



SALTINGS DINER EAT IN OR TAKEAWAY



WEST SANDS FUN FAIR AND SALTINGS DINER, WEST SANDS HOLIDAY PARK, MILL LANE, SELSEY, WEST SUSSEX PO20 9BH

Local Care Company rated Outstanding by CQC

Home Instead Senior Care has been awarded the highest accolade in the care sector. The company, which cares for people in their own homes in and around Selsey as well as Chichester and Bognor Regis, was inspected by the independent care sector regulator, the Care Quality Commission (CQC), in November 2017. The recently published results rate the service, directed by Simon McGee, as outstanding.





Kathleen (97), Home Instead's first Client, supported by her Caregiver Lucy (left), who also works with other Clients in Selsey. Lisa, Registered Care Manager (right) and Simon, who started the company.

Only two per cent of home care providers inspected by the CQC have been awarded the coveted 'outstanding' rating, making this a truly impressive achievement. Commenting on the rating, Simon said, "We are delighted to receive an outstanding rating from the CQC. This is only possible thanks to our superb team who are totally dedicated to providing the best care services to our elderly clients and their families."

The team recognises the importance of being involved with the local community, as well as working closely with health and social services professionals. In the report, various professionals, including local GP's, expressed how they valued the service and spoke extremely highly of the caregivers and the exemplary leadership within the organisation.

A community psychiatric nurse praised the outstanding organisational culture of excellence and of going 'the extra mile'. Another health care professional said "Your excellent care and good communication with all concerned was invaluable and enabled us all to provide the best care."

Caregivers were described as extraordinarily dedicated, motivated and committed. One caregiver said, "It's a lovely family orientated company who pride themselves on person-centred care. It's a pleasure to work here." When asked what it meant to them to be able to provide a personal service to people, another caregiver said, "I really enjoy working for the company as it genuinely cares. It's just brilliant and if you can make someone smile that's it."

A client's relative told inspectors, "My mother has a habit of changing her mind. Her caregivers have the patience of saints. One minute they will be making her scrambled egg on toast, the next, they are required to walk down the road with her on her electric scooter. They are capable resourceful people who work together to get the right outcome."

The team have also set up free community events in Bognor Regis and Chichester including 'Music and Memories', community events for people living with dementia and their families to help minimise social isolation and loneliness. Inspectors spoke with people who were enjoying the event. One person was observed to be singing enthusiastically and thoroughly enjoying the music. They said "I love it, absolutely wonderful, everybody's wonderful."



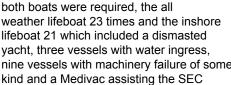
Home Instead provides companionship-led care to older people in their own homes. The service matches caregivers to clients based on shared interests and personalities. Care visits last for a minimum of an hour, to allow caregivers time to get to know their clients, never rushing the care provided.





Hi Selsey, sorry for the lack of news items, no year is the same, last year we had four in January then nothing 'till April. Bembridge have been twice in the last 24hrs although it was looking for people missing near cliffs, that's just how it goes.

Last year we had 44 launches between both the lifeboats which included 5 incidents where



Mikes passout exercise 13th Dec 2017

Ambulance service extricating a casualty from the rocks on the west side of Selsey. Two lives were saved during separate rescues by the inshore lifeboat. Of course half way

by the inshore life through the year we received the new Shannon class lifeboat which we are extremely pleased with.



Mikes passout exercise

13th Dec 2017





PLEASE NOTE LAST DATE FOR SUBMISSIONS FOR ENTRY INTO NEXT SELSEY LIFE IS 16TH MARCH.

community news

Date: 18 February 2018

Selsey inshore lifeboat investigates lights in the sea off Bognor.

The D class inshore lifeboat (ILB) Betty and Thomas Moore launched at 1257am on Sunday



18 February at the request of the UK Coastguard. A fisherman angling on the beach reported seeing lights in the water to the west of Bognor Pier.

After launching with a crew of three volunteers the ILB made best speed to the area and after arriving on scene the fisherman reported that a person had come ashore wearing a wetsuit and said he and one other person were free diving (diving without cylinders). He said his buddy had come ashore further west and they were both ok.

The divers were Polish and dive all the time usually in the water for up to 5 hours they were very well kitted out including very good wrist lights which the ILB crew first thought were Coastguards on the beach searching. They were very apologetic for the lifeboat being launched.

The weather on scene was wind southerly force 2-3 sea state slight in clear skies with good visibility. The ILB was released by the Coastguards and returned to station at 1.45am. The crew tonight were Helmsman Dave Lamdin, Colin Pullenger and Kristina Dolan.

- RNLI media contacts
- Max Gilligan Selsey RNLI Volunteer Lifeboat Press
 Officer

07956 415429 Max_Gilliagn@rnli.org.uk

- Paul Dunt, RNLI Regional Media Officer (South East) 0207 6207416 / 07786 668825 / paul_dunt@rnli.org.uk
- For enquiries outside normal business hours, contact the RNLI duty press officer on 01202 336789

RNLI online: For more information on the RNLI please visit <u>www.</u> <u>rnli.org.uk</u>. News releases and other media resources, including <u>RSS feeds</u>, downloadable photos and video, are available at the RNLI <u>Press Centre</u>.

Key facts about the RNLI: The RNLI is the charity that saves lives at sea. Its volunteers provide a 24-hour search and rescue service around the United Kingdom and Republic of Ireland coasts. The RNLI operates over 230 lifeboat stations in the UK and Ireland and has more than 140 lifeguard units on beaches around the UK. The RNLI is independent of Coastguard and government and depends on voluntary donations and legacies to maintain its rescue service. Since the RNLI was founded in 1824 its lifeboat crews and lifeguards have saved over 137,000 lives.

Visit the RNLI's official <u>YouTube channel</u> for more films and follow our rescue stories on <u>Twitter</u>.

A charity registered in England and Wales (209603) and Scotland (SC037736). Charity number CHY 2678 in the Republic of Ireland.



Have you visited our charity shop on the High Street in Selsey or our new shop in Shore Road, East Wittering yet?

We have a wide variety of good quality, second-hand adult and children's clothing, as well as books, bric-a-brac and toys all at great prices.

Why not come along and see us, you never know what bargains you might find. Or maybe you would like to volunteer - we are always in need of people to help in the shop.

community news

The Jigantics

A five piece band from the Gloucestershire area. The line-up is Mark Cole, vocals, squeezeboxes, mandolin, harmonica, mandocello. Rick Edwards, guitars. Keith Thompson, guitars, harmonica, mandolin and vocals. Sarah Kelly Ukulele, flute, vocals. Martin Fitzgibbon drums, vocals, percussion.
 The band are multi instrumentalists who frequently swop instruments on stage throughout their set and share lead vocals, as well as four part harmonies.

□ The Jigantics gig extensively throughout the UK and Europe. This year they are appearing in Germany, Holland, France and in October will be a part of the five day festival, Costa Del Folk in Portugal.

□ At a recent festival The Daily Telegraph described them as "a roots driven country band who were a high class, highlight act" □ The Jigantics have released two albums. Daisy Roots in 2013 followed by "Seconds Out" in 2016. Their third, "Are we There Yet" was released on July 1st 2017. The title is a reference to the bands efforts to constantly push the musical barriers and explore the opportunities that Americana and Roots music offer

 $\hfill\square$ As well as mainstream country the band reference Folk, Cajun, Zydeco, and Blues as their major influences.

"HISTORY is littered with supergroup failures – attempts at putting together a bunch of talented musicians which don't produce the wonderful outcome you'd expect. But when it does work, something spellbinding can happen and we got our own taste of that last night when The Jigantics topped the bill and played a remarkable set. With a line-up which can generate the kind of rock family tree that used to be turned into a tv show, The Jigantics have fused the disparate talents of its members to hop between styles almost at will – but always with a touch of class. And just as they varied the styles, so they switched between instruments and vocals with no let-up in the impact. There's foottapping feel good, then totally convincing tearjerkers. So there's the infectiously upbeat Bad Liver and a Broken Heart, which sounds like Shania Twain and a bunch of line dancers gone bad, the very different but equally brilliant Swimming Song"



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Selsey Coastguard

In an emergency out at sea or along the coast Dial 999 and ask for the Coastguard

Recent Callouts

07/01/18 10:06

Team paged by the Maritime and Coastguard Agency to possible ordnance on Medmerry Beach. On arrival the team carried out a search of the beach and located and confirmed what was believed to be ordnance.

A photo was taken and sent to E.O.D. (Explosive Ordnance Disposal Team) the beach was closed and a cordon was put in place.



When E.O.D. arrived they confirmed it was highly explosive and carried out a controlled explosion.

The beach was then reopened to the public and the team returned to station at 15.10.

If you come across any suspected ordnance on the beach or anything you're not sure of please dial 999 and ask for the Coastguard and do not touch it.

12/01/18 11:45

Team paged to possible ordnance on Medmerry Beach. On arrival the team carried out a search of the beach and located and confirmed what was believed to be ordnance.

A photo was taken and sent to E.O.D. (Explosive Ordnance Disposal Team) the beach was closed and a cordon was put in place.

When E.O.D. arrived they carried out a controlled explosion. The beach was then reopened to the public and the team returned to station at 17.15.

If you come across any suspected ordnance on the beach or anything you're not sure of please dial 999 and ask for the Coastguard and do not touch it. The last few pieces of ordnance found on this beach have been highly explosive so please do not touch anything and dial 999 and ask for the Coastguard! Ordnance comes in all shapes and sizes!

TRY BOWLS

It's friendly, fun and helps keep you fit Everyone Welcome Little Spain Bowls Club Golf links Lane Selsey PO20 9DR

OPen Day Sat 7th April. 10-3 pm If raining Sun 8th April 2-4pm





Team paged to Medmerry Beach to investigate a large yellow, unidentified

marker buoy washed up on the beach. The team located the buoy which was pulled to the top of the beach and arrangements for it to be removed from the beach were put in place.



<u>News</u>

On Saturday 27th January some of the team went over

to Shoreham for training, and completed the Operational Response to Pyrotechnics and Ordnance Incidents Course, with team members from Shoreham, Newhaven, and the Eastbourne Coastguard Team.

Thank you to Julia for running the course and the Shoreham Team for welcoming us to their station.

We are pleased to announce we all successfully completed the course and passed the exams with 100%.

If you come across any ordnance, flares or pyrotechnics on the beach please do not touch them and dial 999 and ask for the Coastguard.

If you have Flares or Pyrotechnics that you no longer need or want please phone: 01304 218 500 to arrange for safe disposal.

FLARES/PYROTECHNICS

It is a criminal offence to dump flares/ pyrotechnics.

To arrange SAFE disposal phone 01304 218500





Selsey Coastguard Rescue Team

@HMCGSelsey



Donna's Deliberations

So, March it is, already - time is certainly 'March-ing' on! (Sorry, couldn't resist that one.)

I'm hoping that we've successfully navigated our way through the weird and wonderful meteorologial phenomenon of February and that we have well and truly turned the corner towards Spring. We can but live in hope!

As I write this I have just returned from Bournemouth, which isn't my favourite destination spot in our green and pleasant land but comes prettty near the top (regular readers will know that the Isle of Wight is at the top!) While I was there I had a go at writing this month's 'Deliberation' and got absolutely nowhere; such is a writer's lot sometimes I'm afraid. I opened the lap top on more than one occasion and sat looking at a blank screen for five minutes whereupon I closed the lid and muttered something unrepeatable under my breath. Contrary to what people may think, writing can be difficult. Sometimes, when you get 'in the zone' – you're away and pages just come flooding through, whereas other occasions will result in absolutely zilch for days on end. Seriously frustrating. When I was reliant on writing for a living, it was always a worry but somehow I managed to muddle through, like most people who share my 'craft'.

I'm often asked about how I became a writer and the answer is largely through necessity. For reasons I will never understand I left university with two psychology degrees which are all very well and good but, for me, had little practical application. I had a very inspiring English Teacher when I was at school and she always had high hopes for my literary achievements so I thought I would give writing a go and happily, I managed to do OK. Truth to be told, though, I was always too busy earning a living to have time to spend writing the proverbial novel which may well have earnt me nothing...but one day....

Depending on who you ask, writing is either extremely easy (wrong) or something so impossibly difficult that only a combination of training, genius ability and luck will enable you to actually achieve anything (equally wrong.) Another fallacy is that you need inspiration – you don't, infact most of us have this only rarely and are too busy paying the bills to have to wait around for inspiration to strike – it's a luxury we just can't afford, literally! As Stephen King once said: 'Amateurs sit and wait for

inspiration the rest of us just get up and go to work!' Trust me, he's so right. Would be writers also worry about their grammatical ability – again, not important, that's why we have Editors (actually they aren't always too good these days either – just look at some of the newspapers!) The point is though, that you don't need to be a grammar expert to write. You do need to be moderately interesting,

though and even a bit engaging. Beyond that, there will always be someone around to make sure that you have your semi colons in the right place.

One of the biggest untruths about even best selling writers is that they earn loads of money. Honestly, they really don't. By the time everyone has taken their cut there's not a lot left for the poor writer. You might only earn a pound or two for every book you sell and given that the average book will struggle to sell 50,000 copies and it may well have taken you 5 years to write, it's not a great return. Particularly as you may not have earnt much in the time you were writing it. It's really not a 'get rich quick' profession – unless, of course, you happen to have written Harry Potter.



Teaching is quite a popular way for writers to earn a living – and public speaking. Mark Twain was deeply in debt and had to spend an entire year on a speaking tour just to pay off his creditors. A good speaker will get paid much, much more than a writer and they are often given a subject which helps things along a bit.

I became a 'general' writer – give me a subject and I'm away and if you don't have one but need something, I'll probably work it out. I'll research something to within an inch on its life – doesn't matter what it is. Not all writers are like me, though – some will specialise but I always preferred the variety.

Some of us go into journalism, of course – and I've done a fair amount of that as well. It can be quite lucrative if you're freelance and your story goes 'national'. It's competitive but a really rewarding field - the foundation of the media industry, vital for a democracy. You need the courage to go out and get a story, though – and sometimes make a nuisance of yourself! It's a very good way to hone your communication skills because you need people to open up and talk to you. The one drawback is that it may not be easy to be objective but unbiased reporting is important.

This is a field where grammar and punctuation does matter, though, because sometimes what you write goes live immediately without anyone in the middle able to sort out your mistakes! I've covered everything from local flower shows to political conferences; if you are first on a scene and can get a 'scoop' then the sky's the limit. To be fair, it's harder these days with social media – within a nano second everything has gone to Twitter and Facebook and gone half way round the world before the journalist has even written a word! Not an easy environment for 'hacks' these days! Having said that, although the days of 'hold the front page' have gone it is exciting and it beats working for a living! There's a real buzz from covering live events and knowing that people are being informed about it because of your work.

So, there we have it – I have made an entire 'Deliberation' from not having any inspiration – perhaps though, that was my inspiration.... who knows!

So, what's happening this month? First and foremost I am

seeing G4 in concert – at least once! I haven't seen the guys since Christmas and I'm having withdrawal symptoms. My family will no longer allow me to play their albums in the car which I believe is extremely cruel – the two exceptions to this rule being Mothers Day (which is, just to remind you 11th March.) and my birthday. So, to all Selsonian mums, have a lovely day and make sure that you are well and truly spoilt!

Happy March, take care all Donna donna.johnson@tesco.net

For all your local advertising needs contact us at selseylife@btinternet.com Or why not visit our website www.se;seylife.weebly.com

community news



SEAL ISLAND WI



SELSEY WI

Ladies why not come along to our next meeting when Peter Parham from



<u>Chichester, Auctioneers and Valuers will be speaking to us.</u> <u>It will be on Wednesday 14th March at 2.15pm in Selsey Town</u> Hall.



If you would like more information about joining us please contact Stella Crist 01243 603 221 or Heather Coleman 01243 604 603.

Registered Charity: 1016914

There will be a change to our meeting on Thursday 1st March at 7.30pm when we will now be holding an Open Evening where we will be offering wine, soft drinks and nibbles. If you like interesting talks, discussions, learning new skills, crafts, outings, eating out etc. then please come along to find out more about us. We are not at all 'jam and Jerusalem' though we never say no to cake and Prosecco! The evening will be free of charge and open to ladies of ALL ages.



Our April meeting is on Thursday 5th at 7.30pm when we will be welcoming a speaker from Brent Lodge Wildlife Hospital.

Our new list of speakers for 2018 is now available from the Selsey Centre foyer, so why not pop in and pick one up. Come along to your first meeting free, you will be made very welcome. We also run a monthly lunch club, together with walks in the summer months. We are a friendly bunch, always happy to receive new members of <u>all</u> ages at our meetings which are normally on the first Thursday of the month at the Selsey Centre, Manor Road at 7.30pm.

For further information please ring Melanie on 01243 604 059.

L.I.N.C Ladies-in-Contact

Will meet on Thursday 15th March at 7.15pm in St. Peters Church Hall when our speaker for the evening will be Lesley Bromley telling us all about "History of the "National Health Service"

Cost for the evening is just £2 with a welcome cuppa & biscuits on arrival, together with a free raffle ticket. The Venture Bus will be available to members please remember to book your seat. Any further details always available from either

Beryl Fletcher on (01243) 603 750 or Mary Grantham 604 718. Look forward to seeing you coming along.



Our March meeting will be on Friday March 23rd 2018. in the Selsey Centre at 2.30 p.m.

Our guest speaker **Philip Robinson** is well known to our members, having spoken to us several times before on historical matters. This time as we approach the centenary of the end of the Great

War Philip will be asking "Was it worth it?"

For any further information please contact Sue our membership secretary on 07710658331

Any enquiries can be made through our website. We can be emailed at info@selseyu3a.org.uk

For all your local advertising needs contact us at selseylife@btinternet.com or phone us on 01243 602729



Selsey Gardening Club

(previously Selsey Horticultural Society)

Our next meeting will be on Friday 9th March

PCSO Richard Moorey

who will be talking to us about Fraud Awareness.

Conference Room, Selsey Centre, Manor Road, 7.30pm start

Subs are now due at £12 per year, Visitors welcome at £1.50 per visit

Raffle and Refreshments

For any further information regarding the club please contact Amanda on 604634

LOOKING FOR MEN

We are trying to establish a Selsey Men Sheds Group. Do you like tinking in a shed? Making Items for personal and community use .

A lovely large shed is being aranged and you can come to the shed and make and swap hints and tips on all kinds of things men do in sheds. To register an interest please contact

us via Facebook at Selseymeninsheds or via email selseymeninsheds@gmail.com

Or call 01243 605889 There will be an answer phone so please leave a message and someone will get back to you .

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March 2018

Update from the Chichester Prevention Team

You can contact your local team in the following ways: Call us: on 101 to report a crime or 999 if it's an emergency.

Email us: chichester@sussex.pnn.police.uk

Vehicle Crime

Since the New Year, there has been an increase of reporting of theft from motor vehicles. The majority of this type of crime is opportunistic, and occurs because valuables have been left on view or the vehicle left insecure. If a vehicle is left insecure it only takes 10 seconds for your valuables to be stolen. Protect your Belongings:-

> Close your windows and sunroof, lock all doors and activate any security devices when leaving the vehicle even for a few minutes. Check your doors manually as automatic locking devices can sometimes be affected by electronic interference.

> Take all valuables including sunglasses with you if you can. If you are unable to take them from the vehicle, lock them in the boot or place them out of view.

Fit a locking petrol cap if your vehicle doesn't already have one. Fit anti tamper screws on your number plates and locking wheel nuts if not standard to your vehicle.

Remove parking permits, radio face plates and portable satellite navigation systems including their cradle ensuring to wipe the window where the satellite navigation holder may have left a visible mark.

Consider getting a steering lock or gearstick lock and pedal box to improve security of your unattended vehicle.

Park with care, particularly at night or if you are leaving the vehicle for some time. If possible always park in a busy, well-lit area. Managed car park facilities may be a better choice a list of police approved safer car parks can be found at the British Parking Association website.

Never leave your keys in the vehicle, even if you are just leaving it for a few seconds. Try to avoid leaving car keys close to your front door or in a visible location. A thief can reach in using a hand or device and steal the keys to your vehicle. Fitting a plate to the rear of the letterbox opening can prevent this.

If you see any persons' acting suspiciously around cars then call us immediately on 999. Front office opening hours Monday - Saturday 9am -8pm. Chichester Police Station, Kingsham Road, Chichester, PO19 8AD



learning something new



On the second Thursday of each month at 2.30pm East Beach Church, Marisfield Place - 01243 607741 - office@ebec.org.uk



Have vacancies for Trainee Fabricator/ Welders

We are a successful and expanding family business based in Selsey West Sussex for 110 years manufacturing Structural steelwork, and Architectural metalwork.

We currently have excellent opportunities to learn a skilled trade and achieve a secure bright career future.

Applicants should have good mathematical ability, have been in successful previous employment and speak fluent English.

The ability and enthusiasm to work as part of a team in achieving a high standard of safety and quality workmanship is essential for progression in this position.

Good rates of pay and overtime when training complete. Hours of employment Mon - Fri 7am - 5.30pm with 2 tea breaks and $\frac{1}{2}$ hour lunch break.

Remuneration is paid weekly based on a 39 hours basic week with overtime

Tel: 01243 649000 for an application form or send C.V. to: sales@sfabs.co.uk

Tenchley Manor Nursing Home

Our team extends a warm welcome to you and your family and friends







Providing personalised nursing care to physically disabled adults and elderly residents by our professional staff.

The accommodation is light and spacious with a choice of areas where residents can welcome

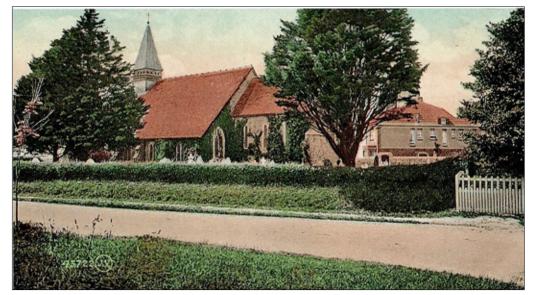
family and friends. Large landscaped gardens stretching down to the shoreline with magnificent views across the English Channel towards the Isle of Wight.



Ursula Square, Seal Road, Selsey, PO20 0HS Tel: 01243-606060

AMY RHODES 1877 - 1961

I was running out of inspiration for your monthly article so I took myself off to the Antiques fair in Chichester where I came upon this card. As we can see, it's St Peter's Church with the old Victorian Vicarage in the background. Bog standard you would think (although it is unusual being coloured).



It is a John Valentine card serial no. 43722. It is quite difficult to determine who now owns the copyright but it is over 75 years old as it is ca. 1909 and I'm not using it for commercial purposes so we'll hope for the best. If I have inadvertently infringed someone's copyright then I apologise wholeheartedly.

And here is the message on the reverse.

SOUVENIR POST GARD Souvenir Post GARD Dear amy first a line to say first a line to say first a line to say the are all better miss. Bhodes why you are well Herrie is getting very Storie is getting very nown Willie is a white not a list of column in this case is this very mied here turn & a

'Dear Amy, Just a line to say we are better hoping you are well, Florrie is getting very brown. Willie is all white, not a bit of colour in his face. It is very quiet here. With love from F R.'

Amy was born on 3 August 1877 in either Chichester or Oving – it depends which census return you look at. She was one of the daughters of George Thomas Rhodes, a bricklayer born in Shipley, and Emma Amy Rhodes. In 1881 she was 3 years old living at 2 Rock Buildings, Oving with her parents and siblings.

By 1891 Amy was in service, as a General Servant, aged 13. Her employers were John Dunn and his wife Sarah S A Dunn who were 25 and 23 years old respectively. John was a Draper's Assistant living at 8 Westgate, Chichester.

Amy worked for a different family in 1901 at 64 Florence Road, Preston. This was the home of the Sutherland family the head of which was an outfitter (clothier). Amy was a Mother's help as Mrs Sutherland had a son of 8, Alexander, a daughter, Helen, who was 4 and another daughter named Christina who was 1.

And this is where I got really excited! Sad, I know, but that's me!

By 1911 Amy had moved yet again and was a cook in the household of Walter John Shippam of the famous Chichester company. By this time she was 32 and lived with the Shippams at 2 St. Martin's Square – the very address on the postcard. Her fellow domestics were Lilian Ethel Smith, a Governess, and Dorothy Lizzie Bridger, a Housemaid.

Amy was obviously a good cook as she was still with the family when the 1939 registration took place although they had moved to Whyke Lodge, Whyke Road (a substantial building which is now a care home). Walter had retired although was probably still a Director of the Company.

Walter John Shippam still lived at Whyke Lodge at the time of his death on 4 January 1955.

His wife, Rebecca, also of Whyke Lodge, died on 23 February 1956.

Amy never married and, after her retirement, lived at 1 Lake Road, Chichester. She died at St Richard's Hospital on 5 August 1961 aged 84.



And finally, a propos of nothing, I came across the following:

Returning to the card, the following questions were posed. Who sent it? Who were Florrie and Willie? I looked at Amy's wider family and soon found Alfred Rhodes who lived at 1 Franklin Villas, East Road, Selsey in 1911. Alfred had a wife who was born Florence Louisa Lee and they were Amy's brother and sister-in-law. Amongst his children he had Florence Emma (possibly Florrie) and William George (who could have been Willie) as well as Edith Irene. I assume, therefore, that Florence senior wrote the card. I am open to other suggestions though.

And 1 Lake Road? This was the house Amy's parents occupied in 1911 so Amy had, effectively, returned home!

Whether or not there are any Rhodes descendants still here in Selsey, I'm not sure. I do know there are members of the Lee family though. If any of them have any more information, I would love to hear it.

SUSSEX SUPERSTITIONS

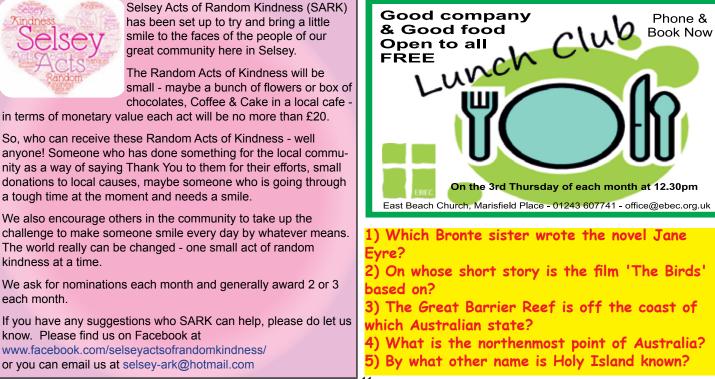
Should you cut your nails on Monday without thinking of a fox's tail, you will have a present made to you.

If you catch a falling leaf, you will have twelve months of continued happiness.

PS: I am researching the Allard family, of Allard Motor Car fame, who had a home in North Road, Selsey. Any personal memories you may care to share would be welcome.

©Ruth C Mariner 01243 604698 ruthm@ruthcmariner.co.uk

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Paint a Landscape in Water Colour with John Hill Saturday March 17th 10.00 am – 4.00.pm St Wilfrid's Church Hall

£20



John Hill has been teaching Watercolour Painting in Chichester for 15 years at his own weekly classes and has also run painting holidays in Avignon.

He has written articles for the Leisure Painter and has exhibited and sold work at the Royal Institute and the Mall Galleries in London.

See some of John's work on his website - johnhillwatercolour.com

This workshop is open to all who enjoy painting.

For further information and to reserve a place at this workshop

please contact

Jan Bush – 607821 – janpbush@btinternet.com

or

Gary Sharp – 607476 – Gary@thesharps.uk



WHAT TIME IS IT WHERE YOU ARE?

On the 25th of March, clocks in Britain, some European and North African countries will go forward one hour, as we switch over to British Summer Time, BST. BST runs an hour ahead of GMT, Greenwich Mean Time.

Some other countries make Daylight Saving changes to their standard time. Dates in 2018 vary from 11th March in Canada to 30th September in New Zealand.



Greenwich Observatory In 1876 Sandford Fleming called for a global 24 hour clock. The earth was divided into 24 one hour zones, each zone separated by 150 latitude. It was some time before it was finally agreed, at the Meridian International Conference, that each day would begin when it was midnight at 00 latitude, referred to as the meridian line, which runs through Greenwich.

Initially many astronomers refused to recognise midnight as the start of a new day, because it meant a single nights observations actually spanned two dates.

GMT is a time zone; it is not standard time around the world. Working out local time

involves some basic maths, a knowledge of standard time zones (ST) and any local deviations from ST. Mainland USA has four time zones, six if you include Alaska and Hawaii. Russia had 11 time zones, but has recently reduced this to 9 different time zones across the country. China never accepted the need to follow the 24 clock based on latitudes. Despite spanning five time zones, the whole country follows CST (China Standard Time) and it is the same time in Shanghai in the East as it is in Kasjgar, five thousand miles further west.

With the growth in trade and travel in the 1800s it became necessary for companies to be clear about whether they meant local standard time or GMT. In many countries, but not all, sailing times, etc., were referred to as being + or – so many hours from GMT. For example 7pm in New York (EST Eastern Standard Time locally) is GMT – 5; 7pm in Vladivostok (VLAT Vladivostok local time zone) is GMT + 10 hours.

For over a hundred years this system worked very well. By the 1960s the rapid increased in air travel, the growing shipping fleets of cargo and oil tankers, and the dawning of early computers being linked across countries it was clear that a universally accepted standard time was needed.



The first Coordinated Universal Time was adopted in January 1960. Over the next decade there were several adjustments to universal standard time, but in 1967 it was agreed that it would be UTC (Coordinated called Universal Time) and that at midday UTC would, conveniently for the British, be in line with mid-day GMT.

UTC is set by an atomic clock, and every few years leap seconds are added to allow for the tilt, rotation and elliptical orbit of the earth. Mid-day GMT can vary from scientific UTC midday by up to 16 minutes.

UTC is widely used by airlines, and shipping companies, and worldwide technologies such as the internet, and global telecommunications providers.



Volvo Ocean Race

Organisations such as Volvo Ocean Race rely on UTC to send information to the fleet at a set UTC time each day, and they broadcast a daily half hour programme at 13.00 (1pm) UTC. At present the seven yachts taking part in the round the world race are en route Kong between Hong and Auckland New Zealand, but all information broadcast or exchanged is recorded at UTC timings.

Internet service providers have silos of servers scattered around the globe. As these are taken off line for upgrades, it is essential that computer engineers in Delhi, London, Los Angeles and Sydney are all working to the same standard time.



The WWW

As we adjust to the clocks changing from GMT and leaping forward an hour to BST, at least UTC will remain atomically accurate.

Next month: Sirens of the Sea







Academy Trust Building children's futures together

Medmerry Primary School is an educative but fun place to learn. Our headteacher, Mr Tidd, has helped us arrange these enjoyable events.

The Disco

On the 8th February, Medmerry School held a disco called the Spring Fling in the school hall. Key Stage 1's disco started at 5pm and ended at 6pm, whereas KS2's disco was at 6.15 till 7.30pm. The disco was supervised and helped by Friends of Medmerry and the teachers.

Year 3&4 Swimming

In our school, Year 3 and 4 have been going to the Oasis for swimming lessons on Wednesday mornings. The children bring in a towel and goggles in a bag and wear their swimsuits underneath their school clothes. They take a coach and get changed in a private part just for our school. The classes are split into groups of the level of their swimming and are in the shallow end of the large pool. The children then get changed back into their clothes and then carry on their school day as normal. They then take their swimming bag home at the end of the day.

Dodgeball

Mr Smigielski and Mr Fytche took 12 children on a trip to Portfield School in Chichester for a Dodgeball tournament. The date of the tournament was 23rd January, from 12.45pm to 2.45pm. They took a minibus to Portfield Primary School after having lunch. They had to go in their PE kit and wear trainers. After 2 hours of Dodgeball matches the school ended up having won 5-3 to Portfield. We have decided to hold another Dodgeball tournament in March, but next time with Seal school as well.

Awards

This half term we have introduced house points which you can earn. There are three houses that the whole school has been split into. These are: Curlew (blue), Lapwing (yellow) and Skylark (green). You can earn a house point by being kind to others, trying your best, or working hard. You can also earn a red house point, which teachers around the school can give you. At the end of the week, two children count up the house points, and Mr Tidd will announce the winning house. Each half-term, he will count up the overall score for each house that they have earned. This half term, in third place was Curlew with 1367 points. Next with 1449 points was Skylark. Ahead by 30 points was Lapwing, winning the term trophy.

School Trips

On Wednesday 10th January, Year 5 & 6 went to Portsmouth Historic Dockyard, as our topic was The Tudors. We found out lots of interesting facts when we were in the museum, but found out even more when we switched around to doing the workshop. "I liked seeing the Mary Rose for real, as it is one of the oldest ships in the world that remains" said Oliver Henaux, in Year 6.

On the 16th January, Year 3 and 4 attended the classical music show in the Chichester Festival Theatre. A year 4 told us it was interesting to hear the music and see the people playing instruments like the saxophone, the tuba, the double bass and the xylophone. In between each performance, a magician shared a magic trick which went along with the piece of music. Becci-Rose Muller told us: "I liked the magician because he made the table float, and had some water in a cup and tipped it over a girl's head, but nothing came out."

Mia Hellyer, Emily Rey-Barreiro

For Every Child the Chance to Shine

<u>Win Rock Challenge</u>

The Academy Selsey competed at The Hawth, Crawley on Monday 29th of January against 8 other schools. We performed our piece"Desaparecidos" telling the story of the



1970's disappearances in Argentina. We entered as The Academy, Selsey - The Bridge and won all 9 judges awards; Choreography, Performance Skills, Stage Use, Set Design and Function, Costuming Character, Visual Enhancement, Soundtrack, Drama Skills and Concept. We also won extra awards of excellence for Lighting, Stage Crew and Entertainment.



We had 40 dancers, 14 Stage Crew, 8 Hair and Makeup team and 5 supporting staff and we are all ecstatic to compete in the Southern Open Finals for the 3rd year in a row, at Portsmouth Guildhall on the 27th April.

We are all so proud of the team as always and hoping to continue our success in the final.







ATTENTION BOOK LOVERS

If you enjoy reading, discussing books and meeting new people then join Selsey Library's new reading group.



The first meeting of the group will take place on Wednesday 11 April at 1.30pm. We will then meet on the second Wednesday of every month 1.30pm-2.30pm.



For further information, or to express an interest in joining the group, pop in to Selsey Library, phone 01243 602096, or email: selsey.library@westsussex.gov.uk



Selsey Seagull For Sale Only £5 each Email selseylife@btinternet.com or call 01243 602729 to order your Selsey Seagull They are a limited edition of just 244 and never to be repeated. Selsey Seagull even sounds like a Seagull

FREE LOCAL DELIVERY

FRIENDS OF SELSEY MEDICAL CENTRE (FSMC)

Greetings to all Members of the Friends of Selsey Medical Centre. As we gear ourselves up to facilitate all the many activities that happen in Selsey, it is also time to renew your membership of FSMC. 'What?' 'Really?' 'Yet more money to



budget for!' These are all familiar cries, I know, as we are constantly challenged to make our money go further. If you are already a Member, the renewal forms have gone out and I hope very much that you will complete and return yours together with your contribution.

I know you all appreciate that your £4.00 (minimum) annual membership fee is but a drop in the ocean when compared to other commitments. With your help, we try to provide equipment/ facilities that make life so much easier for our Patients; equipment that saves the trek to St. Richards Hospital; the more comfortable chairs in the waiting room areas that benefit us all, each time we have to see one of our health professionals; the new TV screens which are, of course, up and working. You will also have noticed the additional information on the screens. This is where you can now find messages relevant to Selsey patients about what happens at the surgery regarding current campaigns, such as 'flu, and national messages received at the Surgery with a request to include.

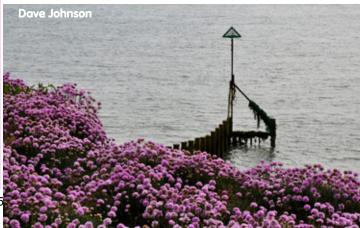
As always, if you are reading this and are not already a member of the Friends, please consider joining us. You would be so very welcome. We really are a friendly group. FSMC works hard to provide facilities for the benefit of all who visit our Medical Centre, and this is not solely for the benefit of our older visitors. We would very much welcome input from some of our younger folk, who may not appreciate that they also benefit from anything done to improve their patient experience, such as providing toys, etc., in the play area.

We also still seek a new Activities Officer, and, if you feel you might be able to help in that regard, please do let our Membership Secretary, Lesley Webber know, either by calling her at 01243 606 878 or alternatively you can pick up a Membership form at the middle desk in the Medical Centre.

With your help, we could do so much more!

Rosemary Sparrow Publicity Officer





wildlife



Changes on the wing at Pagham Harbour & Medmerry

March signals the start of spring and the promise of warmer days to come. Plants start to emerge from their slumber. Slowly, sleepily at first, before gathering momentum, and the sudden urgency of regrowth. Daffodils nodding in the breeze and lesser celandine, enticed by the sun to open with a splash of yellow, provide nectar to early bees and the air around the pussy willow reverberates with a low hum.

In the green fields hares start to chase and box while overhead our winter visitors are leaving, heading north as the ice retreats from their breeding grounds. The constant honking dialogue of brent geese and whistling of wigeon ducks fades and the silence across the saltmarsh is broken by

above the eye, it flashes its white rump as it flies ahead.



Lesser celandine



Curlew

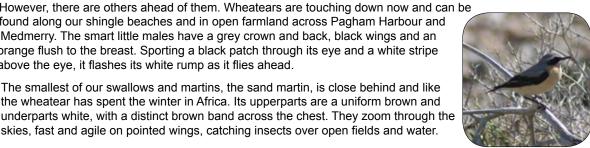
The smallest of our swallows and martins, the sand martin, is close behind and like the wheatear has spent the winter in Africa. Its upperparts are a uniform brown and underparts white, with a distinct brown band across the chest. They zoom through the

found along our shingle beaches and in open farmland across Pagham Harbour and Medmerry. The smart little males have a grey crown and back, black wings and an

orange flush to the breast. Sporting a black patch through its eve and a white stripe

the alarm calls of curlew and redshank. Curlew are large brown wading birds, with long

brown but when flying shows a white wedge on its back and on the trailing edge of its wings.





Chiffchat

skies, fast and agile on pointed wings, catching insects over open fields and water.

Chiffchaffs are the first of the warblers to arrive. This little songbird epitomises the unfortunate nickname of 'little brown job' that this group often get tagged with, but is easily identified when it sings, repeating its name 'chiff, chaff' over and over as regular as a metronome.

It's started.

down-curved bills that they use to probe deep into the mud to find worms, crabs and molluscs. The redshank is a flighty medium-sized wader. It has red legs and a straight red bill with a black tip. Standing still it appears

The harbour won't be quiet for long as summers visitors are on their way in the form of chattering terns.

Spring is coming!



RSPB Pagham Harbour & Medmerry

March

Sunday 04 March, Discover Pagham Harbour (west) Guided Walk. Our first spring walk of the year down the 'West Side' of the harbour looking out for late winter leavers and early spring arrivals. This 4 mile walk combines wildlife and the Harbours historic past. 10am (duration 3 hours) Booking essential, £7 per person / £4 members

Saturday 10 March, Great British Spring Clean. Join us and the Friends of Pagham Harbour for The Great British Spring Clean, clearing our beaches of litter and making a difference whilst in good company. This year we are focusing on Medmerry - meet 10am at Earnley car park PO20 7JL Free

Sunday 25 March, Someone to Guide You. Unsure of what that bird is? Our friendly guides will be at our brand new Ferry Pool Hide, Pagham Harbour to help you spot and identify the wildlife that you see. 10am – 3pm Drop-in, Free

Check out our website www.rspb.org/paghamharbour for full events program.

RSPB Pagham Harbour & Medmerry Visitor Centre, Selsey Road, Sidlesham PO20 7NE Email: pagham.harbour@rspb.org.uk Tel: 01243 641 508 www.rspb.org.uk/paghamnarbour

April

Sunday 01 April, Someone to Guide You. Unsure of what that bird is? Our friendly guides will be at our brand new Ferry Pool Hide, Pagham Harbour to help you spot and identify the wildlife that you see.

10am – 3pm Drop-in, Free

Sunday 08 April, Discover Pagham Harbour (north) Guided Walk. A gentle spring walk along 'The Tramway' and around the north part of our reserve. This 3 mile walk combines wildlife and the Harbour's historic past, while looking for spring arrivals. 10am (duration 3¹/₂ hours)

Booking essential,

£7 per person / £4 members

Saturday 14 April, Artists Wildlife Painting Workshop. This all-day workshop gives an introduction to basic techniques of watercolour painting combining a little theory with a lot of practical application and advice. Although wildlife based, the principles can be applied in a wider context. The session is aimed at beginners and those returning to an old hobby after work. Good quality paints, paper and brushes will be supplied, just bring your enthusiasm. 9.30am (duration 7 hours)

Booking essential, £20 per person / £16 members

Sunday 22 April, Discover Medmerry (West) Guided Walk. With the flora and fauna busily getting on with the trials of life, this is a great time to join our guides for a walk round the west side of Medmerry. Breeding avocets, corn buntings, yellowhammers and cuckoos are among the potential cast of this 4 mile walk which combines birds and wildlife with Medmerry's history and its creation into the reserve you see today.

10am (duration 3¹/₂ hours), meet at Earnley car park PO20 7JL at 9.50am.

Booking essential, £7 per person / £4 members



Brown Hares: March Madness By Michael Blencowe Learning & Engagement Officer, Sussex Wildlife Trust

I once had a girlfriend in the big city and found myself attending swanky dinner parties around East London. During one such soiree a guest, desperate to impress, boasted that for next week's meal he would be cooking a hare. I was outraged and I asked if anyone at the table had actually seen a hare in the wild. My question was met with blank stares. I'd like to think that I then launched into an impassioned rant about the untamed magnificence of the hare and society's disconnection with nature before heroically storming out. In reality there was cheesecake for dessert so I wearily sighed and quietly finished the main course. But I knew two things; hares don't belong at Shoreditch dinner parties and neither did I; I never returned. I still maintain that if you've witnessed the reckless energy of a hare cavorting in a Sussex sunrise then the very idea of eating one is, well, madness.

While the fields are still bare March is the best time to observe hares. On paper a hare could easily be dismissed as a big rabbit but they're different beasts altogether; it's all in the way they move. A hare possesses powerful hind legs; a pair of pistons that can send them rocketing towards the horizon at over 40mph.

Hares are mostly nocturnal. They don't burrow underground like rabbits but instead spend their days hidden in a shallow scrape (a form). Young hares (leverets) are born in separate forms and attentive mother hares return to secretly suckle them undercover of dusk.

In spring amorous male hares approach females in the hope of finding a mate but chatting up a hare is a risky business. Potential sexual partners can suddenly transform into sparring partners when uninterested female hares rise up and strike a blow for equality by punching the males in the face. The frenzied 'boxing matches' that ensue are such a striking spectacle that they have given us the phrase 'as mad as a March hare'.



Hare c. Hugh Clark FRPS Sussex Wildlife Trust

Yet who are we to be questioning the hare's mental stability? Us level-headed humans used to believe that sprinting hares can start fires; eating hare brains made you sleep better and witches could transform into hares and only be killed with silver bullets. Hares have been closely associated with Pagan springtime ferti

into hares and only be killed with silver bullets. Hares have been closely associated with Pagan springtime fertility rituals and the goddess Eostre and they still play a role in our Easter celebrations (albeit watered down, chocolate covered and transformed into the Easter Bunny). Their prominence in the English countryside has also diminished. Numbers have declined due to changes in farming practices, especially the removal of hedgerows. It's been a long, cold winter. As spring returns the Sussex countryside will be exploding in a crazy celebration of life. Get out there, find yourself a hare and experience the madness.

www.sussexwildlifetrust.org.uk

Sussex Wildlife Trust is an independent charity caring for wildlife and habitats throughout Sussex. Founded in 1961, we have worked with local people for over half a century to make Sussex richer in wildlife.

We rely on the support of our members to help protect our rich natural heritage. Please consider supporting our work. As a member you will be invited to join Michael Blencowe on our regular wildlife walks and also enjoy free events, discounts on wildlife courses, Wildlife magazine and our Sussex guide book, Discovering Wildlife. It's easy to join online at: www.sussexwildlifetrust.org.uk/join or over the phone on 01273 497532.



RSPB Events for March 2018

BURPHAM

Sunday 4 March

Morning Bird Walk on The Burgh with Chris Furlepa of the RSPB Chichester Local Group. Meet end at T junction at top of hill, Map Ref: TQ042096 at 9.30 am. 01243 262833

NUTBOURNE

Tuesday 13 March

Morning Bird Walk on Nutbourne Marsh with Carole Griffiths of the RSPB. Meet end of Farm Lane, Map Ref: SU775054 at 10.00 am. 01243 262833

CHICHESTER

Thursday 22 March

Illustrated Talk by Mark Eade on 'Thailand' to the RSPB Chichester Local Group at The Pallant Suite, Masonic Hall, South Pallant, Chichester at 7.30 pm.

Entrance members £2-50/visitors £5-00 01243 262833 wheelchair access

ARUNDEL

Saturday 24 March

Morning Bird Walk around The Dover with David Hart of the RSPB Chichester Local Group. Meet at far end of the lane, Map Ref: SU061064 at 9.30 am 01243 262833



Sussex Wildlife Trust invite you to a

Coffee Morning Saturday, 7th April, 10am to noon At 28 Woodland Road, Selsey, PO20 0AL Plants, Books, Bric-a-Brac, Cakes, Raffle and more All welcome, rain or shine. £1 Admission

(including refreshments)

Chichester Conservancy Volunteers March 2018

SELSEY

Sunday 4 March

Conservation - Manhood Project Pond Management withIan Godfrey of the Chichester Conservation Volunteers from10.00 am01243 782501 or 07746 749047

PETWORTH

Sunday 18 March

Conservation – Woodland Management with Ian Godfrey of the Chichester Conservation Volunteers on The Mens from 10.00 am. 01243 782501 or 07746 749047

SUSSEX WILDLIFE TRUST March 2018

CHICHESTER

Tuesday 27 March

Illustrated Talks by local wildlife enthusiasts/photographers to the Sussex Wildlife Trust, Friends Meeting House, Priory Road, Chichester at 7.30 pm

Entrance members £3-00/visitors £4 01243 262833 wheelchair access









Dream Wheelers Wanted! Join St Wilfrid's Hospice on a Fundraising French Bike Ride.

After the success of its inaugural Dream Wheelers bike ride last summer, St Wilfrid's Hospice is planning to repeat the adventure this May with a three night bike tour around the Normandy countryside. This fun and relaxed fundraiser is open to enthusiastic cyclists of all abilities and will raise money for the DREAMBUILDING project to build a state of the art new Hospice for the community in Bosham.

The event runs from Thursday 17th to Sunday 20th May taking in 100 miles of this beautiful area. Cyclists are free to set their own pace and enjoy the evenings at leisure.

Registration costs £300 and includes return ferry travel to Caen (shared cabin on the outward journey, single cabin supplement available); two nights accommodation; a support team to transport luggage, provide day to day back up and first aid if required, as well as a goodie bag and cycling shirt. It is expected that participants will also raise at least £500 in sponsorship.

The opinion of participants' from last year was that that the event was well organised with great support to the riders, as well as great fun! So why not find our more today about how to take part?

The new purpose-built hospice is costing around £15.5 million: 84% of this has been secured, however, the St Wilfrid's is looking to the local community to help raise the remaining £2.5 million to create the DREAMBUILDING.

To register, please visit <u>https://stwh.co.uk/support-us/events/dream-wheelers-2018/</u> or call 01243 775 302, or email dbfundraising@stwh.co.uk

St. Wilfrid's Hospice Chichester

www.stwh.co.uk



Dreamwheelers 2017

Don't forget the clocks go forward



one hour at 1 am on Sunday 25th March

The Selsey Shuttle Service We need you!



The Selsey Shuttle has been running for over 25 years . We run a service around the village with scheduled stops

in prime locations. It also operates as a hail and ride service.

But who is for? Easy answer ,everyone! There is a misconception that it a service for the elderly only. This could not be further from the truth. It is true that most of our clients fall into that category, but if we do not get more passengers, the danger is that as our customer base gets older, the numbers using the Bus will go down. We really do need your support to keep the service running. Bus passes are accepted, however to help keep the service operating, donations are welcome. The fare for any single journey is only 40p!.

With the opening of Asda, we changed our route, and times, to include the store in our schedule.

So we now cover not just the Health Centre and High Street Shops but Asda as well.

You can find a copy of our timetable on the Selsey Town Council Website. Operating from 9am to 1pm Mon, Tuesday, Thursday and Fridays we desperately need more people to use the Service.

As well as the regular journeys, we go to Church Norton Cemetery the second and forth Monday(pm) of the Month and Chichester every Wednesday afternoon. On Tuesday afternoons we run trips to places such as Gunwharf Quays, Hedge End Manor Nurseries etc.

All the Drivers are volunteers, and at the present we have a desperate need for them. So if you have a few hours to spare during the week, please give us a call.

For further information on any of our services , or Volunteering; please do not hesitate to contact me. 605353. Stop pre

Stop press!

I regret to inform our customers that it will no longer be possible to hire out our minibus to local groups and organisations. The reason for this is somewhat complicated, but the explanation is as follows.

The Selsey Shuttle has been allowed to operate our local community bus services on what is known as a "Section 22" permit because we use unpaid volunteer drivers; the advice from the Government's Department for Transport has always been that as a "not for profit" organisation we were allowed to undertake other activities such as hiring out our bus in order to raise income to support our low-cost local services.

Following a legal challenge nationally from some large commercial bus companies (though not in this area), the Department for Transport has informed us that it is changing its advice, and it now states categorically that if an organisation such as ours raises income from the occasional private hire of our vehicle it will be categorised as a "commercial" activity and we would not be able to continue to provide our local public services using a "Section 22" community bus permit.

We very much regret the disappointment this will cause; we also now, of course, have to work out how we can continue to provide low-cost local services without the financial support provided by our other activities.

Now more than ever we need your support on our local bus service.

Mike Lewis Selsey Shuttle Bus

community news

With Scant Regard

The sea in all magnificence crashes white on shingle shore as breaker after breaker amplify the ocean's roar banking low on salty gust through rising rainbow spray ever present wheeling gull this fleeting winter day

Breakwater timber earns its keep on boisterous days as these keen days when coastal duels prevail before the storm winds ease davs commandeered by nature's forces seeking to remind that we of insignificance our lowly place must find

Splintered rearing driftwood pieces, flotsam in the boiling surf spewed forth from some listing hulk yet now of little worth along the highest watermark discarded rubbish litters among the shells and tangled weed a broken wine glass glitters

Lost net from distant trawlers with cuttle fish entwined and remnants of a plastic crate serve to perplex the mind our careless contribution by wind and water worn for but a passing moment will, the timeless sea adorn.

JOHN BYRNE DECEMBER 2016





CRABLANDS BOWLS & TENNIS CLUB Affiliated to B.E., L.T.A. & E.S.M.B.A. Crablands, Selsey, PO20 9BD

Following a very soggy, windy and thoroughly miserable February when the most energetic "sport" that could have been played

outdoors was possibly " pancake " tossing - we can only hope for better things this March. At Crablands the indoor Short Mat Bowlers definitely had the last laugh as they got to play in a warm environment and their competitions could go on uninterrupted.



The green bowlers will get to play their sport next month when the OPEN DAY for members is 8th APRIL and a NEW MEMBERS DAY - a day when all are invited to come and try their hand at this sport - will be held on the - 14th APRIL.

A reminder to all tennis members SATURDAY 10TH MARCH is the date for your

Presentation Supper and if you have not yet ordered your meal then please contact Jo on 606890 – this is always a very good evening and we look forward to seeing you all there



– let's hope this evening will herald the start of a very good 2018 season on the courts. We do cater for all ages and the youngest players and "would be players" can come for coaching every Saturday morning and additional coaching for the older juniors will take place on Sunday afternoons. On several evenings during the week table tennis and mini tennis is played in the sports hall and details of these activities can also be obtained from Jo on 606890.

A variety of social activities are still taking place on some Friday evenings and the various volunteers responsible for everything arranged at the club really do a grand job. 1st APRIL 2018 sees the start of the tennis year and subscriptions will become due on or after this date.



Bar · Rooms · Dining

A Change is as Good as a Rest! Come and discover The Seal, 15 minutes from Chichester and a few minutes from the beach!

he restaurant at the Seal in Selsey has a reputation for serving excellent quality food at reasonable prices. We are also one of Selsey's best-loved pubs, with a well-stocked bar in which to enjoy a wide range of wines, sprits and of course real ales.







We could be one of your new favourite places!

6 Hillfield Road • Selsey • Chichester • West Sussex • PO20 0JX T: 01243 602461 • E: bookings@the-seal.com • www.the-seal.com 👍 TheSeal.Selsey 🛛 📘 @TheSealatSelsey

In the Garden

our monthly guide to gardening - written by Giles Peare award winning broadcaster

March is the time when Nature is at its most active after its Winter slumber. Posies of Primroses and Violets are still a lovely old-fashioned gift for Mothering Sunday (11th March).

The sap is rising and the buds on the trees are fattening ready to open and the birds are busily singing and mating. The early Bees and Butterflies will be seeking out Poplar Catkins with their sweet scent and also the Primroses and Daffodils. Keep a look out for the first Daisies and Dandelions. Now March is here it will bring us great cheer.

Jobs for March

If Bush Roses (Hybrid Teas or Floribundas) have not been pruned do so now. Using clean, sharp secateurs, remove all dead, damaged or diseased stems. Cut away any thin, spindly twigs.

Don't forget that hard pruning encourages strong growth, so cut above an out-ward facing bud and leaving about an inch (2.5 cm) of last year's growth. On stronger stems leave about 3" (7.5 cm) of last year's growth.

Shrub Roses require less radical pruning.

Using a pruning saw, take out about one third of the oldest and thickest branches at their base. Tidy up the remaining stems by using the secateurs to trim the top of the shrub, reducing the stems height by about 4" (10 cm).

March is the time to hard-prune Buddleia 'davidii', Leycestria and Lavatera. Also lightly prune mop-head and lace-cap Hydrangeas. Take off any older flower heads (cutting each stem above a strong pair of buds) and completely remove any spindly twigs. On old, congested bushes, take out some of the oldest stems at ground level.



Touch & Grow Giles Peare 01243 601194 For All Your Gardening & Hard Landscaping Requirements



Don't forget Sunday 11th March

Flowers by Sue Bellamy

01243 601347 07946 042190 contact@flowersbysuebellam.co.uk

Trevena, Lewis Road Selsey PO20 0RG



- Give lawns a first mow towards the end of the month on a high cut.
- Dig out and divide large clumps of Hostas.
- Sow Broad Beans in double rows spacing them 8/9" apart and 11/2" deep.
- Take steps to deal with Slugs and Snails which thrive at this time of year feasting on the numerous soft, young shoots that are appearing everywhere. They are especially prevalent when the season is mild and wet.
- Clean all Greenhouse windows and cold-frames to ensure that all seedlings and plants will receive maximum light.
- Buy gro-bags now, if you use them, and lay them in the green house for a week or so to allow the compost to warm up before you start sowing.
- Seeds of outdoor Tomatoes should be sown now under glass.
- Never bury added lime too deep, just fork it into the surface.
- Don't spend too much time in the warmth of the Greenhouse when out-of-doors work needs to be done.
- Plant some Garlic under Roses to make the Roses smell sweeter.
- Grow some Celery next to Beans for a bumper crop of Beans.





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Manor Nursery Garden Centre

Over 80% of Garden Plants Grown By Us Herbaceous, Shrubs, Bedding & More



Mothering Sunday 11th March

Beautiful Flowers, Bouquets, Arrangements & Spring Posies Orchids, Flowering Plants, Indoor and Outdoor Planted Baskets, Order Now for Local Delivery or Collection

The Palm House Restaurant

NOW TAKING BOOKINGS

Saturday 17th March 2018 Alpine Garden Society West Sussex Group Annual show Exhibiting these beautiful plants 11-30am - 3pm come along to learn more



Houseplants
Plants
Florist
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Gifts & Toys

- Floristry Courses
- Garden machinery
- Garden Furniture Cane, Wood, Metal

selsey cricket club



The Winter is now hopefully over, and now the spring is just about with us, so we can look forward to a good summer of Cricket.

SELSEY C.C. The Season starts in a few weeks on Saturday 7th April at 1:00 pm, when Oakfield Warriors visit Selsey, followed by Bognor's visit to Selsey on Sunday 8th April.

A full list of fixtures can be found on our newly designed Website at

www.selseycc.co.uk/fixtures-2018

We are pleased to announce Tom Cripps as the new First XI Captain.

The Club bar reopens from the summer break on Sunday 4th March at 1:00 p.m

We are still looking for new Playing and Social members for the 2018 Season, we are a friendly and inviting ClubMark side, and welcome people of all abilities and ages, Men, Women, Boys Girls.

We also welcome non playing and social members, and would love to hear from People who can umpire or score.

Further information can be had by emailing us on info@selseycc.co.uk or on our Website at www.selseycc.co.uk/join-on-line/

The Sir Patrick Moore Celebrity Cricket Match, sponsored by the Party & Event Club and will take place on Sunday 13th May at 12:30, with loads of attractions this year for all the family.

www.selseycc.co.uk/sir-patrick-moore-match/

We received the very sad news that former Club President, Chairman, and Captain of Selsey Cricket Club Wally Lightfoot passed away aged 96.



The Club sends their sincere condolences to Joyce, Joy, Marion and all of Wally's Family.

Wally Lightfoot R.I.P

Many people will remember Wally, when he owned the Vivo, then Spar at East Beach.

As promised last month, we are going to do a series of articles on the History of the Club, extracts taken from the book A celebration of Cricket in Selsey by Ruth C Mariner.

© Copyright Ruth C Mariner, 2015

Although the Present Club was founded in 1834, the history goes back before that, and this is something we will be covering over the next few issues, but one of the earliest mentions of Cricket in Selsey is in 1647, and ended in tragedy.

In 1647 there was a game of cricket held in Selsey which resulted in a tragedy. The Quarter Sessions Roll records the following:

'The examination of Margaret Brand of the parish of Rumbolsweeke taken on oath the 13th of December 1647 before William Cawley Esgr one of her Majesties Justice of peace for the said County.

These deposeth that her Brother Henry Brand of the parish of Selsey told her this Examinant about a month before he dyed that he had aboubt 6 weekes before that time received a wound in the head given him by one Thomas Latter of the sayd parish with the Cricket bat, and that her sayd Brother told her he woulde cause Thomas Latter aforesaid to be brought before Mr Cawley that soe he might give you some allowance towards the charge he was at while his wound was in cure, that he tolde this Examinant farder that he felt no payne in his head aboubt a month before his death, but

she deposeth that she being with him what time he dyed, observeth both his head, and face, to be much swollen and that Thomas Latters Mother and Goodwife Holloway, whoe dressed his wound, came to get this examinant about 14 days after her Brother's death, the mother earnestly desiring her with teares, to take 26s in moneys in recompense of such charges, as she and her brother hath been at, wch summe of money this depondent accepted, and farder sayth not.'





Selsey in 1953

Selsey v BBC Radio Solent in 1972

This month we jump forward in time to 1974, and some memories from Jim Crowley.

JIM CROWLEY'S MEMORIES OF THE SELSEY CRICKET CLUB1974 to 1980 Matches

In 1974, there were absolutely no changing facilities on the field and the nearest toilet facilities were in Warner's Yard. Players thus appeared for play already changed for action. Indeed, the Rev. Hugh Pruen, San upper order batsman of some quality, was known to conduct baptisms on a Saturday with his cricket flannels under his cassock!

The wicket which ran east-west, making batting difficult in the late afternoon with the sun behind the bowler's arm, could best be described as lively and somewhat unpredictable. Batsmen were often laid out by deliveries rising up sharply off a length and even Ray Tillyer, 6ft 7 inches in height, needed an ambulance for a head wound.

In short, a total in excess of 80 was a likely winning score in those days (the leading individual batting average being about 16) and most home games usually ended early, allowing us a ten over beer match!

Match teas were usually provided by the team Captain, materials purchased at cost from Wally Lightfoot's Spar shop on East Beach and eaten al fresco or at the Netherton Club in Manor Road where mine hosts, Elise and Bertie Buck, also provided convivial 'after match' hospitality.

All the weekend fixtures were friendlies at that time but we did enter the Aldingbourne 6-a-side knockout competition most years and enjoyed an annual club single wicket day at Selsey. Fixtures were not difficult to arrange as Selsey was known as a very sociable venue with clubs as far apart as Aldershot (Hampshire), Puttenham (Surrey) and Preston Park (Brighton) being willing to play here. In turn, for away games, we would often stay until closing time.

Committee

Monthly Committee Meetings were usually held in Patrick Moore's study at his home, Farthings in West Street, Patrick kindly providing beer from his hearth-side pewter mugs after eviction of spiders. The main subject for discussion was inevitably the condition of the wicket. Any letters arising were typed immediately, during the course Selsey Cricket Club of the meeting, on one of Patrick's many classic typewriters.



members On Patrick Moore's this is your life 1974

The video of the day can be found here

http://www.selseycc.co.uk/ tiyl.mp4

The Cricket Pavilion

From 1974 Ron Maidment, the then Selsey Cricket Club President, had registered an interest with the developers of the Broombank School 45 site, in Manor Road, for the large wooden building used as a sports hall. In 1976 it was made available to the Club, subject to the Club being responsible for its immediate removal.

Up to then, a number of other sites were under consideration but, in view of the limited time available, it was necessary to accept the Parish Council's offer of a recreation ground site without delay. The Committee then went into overdrive with various options being discussed including removal of the whole building by helicopter or tractor. Neither proved to be practical so it was necessary to dismantle it all, except each wall section, piece by piece.

This was dealt with by a large number of Club members with Jim France supervising the demolition and Jim Crowley arranging the oversite concrete and sleeper walls on the recreation field site to receive the building.

Farmer Darren Nelson Smith kindly loaned SCC a JCB together with driver, cheery John Freeland, for the excavation work as well as a tractor and trailer for transportation of the pavilion sections.

With great effort by a hard core of 7 or 8 members (Alistair Mallet, Nick Argent, Alan Barrett, Derek Mitchell, Andy Horner, Jim Crowley, Jim France and others) and a bicycle which was used to power a dynamo to provide light so construction could continue after dark, the building was finally erected in shell form through the winter of 1976, ready for the 1977 season.

Penny Hesp successfully campaigned in the local pubs for help from local builders when the roof trusses were dislodged during a gale.

Fundraising

Penny was also heavily involved with Gillian Crowley on the Fundraising Committee. They pulled out all the stops, arranging the 1977 and 1978 summer fêtes, raffles and draws, providing enough funds to proceed with improvements to the pavilion. The Club was

thus drawn more into the social side of the village, participating in the Carnival Week (pram race, procession – winning third place with 'Cricket through the Ages' – charity cricket match, etc).



Patrick Moore gave a splendid 'Sky at Night' lecture to a packed house at Manhood School, raising much needed funds. In recognition of the hard work of the ladies for two or three years, there was an annual ladies match, with tea provided by the men.

On the playing side, sponsorship of the Colts section continued, a policy which paid real dividends in the 1980's with the majority of the very successful Sussex Village championship side being former Colts.

Nevertheless, in 1976/77 we were often short of players but the local Kirklands Boarding Tutorial College 46 saved the day by providing a number of very useful players. One, in particular, is worth mentioning. John Boughton, who took some very fine catches at Slindon, is now renowned as pilot of the RN Sea King helicopter which lifted Guardsman Simon Weston off the 'Sir Galahad' in Falklands Sound in 1982 during the Falklands war and was awarded a gallantry medal.

The Pavilion building was fitted out (complete with bar) between 1977 and 1979 and an improved wicket orientated to a north-south-aspect. An artificial wicket was also a very useful addition.

This served to attract more playing members and also to increase interest in the social side of the Club and a higher standard of cricket.

In the 1980's, two very successful cricket tours of The Wirral, Cheshire, were followed by a tour of the Isle of Wight where Selsey was unbeaten.

If anyone else has memories of Selsey Cricket Club, please contact us on info@selseycc.co.uk

For further information, we can be contacted on our Website and social media sites. Ricky Halpin Selsey Cricket Club 07968 961323

www.selseycc.co.uk www.facebook.com/selseycc Twitter @selseycc www.selsey.play-cricket.com

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Selsey Cricket Club Presentation evening in 1979



Selsey Cricket Club Colts with Sir Patrick Moore in 1998



Henry Blofeld commentating on the Lashings Match at Selsey in 2014



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To find out how we can help you, Call: 01243 605675 Email: info@platinumhomecare.co.uk



Are you a charity or a business and would like to do an artical for Selsey Life please email to selseylife@btinternet.com or call 01243 602729





2017 was a very successful year for the Golf Club. The restaurant introduced a Sunday Carvery which has proved very successful not only with the Members but with the general public. The Club welcomed Gary Hughs in June who took over the role of Golf Pro from Peter Grindley who retired at the end of May. Like all new brooms, Gary has made many changes not only to the golf shop but also by introducing group lessons, increased the junior lessons and together with Martin Kaye the driving range has been improved and added to.

The end of the year all the AGM's were held and the 2017 and Captains stood down. Club Captain Mick Liddell, Veterans' Captain Reg Ewens and the Ladies' Captain, Bee Ewens. They all had a hugely successful year, especially when it came to their fund raising efforts. The Ladies and Veterans sponsored the First Responders and they raised £575 and £1030 respectively and the Main Club raised £2350 for Blood Wise. Golf is so much more than just playing the game, there is the social side, and helping charities in the community and further a field.

The new Captains for 2018 are Andrew Terry, Club Captain, Gerry Hollands is the Veterans Captain and Rita Green is the Lady Captain.







The President of the Club, now in his second year, is Mr. Edward Growns.

Despite the horrible cold, wet and windy weather, several stableford competitions have been held by the Veterans and Men's sections and the Ladies have continued with their winter 9 hole roll ups when possible. The Grounds men, Martin Kave and Roger Cawte have worked tirelessly to keep the course open and have really done an amazing job. The new drainage that has been put in place over the last few years has helped and most of the time the greens have been playable and temporary tees have only been necessary on a few holes. Last season the course was in splendid

condition throughout the Spring, Summer and Autumn. Members really appreciated this, especially the excellent condition of the greens. Visiting teams also complimented the Club on the excellent conditions of the course, and again especially the greens.

March will see the start of the new season of Competitions, playing for Cups and Trophies, matches with other Clubs, mixed matches within the club, weekly 9 hole afternoon rollups, Captains Days, Invitation Days for friends and members and many more social events that will take place throughout the year. Why not come along and see for yourselves, perhaps play a few holes, or take a lesson with Gary, or just simply have a drink and perhaps a meal. Sit outside in the evening sun and gaze up through the course to the South Downs in the background. Roll on summer.

SELSEY CARPET BOWLS CLUB

Meets at Medmerry Primary School, School Lane Wednesday & Thursday evenings at 7pm & Sundays at 9.30 am & 3pm. All equipment provided. New members welcome Contact Sylvia Cox on 681663 or Annette Iskett on 606227 email: annetteiskett@hotmail.com



LITTLE SPAIN BOWLING CLUB Golf Links Lane PO20 9DR email: lsbowlsclub@gmail.com

website: www.selseycountryclub.co.uk/little-spain-bowling-club

March will see our members dusting down the Pavilion in readiness for our forthcoming season which starts in April. Our Friendly Fixtures are all in hand, giving us a full schedule and invitations have gone out for our Tournament at the end of May.

Should you wish to experience Green Bowling for the first time or re-ignite your passion for bowling come along to our Open House on Saturday 7th April 10am to 3pm. If it is raining on that day then we will be there on Sunday 8th April 2 - 4pm.



Further information can be obtained from our website or email as shown above or telephone 01243 606 453



You may have noticed a change in the High Street 131 sweet shop has been taken over by new Magager Sharon Green. Sharon is going to change the name to Sweets and Treats. Sharon has lots of ideas and hopes to make the sweet shop not just a sweet shop, so







So it's a New Year and time to face some new challenges - learn some new skills and perhaps try a craft you've not tried before.

We're going to kick off 2018 with something close to our hearts - it's the reason Birdcage Barn Emporium exists. It has always been our vision to bring recycling to the forefront with a fun and creative element and show that everyone can do it. With just a little knowledge and a lot of bravery you CAN transform that tired old unit into the WOW item in your house. That piece that makes your friends ask.... "where did you buy that amazing unit from - it must have cost a fortune!"

So here's one of the tricks of the trade.....

Simple but effective – Decoupage

With a bit of patience you can bring to life an old piece of furniture or even accessorize frames, glass bottles or drawer knobs to match your décor. So how do the professionals do it?

There are a couple of general basics -

÷ Have everything you need to hand, decoupage requires you to work confidently and quickly.

 $\dot{\cdot}$ Pick some good quality napkins (you'll need to peel the top layer off and discard the rest!). You can use wallpaper but you'll need to soak it to strip the top layer – perhaps we'll tackle that later!

* Make sure you have a clean work area and brushes - the last thing you'll want is it realise that your beloved cat's hair has attached itself to your masterpiece!

Plan your colour pallet and layout in advance - this may include cutting out patterns or images. •

Now get creative....

We always use our beloved Frenchic range – it's great for decoupage and all you'll need is paint and finishing coat (500ml - £12.95) I would always recommend using a chalk or mineral paint and you could use a PVA based glue as an alternative to finishing coat (FC) but for ease of use FC is simply the best!



Step one - you'll need to apply your base coat of paint (you may need two depending on the item), make sure you allow the paint to dry completely before moving onto the next step.

Step two – apply an even layer of finishing coat to the area that you are going to decoupage - I would advise starting small or practising on a scrap piece of wood first - in the below example we've used some old wooden drawer knobs.

Step three - Apply the napkin directly to the damp FC with a soft clean paint brush and smooth out any wrinkles (you may need to dip your brush in FC at this point to make smoothing easier). Be gentle, once the napkin soaks up the FC it will



become delicate and possibly rip.

Allow this to dry completely and then apply one last coat of FC to give a hardwearing finish.

Once you've mastered something small you can work your way up, tea trays, kitchen chairs, wardrobes doors - the list is endless! See, told you it was easy..... So what are you waiting for..... Order some paint and FC now and away you go! Don't forget, we offer

FREE delivery to Selsey Life readers.

Finally, please keep in touch - if there's something you need, please let us know.....



01243 512536 078 2701 9387 spoilyourself@birdcagebarn.co.uk www.birdcagebarn.patternbyetsy.com https://www.facebook.com/birdcagebarn/







Selsey Dementia Action Alliance Launch-Becoming a Dementia Friendly Business

Over the past year Selsey Community Watch has been involved in becoming a Dementia Friendly Community. It has been working closely with Alzheimer's UK to involve a variety of groups to join us with our aspirations to become Selsey Dementia Action Alliance. On the 27th of March we will launch by meeting with a number of partners and setting up an action plan as to a way forward.

So far, we have engaged with local social groups e.g. the bowls and tennis clubs, the medical practice, the library, churches, individuals, visiting and sitting services, and now we are keen to engage with local businesses.

The aim being maybe not only around being more dementia aware, but being an inclusive community and responsive to our local resident's needs. This will of course mean your customers, employees or their families. Ultimately the aim for our residents with dementia, to live well in their community with support and understanding.

We are keen that we work closely with the community as to what needs to take place in order to achieve our aspirations, and guide and support. We feel that in Selsey, we initially to just plant a seed, provoke discussion, and create a proactive approach to do something more, in order to become part of this movement. The process needs to be a steady well planned, and thought out process. It doesn't need to be rushed, but a clear action plan with targets. We at the Selsey Information Exchange are on hand and happy to work with you on that. <u>mdnicholls@me.com</u> or <u>SDAA@forget-menot-Selsey.uk</u> Telephone: (01243) 201616

I have taken my information from Alzheimer's UK Dementia Friendly Business

document to share with you the three key areas that can be



focused on:

✓ People - training/awareness/supporting staff affected by dementia;

 Processes- customer and client support/ information provision and signposting;

Friends nity engagement;

People:

There are a number of ways that you can understand a little more about dementia. You may have first-hand experience of living or caring for a person with dementia. Your staff may be caring for someone at home who has dementia. You may already be aware of a customer who has over time been behaving differently when they come to your business, need a little more support, and alarm bells may be ringing. You are already doing an amazing job. There are a number of Dementia Champions in Selsey who are trained to deliver information sessions, try to make contact with them to arrange an information session for you and your staff team. This will enable you all to become Dementia Friends. Alternatively a member of staff will be keen to become a Dementia Champion themselves, and deliver information sessions to you and your staff team.

Other methods of becoming a Dementia Friend can take place on line via the Dementia Friend website. In fact there is a huge amount on the internet that can be useful resources for your staff teams. Having those conversations with your teams already will provide a base to work from, developing a culture of responsiveness and understanding will enhance your reputation as an organisation and as an employer. Having a better awareness as an organisation will lead to positive interactions with your customers, whether on the telephone or face to face. There are video's on line that can demonstrate the "customers" experience across a wide range of services and how those organisations have adjusted as to how they support those people with dementia. Whether you are a managing director, an owner, manager, housekeepers, cleaner, **To advertise your club or event in future copies of Selsey Life please contact selseylife@btinternet.com or phone us on 01243 602729/07534 364 943** receptionist or working directly face to face with your "customers" it is important to ensure that there is this invisible golden thread of understanding running throughout that organisation.

As an employer, you may also be supporting a valued member of staff who may also have significant caring responsibilities. There is a wealth of information around supporting carers on the website, along with advice as to what your legal responsibility as an employer is to <u>http://www.acas.org.uk/index.aspx?articleid=3235</u>

to understand what the issues are for staff members, and having conversations about those. It will make a real difference to employee contribution, satisfaction and retention. We can signpost to any relevant supporting agencies, which have local knowledge.

Likewise you may have a member of staff working in your organisation who is going through the process themselves of being diagnosed, or already has a diagnosis, and is continuing to work but adjustments may need to take place. Be respectful of that person and keep them in the loop in a tactful way, as to how you all want to work together as an organisation.

As a starting point, we can work with you to develop a training needs analysis, to identify what support we can give you, or where you can go next, along with an action plan for your future goals to keep dementia on the agenda.

With regards to the other two areas processes and place, these go into a little more detail and can be found on the Dementia Friendly Business Website mentioned earlier. This is scaleable dependent on the size of your business, so please contact us for more support in these areas. We can carry out an audit of your experiences already, your processes in place and the environment that you work within. We can also give you pointers as to who to contact if you are concerned or other agencies that offer valuable support. This isn't going to cost fortunes, but small changes and will reap huge rewards for the community.

If you have any further questions, feel free to ask now, or contact Mike Nicholls or myself.

Karen Pirks <u>https://www.alzheimers.org.uk/download/down-loads/id/3542/dementia-friendly_business_guide.pdf</u>

LICENSING APPLICATION

LICENSING ACT 2003

NOTICE IS HEREBY GIVEN that an application has been made to the Licensing Authority of Chichester District Council for the variation of a Premises Licence under Section 34 of the Licensing Act 2003.

Name of Applicant: Daniel Gregory

Postal address of premises: THE CROWN INN, 107 HIGH STREET, SELSEY, WEST SUSSEX, PO20 0QL

Description of application:

TO EXTEND OUR OPENING HOURS FROM 10AM TO 8AM IN ORDER TO SERVE FOOD AND SOFT DRINKS

A copy of the statutory register may be inspected at the address shown below between the hours of 08:45 to 17:10 Monday to Thursday and 08:45-17:00 Friday or by visiting www.chichester.gov.uk

Any Responsible Authority or other person wishing to make representations on this matter must submit those representations in writing to the Licensing Manager, Licensing Team, Housing & Environment Services, Chichester District Council, East Pallant House, 1East Pallant, Chichester, West Sussex, PO19 1TY or by email to: licensing@chichester.gov.uk by no later than the end of (insert closing date for representations - see below **)

Please note that it is an offence knowingly or recklessly to make a false statement in connection with an application and, on summary conviction for the offence, a person is liable to a fine not exceeding level five on the standard scale (currently £5,000).

SELSEY & DISTRICT LIONS CLUB Charity Number 296022





On behalf of Selsey & District Lions Club I would like to thank the residents of Selsey, Sidlesham, Hunston, Mundham & Runcton for their generosity in donating to our Christmas Float collection. I am pleased to inform you that the club raised over £5000. I would also like to thank the patient drivers for bearing with us when the float was blocking the road. As in previous years the club will be donating the majority of the donations to local charities and organisations. Listed below are some of the organisations that we have donated to in the last 12 months:

1st Selsey Scouts Snak Shak Dementia Support Hub - Tangmere Chichester & Selsey Sea Cadets St Wilfrids Hospice The Academy Selsey Marie Curie PIAM Brown Cancer Ward – Southampton

We also run various welfare projects in the community such as our fleet of loaned mobility scooters and taking elderly residents to the cinema.

If you believe that your organisation or charity could benefit from financial or welfare support then please contact me on the phone number below.

I would also like to thank everybody for their support with all our events throughout the year. Our next fundraising event is an Easter egg draw. You will find Easter eggs located in various establishments in our area, where you can purchase a square for a cost of £1, you could then become the lucky winner of a giant Easter Egg.

Selsey & District Lions are always looking for new members to assist us in our work in the community. If you are thinking of joining us please contact me on the number below.

Thank you

Lion Gary Hodnett President Selsey & District Lions Club 07504 871843



Welcome to March, all our regular weekly classes are running as usual, how about dropping in and trying one of them this month: -

Why not join our friendly and welcoming mixed ability Art Group, come and learn new and interesting drawing and painting techniques in watercolour, acrylic and oil. Tuesdays 9.30-12.30 term time only £12.50 per session when paying for half or full term or £15 drop in first session free.

Professional Dance workshops are available for aspiring dance students who would like to learn advanced steps in modern ballroom and Latin American dance, to enrol contact Rosemary Cole on 01243 605 468 or email strictlyballroomdanceacademy@hotmail.co.uk.

There is a new Low Impact Aerobics class starting on Friday 9th March from 12.30-13.15 here at The Selsey Centre. This class will use all Heidi's expertise to provide you with a safe and effective workout that is kinder to your body. Aiming to improve fitness, co-ordination and strength using resistance equipment and low impact movement to music. Suitable for all ages and abilities with some floor work included. Bring your own mat if you have one and water. Only £5 a session pay as you go. Call Heidi Dunster on 0782 6924 923 or email heidi@healthdriven.co.uk for more information.

Are you unsteady on your feet? Do you want to improve your strength and balance? Come and try steady and strong every Friday from 11.30-12.30, £20 for 5 sessions or £5 pay as you go. A fun and social class consisting of evidence based exercises to help improve strength, balance, posture and confidence. Call Heidi Dunster on 0782 6924 923 or email <u>heidi@healthdriven.co.uk</u>.

Please contact us for further details on 01243 603 836 or see our website www.selseycentre.com

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THE CAT & RABBIT RESCUE CENTRE Tel: 01243 641409 Reg. Charity no. 1010000 Email: info@crrc.co.uk www.crrc.co.uk

Markus February 2018

Hello Everyone! My name is Markus and I am delighted to introduce myself as the new reporter especially chosen just for The Selsey Life. I was picked out of all the other long stay residents at The Cat and Rabbit Rescue Centre because I like to spend most of my time in the office with Claire the Centre Liason Officer. This means that I oversee most of the calls and emails at The Centre and I know all the gossip. So let me tell you about myself, I have lived



at The Centre since June 2016 after I had been living as a stray. I found living in a pen really difficult and would often lash out at the staff trying to look after me. So they let me live here on site, for a while I hid away and slept in a hutch but I soon found my way into the office. I am a big softie now that loves to play and have lots of kisses and tummy tickles. I spend my days in the office making sure the staff are working hard and at night I snooze in the warm house, not much of a stray anymore!

Through my normal eavesdropping of the phone calls I have discovered that recently the staff have been able to help lots of needy cats. It's so nice to see because especially during the warmer months The Centre is so busy that they can't always help every cat as soon as they would like too. It makes me sad to think of all the strays that have been out in the cold and rain this winter, every cat should be able to be loved in their forever home. If you have a cat that needs to be rehomed especially a stray you should call my staff and they will do their best to help. I was once a stray and now I'm living here and I'm spoilt rotten, as I deserve of course!

January was an amazing month at The Centre. During my afternoon snoozes on the window ledge in my office I have seen many animals in carriers being taken to their forever homes. January is often our busiest month for rehomings and this year was no exception, the staff at The Centre rehomed an amazing 96 cats and kittens, 11 guinea pigs and 6 rabbits. It does make my naps better knowing all these animals are now as happy as me. Let's hope it continues throughout 2018.

It was lovely to introduce myself to all the Selsey Life readers, I look forward to talking to you again next month.

Love Markus x

If you are interested in adopting a cat, kitten, rabbit or guinea pig then please call us here at the centre on 01243 641409 between 9-4pm during the week.

SELSEY CAMERA CLUB.

A friendly and informal camera club for all photographers from beginners to experienced Future Meetings: Tuesday 3rd May Outdoor photo shoot Birdham Pool Thursday 23rd May "Print of the Year" Competition Visitors are welcome to join us at St Wilfrid's Church Hall at 7.30pm Please also visit our website: selsevcameraclub.co.uk

1ST SELSEY SCOUTS Charity Shop Scout HQ, School Lane ~ every Saturday between 10 am -12 noon Bric-a-brac ~ Clothes ~ Et al

Advertise in the Selsev Life from as little as £20 email selseylife@btinternet.com OR Call 01243 602729

Pet of the month – Geena

Allow me to introduce you to this beautiful tabby and white lady called Geena. This is Geena's second time at the rescue after she was found as a strav in 2011. After finding a new home she was sadly retuned to us in September 2017 because she was no longer getting on with the other cats or dogs in her home. She is very friendly and



affectionate, she will be straight on your lap for lots of stokes and cuddles. But she can also be a little bit grumpy when she wants to be, but don't let this put you off she really is a special girl. Geena is now 8 years old and desperate to finally find her forever home. She would be best suited to a home without children on any other pets. So if you're looking for a beautiful girl to spoil please get in contact.

PS: We have a Viewing Day Saturday 24th March 2018 12-2pm. Viewing days are non-appointment days so people thinking of adopting a cat can pop along. Otherwise we rehome 7 days a week by appointment only.

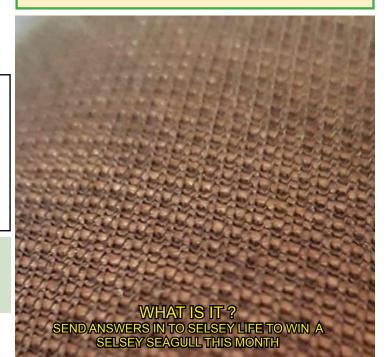
ng days are non set ting a cat can pop along. Otherwise by appointment only. THE VENTURE CLUB are running buses to a fabulous MONDAY 16 APRIL 2 - 4.30 PM Please call in to the office or call 605115 to book



Have you visited the Cat & Rabbit Rescue Centre Charity Shop at 9 The Parade, Selsey?

It is full of fantastic bric-a-brac, including antiques, pictures, jewellery, as well as clothes for every occasion, beautiful bedding, curtains, craft items, and good quality furniture.

If you have time to spare, why not become a volunteer, just visit Sue or Nicky in the shop.



Selsey Royal British Legion needs you!

Hello everyone my name is Nigel Jest and I am the Chairman of the Royal British Legion Branch in Selsey. The committee and I would like to make you aware of a worrying issue that could be easily fixed with your help and maybe a little of your time each month.

I hope you do not mind but I would like you to cast your minds back to November 12, 2017 and to the wonderful and moving Ceremony that is held each year in the town, which is the Remembrance Day March and Service.

The Service last year was held in the Selsey Academy School and was well attended by the RBL, the RNA, the Lions Club, the Coast guard, the Lifeboat crew as well as the Cubs and Scouts, Guides and members of the Public. TS Sturdy of course did a great Job Supporting the March as the Band as always. The Veterans and locals alike were united in remembrance and support of our armed forces. Everyone wore a Poppy and everyone looked smart and proud.

The Services all proudly presenting their Standards in honour and remembrance of the fallen and the community came together as it always does which culminated in the March through the town to the War memorial outside of St Peters, where the last Post was played to a emotional Selsey crowd.

I am proud to say that I marched on that day, as I try to do every year as it's something that is very close to my heart and it's in my DNA as it is with every Ex Serviceman.

I am sure you will agree that for all of you and especially the <u>700</u>. <u>Veterans</u> that reside in Selsey and the surrounding areas that this is an essential event in the life and emotions of our community.

Now what if I told you it could end for RBL Selsey and the March. It may not even happen this coming year of 2018! It is a real possibility I am afraid, I know all of you are now thinking "No that cannot be"!

Well I am afraid it could very easily come to that, but happily it could also very easily be avoided. Unfortunately for Selsey to have a Parade the RBL rules state that there needs to be a full committee in situ to plan and organise the event and also to manage the RBL through its day to day work load. This includes the Poppy Appeal, the organising of the March, Road closures and all of the other important planning steps that goes into organising what is a surprisingly complex event for the Selsey. Without a committee there is no RBL Branch and no March simply put.

If the Selsey Branch cannot meet the requirements to organise the Remembrance Parade then unfortunately it will not go ahead and we would all need to go to Chichester to remember the fallen. So to ensure that this doesn't happen the Committee needs to recruit new committee members to join the RBL Branch Committee and to help out with not only the organising of the Remembrance event but also with membership queries, the Weekly Raffle and we even need a Standard Bearer. Some of the Committee members have provided their time and effort ceaselessly for years now but we as a committee cannot continue to rely on the same team year on year. New Committee members means new ideas and new renewed vigour to give Selsey the RBL it wants and deserves.

So if you feel as passionate about the Remembrance Ceremony and the continued success of the Selsey branch of the RBL and have

1 to 2 hour's free a month to attend the committee meeting and to help out where necessary. Then pleased take one step forward and get in contact to help the RBL out and to ensure its continued success for the future and for Selsey.

We meet once a month on the first Friday of the month at 20:00 for an hour. You can get in contact with the Committee via Email <u>t.mb@live.co.uk</u> or via phone on 01243941096 Thank you for your time

SELSEY VENTURE CLUB NEWS

The year commenced with 60 Club members thoroughly enjoying a Seasonal meal at the Chichester Park Hotel on Monday 22nd January. A quiz was held based upon 2017 news items to test our memory and our Chairman presented a few

jokes largely aimed at our ages. Both the food and venue were excellent, so much so that members requested a return visit for next year, January 2019. This has been duly actioned, but it is obviously way too early to advertise yet.



On Monday 5th February a large group of Selsey Venture Club members enjoyed an excellent afternoon's entertainment at the

Alexandra Theatre,

Bognor Regis. The Show was "Land of Hope and Glory", a concert of old

favourite music from the First World era right up until the 60s.

Our next planned outing is to Wyevale Old Barn Garden Centre at Dial Post on Monday 19th March. This will be good timing for members to look at plants and perhaps purchase seeds etc. for their gardens. The garden centre has both a coffee outlet and restaurant allowing those attending to take refreshments and lunch whilst there. We will commence our pick-ups from members' homes at 09.00 and depart from Dial Post at around 14.30.

On Monday April 16th Selsey Venture Club will be providing Club members with transportation to the Selsey Tea Dance, which is to be held at the Selsey Club. The Tea Dance is a free event with pick-ups commencing at 14.00 and collections at 17.30. Any Club member wishing to go to this event should contact the Club for transportation.

Selsey Venture Club aims to arrange regular trips to places within a reasonable distance. Many of the outings are entirely free and it is only those costs over and above transportation that have to be covered by the individual members. The Club, a Registered Charity, is run entirely by volunteers and urgently needs more drivers. Why not put your self forward; we will be glad of any more help? To arrange to go on any outings, become a member or volunteer call into the Club in Elm Grove Selsey or phone the office on 605115.

Nigel & Alison Cooper SVC Social Committee.

Since last month I have received:

£1000 donation from the Selsey Branch, Royal British Legion. £200 donation from Selsey Lions.

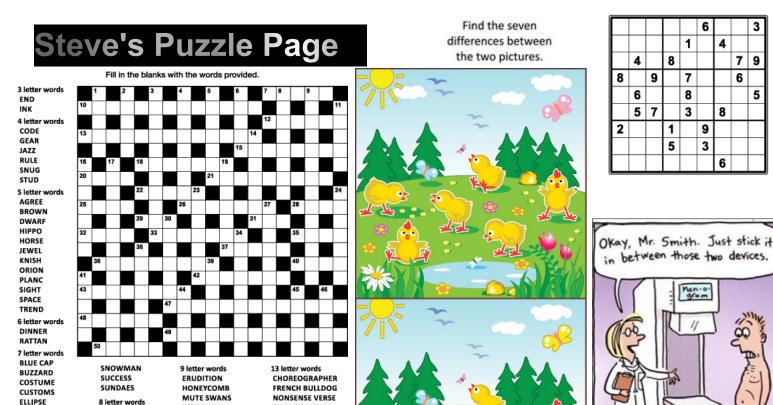
Donation from a friend in Portsmouth of an obsolete £5 note and 6 obsolete pounds coins (all still acceptable to the Poppy Appeal.)

This brings the total so far to £10,330.69. Well done everyone.

To quote Francis Bacon (1561 - 1626) "Money is like muck, not good except it be spread". If anybody out there in Selsey-land has any old "muck" please feel free to "spread" it my way.

Adrian Wilson Poppy Appeal Organiser, Selsey





| Match the negatives to the positives. | 🔹 🔹 | | | | | | |
|---|------|---|--|--|--|--|--|
| 😵 😵 😵 🏶 🍪 🍪 🖗 | ** | If Women Ran the World shareitsfunny.com | | | | | |
| 6) In which year was the Festival Of Britain? | | 15) Which Shakespeare play begins with the line | | | | | |
| 7) What was the Big Bopper's only UK hit? | | "Who's there?" | | | | | |
| 8) Twiggy had her only hit with which song? | | 16) Which team included Mr. T? | | | | | |
| 9) What UK freshwater fish has four feelers | | BOOK TITLES (Add a number) | | | | | |
| around it's mouth? | | a) The Steps | | | | | |
| 10) In cockney rhyming slang what is loop the | 2 | b) Little Indians | | | | | |
| loop? | | c) Tomorrows | | | | | |
| 11) In Harry Potter, what scar does Dumbeld | lore | d) Angry Men | | | | | |
| have on his knee? | | e) Years After | | | | | |
| 12) Where were satsumas first cultivated? | | f) The Crying of Lot | | | | | |
| 13) How is the Lent Lily better known? | | g) Men in a Boat | | | | | |
| 14) What part of the Oak tree is used for | | h) The Dials Mystery | | | | | |
| | | | | | | | |

j) When Bells Toll

last month's answers

PENINSULA

11 letter words

VISUAL PUZZLE Match the negatives to the positives.

CHENIN BLANC

SNOW LEOPARD

KOI CARP

PRODIGY

PROJECT

NEWCOMB

ELECTRON

NECKLACE

PRINCESS

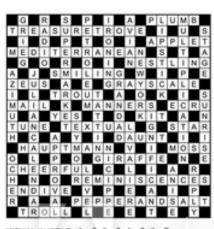
WHISKERS

tanning leather?

PIZZA TOPPINGS

ELIZA DOOLITTLE

14 letter words CENTRAL HEATING



VISUAL PUZZLE: 1 - 5, 2 - 3, 4 - 8, 6 - 7.

Spot the seagull winners for Febuary were Ann Jones Mrs Mathews, Mrs Kay CONGRATULATIONS

Find the ten difference

| es | 7 | 3 | 5 | 6 | 8 | 2 | 1 | 9 | 4 |
|----|---|---|---|---|----|---|---|---|---|
| _ | 1 | 2 | 6 | 5 | 4 | 9 | 8 | 7 | 3 |
| P | 8 | 9 | 4 | 3 | 1 | 7 | 5 | 2 | 6 |
| 9 | 5 | 4 | 1 | 2 | 7 | 8 | 3 | 6 | 9 |
| | 6 | 8 | 9 | 4 | 3 | 1 | 7 | 5 | 2 |
| | 3 | 7 | 2 | 9 | 5 | 6 | 4 | 1 | 8 |
| | 2 | 1 | 8 | 7 | 6 | 4 | 9 | 3 | 5 |
| | 9 | 5 | 7 | 8 | 2 | 3 | 6 | 4 | 1 |
| | 4 | 6 | 3 | 1 | 9 | 5 | 2 | 8 | 7 |
| | | | | | 32 | | | | |

1) Essex 2) Tashkent 3) Henry VI 4) Minor collision between 2 ehicles 5) Calder Hall, in Cumbria 6) The sinking of the Titanic) James Garner, Tommy Lee Jones and Donald Sutherland) Gran Torino 9) Paul Michael Glaser and David Soul 10) General Erwin Rommel 11) Attila the Hun 12) Field Marshall Slucher 13) Abraham Lincoln 14) Colorado 15) Three 6) Pennsylvania and Maryland 17) Nicaragua 18) White Volta 9) Swiss Alps 20) Sirimavo Bandaranaike 21) Isadora Duncan 2) Her scarf caught in the wheel of the car and pulled her out, reaking her neck. 23) Liverpool 24) Wigan Warriors 25) Jim Clark 26) James Hunt 27) 12 minutes 28) Bob Champion atchphrases:

3

5

7 9

6

ı) Tommy Cooper; b) Kojak; c) Ronnie Barker; d) Tim 'Nice but im'; e) Little Jim; f) Dick Emery; g) Edward R. Murrow; h) Steve rrett; i) Homer Simpson; j) Ed McMahon; k) Fred Flintstone; David Frost; m) Larry Grayson

INTRODUCING ZOOM INTERNET

At last, we're delighted to let you know that **ZOOM** INTERNET, one of the best internet services on the South coast is now available in **Selsey**, **Bracklesham Bay**,

Almodington, the Witterings, Birdham,

Sidlesham and beyond! And it brings you superfast wireless internet as well.

Zoom Internet is a local company, with it's base in Bognor Regis, which has been growing rapidly for years because we keep our customers

happy and so achieve a very high rate of recommendations. We can quickly and easily provide

Zoom's superfast speeds and reliable, secure service to residential customers and also to local and national business users.

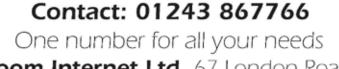
HANDS UP

If you want superfast internet now

Then you need...



- Loved by businesses and residential customers
- Speeds up to 40Mbps in your local area
- Fast wireless internet now, so no phone line needed
- No long term contract
- Accessing rural communities and BT blackspots
- From £17 per month
- Great customer service



Zoom Internet Ltd, 67 London Road, Bognor Regis,PO211DF

Like most great ideas, it is remarkably simple - Zoom works with a wireless connection, in the same way that your mobile phone works wirelessly. You need only a very small antenna (about the size of a saucer) attached to your property and Zoom's signal can then arrive at your computer. We don't need to tie you into a long



contract because you'll soon see how Zoom transforms your internet experience. And with no phone line required and no underground wiring involved, you will find our signal can reach both the rural and urban areas.

Find out all about **ZOOM INTERNET** now at www.zoom-internet.co.uk

Or call us today on 01243 867766 or 07411 228427 to speak to our friendly and helpful team.



St Wilfrids Church BOOKS & BAKES SALE CHURCH ROAD SELSEY PO20 0LS



"for tummy and mind" SAT 10th March 10 – 12noon Well read books, home made cakes (Tea and Coffee t'woo) www.stwilfridselsey.co.uk

CATHOLIC CHURCH OF OUR LADY OF MOUNT CARMEL AND ST. WILFRID HOLY WEEK AND EASTER SERVICES

Palm Sunday

Saturday Evening Mass with Procession of Palms 5.30 p.m. Sunday Morning Mass with Procession of Palms 10 a.m.

Maundy Thursday Evening Mass of the Lord's Supper 8 p.m.

Good Friday Celebration of the Lord's Passion 3 p.m.

Holy Saturday The Easter Vigil and First Mass of the Resurrection 8 p.m.



Easter Sunday Mass of Easter 10 a.m.

> Church of Our Lady of Mount Carmel & St. Wilfrid Weekly Mass Times Saturday 5.30pm ~ Sunday 10.00am

ST PETER'S CHURCH

Weekly Services held at the Parish Church of St. Peter's, Selsey Rector: Fr Andy Wilkes Tel: 01243 601984 Email: rector.selsey@gmail.com 8am Holy Communion (BCP) Sunday 10am Sung Eucharist (with Sunday School) Sunday Messy Church at 12 noon in hall on last Sunday of the month

Tuesdav 9.30am Eucharist Wednesday 9.30am Eucharist

Thursday 7pm Eucharist St Peter's church doors are always open for quiet reflection.

Our Church Halls with Kitchen and Car Park are available to hire for your meetings and celebrations please contact our Hall Manager John Irwin on 01243 606570 or jjmirwin@waitrose.com.

Selsey Methodist Church Womans World Day of Praver Service Friday 2nd March 2pm

SELSEY METHODIST CHURCH SERVICES

Sunday 4th March 10.30 am Mr Brian Kelley

Sunday 11th March 10.30 am Revd. Bruce Allinson Holy Communion

Sunday 18th March 10.30am Mr Stephen Waters

25th March Sunday 10.30 am Revd. Bruce Allinson

Our minister is Revd Bruce Allinson 01243 601032



SELSEY METHODIST CHURCH

Rooms in our premises, including kitchen facilities, are available for hire.Please phone 01243 601439 for details. Our minister is Revd Bruce Allinson 601032



Selsey Methodist Church **Table top sale** Saturday 31st March

SELSEY CANCER RELIEF FUND DATES TO REMEMBER Methodist Church Hall 10am

March 3rd Mad March Fayre 10am

April 7th Jumble Sale 10am

May 5th AGM All welcome Table Sales after

There is ample parking behind the Fire Station.

THE WRITERS CIRCLE

meets on the first Tuesday of every month in The Methodist Hall, High Street, from 2.00pm until 4.30pm If you are already writing or a complete beginner you will be given a warm welcome by our small, friendly group of ladies and a few gentlemen Membership is £12 per year and £2.00 per session. Tea or Coffee included.

For more information contact Pat Read Tel: 601550

Darby & Joan Club Selsey

The club meets every Friday between 2.00 & 4.00 at St. Peter's church hall for a game of prize bingo and raffles and of course a nice cup of tea and chat. Also during the year we have subsidised days out to garden centres for cream teas and a bit of shopping. Transport to the hall is supplied by Selsey Venture bus, if you are a member of this great service they offer. We are a club are affiliated to the R.V.S For more information please call Kim or Graham on 01243 937 730 or 07838 549 034

Selsey Life is compiled and published by

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churches and whats on



www.ebecselsey.org.uk or call 607741

Marisfield Place - opposite East Beach Shops Pastor: Phil Harding - 01243 607741 or office@ebec.org.uk

Selsey Baking Club meets on 3rd Wednesday of each month at St Wilfrids Church Hall, Church Road, Selsey at 7.30pm. Please find us on Facebook to find out this month's theme or email us at selseybakingclub@hotmailcom

Crafty Natter Club Selsey Methodist Church

1st and 3rd Wednesday ~ 2-4pm (in the large hall) For more information contact Lisa Allinson on 601032



Do you have ankylosing spondylitis (AS)?

If so, you need regular exercise and hydrotherapy. NASS Bognor Branch provides weekly exercise, professionally supervised, at your own pace in gym and/or hydrotherapy pool for all AS patients in the Chichester, Manhood and Bognor area. Friendly, welcoming & supportive.

WedNASSdays 18.00 – 20.00 at Bognor Regis War Memorial Hospital

More information: <u>www.nass.co.uk/bognor-regis</u> or phone Tony on 01243 604715.

JIGSAW PUZZLE LIBRARY

Do you like doing Jigsaws? Would you like to be able to borrow rather than buy?

2nd Thursday of each month - 14 Green Lane, Selsey - you can call in any time between 10 am and 4 pm.
 The Membership Fee is just £3 and puzzles can be borrowed for a £1 a month each. Over 300 to choose from.

From information on 605942. All proceeds in aid of The Sussex Snowdrop Trust (charity no. 1096622)



Selsey Bridge Club All welcome Friendly group of mixed ability Thursday afternoons 2pm - 5pm Selsey Club Coxes Road call Carole Kinross 01243 602250 for information Very basic beginers lessons available



Selsey Model Boat Club

The Club meets twice a week at the pond on East Beach, weather permitting, when members sail their radio controlled boats 10.00am until noon on Sundays and Wednesdays The first Sunday of each month is Race Day New members welcome or just pop along to have a look and a chat contact Chris on Selsey 601550

Carers' Support, Selsey Registered Charity Number: 1097538 <u>CAR BOOT SALES 2018</u> BANK HOLIDAY MONDAY 2nd APRIL BANK HOLIDAY MONDAY 7th MAY BANK HOLIDAY MONDAY 28th MAY To be held on The Recreation Ground, School Lane, Selsey From 7.30am to 1.00pm Cars £7.00 / Cars & Trailers £10.00 / Vans £12.00

Sunbeams Parent & Toddler Group Friday morning during school term time from 10.00 until 11.45 am at East Beach Church, Marisfield Place.

All are most welcome, including Grandparents, 50p per session. For further details telephone Rosemary on 01243 605236.

