



Christmas will not be the same this year, but at KSS we have been working hard to put some sparkle back into your festive season

- Brew with the (Christmas) Crew Join us virtually at 6.30pm on the 15th December. Register for your invite below
- Why not give your virtual Christmas get together a KSS twist and download our fun party pack
- Or simply donate to our Christmas appeal to help our life-saving work



TVI Visit: www.aakss.org.uk/christmas-with-kss/ Call: 01634 471 900 Kent, Surrey & Sussex Air Ambulance Trust, Air Ambulance Building, Rochester City Airport, Maidstone Road, Chatham, Kent ME5 9SD ♦ Charity no. 1021367 ♦ A company limited by guarantee ♦ Registered in England and Wales ♦ Company no. 280324

Tenchley Manor Nursing Home

Our team extends a warm welcome to you and your family and friends



Inspected and rated



Providing personalised nursing care to physically disabled adults and elderly residents by our professional staff

The accommodation is light and spacious with a choice of areas where residents can welcome

family and friends. Large landscaped gardens stretching down to the shoreline with magnificent views across the English Channel towards the Isle of Wight.



Ursula Square, Seal Road, Selsey, PO20 0HS Tel: 01243-606060 www.cheerhealth.co.uk



Selsey & District Lions Club

Christmas Carol Float Routes December 2020

Sun.6th: 5.00pm Manor Road, Mountwood Road, Broomfield Road. Elm Tree Close (+cul-de-sacs). Manor Road, Grafton Road (Up to Grove Road), Chayle Gardens, Western Road

Mon.7th: 5.30pm Mundham and Runcton area

Tues.8th: 5.30pm Beach Road, Marrisfield Place, Kingsway, Albion Road, Sunnymead Drive & Close

Wed.9th: 5.30pm Church Road, St. Peter's Crescent, Wellington Gardens, Malthouse Road (+cul-de-sacs), High Street, East Street, North Road, Netherton Close.

Thurs.10th: 5.30pm Merryfield Drive, Burlington Gardens, Tretawn Gardens, Constable Drive, Gainsborough Drive, Landseer Drive, Hannover Close, Lingfield Way, Littlefield Close

Fri.11th: 5.00pm Manor Farm Close, Chichester Road, Hunisett Close, Millington Drive, Fidler Close, Petts Close, Robinson Close

Sun.13th: 5.00 pm Marine Drive, Broad View, Eastway/Bank, Fontwell Road, Gillway, Chichester Way

Tues.15th: 5.30pm Hunston: Foxbridge Drive, St. Leodegars Way, Orchard Side, Westlands Road, Little Boultons. (For Safety Reasons there will be no collections on the B2145 main road)

Wed.16th: 5.30pm Ursula Square & Avenue, Seal Road & Square, Mariner Gardens, Hillfield Road, Bridge Way, Peachy Road, Green Lane, Meadowlands, Latham Road, Langton Close, High Street, Bridleway, Croft Way

Thurs.17th: 5.30pm Grafton Road (from Grove Road), Lifeboat Way, Coxswain Way, Wright Way, Barnes Close, Canadian Crescent, Pacific Way, Jones Square, Beacon Drive, Lawrence Close, Mixon Close, Sparshott Road, Pennycord Close

Fri.18th: 5.30pm East Beach Road, Drift Road, Solar Drive, Tranquillity Way, Lunar Crescent, Orbit Gardens, Halley View, Jodrell Place, Wheatfield Road, Manor Lane

Sun.20th: 5.00 pm Sidlesham area

Mon.21st: 5.30pm West Street (+cul-de-sacs), Bonnar Road, Clayton Road, Seagrove, Vincent Road, Coxes Road, Warner Road

Tues.22nd: 5.30pm Bill House, Byways, Solent Way, Seal Road, York Road, Tythe Barn Road, Green Lane, Windsor Road, Grove Road, Orchard Avenue, Southern Road, Longacre (Beaufield), Woodlands Road, Beach Gardens, Cherry Gardens, Ursuala / St. Itha Road

Wed.23rd: 5.30pm Old Farm Road, Spinney Close, Granary Lane, Mc.Nair Close, Honeysuckle Lane, Blackberry Lane, Donaldson Close, Colt Street, Acorn Close, Horsefield Road, Coppice Lane, Saddle Lane, Paddock Lane, Horseshoe, Large Acres, Crablands

Static Collections: Sat.5th Asda, Sat.12th East Beach, Sat.19th Co-Op, Thurs.24th High Street

The above will depend on Covid 19 regulations at the time

St Wilfrid's Hospice Available in all 12 shops and by searching "St Wilfrid's' o



Last month the lockdown was introduced just as we were going to press. This month we are going to press just in advance of knowing for certain if the lockdown is being lifted. For this reason, we would again urge you to contact any persons or organisations before you go to them to ensure the events are still to take place.

Due to lockdown we were unable to visit all of the money boxes, so we do not know what the full takings for October were yet, so we will be publishing a February issue - thank you to all of you who have paid for the magazine. However, we still advise that if people do not pay for the magazine, we will make March the last ssue. If anyone would like to donate £20,000 that would keep us going for a couple of years but of course every little 11 helps, especially the cover price, so please do pay for your issue.



We have raised the cover price of the magazine this month, following feedback from many people, and it is a two month issue. We are happy to receive further feedback on this, what are your thoughts?

We hope you enjoy the magazine as always.

This month, we have both an adult and a children's colouring competition in the magazine, so good luck to all who enter for that.

May we at Selsey Life send a big thank you, together with best wishes for a Happy Christmas and a pleasant New Year, to all of our readers, our contributors, our advertisers, our distributors and our printers - we do it for you but we could not do it without you. We appreciate you all.

See you all next year!



We have our first page sponsor this month, thank you to Sylvia Taylor. Would you like to sponsor the Selsey Life magazine? If not the full magazine, how about sponsoring a page for a month for £20.00? We may not be able to guarantee what page, it would be on a first come basis, but we would try to match you if possible.

Is this of interest? Please email the Selsey Life in the usual way, selseylife@btinternet.com.

Lloyd Bank sort code 30-98-97, account number 43314960

Our 5% offer for anybody who gets us new advertisers still stands.



Sunset at Marine Beach by Meryn Woodland

Lorraine Kay sold all of her calendars, and she raised £776 from the calendars, and then 3 generous donations put the total up to a £1000 which she donated to Chichester Rotary Club, for struggling families in Selsev and Christmas tov sacks. Initially she was only going to order 50 calendars, but ended up ordering 3 x 50, and sold all 150 in just over 3 weeks, she was amazed.

Lorraine has a friend who makes clocks and tides clocks, and bookmarks, the clocks are made to order.

The tide clocks are £24.95, the clocks are £12.99 and the bookmarks are £3.95. If you are intersted, please contact Lorraine on 07813 656352 to order.



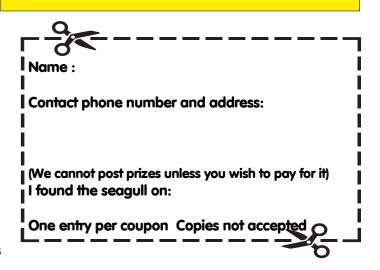
This month, we have a calendar generously donated by Lorraine Kay, made from all her own photos, who has sold many for charity, and we are also enclosing a Texas Hold'em Poker set, and a Pointless, the board game, (it says with all new Pointless answers if that is of interest.)

To win this lot, simply find the Selsey Seagull hidden somewhere in the magazine, (not this page) and then complete the coupon below and post in one of the two boxes at either Raycrafts, 119 High Street, or Pretty's Newsagents at 4 Orchard Parade. The competition closes

on Thursday 17th December at noon. One entry per coupon, copies not accepted. Good luck.



Last month the Seagull was on the Turkey Tees cartoon on page 33. (I did panic and thought I had not put in the seagull and I could not see it, so I had to have a peek in the answer box to see what our clever readers had found.) The winner was Lilian Livingstone who won the calendar generously donated by coastalij. We trust she enjoys the calendar, and we thank costaljj for the prize. The winner was drawn by Sue Moran at Rudwicks Hardware, High Street.







ARTS DREAM SELSEY (ADS)

Well what a year it has been! Very devastating for the arts and for Arts Dream.

ADS has cancelled, postponed, started again, postponed again, and generally tried our absolute best to offer some creative activities for the community. We are desperate to get back to providing stimulating and entertaining arts activity for you to engage with and be inspired by.

We all know:

'Art is the highest form of hope, and creativity is the expression of the soul'

How dull our lives would be without the arts!

Thanks to everyone who has enjoyed our posted Facebook arts activities, that have included the best art, dance, theatre and music from around the world. It is satisfying to see how many people have commented and liked these activities. Just like our Facebook page and join in the fun!

Just to remind everyone as we recharge and get set for lift off for the year ahead:

Arts Dream Selsey was founded in October 2012, as a voluntary arts organisation and is now a Charitable Company and aspires to promote, maintain improve and advance education and appreciation of the arts in all its forms among the people of Selsey and District community.

We engage people in a range of arts participatory projects, to include workshops, demonstrations, projects, choral activities, productions and exhibitions that involve residents, community artists, teachers, and national professional artists in a shared arts experience.

Details on all our activities are on; www.artsdream2013selsey.weebly.com www.selsey57.org.uk

www.artsdreamselseyartists.co.uk Arts Dream Selsey

Artsdreamselseyartists Contact on: artsdreamselsey@gmail.com chrisbutlerselsev@hotmail.co.uk

Chris Butler. Director Arts Dream Selsev

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CORONAVIRUS





Visit our website for the latest advice and updates »

SPREAD THE MESSAGE NOT THE VIRUS #KEEPWESTSUSSEXSAFE



Arts Dream Selsey presents ;

ONE LAST ADVENTURE

A Radio Play written by award winning playwright Gillian Plowman. Read by eight of our favourite actors, accompanied on the piano by Sylvia Rota, performed to a small intimate audience

In the lockdown of Coronavirus 2020, and the 75th anniversary of VE Day Johnnie 96 and Rose 95 take us back to 1944 to the start of their relationship and the horrors of World WAR 11. They share their memories and experiences and prepare for 'One last Adventure



- Covid safe environment
- · St Peter's Church Hall Selsey
- Saturday December 12TH and Sunday December the 13th Performance times on both days 2.30pm, 4.30pm, 7.30pm
- Tickets available during lockdown on 07861590699 Cost €7.00
- The reading lasts for 55 minutes. Book early, 25 audience members per show
- No tickets on the door
- Track and trace information on each ticket
- Full details, and ADS Covid risk assessment on www.artsdream2013selsey.weebly.com

Synopsis One last Adventure

Johnnie and Rose are a devoted couple in their nineties, living together in the time of the Corona virus. It is April 21 2020. They are in lockdown. Rose has a new smart phone and persuades Johnnie to record for posterity his wartime experience of being shot down whilst on a bombing raid over Germany, and of his time in the notorious prison camp Stalag Luft III where his determination to return to his sweetheart, Rose, helps him survive. Lockdown begins to feel as oppressive to Johnnie as being locked up all those years ago. The rebellious pair decide to have one last adventure

The wartime story is based on the memoirs of Gillian's friend and neighbour, Jimmy Birchall, a bomber pilot who was shot down in April 1944 and interred in the notorious Stalag Luft III prison. Gillian helped *Jimmy record and publish the memoirs in a limited edition book. Jimmy* always enjoyed coming to see Gillian's plays in Selsey and loved meeting the actors. Before he died in March 2020, Jimmy gave Gillian permission to use his memoirs as the basis of One Last Adventure. He would have

been delighted to see those actors in his own story!



This Christmas will be for many, very different from all others. For St Wilfrid's, it is a time when our compassionate care and companionship is a gift gratefully received by patients and their loved ones as they face an uncertain festive season.

This Christmas we will be supporting over 330 patients and their families, and by the New Year we will have handed over 900 referrals in 2020 alone. Our staff strive to combat these anxious times with humour, humility and humanity. The PPE might cover our smiles, but we are all keen to show patients and each other, our smiling, empathetic and compassionate best selves as ever.

This time of year is still a special one for making memories and St Wilfrid's will continue to serve throughout the festive season, ensuring local people facing life limiting illness can share more precious moments with loved ones.

From the St Wilfrid's Hospice family to yours, Merry Christmas.

For our full range of festive fundraiser you can take part in visit stwh.co.uk/Christmas

Brilliant Night In -

Sip, savour and support us this Christmas with a gintastic night in with Brilliant Gin. Supporters purchasing gin from www.brilliantgin.co.uk can select



'DONATE' at till which will gift St Wilfrid's a 15% donation from the gin company from every bottle

sold. Then download our FREE activity pack which includes tasting notes, canapes recipes and a quiz for those who wish to host a virtual fundraiser at stwh.co.uk/brilliantgin.

Recycling Christmas Trees -

The simplest, greenest and most charitable way to recycle your Christmas tree this year is to get involved in St Wilfrid's Christmas Tree Recycling Scheme. Let St Wilfrid's wonderful team of volunteers collect your tree and ethically dispose of it for you from 6th January 2021 in return for a donation to the Hospice.



Breathe Well, Live Well The full series of podcasts is available now with each offering tips and techniques to enable



you to learn from home how to better cope with Breathlessness and other respiratory issues. stwh.co.uk/breathewell

Light Up A Life

Our traditional annual remembrance event held on Sunday 6th December at 6pm. Join us for an evening with readings on Facebook @stwilfridschichester and via our YouTube Channel.



1) What was Dr Josef Mengele called?

- 2) Of which country is the island of Zanzibar part?
- 3) What does a notaphile collect?

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St Wilfrid's Hospice

Making a difference to local lives

Sustainable shopping/ Secret Santa

Our retail shops and ebay store have a grotto-full of pre-loved treasure for socially responsible secret Santa's to shop sustainably (Try saying that three times fast!) Festive ranges are being added weekly with a dozen Xmas card designs available now. Search 'St Wilfrid's' on Ebay to find us!



Celebration Tree

Celebrate a loved one or a special anniversary by selecting leaf to be a specially inscribed on the Hospice Celebration Tree.

Volunteering

Over 30 roles are available with time commitments to suit you. Join a fun supportive team doing for filling work that grows confidence, skills and friendships. If you want to start the year in Santa's good books sign up to be a Christmas tree collection volunteer! Email volunteering@stwh.co.uk to find out more.



Dear Parents of vounger children.

Please find the list of venues that have agreed to house the Selsey & District Lions Father Christmas mail boxes.

They are both the Selsey Co-op stores,

Selsey Care shop 121, High Street

John Country Gardens Green Grocers, High Street,

Francis Butchers Ltd. East Beach Shop Parade.

Letters may also be left at Seal Butchers High Street, Selsey.

Selsey & District Lions are very grateful to these shops for their very kind co-operation in this matter.

The letter boxes will be in these shops from Monday 30th November until Monday 21st December.

There will also be a letter box on the Father Christmas float for static displays.

Yours faithfully

Brian Hall

President Selsey & District Lions Club

It was the Boxing Day football match in Charles Dickens' London, and the team led by Ebenezer Scrooge scored a fantastic winning goal. The match report in the local paper carried the line "The ghost of Christmas passed...."

[am blessed with this great ability to tell what is wrapped up as presents. It must be a gift..

Santa just couldn't sell Donner & Blitzen. They were two leer

DONNA'S DELIBERATIONS

Scheme will continue to help Chichester District residents on low incomes pay their council tax.

A scheme which supports low income residents across Chichester District to pay their council tax has been renewed.

The Council Tax Reduction Scheme for 2021 - 2022 was agreed by Chichester District Council's Cabinet at its meeting on Tuesday 3 November 2020.

Councillor Peter Wilding, Cabinet Member for Finance at Chichester District Council. said: "The coronavirus pandemic has had a significant impact on our residents, and has resulted in a loss of income for some households in our district. If you are struggling to meet the cost of your Council Tax I would really urge you to consider making an application for a reduction as it will make a huge difference.

"Council Tax Reduction is a means tested benefit and does not take into account your outgoings. If you have claimed other benefits such as Universal Credit it is important to remember to make an application for this support directly to us, this will ensure that you don't miss out on support that you may be entitled to. You can find out more on our website at

www.chichester.gov.uk/myaccount"

The council also runs an additional discretionary council tax reduction scheme which runs alongside the main scheme. This year a new discretionary category was introduced to specifically support people whose incomes have reduced as a result of the pandemic.

All working age recipients of the Local Council Tax Reduction scheme will have received up to an additional £150 in Council Tax Reduction for this financial year. This extra support will continue for all working age applicants of Council Tax Reduction for the rest of the financial year, or as long as the funding lasts. The discretionary element was also extended to include people who are not working age, or not in receipt of the main scheme.

Support is available to anyone who is on a low income who has suffered financial hardship as a consequence of the Coronavirus pandemic. People can find out more or make a claim by visiting www.chichester.gov.uk/benefitforms

Cllr Wilding adds: "If you are at all concerned about meeting the cost of your council tax or you need some further information or advice then do please contact us. The easiest way to do this is by emailing benefits@chichester.gov.uk or by calling 01243 534509."

4) Where did the game of Fives originate?

- 5) In which country were venetian blinds invented?
- 6) The Jewish Day of Atonement is also called what?
- 7) How many psalms are there in the Book of Psalms.



MALE AND FEMALE

48 High Street, Selsey

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heathervinten.48@gmail.com



Friends of Selsey Medica Centre (FSMC) Charity No: 1013645

By the time this issue is on sale, we will be at the end of the four week lockdown with some hope that there is a long term solution with the announcement that a vaccine will soon be available.

Delivering this will be a huge effort for the surgery so Friends will be even more important to help supply any extra equipment needed.

The Membership Secretary has reported that less than 300 members have joined Friends this year which is very disappointing.

At the start of lockdown in March, Friends agreed to cover the cost of the new flooring which was required to help to keep the premises Covid safe for all Staff and patients.

This outlay was a considerable amount of the annual income so any further spending on any costly essential equipment may need to be financed from reserves.

This is worrying as Friends hope to be able to continue to support the Centre for many more years but without the annual top-up from Membership subscriptions this support may end sooner than anticipated.

We understand that it may have been difficult to pay in the usual way so the Committee are looking at how this can be made easier without attracting additional costs.

On a happier note, a patient has reported that they really appreciated not needing to travel out of Selsey for his eye examination required for his annual diabetes review.

The camera purchased with the help of Friends has made this review less stressful.

So, here we are a few weeks away from Christmas with usual plans for everyone uncertain.

Whatever you are planning, do it safely.

The Committee would like to thank all those who have supported Friends this year and wish everyone a Happy Christmas and safe and healthy New Year.

Contact Rosemary Cook for information on how to become a Member - we need YOU!

Tel: (01243) 945263 or e-mail diablo1066@outlook.com

- 8) What can be a short jacket or a dance?
- 9) What is the cube root of 64?

6

10) In which London palace was Queen Elizabeth I born?



I have to admit that I succumbed to a writer's worst nightmare

today - I opened the computer and sat, staring, at the metaphorical blank page. It doesn't often happen as I usually find myself composing narratives in my head, in the middle of the night, so by the time I actually make a start, I've pretty much done whatever it is I'm supposed to be doing. This year is a bit different though, my usual excitement and anticipation for the festive season is



somewhat tempered - it will still be Christmas, but probably 'not as we know it'.

It seems disrespectful not to acknowledge the fact that for many people, 2020 has been a truly dreadful year and whilst we have an amazing community down here at the bottom of the long and winding road, we are far from being immune to the impact of the coronavirus pandemic - the festive season this year, is bound to look very different. Sadly, the annual event to accompany the light switch on had to be cancelled and there can be no Community Christmas lunch. As ever, our community rallies to support each other and there is no need for any individual or family to go hungry over Christmas. The Foodbank is well stocked and Selsey Town Council and the Care Shop can issue vouchers and provide advice when needed. The West Sussex Community Hub is also a wealth of information and can be reached on 0330 222 7980. As I write, one of our wonderful Community Groups is also looking at providing hot meals for our young ones and their families if needed, over the Christmas school holidays. The hardest step to take is always the first but that phrase 'it's Okay to not be Okay' has never been more relevant. Life has a habit of throwing us the odd 'googly' and we cannot always prepare for the unexpected - we all need help of one kind or another at some time or another. So please, if you find yourself in a difficult situation, reach out for help and advice; it will be given without question or judgement. It's a cliche, but we really are 'all in this together' and we will get through it, together.

So, with all that being said, how are the Christmas preparations coming along? As usual I will be hurtling around some shop or other on Christmas Eve (assuming I can) and handing someone

a flamboyantly gift wrapped box of tissues on Christmas Day nothing ever changes. I have noticed, though, that when I become stressed about getting something done, I tend not to process things very well: last week, as ever, trying to get what my mum would call a 'quart into a pint pot' in terms of time. I hurtled down the stairs clutching an insulated mug of tea and a milk



bottle. It wasn't until we'd reached Sidlesham that I realised I'd left the tea out for the milkman and put the empty milk bottle in the car! My daughter, as you can imagine, was highly amused and the somewhat longsuffering Mr J asked if I wanted him to turn back! I'd like to say that sort of eccentric behaviour has come with age but, frankly, I've always been like it. It's guite normal for my family to stand at the door as I leave and ask if I have my keys, my phone, This year, we all know, is going to be a bit different from previous my wallet and whatever else I may need. How I have managed to raise two such organised offspring, I will never know!

Truth to tell, I do miss the days when my children were little and they embraced Christmas as only a child can - my son's face when opening the living room door on Christmas morning one year, to see his new bike is firmly etched in my memory. We used to start shopping for Christmas goodies weeks before the day itself and he loved picking something from the 'seasonal aisle' to carefully pack



away into the 'Christmas box' to be kept safely until the day itself. For a very few precious years, he would proudly bring the box into the kitchen on Christmas Eve and carefully examine everything we had bought during the previous weeks. Memories like that are simple and yet beyond price - I'd be more than happy to cancel all my requests of Santa if he would give me back one of those years. Memories have a tendency to slip and slide somewhat - some take on a far more vibrant significance, but they all evoke important emotions which are heightened at this time of year. As Dr Seuss once said: 'Sometimes you will never know the value of a moment until it becomes a memory!'

I didn't have that many Christmases with my Dad - and I wish I had made a conscious effort to lay down the unique and irreplaceable moments of my last Christmas with him. Unfortunately, as teenagers, we always think we have forever and so it never crossed my mind that his last Christmas with us would be just that. Over the years, I've tried to recall it, but sadly, to no avail. All that stays with me are broad, generalised, hazy memories of Christmas mornings with both my parents. My Dad was born in 1907, into a post Victorian era which seems impossible to envisage now. It was the year in which Florence Nightingale received a medal for her work during the Crimean War, the Monarch was Edward VII and we had a Liberal Prime Minister by the name of Sir Henry Campbell-Bannerman, who had been PM during Victoria's reign. My Dad was very fortunate in some ways - whilst he came from a working class home, both his parents were skilled; they were lace makers in a town called Long Eaton in the Midlands. Unlike many people at that time, my Dad and his elder brother had a stable home, a roof

over their heads and although money was tight, they never went to bed hungry. He lived through two world wars but had to stand back and watch his elder brother take advantage of an education he could only dream of. There was only enough money to educate one of the boys and so



whilst my Uncle became Personal Secretary to Lady Astor, the first elected female Member of Parliament to take her seat and ended up working for Winston Churchill, my Dad became apprentice to a plumber when he left school at 14.

Like most young people, I never appreciated just how hard my parents worked. Passionate about education and ensuring that I took advantage of the education offered to me, Christmas presents would often be encyclopaedias and bound editions of books by Dickens and Shakespeare. There would also be the 'big present' a new bike, a guitar when I was learning to play and an entire new bedroom when I was 16 and had just started my A levels. Sadly, that turned out to be my last Christmas with him and whilst I truly can't remember the details of that December 25th, the fruit of his labours bought me a beautiful room, furnished as I wanted, with a desk and plenty of bookshelves. Maybe the fact that I don't remember that last Christmas doesn't really matter though, because the gift he worked so hard to give me that year was my work space, my sanctuary and my retreat for many years after and I have vivid memories of that wonderful room. Christmas day may be over by midnight, but it's emotional impact may be felt for a very long time after.

years - you really don't have to be Scrooge to say 'Bah humbug' this Yuletide! I'm quite sure though, that even the biggest Christmas curmudgeon will be able to raise the odd smile - out of adversity etc, etc.

So, take care everyone. Please reach out if you need help. Remember the guote: 'Be strong enough to stand alone, smart enough to know when you need help, and brave enough to ask for it'. See you on the other side

The Write Zone with Jara Wright



Happy New Year to everyone as we plunge into another twelve months of whatever we want this to be and with a big fat dollop of who knows what. 2020 was, for the most part, a year of festering uncertainty, teetering on the edge of relentless hope, with vertiginous drops into gloom on both sides of the path we all trod. How many of us will welcome in the New Year with not only a sense of relief that we made it, but a creeping sense of the jitters? For many, New Year's Day is the equivalent of the moment the stage

lights come on and you see the set for the first time. As your eyes

become accustomed to the world you're looking at, you'll notice small details. Your inner voice might tell you how remarkable, how very clever it all is. At that moment, you're prepared to endure the best, or the worst of the couple



of hours that your ticket has bought for you. That's New Year for vou.

We're all wondering what 2021 will bring. Some of us are making ready for enormous personal and professional challenges. There may be some of you already wishing that 2021 was behind you. If that's the case. I wish you safe passage and hope the year ahead is not as bad as you fear.

2020 brought out the realists, pessimists and cynics. It brought out the entrepreneurs. People became kind and more tolerant and offering a helping hand flew in the face of the dog-eat-dog survival tactics that some of us feared. Furlough presented new opportunities to be connected with things that had been forgotten. A friend of mine told me that she discovered things her children could do which, as a working mum, had completely escaped her attention. Schools closed and a formal curriculum went out the window. Gardens and parks became school-rooms. Families connected properly for the first time in years, perhaps for the first time ever. Invention and enterprise erupted in people's kitchens. We were all forced to take stock, re-organise and re-appraise, myself included.

There comes a time in your life when you've got to shake it all down. You've got to dust-off. This is what New Year is about. It's not just another day on the calendar: it's a re-set button. That springclean so many of us are fond of referring to (and maybe even dare undertake) is as physical as it is emotional and spiritual. It's a metaphor for life.

I have written previously that I've been trying to regard everything I do as 'investment activity'. It's shifted my mind-set considerably. An investment-activity mindset has activated in me more energy and drive than I thought possible. It's front-loaded my routines with increasing possibilities. It's divested me of habits that don't contribute to positive thinking and bolstered my sense of responsibility, affirmation and purpose. It's channelled my energy towards deriving the best value out of each day, and determined how I might best give the highest value to others. I often wake up excited and go to bed feeling enriched and fulfilled. My New-Year re-set button gets triggered every twenty-four hours.

How is this even possible, some of you may be wondering? No, I haven't won the lottery, and I haven't had some kind of saintly epiphany. I've simply transformed my thinking. It's no different to any other good choice you make. Thoughts become actions and if your thoughts are in a gutter of woe, so will your actions eventually be. Negativity is simply a distraction which gets in the way of taking responsibility for the actions you could take. A dollop of self-pity and negativity is normal, and potentially comforting. We're all allowed to self-sooth. But it's not a mode to be sustained if we want to live a healthy life at the cellular level. Every single day we have the opportunity to give more, and receive graciously. And the great news is that we all have another twelve months ahead of us to make it happen.

From me to you, keep striving, keep striding, keep smiling.

7ara authortarawright@gmail.com

The Yum Yum Bazaar on Amazon.com. Five amazing tales of love, fate and second chances.

One night a Viking named Rudolph the Red was looking out the window when he said, "It's going to rain."

His wife asked, "How do you know?"

Selsev

Service

Because Rudolph the Red knows rain, dear."



Adult Counselling Service - Selsey

The Selsey Community Forum is proud to publicise its new counselling service for over 18's.

Sometimes life can get a bit tough and at times, we all need someone to talk to. This service is free and is for as long as the individual requires support for. These are **not** six week therapy sessions that then end - these are weekly sessions with a qualified counsellor for as long as counselling is needed. There are no time limits and no problem or issue is too big or too small. There are daytime, evening and weekend slots so coupselling can fit around busy lives. If you, or someone you know, is in need of some help please contact the **Selsey Care Shop** for a referral form on 01243 201616, in the strictest of confidence



social distancing rules will be to be worn when entering the Shop.

8

JIGSAW PUZZLE LIBRARY

Do you like doing Jigsaws? Would you like to be able to borrow rather than buy?

Please call 605942 to make an appointment to collect the puzzles.

14 Green Lane, Selsey We are practising self-distancing rules. The Membership Fee is just £5 and puzzles can be borrowed for a £1 a month each. Over 300 to choose from.

More information on 605942. All proceeds in aid of The Sussex Snowdrop Trust (charity no. 1096622)



Residents across Chichester District encouraged to recycle as much as they can this Christmas

Chichester District Council is reminding residents of the many ways that they can recycle their waste to help reduce their environmental impact this Christmas.



Councillor Penny Plant, Cabinet Member for Environment and Chichester Contract Services at Chichester District Council, says: "Over Christmas we tend to generate more waste than usual and so we are keen to help residents recycle as much as possible at this time of year.

"When you're unwrapping your presents this Christmas, remember that cardboard boxes and packaging, wrapping paper and empty tubes, Christmas cards and envelopes, can all be recycled.

"The packaging from many of our favourite Christmas food and drink products such as plastic confectionary tubs and meat trays, foil mince pie cases, glass bottles and jars, and empty chocolate advent calendars, can also be placed in your burgundy bin.

"So that we can recycle as much as possible, you can help us by making sure your recycling is:

Clean - free from food and drink leftovers (a quick rinse will do). Dry - keep your recycling bin lid shut (soggy paper and cardboard can't be recycled and can clog up the machinery when sorted). Loose - not tied up in plastic bags.

"We also want to make people aware of some of the items that unfortunately cannot be recycled. These include: polystyrene, shiny or metallic wrapping paper, ribbons and bows, and plastic film and wrapping. If you need to dispose of any of these items, please make sure they go in your black waste bin or re-use them where possible."

Residents can dispose of their real Christmas trees using the St Wilfrid's Hospice charity collection scheme again this year, which will run from Wednesday 6 - Tuesday 26 January 2021.

"Following the success of the scheme last year, we are really pleased to be joining forces with St Wilfrid's Hospice again to recycle as many Christmas trees as we can, while also supporting a fantastic cause," adds Cllr Plant. "If you are not signed up to our Garden Recycling Service, this is a great way to ensure your Christmas tree is recycled whilst supporting the hospice charity.

"If you buy a real tree this year, once you have finished with it, please sign up for the St Wilfrid's pick-up service and make a donation to their charity - their team of volunteers will collect your tree and we will ensure it is recycled! You will be helping to raise vital funds for a charity very close to our hearts and making sure that your tree is recycled."

People can find out more about this scheme by visiting stwh.co.uk/support-us/events/christmastrees or calling 01243 755 184.

There will also be some slight changes to waste and recycling collections over the Christmas period. Residents can download and print out their own personalised collection calendar at http://www.chichester.gov.uk/wastecollectioncalendar

The Garden Recycling Service will stop over Christmas and New Year from Friday 18 December and will start again on Monday 4 January 2021. Residents who are signed up to this service can use it to recycle their real Christmas tree.

Residents can find more information and recycling advice in the winter issue of Initiatives magazine. Useful hints and tips about waste reduction and recycling will also be shared on the council's Facebook page at www.facebook.com/ChichesterDistrictCouncil and on Twitter @ChichesterDC, throughout December.

Why not give the Library a try? You will be surprised at the selection available, and it is a cheap way of doing jigsaws.

Selsey Town Council has partnered with Chichester District Council in the 'Shop Local' Campaign. Never has it been more important to support our small, local shops which serve our community so well. When we shop local, when we purchase



goods from locally owned businesses, more money is being kept within our community. Supporting these small enterprises means we save jobs and hopefully create even more to help keep Selsey's shops at the heart of our economy. Our independent shops add diversity and vibrancy to our retail areas and they are safe, happy places to shop. Please keep a look out for the posters going up and remember...'Tis the season to Shop Local'. Support the local businesses where you live, work and play.



Support Local this Christmas

SELSEY ROOFING

Your Local Contractor by G.K.Foster & Son Ltd est 1969 For all your roofing needs no matter how big or small . Re-roofing . Lead work . Flat Roofing . UPVC Fascias . Soffits and Gutters . Repointing and Rebuilding old Chimneys .General overhauls and Maintenance Checka-trade approved Tel Selsey 01243 641205 Mobiles: 0783 1265 154 (Graham) or 0788 4232 447 (Ricky) Checkatrade.com I was born on 2nd May 1930 in a cottage, Priory Cottage (aka Gardener's Cottage), in the hamlet of Church Norton in the County of Sussex. Church Norton was almost three miles from the village of Selsey, the southernmost point in the county.

My parents were Arthur David Arnold and Sarah Alice Maud Stepney (usually called Sally) who married in 1926 in Thakeham, Sussex, pictured here on their wedding day.



The cottage was their home, though a tied cottage, owned by my father's employer, Major Holden.

Many people would describe the cottage as attractive. Externally it probably deserved such a description, with its thatched roof. Living in it they would no doubt offer a different opinion.

There was no gas or electricity; the heating was the regulation black stove in the kitchen and a small fireplace in the adjoining room, the front room as we called it. For illumination we used oil lamps and candles. There was running water, a single cold tap in the scullery.

All cooking and heating depended on successfully keeping the stove fire alight, as the front room was never used. We lived almost exclusively in the kitchen area.

The lavatory was some twenty yards from the house, just past the external wash house, where my mother spent hours doing laundry. As there was no mains drainage all waste was discharged to the cesspit.

The cottage was built sideways on to the road, its magnificent front door faced the road and its appearance enhanced by the overhanging thatched roof. I can't remember us ever using the front door, possibly we did not have keys for it. I know that we did not have any for the back door, which was at the side of the house and never locked.

The nearest post box was at least a mile away and the nearest phone a good mile and a half away. The nearest bus stop was also about a mile away.

Things changed somewhat in about 1938, electricity was installed. I am not sure if it was due to the Major fitting a powerful generator and wiring his estate or whether it was the initiative of a public body. Apart from the luxury of electric light my father obtained an old radio which he would regularly spend time maintaining. At last we were able to listen to Uncle Mac on 'Children's Hour' on Sunday afternoons on the BBC. There were also foreign stations such as Radio Luxembourg.

My Parents, Dad

My father was, in the true sense of the word, a simple country man. He was born in 1901 into a family with an irresponsible father, who frequently wandered the country leaving his family destitute.

Dad left school at about the age of twelve, failing to gain the benefits of a formal education and worked at various labour- intensive tasks; on roads, the permanent way, as a farmhand, a gardener and in fact at any task at which a job was available, such were the social circumstances of the time.

I understand that as a young man he participated in many activities of his village, playing cricket and so on.

The story he told my wife, Barbara, of his meeting with Sally was quite intriguing.

Somewhere near Amberley he was riding his bike and he saw a young lady riding towards him. He stopped and chatted to her, asking her what she was doing that evening. "Nothing in particular" she replied. "Neither am I" he said, "so let's do nothing in particular together." (What an ace, king of the chat-up lines).

During the summer months I don't remember seeing a lot of my father. If ever there was a chance of overtime, he worked it. As long as there was daylight he worked Saturday afternoons too. In those days Saturday mornings were regular work times. I remember that there were times he came to the pictures with us on a Saturday afternoon.

One evening the Holdens came to our back door and asked to see the boys. "What have you done?" my mother asked. They led us through our garden, the trees into their beautiful parkland, to where a tent was pitched. We had forgotten, but by all accounts, we had asked Mrs Holden if she had any spare old rags that we could use to make a tent. Better than rags the Holdens had bought a tent for us and had it erected on their beautiful estate. I have always remembered that act of pure kindness.

In August 1936 a pilot crashed into the sea near Norton and was killed He was Pilot Officer Michael Richard Montagu of the 604th County of Middlesex Fighter Squadron, RAF Auxiliary. Major Holden was a keen aviator, a member of the Royal Aeronautical Society and had some Air Force history, consequently Pilot Officer Montagu was lying in St Wilfrid's Chapel for a few days prior to his funeral at St Andrew's Church, Tangmere. My father was employed to stay with the coffin for the nights of the lying- in period. He is buried at Church Norton, Block D, Row 6, Grave 27.

Alongside the house was a patch of land my father would till. It was a good size, roughly about two modern allotments in total. Hs efforts always produced bountiful quantities of fresh vegetables for the table.

With the outbreak of the war in 1939, the Major suffered great financial loss. Many of his investments were in armaments manufacturers in Austria and Czechoslovakia and they were now worthless. All of the outdoor staff, about seven gardeners, were dismissed. Fortunately, Mrs Holden then employed my father to work in her kitchen garden. He got the job probably as he was the only employee with young children and had always been prepared to put in an extra shift. It meant that the cottage was no longer rent free and the weekly rent of eight shillings (40 pence in today's money) was payable. The employment was guaranteed until the New Year, truly a life saver for my parents.

Mrs Holden's making a job for my father really was a life-saver. I say this because I have the memory of a particularly harsh winter's day when my mother wanted the four of us to take the bus to school. When she opened her purse she only had three pennies and it was still only mid-week. In the event we all said we would walk, and the worst part of the journey was getting through the snow drifts in Rectory Lane to get to Norton Corner. Still with me is the memory of this stalwart woman breaking down in tears.

Very early in the New Year he was employed as an armed security guard at the Thorney Island. Here there were boat works, a R.A.F. field and some munitions factories. Dad's journey involved a round trip of about 30 miles, all on an old "sit up and beg" bicycle, with a carbide lamp. He did this for over a year, night after night.

At the beginning of 1940, as my father was no longer working at The Priory, we left Church Norton and moved into 1, Cotland Villas, East Street, Selsey. Early in 1941 he secured employment at the ICI munitions plant at Yeading, Hayes, in Middlesex. This meant that we eventually moved to the London area and rented a house in Greenford, just about three miles or so from his employment.

My parents, Mum



My mother's education was certainly superior to that of my father's. She left school at thirteen, even though she had passed the scholarship, (as the Eleven Plus was then called) and could have gone to Grammar School, but as her family needed the money she could bring in she had to leave school and seek gainful employment. Very soon in her working life she was 'in service' working for a well- off family in Worthing, where she progressed from being a general dogsbody to cook. In service she formed a life-long friendship with a young woman named Barbara Collis. For recreation she enjoyed weekly whist drives in the village. Very occasionally she would visit the cinema.

Regular employment for married women was almost unknown in many country areas in those days, so my mother like many more had to do whatever was available. She cleaned houses for the better off ladies in the area and the owners of holiday lets and did laundry when the chance arose. More than once she faced criticism from the same villagers when on the way to the graveyard at St Wilfrid's they saw washing on the line on a Sunday.

Mother was a very good cook and so, like most women in those days, prepared everything that was required for birthday parties and Christmas celebrations. To her dying day she could never understand why housewives purchased cakes from shops and not make them.

My Brothers.

I was the third of four boys, Leslie (b1927), the oldest, was born in Stopham, Basil (1929), myself (b1930) and Walter (b1933) were all born in Priory cottage.









Donald Arthur Arnold with his grand-father

To me Les always seemed so much older. He was energetic and very much like Dad in that he always had something to do, some job to attend to. He would pump the organ at St. Peter's Church in Selsey, Caddy at Selsey Golf Club and have an after- school job making deliveries for a local hardware shop.

Bas was a bully and liked to assert himself over me and young Walter. As I got older and grew, I was eventually able to overcome his worst tendencies. One day we had a really serious scrap, after which he never bothered me again.

Walter always seemed, as indeed he was, so much younger than the rest of us. When he started school, I often had the task of taking him.

My Childhood.

For the first eleven years of my life I lived in the country, 300 yards from the beach, and enjoyed all the advantages that such a life offered, plus the benefit of at least one flight a year over the peninsula in a private aeroplane, piloted by Ted Willsman, the Major's Rolls Royce trained chauffeur and personal pilot. Idyllic! As it happened these flights were for testing the plane after it was serviced.

Opposite the house was what we called the 'airplane field'. This was complete with a hangar for housing the Major's planes and was where the Major's guests would arrive by air for regular weekend house parties. These were attended by personalities such as Amy Johnson (a multi record breaking British aviatrix) and Ted Mollison (her husband), and various continental Counts.

In 1934 my name appeared in the Chichester Observer of 25th July having won 2nd prize at the Selsey Flower Show for the Best Display of Wild Flowers for children under 8. I was robbed! The judges were fixed! The judges placed me first but it was decided that as I had been home, sick, Monday to Wednesday, that gave me more time to make the collection. I actually collected the flowers early on the Saturday morning which was why they were still fresh.

Various events, sponsored by the Holdens, were held on the airplane field. All the villagers from the Selsey area were invited to attend these. I remember in particular the massive fireworks display celebrating the coronation of King George VI in 1938 and an aeronautical extravaganza organised by Sir Henry Cobham in 1935. From that I really only recall the "Flying Flea", a truly diminutive craft and the autogyro.

Our times at the beach and in the waters of Pagham Harbour were among our childhood priorities. Much time was spent in the sea although we were not swimmers. We had fun without that ability. In the harbour we used to try our hands at spear fishing for the small flatfish that would bury themselves in the sandy areas at low tide. Our equipment consisted of bamboo rods fitted with large nails that passed as spears.

Our fascination with water almost cost my brother Basil and myself dear. We were down the beach one rather stormy Sunday morning and saw a large groyne floating in the sea and decided that we would direct it into the harbour entrance about ten or twenty yards away. All went well until we were in the harbour's mouth when a large wave hit us and drew us into the water luckily another wave tossed us back on to the shingle. We left the groyne and went home looking like drowned rats.

My first school was in the village and I started school when I was three or four. What sticks in the mind is having mattresses on the floor and all the children having a late morning nap. I don't think this lasted for long though. I enjoyed school. During good weather Basil and I would run part of the way home, extending to all the way by the time I was about nine.

In the centre of Selsey, opposite the cinema was The Neptune public house. Upstairs there was a large room which we would go to (on Mondays, I think) to take boxing lessons. I enjoyed these as they helped when brother Bas was uppity.

Later I transferred to the new junior school in East Street. This was just about one year old and had indoor toilet facilities and sufficient pegs for everyone to hang their top clothes properly. For a couple of years I had a class teacher who I was quite impressed by. Possibly enthralled is a better word. He was known as 'Pop' Vince and had been either in the Indian Army or in the British Army in India, and had many tales to tell of his time there. He really got me interested in 'abroad'. Each year the school held a boxing evening. I was involved in this a couple of times and both times scrapped with a Peter Millington who was a year ahead of me. The first year was disastrous. The second time I was not exactly completely humiliated.



About the time of joining the junior school Bas and I got Saturday jobs at the local cinema. This involved cleaning the offices and the main seating area, and some posting of the advertisements of forthcoming attractions. Our "wages" were free admission on Saturday afternoons and on Wednesday nights. We felt quite superior to the village children as we had seats in the balcony.

At the new school there were sports days in the summer. The only races were a couple of sprints which I entered and won for two years. Not that there was much competition. Obviously I was quite a bright student as later I was promoted to a higher class – that of brother Bas - and he obviously did not like that. I was entered for the scholarship (as the eleven plus was then called) and passed it. Celebrating the event was brief as we were soon told that I was not old enough to attend Chichester High School. In the event I had to re-sit the exam the following year. Selsey had quite busy summers with a large numbers of holiday makers staying in private guest houses, caravan sites and holiday camps. It was this potential audience that attracted the attention of Sir Oswald Moseley and his political party, The British Union of Fascists. He preached the Hitler doctrine of anti-Semitism, and master races. When I saw him most of a small crowd did not stay for long.

One occasion that we found exciting centred on the Selsey Lifeboat. I don't recall exactly what it was about. A new lifeboat possibly, but we youngsters were invited into the lifeboat house to see this gleaming beauty. Seeing it launched was a memorable spectacle. In those days the bridge to the lifeboat house was about two trestles long. Erosion had long been a problem on the East Beach, and about the time of the lifeboat Les, Bas and I were photographed by the remains of a sea wrecked house and our picture appeared in the Daily Herald.

Cricket was one of our passions as boys and Harold Pearce took it upon himself to have an area of grass cut to a suitable length so that we would have a decent wicket to play on. He also found for us some stumps, a couple of bats and some balls.

As children we all attended Sunday School. We probably never missed unless one of us was sick. Every year the great and the good among the local ladies would award books as prizes to the children with the best attendances. Always the prizes would go to the same children, whether deserved or not, while we boys, who probably had the longest journey to the village centre were always ignored. This annoyed mother so she made a vehement protest about the system. We boys also were tired of it and so during the next year we played truant, generally playing in the new, modern sun trap property show-house built at the top of Park Road. As a reward we all won books.

Early in 1939 tragedy struck the Major's family. His brother-in-law, Harold Pearce, met with a shooting accident near the airplane field. Reports suggested that he was out shooting rabbits and got his gun entangled when climbing through some bushes. He died in Chichester.

With the advent of war some changes were rapidly made to the local area. The airplane field was covered with a lot of old cars spaced out to prevent German gliders and planes from landing. This only lasted a few months as the following year the field was covered in crops and we delighted in helping with the harvest. The beaches were mined, so no more water sports.



that many of the enemy attacks were intercepted in the Selsey airspace; as a consequence we witnessed many dog fights from the vantage viewing site of the airfield. We saw many planes shot down, including the Stuka dive bomber that crashed opposite the new house at the top of Park Rd. Sometime earlier in the 1939 to1940 winter I saw my first dead body. A Heinkel HE115 had been I think, shot down, and crashed on Norton Beach, towards East Beach. In the cockpit of the plane, seen easily through its huge glass canopy was, I presume, the pilot. He appeared to be dead, sitting motionless while flames gradually crept up his body.

With the war came the refugee children. Almost overnight the school greatly increased its student numbers coming from the Broadwater School in Tooting, and teachers came too of course. About half a dozen children were billeted on the Major at Norton Priory.

Other Parties

Major Norman Holden MBE & Mrs Holden. Owners of a sizeable estate based on The Old Priory at Church Norton. My father's employers. Appeared to have some responsibility for the local St. Wilfrid's chapel. He was decorated in the war, was a prominent financier and was heavily invested in armaments manufacturers in Austria and Czechoslovakia. Harold Edgar Pearce. The Major's brother-in-law. He was a former (Middlesex) county cricketer, and resided at The Lodge to Norton Priory. Died in a shooting accident at Church Norton in 1939. Holden and Pearce married New Zealand sisters (Munros) former show singers and entertainers. Ted Willsman. The Major's Rolls Royce trained chauffer and pilot. 'Pop' Vince. Class teacher at the new East Street School, Selsey. Former Sergeant Major in either the Army in India, or The Indian Army.

Acknowledgements

Selsey Photo Archive [www.selseyphotoarchive.co.uk] for allowing me to use the picture of HM Queen Elizabeth visiting Selsey.

In December 1939 H.M. Queen Elizabeth visited Selsey as part of her strenuous war work. This sticks in the memory because normally we took (in modern parlance) a packed lunch to school, which we ate in the kitchen. There was only one other regular such diner, Betty Horton from Upper Norton. The day of the visit we were drafted into the dining hall and fed a hot lunch. Pudding was served but eating it had to wait for the Queen to arrive. We all sat there for ages, probably over half an hour, and in she came. That was the signal to eat. Most of the children concentrated on their lunches, showing no concern at all for Queenie. Then she was gone.

In 1940 the skies were often turned over to dogfights. Even though Selsey was not a target for the German bombers, it was on a direct route to important targets. Portsmouth and Southampton obviously were on the list plus places such as Thorney Island with the boat yards, its RAF airfield and munitions plant. This meant



Update from the Chichester Prevention Team

You can contact your local team in the following ways: Call us: on 101 to report a crime or 999 if it's an emergency

Email us: chichester@sussex.pnn.police.uk In an emergency, or if you see a crime in progress, always call 999

Operation Signature

Operation Signature is the force campaign to identify and support vulnerable victims of fraud.

Increasingly fraud is becoming more complex and deceptive, much of which is targeted at vulnerable and elderly people.

Did you know?

one in five people fall victim to fraud every year

nearly 50 per cent of all adults have been targeted by fraudsters.

Technology is enabling fraudsters to carry out attacks quicker and employ more complex behaviours to remain undetected.

Go to:- https://www.sussex.police.uk/advice/advice-and-information/fa/fraud/personal-fraud/ to see information and advice on different types of fraud. For specific Romance fraud information please visit this page:- https://www.sussex.police.uk/police-forces/ sussex-police/areas/campaigns/campaigns/romance-fraud/

You can also go to the Action Fraud website for more information and to report fraud. https://www.actionfraud.police.uk/

Key things to remember

Never send or give money to anyone you don't know or trust.

- Check people are who they say they are.
- Don't share your personal information.
- Make decisions in your own time.
- If in doubt phone a relative or a friend.

Trust no-one who cold calls you about your bank account or a problem with your computer.

Under no circumstances would the bank or police:

- request a card PIN or security details over the telephone, or
- arrange collection of bank cards from a home address

Scams are fraud and fraud is crime – report it to us by calling 101 or online:- https://www.sussex.police.uk/ro/report/ocr/af/how-toreport-a-crime/ In an emergency always call 999.

For further advice and information please email operation.signature@sussex.pnn.police.uk

Front office opening hours Monday - Saturday 9am -8pm.

Chichester Police Station, Kingsham Road. Chichester, PO19 8AD

11) Who said "An army marches on it's stomach"?

- 12) Which English player won the Women's Singles at Wimbledon in 1969?
- 13) Parmentier means garnished of cooked with which vegetable?
- 14) In which city are cricket Tests played at the Wankhede Stadium?
- 15) Lewis Hamilton's first Formula One win was in which Grand Prix?
- 16) Who played Inspector Craddock in four Miss Marple films?
- 17) Which English League football team has the nickname "The Glovers"?
- 18) What speed limit was introduced on British roads in 1965?
- 19) Whose motto is "Nation Shall Speak Peace Unto Nation"?



Due to Covid we may have to substitute some items at the time the hamper is issued.

For all your local advertising needs contact us at selseylife@btinternet.com



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W.Sussex & Hampshire

John Lennon 9 October 1940 – 8 December 1980

EIGHT DAYS IN THE LIFE

In the wartime reign of sixth King George this day is born a Liverpool son new seconds tick then seem to wait with Mersey air young lungs inflate to rise to never be outdone with fervent aim great dreams to forge

In the Quarrymen young Lennon played it fell to him to do the vocal one Paul McCartney watched the set straight after which the keen pair met and from that tiny acorn local a mighty oak of class one grade

Saint Swithin's day in fifty eight there came a rapping at the door his mother by an accident taken the teenage John so dreadful shaken mournful and bitter to the core his world to rock and devastate

With Harrison and Starr on board the legend'ry Beatles sound was born as manager Epstein righted wrongs producer Martin polished the songs tired dreary pop charts to adorn by youngsters of the day adored

'More popular than Jesus' him to say a flippant throwaway remark? and while at home largely unnoticed elsewhere there followed howling protest American rage grew fierce and stark His Beatles skipped a beat that day

Medal of the British Empire thanks but no thanks your majesty while other Beatles clung to theirs John sent his back because of cares that with U.S. war policy Great Britain willingly conspired

The band it seemed had run its course internal wrangle ruled the roost with solo projects budding fast Harrison's time had come at last no chance at all the hoped for truce diminishing Beatle mania force

'I read the news today oh boy About a lucky man who made the grade And though the news was rather sad A crowd of people stood and stared They'd seen his face before A crowd of people turned away'

JOHN BYRNE SEPTEMBER 2020 ARTWORK: JASON BETON **LENNON McCARTNEY 1967**



J.W Smith



5 November 2020

Motorboat with machinery failure calls for assistance

The owner of the 27ft motorboat called UK Coastguard after an oil pipe fractured spraying oil over the engine. The vessel's position was approximately 300 metres south of Bognor Pier and the owner feared running aground on Bognor rocks or hitting the Pier.

At the request of the Coastquard the Selsey allweather lifeboat (ALB) launched at 3.25pm on Wednesday 4 November and headed towards the given position At 3.44pm the lifeboat arrived on scene to find the two persons on

out they needed to be pulled clear before the tide dropped more exposing the rocks. The motorboat had recently been purchased and

was on passage from Cowes I.O.W to Brighton Marina The weather on

scene was wind north north east force 1-2 sea state smooth in sunshine. A Lifeboat crewman was transferred to the vessel to assist with the retrieval of the anchor and set up the tow. After consultation with



board the vessel had managed to deploy the anchor, unfortunately directly above Bognor rocks and with the tide going





the Coastquard. Littlehampton Harbour Master, and the Littlehampton RNLI it was decided to tow the motorboat to a position 1 mile south of Littlehampton and anchor the vessel as the tide was too low to get into the Harbour. Littlehampton Lifeboat were training later on in the evening and agreed to go out at 9.00pm and assist the motorboat into harbour.

At 4.50pm the casualty vessel was anchored off Littlehampton and the lifeboat crewman was recovered to the lifeboat. The lifeboat was released from the incident to return to Selsey. The lifeboat arrived back at 5.40pm and was recovered a short while afterwards. The crew today were Coxswain Rob Archibald, Mechanic Phil Pitham, Max Wiseman, Kristina Dolan, Harry Emmence and a RNLI assessor.

What do you get if you cross an I pad witha Christmas Tree? A pineapple. 15

wildlife

Long-tailed tits by Michael Blencowe of the Sussex Wildlife Trust

The ties that bind

"Who are these people?" You've hardly seen them all year yet here you are, paper hat askew, squashed between them on the sofa at Christmas. On a branch out in the cold darkness of the garden, also sandwiched between aunts, brothers, cousins and daughters, a tiny bird is asking a similar question.

Long-tailed tits and humans are two of Britain's most social species. And just like a visit from your relatives, the arrival of a long-tailed tit flock in your garden can turn tranguillity into chaos. It's like someone has emptied a box of feathered fireworks over

the fence. They manically bicker on the bird feeder and swing acrobatically upside-down on the fat balls, all the while trilling, rattling and screaming 'eee-heeeheee' like a troupe of Michael Jackson impersonators. What you're witnessing is a group of roving relatives, roaming the neighbourhood to pillage your peanuts. This posse of outlaws consists of in-laws. brothers. sons



Long Tailed Tit

and the pulse rate of the garden

By late winter the extended family

and daughters. With their gorgeous pink, black and white plumage and those ridiculously long tails. these flying lollypops must qualify for Britain's cutest bird. Then, suddenly they're gone



will drift apart to find new partners, ready to start new families. In March, the foundations are laid for an epic construction. Moss

returns to normal.

building bricks are lashed together with ropes of sticky spider's webs. The walls rise, a camouflage cladding of lichen is added to the roof and a cosy filling of a thousand feathers lines the interior. The end result looks a crocheted stomach and soon there will be plenty of rumbling from inside as eight hungry chicks demand to be fed. But raising a large family can take it's toll. The

constant hunt for insects can exhaust a parent almost to breaking point. And that's when something unusual and wonderful happens. Their family arrives to save them. Aunties and uncles who have not been successful raising their own family that year will selflessly help the parents and feed their nephews and nieces.

Long Tailed Tit

c Alan Price Gatehouse Studio

Sussex Wildlife Trust

Long Tailed Tits in snow

c Roger Wilmshurst Sussex Wildlife Trust

Once the children have flown the nest the whole gang remains together and joins with other siblings to form your chaotic neighbourhood feeding flock. But

the biggest challenge of the year still awaits: winter. Freezing night-time temperatures exact a heavy toll on our garden birds. And that's why at Christmas, hidden deep in a hedge, you'll find the extended family of long-tailed tits huddled together on a frosty branch, sharing their warmth and surviving. Like them, we can all extend a warm wing to surround and support our family and friends this Christmas, whether near or far. Because none of us can get through this on our own.



Sussex Wildlife Trust is an independent charity caring for dlife Trust wildlife and habitats throughout Sussex. Founded in 1961, we have worked with local people for over half a century to make Sussex richer in wildlife

We rely on the support of our members to help protect our rich natural heritage. Please consider supporting our work. As a member you will be invited to join Michael Blencowe on our regular wildlife walks and also enjoy free events, discounts on wildlife courses, Wildlife magazine and our Sussex guide book, Discovering Wildlife. It's easy to join online at sussexwildlifetrust.org.uk/join



Two taskings for Selsey RNLI this week

19 November 2020

The first tasking came on Monday 16 November when the UK Coastguards contacted the Lifeboat Operations Manager (LOM) requesting that the all-weather lifeboat (ALB) direction finding equipment be used. They had reports of a faint distress signal on 121.5 MHz South South West of Selsey Bill. The ALB was pushed out onto the apron and the mast and aerials were put up. The Coastguards requested a listening watch 15 mins. Nothing was heard and the lifeboat was rehoused.

The second tasking came at 4.16pm on Thursday 19th Nov after the UK Coastguards had reports of a small inflatable boat with possibly six persons onboard appeared to be in difficulty between Selsey and the Isle of Wight to the South West of Selsey. The ALB launched and made best speed to the area. Shortly after passing Bill point the lifeboat crew spotted a target and approached the target which was motoring. The weather on scene was wind north west force 3, sea state smooth in clear sky.

The vessel had four persons aboard and fishing rods, but the persons were not dressed to be at sea at this time of the year. The four persons said they were ok and were heading back to East beach launching ramp, so the Coxswain decided to escort them back to the ramp with the fading light and the vessel had no navigation lights. The Selsey Coastguard team met the boat on arrival. Once the vessel and four occupants were safely ashore the lifeboat returned to station. The lifeboat was recovered



washed down and made ready for service by 6.50pm the crew today were Coxswain Rob Archibald, Mechanic Phil Pitham, Max Gilligan, Andy Lee, Max Wiseman and Terry Healey.

What do you call Frosty the Snowman in May? A puddle













Out of the gloom...

At the beginning of November I had to pop down to Church Norton before going home. The sun had already set, dusk was giving way to night, but there was just enough light to make out where I was walking. It was still, not a breath of wind. The smell of autumn rose from the damp decaying leaves, soft under my feet. Nearing the harbours edge the gentle babbling of brent geese greeted me. Redshank piped, interspersed every so often by the curlews evocative, haunting call, the embodiment of wild open places. Transfixed and unable to help myself, I stood alone in the gloom soaking up the moment. It was beautiful. A simple interval in time that was so much more.

Sometimes it is these moments that ground us, help us to forget the stresses in our lives, clear our minds and leaves us feeling good. This year has been a challenging year in itself and now for many, we are in the season of melancholy, but winter doesn't have to be like that at all. Get outside and take a moment to reconnect with what we take for granted. As well as the babbling geese, our reserves of Pagham Harbour and Medmerry are full of overwintering wildfowl and waders at this time of vear. of all shapes. colours and sizes. We often hear of spectacular starling murmurations, but many waders fly in flocks as well, and like the starlings, the shifting patterns they create as they twist and turn are delightfully mesmerising.

Sunset at Pagham



Turnstone and Dunlin c Ivan Lang

Sometimes I have to motivate myself to take a walk along the beach on a winters day, but there is something reassuring about the sound of shingle beneath the feet while breathing in the salt air as it pinches at the face.

Along the strandline you have a good chance of encountering turnstones busily doing exactly what their name suggests as they search for food underneath. They can be quite confiding. At first glance, like many wading birds, they can appear quite dull to look at, but if you are patient and get a good view of their individual feathers, their plumage is quite striking. I always come back from the shoreline invigorated and grateful that I made the effort.

As you walk, take glance around at the trees. They may look lifeless, but look again, much closer. You will find buds forming at the tips of their branches. Catkins, although still tightly shut, are appearing, hinting at a promise of the next season. The natural world around us is amazing and can lift the spirits whatever the weather or season. We just need to make time to appreciate it.

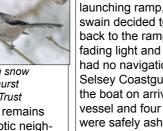
Let's give nature a home

www.rspb.org.uk



Women?

Kevin decided he should take cooking classes before looking for another girlfriend



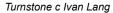
16

wildlife



Sunset at Pagham







20) What was the Roman name for the city of Bath? 21) What item of headgear first appeared in London in 1797? 22) Francis Chichester sailed around the world in which boat? 23) What were the names of the two Princes in the Tower? 24) Who played the title role in the film Hans Christian Andersen? 25) What do you call whipped cream flavoured with vanilla? 26) What is the family's surname in Louisa May Alcott's Little

27) How is the German Ardennes offensive in 1944 better known?

community news

This page sponsored by Sylvia Taylor

During 2020 Selsey certainly demonstrated what a kind, neighbourly and resourceful community it is. As we enter a New Year with hopes of a vaccine roll out and a return mid-year to some kind of normality, we want to build on what kind of a community we have demonstrated we are.



For instance, regarding those who live with hidden disabilities like dementia, chronic fatigue syndrome and Huntingdons disease we desire to show understanding, patience and kindness. We experience the symptoms of their condition but do not see the cause. They cannot help their actions.

Facing death during this pandemic has been especially hard. Funeral arrangements have been limited, seeing loved ones at the end has been difficult and support for the bereaved has often been remote.

Over half of us feel that if we talk to a recently bereaved person we are unsure what to say yet for those who are bereaved over half would rather we said the wrong thing than nothing at all and many are just grateful if we listen.

If this is true, then surrounding ourselves with a social circle in everyday life will offer us people who will speak to us and listen in a crisis. We are fortunate in our town with the number of groups and activities where we can build a network of friends.

At times of bereavement we are blessed with skilled funeral directors who help us with arrangements, celebrants and religious leaders who comfort us in the rights of passage and local support and counselling services that offer skilled aftercare. But after experiencing bereavement we need things to do to fill our time, everyday friendships to do ordinary things and a community where in everyday places like cafes, libraries, churches and clubs people will have the compassion and courage to listen and speak to us about the difficult subject of loss.

At Selsey Care Shop we are happy to offer information on a range of these issues and over the coming months to explain in these articles how a truly compassionate community might grow even more.

In closing, despite these unusual times we are currently living with, we do wish you a happy & blessed Christmas trusting you too are able to make the best of it as we look positively to the New Year! We look forward to seeing some of you Christmas Day as we deliver the Christmas Community Meals to homes.

Selsey Community Forum aistered Charity 1156A

Telephone: 01243 201616 Email: mail@selseycommunityforum.uk Website: www.selseycommunityforum.uk Address: Selsey Care Shop, 121 High Street, Selsey, PO20 0QB

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The Typewriter

go back to the summer of 1973.

It was the 29th June and study was over.

What a feeling to start work and earn lots of money!

I decided to do Temporary work. My first job was with the British Standards Institute as a Shorthand Typist.

Photo en.wikipedia.org

Then I would take the day off and get the train somewhere, I chose to go to Edinburgh.

I would keep taking days off and travel the length of Britain. Then came the time to ask myself what are you going to do as a career'?

I chose to become a Medical Secretary at St. Thomas' Hospital south of the River Thames.

All seemed well but I was struggling with the medical terminology. After six months I wasn't considered good enough to go to a department so they gave me further training at an annex in Lambeth. After four months The Secretary of the Department decided she wanted to take a week's holiday and would be leaving me totally in charge. What a skock I had. Letters would come in and I didn't have a clue where they should be sent!

Most of the correspondence ended up all over the floor and when the Consultant walked into the office he wasn't impressed! I was given the dismissal immediately.

I wasn't beaten. My next job was Medical Typist at another hospital but I couldn't settle down there. I went back to doing temporary work again.

After four months I tried to get a medical typing job at the local hospital. They took me on as an X-ray helper. It wasn't a job that was going anywehere so I left.

I also realised I was getting mentally unwell.

Come 1976, I landed another job as an audio medical typist in the Hammersmith hospital. I actually stayed there for one and a half years, it was an interesting job, but the Superintendent was quite strict there.

Moving on, I went back to doing temporary work again in various London hospitals.

Everything seemed to change when my dear Dad passed on. I had found a private flat and he gave me lots of furniture to put there before he died.

I was there for about three and a half years - the people upstairs bought the house and I had to leave.

I ended up in Turnpike Lane miles from 'home', being Camden Town. Luckily I was offered a room in my Employer's house in Golder's Green. I stayed there for about six months.

I then moved into a small hostel then met my soon-to-be husband, got pregnant and was given a two bed flat in Kentish Town.

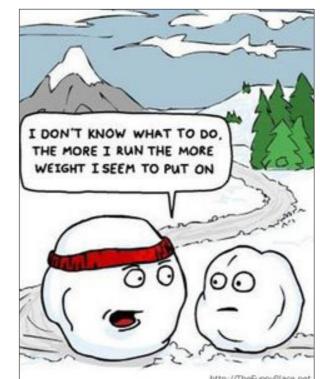
We stayed there for 32 years.

My husband couldn't get up the six flights of stairs so he moved to Sheltered Housing in Kentish Town.

He is happy there and I am happy he is happy!

There ends this story.

Sylvia Taylor 24-11-2020









L ITTLE SPAIN BOWLING CLUB

Golf Links Lane PO20 9DR email: Isbo email: <u>lsbowlsclub@gmail.com</u> evcountrvclub.co.uk/little-spain-bowling-club

ishing all members, past, present and future

a "Covid" free Merry Christmas and a return to a "normal" Happy, Healthy and Successful 2021

Stay Safe

Selsey Writers' Circle

Selsey Writers' Circle would like to wish all readers of Selsey Life, who have kindly published our stories and articles over the years, and all our members past and present, a happy and peaceful Christmas and a much happier New Year. We look forward to renewing our monthly meetings and to welcoming any new members to our Circle as soon as we are able to do so.





Selsey and District Lions Club would like to wish all of our Selsey friends and colleagues a very happy Christmas and a very healthy and prosperous New Year.



The Selsey Shantymen wish all the good people of Selsey and beyond a very happy, peaceful and safe Christmas. The coming New Year is like a blank page and the pen is in our hands, it's the chance to shape a beautiful story of recovery by doing the right things for the benefit of everyone.

SELSEY CARPET BOWLS CLUB

To all members hope you have a "Merry Christmas " and here's looking forward to some bowling in 2021,

Happy New Year to all " stay safe "

Christmas wishes

Let's face it, Christmas is pretty much compulsory - it's like a hail storm, it always happens and we're all in it together - never more so than this year. We have all lived a moment in history and learnt that the best things are not the expensive presents or the Christmas food, but the simple joys of being together and enjoying the company of those close to us. So my wish has to be that we will all get to spend time with those we hold dearest to us and lay down special memories of this unique Christmas time.



The Catholic Parish of

Our Lady of Mount Carmel & St Wilfrid



would like to wish all residents and visitors to Selsey a safe and joyful Christmas with many blessings. www.stwilfridselsey.co.uk



Wishing all our visitors, volunteers and supporters a very happy, and safe Christmas, and a wildlife-filled 2021!



Seal Island WI would like to wish everyone a very happy Christmas and a healthy New Year. As soon as it is sensible we will resume meetings and activities - watch this space! In the meantime, please keep safe.



MERRY CHRISTMAS

From: Arts Pream Selsey

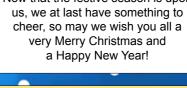




A big thank-you to all the people who have contacted me with information, advice and lots of encouragement.

May Christmas and the New Year bring you joy, hope and love.

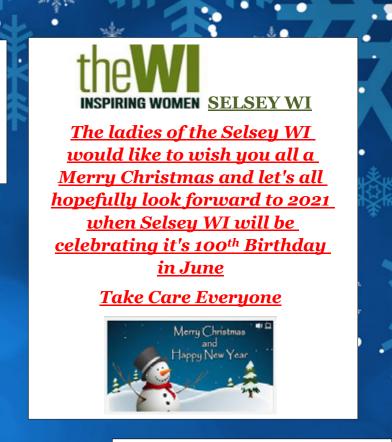
th C Marine



EASON'S GREETINGS EVERYONE BRENT LODGE



wishing you all Merry Christmas and a Happy and Healthy New Year. from all the volunteers at the RNLI Shop.



TERRY & IRELANDLtd

Terry & Ireland would like to wish everyone a Happy and Safe Christmas and thank their customers for their continued support throughout the vear ...

May 2021 bring us all together again.

Andy & Sarah.

The Officers, Committee and Staff would like to thank our members for their on going support and custom during these very challenging and unpredictable times.

Now that the festive season is upon



The Year One children have been talking about what their Christmas wishes would be

Here are some of their ideas: I wish I can have a puppy. *Penny* I wish that I will have a lovely dinner. Max I wish for Santa to come. Esmai I wish for a doll and a toy star. Sienna I wish I had lots of presents. Jesse I wish for Elf on the shelf. Sienna

The Staff and Children at Medmerry Primary school wish everyone a Merry Christmas and a Happy New Year!



YOU IDIOT I warned you not to eat those beans !!! What's happening in December Virtual Race Night 9 races/£2 a bet cash prizes 'Sit down' DISCO with our resident DJs Duo SAS

7:30pm

COVID-19 please note: our 'in club' entertainment is temporarily limited...

Monday evening Bingo with the Snowball

Wednesday evening Bingo with the Snowball

8 games of Card Bingo & Chase the Joker



Ferry Farm Community Grant Fund

The Ferry Farm Community Solar Project provides clean energy sufficient to power 1,300 homes. It is situated at Ferry Farm because the Manhood Peninsula has the best sunshine record in the UK. This innovative project produces up to £20,000 every year for a fund to support local community groups. Selsey Community Forum administers this fund on behalf of the Ferry Farm Community Solar Project.

Applications are now being invited from community groups based in Selsey and Sidlesham for grants of between £250 and £2,000 from the Ferry Farm Community Grant Fund.

Applications must be received by 5pm on 31st January 2021. All applications are considered and processed by the Ferry Farm Community Grants Panel.

More information and an application form can be found at: www.selseycommunityforum.uk/Ferry-Farm/ .

Alternatively, information and application forms can be obtained from the Selsey Care Shop, 121 High Street, Selsey PO20 0QB.

What does Rudolph want for Christmas? A pony sleigh station 5! What about the awkward moment when Santa Claus has the same wrapping paper as your parents



We are currently accepting membership applications.

We can be found on Facebook www.facebook.com/Thevictoryclubselsey Our web site www.victoryclub.org.uk





'Sit down' DISCO with our

resident DIs





'Sit down' DISCO with our

resident DJs

Thursday evening

Friday evening

Sunday lunchtime 2 games of Card bingo Meat Raffle, Card Bingo

In the Garden our monthly guide to gardening - In memory of Giles Peare

Jobs for December

- Hard-prune late-flowering Clematis cut back to near ground level, above a strong pair of buds on each stem and dispose of all the old growth above. Don't prune Spring flowering Clematis, however, or you will lose next vear's flowers.
- This is a great time to clean, oil, repair and sharpen garden tools and have lawn mowers serviced.
- Gardeners are easy to buy presents for, but if you're very particular about the brands of tool you use, ensure that you let everyone know (in the most subtle way, of course).
- Hang feeders for birds and ensure that they are refilled regularly. Once the birds become accustomed to your hospitality, they will relay on you for food. Not all birds are nut and seed feeders, some prefer fruit or fatty scraps. So, if possible, provide a varied buffet and do try and keep all feeders well away from the local cats.

Jobs for JANUATU

- 1. Start off the earliest seed potatoes on the bench of a heated greenhouse or conservatory or on a frost-free windowsill in order to get strong short shoots or 'chits'. Dunluce or other very early varieties can be pot-forced from now in similar conditions to the above for a really early delicious crop. Plant them singly into 12" pots.
- 2. Clean any pots and seed trays that have not been washed. Use a solution of bleach or household disinfectant to clean off lurking bacteria that may cause disease. Rinse thoroughly. Clean greenhouse and conservatory glass inside and out to maximise the daylight hours. Cleaning will also help remove over-wintering pests and their eggs. If you have put up greenhouse insulation check that it is still attached and not letting in any cold draughts.
- Place a terracotta forcing jar, deep bucket or even an old 3. dustbin over some Rhubarb crowns as soon as they show any sign of growth. The cosy dark conditions inside will encourage the growth of really early, tender fruit, bright pink in colour and deliciously sweet and succulent. You should be harvesting them in just a few weeks.

Tip Top Tips

- Try to complete all mulching of flowerbeds it is a more difficult job to do when spring bulbs and flowers are pushing through.
- This is a good time to plant new Rhubarb and to divide large clumps.
- Try to finish all digging jobs before the New Year (excellent exercise after Christmas Day!) when the weather tends to be colder and the soil less easily worked.
- Stop the legs of ladders sinking into soft earth or turf by fitting empty tins over the legs.
- Always check that any plants under glass (including cold frames) have adequate daytime ventilation.
- Never cover frosty ground with manure unless you want an ice-house!
- A sheet of paper between windows and plants can ward off extreme frost.
- If you want to ensure that you have some perfect Christmas Rose (Helleborus rigor) blooms to cut for indoor decoration, use cloches over the plants to protect emerging flowerbuds.

Tip Top Tips

- For a simple gardening tool, try using a paint scraper it effectively replaces trowel, hand-fork, hoe and chopper.
- Try using some chicken feed to melt ice on paths it doesn't damage any nearby plants as salt does and the birds will enjoy it once the ice has thawed.
- Remember to inspect all stored fruit and vegetables once a week - one bad one can spread to others rapidly.
- Remember to cover Globe Artichokes in winter with straw.
- Start sowing Broad Beans, hardy Peas, Parsnips and Carrots under cloches.
- Buy summer flowering bulbs, corms and tubers ready to plant in early Spring.
- Place some pots of Strawberries into a heated greenhouse for an early crop.
- Keep bird tables well stocked and ensure that bird baths are free of ice.



Wildlife Trus

Nicholas Culpeper by Michael Blencowe of the Sussex Wildlife Trust

The complete herbal hero

Just over 400 years ago, in 1616, a legend was born; a rebel who partnered up with Mother Nature to revolutionise British medicine. The herbal hero, the botanical bad boy, the father of alternative

medicine - ladies and gentlemen, I give you Nicholas Culpeper.

Culpeper did his growing up upstream in Isfield, just north of Lewes. The country lanes and starry Sussex skies were his classroom and the hedges and the heavens taught him botany, astronomy and astrology. He learnt about love too. In 1634, Culpeper and his Sussex sweetheart planned a secret Lewes wedding and a speedy elopement to the Netherlands. But tragedy struck when his love-struck



lady's carriage was struck by a lightning Nicholas Culpepper bolt en-route to the ceremony. She died engraving by instantly. Richard Gaywood

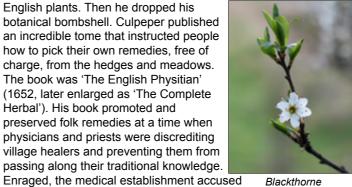
There's no cure for a broken heart and Culpeper left Sussex to start a new life in London. He threw himself into his work as a lowly apothecary's assistant, cataloguing medicinal herbs on Threadneedle Street. At this time, medicine was only practiced by elite physicians. They would charge exorbitant prices for their secret remedies and would not even demean themselves to talk to patients, instead requesting a sample of urine to make their diagnosis. Culpeper believed medical treatment should be available to all - not just the privileged.

Setting up his own practice in a poorer part of London, Culpeper started treating forty patients a day with herbal cures derived from

English plants. Then he dropped his botanical bombshell. Culpeper published an incredible tome that instructed people how to pick their own remedies, free of charge, from the hedges and meadows. The book was 'The English Physitian' (1652, later enlarged as 'The Complete Herbal'). His book promoted and preserved folk remedies at a time when physicians and priests were discrediting village healers and preventing them from

passing along their traditional knowledge.

Culpeper of witchcraft. But his Complete



c Richard Cobden Herbal endured. It's been in continuous print Sussex Wildlife Trust

longer than any other non-religious English language book, running rings around Tolkien and Rowling and their tales of

No doubt Culpeper's herbal

(for flatulence) and the juice of ivy berries 'snuffed up into the nose' (for hangovers). So, start 2021

by raising your Nutribullets and ginseng teas to the healing properties of Mother Nature, and to four centuries of Nicholas Culpeper.

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• We can help with personal care, medication, cleaning,

www.sussexgrange.co.uk

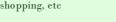
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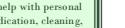
remedies could be useful for some of you over the festive period; wild privet (for headaches), blackthorn (for indigestion), rosemary

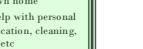
Ivy Flowers and Berries c Sue Curnock Sussex Wildlife Trust



you need it, in the comfort









Tidden Garden

a Selsey Community Garden for all to enjoy. Come and join us and meet other passionate gardeners, learn seasonal gardening ideas, swap seeds & plants and help grow fresh vegetables and flowers to take home.

> Open every Saturday 10-4pm at The Bridge Support Centre

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- Invite us to join your group or club's video call, and help raise
- Hear real life stories about the people we've helped
- Learn about the independent life-saving work of our charity that serves Kent Surrey and Sussex 24 hours a day
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Please note that our presentation is only suitable for audience members over the age of 16.



selsey golf club

The course is looking very green and inviting but of course it is closed to play, not due to the weather this

year, but to the Covid 19. All golf clubs are closed again, and all golfers everywhere hope it will be open in December. Golf is such a great sport, it offers so much including a great way to exercise in the fresh air

The Juniors played a competition in half-term, and this was won by Thomas Ford with 29 points. Hopefully they will be able to play in the Christmas school holidays.

One mixed competition was played in October, on the 16th. This was the Marlene Briance Salver organised by the Veterans Captain Richard Jarvis and the Lady Captain Alison Weller. Mrs Briance a past member of the Club sent her best wishes to all who played. The winners were the Captains, well deserved, they had worked hard to organise the competition that included a tea after the match. Carol Wheeler and Ray Croxford came second.



The Mens Section have been playing their competitions and commenced the annual Christmas Turkey competitions in October. The first was won by Dan Fern, the Second was won by Barry Rishman, the third by Dean Cawte and the fifth was won by Alun Morey. The fourth was cancelled due to bad weather.

The Vets Section have been able to play most of their Wednesday competitions up until lock-down. On 28th October they played the Brexit Foursomes. 38 players started the competition and 30 put in scores. The weather was very wet and extremely windy. Denny Terry and Jeff Wooton were the winners with a nett 89 and the runner-ups were Kevin Mitchell and Barry Stenning with a nett 96 points. On 4th November there was an entry of 50 players for their Christmas competition. Paul Hinshelwood was the winner with 39 points and John Turner came in second with 37 points, narrowly beating Kevin Mitchell and Bob Marson who also scored 37 points, on count-back.

The Ladies had a few competitions in October. On 12th October the first Christmas competition was played. The weather was kind on that day and almost all the ladies finished their round before the rain started. The result was a win to Gilly Chapman scoring 34 points. Gilly joined the Ladies Section in 2019 and is enjoying the course and the friendly atmosphere of the Ladies Section. Carol Wheeler, who also scored 34 points, came second on count-back. Carol, last year's Lady Captain, has enjoyed a good season of golf scoring really well and, more often than not, in the top three on the



score board. 13 ladies played this competition.

Also on the 12th October 8 players played in the 9 hole Competition and this was won by Barbara Winter who beat Caroline Newton on count-back, both scoring 14 points. In total 21 ladies played golf on that day.

Again 13 ladies played the second Christmas Competition on 19th October. This time Alison Weller won with a

staggering 41 points, very much helped by the amazing achievement of getting a hole in one on the 3rd hole. A player, even professionals, rarely get a hole in one and just for the record, prior to Alsion's hole-inone, only 5 ladies had achieved this since the records began in 1927. In fact, only between 30 and 40 golfers have achieved this in the entire club since that date. The exact number cannot be printed as the Club house is closed and therefore cannot be checked at the moment, but this will be checked and printed in the next

Selsey Golf article. 5 ladies played the 9 hole competition and this was again won by Barbara Winter.

On the 26th October the ladies played the Christmas Scramble. This is a fun day and those who usual play the 9 hole competitions joined in with the 18 hole ladies and played as a foursome. The competition lives up to its name as everybody hits the ball on the tees and then they choose the best hit ball, or best placed ball. The three players whose ball was not chosen then hit their ball in the same place that the choosen ball landed and then the third shot is hit by all four players from the place where the best second ball landed, and so on until the 18 holes have been played. Now the reader of this will know why it is a fun game and called a 'Scramble'! The winner's were; Coryn White, Gilly Chapman, Mary Carpenter and Sue Bywater and the runner-ups were; Caroline Simpson, Cathy Croxford, Jaqui Towns and Shirley Brown

The third Christmas Competition was cancelled due to bad weather and a few ladies played just 9 holes before the heavy rain came in, just the last ladies on the course got rather wet. Very disappointing as this was the last competition before lock-down.

The Ladies have been thrilled to welcome 10 new members to the Ladies Section. This is really great news for the Section and all have expressed how much they are enjoying their golf and being part of the Club. As has been mentioned many times before in these reports, golf really is a great game, and belonging to a Club provides not just a competitive sport, plaving with different members each time, exercise, being outdoors, socialising, and a great way to spend a few hours each week.

Hopefully the course will be open soon and the Restaurant, that has an exciting new menu, open to members and public, will all be able to operate again.

Selsey Golf Club would like to wish all Selsey Life readers the best Christmas that they can have under the circumstances and a happy and healthy 2021.

The boss thought it would be a good idea this year to set a limit on how much we spend on each other. So it's £50 on me and £500 on her.

I know people are believing in energy saving and reducing fossil fuel use, but it does mean that Santa can't come down any sooty chimneys, because of his carbon footprint. And Santa likes to go down chimnys, it soots him.



CRABLANDS BOWLS & TENNIS CLUB Affiliated to E.B.A., L.T.A. & E.S.M.B.A. Crablands, Selsey, PO20 9BD

CHRISTMAS AND NEW YEAR GREETINGS to all members of Crablands Bowls and Tennis club and to all readers of this Selsey Life.

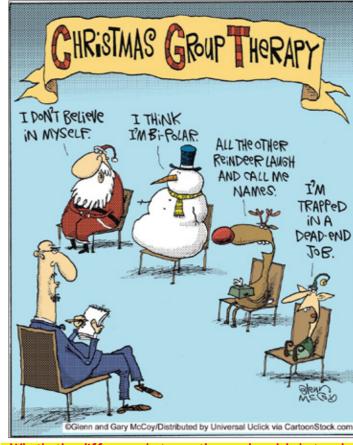


It is our hope that by the time this issue is being read by you all things might look a bit brighter for everyone and that there will be some light at the end of this long dark tunnel which has prevented the playing of bowls and tennis and the use of our clubhouse. The green bowlers and some tennis players did have the opportunity to play a little of their sports but the short mat bowlers were not so lucky.

Thanks must go to those members who despite everything that had to be endured, managed to keep the bowls green and the grounds and building in good order, all we can hope therefore, is that 2021 will be a healthier, less



stressful year and we can all get back to some normality.



What's the difference between the regular alphabet and the Christmas alphabet? The Christmas alphabet has noel (no L)!

As a little girl climbed onto Santa's lap, Santa asked the usual, "And what would you like for Christmas?" The child stared at him open mouthed and horrified for a minute, then gasped: "Didn't you get my E-mail?"

I told Santa you were good this year....and He hasn't stopped laughing since!

selsey cricket club

Our playing season for 2020 has drawn to a close, which at one point looked like no games would be played, so to get any cricket in has been a miracle. The Saturday league eleven played in the 'August Cup' arranged by the Sussex Cricket League and



finished a creditable mid table in their group with a record of 2 wins 2 defeats and 1 game rained off.

Friendly fixtures have also been played in the correct spirit giving everyone a game and been thoroughly enjoyed by all. All results can be found on selsey.play-cricket.com.

The ground has been well maintained by Andy Horner and Ian Stocks. A difficult job in not knowing if any games were to go ahead

With the season coming to a close work is in progress for the 2021 season. The committee is working hard as per normal to prepare for this especially regarding government guidelines.

We are always on the lookout for players and volunteers especially umpires, scorers, colts managers, all stars and dynamos activators, bar. The list is endless so if you can believe you can help in anyway please contact nick.nolan@newey.com.

For 2021 we will be running a Saturday league XI and a Sunday friendly team. Also all-stars cricket and dynamos cricket - all details can be found on www.ecb.co.uk.

We will be running the bar following strict guidelines from the government and our committee. We will be installing a cashless payment card system and having the new NHS track and trace app on phones to assist the club (also written forms for those without phones).

There have been a few incidents of vandalism at the club. If anyone sees anything please report to the Police for them to deal with. We have cctv so we can identify the culprits. -

Following the recent national press release we can confirm that we are unaware of any donation being made at this present time to the club

Take care and stay safe over this Christmas period.

on behalf of Selsey CC Committee

PLEASE NOTE LAST DATE FOR SUBMISSIONS FOR ENTRY INTO NEXT SELSEY LIFE IS 16TH JANUARY



Photo by Mindaugas Levinsk

The Selsey Foodbank team that operates out of the Methodist Church Hall on Selsey High Street are part of the Trussell Trust Chichester District Foodbank and as

such we will be delivering over 100 Christmas luchpacks to children in Selsey in the next few weeks.

Chichester District Foodbank has committed to providing food for those in need throughout the district since 2012, having now fed over 20,000 adults and children. In 2016, we launched a new initiative - designed to help those who were on free school meals due to low income over school holidays.

In our first year we partnered with a few schools and fed around 130 children. Since then this number has continued to grow as we engaged with more schools, and during Easter this year, we fed over 800, as we saw children unable to access help due to the late turnaround on provision from the government. This number was unprecedented compared to previous holidays.

As Christmas comes, we have been packing boxes to feed children facing holiday hunger. Children on Free School meals due to low income often have parents who are on Universal Credit, and in an area like Chichester District where the cost of living is so high, those benefits do not go far. For these families the additional cost of feeding their children during the Christmas holidays is impossible to budget for, even with the extra £20 a week.

We are incredibly thankful for the recent news that Marcus Rashford has been able to highlight this important issue and lead the







Entering Heaven

Three men died on Christmas Eve and were met by Saint Peter at the pearly gates.

"In honor of this holy season," Saint Peter said, "You must each possess something that symbolizes Christmas to get into heaven."

The first man fumbled through his pockets and pulled out a lighter. He flicked it on. "It represents a candle," he said. "You may pass through the pearly gates," Saint Peter said.

The second man reached into his pocket and pulled out a set of keys. He shook them and said, "They're bells." Saint Peter said, "You may pass through the pearly gates."

The third man started searching desperately through his pockets and finally pulled out a pair of women's glasses.

St. Peter looked at the man with a raised eyebrow and asked, "And just what do those symbolize?"

The man replied, "They're Carol's."



government to u-turn on their previous policy and

school meals over Christmas. We are thankful for

the scheme until Christmas 2021, however

This Christmas, as we have already packed

informed us the need is great in our District.

we are continuing to give out our Christmas

lunchpacks to complement the government

scheme. In the future, we believe that there

shouldn't be a need for foodbank provision

for children during the holidays as we hope

to see permanent government support.

1) Use your voice - Write to your MP.

thanking them for the change and arguing

2) Give - Donate to Chichester District

Foodbank either food or finance to allow

continue to make a difference in the

Reg. Charity Number 1155197 |

Registered in England & Wales

www.chichesterdistrict.foodbank.org.uk

us to continue do our work so that we can

What you can do:

this should be permanent

communities we work with.

The Family Centre

21 Orchard Street

Chichester

01243 773687

PO19 1D

the government who have agreed to extend

we believe that this shouldn't be an

extension, but a permanent change.

our boxes and because schools have

With so many Christmas markets unable to take place at this time and to continue to connect with our friends and loved ones. Please support The Sussex Snowdrop Trust by purchasing Christmas cards directly from us Packets of 10 cards from £3.50 You can pop in and see us at 3 William Booker Yard to select your cards

28





Selsey Community First Responders

in partnership with South East Coast Ambulance Service

A shift in the life of a CFR....

It's a miserable 0430 on a Tuesday morning. The alarm goes off. Oh yes, a Responding day....

Rings and watch off, uniform on, scrubbed up and ready to go. Check the van and start her to make sure she'll go when the first call comes in. Check the equipment, PPE, defibrillator and materials – masks, oxygen, pulse oximeter, bandages and medicines pouch. It's dark, so check the torch. A cup of coffee and then hit the 'On Duty' button on the airwave radio. A minute later the siren wails to confirm that I'm connected to the computerised despatch system and a guick call to the Emergency Operations Control to confirm the types of call and the length of the shift and I'm ready to respond.

We're all here for the Cardiac Arrest – the highest priority and the call that will activate the quickest response of all. Time is precious here – every second counts. I've been on call for 420 hours since we were re-tasked on the 5th June post the initial lockdown. I've responded to 24 calls in that time. So yes, we do sit and wait a lot, but everything changes when the radio bursts into life again.

Adrenaline pumps through your system as you hurriedly scroll through the incoming text. What priority is the call? what is the background? and then what's the postcode and house number?. Enter the code into the satnav and off into the cool morning air. I push the button to indicate I'm mobile on the call within 30 seconds, van warm and setting out. I put on the windshield light to show I'm on a call and head for the patient. There's no breaking the speed limit allowed, so I rely on people's courtesy and awareness to give way when needed. The frustration of not being able to help the patient whilst driving, and potential scenarios going through my mind. I imagine the 'process' to go through, what the house will be like, what are the priorities for the patient.

I'm at the postcode, and a torch beam normally finds the house number. Sometimes you rely on a code for a key safe to gain access, sometimes the door is left open. Now I don PPE to protect the patient and myself before entering the house. If the call is a Cardiac Arrest, speed is of the essence. The key is to assess any dangers and then to treat the patient as fast as possible using the defibrillator which we all carry whilst

November

There's a certain word on everyone's mind A talking point of a festive kind Just six weeks to go, I hear them all say Panic and worry is what they convey

A glorious Indian summer prevails Which marks the end of seasonal sales Autumn months are badly confilcting It's Xmas the shops are now depicting!

November sees the big firewoeks bash Large bonfires assembled with sticks and trash Excited faces glow in the firelight Youngsters wave sparklers into the night

Down on the beach things catch the eye Objects glinting do I spy It's just a piece of jagged metal Lying beside an old rusty kettle!

Sometimes valuables can be found Left by visitors homeward bound Rings and chains and watches too Are some of the items one can accrue

Seasons by Jane Reeve (Written in 2000)



maintaining chest compressions (Cardio Pulmonary Resuscitation). In addition we communicate with the Emergency Operator to update them with the status of the patient. The ambulance will be on the way as fast as possible and the 'A' team will be on scene very soon, however our local presence means that even with the highest level alert, I have been 'on scene' up to 12 minutes before the ambulance - vital time to improve the likely outcome for the patient.

If the call is not a Cardiac Arrest, I might say 'Hi, I'm Nigel and I'm a First Responder. I'll look after you until the ambulance gets here'. People are naturally scared – the patient and their loved ones. There are often dogs to be reassured, narrow entrances, small spaces, lights to be put on, TV to switch off. If the patient is conscious, the key is to complete observations to support the ambulance crew when they arrive. If Control isn't sure of the situation you may call to update them on the seriousness of the patient so they can in turn brief the ambulance crew what to expect

After the initial concern and taking observations there's often time to chat and reassure the patient and their relatives. The fact that someone is there in a time of crisis with the expertise to help if things take a turn for the worse is comforting for everyone.

The ambulance arrives and I give the crew a handover of the patient's condition, history and any medications they may be taking or other relevant information, plus the actions I've taken in support of the patient and hand over to them for further observations and action. Where possible, I'll ask the crew if I've done the right thing and ask for any feedback, then I'm back to the van and home again to swab equipment and get ready for the next alert. I log the call and then think through how it went. building experience as every second counts and every patient is unique. At 1430 after 8 hours, the shift ends. I log off and get changed for the rest of the day.

If anyone feels like they would want to join our team, we would love to have more CFR's (please contact info@selseyfirstresponders.org in the first instance). We're here to save lives - every second counts.

December

December brings damp and foggy days The sun appears with a few brief rays The sea is rough and the winds are raw Eroding the cliffs a little bit more

The waves toss items onto the sand Having travelled here from foreign land Thrown overboard from a container ship Useless trash only fit for the tip

Well, like it or not the great day is here Whether you worship your God, or fill up with beer Kitchen windows steam up, as the turkey cooks Is it ready yet? the family say with enquiring looks

New Year's Eve is finally here The culmination of a difficult year With aspirations, hope and a dream That health and wealth will reigh supreme

The fledgling year creeps slowly in Folk still embracing kith and kin Revellers try to find their way home Youths play footie with a traffic cone

Brent Lodge Briefing's -Christmas care for wildlife

For most of us, Christmas is a time of celebrating, We expect to take in over 250 hungry hedgehogs as well as other wildlife casualties over the next few weeks. Sadly, we are still exchanging gifts and enjoying good food. Unfortunately, this does result in overflowing amounts unable to safely take on volunteers. Staff will be kept busy providing the basic needs to sick or underweight hedgehogs such as making sure they are kept clean and their bellies are full, to help them reach a healthy weight to be released. With this in mind, if you are able to donate any meat-based tinned cat/dog food, to help the hundreds of hedgehogs in our care, we would be most grateful.

of discarded waste, plastic packaging and wrapping paper, which could potentially be hazardous to wildlife if not disposed of correctly. We urge people to dispose of or recycle their rubbish responsibly or to look out for environmentally-friendly alternatives wherever possible, in the hopes it will cut down on unnecessary waste and reduce the impact it could have on wildlife. Please consider wildlife friendly gifts this Christmas - bird feeders, bird food, hedgehog houses, patient sponsorships and other gifts can all be purchased through our website.

Being an all year-round busy wildlife hospital means we are often

a helping hand to the seasonal challenges facing wildlife. During the winter season we will take in mainly hedgehog casualties - many iuvenile hedgehogs born in late autumn are too small to survive the winter hibernation and require overwinter care at the



hospital. At the start of the season we already had over 150 hedgehogs in our care, benefiting from the warmth of our incubators and frequent feeds.

present. Then she could give me away....



Here at the Selsey Private Club

We are keeping up with the things you love, We have cabaret nights with a meal and a show, Just like it was some years ago.

We're a friendly Club that is family run Your safety and enjoyment is our number one We're Covid secure with track and trace You'll find hand sanitizer all round the place.

Julie and Danny are the hosts with Mark and Maria too Just give us a call or come along and we will welcome you

We'll show you around and have a chat while you can have a beer

to join the club the membership fee is just £30 a year.

We have Cabaret nights on Saturdays Sunday Roast and light lunches Monday to Friday.

Thursday is Quiz and Bingo night..

We will be having Christmas day lunch and a new years Eve event, watch this space for further details or call the Club 01243 606015

On the Friday 18th and Saturday 19th December we are hosting a cloud 9 Christmas event with dinner, again call the Club for further information.



Email: info@crrc.co.uk www.crrc.co.uk Hello everybody! It's me Markus the office cat bringing you all the latest news from The Cat and Rabbit Rescue. I'm delighted to let you know that last month's pet of the month Althea has now been rehomed. I really do hope she's very happy in her new home.

THE CAT & RABBIT RESCUE CENTRE THE CAT & RABBIT RESCUE CENTRE

Tel: 01243 641409 Reg. Charity no. 1010000

I wanted to let my lovely supporters know about some of the fundraising we have running over Christmas. Now more than ever we need your support to keep

The Centre running. We have our Fill a Bowl campaign which is to raise funds towards the centre and highlights the cost of feeding the animals in our care. Also why not give the gift of sponsorship this Christmas, this makes a great present for if we are able to see our loved ones or not. For £20 you can give the gift of sponsoring one of our resident animals for a whole year. We will send your gift to the recipient and as it's Christmas your gift will include one of CRRC'c Christmas cards as well as a message for your loved one. Please see our website for more details.

I just want to tell you a quick little story, one Sunday a man turned up with a cute little guinea pig as he was unable to afford vet care for him. He had done the right thing because this guinea pig had a huge lump on his face. I mean this lump was huge, like the size of a tennis ball and must have been so uncomfortable for him. As soon as we could the staff got him to the vet thinking it could have been a tumour, but luckily as it turned out it was just an abscess. The Vets were able to cut it open and flush it and over the next couple of weeks it thankfully cleared up completely. This little piggy is currently bonding with another male guinea pig and will be off to his forever home soon. How is life has changed from having to drag that lump around to now being pain free and having a friend. Good luck in your new home little man!

Lovely to chat to you all again, see you next month.

Love Markus x

P.S. Please check our website www.crrc.co.uk to see how we are now rehoming and for the animals available for adoption. If you are looking to adopt a cat please do ring the centre, for rabbits please fill out an online application form. But for kittens and guinea pigs please do check the website and only contact us if you see something suitable on there.

THE CAT & RABBIT RESCUE CENTRE

Have you visited the Cat & Rabbit Rescue Centre Charity Shop at 9 The Parade, Selsey?

It is full of fantastic bric-a-brac, including antiques, pictures, jewellery, as well as clothes for every occasion, beautiful bedding, curtains, craft items, and good quality furniture.

If you have time to spare, why not become a volunteer, just visit Sue or Nicky in the shop.

28) Who composed music for both the 1937 and 1953 **Coronations?**

29) On what date in 1951 was The Archers first broadca nationally?

30) Who played the title role in The Life and Death of Peter Sellers?

31) In which sport would you wear an obi?

Happy Cherries & Fizzy Peach

The Cat and Rabbit

Rescue Centre would love to introduce you to a pair of gorgeous male guinea pigs. Happy Cherries and Fizzy Peach have been with us at The Centre since October after their owners had a change in circumstances and could no longer look after them.

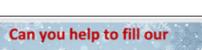
These two are 5 year old brothers and would be

looking to find a new loving home together as they get on so well. They are a lovely pair of guinea pigs that enjoy running around their pen and eating lots of grass.

Fizzy Peach does have a small lump in his armpit that the vet is not too concerned with, so he will be on the part foster care scheme so that if anything changes with it in the future he can come back and see our vet at no cost to his owners. Happy Cherries and Fizzy Peach have lived indoors their whole life so it would be best for them to continue to live indoors as they are not used to the cold temperatures. These friendly boys really deserve to find their forever homes, they are getting on a little bit now but they would still love to settle down in a loving home with lots of cuddles and food!

If you think you may be able to offer Happy Cherries and Fizzy Peach a loving home please give the centre a call on 01243 641409 or visit our website www.crrc.co.uk.









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Text BOWL to 70085 to donate £5 Texts cost £5 plus one standard rate message r text BOWL followed by your amou g BOWL 10 to 70085 to donate £10) Or to pay by card visit

https://donate.kindlink.com/th cat---rabbit-rescue-centre/3410









If you think you have a wild animal that requires assistance, please call us so we can give an assessment and determine the best course of action. Due to the hospital having no volunteers for the foreseeable future, it does leave us with a very small team of staff. It is important that we do not become overwhelmed this winter with animals that may not need to be in our care.

www.brentlodge.org T:01243 641672

Thank you for your support throughout this difficult year and we wish you a Merry Christmas and Happy New Year. 2021 marks our 50th anniversary so we look forward to sharing our plans to celebrate the occasion with you in the new year.

East Beach Church

In November's edition we shared how good it had been to have the church open again for services on Sundays. Little did we know what was around the corner with Lockdown 2 about to happen! Public services and Care Shop events were suspended, but by the time you read this we will be out of Lockdown 2 and into Tier 2 which allows us to open the church again for public worship services. It is sometimes a challenge to keep abreast of the changes and mixed messages!

Poignantly, the Christmas message is an unchanging message in incredibly changing times. It is a message of HOPE in a troubled and confused world where it can be felt there is no hope an Earth some are intent upon taking Christ out of Christmas. One of the priceless treasures of God's Word (the Bible) is this: We can turn our attention away from such a world and find peace and reassurance in the timeless message the arrival of Christ proclaims. So much appears around us to be changing, falling apart, confused, perhaps out of control, but when we look at the events 2000 years ago, its timeless message of 'HOPE' Is like a rock of refuge in a storm-tossed sea.



So, we excitedly look forward to opening 6th December again for our Sunday 10am and 5pm services as well as some December specials. On Sunday 13th our Kids Church service will be back as we get creative again for a special Christingle. Again, you are assured of plenty of activities and fun - Kids Church services are relaxed, so be warned! We are planning

another Kids Church for 24th January too.

As we need to restrict numbers, our popular Carol Service will this year be run twice on Sunday 20th at 10am and 5pm. If you would like to join us for one of these, please call Alan on 607945 to book a seat.



The Return to Sunday School worship services are back at 2.30pm on 9th December (Christmas theme) and for your 2021 diary. 27th January. These are run in partnership with Selsey Dementia Action Alliance and are appreciated Dementia-friendly services. The content is aimed at those living with Dementia and their Carers, as well as anyone who has a heart for supporting them. Places will need to be booked if you would like to attend, but we now hope to live stream the service for the Care Homes as well. Please contact the Selsey Care Shop to reserve your seat for this service (01243 201616).



Unaffected by Lockdowns of course, is the great Christmas Community Dinners delivered to people at home and we are

pleased we are able to support Selsey Community Forum as our premises are used for the distribution of the 140 or so meals on Christmas Day.

Remember that we continue to Live Stream via YouTube most services, some of which each week are also supplied on a DVD. If you would like a free weekly DVD, then please call the church (607741) and leave a message. With pleasure, we will deliver one to vou.

We do continue to pray for God's protection upon Selsey, our families & friends, as well as the wonderful medical & care workers across the country. Please do let us know if we can support you in these times, or simply pray for any challenges you are facing.

Regular Weekly Schedule

Day	10am	7pm (except Sunday)
Sunday	10am - All-age Worship (on YouTube and DVD) Please call Alan on 607945 to book a seat	5pm - Evening Worship (on YouTube and DVD) Please call Alan on 607945 to book a seat
Monday	Songs of Praise (on YouTube and DVD – traditional hymns)	
Tuesday		Prayer Meeting (via Zoom)
Wednesday	1.00-4.00pm Church building open for private prayer	
Thursday		Lifegroup (via Zoom)
Friday	Sunbeams (on YouTube - Songs & Stories for parents and toddlers)	
Saturday		Fun Evening (on YouTube, once a month)

YouTube Live Stream, Upload and Playlist Weekly Schedule

The live streams will appear on our YouTube channel. To find our channel search for "East Beach Church Channel" on YouTube or type in the link below.

https://www.youtube.com/channel/UCG2cNeKLX1osDgC4iGFgiRg

East Beach Church, Marisfield Place, Selsey - Tel: 01243 607741

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SELSEY METHODIST CHURCH

December 2020 Letter for Selsey from Methodist Church

The last year has been tough, just as we find ourselves being thoughtful about the coming months, we're put again into another Lockdown! I'm sure it's not been easy either, but enough about that, what's coming that we can get excited about? I've heard a few things on the news which have certainly done that -

Christmas celebrated in October, November or even earlier Local people helping out with local shops, at no cost! Hearing the needs of those on their own and taking food to them Encouraging children and adults to be fit and get involved in sports of all types

It's not always easy but it does lift our hearts not to just hear of it but to get involved. If you feel like it do what you can but always remember to keep safe, wash your hands, wear a safety mask and to keep a safe distance from each other.

As we get closer to Christmas Churches, including our own, are stopped from meeting for worship and perhaps also from celebrating the most amazing time of year - Jesus' birthday! How strange that will see to us all when it happens but we can get together on line and take part in worship in a service involving others including the minister too, talk to each other over the phone, send presents to arrive before the date we hope, remember the story, pray together and includes all that need our thoughts and love. I could go on but Christmas is not dead, it is not forgotten, if it fills our heart on the day. Why?

Because through it all comes the love of God, the peace of the Holv Spirit, and Jesus as we know him to be full of care, faith. hope, peace, love in all that he did when he was with us and all that and more as we discover that he lives with us day by day.

Remember that none of that would happen without the amazing birth of him to Mary. Truly that is Christmas!

> Hark! The herald angels sing glory to the new-born King. Born that man no more may die, Born to raise the sons of earth, Born to give them second birth:

> Hark! The herald angels sing glory to the new-born King.

Have a wonderful Christmas, and help all that you can, whilst keeping safe always. Amen.

Rev'd John Scrivens

A. 1. 16

This Christmas quiz kindly supplied by Rev'd John Scrivens of Selsev Methodist Church:

My topic tonight is an ancient story of a Star bursting onto the scene and wise men, known to their friends as smartles who came from the east, following the Milky Way and carrying gold.

It was a cold night and flakes of snow fell on them, making them cold and the ground crunchy. The drifters of snow gathered around them, which was strange as they travelled from the East where it is usually warm at that time of year. They had clubbed together to bring their bounty to find a new born baby who they thought would be a king. They had taken time out from their daily job looking at the stars, and their journey was hard and long.

It was a refresher of a journey as they looked up into the heart of the galaxy. But they didn't lose hope. They simply couldn't fudge the issue because the wispa that they had heard made them believe that something very important was about to happen. A child would be born who would change the world. All sorts of people would be helped, and the original problems of the world would be sorted out.

It was nice to be together, betwixt the stars and the snow as they hob nobbed with each other, and joked so much that people called them al tesers, as they chomped on their snickers which used to be called marathons making it easier to fit into a silly Christmas story about chocolate.



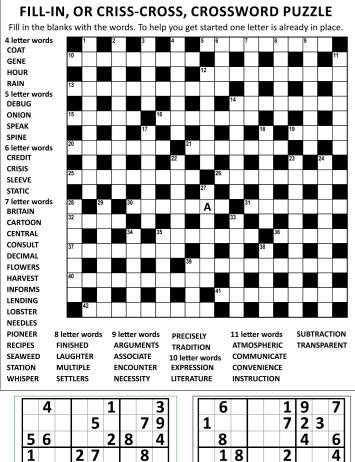
St. Peter's Church will be open on Wednesdays and Sundays 10 am to 12 noon for private prayer.

There will be no services until further notice.

Please contact the Reverend Andrew Wilkes (601984) for more information.

Steve's Puzzle Page





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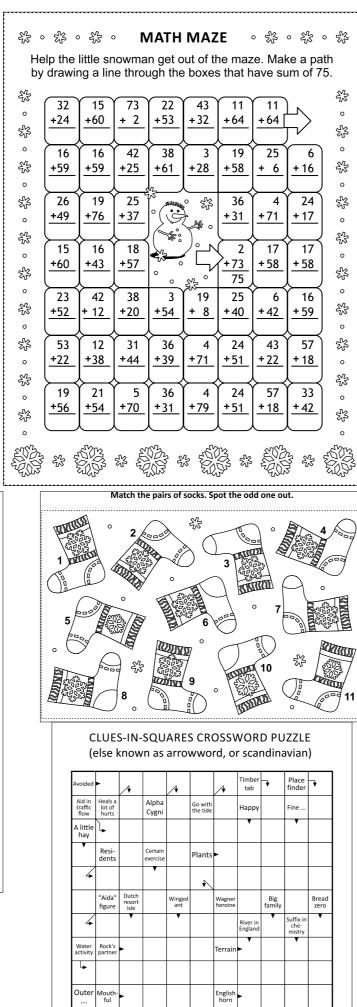
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Fish-hook

78



what's on



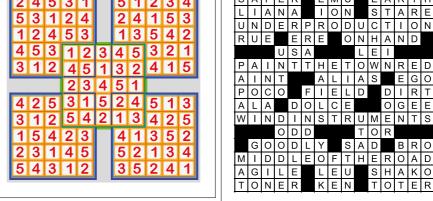
Membership £10.00 per month or £100 per year Complete your own wood / metal projects or be involved in group activities

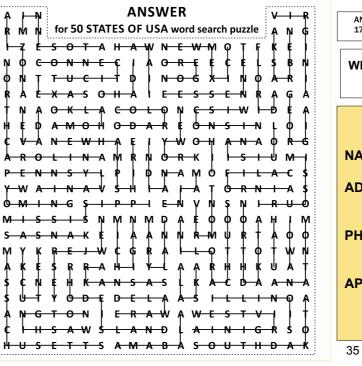
If you are interested in joining contact Mick Webb 07939 880029 email m.c.webb46@gmail.com

Christmas is a contraction of "Christ's Mass," which is derived from the Middle English Cristemasse, which in turn comes from the Old English Cristesmæsse, a phrase first recorded in 1038

Hanging stockings out comes from the Dutch custom of leaving shoes packed with food for St Nicholas's donkeys. He would leave small gifts in return.

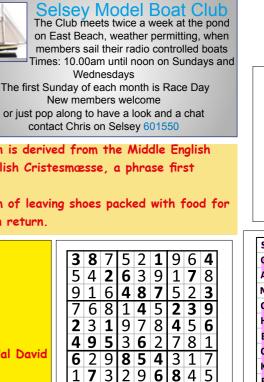
1) Andy Warhol 2) Sidney Nolan			
3) The Mystery of Edwin Drood 4) Jack Dawkins			
5) Jeeves 6) Black Pig 7) Sherlock Holmes			
8) Beatrix Potter 9) Westminster Abbey 10) Four			
11) Bysshe 12) Dashiell Hammett 13) Jane			
14) Lew Wallace 15) Isak Dinesen 16) Mohicans			
17) 366 18) Kim Stanley 19) Burt Bacharach and Hal David			
20) Australian 21) Rudolf Hess 22) John Carpenter			
23) Fibre-optic Link Around the Globe 24) Kukri			
25) Sparky			
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53124 24153	1		



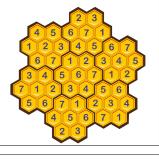




last month's answers

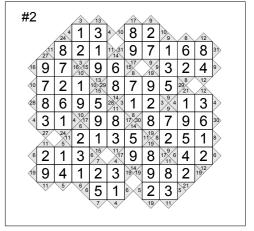


8 5 4 **7** 1 3 6 **9 2**









ANSWER: 1=S, 2=U, 3=N, 4=L, 5=I, 6=G, 7=H, 8=T, 9=C, 10=F, 11=J, 12=A, 13=E, 14=M, 15=R, 16=O, 17=X, 18=W, 19=V, 20=B, 21=D, 22=P, 23=Y, 24=K, 25=Z, 26=Q.

Which button will ring the bell? Button 6

COMPETITION ENTRY

NAME

ADDRESS

PHONE NUMBER

APPROVAL

Sorry, prize cannot be posted.

We have a competiton open for children under the age of 14.

Colour in the picture as best you can, and then carefully cut it out of the magazine. Then by post or by hand send to the Selsey Life, c/o 42 Beach Road, Selsey, PO20 0LU. (You can put it through the letterbox).

The pictures will be judged by Jake Hayward, and the one he considers the best will win an approximately 3 foot high soft dog, one of Santa's huskies.

The date for the competiton to close is Friday 18th December. Please include your name address and phone number, on the reverse, and your parent or guardian's approval.

