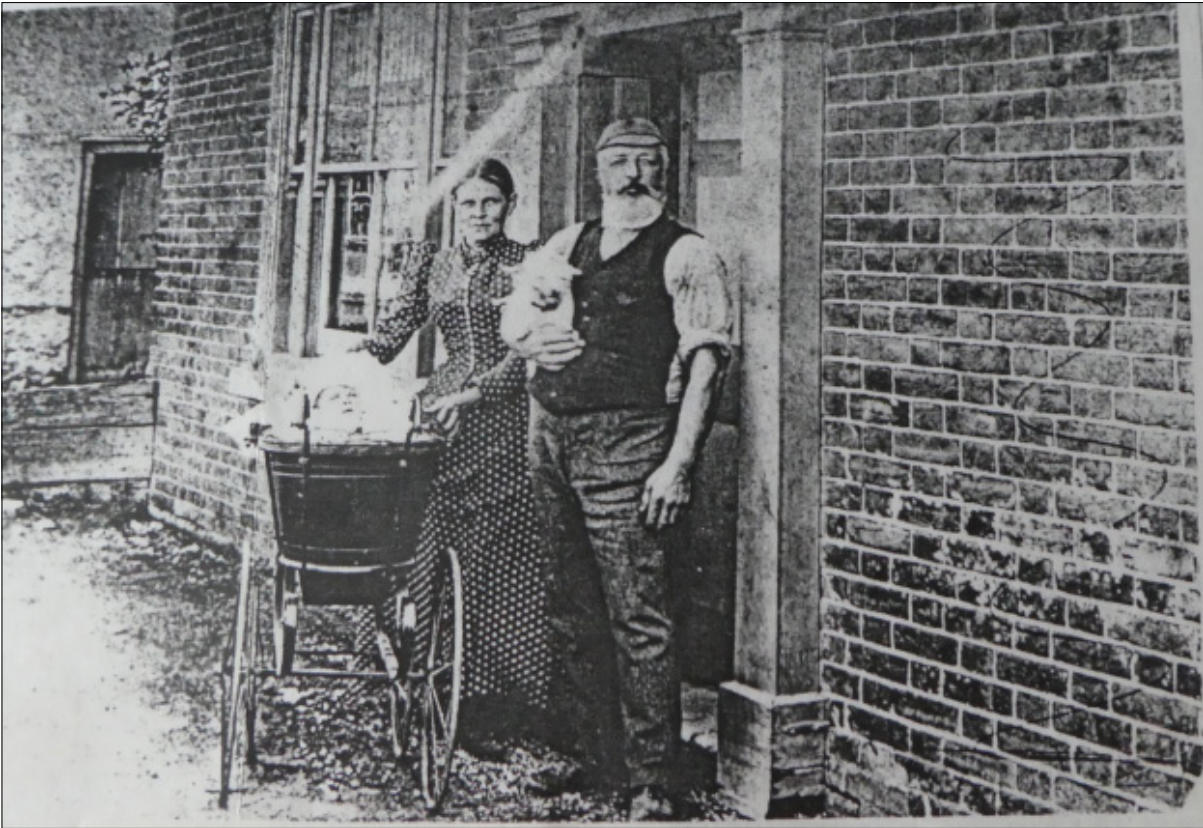
**Photos by Dottie Rose Rabey aged 8**

**The dog is Lola, Nan's dog**



EDWARD & MARY ANN WALLS

'A picture paints a thousand words' is a phrase which is familiar to many of us and, below, is just such a picture.



Here we have Mary Ann and Edward outside the Crown Inn. The baby and the dog are unknown. My hunch is that it is not one of their own children because the dates don't fit. But I am willing to be corrected!

THE CROWN INN SELSEY.  
E. WALLS.  
PROPRIETOR.  
Wine and Spirit Merchant.  
PRIVATE APARTMENTS.  
Chops and Steaks on the Shortest Notice.  
GOOD STABLING AND LOCK-UP COACH HOUSE.  
HOLIDAYS.—SEASIDE.—TRY SELSEY, SUSSEX. Absolute primitive  
quietude, beautiful beach. E. WALLS, Proprietor Crown Hotel, Selsey, has  
good accommodation for large or small parties on very moderate terms.  
Trains met at Chichester by arrangement.

And this is the advertisement from 1886, not too long after Edward became the landlord. At this point and despite a comprehensive explanation from the Federation of Licensed Victuallers Association, I will confess to not being au fait with the vocabulary of the Licensed Victuallers fraternity, so I am using the term 'landlord' loosely.

But who were these people? Edward Walls was born in July 1838 in Falmer, Sussex, the son of John Walls and Elizabeth. John was an Agricultural Labourer and Edward was one of 9 children – 8 boys and 1 girl!

In 1841 Edward was at home with his parents aged 2.

By 1851 he was an Ag. Lab alongside some of his brothers but by 1861 he was Stableman at Clinton Lodge, Fletching, which appears to have been a school.

Edward married Mary Ann Shepherd at Falmer on 4 March 1862, describing himself as a Coachman. She was the youngest of 8 children and her father, Isaac, was a Gamekeeper – in 1832 he was employed at Goodwood as 'Keeper to the Duke and Duchess of Richmond'.

Edward was a man 'going places' and records show that in 1871 he was a Fly Proprietor in Hurstpierpoint.

According to Wikipedia, a Fly is, by definition, a vehicle that moves quickly. A light horse-drawn public passenger vehicle or delivery wagon or a light, covered, vehicle hired from a livery stable such as a single-horse pleasure carriage or a hansom cab.



1881 saw him as an Inn-Keeper at the King's Head at Albourne along with Mary Ann and offspring Alice, William (who was a wheelwright), Edward James, Adeline Mary and Mildred Ethel.

Here is a picture of the Inn dated ca. 1910. It was situated on the A23, was rebuilt in 1938 and closed in the 1990s.

Picture source: Adrian Vieler taken from the Lost Pubs Project Website [www.closedpubs.co.uk](http://www.closedpubs.co.uk)

As we have seen from the advertisement, Edward and Mary Ann were in Selsey by 1886 and the 1891 census shows them both as Inn Keepers with Alice assisting. Adeline and Mildred were still scholars and the family lived in East Road.

In the 1901 census Edward is described as a Retired Publican living at 4 East Road with Mary Ann and Mildred. Edward died in the summer of 1901 aged 63.



East Street 1909.  
2nd house occupied by Mary Ann Walls  
with license 'The Crown Inn Selsey'

I have it on the best authority, in Mollie Tupper's own handwriting, that Mary Ann lived in the 2<sup>nd</sup> house in this picture of East Street in 1909.

Mary Ann Walls of Ashurst, East Road, Selsey died on 25 December 1921 and probate was granted to her son, William.

And now we come to the closer Selsey connection. Edward and Mary Ann's three girls, Alice, Adeline Mary and Mildred Ethel. Alice married Walter Arnell Smith, who was landlord of the Fisherman's Joy and later of the New Inn (now the Neptune). Alice took over the licence of the New Inn after Walter's death in 1915.

Adeline Mary married Henry Arnell Smith whose father, Frederick, was Inn Keeper at the Fisherman's Joy.

Mildred Ethel married Frederick William Phipps in 1904 and their daughter was...Yes – you've guessed it... Marjorie aka Mollie Phipps, later to become Mollie Tupper.

This picture will be familiar to many of you but I was delighted to find Mollie's notes on the reverse which I reproduce for you below:



Figures:  
H A Smith. In pram – Clifford Smith  
Mrs A M Smith - carrying Ronald Smith  
Mrs W A Smith  
Mrs M E Phipps.

Presumed to be Christening party on way to Banff House 1902.

Mollie has bracketed together the three girls with the additional comment:

'3 sisters. Reputed to be the loveliest women in Selsey at that time'



And just when I thought my work was done, something else cropped up, purely by chance.

You may recall that Edward and Mary Ann had a son called Edward James. He was born in October 1869 and appears on the 1871, 1881 and 1891 census returns. And then he disappears.

I established he had embarked on the White Star Line ship ‘Germanic’ sailing from Liverpool for New York on 25 August 1897. Edward was 28 years old and a clerk. And then I found this:



A rather sombre end to my tale, I’m afraid.

Inscription

OUT OF DARKNESS INTO HIS MARVELOUS LIGHT\*

Dedication

In loving memory of

Edward James, Son of

E and M A Walls of Selsey England

Born at Hurstpierpoint

Sept. 19 1869

Died at St Margaret’s Hospital

Kansas City

25 Nov 1897

Edward is buried in Gypsum Hill Cemetery, Salina, Kansas, USA..

St Margaret’s Hospital was dedicated on 19 November 1887 and stood on one of the highest hills on the north side of the Kansas River. It represented the very latest ideas in hospital arrangements.

[www.ksgenweb.org](http://www.ksgenweb.org) - ©Tom & Carolyn Ward

*‘If I should die,*  
*Think only this of me,*  
*That there’s some corner of a foreign field*  
*That is forever England.*

The Soldier, by Rupert Brooke

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01243 604698  
[ruthm@ruthcmariner.co.uk](mailto:ruthm@ruthcmariner.co.uk)

Footnote  
\*1 Peter 2:9

Thanks are due to:

Shane who posted his photo of Edward James Walls’ grave on [www.findagrave.com](http://www.findagrave.com) with permission to use it.  
Tom and Carolyn Ward for permission to quote from [www.ksgenweb.org](http://www.ksgenweb.org)  
Marilyn Smith for having already researched the Walls family thus saving me a lot of work!  
Glenn from the Lost Pubs Project for allowing me to use information from his site  
Jack and Anne Tupper for allowing me to use Mollie’s Archives

- 1) Whose real name was Francis Ethel Gumm?  
2) In which country was Audrey Hepburn born?  
3) What was the name of the producer of the 'Carry On' movies who died in 2009?  
4) Who was the founder of the Sundance Film Festival?  
5) Which Hollywood superstar once had a job cleaning lion cages?  
6) Who is George Clooney's singer aunt?



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DONNA’S DELIBERATIONS

Good day, my fellow Selsonians - welcome to May - my favourite month! My mum’s name was May and my son was born in May, so two good reasons for me to like this month. It’s traditionally the month when the sun is out (maybe!) the birds are singing, the flowers are springing into life and everything is growing - lovely.

Aquilegia - Wikipedia

Apparently, May is named after the Roman Goddess Maia, who was responsible for the growth of plants. It’s a ‘transition’ month - the cold winds have gone and the early spring rain has subsided a bit. The word ‘May’ wasn’t actually used until the middle ages - it was around the 15th Century when ‘Maius’ became ‘May’. A few fun-facts about this month: it was once known as ‘the month of three milkings’ - this meant that you should milk your cows three times a day! It was also considered a bad month to get married - ‘Marry in May and you’ll rue the day’ - it’s not clear where this comes from but, clearly, there must have been a good reason not to get married in what is one of the most lovely months of the year! In Cornwall, there used to be a superstition that buying a new broom in May was unlucky - no idea where that came from, either!

The best one though, I have kept till last - May is the usual month of the Eurovision Song Contest. Yes, every year, since 1956, we’ve been glued to the TV watching some of the world’s finest artistes perform some of the worlds finest songs (tongue firmly in cheek...) I was in Brighton on the day that Abba won the Eurovision in 1974 (actually it was in April, that year) and it was a really big deal to have the contest held in the Dome Theatre. It was impossible to get tickets but the atmosphere was incredible and hundreds of us, of all ages, stood outside the building whilst simultaneously listening to the music on the radio. Abba’s song, ‘Waterloo’ really broke the mould and everyone was ecstatic when they won. We were all singing it by the end of the evening, working our way back up North Street to the bus!

Brighton was a very trendy place to be back in the day. During the first lockdown I watched the film ‘Quadrophenia’ with my (grown up) children. It was filmed in London and Brighton in 1979 and I was lucky enough to see part of the filming. I had a holiday job in an office in West Street which is the main road from the station to the seafront, where a few scenes were filmed. The road was closed and a few of us made our way up to the flat roof of our building (we had a very understanding boss.) We literally took root up there for hours while they were getting the scenes right. They do appear in the film and it’s really weird to remember that I was actually sitting on a roof, a short distance away, watching the filming!

Like everywhere, Brighton has changed a lot since then and, frankly, I have no desire to go back and live there but I understand why our young people are drawn to the city; it’s not nick-named ‘London by the Sea’ for nothing! It’s incredibly eccentric - anyone who has ever seen the Royal Pavilion will have been struck by its strange fusion of Indian on the outside and Chinese on the inside! It was designed by George IV and was basically his ‘party palace’. It was and still is a draw for the more ‘bohemian’ members of the Brighton community and I’ve spent many a lunch time on the grass outside listening to the buskers!

Royal Pavilion - Wikipedia

Not so many people are aware that The Body Shop began in

Brighton. Anita Roddick opened the first shop in the North Laine area of the city in 1976. It was a very small shop and I recall lots of people were concerned because it was so close to an Undertaker’s premises, obviously believing that it wasn’t in the best taste! I remember going to the shop regularly with my little recyclable bottles buying refills of this and that. There is now a blue plaque where the first shop was and, of course, The Body Shop has long since moved to bigger and greater things.

It’s interesting to look back sometimes. Everything changes, of course - time moves on and things evolve, we can’t and indeed, shouldn’t want to stagnate - dwelling in the past isn’t positive, but we all have the odd experience which is very much of its time and could never be replicated. They’re the memories to hold on to.

Back to the here and now.....Fred the feline has been causing way too much trouble and costing us more than the price of a pretty good family holiday! My two regular readers may recall that he had to have an operation and was on antibiotics, anti-inflammatories and pain killers last month - this month has been even worse. We thought he was doing okay, then he became really withdrawn and we realised that he wasn’t eating properly and back to the vet we had to go. This time he’d developed a blocked salivary gland, it’s not a common issue and may have been as a result of the dental operation but who knows? Upshot was that we had to take him to a vet down in Emsworth as it’s quite specialised. Truth to tell, we thought seriously about it because Fred is around 14 and was just getting over one operation, it would have been better to wait but, in the end, there was no choice. So, we found ourselves back with the vet. I’m pleased to report that all went well with Mr Fred and he’s eating again, although somewhat frustrated at not being allowed out again!

So, how has everyone been doing since lockdown was lifted (to some degree, at least?) I thought the shops would be absolutely packed during the first weekend but that doesn’t seem to be the case - perhaps we’ve all become so used to shopping online, or ‘making do’ that the need for some retail therapy isn’t quite what it was - maybe that isn’t such a bad thing. Covid has put so much in perspective, we’ve all been forced to lead lives which have been simpler and, in some cases, less frantic. I suspect that things will gradually return to the way they were but it will certainly take some time. The entertainment industry has been particularly affected by successive lockdowns - a friend of mine is now working in a pub and tells me that many of the people who give support to the artistes, like sound/lighting engineers etc have seen their businesses decimated with no indication as to when, if ever they will get their careers back. It has been an incredible time of change and adaptability has been of necessity - it’s certainly been a significant ‘bump’ in everyone’s road.

Talking of retail re-opening, it has been nice to see the shops in the High Street and over at East Beach re-open; it’s amazing that they have managed to survive the last year. Let’s hope that they all get a good summer and please, support them when you can; our retail centres are so important to our town. Shopping habits have certainly changed, potentially for the long term. It’s a challenging time for retailers and they will have to respond to the consequences of the pandemic but they need us - they create real, local jobs, circulate money within the community and provide us with a valued service. Remember, if every adult spent £5 a week in their local shops and businesses, it would be £13.5 billion going back into our towns across the country. Makes you think, doesn’t it?

Take care, all

Donna [donnajohnson279@gmail.com](mailto:donnajohnson279@gmail.com)

13



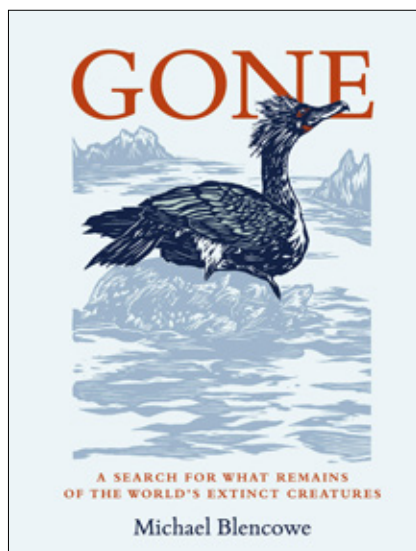
## Searching for extinct animals by Michael Blencowe of the Sussex Wildlife Trust

A wonderful museum lurks unassumingly on Brighton's Dyke Road, the tree-lined residential avenue that connects the city to the rolling chalk hills of the South Downs. It was here, in the illuminated cabinets and cases of The Booth Museum of Natural History that my story started. A display of the bones, eggs, fur and feathers of extinct animals reconnected me with my childhood obsession with lost species. It was the starting point for a journey which led me deep into the caves of New Zealand looking for the bones of the mighty extinct Moa – birds which stood over 12 feet tall. I hike mountain ranges in search of the South Island Kōkako, a bird known as the 'Grey Ghost'; which some believe may still exist. In San Francisco I seek the remaining sand dunes where the diminutive Xerces Blue butterfly once flew and in a dimly lit museum storeroom, I am granted an audience with the holiest of extinct relics – the mummified head of the legendary Dodo. Although my quest leads me to Copenhagen, Helsinki, Paris and New York I was surprised to find that, if I was searching for extinct animals, there was a story right on my doorstep.

Sussex was the last known whereabouts of Ivel's Sea Anemone, declared extinct in 1997. This delicate creature once existed in Widewater Lagoon near Shoreham and is known from nowhere else on the planet. Widewater's faded information panel contains a drawing of this mythical beast. Grey and tubular, the illustration resembles a section of somebody's small intestine or a really long sock with wiry tentacles poking out of one end.

I headed off in search of the only remaining specimens of this species, stored deep in the basement of the Oxford University Museum of Natural History. Here I was handed a jar with a domed glass stopper. Inside the jar was a solution of 75% ethanol and floating in that ethanol was ...nothing. I put on my glasses and raised the jar up to the storeroom's light bulb and only then could I make out the anemone, a miniscule, thin squiggle suspended in the solution. After giant Moa bones and mummified Dodos there was no disguising my disappointment. I had harboured a hope that maybe I could be the man to gallantly re-discover Ivel's Sea Anemone in Widewater lagoon. The fact that I couldn't re-discover it in a jar two inches from my face didn't inspire me with confidence.

Undaunted, I carried on my quest and, armed with a snorkel, a faulty torch and an inflatable lilo in the shape of a crocodile I bravely waded into Widewater. You'll find the rest of this story and many more of my adventures in my new book 'Gone: A search for what remains of the world's extinct creatures', published on 27 April and available everywhere.



Sussex Wildlife Trust is an independent charity caring for wildlife and habitats throughout Sussex. Founded in 1961, we have worked with local people for over half a century to make Sussex richer in wildlife.

We rely on the support of our members to help protect our rich natural heritage. Please consider supporting our work. As a member you will be invited to join Michael Blencowe on our regular wildlife walks and also enjoy free events, discounts on wildlife courses, Wildlife magazine and our Sussex guide book, Discovering Wildlife. It's easy to join online at [sussexwildlifetrust.org.uk/join](http://sussexwildlifetrust.org.uk/join)

- 7) What was Fred Astaire and Ginger Rogers's last film together?  
8) Name the character played by Liza Minelli in Cabaret.  
9) Who composed the music, Rodgers or Hammerstein?

- 10) Who plays Juan Peron in the film of Evita?  
11) Which British director won an Oscar for Oliver?  
12) In which film does Gene Kelly dance on roller skates?  
13) Who plays Captain Hastings in Poirot?  
14) What is Sharpe's first name?

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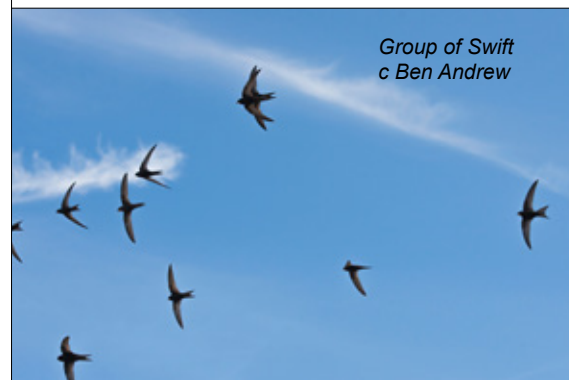
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## Why are swifts so amazing?

May see's the return of one of our most remarkable birds, the swift. Longer winged than the martins and swallows that arrived in March and April, they look like little black anchors as they zoom across the sky. As a child I remember 'screaming parties' of swifts racing between the houses where I lived and nesting under the eaves. On hot summer days I'd watch them hurtling in groups high above and imagined they were WW2 fighter pilots dogfighting.

So, what does make these birds so extraordinary? To start with they are fast. The peregrine is well documented as officially being the fastest bird, but this is only in a steep dive called a stoop.



Group of Swift  
c Ben Andrew

Our swift holds the record for the fastest proven level flight, recording an impressive top speed of 69.3mph. They also fly incredibly long distances. On migration they can fly over 500 miles a day. However, probably the most startling fact about swifts is that when they leave their natal nest for the first time, they will not land again for 3 years! They eat, mate and even sleep on the wing by switching one side of their brain off to 'snooze', and then swapping over later. They will only

land again to build a nest and raise a family when they have matured as adults.



Swift looking out of specially  
designed Swift brick c Ben Andrew

Originally swifts would have nested in holes in large trees and crevices in caves and on cliffs. These days our UK population depends almost entirely on buildings – under the roofs of old houses or 'swift boxes' attached to the walls. The nest is made with materials the bird can catch in flight, such as straw, leaves, seeds and feathers, bonded together using their own saliva. The female will lay two or three eggs which both parents will incubate and hatch after about three weeks. Feeding exclusively on insects they hunt over a wide variety of habitats, from meadows and open water, to over woods over woods, towns and cities. Amazingly they are able to avoid stinging insects



Swift brick c John Day

like wasps and bees, whilst still catching no-stinging insects that mimic them such as hoverflies and all at break-neck speed. The parents collect the insects in a special food pouch at the back of the throat, bound by saliva to create a ball or 'bolus' which can then be fed to the chicks. These food balls can contain over a thousand insects.

To prepare themselves for their aerial life, swift chicks start to exercise and get in shape, by performing 'press-ups' on their wings. By eight weeks they are ready to take to the skies, the ultimate masters of the air.

Unfortunately, our modern buildings lack the small crevices swifts need to make their nests and numbers have been dropping at an alarming rate. You can help these fantastic birds by buying and mounting a 'swift box' on your own home. See our online shop for details and let's keep these fantastic birds flying in our skies.

[www.rspb.org/shop](http://www.rspb.org/shop)

**Let's give nature a home**



RSPB Swift nest box

## RSPB Zoom Meeting for June 2021

Thursday 3 June

Jack Thompson, Conservation Officer for RSPB Brighton - Birds of Lowland Heath

**All meetings start at 7.00 pm**

The talks are free to all RSPB Chichester Local Group members and £4 each to non-members. Places are limited, so please book your place in advance by contacting Rob Yarham - email: [chichesterbirds@gmail.com](mailto:chichesterbirds@gmail.com) tel: 07545 376074





## What can I do?

It doesn't happen often, but it DOES happen. You're out and about in town (remember those days?) and you see a member of the public in distress. They may be doubled up in pain or sitting down with their breathing laboured and fast. You may be in a café or restaurant and they suddenly start jumping around, their face turning red and unable to breathe. They may simply be lying on the pavement having fallen over with nobody seeing what happened. You may be on the beach and someone has spotted a swimmer floating face down in the water. There could be a collision between vehicles or with a pedestrian.

In all of these situations, swift action is vital. Most people think 'I don't know what to do' and there is a huge desire to move away 'in case I do the wrong thing'. The reality is that the only wrong thing to do, is nothing. In this article, we'll look at the situation of Cardiac Arrest. In future editions we will look at drowning, choking, bleeding or stroke actions. We are also talking here about an adult casualty (children need subtle differences of approach).

A few years ago, in Selsey Town centre a quick-thinking member of the public managed to restart the heart of a fellow resident. Without that action, the person almost certainly would have died. There are 11 yellow boxes in and around Selsey, each containing a Defibrillator device for just this situation. They are called PAD's. Some of them have a combination lock on them to prevent damage or theft, however in the event of an emergency you will be able to unlock them. Selsey is provided with these devices through the generosity of local people, the support of our sponsors and the hard work of volunteers and businesses such as Colin Rose Electricals who fit the cabinets for free. We probably have the most per capita in the country.

The reason why they are so important is that the nearest ambulance may be 12 miles away, at Tangmere, a journey which, even with 'blues and two's' (blue lights and two-tone horns) can take 20 minutes. We have a local team of volunteer First Responders who carry defibrillators, however they may already be on another call so not able to attend immediately. The reality is that, once the heart stops unless oxygen is delivered to the brain it will quickly deteriorate. Every minute over 7 minutes gives a patient a 10% LESS chance of full recovery. So every second counts.

So, let's get back to the person you've found on the street. If they are in danger (for example they have fallen near or in the road) clearly you will need to move them to safety without risking another casualty. You will also need to make a judgement of your risk of contracting Covid-19 from this being close to someone who MAY be infected. If you are happy to continue, read on. If you are not 'ok', that is also completely understandable, restrict your actions to communicating with the emergency services.

There is one incredibly important thing to establish immediately. Is the patient breathing?. In days gone by, the 'hero' feels for a pulse (actually quite a tricky thing to do!), but nowadays we look for signs of breathing because if we're not breathing the heart will either have stopped or be just about to. When we breathe, the chest rises and falls and air comes in and out of the mouth or nose. If the patient isn't breathing, shout loudly 'Someone HELP ME'. Others may hesitate, but with this simple call most people will come closer. Instruct the first person to dial 999 and report that the patient is unresponsive and not breathing.

Now comes your chance to save the patient. Getting oxygen to the brain is the key here. By compressing the chest, blood is forced into the brain. This is called CPR or Cardio Pulmonary Resuscitation. To do this, wrap the fingers of your weaker hand into the gaps between the backs of the fingers of the other. Kneeling down at 90 degrees to the chest, rock forwards and backwards, pushing HARD onto the place just above where you imagine the patient's sternum to be with the heel of your hand towards the left of the patient's chest. The sternum is where the ribs meet the tummy.

You are trying to push down about one third of the depth of the chest (that's a BIG push!), and at a pace of 110 pumps per minute.

That's about the pace of the Beegee's hit 'Staying alive' goes – almost 2 beats per minute. After 30 such beats, pause to check for breathing and continue. Mouth-to-mouth resuscitation is no longer practised as there will be sufficient oxygen in the blood at this stage to support the brain. Then continue the compressions.

Meanwhile, if your 'helper' has managed to dial 999, and reported that the patient is not breathing and is unconscious, they will receive instructions where the nearest PAD is sited and the code, if one is needed. Ideally send a third person (keeping the line to the emergency services open all the time) to fetch the defibrillator 'PDQ' or pretty quick!.

The defibrillator is a device that shocks the heart into rhythm. It is also very user-friendly. Once it is switched on, a voice will take you through the stages of use.

In broad terms, we need firstly to prepare the patient for the pads which are attached to the right hand shoulder (just below the collar bone) and the left hand side of the chest. To do this it is vital that clothing is removed. A pair of stout scissors are provided for this purpose in the case. This is no time for modesty (or economy!), CUT clothing off the patient to expose the chest (this includes the bra, which normally contains metal wires). Should the patient have a lot of hair where the electrodes would 'sit', use the safety razor enclosed to shave this off before applying the pads.

Having placed the electrodes (pads), the voice will instruct you to 'stand clear'. The machine will assess the condition of the patient and whether they would benefit from the shock. If you are touching the patient, it will assess you by mistake and will falsely assume that the patient is breathing and with a pulse!

If it instructs a 'shock advised', press the button and stand back again. As soon as the defibrillator says 'shock administered', continue with the compressions on the patient's chest. By this stage the helper on the 999 phone will have advised you as to how long it will take before support arrives (whether ambulance, CFR or other responder). If the patient shows signs of breathing and a pulse, you can stop the compressions and breathe a sigh of ultimate relief! If not, read on!

It won't take long before you will be exhausted. 3 sets of compressions are enough and if possible, now's the time to hand over to another volunteer who has seen what you've been doing and is happy to take over. At this stage you can instruct someone to look out for the ambulance and guide it towards the patient. As soon as they arrive, they will take over the process. Stay close to tell them what you have been able to do – all of this history is important.

The Selsey Community First Responder Scheme is here to help our community – whether by our trained CFR's or using these PAD's. We'd also recommend you download the 'Goodsam' APP on your phone. This will alert you should there be a problem local to you and has a map of other responders and the location of PAD sites. (see App store for details!).

As soon as we are able we will start a new round of public demonstrations and training to help make Selsey a town in which people have a good chance of surviving a cardiac arrest and to go on and lead a normal life. Watch this space!

Thank you to our sponsors and supporters – notably, Ferry Farm Solar, The Selsey Shantymen, Selsey Golf Club members, Gainsborough Singers, Co-op Community Fund, Sue Bringloe Yoga, Selsey Bowls Clubs, Selsey Classic Car Club, Selsey Walking Festival, Table Tennis Club, Selsey Lions Swimathon, The Seal, The Neptune, all the individuals who choose the Responders as their chosen charity, those who put donations into the various boxes around the town and last, but not least, our fantastic fundraising team.

For more information about the Selsey Community First Responders Scheme, how to make a donation or if would like to become a fundraiser, please see [www.selseyfirstresponders.org](http://www.selseyfirstresponders.org) or email [info@selseyfirstresponders.org](mailto:info@selseyfirstresponders.org).



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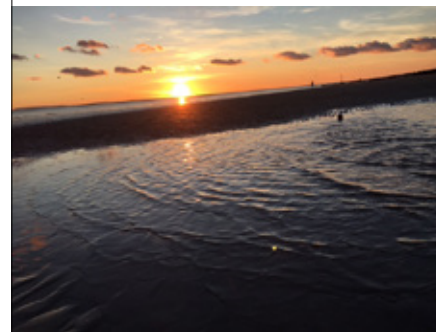
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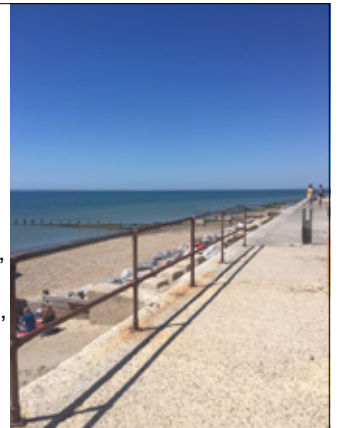
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07872491901**



The suns' shimmering on the luminous blue sea,  
Being down the beach is a wonderful place to be,  
Boats parked everywhere moored along the docks,  
Waves are spitting like llamas all over the rocks,  
The seagulls sound like they're laughing, whist flying up high,  
The blanket of sheep-like clouds reveal the lovely blue sky,  
The sunset makes an exquisite blend of yellow and red,  
I am mesmerised by it's colours, that are lurking above my head,  
Its so quiet, I delve further into my own world,  
I make memories to etch on my heart, with great value they hold,  
The X lines from aeroplanes is a kiss from my family far away,  
To remind me that even with corona, our bond will never decay.

Words and pictures by Angelina Tofi



**CHICHESTER  
FESTIVAL  
THEATRE**

## THE CHATTER PROJECT

We were recently asked by the Chichester Festival Theatre to take part in a new project co-ordinated by the theatre's Learning, Education and Outreach Department. The Chatter Project aims to bring together different groups of older adults to chat, connect and ultimately create theatre. Four individuals are now receiving ongoing contact twice a month via the phone and post.

Initially (until permitted to safely meet), they will connect by telephone, sharing stories, making each other laugh and ultimately 'creating theatre' with each person initially sharing three fun facts about themselves. The sessions will all be different - create a story, form a character, talk about costumes, etc. The Theatre is consecutively working with a group of older adults in Bognor and residents of Augusta Court Care Home in Chichester and it is the hope to bring the groups together for a socially distanced sharing of the work created in May, lockdown restrictions dependant.

## Selsey Community Forum

Registered Charity 1156460

Telephone: **01243 201616**

Email: **mail@selseycommunityforum.uk**

Website: **www.selseycommunityforum.uk**

Address: **Selsey Care Shop, 121 High Street, Selsey, PO20 0QB**

**A chicken walked into Selsey library, marched up to the desk, and said, "Book, book, book, book."**

**So the librarian handed the bird a book, the chicken accepted it, and then left.**

**Five minutes later, the chicken returned, threw the book on the desk, and said, "Book, book, book, book."**

**Once again the librarian handed the chicken another book, the chicken accepted it, and then left.**

**Five minutes later, the chicken was back again. Once again it marched up to the librarian, threw the book on the desk, then said, "Book, book, book, book."**

**The librarian handed the chicken a third book but this time she decided to follow the bird.**

**She watched the chicken hurry over the road and stop at the pond in Medmerry school, where there was a frog sitting on a lily pad.**

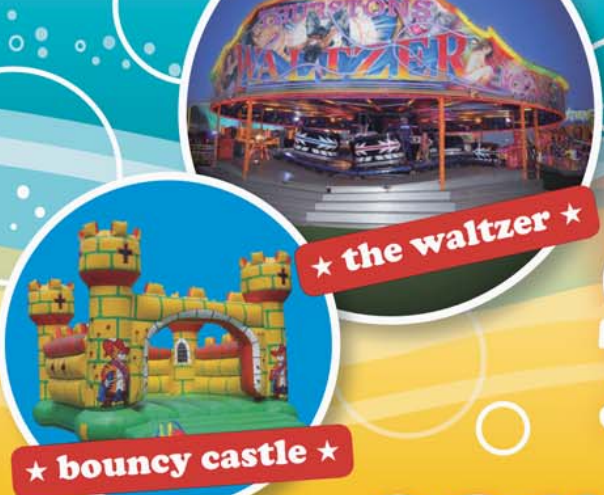
**The chicken showed the book to the frog but the frog just shook its head and said, "Read it, read it, read it, read it."**



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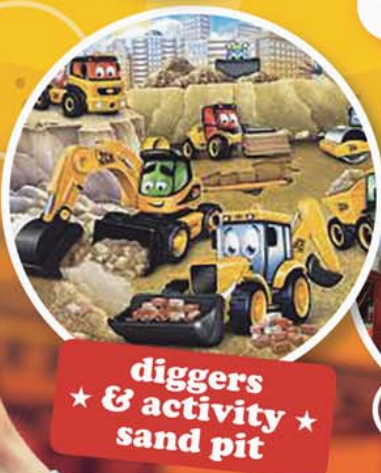
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each day

Opening times may vary depending on weather and demand.  
Closed some Wednesdays during Off Peak Season.





# In the Garden

our monthly guide to gardening - In memory of Giles Peare

## Jobs for May

On a mild day give houseplants a spring clean by standing them in the shower and gently spraying the foliage with tepid water then put them outdoors for a few hours, in the middle of the day but not where they can be scorched by the sunshine, most shiny leafed house plants can be treated this way but not those with hairy leaves such as African Violets, which would rot.

When hoeing or weeding at the base of Raspberries take care to avoid damaging the new canes erupting through the soil. These some times pop up at quite a distance from the mother cane. New canes of Autumn fruiting varieties will crop this year. Those of Summer varieties will fruit next year and need to be tied into support wires as they grow. To boost growth apply a liquid feed, then cover the soil with a thick mulch of compost.

When growing potatoes in large pots or bags on the patio you need to add more compost as the plants grow. Cover the bare stems' bases every few weeks until the compost surface nearly reaches the top of the container. This encourages more shoots to develop from the stem helping to produce a bigger crop of potatoes - water the plants regularly too, to ensure they don't dry out

## Tip Top Tips

- \* Apply high potash liquid feed around clumps of Spring bulbs for a good display next year
- \* Check for bright red Lily Beetles on Fritillaries and Lillies
- \* Check for perennial weeds such as nettles, bird weed, ground elder, couch grass and docks and dig out every bit of root
- \* Start to pick Rhubarb and then water the clumps with liquid feed
- \* Hoe and remove annual weeds
- \* Plant Tagetes among the vegetables to attract hover flies which eliminate aphids
- \* Plant Beer Traps near seedlings and young plants to catch slugs
- \* Hang up sticky glue traps in greenhouses and conservatories to catch white fly and any other flying pests
- \* Sow Marrow, Courgettes and Pumpkins in pots for planting outside in late May or early June
- \* Clean decking and apply preservative
- \* Wash Roses and other flowers with Tobacco Tea to destroy aphids and other pests

## Selsey Tree Project

Chichester is one of the five local district council areas to be selected at the start of the recently launched national Tree Planting Project.

Selsey Tree Wardens are keen to be involved in this exciting new venture, which - with the ongoing support of expert professionals - will enable home owners, schools, community groups, parish councils, land owners and farmers to plant suitable trees at no or little expense. The project will continue for at least two and a half years, and we have already met with the local project leader.

To make the most of this great opportunity we need some additional Tree Wardens in Selsey, not only to plant trees and hedgerows but also to help look after the trees we already have.

If you would like to consider joining us please do call us on (01243) 278588 for more information.



## Selsey Men in Sheds

A non-profit making organisation

Open Tuesday & Thursday 10 - 4  
Saturdays 10 - 2

Membership £10.00 per month or £100 per year  
Complete your own wood / metal projects or be involved in group activities

If you are interested in joining contact  
Mick Webb 07939 880029  
email [m.c.webb46@gmail.com](mailto:m.c.webb46@gmail.com)



At Tenchley Manor we have been celebrating different festivals and traditions from around the world.

Here we are having fun celebrating St George's Day. The staff joined in by dressing up, and the residents were given a red rose button hole to mark the day. For lunch the residents had the choice of Pie and Mash or Fish and Chips, with a glass of Thatchers cider to wash it down.

We enjoyed a few activities including a St George's Day quiz and one about England.



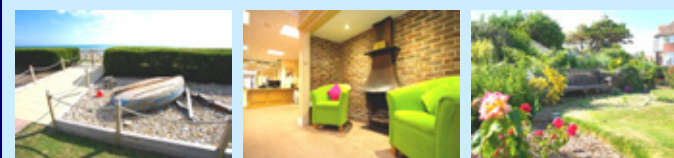
## Tenchley Manor Nursing Home

Our team extends a warm welcome to you and your family and friends



Providing personalised nursing care to physically disabled adults and elderly residents by our professional staff.

The accommodation is light and spacious with a choice of areas where residents can welcome family and friends. Large landscaped gardens stretching down to the shoreline with magnificent views across the English Channel towards the Isle of Wight.



Ursula Square, Seal Road, Selsey, PO20 0HS

Tel: 01243-606060

[www.cheerhealth.co.uk](http://www.cheerhealth.co.uk)



**The Hidden Garden**

a Selsey Community Garden for all to enjoy. Come and join us and meet other passionate gardeners, learn seasonal gardening ideas, swap seeds & plants and help grow fresh vegetables and flowers to take home.

Open every Saturday 10-4pm  
at The Bridge Support Centre  
behind Selsey Library, PO20 9EH

Contact Paul on 07815 790770 for more information  
organised by

**PLEASE NOTE LAST DATE FOR SUBMISSIONS FOR ENTRY INTO NEXT SELSEY LIFE IS 16TH MAY**

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## May's Update

We are now five months into 2021, and restrictions are being lifted gradually. Our local medical practice and our NHS partners have done amazingly at ensuring most of our community have received both vaccinations. There seemed to be a big sigh of relief across the town as our more vulnerable residents, and those who cared for them, were protected. That and the lovely sunshine, brings the feeling there is an element of positivity in the air. So, **THANK YOU** to the **Selsey Medical Practice**.

As a charity, we begin to organize the face to face activities with some excitement, but also with caution. Activities are well risk-assessed to ensure the safety of those participating in and those supporting.

There are some important 'awareness weeks' that take place throughout the year. The key ones for us will be **Mental Health Awareness Week** 10<sup>th</sup> May – 16<sup>th</sup> May, **Dementia Action Week** which runs from 17<sup>th</sup> – 21<sup>st</sup> of May and the **Carers Week** on the 7<sup>th</sup> - 11<sup>th</sup> of June. The **Selsey Care Shop** will be supporting these events in a variety of ways using social media to share information and links, as well as sharing information packs at the shop. We are unable to run the public event we had planned during **Dementia Action Week** due to the restrictions being in place. However, we felt we could provide alternative ways of getting the message out there. Our many partners who we work with such as **Carer's Support West Sussex, Tuvida (Crossroads Care)**

and **Alzheimer's Society** will be providing us with the key information. Look out for our partners from the **WSSCC Fire Service** who will be sharing information about the **Safe and Well Visits** that they provide. This is a great service that is provided by the officers to enable people to live safely in their own homes. They are also able to tap into other useful health and social care services. We will also have information about the financial entitlements available to you as a Carer and the support available to those who you may care for. Another great initiative designed by the police force is **The Herbert Protocol**. This is a scheme that if your cared for has dementia they may decide to go missing. It is likely that the person with dementia will revisit a place that was familiar to them when they were younger. Recording all that information about their history of where they lived or worked, with a photograph can be recorded on the form. This is then kept in case your cared for does go missing and can be handed to the local police to enable a swift and hopefully positive outcome. There will also be opportunities to become a dementia friend online using the **Dementia Friend** website. Wouldn't it be fabulous to increase our numbers of dementia friends in Selsey during **Dementia Awareness Week**?

For more information about any of our services, please contact the **Selsey Care Shop** 01243 201616 <https://www.dementiafriends.org.uk>

Justine Clement runs the community venture Selsey Sea Bathing Society. They are resuming their monthly socially distanced gatherings, so if you'd like to join them they are free and open to anyone - no experience necessary! Just go to the events section on [www.selseyseabathingsociety.com](http://www.selseyseabathingsociety.com).

If you'd like to get in touch with Justine, you can find her at [justine@selseyseabathingsociety.com](mailto:justine@selseyseabathingsociety.com). She also runs [www.forestbathingmadeinbritain.com](http://www.forestbathingmadeinbritain.com) and is a certified Breath Coach [www.wonderbreath.com](http://www.wonderbreath.com)



## Grow Selsey

### Garden Share Project

As the days get longer and warmer weather returns a new project called **Grow Selsey** is encouraging local people to share their love and passion for gardens and growing fruit, vegetables, and flowers.

**Grow Selsey** started at The Bridge Support Centre at the rear of Selsey Library, developing the outdoor spaces into what is called **The Hidden Garden Community Project**. This project has developed due to the fantastic support of a group of volunteers who each week help grow fresh, organic fruit and vegetables, sow wildflower meadows, develop flower borders and create new spaces for wildlife. We meet each Saturday between 10am and 4pm at The Bridge sharing our knowledge and enthusiasm for creating this garden space for local people to enjoy.

**Grow Selsey** is now launching a new **Garden Share** project aimed at helping people share private garden space to grow their own fresh fruit, vegetables, and herbs. If you have a garden where you may have once had a vegetable plot, or are starting to feel your existing food growing plot is too difficult to look after and would like someone else to look after it, please get in touch. We also want individuals and families who are looking for garden space to grow vegetables to get in touch with us. **Grow Selsey** will then facilitate a meeting to help this sharing process take place and provide on-going support.

**Grow Selsey** will be able to help with growing advice and suggestions and at times provide seeds and plants. We welcome any donations of plants and seeds along with gardening tools, pots, trays, gardening books, magazines and any other equipment which may help us to continue to develop community gardening projects.

If you would like more information how you can become involved in the **Garden Share** scheme or would like to come along and volunteer at The Hidden Garden project please contact **Paul Sadler** on 07815 790 770 or [paul@selseycommunityforum.uk](mailto:paul@selseycommunityforum.uk)

## Selsey Community Forum

Registered Charity 1156460

Telephone: 01243 201616

Email: [mail@selseycommunityforum.uk](mailto:mail@selseycommunityforum.uk)

Website: [www.selseycommunityforum.uk](http://www.selseycommunityforum.uk)

Address: Selsey Care Shop, 121 High Street, Selsey, PO20 0QB



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## The Write Zone with Tara Lennon



'I'm a procrastinator. I don't spend enough time doing what I should be doing.' I've had three people tell me this in the last month. Procrastination, it seems, is something of a trend, and not a new one either. Most people I know have a habit of putting things off and I'm one of them. My daughter is another. One of my best friends is yet another. We've all got our own list of things we'd rather be doing, instead of accomplishing the things we need to. Sometimes what we just absolutely

have to get done right now has so little relationship to the priority job that you may as well call a peanut a pear.

Take this week. I told myself I was going to look at a legal contract and recommend some changes. I even scheduled time in my diary (twice) to get it done. Well, did you get it done, Tara, I hear you ask? No, I jolly well did not. I did a whole host of other things instead that had 'more urgent' stamped all over them. I told myself I would pour myself a drink and do it in the evening. That, surely, would make amends. Did I? Did I heck. I turned out the garage instead, keeping myself very, very busy by sorting my detritus into orderly piles. I also jet-washed some storage tubs because they sort of, well, they looked a bit dirty. And there's nothing worse than putting your garage detritus into dirty storage tubs, is there? So, after I had dusted my hands and congratulated myself on a job well done, my thoughts turned to that darned contract and, like magic, I suddenly remembered the other really very important job that I had to do right away otherwise it just would not get done at any other time this year: filling a tiny crack in the studio roof. But of course it was urgent. That job finished, I had a restorative cup of tea, promising myself I needed to knuckle down with that contract. But then I had this niggly that the garage storage wasn't completely organised the way I wanted it, so I locked myself away in the garage again, because a garage has to be in complete order before you can concentrate on legal terms, right?

The simple truth is that I wanted to spend time organising the garage and mending the roof because those things gave me a sense of order and control, and dealing with legal terms did not.



Not many people know that I'm a professional performance coach. I used to run my own practise before my daughter was born, and I'm now returning to it in earnest with fresh accreditation. Helping people find focus to accomplish their desires is, for me, as creative as writing. The coaching I handle is psychological – it's not my job to tell anyone what to do or how to do it. And I'm always on the listen for that energy-sucker: procrastination. Behind distraction and procrastination, yours and mine, lurks so many different conflicting thoughts and actions. I put off leaving an unhealthy relationship for years because I was unsure of whether I was acting rashly or imagining things; too fearful of making a bad decision; even more fearful of financial hardship and loneliness. It was an amalgam of complex decisions leading to one big one that always made its way back to the 'too difficult' pile. Sometimes what lies at the root of our procrastination is fear: a risk of failure, and the avoidance of unpleasant feelings. Often, just the fear of getting things wrong is enough to stop my clients in their tracks. Add the imagined consequences of getting it wrong and it's not surprising that people get stuck. It's my job to help with the unsticking. Sometimes it's a fear of success and avoiding the responsibilities and expectations that go with it. Procrastination can also be a good thing. Our intellectual brain allows us the luxury of thinking time. No one wants to go through life making rash actions and knee-jerk decisions, right?

Being decisive is something of a state of mind. It requires you to accept that you might get it wrong and that it's within your power to do something about it.

No one is a procrastinator through and through. We're all capable of being fogged by uncertainty on some things, yet be capable of deciding, without too much stress, what to have for breakfast. The old adage: don't put off what you can do today only works if you make time today. And sometimes the only thing you need to make time for is facing up to why you're putting things off. In other words, you've got to put on your Big Brave Pants and be honest with yourself. There will never be a better moment than right now. Moreover, take heart: you are not alone.

If anyone would like some coaching, message me for details.

*Tara*

[tara.lennon@outlook.com](mailto:tara.lennon@outlook.com)

## JIGSAW PUZZLE LIBRARY

*Do you like doing Jigsaws?  
Would you like to be able to borrow rather than buy?*

Please call 605942 to make an appointment to collect the puzzles.

14 Green Lane, Selsey

We are practising self-distancing rules.

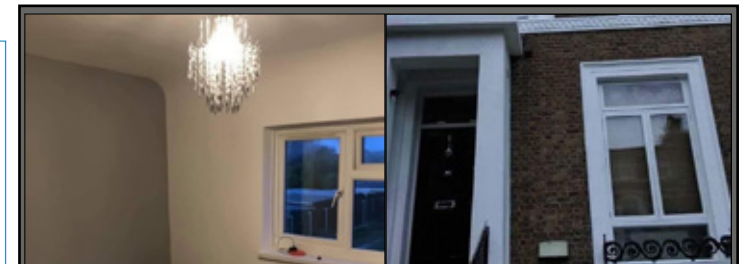
The Membership Fee is just £5 and puzzles can be borrowed for a £1 a month each. Over 300 to choose from.

More information on 605942.

All proceeds in aid of **The Sussex Snowdrop Trust** (charity no. 1096622)



We are pleased to now be able to offer some jigsaws for sale, all in good condition. Please ring 605942 for further details.



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XL navy blue t-shirt, £15.99.  
Modeled by Tim Kinross of East Beach Rd.



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## LOCKDOWN BLUES

by  
**Patricia Read**

Stephanie languished on her chaise longue, digesting her lunch, her head resting on a soft cushion and her eyes following a hairline crack on the ceiling. Her little dog, Benjy, lay across her comfy, ample stomach, as she stroked his silky coat. The patio doors were flung open wide behind her, and the silence was only broken by the chirruping of birds and the humming of plump, furry bees delving deep into the bowing heads of bell-shaped blooms on her hollyhocks. Any moment, she thought, perhaps she would capture that elusive incentive to make her burst into action, and at least perform one task of some sort, so that she could tell Phyllis, when she phoned, that of course she had been busy and had no problem finding things to do. If not, there was still tomorrow, and at that moment she needed another cup and tea and perhaps a nice chocolate biscuit to finish off lunch.

She had been so sure this lockdown wouldn't be a problem for her, and had actually faced it with some enthusiasm. Her plan was to start on the many things around the house she had wanted to do, but never seemed to have time to do them. Her busy schedule of meeting travellers at airports, to make sure their holiday was going to be fun in her capable hands, left no time for catching up on her 'to do' list. So why was she lying here well past noon, still in her pyjamas, and unable to put her mind to anything? This week she should be visiting a rain forest and beautiful waterfalls in Norway, with the holidaymakers in her charge, before accompanying them to their luxury hotel for their nightly dinner.

Having unsuccessfully swatted away any feelings of guilt, she sat up suddenly and remembered. She was even having her food delivered, for goodness sake, which was due today, and only this morning when faced with herself in her full-length mirror, she realised she was turning into a dumpling, yes, an actual dumpling! It had been so satisfying to start with, not having to change out of her pyjamas first thing in the morning, and then that had led to late afternoon, when it seemed daft to change as it was almost bedtime, and who was going to knock on the door anyway? No one!

What had happened to her resolve when planning to walk 10,000 steps a day? Why was she adding cream doughnuts, crisps, chocolate and ice cream to her weekly order? And of course the bottles of pink gin, which was so delicious when mixed with her rose lemonade, especially when she was sitting in front of her

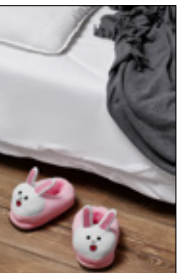
computer ordering her items like a child in a sweetie shop! The pyjamas had been so relenting to any weight gain, expanding in any direction with ease. When did she last try on her jeans?

These thoughts were suddenly interrupted by rowdy yelling coming from outside. Who was kicking up such a rumpus and disturbing her day? Forgetting her attire, she went to her front door and opening it just a little, peered outside. A couple of youths were shouting at each other, whilst a third youth was leaning against her car, arms folded. She hurried down the path shouting to them to get away from her car and to clear off! All three immediately fell silent, and looking at her large, pink and fluffy, rabbit-faced slippers, and slowly sizing up her rabbit-themed pyjamas, their mood changed to laughter.

"Alright love?" said the one leaning against her car, as he moved away. "You look as though you should get a life love! Sorry if we're keeping you up." All three then walked off, still laughing and looking back at this strange woman, still in her pyjamas in the early afternoon. Hopefully they will think I work for the NHS on nights, she thought, as she slunk back into the house.

"Oh my Lord Benjy, what am I turning into? Tomorrow I am definitely getting out of bed early, putting on my day clothes and some make-up, and will start on some of those jobs on the top of my 'to-do' list," she exclaimed out loud, looking at her little dog, who lifted his head at the mention of his name. "I'll also take you for a long walk, but just at this moment, I need to get something to calm myself," she said, grabbing a tub of her favourite ice cream from the fridge.

Suddenly, her mobile sprang into life. "Oh, hello Phyllis. Yes dear, I've been busy all day, you just caught me between jobs, so we can chat for a bit." She bit her lip as she looked down at the little dog, who was now gazing at her with his doleful eyes, and what she thought was definitely a frown, and with a little sigh and a whine he went back to sleep.



## The Selsey Private Club, Coxes Road

PO20 9AN 01243 606015

New members welcome.



Julie, Danny and all our wonderful staff would like to wish you all well

and to announce our excitement to re-open our doors on **Monday 17th May**, when you are able to make use of our indoor and outdoor facilities, and we will be doing daily lunches..

We would like to thank you all for your patience and support throughout these troubling times.

We are looking forward to seeing you all and being able to catch up and enjoy ourselves again.

New members are always welcome please call 01243 606015 and ask for Danny or Julie who will be happy to arrange for you to be shown around the Club.

We have been busy planning a full calendar of events (please see our FB page for regular updates).

We have our Club Quiz on Thursday May 20th

Friday May 21st DJ Tubbs will be in the building for a fancy dress 60s & 70s style sit down disco, ticket only and includes buffet.

Saturday 22nd May we have the fabulous Bobby Barnes with his Rat pack to Rock n roll cabaret to include evening dinner - tickets only.

Sunday 23rd The Best Roast on the Coast is back please book to avoid disappointment.

We also have entertainment with Martin David on the Saturday 29th May and Steve William's on Saturday 5th June.

All the above Friday and Saturday are ticket events with evening dinner or Buffet please call or message for details.

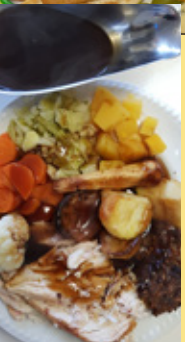
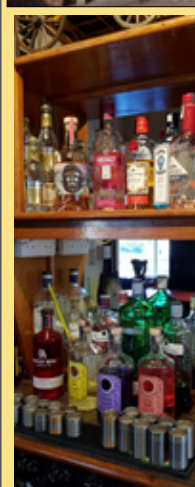


Photo by  
Eira Brewster

It appears you can listen to the blood in your veins.  
You just have to listen varicosely.

I have a good joke about time travel, but I'm not  
going to put it here. You didn't like it.

I have never said this before, but when I was younger  
I was kidnapped by some mime artists. They did  
unspeakable things to me.

Wish me luck, I am applying for a job estimating  
crowd sizes at outdoor events. I wonder how many  
people are in that field?



**Dying Matters 2021 (10-16 May) –  
In a good place to die**

Did you know?

There are over 600 euphemisms for dying in the English language. 1/3 of a person's life time budget of care from the NHS is typically spent in the last year of a person's life.

Where people die is changing. More and more people have been dying at home in recent years. And the pandemic has seen this number leap by tens of thousands. There is no right or wrong place to die, it will be different for everyone. But it is important for families to think about it, to talk about it and to plan for it so their loved ones are in a good place to die. Here is a checklist of the top 6 things everyone should plan for:

1. Make a will - Having a will in place also makes it easier for your loved ones to cope after you've gone. If you die without a will, your possessions will be allocated according to set rules, rather than according to your wishes.

2. Make a funeral plan - There are lots of different funeral options available, and you can leave written wishes about your funeral and what should happen to your body with those you care about, or in a will.

3. Start planning for your future care and support - None of us know how things will turn out as we get older. It's possible that many of us will need caring for, or might lose capacity to make decisions ourselves. You can talk to your family and healthcare professionals (for example, your GP) about the sort of care you'd like if you become dependent or seriously ill.

4. Make your thoughts on organ donation known - The law is changing so that more people can benefit from donated organs. If you want to find out more, contact NHS Blood and Transplant: [www.organdonation.nhs.uk](http://www.organdonation.nhs.uk)

5. Manage your digital legacy - Ever wondered what would happen to your social media accounts or blogs or websites after you die? Given how much of our lives is on the internet now, it pays to take some time to understand the end of life policies and processes available for each of the digital sites or assets we use or own. For more information, visit The Digital Legacy Association: <https://digitallegacyassociation.org>

6. Make sure your loved ones know your plans - Consider talking through your plans with those close to you and give them the opportunity for input, especially if they are to carry out your wishes. More information on how to get started can be found on the Dying Matters website: [www.dyingmatters.org](http://www.dyingmatters.org)

**An adrenaline-fuelled summer with St Wilfrid's:**

Put the fun into fundraising by visiting [stwh.co.uk/getactive](http://stwh.co.uk/getactive) to discover new activities and adrenaline charged challenges you can be part of in 2021. Here are some Summer highlights:

Take on a sponsored 10,000ft free fall tandem skydive for St Wilfrid's and experience a whole minute of free fall fun! All training is provided and everything is managed by experienced instructors in a Covid-safe training site lauded as the country's best for first time jumpers. Register at [stwh.co.uk/leap4love](http://stwh.co.uk/leap4love).

Abseil a local landmark that stands taller than Big Ben! Challenge

yourself this summer with an incredible 100 metre descent down the iconic Spinnaker Tower and enjoy panoramic views of the south coast and beyond. Register at [stwh.co.uk/abseil](http://stwh.co.uk/abseil).

All of St Wilfrid's exciting adrenaline-fueled challenges come with flexi date guarantees so you can book with confidence.

**Moonlight Walk 2021!**

Register and make a walk to remember a loved one, walk for fun with family and friends or just walk to show you care. Raise funds for vital Hospice care.



Early bird tickets end 30 June, with many of the 11 September evening event timed tickets selling out fast, so please book early to avoid disappointment.

There are two options this year:

the return of the familiar evening event through Chichester via a 5 or 10-mile route which includes the specially lit Bishops Palace Gardens on 11th September. This is a capped participation and staggered start event  
the virtual event, where you can do a 5,000 or a 10,000 step walk in a time or place special to you and share your story with us on Facebook [@stwilfridschichester](https://www.facebook.com/stwilfridschichester) between 4th - 11th September  
This year more than ever, every penny counts towards delivering compassionate end of life care in our community. Register at [stwh.co.uk/moonlightwalk](http://stwh.co.uk/moonlightwalk) for early bird tickets!



My superpower is volunteering!

Could you be the missing member of our local volunteer shop team?

Make new friends, learn new skills, build a cv and get creative in a safe environment making a difference to your local community.

Our volunteers are a vital part of our organisation, quite simply, without them we couldn't keep making a difference to the lives of those who need us most in our local community.

We offer a wide and varied range of roles where no experience is needed but full training and support will be given in a Covid-secure environment.

Join our friendly team and seize an opportunity to meet new people and make new friends! Start something rewarding with an informal chat with Emma on [01243 755185](tel:01243755185) or by emailing [volunteers.office@stwh.co.uk](mailto:volunteers.office@stwh.co.uk)

Breathe Well, Live Well

Feeling anxious? Coping with breathlessness with long-Covid recovery?

Just two of the issues addressed by watching our 'Breathe Well, Live Well' series of podcasts and videos. In our next few videos our easy to follow advice covers complimentary therapies such as aromatherapy and reiki.

Watch the series at [stwh.co.uk/breathewell](http://stwh.co.uk/breathewell) or request the full series on CD by emailing [livingwellservice@stwh.co.uk](mailto:livingwellservice@stwh.co.uk) or by calling [01243 775403](tel:01243775403).



A guest is ordering at a restaurant, "Do you think you could bring me what that gentleman over there is having?"

The waiter looks at him sternly, "No sir, I'm very sure he intends to eat it himself."

Yesterday I learnt that 20 piranhas can strip all flesh off a man within 15 minutes. -  
Unfortunately, I also lost my job at the local swimming pool.

<https://short-funny.com/>

15) Who was the resident expert on Going for a Song?  
16) In 'Allo 'Allo which German officer has a crush on Rene?  
17) To which sitcom was Going Straight the sequel?  
18) Who is the most famous resident of Cabot Cove, Maine?  
19) Name the private eye played by Trevor Eve in a 1979 drama series.  
20) What are the first names of Starsky and Hutch?  
21) Name the comedian who promoted eggs in a series of iconic commercials.  
22) In which Charles Dickens novel is Barkis a character?  
23) Which French film director was Jane Fonda's first husband?  
24) In which US State is the city of Scranton?  
25) Which newspaper launched first - Daily Express or Daily Mail?  
26) In which year was the Shah of Iran overthrown?  
27) What was Terry Wogan before he became a broadcaster?  
28) Which architect designed the original St Pancras station?  
29) What is 'Scotch woodcock'?  
30) Which famous London variety theatre is is Argyll Street?  
31) How many times has Paris hosted the Olympic Games?

Recently I introduced two of my lisping friends to each other. - After a short but rough fist fight they realized that neither was mocking the other one.

How can you tell your acne is really starting to get out of hand? - The blind start reading your face.

I lent my girlfriend a lot of money for cosmetic surgery a while ago. I've been trying to get it back now for weeks.  
Problem is, I've no idea what she looks like now.

I heard a report about a bad outbreak of the tummy bug, apparently 9 out of 10 people there suffered from diarrhoea.  
I can't stop thinking about that tenth person who apparently enjoyed it.

<https://short-funny.com/>



Photo by  
Meryn Woodland



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Facebook page -RNLI Selsey Lifeboat Station

Website -[www.Selsey.lifeboats.co.uk](http://www.Selsey.lifeboats.co.uk)





Selsey Golf Club opened again for play on 29th March and all members were able to play again. The course is looking superb having obviously benefited from being rested during the first three months of the year. The fairways are so green and lush and the greens are immaculate. The course is draped in all its spring glory, golden yellow of the gorse bushes surrounding much of the course, clumps of daffodils can be found on several of the fairways, their golden heads bobbing in the sunshine. This was the course that greeted its members on that first day at the end of March.

The 29th was of course a Monday so the Ladies Section was the first to resume their schedule of competitions that are played throughout the season. The first competition was a Stableford and there was an 18 hole competition and 9 hole competition. This was to give the ladies a chance to get back into playing. The following Monday was the Bank Holiday so the Ladies competition day was held the following Friday. The King Farlow was the first of the annual Cups and Trophies to be played for. This is a 36 hole competition, played over two days, the second part will be played on Monday 12th April. The first round was won by Carol Wheeler with an incredible score of nett 68. Well done Carol. Sue Bywater came second with a nett 80. There was no 9 hole competition played on Friday. Normally alongside the 18 hole competition there is a 9 hole competition for those who do not wish to, or cannot play the full 18 holes. There is only one trophy for the 9 holes competition and this is played for throughout the season and the winner is the person who has either won the most rounds or in the case of a draw played the best. Both are qualifying competition so that all ladies will have the opportunity to improve their handicaps., or not!



Readers who have read the Selsey Golf column in the Selsey Life will know that there are many Cups and Trophies to play for and the Ladies are looking forward to doing justice to these competitions, some dating as far back as 1927. The majority of these Cups and Trophies were donated to the Ladies section by past Captains and members when they retired from playing or moved away from Selsey. Others were donated by Ladies for personal reasons, such as in memory of a loved one or on the birth of a first grandchild. The later having now been played for, for over 20 years, and is known, no surprise here, as the Grandmothers Trophy.

The Junior Section is looking very good and boys and girls will be playing on Tuesday, of the second week of the school holidays. This is being led by Gordon Weller. There is an arrangement going ahead for the Junior Section to be entered in the West Sussex League of Safe Golf which is under the banner of All England Golf. If any boys or girls would like to come along to the Junior Club please contact the golf secretary, tel. no. **01243 602165**. Selsey Golf Club as a whole, are looking forward to having a good and thriving Junior section throughout the coming year.



## CRABLANDS BOWLS & TENNIS CLUB

Affiliated to E.B.A., L.T.A. & E.S.M.B.A.  
Crablands, Selsey, PO20 9BD

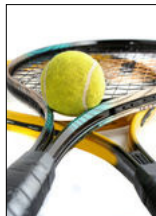
With all fingers crossed – difficult when playing either bowls or tennis – sports at Crablands can once again take place; things may not be exactly as they were before the pandemic but as the well-known saying goes “from small acorns great oak trees grow” and all members of the Management Committee, Section Committees plus those members who generously give of their time to keep the grounds, facilities and building in order, will do everything necessary to make playing the sports and using the facilities as enjoyable as they were before the shut down - in line with the rules and regulations of the Government and the various sports governing bodies.



Green bowls members can currently use all 6 rinks [ up to 24 players ] – pre-book only – for roll-ups in 2 hourly slots. Anyone wishing to come and try bowling for the first time or to reignite a previous love of the sport they should make contact with the club where everything possible will be done to

accommodate them. On the Short Mat Bowls front Summer bowling will just be roll-ups starting 17th May where players will enjoy the use of our new floor. Presently the clubhouse is closed apart from use of the disabled toilet just inside the door but here too it is hoped that things might change on 17th May.

The all-weather tennis courts are open for use in accordance with the LTA ruling and when feasible the grass court will be ready for use. The junior coaching sessions on Saturday mornings have recommenced and your young people will be made very welcome. Here's hoping that saying “welcome back to Crablands” is not too optimistic.



## THE SELSEY CARPET BOWLERS

Hello to all our members, it has been a long time since we have had any bowling & unfortunately at this moment in time there is no date as to when we will be able to re start, but as soon as the school gives us confirmation as to when we can commence we will let you all know.

In the meantime stay safe & take care.

Contacts: Sylvia Cox on 681663  
Annette Iskett on 606227 email: [annetteiskett@hotmail.com](mailto:annetteiskett@hotmail.com)  
Jean Tolhurst @ [royandjean325@gmail.com](mailto:royandjean325@gmail.com)



Photo by  
Eira Brewster



The cricket season has started at last, but under controlled guidance from government and the ECB. It's so good to see some sport going ahead in such beautiful weather.

The club are able to serve drinks outside under controlled conditions when there is a game of cricket being played. The club house is open for toilets only at this stage. This position will be reviewed after May the 17th.

A few changes have occurred during the closed season:

The club has a new umpire in the name of Mike Beale, the club interior has been painted throughout, sight screens refurbished and the ground brought up to a good playing condition.

As chairman my great thanks go to the committee, especially Deb H, Ian S, Nick N, Pete D, Tom C and Ricky H.

We are still looking for Players, volunteers to assist with Bar, ground, scoring and umpiring.

At the present time we have a Saturday and Sunday team, please come and watch, everyone welcome.

If you are interested in playing or volunteering pop along to the club at the weekends or visit our web site for contacts .

[www.selseycc.co.uk](http://www.selseycc.co.uk)

### Please find below our fixtures for the current season:

Saturday 08/05/20	Himani	H	1pm	Saturday 17/07/20	Littlehampton Clapham Patching	H	1pm
Sunday 09/05/20	Thespian	H	1pm	Saturday 24/07/20	Slinfold	A	1pm
Saturday 15/05/20	Littlehampton Clapham Patching	A	1pm	Sunday 25/07/20	West Ashling	H	2pm
Sunday 16/05/20	Southampton Uni	H	1pm	Saturday 31/07/20	Pulborough	H	1pm
Saturday 22/05/20	Slinfold	H	1pm	Sunday 01/08/20	Knowle Village	H	1pm
Sunday 23/05/20	Brian's 80th			Saturday 07/08/20	Bognor 2nd XI	A	1pm
Saturday 29/05/20	Pulborough	A	1pm	Sunday 08/08/20	Rounders		
Sunday 30/05/20	Singh XI	H	2pm	Saturday 14/08/20	Crawley Eagles	H	1pm
Saturday 05/06/20	Bognor 2nd XI	H	1pm	Sunday 15/08/20	Petersfield	A	1:30pm
Sunday 06/06/20	Westbourne	H	2pm	Saturday 21/08/20	Stirlands	A	1pm
Saturday 12/06/20	Crawley Eagles	A	1pm	Saturday 28/08/20	Ram	A	1pm
Sunday 13/06/20	Wittering Academy	A	1pm	Saturday 04/09/20	Goring 2ndXI	H	1pm
Saturday 19/06/20	Stirlands	H	1pm	Sunday 05/09/20	Bognor Rebels	A	1pm
Saturday 26/06/20	Ram	H	1pm	Saturday 11/09/20	Willow Leather	H	1pm
Saturday 03/07/20	Goring 2ndXI	A	1pm	Saturday 25/09/20	Lynchmere	H	1pm
Saturday 10/07/20	Himani	A	1pm				



A dung beetle goes into a bar and asks, "Yo, is this stool taken?"

Mama kangaroo is jumping along in the bush. Suddenly, a small penguin peeks out of her pouch, vomits and says, "Damn this student exchange!"

What is grey and can't fly? - A fat pigeon

<https://short-funny.com>

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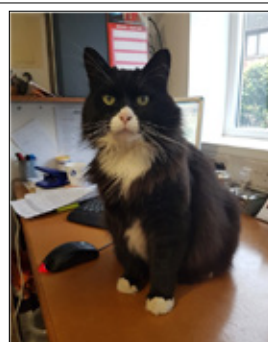
## THE CAT & RABBIT RESCUE CENTRE

THE CAT & RABBIT RESCUE CENTRE

Tel: 01243 641409 Reg. Charity no. 1010000

Email: [info@crcc.co.uk](mailto:info@crcc.co.uk) [www.crcc.co.uk](http://www.crcc.co.uk)

Hello everybody! It's me Markus the office cat bringing you all the latest news from The Cat and Rabbit Rescue.



Sadly, last month's pet of the month the rabbit Frosty Fancy is still looking for a home, we did have some interest in him but he hasn't found his forever home yet. The Centre is still very full with rabbits and we even have a very long list of rabbits waiting to come into us to be rehomed. At the moment we are unable to help them until we have rehomed some of the rabbits we have here. If you or someone you know is thinking about adopting rabbits, please have a look at our website for what we have available.

I'm sure I must have told you all last year that one of my good friends and fellow out and about cats Caellum sadly passed away. He was a big character at The Centre and had been here for many years after surviving a horrible road traffic accident. Well my staff wanted to keep his legacy going by raising money to help towards the cost of vet fees for other animals at The Centre by carrying out a series of challenges leading up to one of the staff doing a wing walk! This fundraising was supposed to be started beginning of 2020 but the staff were unable to carry out many of the planned challenges due to COVID. But now they're ready and raring to go, and although it might be slightly different to what they originally planned they are determined to raise money in Caellums name. Please follow our website and social media to follow their progress and for if you would like to donate.

Lastly it makes me sad to tell you all that the decision has been made to not hold our annual Summer Fayre at The Centre again this year. After lots of discussions by the trustees and staff about how we could do it they came to the conclusion that for the safety of our supporters, volunteers and staff it just wouldn't be the right thing to do just yet. It is really upsetting to know that we will miss out on this massive chunk of fundraising again but we have decided we will be holding another virtual fayre this year and we would love you to all join in. This will include a raffle and auction as well as other competitions, please have a look at our facebook for updates.

Lovely to chat to you all again, see you next month.

Love Markus x



**Cat & Rabbit Rescue Centre**  
Giving the living a chance at life



## THE CAT & RABBIT RESCUE CENTRE

Have you visited the Cat & Rabbit Rescue Centre Charity Shop at 9 The Parade, Selsey?

It is full of fantastic bric-a-brac, including antiques, pictures, jewellery, as well as clothes for every occasion, beautiful bedding, curtains, craft items, and good quality furniture.

If you have time to spare, why not become a volunteer, just visit Sue or Nicky in the shop.

My friend thinks he is smart. He told me an onion is the only food that makes you cry, so I threw a coconut at his face.

### Peppy

This month we would love to introduce you to the very handsome Peppy. Peppy is a 7 year old male cat who originally arrived with us in November 2020 as his owners could no longer cope with him after he got a little bit scratchy. He did find a new home but unfortunately he was returned to The Centre after his new owners had a change in circumstances. He can be a really sweet cat who loves to be stroked, especially chin tickles and he also enjoys playing with his toys. But this is on his terms as he can also be temperamental and can bite or scratch. Although he can come across as confident he can also be nervous and sometimes he will even be jumpy and easily startled. Peppy would love to find a very quiet home with a patient owner who is happy to give him his space when he needs it and who understands that he may still bite and scratch. It may take him a while to settle into a new home as he has not been in a home long term for a while after being here with us twice and he can also not live with children, dogs or other cats. He would also like to live in a quiet area as in his last home he would go out into the garden but he would get scared by traffic noises. Peppy would love to finally find his forever home with a loving owner who will take a chance on him.

If you think you may be able to offer Peppy a loving home please give the centre a call on [01243 641409](tel:01243641409) or visit our website [www.crcc.co.uk](http://www.crcc.co.uk).

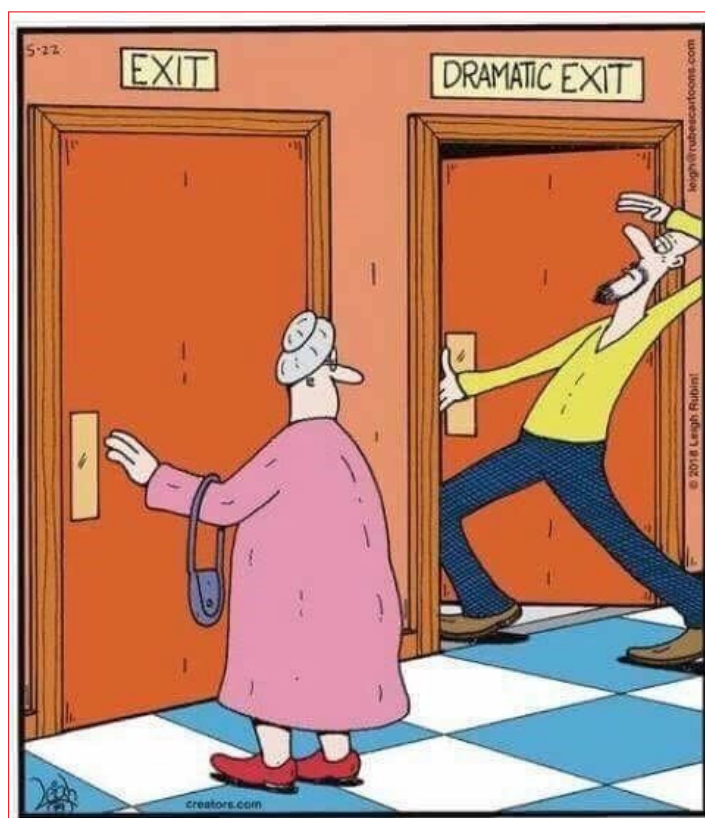
**THE CAT & RABBIT RESCUE CENTRE**  
Holborow Lodge, Chalder Lane, Sidlesham, W.  
Sussex PO20 7RJ

Tel: 01243 641409 Reg. Charity no. 1010000

Email: [info@crcc.co.uk](mailto:info@crcc.co.uk) [www.crcc.co.uk](http://www.crcc.co.uk)



Also find us on facebook [www.facebook.com/catandrabbitrescuecentre](http://www.facebook.com/catandrabbitrescuecentre)



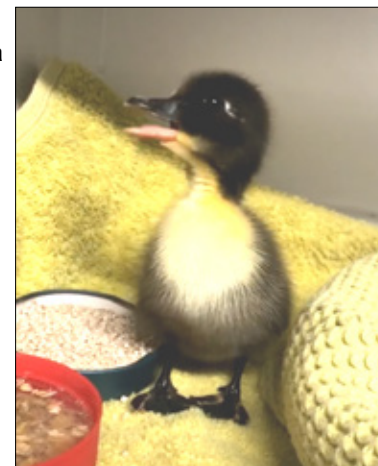
### BRENT LODGE BRIEFING'S – SPRING BABIES



We are now starting to receive more young wildlife in our care each day. Many of these are orphaned or abandoned as a result of their nests being disturbed, including 12 new born rabbits, 15 fox cubs and the first of many garden birds and ducklings. The first influx of early babies are now growing fast and have moved from the comfort of the hospital and into one of our outside enclosures to prepare for their release later in the season.

It is a stark reminder to avoid, whenever possible, cutting hedges or trees during nesting or breeding season, which usually runs until August. It is also important to always check carefully for active nests or resting wildlife before using sharp gardening tools such as lawn mowers and strimmers. Disturbed babies can easily become orphaned or abandoned and other wildlife can sustain fatal injuries.

This is our first duckling of the season. Sadly, found in a garden with no sign of siblings or mum. Her unusual markings are most likely due to her being a cross breed or hybrid. She was soon joined in her incubator by another duckling, who was sadly found cold and weak next to a deceased sibling on a frozen pond. These are just the first of many tiny ducklings arriving in our care. Our new incubators will make a huge difference to their survival as they grow and develop ready for release.



In line with government guidelines, our charity shops located in **Selsey**, Worthing, Havant, Mengham - Hayling Island and Bognor Regis are now open. Please do pay your local shop a visit. No doubt many of you have been undergoing spring cleans and clearing out any unwanted household items and wish to donate to our shops. If you have any items you wish to donate to the shops, these will be most welcome, but we urge you to please call your nearest Brent Lodge charity shop to book a suitable day to drop items off. We have strict guidelines in place to avoid the shop staff becoming overwhelmed with generous donations, so we kindly ask donors not to turn up with donations without an appointment. Thank you for your ongoing support and understanding - we hope to see you at one of our shops soon.

Selsey Charity shop number for drop off appointments

T:01243 605125

Brent Lodge Wildlife Hospital number

T: 01243 641672

[www.brentlodge.org](http://www.brentlodge.org)

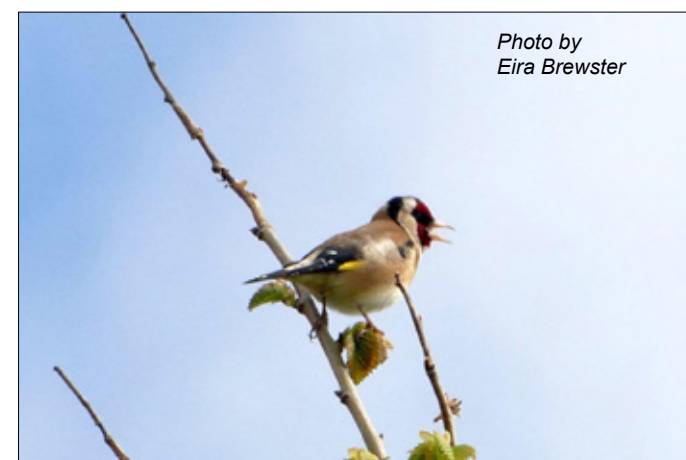


Photo by  
Eira Brewster

### CARING

by Sylvia Taylor (17.4.2021)

My husband came home from the hospital on the 4th December 2019.

It was good to have him back home.

The months went by and I was feeling the strain, then Corona Virus hit.



On one occasion I had to get to the Hospital as I had cystitis and was bleeding from the bladder. When I reached the Accident & Emergency Department they told me to get a urine sample.

I could see there was blood in the urine and I felt a bit scared as I had haemorrhaged in the past and was very very sick. Once the Doctor gave me some antibiotics the bleeding gradually stopped.

Again it was a bit scary going to the Hospital, what with the Covid-19 being rife! It was also on a Thursday at 8pm when everybody was clapping for the nurses and doctors in ICU (intensive care unit). ...the Summer came and went.

We were not able to go on holiday as my hubby was poorly. ...Christmas came and went.

The virus came back but we were ok! Managed to get the 1st jab in January so that was a relief, and had the second jab recently.

I'm longing to go to Brighton or Bognor Regis where one can sit on the groynes and listen to the waves splash onto the pebbles, and Sid the Seagull looking on.

Soon we would have the night carers come to look after hubby at his home. It's been 18 months since I've been back to my home (hubby and me separated in 2006 but still married.)!

It will soon be warm again; the bumble bees will be busy again.

How elated I was when I got back home the other evening. I couldn't believe it was finally happening.

Caring for someone 24/7, 365 days a year without a break since December 2019 I think is unfair, to say the least.

I am telling my nieces that when they marry and settle down to have a family, that it's not all sunshine and roses.

When the going gets tough, it is really tough. Many times I have wanted to 'throw in the towel' but after a good night's sleep I wake up ready for another day. I am sure other full time carers have it worse than me, feeding, etc. At least I have caring experience now and hopefully can get a paid job somewhere. I even volunteered at my local London hospital but along came the pandemic and all voluntary work was stopped.



I cannot wait to go away on holiday to - you guessed it - good ole' SELSEY. I miss the place so much.

So here is to my next Selsey holiday in June/ July.

Happy holidays all, we all need a BREAK!

Instead of "the John," I call my toilet "the Jim." That way it sounds better when I say I go to the Jim first thing every morning.



FILL-IN, OR CRISS-CROSS, CROSSWORD PUZZLE

Fill in the blanks with the words. To help you get started one letter is already in place.

4 letter words  
BOAT  
FUEL  
MARK  
RELY

5 letter words  
COAST  
DEPTH  
OFFER  
TIGER

6 letter words  
COUSIN  
MISSED  
NUMBER  
OTHERS

7 letter words  
ASPECTS  
BRUSHES  
COMPLEX  
CROOKED  
DELIVER  
DESSERT  
EMBASSY  
HELPFUL  
IGNORED  
PASSION  
REFEREE

8 letter words  
SAUSAGE  
SEVENTY  
STICKER  
STORIES  
WEATHER

9 letter words  
ADDITION  
DESCENDED  
PRESENTLY  
PRODUCER  
RESEMBLE

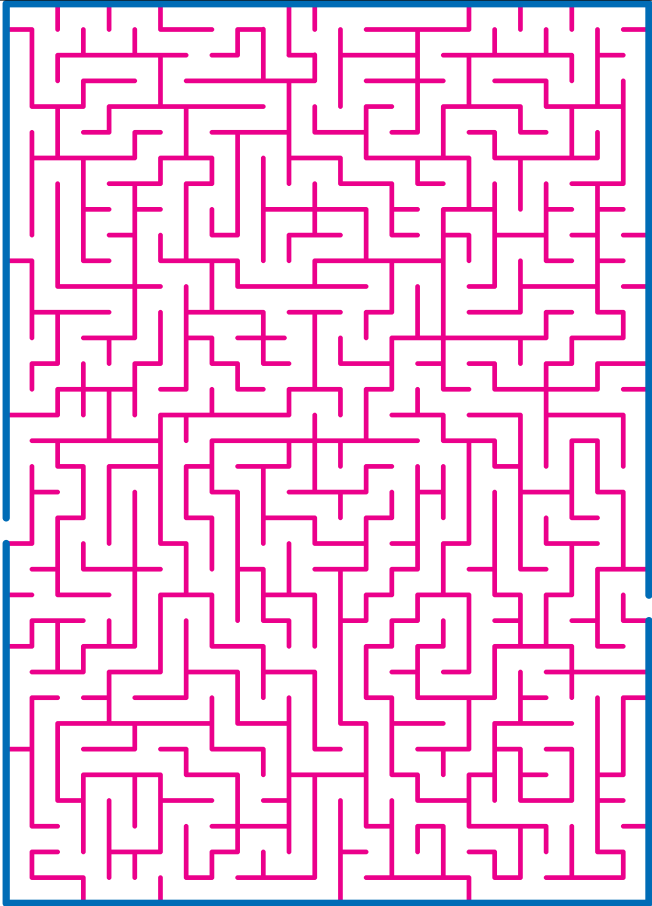
RECTANGLE  
WEDNESDAY

10 letter words  
CLASSMATES  
ENVIRONMENT  
FURTHERMORE

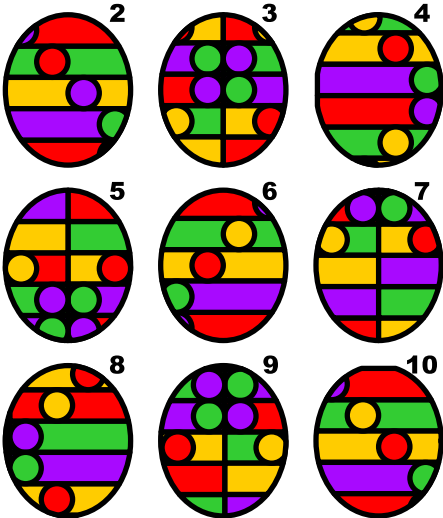
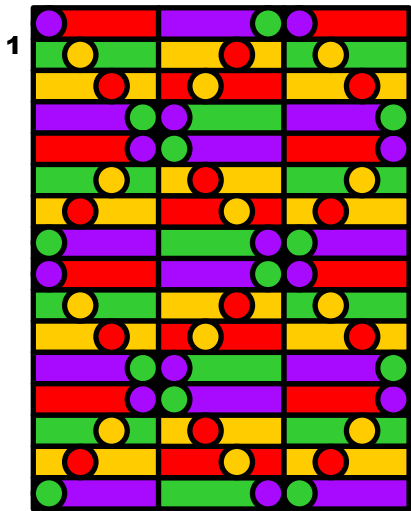
11 letter words  
ANNIVERSARY  
ENGINEERING  
NECESSARILY

GRANDFATHER

1	2	3	4	5	6	7	8	9	10	11
10										
13										
15										
17										
18										
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41										
42										



Once you have completed the maze, colour the route in for a picture



What of the 2 - 10 are not the fragments of the picture 1?

Verses

O	D	E	T	C	S	A	A	H	O
E	N	T	R	E	A	G	K	E	K
P	U	E	I	N	T	O	N	L	K
O	R	L	O	S	O	N	A	E	U
P	S	E	R	T	E	N	T	G	Y
E	E	R	Y	R	H	Y	M	E	E
K	N	E	C	O	U	P	L	B	D
C	I	F	H	A	I	K	E	A	A
I	A	R	L	V	E	U	T	L	L
R	E	M	I	A	D	P	O	E	M

Find all the words from the word list (ignore spaces and dashes, if any):

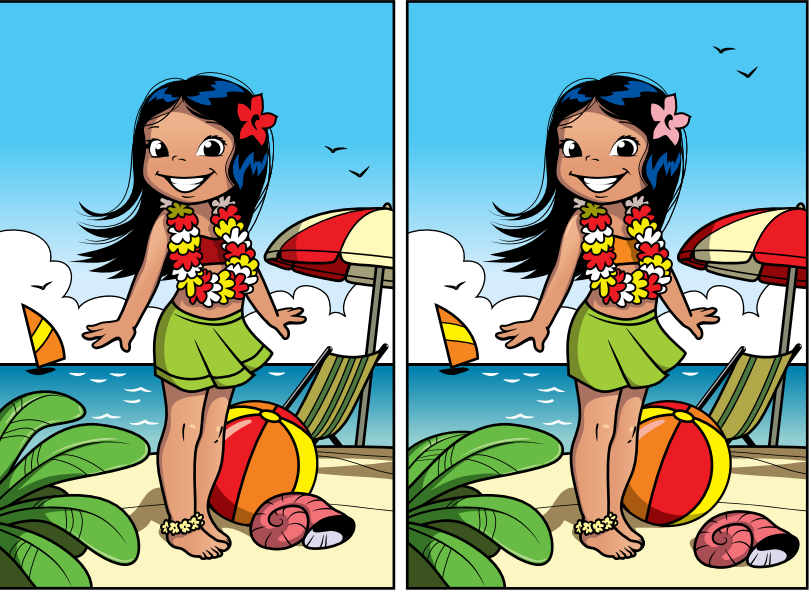
- BALLADE  
CENTO  
COUPLET  
ELEGY  
EPOPEE  
HAIKU  
HOKKU  
LIMERICK  
NURSERY RHYME
- ODE  
POEM  
REFRAIN  
SAGA  
SONNET  
TANKA  
TRIOLET  
VEDA



This is zigzag word search puzzle. Words go left, right, up, down, not diagonally, and can bend at a right angle. There are no unused letters in the grid, every letter is used only once.



Find 10 differences in the pictures



1			6	2		9
4						6
3		4		1		
7					1	6
6			1	3		7
				7		5
4				8	9	3
	2					

	4	6				
			1	4	9	
5				9		
	8				1	6
			1			3
			3	6		4
4	3			8	7	
	6			7		1
7	5			3		

Crossword Puzzle

1	2		3		4
				5	
6					
				7	
8		9		10	
	11				
12					
			13		

Across

- 1 Outer \_\_\_\_  
5 Day light  
6 Soccer official  
7 Inquire  
8 Youngster  
11 Nemo or America  
12 Route  
13 Beverage

Down

- 2 Using high-flown language  
3 Flight staff  
4 Query  
5 Caribbean, e.g.  
9 Calendar square  
10 Blend

last month's answers

T	E	D	D	Y	B	E	A	R
				O		C		
				A	X	I	O	M
D				E		R		
O	I		G	R	I	N	D	
Z	E	B	R	A		C	O	
E		I		S	C	E	N	T
N	E	S	T	O		O		
A		E	X	P	E	R	T	
W	R	A	P	P		O		
T	E	Y	E			W		
S	H	O	E		R	A	I	N

B	E	H	A	L	F	S	A
P		P	R	C		L	
J	O						E
B	C	O		M	I	N	O
E	N	H	A	N	C	E	M
A		L	H	E		G	
R	O	O	M	I	E	R	C
P	A	V	E		L	A	M
B	U	E	N	O	S	A	I
R	A	R	E		N	I	N
S	P	A	C	E		D	E

B	E	C	H	I	C	K	E
U	B	G	R	N	W	C	N
T	U	N	N	Y	A	T	T
T	K	C	Y	F	F	L	O
E	A	K	U	H	B	Y	W
R	F	L	Y	E	N	E	E
Y	K	E	T	C	R	G	R
C	A	R	R	O	T	G	E

SUNSHINE, MACHINE, MACAQUE, OPAQUE, OPTION, PORTION, PORTRAY, ASHTRAY, ASHORE, EXPLORE, EXPLAIN, CAPTAIN, CAPTIVATE, ACTIVATE, ACTRESS, CONGRESS, CONGRATS.

9	2	1	4	8	5	3	6	7
3	4	7	9	2	6	1	8	5
5	8	6	7	3	1	2	9	4
8	6	3	5	7	2	4	1	9
7	1	9	6	4	8	5	2	3
4	5	2	3	1	9	6	7	8
1	9	4	8	6	3	7	5	2
6	3	5	2	9	7	8	4	1
2	7	8	1	5	4	9	3	6

4	7	6	8	5	1	2	9	3
8	2	9	6	3	4	7	1	5
3	5	1	7	2	9	6	8	4
2	3	5	4	1	6	8	7	9
7	6	8	3	9	2	4	5	1
1	9	4	5	7	8	3	2	6
5	4	7	9	8	3	1	6	2
6	8	2	1	4	5	9	3	7
9	1	3	2	6	7	5	4	8



- 1) Glamorgan 2) Boston 3) Shrewdness 4) Battle of Jutland 5) Rodents 6) Replicants 7) Christmas Day (1995)  
8) Rigsby in Rising Damp 9) Donald Sutherland 10) Martin Clunes 11) Byron 12) Three 13) Three 14) Two 15) Five  
16) Thirty 17) Ten 18) Rock Hudson 19) Charlton Heston 20) Rita Hayworth 21) Boris Karloff 22) Diana Dors  
23) Rex Harrison 24) Stewart Granger 25) Kirk Douglas 26) The Big Country 27) Stubby Kaye and Nat King Cole  
28) Silverado 29) Ninotchka 30) 1925 31) Sherlock Holmes 32) Richard Condon's 33) The role of Blofeld in the Bond films





## ST PETER'S CHURCH

Weekly Services held at the Parish Church of St. Peter's, Selsey  
Rector: Fr Andy Wilkes  
Tel: 01243 601984 Email: rector.selsey@gmail.com

Sunday 10 am Holy Communion  
Wednesday 10 - 12 noon for prayer

All are welcome to attend,  
we look forward to seeing you.

## SELSEY METHODIST CHURCH SERVICES

Sunday 16<sup>th</sup> May 10.30 am Revd. John Scrivens  
*Holy Communion*  
Sunday 23<sup>rd</sup> May 10.30 am Revd. John Scrivens  
Sunday 30<sup>th</sup> May 10.30 am Dr. Mike Nicholls

These services are planned to take place but certain issues still have to be resolved.

Our minister is Revd. John Scrivens 01903 416501

## The Catholic Parish of Our Lady of Mount Carmel & St Wilfrid

Church Road, Selsey, PO20 0LS  
Telephone: 01243 602312



Mass at 10.00 a.m. on  
Sundays, Mondays & Fridays

Please check website:  
[www.stwilfridselsey.co.uk](http://www.stwilfridselsey.co.uk)  
Or Church Noticeboard for any changes

## Letter for Selsey from Methodist Church

As we end April with thoughts at church thinking about Jesus as our Good Shepherd, surely, we must ask what comes in May? What will make our hearts sing? Our energy be lifted? and what will make it special for us?

It doesn't take long for us to hear the yearly events that will do all of that and more. Here's a few to get us started –

1<sup>st</sup> May May Day celebrations a party for us all. After all do you remember days of watching or being involved in the May pole and the dancing that took place? Along with it all comes the singing, perhaps Morris dancing and even my favourite cake!



2<sup>nd</sup> May National Truffle Day, now I've only just become aware of this and I'm not sure what it will taste like but it will be special, of that, I am sure.

8<sup>th</sup> May Iris Day, an opportunity to look at and wonder at the beauty of these flowers. For anyone who love gardening it becomes meaningful, doesn't it?

12<sup>th</sup> May National Limerick Day, a chance to listen, to repeat, or to come up with new limericks special perhaps for the day.

16<sup>th</sup> May Love a tree day. I have never seen this either but in this time of trying to make our awareness of culture and the trees around us, I think it takes my heart to new places.

30<sup>th</sup> May Water a flower, a special day to relax and enjoy the world around us. Amazing!

At the Methodist church we have other important things to –

23<sup>rd</sup> May we will also remember the great festival of Pentecost where the Holy Spirit came and touched the disciples with wind and flames from heaven. To them and to us, it is a realisation of the Holy Spirit coming and working with us all to spread the word and love of God. It is a time of celebration that touches our hearts and helps us all to listen, to trust and to know that the Spirit of God is with us.

24<sup>th</sup> May We celebrate John Wesley's experience at Aldersgate, where he became aware of what his faith meant to him and started preaching the message to us all.

So, in this busy month we can take the opportunity to relax, to experience new things that touch and lift our hearts, and to celebrate with God for all he does through us and with us in his world.

Let May be special, enjoy it and gain strength from God. God bless you always!

Rev John Scrivens

Telephone number – 01903 416501

Almighty God,  
who on the day of Pentecost  
sent your Holy Spirit on the disciples  
with the wind from heaven and with tongues of flame,  
filling them with joy and boldness to preach the gospel:  
send us out in the power of the same Spirit  
to witness to your truth  
and to draw everyone to the fire of your love;  
through Jesus Christ our Lord.  
Amen.



## East Beach Church

It was lovely to celebrate last month Easter and the significance of the new life God offers us through the death and resurrection of Christ Jesus. It is such a season of 'Hope' and we do hope, that the battle with the virus here in the UK is being won. Certainly many here in Selsey have had both vaccinations and confidence is beginning to return and we so look forward to the summer and relaxing of lockdowns..... and soon to be able to return to singing in churches! In the meantime, apart from Sundays when the church is open, we are still on YouTube and Zoom as 'normal'.

### May Specials

Sat 15<sup>th</sup> 7pm Family Games Night on YouTube  
Sun 23<sup>rd</sup> 10am Kids Service

All services are Live Streamed via YouTube (except Tuesday's Prayer Meeting that is on Zoom), some of which each week are also supplied on a DVD. If you would like a free weekly DVD, then please email or call the church (607741) and leave a message. With pleasure, we will deliver one to you.

We do continue to pray thanking God and asking for His protection upon Selsey, our families & friends, as well as the medical & care workers across the country looking after us. Please remember to let us know if we can support you in these times, or simply pray for any challenges you are facing.

**East Beach Church, Marisfield Place,  
Selsey**  
**Tel: 01243 607741**  
**Email: [office@ebec.org.uk](mailto:office@ebec.org.uk)**



Q: Why did Adele cross the road?  
A: To sing, "Hello from the other side!"



## East Beach Church

### Regular Weekly Schedule

Day	10am	7pm (except Sunday)
<b>Sunday</b>	<b>10am - Morning Worship</b> (Church open to the public also on YouTube and DVD)	<b>5pm - Evening Worship</b> (Church open to the public also on YouTube and DVD)
<b>Monday</b>	<b>Songs of Praise</b> (on YouTube and DVD – traditional hymns)	
<b>Tuesday</b>		<b>Prayer Meeting</b> (via Zoom)
<b>Wednesday</b>		
<b>Thursday</b>		<b>Lifegroup</b> (via Zoom)
<b>Friday</b>	<b>Sunbeams</b> (on YouTube - Songs & Stories for parents and toddlers)	
<b>Saturday 15th May</b>		<b>Online Games Evening for all</b> (on YouTube – link below)

### YouTube Live Stream, Upload and Playlist Weekly Schedule

The live streams will appear on our YouTube channel. To find our channel search for "East Beach Church Channel" on YouTube or type in the link below.  
<https://www.youtube.com/channel/CG2cNeKLX1osDgC4iGFgiRg>

**East Beach Church, Marisfield Place,  
Selsey**  
**Tel: 01243 607741**  
**Email: [office@ebec.org.uk](mailto:office@ebec.org.uk)**

A bank robber pulls out gun, points it at the cashier, and says, "Give me all the money or you're geography!"

The puzzled cashier replies, "Did you mean to say 'or you're history?'"

The robber says, "Don't change the subject!"



● Readers' Gallery ●



These three by  
Angelina Tofi



Would you like to  
see your photo on  
here?  
Email it to  
[selseylife  
@btinternet.com](mailto:selseylife@btinternet.com)  
and you could be  
on the next  
back cover.  
(Put Readers'  
Gallery in the title)

Below by Meryn Woodland



Above 3 by Alan Ede



Birds  
by  
Eira  
Brewster

