

NEWS • GARDENING • WHAT'S ON • WILDLIFE • SPORT

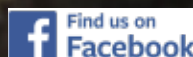
Selsey Life

Community Magazine



FEBRUARY 2019
ISSUE NO. 241

www.selseylife.weebly.com



Donation Please

See page 3



Photo by
Val Foster

Selsey Open Gardens are back for 2019



Would you like to open your garden to the public and help raise money for charity?

It is one of the most worthwhile things you will ever do as a gardener: Not only will it raise money for charity but you'll be giving yourself and your visitors a lasting memory.

Who doesn't love to have a nose around someone else's garden? Looking at what grows well or doesn't, along with planting schemes and taking the opportunity to store away ideas on colour combinations and structures that could transform their own garden or space. Or just come and enjoy the experience

What's expected?

Opening your garden to the public may seem daunting at first, but I'm sure you'll find it a very enjoyable experience.

We're proposing that gardens could open half-day am or pm if necessary.

Whether your garden is big or small, if you think it has interest, why not share your love of it whilst helping raise vital funds for a local charity.

And remember, your garden does not need to resemble Arundel Castle or Parham House, there is joy to be found in the smallest of areas and if you are passionate about what you do it will transmit to others.

When?

Sunday June 2nd 2019

A Selsey Walking and Outdoor Festival event in association with the Selsey Gardening Club.

If interested please contact me: Tony on 07546491353 or 01243 607069

tony.sue123@btinternet.com

ST PETER'S CHURCH

Weekly Services held at the Parish Church of St. Peter's, Selsey
Rector: Fr Andy Wilkes
Tel: 01243 601984 Email: rector.selsey@gmail.com

Sunday 8am Holy Communion (BCP)
10am Sung Eucharist

Sunday Messy Church at 12 noon in hall on last Sunday of the month

Tuesday 9.30am Said Eucharist

Wednesday 9.30am Said Eucharist

Thursday 7pm Said Eucharist

St Peter's church doors are always open for quiet reflection.

Our Church Halls with Kitchen and Car Park are available to hire for your meetings and celebrations please contact our Hall Manager on **01243 948501** or stpetershallbookings@outlook.com



Hello, for those of you that don't know me, my name is Ashley Pledger.

I work at Sidlesham Primary School; I also volunteer for the Coastguard and am a member of the Selsey Coastguard Rescue Team - which I love as I feel it gives something back to the community and helps people that are in trouble along the coast

as well! I also volunteer and help out with the local Scout Group in Selsey.

I am very lucky to have a place in this year's London Marathon on April 28th I have never taken on a challenge this big before and it slightly scares me a bit - ok a lot!

My training has started, that in itself is very daunting and scary and I will be running four days a week as well as cross-training once a week, but it's ok as I keep telling myself I have two days a week off which are 'rest days'.

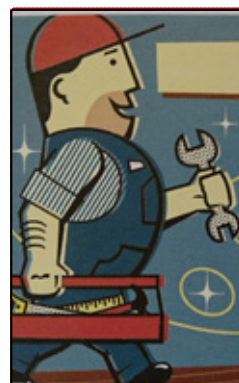
I am running to support a fairly small charity called Phab Kids; Phab inspires and supports children and adults with and without disabilities to make more of a life together through exciting and challenging holiday projects. Phab have a network of around 150 clubs offering activities across England and Wales promoting independence and self-esteem and enhancing the lives of people of all ages and abilities.

I am raising funds to support this charity so that they can continue to offer the wonderful opportunities they provide, giving young people new skills and challenges whilst making a positive impact. Please help me to do this by sponsoring me through my Just Giving page... you can also follow my progress at The Selsey Florist, where there is a collection box.

www.justgiving.com/fundraising/ashleypledger



Thank you



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Beneath a London Plane

A shivering man absorbs the brunt
of winter's silent snow
yet thankful he for mercies small
his roof a leafless London Plane
quite open to the sky
his floor the concrete paving slabs
he shares with passers by

Young the woman, smart of dress
who stoops to hand a drink
his recognition feebly muttered
opposing fortunes intertwine
for fleeting precious seconds
she didn't peer the other way
when grinding hardship beckoned

The ice of life she skates today
seems solid and secure
at one time his appeared the same
but passing years can take their toll
good fortune ebbs and flows
so quickly washed away the gain
that providence bestows

A homeless woman seeks reprieve
beneath that London Plane
cruelly beats the midday sun
prosperous, the man who stoops
one crisp banknote to give
for fleeting knowing seconds both,
that winter's day relive.

JOHN BYRNE DECEMBER 2018

Bits of Bruce: February is the month of Love, come the 14th, cards of undying love are opened by many, boxes of chocolates eaten and flowers are given to show how much a person is loved. It's a lovely day, but for some none of the above happen, maybe their loved ones have died, and although they may remember them, they are not able in death to return that love in a physical way. Some have chosen to live lives in their own company. Also for some reason, around this date, others get dumped, and new love explored, this is painful for the one dumped: A very sad day reminding them of their loss.

Whatever happens around this Valentine's Day, however you feel, I want to remind you that love is eternal, and really we should show our love every day, in the small things, by holding hands, kissing and hugging and being honest and gentle with our love and loving. The grand gestures are fine, but they need to be reinforced by how we care for and how we behave in relationship with other people. I want to share a piece of writing, put together by a cranky older man by the name of Paul as he wrote about God's love to the people in Corinth. For all of us who this year, who perhaps feel lonely or unloved. This is just for you! Have a Happy Valentine's Day!

'Love is patient, love is kind. It does not envy, it does not boast, it is not proud. It does not disrespect others, it is not self-serving, it is not easily angered, and it keeps no record of wrongs. Love does not delight in wrongdoing but rejoices with the truth. It always protects, always trusts, always hopes, and always perseveres.

Love never fails.

And now these three remain: faith, hope and love. But the greatest of these is love'. 1 Corinthians 13.4-8,13



PS: Love you Lisa xxx

Editorial

Welcome to the February issue of the Selsey Life magazine.

May we ask if you have donated for this magazine you are holding? If not, may we please ask you to consider it? It costs us up to £2,000 per month to produce and print this magazine, and we need the donations to assist with this. (Again, we take NO wages for this.) Last issue we collected a third of this, many thanks to all of you who donated to help towards this, but not everyone did. As the advert says, every little helps - we regret, if we cannot make the print costs we cannot continue to produce the magazine.

We are both in full time jobs so can only try to get new advertising in our spare time, which is not always convenient for the advertiser. We are therefore asking for your help - if you are aware of anybody that has a product or service that you feel would benefit from advertising in the Selsey Life, please urge them to contact us. If successful, we would be prepared to offer you 5% of the first month's advertising revenue as a commission, once the funds are received.

To anybody considering advertising with us, we feel the donations that have been made prove that people want to, and do, read this magazine, and will see your advert, so why not give us a try?

To you, our readers, may we please ask you to support our advertisers whenever you can, and, of course, a big big thank you to all of our advertisers for supporting the Selsey Life.

On a lighter note, the lucky winner of our last competition to win a family ticket to Cinderella at the Regis Centre, Bognor, was Jenny Ledger. We trust they enjoyed the show, and we thank the Regis Centre for their kind donation. The seagull was on the Christmas Morning at Brent Lodge picture, on page 35.

We would also like to thank two further donations made to the Selsey Life, one from Faith Anderson, and the other one from Mrs Emma Poole from Cardigan in Wales. Yes, the Selsey Life is a widely read publication, not just on the Manhood Peninsula.

Anyway, thank you for reading this far, and we trust you enjoy the rest of the magazine. Hopefully see you in March.

MEDMERRY PRIMARY SCHOOL CELEBRATES GOOD OFSTED RATING

Selsey School Praised for Its Curriculum and Good Quality Education



Michael Tidd, Head of School at Medmerry Primary School, celebrating Ofsted success with pupils

Medmerry Primary School in Selsey has secured another Good rating from Ofsted, following an inspection in December 2018. The inspector praised the friendly, welcoming and well behaved pupils and recognised the work which has been done to raise both the quality of teaching and the curriculum taught in the school since the last inspection. Medmerry has been classified as a 'Good' school since 2010.

The report noted the breadth of the curriculum taught at Medmerry, alongside the wide range of extra-curricular experiences that are included to help extend pupils' learning. It recognised the work being done in particular areas of teaching, remarking that staff have worked hard to create a 'buzz' about reading throughout the school in the last few months.

The Ofsted report also mentioned the strong standard of mathematics throughout the school. HM Inspector, Catherine Old, remarked that pupils' outcomes have been raised substantially as a result of the improvements which have been made since the last inspection.

Mr Michael Tidd, Head of School, comments: "Medmerry School is a welcoming and friendly community, and we pride ourselves on a broad and engaging curriculum, so it's pleasing to see these qualities recognised in the inspection report. The outcome reflects the hard work of the whole school community - parents, staff and pupils - all of whom work together to make Medmerry such a great place to teach and learn."

Medmerry Primary School is part of Schoolsworks Multi-Academy Trust and Chris Seaton, Schoolsworks CEO adds: "As a Trust we are proud of the team at Medmerry Primary School and are delighted that their hard work, enthusiasm and dedication have been justly rewarded with a positive Ofsted report. In Schoolsworks, we are determined to improve outcomes for all our children and there is no doubt that those who attend this school are provided with broad and interesting primary education. I would like to personally thank the Head, the staff, the children and their parents and carers - they are a strong community and a pleasure to work with."



MEDMERRY PRIMARY SCHOOL RECOGNISES COMMUNITY FOCUSED PUPILS

Awards Presented to Pupils Who Have Helped Others in Selsey



Emma Cooper, Chair of the School Community Council at Medmerry Primary School, presenting the awards to Luke Phillips and Arlan West

Two pupils at Medmerry Primary School have been recognised for their community spirit as part of the school's new awards scheme. Luke Phillips, from Year 3, and Arlan West, from Year 1, were chosen from a number of nominees by Medmerry's School Community Council for their exceptional work locally.

Arlan was nominated for spending time looking after many people in Selsey, including visits to the Malthouse residential home. He also raised a substantial amount of money to support a local girl's cancer treatment. Luke has been an active part of the Selsey branch of the British Legion and Selsey Lions. Late last year he spent time collection donations for poppies and for the third year running helped the Selsey Lions as they toured the village with Santa's sleigh.

The awards were introduced this year to celebrate the school's core values: community, curiosity and high expectations. Further awards will be presented in the Spring Term and Summer Term.

Emma Cooper, Chair of the School Community Council comments: "Arlan and Luke are worthy winners and it was a real pleasure to present them with their awards which recognise their confidence and selflessness when playing a wider role in the community and giving up their time, effort and energy to help and support others."

About Medmerry Primary School

Medmerry is a small, friendly and welcoming primary school, located at the heart of its community in Selsey, West Sussex. The school works closely with other well performing schools in West Sussex as part of the Schoolsworks Academy Trust, teaching a broad and balanced curriculum and promoting a caring learning environment for children where they can feel known, valued, safe and secure. The school views its role broadly, including health, mental and emotional wellbeing as part of teaching, and aims to develop good social awareness and skills in all pupils. Medmerry was inspected by Ofsted in December 2018 and awarded a Good rating.

www.medmerryschool.co.uk



**schools
works**

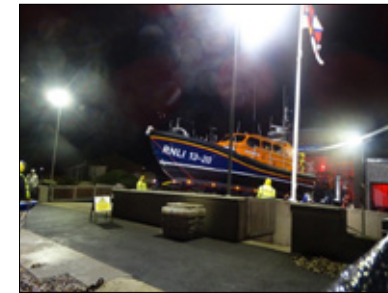
Academy Trust
*Building children's
futures together*



Date: 22 December 2018

Both Selsey RNLI lifeboats search for person in the water

UK Coastguard requested the launch of the Selsey inshore lifeboat to assist Sussex police and Coastguard units from Selsey and Littlehampton search for a person seen entering the sea at Bognor Regis.



The inshore lifeboat (ILB) launched at 8.47pm and made best speed to the area. When on scene a shore line search of the immediate area was conducted with nothing seen. At 9.12pm the ILB helmsman requested the all-weather lifeboat to assist with the search. The weather on scene was wind westerly force 2-3 sea state smooth with good visibility.

At 9.24pm the all-weather lifeboat (ALB) launched and headed to Bognor. The ILB had been joined by the Police helicopter. Shortly after the ALB arrived on scene the helicopter was tasked to another incident and both lifeboats and Coastguard units continued searching until the UK Coastguards stood all units down at 10.30pm.

The lifeboats both returned to station at 11.00pm with the ILB being recovered straight and the ALB recovered at 00.45am after waiting for the tide to fall. Both boats were washed down and made ready for service. The crews tonight were ALB: Coxswain Dave Lamdin, 2nd Cox Rob Archibald, Mechanic Phil Pitham, Max Wiseman, Neil Hopcraft and Jake Harnett (Trainee). ILB: Helmsman James Albrey, Colin Pullenger and Dan Langford.

RNLI online: For more information on the RNLI please visit www.rnli.org.uk. News releases and other media resources, including [RSS feeds](#), downloadable photos and video, are available at the RNLI [Press Centre](#).

Key facts about the RNLI: The RNLI is the charity that saves lives at sea. Its volunteers provide a 24-hour search and rescue service around the United Kingdom and Republic of Ireland coasts. The RNLI operates over 230 lifeboat stations in the UK and Ireland and has more than 140 lifeguard units on beaches around the UK. The RNLI is independent of Coastguard and government and depends on voluntary donations and legacies to maintain its rescue service. Since the RNLI was founded in 1824 its lifeboat crews and lifeguards have saved over 137,000 lives.

What a magnificent, almost unbelievable, start to the 2018 - 19 Poppy Appeal.



Since my last report I have received a further £344.22 from two shops that I was unable to collect from before; £150 from several organisations for their Poppy Wreaths and £192 from various donations big and small. This brings the total, as a 16 January 2019 to a fantastic £10,945.86. This, of course, is yet another all time record amount for Selsey. Well done everybody and thank you very much indeed for your generosity.

Several organisations have yet to make a donation for their Poppy Wreaths (although I must point out that they are not obliged to do so) so will we for the first time ever break through the £11,000 barrier?

Watch this space.

Best wishes to you all.
Adrian Wilson
Poppy Appeal Organiser, Selsey

Tel: 602047

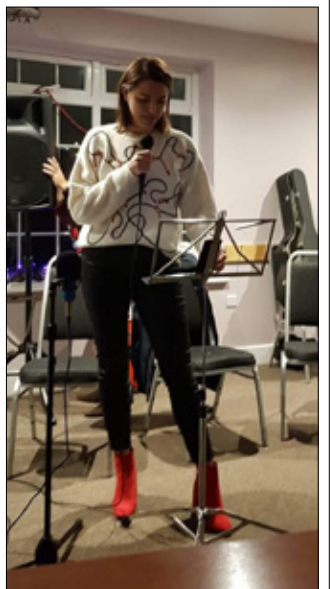
Very many thanks to all of you who joined Selsey Folk & Music Club on Saturday 15th December for the open day at The Selsey Club and took part with your singing or playing of instruments or both or your poetry of course.

Our gratitude is also extended to those who came along just to support and listen and enjoy the musical entertainment.

A group or two of supporters actually stayed for the whole nine hours of entertainment, a feat in itself, we would say, even though the standard of performance made it very worthwhile.

Our efforts helped Danny and Julie to raise an excellent total of £621, on the day, towards the cost of providing a really wonderful Christmas Day and Lunch again for people in Selsey who otherwise may be on their own or just going without.

Julian 07721 532711 and John



*Laura singing beautifully ...
We hope she returns..soon*



**Wed 20th Feb &
Wed 20th March**

at Selsey Club,
Coxes Road, Selsey

7pm for 7.30 start

£3 entry to back room

Play/sing/or just listen and relax with a
drink from the bar. All welcome.
www.selseyfolkandmusicclub.co.uk



SELSEY COMMUNITY FIRST RESPONDERS NEED YOUR HELP

The present Chairman of the Selsey Community First Responders will be retiring in April this year and a replacement is needed. So:

- If you would like to become part of a very valuable local lifesaving organisation
- If you would like to give some of your time to the good of the Community
- If you have some experience of committee/administrative work
- If you would undertake a very rewarding, but unpaid, task

Please contact the present Chairman (Dennis Collins) on 01243 604886 or info@selseyfirstresponders.org for further information

and.....

we need responders

The South East Coast Ambulance Service (SECAMB) will begin recruiting Responders on 16th January 2019.

So, if you would like to become a Responder then please apply on-line to NHS Jobs. If you would like further information before doing so, please contact the Responders Team Leader, Frank Doel, on 07402 109619 or frankdoel68@googlemail.com

The window of opportunity for this area will only last until 17th February 2019 so act now



Our February meeting on Friday February 22nd at 2.30p.m. in the Selsey Centre has the intriguing title

"Another omlette Mr Gielgud"

The speaker is Ant Grant, a photographer who made an unusual career photographing famous people in unusual situations.

It is a highly entertaining and colourful presentation, full of yarns and images of the portraits. It is titled "Another Onlette, Mister Gielgud?" and refers to a comment made by Ant's mother who used to provide the refreshments for his visitors whilst they were being photographed.

If you want to know more then please call Sue our Membership Secretary on 07710 658331

Any enquiries can be made through our website.

We can be emailed at info@selseyU3a.org.uk

SELSEY METHODIST CHURCH SERVICES

Sunday 3rd February 10.30 am Mr Stephen Waters

Sunday 10th February 10.30 am Revd. Bruce Allinson
Holy Communion

Sunday 17th February 10.30am Mrs Margaret Thompson

Sunday 24th February 10.30 am Revd. Bruce Allinson

Our minister is Revd Bruce Allinson 01243 601032

SELSEY & DISTRICT LIONS CLUB

Charity Number 296022



Thank you for your donation to Selsey & District Lions Club's Christmas Float Collection.

Lions Club International is the World's largest service organisation, with over 1.4 million members. The Lions Club of Selsey & District has approximately 20 members and collects money via various fundraising events throughout the year. Over 90% of our donations are to local charities and organisations. Listed below are some of the charities and organisations that we have donated to in the last 12 months:

1st Selsey Scouts
Selsey Foodbank
Dementia Support Hub - Tangmere
Chichester & Selsey Sea Cadets
St Wilfrid's Hospice
The Academy Selsey
Seal School
Selsey Football Club
Marie Curie
PIAM Brown Cancer Ward

We also run various welfare projects in the community, such as our fleet of loaned mobility scooters and taking elderly residents to the cinema.

Selsey & District Lions are always looking for new members to assist us in our work in the community. If you are thinking of joining us, please contact our membership secretary Colin Rickman on 0845 833 9895.

Once again thank you for your donation and I wish you and your family a Happy New Year.

Lion Dexter Williams
President Selsey & District Lions Club

Our mobility scooter fleet is doing fine, if there is anyone in desperate need for the use of one we have some available at present.

If you do have a scooter that is no longer required running or not we will fix it to hand out for use in the community. All our scooters we loan out are kindly donated from very generous people of Selsey. Please contact Lion Brian on 07956502609 or 01243 602908 brianplater@btinternet.com

**For all your local advertising needs
contact us at selseyU3a@btinternet.com
or phone us on 01243 602729
Also Like us on Facebook**

STRICTLY BALLROOM DANCE ACADEMY MODERN BALLROOM & LATIN AMERICAN SPECIALITY DANCE TUITION ESTABLISHED 2007

Selsey Royal British Legion

Beginner's Modern Ballroom and Latin American Dance Classes

Rosemary Cole

Winter Term

7pm Thursday 3rd January 2019

Modern Ballroom Dance Classes Professional Tuition 7pm-8pm

Learn basic steps in the Waltz, Quickstep and Tango, ideal for dance students with no dance experience, special promotional offer, pay as you go £6.00 per person or attend both classes for £10.00.

Latin American Dance Classes Professional Tuition 9-10pm

Learn basic steps in the Cha Cha Cha, Salsa, Rumba and Jive, ideal for dance students with no dance experience, special promotional offer, pay as you go £6.00 per person or attend both classes for £10.00.

Non club members 50p on the door.



Royal British Legion Selsey



70's DISCO



Friday 8th February

8pm Start

Fancy Dress

(Prizes for the best dressed)



Bar Closes at Midnight

Selsey Royal British Legion Fishing Club

New Members Welcome.



For details ring Brendon
01243 601009

THE VENTURE CLUB ARE PLEASED TO ANNOUNCE THE OPENING OF THE BOUTIQUE AFTER THE WINTER BREAK

WE WILL BE OPEN AGAIN ON SATURDAY 3RD MARCH.

LOOK FORWARD TO SEEING OUR REGULARS AND MAYBE SOME NEW FACES LOOKING FOR THE BARGAINS.



JIGSAW PUZZLE LIBRARY

Do you like doing Jigsaws?

Would you like to be able to borrow rather than buy?

2nd Thursday of each month - 14 Green Lane, Selsey - you can call in any time between 10 am and 4 pm.

The Membership Fee is just £3 and puzzles can be borrowed for a £1 a month each. Over 300 to choose from.

From information on 605942.

All proceeds in aid of The Sussex Snowdrop Trust (charity no. 1096622)



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Ladies come and join us at our next meeting on Wednesday 13th February at 2.15pm, Selsey Town Hall. Our Speaker will be Douglas Eaton "The Biggest Musical Theatre Hits in the West End"



If you would like more information about our activities for the coming year flyers will be available at the Town Hall, Selsey Library, Selsey Centre and the Selsey Information Exchange.

For more information about joining us, please contact Stella Crist 01243 603221 or Heather Coleman 01243 604603.

L.I.N.C

LADIES – IN – CONTACT

The February Meeting will be held on Thursday the 21st in St. Peters Church Hall at 7. 15p.m when local resident

TONY AMIS WILL BE COMING ALONG TO TELL ALL ABOUT

"LIFE AS A CHAUFFEUR TO THE RICH AND FAMOUS"

Why not come along and join us, cost for the evening is just £3 which includes entrance, a welcome cup of coffee or tea & biscuits, plus the popular free raffle ticket.

The Venture Bus is available to members please remember to call them on 605115 to book your seat.

WE ARE A VERY FRIENDLY GROUP WHERE A WARM WELCOME IS ALWAYS GIVEN.

For any further enquiries that you may have please contact either Beryl Fletcher on 603750 or Mary Grantham 604718.

Tenchley Manor Nursing Home

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Inspected and rated

Good



Providing personalised nursing care to physically disabled adults and elderly residents by our professional staff.

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family and friends. Large landscaped gardens stretching down to the shoreline with magnificent views across the English Channel towards the Isle of Wight.



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www.cheerhealth.co.uk

SEAL ISLAND WI



After a busy December with our Christmas party with entertainment from John and Bette on their ukuleles, and a wonderful evening out at The Walnut Tree in Runcton, our January meeting was a more relaxed affair with a demonstration of beautiful flower arrangements courtesy of Village Flowers.

On 7th February we will be welcoming Rachel Aslet-Clark who will be talking about the wonderful work of The Apuldram Centre. Why not come and join us? We are a friendly group of ladies of all ages and visitors and new members are warmly welcomed. We meet at 7.30 pm in The Selsey Centre on the first Thursday of the month – first meeting is free. Our 2019 programme can be picked up from The Selsey Centre and we also organise regular lunches, walks and outings. For more information ring Jane on 01243 605649.



Selsey Gardening Club

(previously Selsey Horticultural Society)

Our meeting this month will be our AGM on Friday 8th February

Conference Room, Selsey Centre, Manor Road,

7.30pm start

Subs will be due for renewal at £12 per person for the coming year. Please could you bring the correct money or a cheque payable to Selsey Horticultural Society.

Raffle and refreshments.



Seed Swap

Saturday 2nd February

Seal Island Wool Shop,
High Street, Selsey
10am -12 noon

Come along and swap some seeds.
Refreshments available by donation.

For any further information regarding the club please contact Amanda on 604634.



Is this a warbler or a wagtail. Frequent visitor in our garden in Lifeboat Way. Repeatedly being chased away by the local Robin but it has not stopped it from returning.

The Write Zone with Tara Wright



Welcome back to The Write Zone! Was your December as fun and festive as mine? Since consuming my own body weight in mince pies, I've been judging the **Christmas writing competition** along with my esteemed co-judges: renowned playwright, Gillian Plowman, and Director of Highhouse Insurance Services, Neil Kimber. I'm delighted to announce our talented winner: Amy Russell. Well done to Amy who wins a

copy of my book, *The Yum Yum Bazaar* and a £50 Love to Shop voucher from Highhouse Insurance! Runner-up is Linda Partridge, who also wins a copy of *The Yum Yum Bazaar*. Well done!

It's been a busy few months for me publicising *The Yum Yum Bazaar* and preparing it for a paperback edition. If that wasn't enough to keep me occupied, I'm editing my new novel. Twelve months after writing it, I've simplified the story by removing minor characters, moved chapters to create a better flow, and re-written dialogue that's poetic but doesn't help the reader or serve my story. This vicious editing is called 'killing your darlings'. Let me explain this point.

If you're a road-user, you may have encountered horse riders who wear a tabard bearing the words: 'CAUTION – HORSE AND RIDER.' You'll have noted the warning and responded by slowing and moving out wide; you may even have given yourself a congratulatory pat on the back for being so sensible before you put your foot down. Now, let me ask you this: who are the words, 'horse and rider', actually for? The visually impaired? Low-flying aircraft? Extra-terrestrial lifeforms on a cataloguing expedition?

'Over-description' or 'over-writing' can distract your reader, or complicate what you're trying to convey. In the same way that the rider's tabard really only needs to read 'caution' or 'slow-down', if how you've described something adds length but not value, you should consider changing or removing it. This can be one of the most challenging aspects of writing, and it's the reason most writers employ editors. As writers, we can get carried away with our 'darlings', so the tip is this: write, cogitate, edit ruthlessly by 'killing your darlings', repeat. Ridding your manuscript of over-description or poetic adjectives, flowery dialogue and

meandering prose will bring your writing into sharper focus, and your characters will be better able to propel your story towards its stunning conclusion.

Keep writing, everyone! **Tara**

Tara Wright is a Selsey resident and the author of *The Yum Yum Bazaar*, a collection of magical tales about love, loss and second chances. Available on Amazon, Kobo Rakuten and Barnes & Noble e-books.

"Exquisite" ★★★★★

"I couldn't put it down" ★★★★★

"Would recommend to everyone" ★★★★★

"Beautifully constructed" ★★★★★

"A wonderful feel for storytelling" ★★★★★

Visit www.tara-wright.com and follow the links to receive a **FREE** short story!

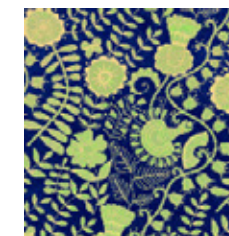
Watch Tara talk about The Yum Yum Bazaar at www.amazon.com/author/tarawright

Book club members: would your club like to receive author questions about The Yum Yum Bazaar? Would you like a personal author Q&A at your book club meeting? Contact me at: authortarawright@gmail.com or at Facebook: Author Tara Wright.

Selsey Christmas Writing competition was proudly supported by:



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Do you believe in second chances?
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about love, loss and following your heart
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heidi@healthdriven.co.uk



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HENRY BENSTEAD
1865 – 1938

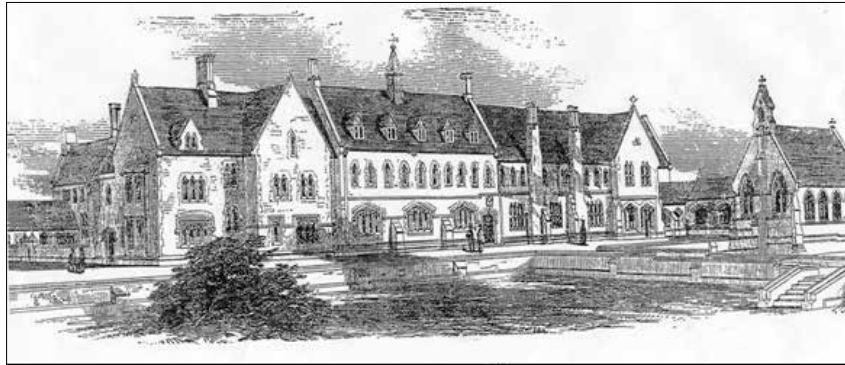
We have already ‘met’ Fanny Farne Arnell Benstead so it seems appropriate to take a look at her husband.

Henry Benstead was born on 14th March 1865, second son (but the 5th child) of James Benstead and Mary Ann Styles. James was a Gamekeeper in Winkfield in 1851 and 1861. By the time Henry was 6 years old, the family lived at Great Park, Manor Hill, Old Windsor. This is a prestigious address as Manor Hill is still used to this day when referring to the complex of buildings in and around the Manor Lodge enclosure. The Lodge had been a Royal residence for three centuries or more.

By 1881 James was a Royal Game Keeper and Henry was a Pupil Teacher. In order to achieve this, Henry had to fulfil certain scholastic, moral and physical conditions. He was apprenticed to the Head Teacher of Sunningdale National School, George William Gray, for 5 years receiving £10 pa during the first year. He taught throughout the school day and was himself taught before and after school hours by Mr Gray. He was also examined once a year by Her Majesty’s Inspectorate. He studied Euclid (Geometry), Latin, Algebra, Mensuration (which is to do with estimating and measuring plane surfaces), Elementary Physiography (Geography) and Drawing.

Once he had completed his apprenticeship he received a certificate which enabled him to sit the examination for the Queen’s Scholarship which qualified him for a place in a training college with a maintenance grant of £25. He also had a 1st Class Divinity Certificate.

On 30th January 1884 Henry, aged 20, was admitted to Culham College – a Church of England Training College for Schoolmasters which was founded in 1853, some 14 years after our own Bishop Otter Training College.



We are fortunate that we have Henry’s college report. He appears to have been recommended by Reverend William Charles Raffles Flint of Sunningdale Vicarage, Ascot. This worthy cleric was the nephew of Sir T Stamford Raffles, the founder of Singapore and after whom the famous Raffles Hotel was named. He died in August 1884 so perhaps Henry was one of his last protégés.

Henry undertook two years’ training and was awarded a 1st class Certificate in Education in both years. He also received two certificates for examinations of Archbishop’s Divinity, the 4th Midsummer prize

and a first class certificate in Acoustics, the branch of Physics concerned with sound. During his stay at Culham, his Conduct was always ‘Thoroughly Excellent’ and his Progress was ‘Very Good’.



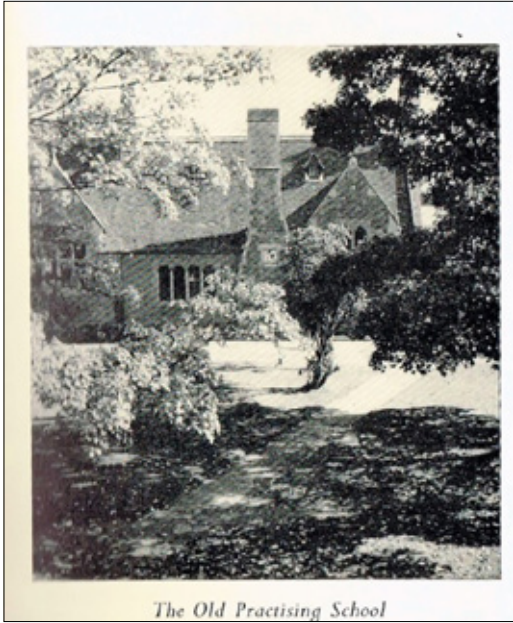
Behind the chapel are 12 cypress trees known as ‘The Apostles’. And here is a modern picture of them courtesy of Culham College’s webmaster, Roger Hope. Part of the ‘induction’ of first year students was to run the gauntlet and kick Judas Iscariot - the twelfth tree.

It is hard to imagine Henry taking part, particularly in view of the comments on his teaching practice which follow.

His Teaching Practice report of 1884 shows that he had a ‘rather severe manner’ and ‘a military character’. It also says ‘As a teacher Benstead is above the average but he exhibits no special ability. His blackboard is well used and his power of maintaining discipline is good’. By 1885 he ‘takes an interest in his teaching and works well and practically but he needs more tact in dealing with big boys’.

The picture is rather grainy and is taken from the Centenary History of Culham Church of England Training College for Schoolmasters 1853 – 1953 by Leonard Naylor.

Henry left Culham College at Christmas 1885 as he had been appointed Master (to the boys only) to the first Selsey-on-Sea National School at a salary of £80. The girls and infants were taught by Miss Henrietta Morris who had been at the school since at least 1865.



On 22 February 1886 the College received a letter from Henry thanking them for the appointment with the address of High Street, Selsey. Exactly one year later, to the day, the College received another missive. It is described as ‘*Long and interesting... describing work at Selsey – doing well*’. Sadly, this letter is not in the College archives.

Here we have a picture of The Whyte House, opposite the end of School Lane and, in the distance, the red brick ‘caretaker’s’ house which still exists opposite Medmerry Academy. In between we see a house, similar to The Whyte House, which is no longer there. The founding of Selsey’s National School is long and complicated but, with pleasing symmetry, in 1872, Henry Robinson Arnell, who had copyhold rights over the land adjoining the school, had conveyed a strip of land next to what was Yew Tree Farm to the Rector and Churchwardens for a Church of England School yard or playground. Several additional rooms were added piecemeal.



These two more modern pictures of the ‘Big School’ front and rear, come from the Tom Creedy Collection, currently being scanned and recorded as part of the Selsey Historic Photograph Project.

Selsey seems to have been rather lucky as both the teachers at this time were Certificated teachers.



By 1891 Henry had left Selsey and was a Certificated Master (1st Class) at Palmer School House in Wokingham. The Palmer School, built in 1875, was the last of a succession of schools created with the charitable bequest of Dr. Palmer in 1711 and of Martha Palmer in 1713.

In 1892 Henry made a return visit to Selsey to marry Fanny Farne Arnell, daughter of Henry Robinson Arnell, in St Peter’s Church on 19th August. Henry was 27 years old and Fanny was 43 and a spinster. The happy couple returned to Wokingham.

1900 was not a good year for Henry. In February he was called as a character witness in a case involving one of the pupil-teachers at the Palmer School, William Allen, who had been assaulted by a parent. The parent, in turn, accused William Allen of striking his son, also called William. Henry Benstead, the headmaster, then frog-marched the parent off the premises. The son said he had been hit on January 26th, February 1st and February 2nd with the pointer. Allen said he didn’t recall doing so but that he may have given him a slight tap on the fingers. The upshot was that the parent was fined 20/- (twenty shillings) with costs of 14/6d while the teacher was fined 1/- with 10/6d costs as a warning to all teachers who give punishment to pupils.

The Reading Observer of 29 September 1900 published a letter from Henry. The main thrust of the letter appears to be that an ‘unbiased observer’ is accusing him of refusing admission to his school to some children on account of the religion of the parents. The letter starts:

‘I do not propose to enter into explanations with a correspondent who is either ashamed or afraid to give his name...’ and closes with: *Your ‘unbiased observer’s’ insulting remark ‘playing the proselytising game’ is too contemptible to notice. ‘I have neither the time nor the inclination for further newspaper correspondence with an irresponsible and nameless individual...’* Henry was certainly a man who didn’t mince his words!

1902, however, was better. In April the Church House in Easthampstead Road for All Saints Parish was opened for use as a church hall. There is a lengthy description of the building which was almost entirely funded by public subscription. Henry and Fanny attended the ‘*influential gathering*’.

On 29th November an extremely long and detailed article appeared in the Berkshire Chronicle singing the praises of the Palmer School, Wokingham: ‘*A MODEL ELEMENTARY SCHOOL, Wonderful Record of the Palmer schools, Wokingham. The Palmer Voluntary Church Schools, Wokingham, under the enthusiastic body of fifteen managers, and the careful tuition of Mr Henry Benstead and his staff, have long been recognised as amongst the most successful Elementary Schools in the whole county. During the past year, the*

When reporting on the same day, on the same topic, the Reading Mercury included the fact that ‘*Tea was provided under the superintendence of Mrs. Benstead*’. This event was a prize-giving in the form of medals for regular attendance and it took place again at the beginning of 1903 but this time twinned with the annual Sunday School Treat with Mrs Benstead still superintending the tea. Also in 1903 the Education Committee of the Berkshire County Council appointed Mr Archibald James Shirley as Assistant Education Secretary for Berkshire. Henry Benstead had been one of the unsuccessful applicants.

Henry was also a churchwarden at St Peter's Church and was one of the signatories to the Petition for a Faculty to commission and install Selsey's War Memorial. In the bundle at West Sussex Record Office we have not only the petition but also a drawing and site plan executed by Frederick Forbes Glennie. Later, in 1922, he signed two more faculties for the installation of two stained glass windows in St Peter's Church which formed a separate article.

Fanny Farne Arnell Benstead died on 6th May 1935, aged 87, and her funeral took place at Church Norton on 8th May. She was remembered in the press as having endowed a stained glass window to Selsey Church. Henry was described as 'a Head Teacher at Selsey Church School', a claim which he never appears to have made.

The Hampshire Telegraph was lavish in its tribute to Henry claiming that he was a 'protégé of Queen Victoria', presumably on the strength of his Queen's Scholarship. Innumerable wreaths were sent by the relatives and acquaintances including Dr. Humphrys and Mr Maidment. Rev. Robert Franklin officiated.

©Ruth C Mariner

ruthm@ruthcmariner.co.uk

01243 604698


If I have unintentionally infringed anyone's copyright, then I apologise unreservedly.

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References: David Nash Ford's Royal Berkshire History www.berkshirehistory.com
Culham Church of England Training College for Schoolmasters Centenary History by Leonard Naylor, MA, published by The Abbey Press, Abingdon-on-Thames 1953. This company was dissolved in 2013 and despite repeated efforts I cannot contact them.

Acknowledgements: Rachel Hancock, History Assistant, Oxfordshire History Centre
Berkshire Chronicle, Group Editor Andrew Colley, 'Courtesy of the Reading Chronicle'
Wokingham Remembers Website www.wokinghamremembers.com
Jim Bell – my opposite number in Wokingham - who gave me permission to use pictures from the website.
Roger Hope – webmaster for Culham College - who sent photos and answered queries ad nauseum
Tom Creedy's heirs and Marilyn Smith for allowing me to use Tom's photos

- 1) What, in 1917, stated Britain's policy regarding a Jewish homeland?
- 2) Who defeated the British at the Battle of Majuba Hill in 1881?
- 3) Going west, which Thames bridge comes after Chelsea bridge?
- 4) Whose last words were "Rosebud"?



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- **Email us:** chichester@sussex.pnn.police.uk

Anti-Social Behaviour (ASB)

From a safe distance, anti-social behaviour (ASB) might not seem serious. But if it's your home or your street, it can leave you feeling intimidated, angry and frightened. It can ruin lives and make whole areas feel unsafe.

Anti-social behaviour includes:

- Threatening or ‘yobbish’ behaviour.
- Gangs ‘hanging around’.
- Abusive, rowdy or noisy neighbours.
- People buying or selling drugs.
- Drinking in the street, aggressive begging.
- Night time noise from houses or gardens.
- Setting off fireworks late at night.
- Graffiti and fly-posting.
- Vandalism.
- Cars abandoned on the street.
- Litter and fly-tipping.
- Any other behaviour that disturbs or scares you.

Some of these may be one-off events; others may happen repeatedly, so the effects add up over time.

There are many ways that Sussex residents can support their communities and help reduce anti-social behaviour:

- Join your local Neighbourhood Watch scheme or a tenants' or residents' associations.
- Discuss any issues with your local councillor, who can act on our behalf to raise concerns with the council and other organisations.
- If the anti-social behaviour is noise related then please contact your local Environmental Health Department.
- If your neighbours are private tenants then report the nuisance problem to the letting. They may be able to help you as often the tenancy agreement states that they must not cause a nuisance to neighbours.
- If your neighbours are council or housing association tenants then report the nuisance problem to the council or relevant organisation as they may be able to help.

By playing an active role in your community you really can help make a difference. Often the councils and housing associations will only become involved after a few reports, so don't wait, report it.

In an emergency, or if you see a crime in progress, always call 999

Front office opening hours
Monday - Saturday 9am -8pm.
Chichester Police Station, Kingsham Road, Chichester, PO19 8AD

Selsey Centre
For Sport, Leisure & Pleasure

Welcome.

We have Sarah's Great Big Cake Sale here on 2nd February 2019 12-4pm raising money for Support After Suicide and Survivors of Bereavement after Suicide.

Our next Table Top is on the 3rd March 2019 tables are £6.50 for one table or £10 for two, pop in to see us and book.

Baby and Toddler play with Bounceabout is here on the 5th February & 5th & 19th March new prices from September £2.50 all ages under 5 years 9am-12pm.

We would like to welcome The Dance Club to The Selsey Centre, various classes, please contact Nadia on **07860 963400** for more details.

Private party hire available every weekend – advanced booking essential please contact us on **01243 603836** or see our website www.selseytowncouncil.gov.uk

The Selsey Centre Team



**SARAH'S
GREAT BIG
CAKE SALE**

SATURDAY FEBRUARY 2nd 2019

The Selsey Centre - Manor Rd Selsey - 12 to 4 pm

Cakes Cakes Cakes!

Come along to The Selsey Centre from 12 o'clock and catch The Great Big Cakes Sale before all the lovely cakes are gone. The day will finish on a high, with the big Raffle Prize Draw starting at 3.30 pm. Raffle tickets available from Totally Flooring 117 High St, & on Facebook from Sarah Gibson or The Selsey Grapevine via PayPal.

RAFFLE PRIZE No. 1
Amazing
Smarties Chocolate Finger
Cake



RAFFLE PRIZE No. 2
Delicious
3 Layered Lemon Drizzle
Cake

OTHER RAFFLE PRIZES INCLUDE:

- 1x 1 Month training @ AAO Kick Boxing from Lee Scott Smith
- 1x Voucher @ Sophie's Wigs Breads from Sophie Miles
- 1x Framed Image by LD CapturedImages from Luke Dorn
- 1x Unique Epic Mascara From Sarah Roberts
- 1x Voucher for Cut & Blow Dry from Sophie Patchey
- 1x Dummy Alarm box from Jamie Smith - Southdown Security & Electrics
- 1x Gel Manicure @ The Beauty Spot Chichester from Toni Green
- 1x 2 All Day Breakfasts @ Cafe Grumpy from Nigel Harrison
- 4x Priests from Ravenskin Tattoos Studio from Joka Symmonds and Michelle Soliman

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contact Gary 01243 607476 or Sue 01243 672823
- **Wednesday afternoons 2pm - 5pm** (starts the 9th of January)
contact Angela 01243 603332
- **Thursday evenings 6.30 - 9pm** (starts the 3rd of January)
contact Anne 01243 603443 or Freda 01243 930084

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- Tea & coffee free of charge
- Help & advice freely available if needed
- All mediums - watercolour, acrylics, oils, everything express yourself through creative art. Make new friends & enjoy yourself learn & share new skills

Arts Dream Selsey also runs a series of day, evening, and Saturday art workshops run by professional artists, and these are advertised on: www.artsdream203selseywebby.com, Arts Dream Facebook page, and in Selsey Life Magazine



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My Family Photo 1933

I write further to helpful previous emails from Tim Stanton, Librarian for Enquiries, Learning & Enterprise.

I would like you to publish the attached photo along with a request to identify the exact location.



I am curious to know exactly where they had gathered, and thought that the stone wall (perhaps flint) would have endured to this day, and that I might locate it for old time sake.

The attached photo shows my family and friend, all of whom, have now passed on.

They would holiday in Selsey.

The photo was taken on my father's Kodak, in 1933 judging by the baby brother held by my father.

To this end I would be very grateful to have it shown in Selsey Life, with a request to identify the wall {perhaps flint} seen in the background.

Kind regards, Andre Metaxides.

Can any readers help in identifying the location in this photograph? Please forward any details to the Selsey Life and we will forward them to Andre.

We received a request from Harry Atkinson to see if anyone could identify the object in the photo.



He took it a while ago, doesn't know what it resembles or where it is and would like someone to tell him.

We put this to our history expert, Ruth Mariner, and her friend Marilyn Smith has advised the picture is of a signpost and was taken in Cornwall between Bude (½ mile) and Marhamchurch (2 miles).

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There were some enquiries recently regarding the enclosed photo.



We passed this on also to our history expert, Ruth, and she confirmed the picture was used in an article she did for the Selsey Life.

Ruth confirmed she has a copy of the photograph of the Remembrance day parade lent to her by Tony Harris. The third chap back, in uniform, beside the car, is his Dad. The girl in the left foreground is Pat Sherrington. The car is a Wolseley and has blackout on its headlights. The man riding in the front is supposed to be Edward Heron-Allen, according to Tony. There is a small child in someone's arms next to the shop window and Ruth thinks (but only thinks) it's Brian Lawrence. Sadly Ruth does have a date. Heron-Allen died in 1943. If you have a look at the article on The Carer's Office in the August 2017 issue it will be seen that you can't date the picture from the chemists and others who occupied it. Ruth thinks an exact date is a long shot. Black-out regulations for headlights carried on until 1944. If somebody could identify the type of blackout on the headlights then it may be possible to narrow it down as one of the websites states that different models of masks were produced and when. Look for the website with aj-wilkinson in the address.

Can anybody shed any further light (pardon the pun) on the subject?

Please contact Selsey Life as usual.

- 5) How many member states sit on the UN Security Council?
- 6) Captain John Ridgway and Sargeant Chay Blyth rowed across what in 1966?
- 7) What volunteer force did President Kennedy establish in 1961?
- 8) Who is the most successful National Hunt jockey of all time?
- 9) In which body part are the bones malleus, incus and stapes?

Christmas Day 2018



A big thank you to everyone who donated gifts and / or gave their time fund raising and all their help before, during and after The Christmas Day lunch at the town hall.



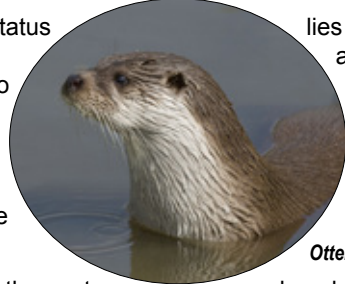
Otter by Michael Blencowe of the Sussex Wildlife Trust The return of the celluloid heroes

Sleek muscular physique. Dynamic aquatic killer. Mysterious enigmatic loner. You can see why otters shared the cinema box office with James Bond in the Sixties and Seventies. Otters are natural film stars, the Sean Connery of British mammals (with a slightly hairier chest).

I remember two otter-based films from my childhood. I caught 'Tarka the Otter' at the local Odeon and the superior 'Ring of Bright Water' always won over 'Goldfinger' on the TV at Christmas. From the opening man-meets-otter sequence (both the greatest and silliest scene ever committed to celluloid) through to Val Doonican's closing credits crooning - it's a classic!

But behind the otter's silver-screen celebrity status Throughout most of the last century our rivers drained and destroyed. Otters were forced into otters struggled on until the 1960s.

And with our heroes out of the picture the or were 'liberated' from fur farms, rose to These voracious predators attacked our native voles across Sussex.



lies a darker, sadder tale. Wild otters in Britain were in trouble. and wetland habitats were in a shocking state – polluted, exile in the far flung corners of Britain. The last Sussex

bad guys muscled in. American mink, which escaped the top of the food chain and terrorised our waterways. wetland wildlife, wiping out entire populations of water

Otter c Derek Middleton

But this screenplay has a happy ending. Over the past decades we've cleaned up our act and a lot of work has been undertaken to improve rivers and wetlands in Sussex. Otters are wandering, territorial animals – each otter needs 40 km of river to make its home - but projects undertaken by conservation groups such as Sussex Wildlife Trust working with local landowners have provided these connected, wetland habitats. And what is good for the otter is good for us too. By undertaking wetland habitat improvements for wildlife - such as planting floodplain woodland or creating water meadows - our countryside regains its powers as water purifier, erosion controller and flood regulator.

Over the past years footprints, droppings and fleeting glimpses have given tantalising evidence that these mammalian movie stars are attempting a comeback in Sussex after half a century. Recently, night vision trail cameras were rolling and filmed a female otter as she made her Sussex small screen debut - possibly the first time a wild otter has ever been filmed in our county. But the real showstopper came when these cameras later captured footage of one - or possibly two - otter cubs; evidence that otters are breeding again in Sussex. With this dramatic plot twist there is plenty of potential for a sequel. The dream that one day we could see these incredible animals swimming in all the restored and vibrant rivers of Sussex is a step closer to becoming a reality.



Otter on ice c Derek Middleton

Sussex Wildlife Trust is an independent charity caring for wildlife and habitats throughout Sussex. Founded in 1961, we have worked with local people for over half a century to make Sussex richer in wildlife.

We rely on the support of our members to help protect our rich natural heritage. Please consider supporting our work. As a member you will be invited to join Michael Blencowe on our regular wildlife walks and also enjoy free events, discounts on wildlife courses, Wildlife magazine and our Sussex guide book, Discovering Wildlife. It's easy to join online at www.sussexwildlifetrust.org.uk/join or over the phone on 01273 497532.

www.sussexwildlifetrust.org.uk

Chichester Conservancy Volunteers February 2019

LAVINGTON Sunday 3 February

Conservation – Heathland Management with Richard Wilson of the Chichester Conservation Volunteers on Lavington Plantation. Meet at 10.00 am. 01243 528056

HEYSHOTT Sunday 17 February

Conservation – Downland Management with Scott Robertson of the Chichester Conservation Volunteers on Heyshott Down. Meet at 10.00 am. 01243 552113 or 07815 021331

- 10) Who founded the Slimbridge bird sanctuary?
- 11) Where does mistletoe grow? (Last month?)
- 12) What meadow flower is also named *Ranunculus acris*?



RSPB Events for February 2019

NORTH MUNDHAM

Sunday 10 February

Morning Bird Walk around Chichester Gravel Pits with Carol Griffiths of the RSPB Chichester Local Group. Meet in School Lane, Map Ref: SU873029 at 10.00 am 01243 262833

CHICHESTER

Thursday 28 February

Illustrated Talk by Peter Holden on "Birds Without Borders" to the RSPB Chichester Local Group at The Pallant Suite, Masonic Hall, South Pallant, Chichester at 7.30 pm

Entrance members £2-50/visitors £5-00 01243 262833
wheelchair access

SUSSEX WILDLIFE TRUST February 2018

CHICHESTER

Tuesday 27 February

Illustrated Talk by Jenny Etienne on 'Belize' to the Sussex Wildlife Trust, Friends Meeting House, Priory Road, Chichester at 7.30 pm

Entrance Members £3-00/Visitors £4-00 01243 262833
wheelchair access

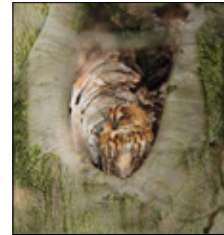
Crafty Natter Club

Selsey Methodist Church

1st and 3rd Wednesday ~ 2-4pm (in the large hall)
For more information contact Lisa Allinson on 601032

Show your love of the natural world this February

It's February and the curlew's beautiful evocative call drifts across the harbour. It is an eerie, lonely call, but at this time of year may well attract the attentions of another curlew. Although they can be heard throughout the year, it is now that they start to call more frequently in preparation for the breeding season. Instantly recognisable by their long down-curved bill, these large long-legged waders will breed in uplands and moors. Despite being a common sight across our reserves of Pagham Harbour & Medmerry, the curlew is one of our most rapidly declining breeding bird species, with our changing climates effects on their breeding habitat being cited as one of the main causes.



Tawny Owl c Ben Andrew

Equally haunting is the night-time call of the tawny owl. The well-known 'twit-twoo' is actually two birds calling to one another. The male starts to proclaim his territory and court females in with a more accurate 'hooo-hoo-hooo', while the female provides the 'kee-wick' part of the duet. Like the curlew, their calls can be heard more regularly at this time of year.

Many of our resident birds will start to look for partners and pair up now, giving them a head start over migrating species. As avian minds turn to romance, so do ours with Valentine's Day. However, it is not just love for a partner that we may think about...

Many people will be posting images on social media as part of the #showthelove campaign. This national campaign led by the Climate Coalition with over 130 members, including the RSPB, is dedicated to climate action. However, anyone can get involved. You could simply wear a green two-tone heart that is the campaign's logo. If you want to be more active, you can post photos online of your favourite natural places or species that have been or may be threatened by climate change. Alternatively, you could let us know about changes in nature you have noticed, such as snowdrops flowering earlier or butterflies emerging from hibernation earlier. We have records from our Pagham Harbour reserve showing quite clearly a pattern of earlier natural sightings and our Medmerry reserve itself is a direct result of the need to take action in light of increasing winter storms and the consistent threat of flooding. There are many arguments and theories around global warming and it's causes but there is no denying our climate is changing.

#showthelove runs from 7 – 14 February.



RSPB Pagham Harbour & Medmerry

February

Sunday 10 February, Wildlife Photography Workshop. This all-day practical workshop gives an introduction to basic techniques for wildlife photography, combining theory with opportunities to practice what you learn on our beautiful reserve.

8.30am (duration 8 hours)

Booking essential £25 per person / £20 members

Sunday 10 February, Someone to Guide You.

Unsure of what that bird is? Our friendly guides will be at our brand new **Ferry Pool Hide, Pagham Harbour** to help you spot and identify the wildlife that you see.

10am – 2pm Drop-in. Free

Saturday 16 February, Artists Wildlife Painting Workshop.

This all-day workshop gives an introduction to basic techniques of watercolour painting combining a little theory with a lot of practical application and advice. Although wildlife based, the principles can be applied in a wider context. The session is aimed at beginners and those returning to an old hobby after work. Good quality paints, paper and brushes will be supplied, just bring your enthusiasm.

9.30am (duration 7 hours)

Booking essential, £20 per person / £16 members

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Colin Rose
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Mobile: **07790 717706**



Curlew c Andy Hay



Starling in box c Eleanor Bentall

Half-term activities

During half-term we will be running family events, plus of course we have a selection of self-led activities available every day, from our Visitor Centre

March

Sunday 10 March, Discover Pagham Harbour (west) Guided Walk. Our own 'West Side' story with winter leavers vs spring arrivals! Join us for this gentle 4 mile walk combining wildlife with the Harbours historic past while looking out for the last of our winter visitors such as pintail ducks and brent geese and the wheatear, first of our summer migrants.

10am (duration 3½ hours)

Booking essential, £7 per person / £4 members

Check out our website www.rspb.org/paghamharbour for full events program.

RSPB Pagham Harbour & Medmerry Visitor Centre, Selsey Road, Sidlesham PO20 7NE

Email: pagham.harbour@rspb.org.uk

Tel: 01243 641508

www.rspb.org.uk/paghamnbarbour



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Our minister is Revd

Bruce Allinson 601032



DONNA'S DELIBERATIONS

So, by the time this edition of Selsey Life is published, it will already be February. Christmas is but a distant memory, although, in the Johnson house, the tree is still sitting, quite happily, in the corner of the living room. I feel I should explain this – we always have a live tree, one that's grown in a pot but, despite my best efforts, it usually dies off somewhere around March. Now, I finally think I've worked out why. The poor tree is perfectly happy, warm and cosy, sitting on top of its own little table then, all of a sudden, it finds itself outside in the freezing cold – bit of a shock to the poor thing, I would say! So, this year, I'm determined to nurture Terence (yes, it has a name) throughout the year and with a bit of luck, it will be back, taking pride of place in our living room again come next December. This obviously means protecting it from arctic like conditions, which poses a bit of a problem. Sadly, chez Johnson is not a mansion and the only potential spot is the conservatory which my offspring have turned into a gym so, there it still sits, albeit devoid of baubles, in the corner of our living room. I've taken to warning visitors I know, it's ever so slightly weird, but I console myself with the belief that I'm doing my bit for our ecology and protecting a tree, plus trying to save a few quid next Christmas. I will be giving regular monthly updates, should anyone be interested, in Terence's health and wellbeing as the year progresses.

So, how is everyone finding 2019? Personally, I was seriously glad to see the back of 2018. I practically limped to the finish line on December 31st and we didn't so much celebrate the coming of the New Year as the going of the old one. Seriously, it was a shocker. I think we all have years which, for some reason, start badly then just go downhill and last year was just like that. Everything that could have possibly gone array, did just that and by December I formed the view that someone or something seriously had it in for me. I was having a rant to a friend about this; she's one of those people who just seem to effortlessly float through life, totally untouched by the turmoil the rest of us experience on a regular basis. "Cut yourself some slack" she said to me. "You can't always be happy, there's nothing wrong with feeling cranky or irritated and annoyed ...and she's right. We should allow ourselves to feel whatever we're feeling – there's no point in thinking that we've got to be positive all the time, it's just not realistic; we all have bad days. We should just be free to feel however we feel at any time and just go with it in the knowledge that it will always pass, because it always does.

According to my family, I can be a person of extremes – when everything is fine, I can't ever remember my life being any different but when things aren't going so well, I also can't remember my life being any different, that's probably not very helpful. So, I'm trying not to believe everything I think and concentrate on the knowledge that inevitably things will sort themselves out. I recently read a quote by Eckhart Tolle, a German teacher who wrote an extremely interesting book called The Power of Now, 'Life', he said, 'isn't as serious as the mind makes it out to be'. The moral of all this, I think, as my daughter would say – is just to try to chill out a bit! Easier said than done, but I'm determined to give it a go.

Not sure I'd want to be my daughter's age again, though. She's just 18 and the entire house seems to be filled with exam textbooks. Our young people have a very hard time of it, I think. There is so much more pressure on them now than there was when I was her age and social media has a lot to answer for. Now, I'll admit I am one of those people who just has to regularly check the myriad of different communication channels which we can all have these days – and I recognise that it's not always positive because I never actually totally switch off. Even when I'm supposed to be on holiday, I still find myself doing it because its more stressful to not know what's going on than to know and have to go off and deal with something. The ubiquitous, commanding 'ping' whenever a message lands has the sort of control which necessitates my immediate attention – even if it's just yet another PPI message! It's truly absurd and yet, most of us have unwittingly bought into this. Apparently, some people get a dopamine high if someone so much as 'likes' their posts! Is it any wonder that it can become addictive? Infact, it can be so addictive that the average person checks their phone up to 200 times a day and 73% of us say that we'd struggle to go an entire day without checking our smartphones or computers. The worst statistic I discovered was that 70% of youngsters between 14 and 25 actually prefer texting to talking. That is truly bizarre.

According to the Economist, digital information increases tenfold every five years and of course, with a mobile phone, we can search for practically any information we need, at whatever time. It's becoming more and more difficult to escape the virtual world, it's become as important as the real one. To be fair though, and in trying to put forward a balanced argument, it is true that social media connects people in a way we never thought possible a generation ago - I now have 'friends' who live all over the world! Although they sometimes completely forget that their daytime is our middle of the night, so it's become quite a regular occurrence for me to wake up to

a message from the other side of the world. Our conversations take longer and longer to conclude because of the problems of actually managing to contact each other when we're both awake! Absolutely mad. We also need to remember, of course, that not all information online stands up to scrutiny – 'fake' news undoubtedly exists, and we just can't believe everything we read, or indeed watch. 'Fake news' may well be one of President Trump's favourite phrases now, but it was never heard of a few years ago and yet, in 2017, it was the 'word of the year'. It's certainly becoming more and more difficult to discriminate between what's real and what is a distortion. I recently found out that some people manage to make a living from proliferating disinformation, honestly, I kid you not, as we speak there is someone out there preparing to hit 'send' and disseminate an entire stream of nonsense around the world. I decided to do a bit of my own research into this and found a guy who operates from his study in a city on the East Coast of the US. He runs an entire stream of websites specifically for the purpose of getting 'fake news' out there. Sometimes, he does it just because he likes to sit back and see the reaction, but he's also been known to do it because someone has asked him to which is worrying in the least. Just who are these people who seek to further their own agenda by peddling what are, let's be honest here, just total untruths? He starts his disinformation off by deciding which person or issue will be the subject of his attention – it could be gun control, feminism, some high-ranking politician, anything which will get the unsuspecting public's attention. Then he needs to flesh it out a bit, maybe a new law or incident which justifies the issue. When he's decided the next step is always the same; he looks at his computer screen and types the following words: 'Breaking News'. He doesn't need to research anything, nothing he says has any basis in reality and within a few minutes, it's done. He can sit back and watch the 'shares' and the 'likes' come in. He merely starts the ball rolling, the rest of the work he can rely on to be taken care of by the unsuspecting millions answering the notification 'pings' on their phone. It really is as easy as that.

The proliferation of this 'fake' news also extends to You Tube, the video sharing platform that has made literally millions for some of its 'stars'. One of my claims to fame is that my step daughter's friend is actually one of these 'stars' – a fact I suspect might give me a bit of kudos amongst our young people who consider You Tube to be 'the' go-to place for entertainment. It's where the 'influencers' are to be found – or so I've been told! Trouble is, though, that anyone can upload pretty much anything and, instantaneously, you have a potential worldwide audience. I came across a stupendous bit of 'fake news' on You Tube recently. Apparently, Brexit has already caused massive food shortages and we are all rushing to buy Survival Boxes for Brexit. A quick internet search took me directly to companies specifically set up to send out boxes of dehydrated food; one particular one was retailing at almost £300. Get a bit of momentum going on You Tube, instil concern into even 1% of the people who watch the videos and an entire enterprise is set up based on a total fabrication. Very clever bit of marketing. I think the moral of the story has to be that we should all ensure a bit of discernment wherever virtual media is concerned. For my part, I'm going to try a bit of a digital de-tox. I'm going to work out a maximum length of time to spend on my phone/computer/tablet and I've heard about something called 'phone stacking' where everyone puts their phones in the middle of the table and the first one to reach for theirs, has to pay a forfeit. In the Johnson household this is either going to be taking the bins out or changing the cat litter – neither jobs I intend to ever have to do again - I hope!

So – and I wasn't going to mention this, but, let's face it, I've been a bit doom and gloom this month – February 14th is Valentine's Day, if you needed reminding! Mr J and I have two anniversaries, one on Valentine's day and one in October. Our first 'date' - and I use that very loosely – was at a Scout Hut in Brighton at a Valentine's party I'd organised as a fund raiser. I know, incredibly romantic, what can I say? Actually, Valentine's day goes back to the year 496! It's thought to have originated from the Roman festival of Lupercalia, in the middle of February, which began their spring, but was slightly moved by one day to the 14th when it became a Christian festival celebrating martyrs called Valentine. I quite like Valentine's Day – we need a bit more love in this world! It's reminded me of an anecdote which seems appropriate given my rant about the computer age - a guy met his girlfriend online and they had been dating for a while when the guy's father asked what sort of 'line' he'd used to attract his girlfriend. Something of a computer buff he answered, quite seriously 'I just used an ordinary 56K modem!' I'll just leave that there.

Take care all.

Donna donnajohnson279@gmail.com

Selsey Care Shop



The Selsey Care shop welcomed 1,971 visitors between June and Dec 2018. The shop arranged 682 befriending visits (including **Movies for Memories**, teas & shop talk and dementia friendly activities). We arrange transport for the activities we host, in partnership with the **Venture Bus** and Lions club.

We made 5100 telephone calls between June and Dec 2018. The British Telecom ad campaign in 1994 used the phrase "It's good to talk"



We love to talk in the Care Shop. Older people are especially vulnerable to loneliness and social isolation and it can have a serious effect on health and wellbeing. **Good Morning Selsey** rings approx. 25 people daily, 365 days a year, even Christmas day. We check people are safe and well, offering friendship and a chat. If you or someone you know is lonely and would welcome a call then let us know.

Selsey Care Shop Call 01243 201616

Could you spare a few hours to help making daily calls, if so why not join our team of volunteers? We offer training and you don't need an ology, also a BT ad in the 80s. All volunteers are police checked.



98 people visited because of carers needs. If you would like to become a member of Selsey Carers, why not call in for a chat and complete a membership form and see what help might be available to support you in your caring role. Selsey Carers offer monthly coffee mornings, social events, outings, peer support groups, and work with other organisations, including Carers West Sussex, Crossroads, Alzheimer's Society. 184 people came into the Care Shop (June – Dec 2018) because of loneliness or social isolation. We offer a listening ear and a cup of tea and promote independence and wellbeing.



168 visitors to the shop was in connection to dementia or caring for someone with dementia. We hold weekly **dementia drop in** sessions on Monday afternoons at the Care Shop, so if your supporting someone with dementia and you want support please come in a talk to Sue Hancock Dementia Action Alliance Development Worker, or give her a call **01243 602121**.

We can also support with bereavement and relationships support, pop in to the shop for more information.

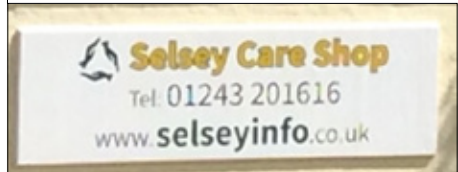
**KINDLY MENTION SELSEY LIFE
WHEN REPLYING TO AN ADVERT IN
THIS MAGAZINE**

Selsey Life is compiled and published by

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CARERS SUPPORT SELSEY.



Well January is here and so far it has lived up to its reputation, long dark nights and mornings, dull endlessly overcast skies, saving grace

mainly dry. We really can understand why it's the worst time for feeling alone ,and needing support.

Carers Support Selsey began for this reason, so we would like to hear from our members and those thinking of joining, what you need most or would like us to do to help you, the carer. This could be a chance to shop, go to a hairdresser, join a club, for example, knowing your loved one is cared for. Please be honest and let us know, because with other likeminded groups within the Care Shop we should be able to help.

You can come and talk to us in the Care Shop , 21, High Street, Selsey, or telephone us on **01243 201616**. Please, with your ideas and suggestions it will be invaluable information to help us help you.

Personally I was unable to go on the Pre. Christmas Coach outing to the Country Market Retail Outlet, on Dec. 6th. I am told it was a very successful and all who went had an enjoyable day out. Thanks must go to Sue White for organising the whole day.

Last but by no means least Carers Support Selsey and everyone at Care Shop , would like to wish everyone in the Selsey Community and our Members.

A VERY HAPPY NEW YEAR .

Also, we have heard from one of our members regarding the Lloyds mobile vehicle which was unable to come to Selsey on Monday 14 January. They called into the Chichester branch a few days later and asked the reason why the mobile bank didn't turn up and the cashier informed them that if they gave their mobile number to the Bank, the Bank would text them if the problem arose again. This may be of help to others.

13) How do you convert miles into kilometres?

14) What number, when squared, is one third of it's cube?

15) What is a sphygmomanometer used to monitor?

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In the Garden

our monthly guide to gardening - written by Giles Peare award winning broadcaster

February takes its name from Februa - to make expiatory sacrifices. It was during this month the Romans made sacrifices to the dead. "If Candlemas day (2nd February) be fair and bright, Winter will have another flight. If Candlemas day be clouds and rain, Winter is gone and will not come again."

Crocuses, Snowdrops and Winter Aconites are rapidly appearing and are uplifting to behold at this time with their varied bright colours and promise of forthcoming Spring.

Some trees and shrubs offer the bonus of sweet scent which will attract the attentions of the few pollinating insects at large at this time of year. Most birds are now entralling us with their lusty singing as they make their nests and choose their partners, as do some of the human race on St Valentine's Day.

February is a total mixture of the cold Winter weather and milder Spring weather. February is the time for all gardeners to get ready.

Jobs for February

Dainty outdoor Cyclamen with their quaintly marbled leaves are easiest to establish in the garden if planted now whilst they are actively growing, rather than as dormant bulbs. They should be widely available at garden centres and nurseries at this time. Plant them into humus-rich but freely draining soil, in areas of semi-shade. They will provide colourful flowers over quite a long period.

Begin to have a Spring tidy-up, starting with sheds and greenhouses. Remove any remains of last year's annuals if they were kept through the Winter. Cut down perennials where necessary. Place all the foliage onto the compost heap.

Gently use a fork or narrow rake to turn over the soil surface in flower and shrub borders, mixing in some well rotted compost and slow-release fertiliser as you go. Remove any weak seedlings that have appeared.

Tip Top Tips

- Plant up any empty pots, containers and window-boxes with cheerful Primulas, Primroses and emerging Spring bulbs.
- If you enjoy eating Mussels, save the shells to 'croak' your pots.
- Put out Slug-baits and traps to prevent damage to early flowering herbaceous plants.
- Turn compost heaps now, while they are relatively wet and cover over with sections of old carpet or polythene to help maintain the heat.
- Finish off any winter pruning of Apple and Pear trees.
- Old tennis balls placed on the tops of canes make effective eye-protectors.
- For early crops of Carrots, Broad Beans, Runner Beans, French Beans, Marrows, Cucumbers, Tomatoes and Salads, sow the seeds in a warm greenhouse now.
- Add a splash of lemonade to the water to keep flowers fresh for longer.

The more we care for the happiness of others, the greater is our own sense of well-being.

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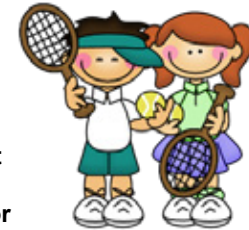
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CRABLANDS BOWLS & TENNIS CLUB

Affiliated to B.E., L.T.A. & E.S.M.B.A.
Crablands, Selsey, PO20 9BD

A BELATED HAPPY NEW YEAR to all readers of Selsey Life and a reminder that you can still come and join us here at Crablands even at this rather dismal period of the year; we can offer you tennis – just add another layer of clothes – short mat bowls in the warmth of the sports hall and for members, table tennis and mini-tennis on one or two evenings during the week. Saturday morning Junior coaching sessions are still available and here the weather does not seem to be a deterrent or put any block on the enthusiasm of the young folk. For all things tennis a call to Jo Montgomery on 606890 will get you all the information you might need



If you are interested in playing or learning to play green bowls when the green opens in April then a call to Chris Lewendon on 601859 will get you all information about this very social sport/game.

Here at Crablands you can also take part in short mat bowling which is played all year round and which takes place in our great sports hall and this is a game which is not quite as strenuous as the outdoor game. If you are a member here at Crablands you too can enjoy the other activities that are

available in the hall ie. Mini-tennis and/or table tennis and these are available on a couple of evenings in the week: Jim Saunders on 606172 will have all details of the short mat bowling.



A reminder to Crablands members that the Friday night social events are underway and your support would be appreciated as well as the fact that you will find something you might greatly enjoy. Volunteers work hard to organise these events and not only do they enable us to make full use of our club and raise funds to help with the overall running of the facilities but they really are fun – see you there!



SELSEY CARPET BOWLS CLUB

Meets at Medmerry Primary School, School Lane
Wednesday & Thursday evenings at 7pm & Sundays at 9.30 am & 3pm.
All equipment provided.
New members welcome
Contact Sylvia Cox on 681663 or Annette Iskett on 606227
email: annetteiskett@hotmail.com

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16) Whose name is synonymous with the first waterproof garment?

17) Divide the number of days in a leap year by the number of leaves on a shamrock

Selsey's 1st
Seed & Plant Swap

Sunday 3rd March 2019 - 10am - 1pm
at The Bridge Support Centre
Behind Selsey Library, PO20 9EH

Contact Paul Sadler on 07815 790770 for more information

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selsey golf club



We have come to the beginning of another year. All 2018's Cups and Trophies have been played, matches with other clubs completed and the Christmas competitions also decided. The greens are still in excellent condition and the gorse is beginning to bloom all around the course, every day more golden yellow can be seen; a sure sign that Spring is round the corner. This year hopefully there will not be so much wet weather and play can be enjoyed throughout the winter season.

The Men completed the Turkey Competitions. These competitions are held over 10 weeks and each winner wins a Turkey for Christmas. The winners are announced on the last Sunday before Christmas when one more competition is played and the winner of that is presented with a Ham.

The Ladies have three Christmas competitions and these are played in October because the ladies only play rounds of 9 hole during the winter starting at the beginning of November. The winner of all three competitions was Meg Mearns. Last year Eddie Williamson was the first winner to win all three competitions and this was thought to be a remarkable achievement probably never to be done again. But never say never, it has happened again.

Throughout the year all sections play other clubs in friendly matches and in 2018 the The Mens Section won 4, lost 4 and drew 1.

The Veterans' Section played about 18 matches but the best result came from their 4 match series with Southsea. Every year the Veterans play for the Southsea Salver. In 2017 the Salver was won by Selsey. This year with 3 matches lost the score was 11 ½ to 6 ½. 12 points are needed to win the Salver, and Selsey won the match 5 ½ to a ½ which meant that the final result was a draw and Selsey retained the Salver.

The Ladies played 5 matches this year, they lost 2 and drew 3, the team improved as the year went on.

2018 Club Champions were Billy Aspital (Mens) Bob Anderson (Veterans) and Gill Hill (Ladies).

Over £5000 was raised for charity by the Club Members this year, and cheques will be presented to the Chestnut Tree, Selsey Carers Association and Selsey First Responders.

The AGMs have taken place and the new Captains for next year have been appointed. The Main Club Captain is Mr Steve Growns, the Veterans Captain is Mr. Brian Rainer and Mrs. Carol Wheeler is the Ladies Captain. The Club President, Mr. Ted Growns has agreed to take on a further two years.



Mr. Brian Rainer



Mrs. Carol Wheeler & Mr. Steve Growns

Now, with the course looking so good and beginning to show its Spring colours the members of the club are looking forward to another year of competitions. The same Cups and Trophies will be played for again but, there will, no doubt, be different winners for most. Friendly matches have been arranged and will be played by all sections and social events will take place throughout the year.

A lot going on down at the Selsey Golf Club. Why not come along and see for yourselves, visit the golf pro shop, have a drink in the Club house or a meal in the restaurant, or just sit on the veranda and soak up the atmosphere and the stunning view of the golf course with the South Downs in the background. Probably the best view looking inland in Selsey.

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East Beach Church

FEBRUARY + EVENTS

Wednesday 30th January
7.15pm Alpha Introduction Evening
More details about the Alpha course on website
& separate advert in Selsey Life

Saturday 2nd February
9.00am - Mens Breakfast
5pm - 7pm - Family Games Evening

Sunday 3rd February
10.00am - All-age Service
5.00pm - Songs of Praise

Sunday 17th Feb
3.00pm - 4.30pm - ResBite Tea
(Aimed at those who might not see other people over the course of a normal weekend ~ Lifts available)

Thursday 21st Feb
12.30pm - Lunch Club

Saturday 23rd February
10am - 12pm Inspire - Ladies Breakfast

Friday 1st March
World Day of Prayer
Contact church or see church website for details

Saturday 2nd March
EBC's Got Talent
Contact church or church website for details

Sunday 3rd March
10.00am - All-age Service

Thursday 14th March
2.30pm - Tea & Chat

15th - 18th April
Easter Extravaganza Holiday Club

Look out for the **Alpha** course which started on January 30th. **Alpha** is a series of sessions exploring the Christian faith. Each talk looks at a different question around faith and is designed to create conversation. **Alpha** is run all around the globe, it's free, and everyone's welcome. More details in separate advert in Selsey Life

See separate Selsey Life adverts & our website for our Youth & Children's Clubs

For information on our regular weekly activities
www.ebecselsey.org.uk or call 607741

Marisfield Place - opposite East Beach Shops
Pastor: Phil Harding - 01243 607741 or office@ebec.org.uk

News from Councillor Roger Barrow

District Councillor for Selsey South and Cabinet member for Residents' Services



I have a busy few months ahead with local council elections in May, and once again my colleague, John Elliott and I, will be seeking your vote.

So what is my job as a District Councillor?

My colleague, John Elliott and I are Councillors for Selsey South for Chichester District Council. Our job as Councillors is to take decisions in the best interests of the whole community, regardless of political persuasion.

What do we mean 'the best interests'?

With local elections coming up in May 2019, it will be important for you to consider what you should expect from your District Councillors. We would define that phrase "best interests" in the form of six basic principles which guide the decisions we would support for the the Cabinet (the executive team of senior councillors) either take or recommend to the full Council.



- Firstly, we must be financially prudent, operating within our means and recognising it is not the council's money we are spending but your money in the form of council tax or, if you run a business, the rates you are paying. Will tax at modest levels. We should encourage the Council to keep Council tax low.
- Secondly, we must make sure our 80 plus services are run efficiently and not hesitate to ask someone else to run them if they can do it more efficiently, as we did with our leisure services two years ago.
- Thirdly, we want to ensure everyone who chooses to work has the opportunity to get a job. We as the Council must help businesses to thrive and individuals to have work. That's why the 82-unit Enterprise Centre was set up by the Council for small and start-up businesses.
- Fourthly, we must help the most needy and most vulnerable in the community. We must help those made homeless to get decent accommodation and make sure the most needy pay little or no council tax which why we run the best council tax reduction programme for the needy in the country.
- Fifthly, we must do all we can through the planning system to provide sufficient homes for all, particularly affordable homes, in suitable places and ensure our planners take account of our historic heritage.
- Sixthly, we must preserve both our fine towns and beautiful countryside and foster our sense of community, living peaceably with each other. That's why among our initiatives is our 'Against Litter' campaign.



Contact Me

Residents are welcome to contact me if you wish to discuss any District Council related issues. My Facebook page is at [fb.me/cllrbarrow](https://www.facebook.com/cllrbarrow). Please 'like' the page so you are kept informed. You can also email me at roger@rogerbarrow.com, visit my website at www.cllrbarrow.com or call me on 01243 601100.

Hopefully Spring will soon be in the air, enjoy!

Roger

a date for your diary...

Alpha Course

Exploring the Christian Faith



INTRODUCTION EVENING

including a **FREE MEAL**

WEDNESDAY 30 JANUARY - 7.15pm

Book yourself in - 01243 607741
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The Annual Presentation Evening of Selsey Cricket Club took place on Saturday 1st December, in the Club House, despite having a smaller than usual turnout, the evening was enjoyed by those who attended.

The Presentation of awards was made by the Club President John Reeve, and the Saturday Captain Tom Cripps and Sunday Captain Stuart Montague.

President of Selsey CC John Reeve and Jane Reeve



The cups and awards

Thanks to Pete Amis for compiling the Averages.

The presentation was followed by a meal of Curry and Stew cooked by Ricky Halpin



John Reeve and Sunday Captain Stuart Montague

Thanks to Pete & Carol Driscoll for setting up the tables and decorating the Club, and to Brian Pleasance and Ness & Ian Stocks for doing the bar.

This is a list of cups and awards for 2018.

Veterans Cup.	Tig Hoare
The Wally Lightfoot Sportsmans Cup.	Farhan Bhutta
Patrick Halpin Cup most improved Young Player.	Will Harper
Ian Holmes Cup for Fielding	Nick Horner
The Ron Maidment Cup for Man of the Match.	Nick Horner & Brad Rose
The Duck Cup. (5).	Tom Cripps



John Reeve presenting Saturday Captain Tom Cripps with the Duck Cup

The Paul Fisher Cup for the Highest Scorer (110).	Martin Lee
The Frank Fullick Cup for catching (6).	Farhan Bhutta
First Team Batting Shield (Av 56.60).	Brad Rose
First Team Bowling Shield.	Pete Horner
The Sir Patrick Moore Cup for Bowling (av 20.93).	Farhan Bhutta
The Ted Davis Cup for Batting.	Brad Rose

The Frost Cup	Andy Horner
The Les Stroud Cup for a non player.	Deb Heath
The John Miller Cup.	Tom Amis
The Robert Murphy Cup.	Martin Lee
First Teams Captains Cup.	Luke Cawte
The Bert Buck Players Player Cup.	Tom Cripps & Nick Horner
The Derek Gardiner Cup for Player of the Year.	Nick Horner

Once again thank you to those who attended and for all the people who made this evening happen, and new members playing and non playing very welcome, we also welcome people to help with umpiring and scoring our contact details are.

www.selseycc.co.uk www.facebook.com/selseycc

Twitter @selseycc www.selsey.play-cricket.com

Email info@selseycc.co.uk

Selsey Cricket Club are asking people to Please sign up to #easyfundraising and raise free donations for Selsey Cricket and Football Club when you're buying your shopping online. This short video explains how simple it is and it doesn't cost you anything – <http://efraising.org/q2DfJTijK> Plus, easyfundraising will donate £5 to us for every new supporter who joins and raises their first £5!

How does it work?

easyfundraising turns your everyday online shopping into free donations for your favourite cause. How? Just start your online shopping first at easyfundraising, then shop as normal. Our retailers will then make a small donation to say "thank you".

We have 3,571 retailers to choose from and so far we've raised over £25 million for thousands of community groups, schools, sports clubs, small and large charities across the UK. Easy!

<https://www.easyfundraising.org.uk/support-a-good-cause/step-1/?char=23019>

As part of Selsey Cricket Club Juniors strategy and for the requirements of the all-stars cricket, we require volunteers to become activators (helpers) to support the nominated Sussex coach .



The volunteers do not need to be qualified but just there to assist and help the kids enjoy their experience.

The proposal is to hold a 1 hr session on a Monday evening for an 8 week period. start date to be arranged, possibly back end April start of May ,and start time to be approximately between 5 and 5.30. These details will be confirmed in due course.

Attendance on a activator course will be required and this will be held locally and free of charge. Anyone who requires a more in-depth knowledge here is the web site address ecb.co.uk/play/all-stars

Can we have names in of anyone interested sent to Club Secretary Nic Nolan nick.nolan@neweyroundstone.com

The Club Bar is how closed until the beginning of March.

The 2019 Season starts on Saturday 6th April.

On Sunday 26th May we will be Hosting the Women's Softball Cricket Festival

It is an opportunity for women who have never played cricket, to be able to give it a go and last summer over 700 women in Sussex

tried cricket for the first time.

It is played with specially designed full size plastic bat and incrediball, with multiple pairs cricket games and teams of 6 or 8.

Any Ladies who would like to take part please contact us.

Once again Selsey Cricket Club welcomes the Thespian Thunderer's to Selsey Cricket Club, playing for the Sir Patrick Moore cup and Family day out, Sunday 12th May 2019 12:30 pm for a 1.00 pm start

There will be exciting attractions on the Field, so a fun day out for all the Family.

The Thespian Thunderer's are a team of players from the World of Show Business, and the World's Premier Actors cricket team.

The Thespian Thunderer's with actors and directors involved in a dozen West End shows: The Woman In Black, Pygmalion, The 39 Steps, Yes Prime Minister and Buckley amongst them; not to mention productions at The Donmar, The Old Vic, The National, Chichester and nationwide.

A Thunderer won Best Newcomer in the Edinburgh Festival Comedy Awards, others were longlisted. Thunderers won BAFTAs and starred in hit television series for The BBC, ITV and Sky: Spooks, Horrible Histories, Spy, New Tricks, also from Game of Thrones, Harry Potter, Eastenders.

This will be another great Family Day out at Selsey Cricket Club, and everyone is welcome

We wish all our Members and supporters and Happy Healthy New Year.

Ricky Halpin
Selsey Cricket Club
07968 961323

How to find us
<http://www.selseycc.co.uk/find-us/>



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mob: 07854 169 159



On the 28th November we heard from Steve Miller, that his Mother Jean Miller, Widow and Wife of former Club Chairman and Captain John Miller Sr has passed away today.

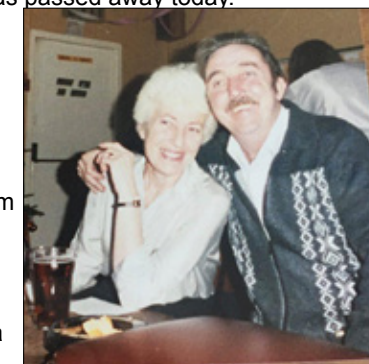
Jean was Mother of former Player, Colts Manager, and Committee member, the Late John Miller Jr.

Jean was very involved over the years with club affairs from fund raising to making teas, and supporting John as Chairman.

Steve wrote to me "it is with a very heavy heart and deep sadness that I inform you that my dear Mum passed away earlier today. I am comforted that she passed peacefully in her sleep and that she is now reunited with my Dad and my brother"

The President Chairman and Committee of Selsey Cricket Club would like to send their sincere condolences to Steve and Family at this very sad time.

R.I.P Jean



Join us on **27th February at 6pm** for a

Surplus Supper
with



Nourishing Our Nation

at East Beach Church
Marisfield Place, Selsey (PO20 0PD)

'Donate-as-you-Dine' for a 3 course meal made with rescued food.....

All donations will contribute to UKHarvest's operations to feed those In need

Open to all the community, but please book your place as numbers limited
Please contact:

Selsey Information Exchange (Selsey Care Shop)
on 01243 201616, or sign up at East Beach Church



East Beach
Evangelical Church



THE CAT & RABBIT RESCUE CENTRE

THE CAT & RABBIT RESCUE CENTRE

Tel: 01243 641409 Reg. Charity no. 1010000

Email: info@crcc.co.uk www.crcc.co.uk

Hello all, it's time for your monthly update (and very first of 2019) from The Cat and Rabbit Rescue Centre.

I hope you all had wonderful Christmas and New Year, and that you are keeping up with all of the New Years' Resolutions that you have made! My own personal resolution is to ensure that I spend much more time snoozing in my comfy office, as I am not too sure I do enough of that already!

Lots have been going on at The Centre in the past few months aside from Christmas. Our incredible Centre Founders, Monique and Nigel have moved away from the centre into semi-retirement.

Although they will not be here on a day-to-day basis, they will still be actively involved in the running of The Centre. We would like to wish them all the best in their new home, and that they enjoy having a bit more time for themselves in future.

January has been an incredible month for rehoming, we found a home for two of our cats, Bob and Nate who had been here at The Centre for 11 months due to their nervous disposition. They now have a wonderful home with lots of land to explore, and we wish them the very best of luck in their new home. Along with those two, we have bid farewell to several of our older cats needing retirement homes too!

Another of our cats, Biffy, would like to say a big thank you to Charlotte, the daughter of one of our lovely cat handlers. Her mum had told her how Biffy is sad and how he finds being at The Centre very stressful, so she very kindly used her pocket money to buy him an advent calendar and a stocking, both of which he very much enjoyed opening. Fingers and paws crossed that he finds his forever home very soon!

That's all from me for now, I hope everyone has a furtastic month, and I will be back in March with my next update.

Love Markus x

If you are interested in adopting a cat, kitten, rabbit or guinea pig then please call us here at the centre on 01243 641409 between 9-4pm during the week.

PS: Our next cat viewing day is on the 23rd of February from 12.00 until 2.00pm. Viewing days are non-appointment days so people thinking of adopting a cat can pop along. Otherwise we rehome 7 days a week by appointment only.



THE CAT & RABBIT RESCUE CENTRE

Have you visited the Cat & Rabbit Rescue Centre Charity Shop at 9 The Parade, Selsey?

It is full of fantastic bric-a-brac, including antiques, pictures, jewellery, as well as clothes for every occasion, beautiful bedding, curtains, craft items, and good quality furniture.

If you have time to spare, why not become a volunteer, just visit Sue or Nicky in the shop.

1ST SELSEY SCOUTS Charity Shop
Scout HQ, School Lane ~ every Saturday
between 10 am -12 noon
Bric-a-brac ~ Clothes ~ Et al



Pet of the Month Chasiu & Congee February 2019



This month allow us to introduce Chasiu and Congee. They are brothers and only a year and a half old. They have been living at The Centre for a year now after their previous owner became too unwell to look after them. They are both very sweet and inquisitive bunnies although they would benefit from more handling. They are very close brothers spending most of their days sprawled out lying next to each other. They are large rabbits so their new home would need to have accommodation large enough to give them plenty of space. Full details of the type of accommodation needed are available on request from us here at The Centre. If you think you may be able to give Chasiu and Congee the new home they deserve please give The Centre a call Monday to Friday from 9am-4pm. We also have a pair of sisters from the same family as Chasiu and Congee who are also waiting to be adopted if you prefer two females.

THE CAT & RABBIT RESCUE CENTRE
Holborow Lodge, Chalder Lane, Sidlesham, W.
Sussex PO20 7RJ



Also find us on facebook www.facebook.com/catandrabbitrescuecentre

The Catholic Parish of Our Lady of Mount Carmel & St Wilfrid

Church Road, Selsey, PO20 0LS

Tel: 01243 602312

Mass Times

Saturday: 5.30 pm

Sunday: 10.00 am

Monday & Friday 10.00 am*

Reconciliation: Saturday

4.45 pm - 5.15 pm

Parish Priest: Fr John Healy

*Subject to change please see website:

www.stwilfridselsey.co.uk

Also **Church Hall and Kitchen**

Available for Hire with free car parking

Contact: Sylvia Gill on 01243 605897



Brent Lodge Briefing's – Amazing achievements

We just wanted to start this year by updating you on our achievements from 2018, we are humbled to end the year 2018 by being nominated and receiving the following awards that recognise the value of our care to wildlife... we couldn't have done it without the support of the community.

'Hero to Animals' Community Observer Award 2018 Winner

'Best Rescue Centre UK' Animal Star Award 2018 Winner

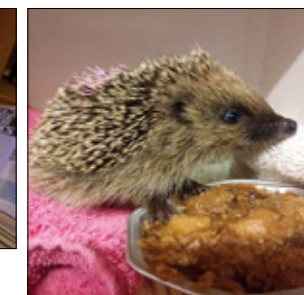
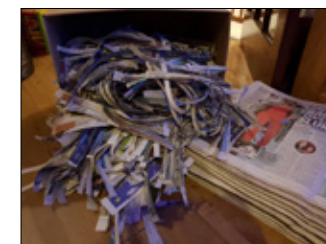
'Animal Welfare' BBC Sussex and Surrey Community Heroes Awards 2018 Nominee



The start of 2019 saw the completion of our new hedgehog acclimatisation garden, with more hedgehogs coming in this couldn't come soon enough. The hedgehog garden located outside is designed to house our larger hedgehogs who no longer need intensive care. This garden will be used to put our more established hedgehogs in before release, so that they can get familiar to cooler temperatures much like those in their natural environment. By moving hedgehogs into our outside pre-release enclosure, this will help free up some of the space in the hospital, so we can care for more hedgehogs that need more intensive care.

For now though we still have a huge number of hedgehogs in our care, so we are running out of newspapers FAST! We use newspaper to line our cages and to make bedding to keep all of our spikey friends warm. We are using 8- 10 bin liners-full every day!

Can you help by shredding some newspapers for us? I'm afraid we can ONLY use newspaper (office paper gives the hedgehogs paper cuts) and it has to be shredded into strips, not cross-cut. You can hand shred the newspaper or you can put it through a machine shredder. Again, strip cut only, not cross-cut, so if you can donate any unwanted newspapers we would be grateful.



18) Which Swedish actress was married to Peter Sellers?

19) Was chancellor Angela Merkel born in East or West Germany?

20) Which Sioux chief was killed by police while being arrested?

21) Film actor Laurence Harvey was born in which country?

PLEASE NOTE LAST DATE FOR SUBMISSIONS FOR ENTRY INTO NEXT SELSEY LIFE IS 16TH FEBRUARY

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Platinum Anniversary for Selsey Couple

Madge and Basil Lambert have recently celebrated their 70th, Platinum, wedding anniversary.

The couple are now both 95-years-old. Their first meeting was during the Burma Campaign against the Japanese in World War 2. They met in a place called Chittagong, India, in 1944.



In the spring of 1944 Lord Louis Mountbatten, head of South East Asia Command, had made a plea for more nurses to serve in the Far East. Madge responded to this, and was posted to Chittagong.

Her future husband, Basil, had joined the Army in 1943.



In 2018 Madge was co-author on a book about their enduring love affair, 'Some Sunny Day'. The book, listed as an Amazon Books Best Seller, has already sold in it's thousands.

It tells the story of how 21-years-old newly-trained nurse Madge left her duties at Stoke Mandeville hospital in Buckinghamshire to sail on a troopship, passing through the dangerous waters of the Bay of Biscay where she celebrated her 21 st birthday.



The three week passage took them through the Mediterranean Sea, which was still home to German U-Boats, then through the Suez Canal.

She finally arrived at her destination in Chittagong. Here she treated troops for Malaria by day and accompanied soldiers to dances by night.

'We helped to keep them company and chat to them. To cheer them up, I suppose. This sometimes only gave us two hours sleep and then we'd be up again for our shift during the day. You just got on with it,' Madge said.

In the meantime, both Basil and Brian, his younger brother, had signed up for the army in 1943 and had been on a three month journey to get to India, again under constant threat of submarine attack

Madge recalls she met Basil through her friend Mack, Basil's roommate. 'Mack and I had been out together but it wasn't going to work really,' she said.

'I needed a stamp so I asked Mack and he said he had one in his room. I went back with him and there was Basil with his feet up on a little table reading something. He didn't even acknowledge me until right at the end – it was very rude.

'On leaving I turned to Mack and said: "Who does he think he is?"'

Basil said 'She was very beautiful. I heard what Madge said about me and I thought: "Well I must make up for that!" so I took her out for dinner.'

Madge added 'Yes, and he purposefully put me off Mack!'

The couple could only at most meet up once a fortnight due to duties, but they quickly grew fond of one another.

On hearing that he was being



posted to Rangoon, Basil and Madge made sure to enjoy what little time they did have together, going on trips to the cinema and the beach. On his leaving, they promised to write to each other every day, even as he moved on to Vietnam and to an island off the coast of Borneo. They were reunited in England in 1947.

Basil and Madge were married shortly afterwards at St. Mary's Church in Horsell.

'It was absolutely lovely,' Mr Lambert said. 'I can't believe that it was 70 years ago,' Mrs Lambert added.

Mrs Lambert says 'We're incredibly lucky to have got this far, I think that's what you could call it – luck, because we haven't done anything different to anyone else.'

The couple have appeared on BBC1's Strictly Come Dancing on Remembrance Sunday in 2016. Madge commented that they, along with others on the show, didn't know they were going to be part of a dance. The couple embraced at the end of a routine about their lives that had been performed by professional dancers AJ Pritchard and Chloe Hewitt.

'It was absolutely wonderful,' Madge.

Since their appearance on Strictly Come Dancing they have been invited to three of Her Majesty The Queen's garden parties, so is She a fan we wonder?

With her usual good humour, Mrs Lambert asserts that her meeting with Prince Harry is the reason he proposed to Meghan Markle.

They have a silver-framed picture of Madge cheek-to-cheek with the grinning Prince. Madge said 'I told him to hurry up and get on with it, and then three weeks later they were engaged!' She laughingly continued 'I was a little annoyed about it though – I thought he would have chosen me.'

The couple now live a quiet, contented life in Selsey, and regularly meet up with their two children, Carolyn, 67, and Angela, 65 for family meals and going to swimming and gym classes on a Friday.

Madge says their secret is to take each day as it comes.

Basil says it is simply to 'listen to Madge!'.



VALENTINE'S DAY
Wishes
FOR HER!



VALENTINE'S DAY
Wishes
FOR HIM!



Selsey Model Boat Club

The Club meets twice a week at the pond on East Beach, weather permitting, when members sail their radio controlled boats
Times: 10.00am until noon on Sundays and Wednesdays

The first Sunday of each month is Race Day
New members welcome
or just pop along to have a look and a chat
contact Chris on Selsey 601550

THE WRITERS CIRCLE

meets on the first Tuesday of every month in The Methodist Hall, High Street, from 2.00pm until 4.30pm
If you are already writing or a complete beginner you will be given a warm welcome by our small, friendly group of ladies and a few gentlemen
Membership is £12 per year and £2.00 per session.
Tea or Coffee included.
For more information contact Pat Read Tel: 601550

Selsey Bridge Club

All welcome
Friendly group of mixed ability
Thursday afternoons
2pm - 5pm
Selsey Centre Manor Road
call Carole Kinross 01243 602250
for information

Selsey Baking Club meets on 3rd Wednesday of each month at St Wilfrids Church Hall, Church Road, Selsey at 7.30pm. Please find us on Facebook to find out this month's theme or email us at selseybakingclub@hotmail.com

Art Workshop

in aid of

The Sussex Snowdrop Trust

with Angela Benwell and Ann Hill



Drawing techniques and Create a Portrait in Pastel

Saturday 16th February 10.00am – 4.00pm

St Wilfrid's Church Hall, Church Road, Selsey

Price - £20 with some materials provided

Class size limited to 15

If you would like to reserve a place please contact Angela Benwell

01243 603332 or email – dwbenwell@gmail.com

The Sussex Snowdrop Trust provides nursing care at home for children with life threatening or terminal illnesses and support for their families

www.thesussexsnowdroptrust.com

Registered Charity No 1096622

Darby & Joan Club Selsey

The club meets every Friday between 2.00 & 4.00 at St. Peter's church hall
for a game of prize bingo and raffles
and of course a nice cup of tea and chat.

Also during the year we have subsidised days out to garden centres for cream teas and a bit of shopping. Transport to the hall is supplied by Selsey Venture bus, if you are a member of this great service they offer.

We are a club are affiliated to the R.V.S
For more information please call Kim or Graham
on 01243 937 730 or 07838 549 034



Selsey men in Sheds

www.selsey-men-in-sheds.co.uk

We are open every Tuesday 10am till 4pm. Fancy making something out of wood ? How about helping someone make something. Share and learn skills with others, or drop in for a cuppa.

Call Bill on 01243 605770

**SELSEY CANCER RELIEF FUND DATES
TO REMEMBER Methodist Church Hall 10am**

Saturday 2nd February Jumble Sale 10am

Saturday 2nd March Mad March Fayre 10am

Saturday 6th April Jumble Sale 10am

There is ample parking behind the Fire Station.

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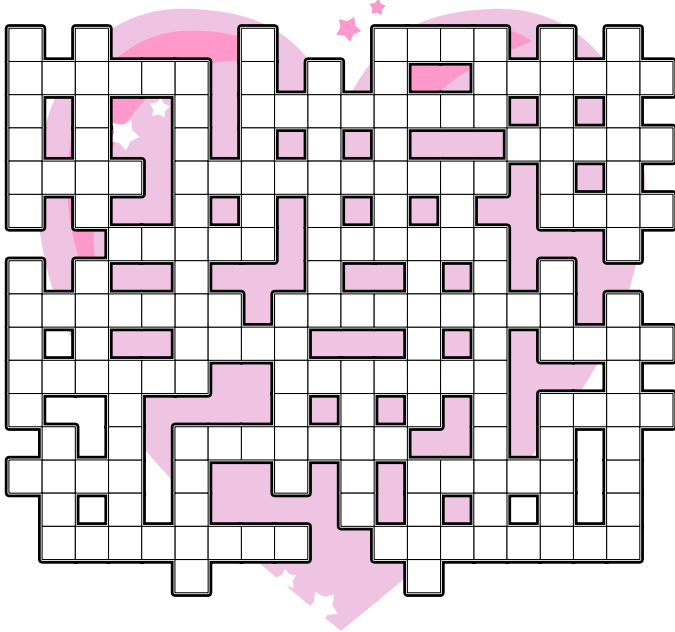
01243 837784

tvaerials@sky.com

Steve's Puzzle Page

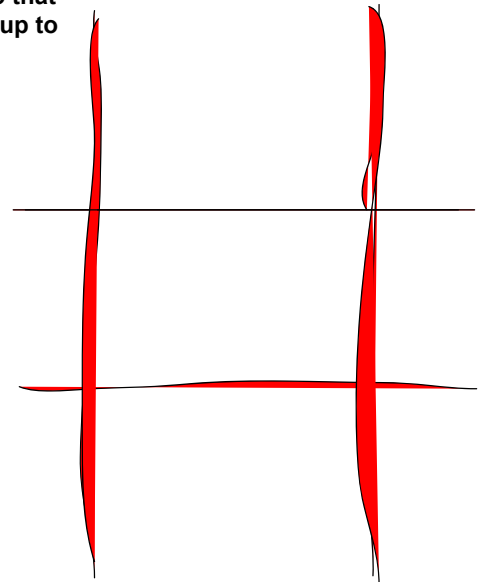
FILL-IN (or CRISS-CROSS) CROSSWORD PUZZLE

Fill in the blanks with the words: ADMIRATION, ADORER, AMORETTO, BESTMAN, BRIDE, CARESS, CONSTANCY, COUPLE, CUPID, DATING, ENGAGEMENT, EYRE, GIMP, GLAD, GROOM, HEARTEN, HEDGES, HUGS, ISEULT, JULIET, KISS, LYRE, MEALS, ODE, PASSIONS, PENELOPE, PRESENTS, QUEEN, RENDEZVOUS, RING, ROMANCE, ROMEO, ROSE, RYE, SCENTS, SHY, SYMPATHY, TENDER, TIER, TRISTAN, TULLE, ULYSSES, UNISON, WEDDING.



Using the numbers 1 to 9, without repeating a number, arrange the numbers so that each winning line adds up to 15.

			7		5		1	4
1			8	3				
3	5			1		9	2	8
2		5	9			1		7
	6						5	
7		9	2		1	8		
	1	2	4	8			9	
4						6		1
	9				6	4		2



LAST MONTH'S ANSWERS

- 1) Leopold I 2) The Best of Me 3) Seeds 4) Geelong Grammar 5) Lime tree 6) Perfect balance (not yinyang like I thought) 7) Island of pelicans 8) Israel 9) Grand Duchess Charlotte 10) Marsupial 11) Antarctica 12) Olympique de Marseille 13) St Augustine 14) For Whom the Bell Tolls 15) Blenheim Palace 16) Carabosse 17) Karl Marx 18) Edith Cavell 19) Audie Murphy 20) Flock 21) Card games 22) Popeye Doyle 23) Tuberculosis 24) 70 25) 133 26) Austria 27) Calf (Not George) 28) Poi 29) Femur (thighbone) 30) Kidneys 31) In the summer 32) Joseph Black 33) Kookaburra 34) Gene Cernan (Apollo 17, 1972) 35) Bailey 36) Medusa 37) Aphrodite and Venus 38) Anne Robinson 39) Linda Tripp 40) Lana Turner 41) Andrew Fintoff 42) Franz Joseph Haydn 43) Marilyn Monroe 44) The Diaspora 45) Hammer and Sickle 46) Magistrate

Codeword

ANSWER: 1=S, 2=A, 3=L, 4=G, 5=V, 6=L, 7=N, 8=T, 9=R, 10=E, 11=K, 12=O, 13=M, 14=Y, 15=P, 16=C, 17=H, 18=W, 19=F, 20=U, 21=B, 22=Q, 23=Z, 24=D, 25=J, 26=X.

Test tubes

- (1) SNOW. FROST. MITTENS. SCARF. (2) SKIING. SKATING. HOCKEY. SLEDDING. (3) HOLIDAYS. DECEMBER. WISHES. PRESENTS. (4) ROBIN. SNOWMAN. REINDEER. SANTA.



Middle page answers

E	R	O	W	M	A	N	R	B	R
K	S	N	T	S	I	M	E	G	E
C	A	R	L	E	T	O	E	N	A
H	C	O	T	U	N	S	S	I	D
R	S	E	T	T	I	E	L	G	E
I	N	I	O	P	A	V	O	C	N
S	T	M	A	S	E	L	R	A	A
T	E	E	R	T	Y	C	A	N	C
O	A	C	T	O	R	N	I	D	Y
Y	F	Y	L	L	O	H	B	O	R

S	R	E	T	W	F	L	A	P	O
T	W	I	N	O	N	S	K	E	L
H	G	I	L	S	A	M	E	T	E
S	S	S	T	F	I	T	S	R	O
T	E	B	E	C	G	S	R	E	N
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E	B	U	B	D	H	R	R	T	D
M	S	R	E	S	A	N	E	I	R
A	U	A	L	C	A	T	I	N	A
N	R	O	R	E	N	G	C		

