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Selsey Life

Community Magazine



JULY 2020
ISSUE NO. 257

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50p

in the yellow pots



Photo by Meryn
Woodland

Some of the many
items inside this
month:

Bathing waters report



Selsey Photo
Archive
update

Lifeboat mission reports

Sophia Woodland
article

Friends of Selsey
Medical Centre appeal

He is back, and he is
Covid aware with his
face mask. Find the
Selsey Seagull - see
inside:



Sports Dream Update



Snak Shak article

And lots more -

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WEST SANDS FUN FAIR AND SALTINGS DINER, WEST SANDS HOLIDAY PARK, MILL LANE, SELSEY, WEST SUSSEX PO20 9BH

Hello everybody, and welcome to July's issue of the Selsey Life magazine.

We have two bits of news this month:

The first is that, finally, the Boss is back from America, they have finally let her out (although why we let her in...) At the time of writing, she is still under quarantine so we have not met yet, and this means I am at present bruise and marks free from any result of my faux pas with the February edition (remember, no cover price?). I will update you in August (if I can still type).

The second bit of news is that we have finally drawn the February competition. The winner is Carol Bowles, and she has received the Selsey Stone kindly donated by Anne Kinnear. The seagull was on the Near To Nature Quilt Show advert. Our thanks to both Anne Kinnear for the prize and Beth Lambert for arranging it for us.

Anne's work is for sale in The Shop, 89 High Street, so pay them a visit when the lockdown restrictions have eased.

The Selsey Seagull is back for this issue, but this month it is just for the fun (due to distancing restrictions on some of our readers it was not thought appropriate to have a competition they may not be able to enter). He is, as you will be aware from the cover, Covid aware and is wearing his face mask. All you have to do is find him hidden somewhere in the pages of this magazine - answer next month.



We are aware the magazine has been a bit slimmer these past months, but we trust you understand that there has not been much happening to receive reports on. As we have said before, we are happy to accept submissions for the magazine, and if you would like to take a paid advert we would be happier still...

May we please urge you to shop local wherever possible and help to support all our local traders through these difficult times for us all. Once lost we may never get them back.



As always, if you are reading this magazine in a reception or whilst waiting in a shop, and you will be putting it back, may we please ask if you would still consider putting a small donation in the box? If we cannot make the printing costs there will not be a magazine for you to look through. Thank you.

Enjoy July, with hopefully it's eased restrictions, but still take care and keep social distancing. We will see you in August.

All submissions are appreciated, and if you have any thing you would like to see in print please send it in for consideration.

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Our 5% offer for anybody who gets us new advertisers still stands.

It appears my jokes may not be that bad, no body has sent ones in in their place. (You have been warned...)

Friends of Selsey Medical
Centre (FSMC)
Charity No: 1013645



Although the Annual General Meeting normally held on a Saturday in June cannot yet go ahead, all paid up members of the Friends should have now received the Annual Report and statement of accounts.

In his report, Chairman David Webber highlights the fact that in the year ending 31st March nearly £20,000 has been spent on equipment for the surgery whereas membership fees only amounted to £4500.

This amount came from only 450 of the 12,500 patients registered at the surgery.

Unfortunately, the Membership Secretary has disclosed that up to 31st May 2020, only £3400 has been paid which means some 25% of the current members have not renewed. This is worrying but we do thank sincerely those who have renewed.

There were some donations and fund raising which helped to cover the costs of admin and insurance but not enough to ensure that using reserve funds will be avoided.

It has been difficult for everyone over the past three months to manage their own lives but we do need your support to maintain the high standards achieved at the surgery.

It is understood that because Friends exists, it is easier to attract doctors and staff to come to work in Selsey.

These are some of the items purchased by the Friends during the year:

*TV screen for upstairs patient calling: Defibrillator & accessories:
Ear irrigator/finger pulses/instruments
Medical trolleys: Rhythm pads & associated computer readers:
Equipment cases for nurses home visits
Repair to the BP machine in waiting room: replacement of various worn/expired smaller equipment*

As soon as a date can be fixed for the AGM, announcements will be placed in local publications and by e mail to those members who have shared their e mail address.

Also there will be posters in shop windows, the library and the Medical Centre.

We look forward to welcoming current & hopefully, some new members.

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Medmerry School is now open to a wider group of pupils (Reception, Year One and Year Six) along with those children of Key Workers. Although school is very different now, the smiling faces are the same.

The children are becoming familiar with social distancing, zoned play areas and separate learning 'bubbles'. We are very proud of all the pupils working hard at school to settle into new routines, and we remain very proud of those children at home too. Staff continue to plan home learning for these children and we look forward to welcoming them into school as soon as we are able to. The whole school community have been sharing their work via our school assemblies published on the website, ensuring that we are able to celebrate all our achievements.

At the beginning of June some of the children joined in with the Young Voices at Home organisation to sing Power in Me. Children from all over the world, in groups and at home, joined to create a worldwide choir all singing at the same time. We had the music blasting out for all to hear and the children sang brilliantly! You can still access the materials online if you go to the YV website.



MAZEGARDEN OPEN DAY 2020 CANCELLED

We have delayed making this announcement for as long as possible, monitoring the Government and Public Health England advice, in the hope that we could adapt our plans for this year's open day. Regrettably, cancellation is the only conclusion due to the Covid-19 restrictions and health and safety.

Next year's open day Sunday, 8th August 2021.

Stay safe

Richard and Sandra Bushby

68 Street End Lane

Sidlesham

PO20 7RG



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Council launches campaign to encourage residents to support local businesses

Chichester District Council has launched a campaign in association with the Chichester and the Midhurst and Petworth Observer to encourage residents across the Chichester District to shop local and support their local businesses.

This is part of a package of support designed to help local businesses to reopen in line with the government's recovery plan.

The council is encouraging residents to download a special poster to display in their window to show their support, saying 'we're supporting local businesses.' This can be found at www.chichester.gov.uk/supportlocal and will also appear in the council's next issue of its initiatives magazine, which will be delivered to households from 13 July.

Council officers have been out visiting the district's towns and city to assess what signage will be required and to look at what further measures may need to be introduced. These proposals have been sent to key partners including the relevant town, parish or city council and the ward member for their feedback and involvement in this process.

The council's economic development team has also been in touch with local businesses to find out if they are planning to reopen and to offer them the necessary support they may need. Social distancing signage designs have also been shared with local businesses and community groups, which can be downloaded for free at www.chichester.gov.uk/supportlocal. The government has also provided detailed guidance to help businesses prepare to reopen on its website <https://www.gov.uk/guidance/working-safely-during-coronavirus-covid-19/shops-and-branches>

Visitors to the district are being asked to look for the Government's 'COVID-19 Secure' posters in High Street windows, which show that the business has completed a risk assessment and put in the necessary measures to ensure social distancing.

"It's vital that we all play our part in supporting our local businesses. We're encouraging everyone to think local – and we have produced a poster that people can display to show their support," says Cllr Martyn Bell, Cabinet Member for Growth, Place and Regeneration at Chichester District Council.

"As a council, we have been offering support and assistance to local businesses who wish to reopen. We've also provided advice and resources on our website for those who wish to access them, including free signage designs that they can download. At the moment, we are working with key partners and parish, town and city councils in our High Street areas, to develop measures and signage that are appropriate. In the first instance, due to the rapidly changing landscape, we are going to introduce temporary signage. We are then planning more long-term signage that reflects individual towns and the city as we move forward into the summer months, when people have started to get used to the social distancing requirements and when most businesses will be open.

"We're also in the process of setting up a High Street Recovery group, which will involve a range of retailers, local partners and council members. This will look at how we support our High Streets and local businesses moving forward.

"This campaign is very much a partnership with businesses, parish, town and city councils, and business associations and groups. We're also very pleased to be running this campaign in association with the Chichester and the Midhurst and Petworth Observer. It's vital that we all pull together to provide as much support to our local businesses as we can."

Chichester District Council will be working with its partners to



highlight those businesses which are reopening – and will offer regular updates for those wishing to visit the district. It is advising people to follow its social media pages and its website at www.chichester.gov.uk/supportlocal

Chichester District bathing waters rated among the best in England

Bathing waters at all three EU designated bathing beaches within the Chichester District have been classified as 'Excellent' – the highest classification possible.

Recent results show bathing waters at Bracklesham Bay, West Wittering, and Selsey meet the Bathing Water Directive's strict water quality standards based on bacteria levels, placing them among the best beaches in the country for water quality. These three beaches have upheld 'Excellent' classification since 1995, 1998, and 2018 respectively.

"This is wonderful news for residents and visitors, and means people can enjoy the highest bathing water standards possible," Councillor Penny Plant, Cabinet Member for Environment and Chichester Contract Services at Chichester District Council. "We are very proud to have upheld this classification for a number of years and for our beaches to be considered among the best in the country for water quality.

"Selsey bathing water was previously classified as good, but has improved significantly and has now received a rating of 'Excellent' for the last three years. This has been achieved through the partnership project with Southern Water and through our education and awareness-raising campaigns such as Yellow Fish, Only Rain Down the Drain and Against Litter.

"As the coronavirus restrictions continue to ease, we have seen an increase in people visiting our beaches and coastal areas. Although we want people to enjoy spending time outside after weeks of lockdown, we are urging them to stay alert by observing social distancing and hygiene measures when they are out and about.

"If you are travelling to the beach by car, all council-owned car parks are open and charging has resumed. The privately owned West Wittering Estate car park is currently operating at reduced capacity and visitors are required to pre-book a parking space in advance by visiting www.westwitteringestate.co.uk"

Council and local businesses join forces to welcome shoppers back to the district's high streets

Local businesses have joined forces with Chichester District Council to welcome shoppers back to the high streets in Chichester, Midhurst, Petworth, Selsey and East Wittering.

The council has released a video, which encourages residents and visitors to shop locally in its city and towns. Local businesses feature in the video, explaining the steps they have taken to keep shoppers safe. This is part of the council's 'Support Local' campaign, which is being delivered in association with Chichester Observer and Midhurst and Petworth Observer.

The campaign aims to encourage residents across the Chichester District to shop local and is part of a wider package of support designed to help local businesses reopen in line with the government's recovery plan.

"Now more than ever, it's vital that we visit our high streets and support local businesses across our district," says Cllr Martyn Bell, Cabinet Member for Growth, Place and Regeneration at Chichester District Council.

"This is why we have launched our Support Local campaign, which is in partnership with businesses, parish, town and city



councils, and business associations and groups.

"Businesses across the district have been working hard to make sure that all the right measures are in place to keep shoppers and staff safe. This includes providing hand sanitiser, plastic screens at checkout areas, accepting contactless payments, social distancing signage and queueing systems, as well as regular and thorough cleaning.

"Thanks to these measures, shoppers across the district should feel reassured that they can shop safely and continue to support all the wonderful local businesses that our district has to offer."

The video can be found by visiting: www.youtube.com/watch?v=k7YndIO-jzc

Chichester District Council is offering a package of support to local businesses from a variety of its teams. Its Economic Development, Health Protection, Planning, and Licensing teams are all providing support and assistance to local businesses. The council has also created dedicated web pages with both Government advice and local support. It is also working closely with partners across the district to deliver the second stage of a signage project, which will be personalised to each location. To find out more, please visit www.chichester.gov.uk/supportlocal

Regular updates about the campaign will also be posted on the council's social media sites. These are:

Facebook page: www.facebook.com/ChichesterDistrict-Council

Twitter page: www.twitter.com/ChichesterDC and

Instagram page: www.instagram.com/ChichesterDC

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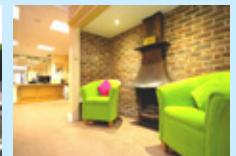
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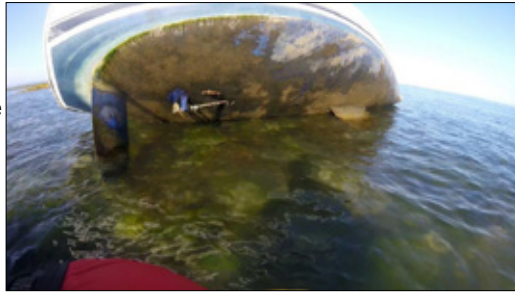
www.cheerhealth.co.uk

Yacht runs aground on Mixon rocks off Selsey Bill

UK Coastguard requested the launch of the Selsey inshore lifeboat at 5.37pm on Monday 25 May after receiving reports of a yacht aground.



The inshore lifeboat (ILB) launched at 5.45pm and headed to the vessel which could be seen from the station. When the ILB arrived on scene a check on the welfare of the two persons on the 37ft yacht was made. Whilst checking around the vessel it was spotted that the propeller was fouled. The ILB helmsman decided to kedge the yacht's anchor to secure the vessel when the tide started flooding.



The weather on scene was wind southerly force 2-3 sea state smooth in sunshine.

After kedging the anchor the crew of the ILB managed to free the propeller and informed the Coastguards they would wait with the vessel until it floated free of the rocks.



At 11.09pm the vessel floated free from the rocks and after the yacht's anchor was retrieved the ILB towed them out to clear water. After a final check for water ingress the engine and steering were checked. All was fine so the tow was dropped and the yacht continued on to Chichester harbour. The ILB was released from this incident by the UK Coastguards and returned to station arriving back at 11.26pm. After recovering the ILB it was refuelled washed down and made ready for the next call The crew tonight were Helmsman James Albrey, Will Moir and Andy Lee.

Date: 6 June 2020

Selsey inshore lifeboat tows steel structure ashore.

UK Coastguard requested the launch on Saturday 6 June after a local vessel had tried unsuccessfully to recover a steel pontoon which had broken free from East Beach earlier in the day. The Coastguards considered the pontoon a danger to small craft.

The Selsey Coastguard team were on scene with the first informant and had the pontoon visible approximately 1 mile east of the lifeboat station. The inshore lifeboat launched at 4.22pm and after locating the pontoon attached a line to it and towed it back to the station where it was floated on to the inshore lifeboat carriage and taken to the top of the beach. The weather was wind westerly force 6 sea state moderate in the lee of the land.

The lifeboat was then recovered washed down and refuelled by 6.30pm. The crew today were Helmsman Dave Lamdin, Max Wiseman and Neil Hopcraft.

Date: 9 June 2020

Both Selsey RNLI lifeboats assist yacht

Shortly after 8.00am the coxswain contacted the UK Coastguards with concerns for a small yacht which was on a course that would possibly put the yacht in danger of running aground.

After approximately 40 mins the coxswain informed the Coastguard he could no longer see the casualty and it was decided to send both the inshore lifeboat (ILB) and the Selsey Coastguard team to locate the vessel .On Tuesday 9 June at 9.09am the inshore lifeboat launched and at 9.16am located the yacht approximately 1.2 miles SSW of the station. The weather on scene was wind southerly force 3-4 sea state



moderate in sunshine.

After speaking to the sole occupant of the yacht he confirmed he had grounded several times and that his engine had failed. The Helmsman decided to tow the vessel into deeper water and requested the all-weather lifeboat (ALB) to tow the yacht to Chichester harbour. The skipper reported he was unable to sail due to rigging problems and confirmed there was no ingress of water. At 9.46am the all-weather Shannon class lifeboat launched and rendezvoused with the ILB at 10.03am. A tow was established between the ALB and the yacht and a course set for Chichester harbour. The ILB was released to return to station at 10.17am



The ILB crewmember that went aboard the yacht to rig the tow stayed aboard for the passage to Chichester and at 11.30am reported that the yacht had water ingress and a salvage pump was required. The vessel was brought alongside the lifeboat where the salvage pump suction pipe could reach into the bilge of the yacht. This was successful in reducing the water level. Chichester harbour entrance was reached at 12.05pm and the yacht was safely berthed alongside in Sparkes marina at 12.20pm.



The lifeboat was released at 12.25pm and returned to Selsey

at 1.00pm. The ALB was recovered washed down refuelled and made ready for service by 2.30pm. The crews today were ILB: Helmsman James Albrey, Harry Emmence and Neil Hopcraft ALB: Coxswain Rob Archibald, Mechanic Andy Lee, Max Gilligan, Max Wiseman, Pip Skeet and Terry Healey.

16 June 2020

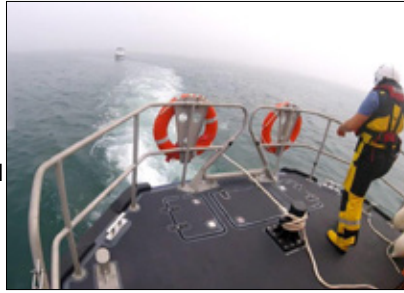
Selsey all-weather lifeboat tows motor boat to safety.

The all-weather Shannon class lifeboat launched at 12.15pm on Tuesday 16 June at the request of UK coastguards.

They had received a radio call from the crew of a 26ft motor boat reporting machinery failure. The casualty vessel was 3.5 miles south east of Selsey Bill with fog sometimes reducing visibility down to 30 metres and a smooth sea state. The lifeboat arrived on scene at 12.30pm and after checking the welfare of the two persons and one dog aboard the boat a line was passed to them. Once the tow had been established between the two vessels a course was set for Chichester harbour.



The harbour entrance was reached at 1.50pm and shortly after the motor boat was brought to an alongside tow to continue into Sparkes marina. At 2.15pm the vessel was safely berthed alongside in the marina. After taking details the lifeboat departed Sparkes and arrived back at Selsey at 3.20pm and was recovered straight away. The lifeboat was washed down refuelled and made ready for service by 5.00pm. The crew today were Coxswain Rob Archibald, 2nd Cox Colin Pullenger, Mechanic Phil Pitham, Andy Lee, Harry Emmence and Neil Hopcraft.



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Selsey Venture Club Update.

A word or two from our Club Chairman and the Transport Manager.

We hope that all members are fit, well and coping with the pressures put on us all by the Coronavirus pandemic. The Selsey Venture Club still remains unable to operate because of COVID 19 and related government restrictions. We cannot consider running until we can be 100% sure of the safety of those we carry and of course that of our drivers. Likewise, we cannot currently open our sales outlets including the garages and boutique due to the health risks to everyone with such limited space.

We are monitoring the situation regularly and will keep you updated via local news sheets. It may be that we all have to wear masks and change our policies but rest assured we will be back in operation albeit possibly somewhat different to our previous operations.

Please note we cannot take any items for sale at the moment as it would need to be quarantined for several days and storage is just not available.

Please ensure that you all take care, keep safe and stay alert. We look forward to seeing you all in the not too distant future.

Brian Sharpe Chairman & Nigel Cooper Transport Manager for Selsey Venture Club.



As Founder Members of the SNAK SHAK here in Selsey we are finding it very difficult to see the whole operation being wound up and the premises re-let.

However, it is with great pride and satisfaction we can look back on our progress from the original Burger Van in Budgen's Car Park in 2005, to our move to the Warehouse in the High Street in March 2008.

It was started in order to provide a safe, warm place for the teenagers of Selsey to meet with their friends. Also to prevent the petty anti-social behaviour of young groups hanging around local well-lit areas.

Despite some local opposition from people who would have liked it sited a mile or more from Selsey, at sea if possible. There was much local support from Churches, Councils, Schools, local businesses and individuals.

We think the youngsters preferred the Burger Van, but it was riddled with rust, which Trident Steel regularly removed and painted for us and very cramped inside. Entailing very precise packing-up of generator and chairs etc at end of session, in order to get it all in.

The Police did a drive-by, twice a night to ensure all was well and also to ensure good relations with the youngsters.

We managed to hold a memorable Christmas Party with fairy lights and lovely food in the December and have lots of photos of it all before moving to the new premises in March.

Funds were raised, people donated furniture and fittings and local businesses helped re-decorate, re-wire, remove asbestos and numerous other tasks.

Volunteer helpers started appearing out of the woodwork. Many of our long-standing volunteers signed up at the Opening Ceremony and were still with us at the end, with many more joining us over the years. We soon realised how important they were in support and commitment. They never let us down. We couldn't have done it without them. So a VERY BIG THANK YOU to them all.

There were a lot of formalities to complete in order to run the operation and in setting up a Charity – a great challenge for us all. Superb work by all our loyal Trustees.

We had a Great Opening by our local celebrity Lorna Priddis and local M.P. Andrew Tyrie came, too.

The youngsters flocked in and their parents were encouraging in their support of our effort.



Margaret & Gerry Smith with Lorna Priddis



Group shot of the volunteers with Andrew Tyrie at the back

We worked together with the Manhood Youth Wing and Keith Martin and their Youth Worker, who was employed by W.S.C.C. This worked well and ensured we were all singing from the same hymn sheet. Also helped keep track of any problems individual youngsters might have.

In 2014 WSCC closed down their Youth Department and withdrew all Youth Workers, so we raised more funds to employ our own Youth Worker at Snak Shak.

This was when KYLEE SCOTT came into our lives. She proved to be a charismatic Youth Worker. The youngsters related so well to her and she was like the Pied Piper.

The Academy invited her in at lunch-times to get alongside the pupils and gradually more young people came into Snak Shak.

In 2015 we won Queen's Award for Voluntary Service. It was such an honour to go to Buckingham Palace and receive it on behalf of the rest of the team.

Gradually as time went on things changed, she was involved in more social work with the families of the youngsters. One year, when working with young people who had been excluded or had problems, she personally enabled several of them to sit exams. That probably involved picking them up from home, sitting at the Town Hall while they worked, then taking them and their work to the Academy.

They achieved qualifications they otherwise would not have done.

She also worked with several students taking them individually to some sort of activity and instilling a love of, for example, looking after injured birds, learning some skill, work a ride-on mower or sailing techniques. Giving them incentive and encouragement. She always went the extra mile. She was one of the most positive and encouraging people you could ever meet. She will have shaped the lives of many of the youngsters who passed through SNAK SHAK. THANK YOU KYLEE.

So as times change and SNAK SHAK has closed. We won't be able to have the big Farewell Party we had planned but from all the many letters and mails we have received from so many people – funders, supporters and community – we were there for the time when we were needed and we should be proud of that and also that things have changed, other provision is in place and we are not needed now.



Marjorie Graham, Margaret & Gerry Smith, Kylee Scott at the hatch



At the ceremony to receive the Queen's Award



On stage at the Town Hall

R.I.P SELSEY SNAK SHAK



Update from St Wilfrid's Hospice

We are doing everything to ensure our services continue throughout the complex and ever changing Covid-19 situation, without compromising the safety of our patients and their loved ones. By adapting the way we deliver our care, we're currently providing support to more than 300 patients in West Sussex, playing a key part in the healthcare system.

Our Living Well Centre maybe closed, but our councillors and therapists continue to offer practical support to patients at home through calls and teleconferencing.

From 15 June we have started to re-open our shops with Chidham, Chalcroft, Midhurst, East Wittering, the Retro and Vintage shop on Eastgate Square, Chichester, and our Donation and Furniture Centre on Terminus Road, Chichester.

Read more at stwh.co.uk

<https://stwh.co.uk/media/3541/mawf-icon.jpg?width=249&height=178&mode=max>

Make A Will Fortnight - 5 October 2020 - 16 October 2020

You have the power to do something enduring for your community. Make a will fortnight will return this October, with bookings for will writing and advice available from September.

Take part in St Wilfrid's Hospice Make A Will Fortnight scheme and have your Will written or amended by a local solicitor firm without charge.

Register your interest at stwh.co.uk/events/make-a-will-fortnight

A new way of walking for the times we live in.



Here at St Wilfrid's Hospice we are committed to the safety of supporters like you, who do amazing things to fundraise for vital end of life care in our community.

Walk 5 or 10 miles during the Moonlight Walk Week in a way that suits you. You could even break it down into manageable distances, or why not get creative and break it down into steps:

5 miles = 10,000 steps and 10 miles = 20,000 steps

As a virtual event this means you can take part wherever you are! Sign up at stwh.co.uk/moonlightwalk

Sahara Desert Trek – 11 to 16 November 2021

https://stwh.co.uk/media/3432/6127-logo-sahara-desert-trek-morocco_blue_cmyk.jpg?width=415&height=260&mode=max



This is your invitation for adventure on a trek that summits the top of the highest sand dunes in the Sahara - The Chigaga Dunes. You will trek and camp for 4 days through an ever-changing landscape.

Discover Machu Picchu

The Inca Trail Trek to Machu Picchu October 2021

After the disruption of Covid-19, this now means there is a second chance to register your interest for the new trek date of 15 October 2021.



An exceptional challenge, the Inca Trail reaches an altitude of over 4,200m and consists of hiking through sub-tropical vegetation, cloud forest and embracing snow-capped peaks. The 10 days trekking will be hard, but the spectacular views of river valleys far below and reaching the lost city will never be forgotten.



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www.stwh.co.uk
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strewn wreck searching diver whose bubble vents
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contraband spirit the smuggler's confine
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SOPHIA WOODLAND
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1868 – 1937

This month we are continuing with the Woodland saga. We haven't airbrushed Sarah Woodland out of existence. She will be researched later.

Sophia Ellis' parents were George and Hester born in 1824 in Brighton and in 1829 in Devizes, Wiltshire respectively.

On July 16 1850 George, who was the son of a Wine Merchant, married Hester Stockwell, a plumber's daughter. The 1851 census tells us that George was 27 and Hester was 22 and that they lived at Devizes Green. George was a Commercial Traveller.

By 1861 George and Hester had 5 children, 2 daughters Ellen and Annie, and 3 sons James E, Robert H and Arthur. George was now a Wine Merchant in his own right and although he lived at 14 Saint John's Street in Devizes, his business premises were at 28 Saint John Street. The Ellis' were a close family as George's brother and a sister also lived in his house.

Throughout March and April of 1871, the Devizes and Wiltshire Gazette carried the following advertisement:



In 1871 George and Hester lived at 15 St John's Street with 7 children, the additional offspring being Charles and Sophia, the baby of the family.

Later George ran into a bit of financial trouble as the London Gazette of 7 June 1872 records that 'the above liquidation is fixed for...30th day of June 1872.' George had died on 7 June of that year leaving under £100. He was only 48 years old. He was buried at St John the Baptist's Church Yard, Devizes on 12 June. One of his sons, Robert Henry Ellis, is also buried there. He died aged 16 in 1871.

In 1881 Hester was the head of the family, living at 47 Long Street with Charles H and Sophia who was at school, aged 13. By 1891 Sophia had left home and was a Draper's Assistant in Luton, Bedfordshire at the premises of Miss Beecroft at 60 George Street, Luton.

Staff may have lived on the premises as along with Sophia were 4 more Drapers Assistants, a Mantle Storewoman, two Dressmakers and a Milliner. There is a note on the original census which states that some of the women lived at 62, 64, 66, 68 and 70 Warehouse which may indicate an old building had been re-purposed. 72 Warehouse was to let.



The Bute Street return frontage of 60 George Street June 2010

This image is taken from the Community Archives, Luton by kind permission of Bedford Borough Council and bedsarchives. bedford.gov.uk/Community Archives/Luton/Interestingbuildings-inLuton/50 GeorgeStreetLuton.aspx



In 1901 Sophia visited William and Jane North at Ferry House, Selsey (now referred to as Ferry Farm House, Upper Norton). William started life as an Ag. Lab but, by this time, was describing himself as a Farmer.

In 1909 Sophia married Alfred Woodland. She was his second wife, his first being Sarah who died in 1907.

The rather stylish wedding was reported in the Southend Standard and Essex Weekly Advertiser of 7 October 1909:

'The marriage took place on Wednesday week at the Cliff Town Congregational Church, of Mr Alfred Woodland, Beacon House, Selsey-on-Sea, to Miss Sophia Ellis, the youngest daughter of the late Mr George Hackett Ellis, of Devizes...The Bride...wore her travelling gown of prunelle velour cloth, with hat en suite, and carried a shower bouquet of orange blossom, lilies of the valley and white heather, the gift of the bridegroom'.

For the dressmakers among you, prunelle was a twill made from the wool of Merino sheep and was traditionally used for scholastic robes and clergymen's gowns although there is some thought that it may have referred to a plum colour.

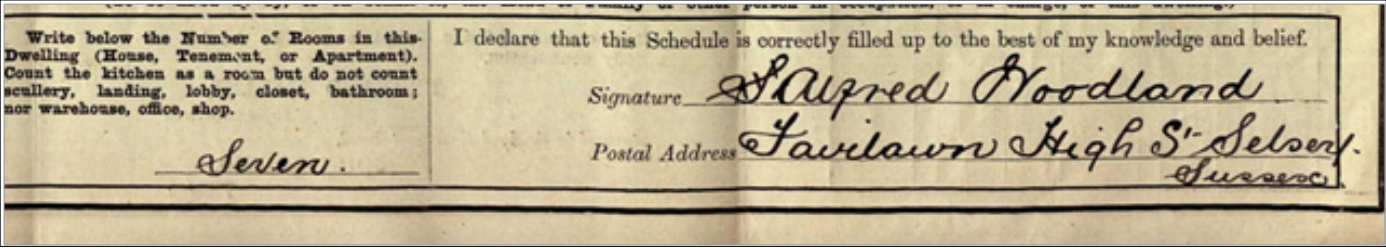
As the report says, *'The presents were both numerous and useful.'* Alfred gave Sophia a diamond brooch and she gave him a gold scarf pin. There were lots of small silver items, lots of cloths of varying kinds – sideboard cloth (2), a three table centres, a tray cloth and, most intriguing of all, a Tenerife Five o'clock Tea Cloth. This last seems to be an accepted term of the day. I can understand why the 'Five O'clock' comes into it – Afternoon Tea was very fashionable and it also let you know that it wasn't an old tea-towel they had been given. Perhaps the Tenerife bit refers to some kind of embroidery or drawn thread work. If anyone knows, do please tell me.



This is a photo of Alfred where we can clearly see the drapery and the goods and services he offers: Post Office, Butcher, Drapers, wines and spirits from Gilbeys. But is the lady in the dark dress Sarah or Sophia?

As we have already seen from Alfred's article, the happy couple lived in Fairlawn, High Street, in 1911.

The original census is interesting in many ways not least because it looks as though Sophia has completed it and then decided that Alfred should have signed it, perhaps to keep up appearances.



Another interesting feature is that Alfred is described as Butcher & Grocer. In brackets is the word 'equal'. Did the enumerator query which was the major enterprise?

Fairlawn is pictured here lurking behind the trees behind the lady with the pram. It was a considerable establishment. The 1911 census tells us it had 7 rooms. In the census one is instructed to 'count the kitchen as a room but do not count scullery, landing, lobby, closet, bathroom nor warehouse, office, shop.'



From left to right you can see Glenroy (with bicycle), the new Post Office and, in the centre, the garage (with two more bicycles). The site of Fairlawn is now Truevision.

After Alfred's death, Sophia took control of Beacon House ('Beautifully situated in own grounds close to Sea') while also running the shop ('High-class Stationery, Fancy Goods, Books, &c') and Post Office.

Some woman!

Sophia entered whole-heartedly into the life of Selsey. In November 1920 she gave a 'pair of pictures' to Marguerite M A Bloxham on the occasion of her marriage to George W Rainey, eldest son of the well-known artist, Mr William Rainey.

In March 1923 she sent flowers to the funeral of Mr William Henry Barrett, the bookseller and stationer at the Cross, Chichester with the message *'With kindest sympathy'*.

Sale To-Morrow (Thursday).
BAFFINS HALL, CHICHESTER.
MESSRS. WYATT & SON
Will Sell by Auction in the above Hall,
TO-MORROW, THURSDAY, APRIL
30th, commencing at 1 o'clock sharp, the
FURNISHINGS & EQUIPMENT OF A
BOARDING HOUSE
removed from Beacon House Boarding
Establishment, Selsey-on-Sea for con-
venience of Sale by direction of Mrs. S.
Woodland.
On view morning of Sale. Catalogues
may be obtained from the Auctioneers, 59,
East Street, Chichester.

usual advertisers were there: E Gardner, Clifford E Smith, Selsey Dairy, W C Godel, Bantry Stores and many more among which was ‘S WOODLAND, Stationer, Bookseller and Fancy Goods. Newest 1930 Post Cards. POST OFFICE, SELSEY-ON-SEA.’

This page contained an article entitled ‘The Secret of Selsey, charm of an English Lorelei, Why visitors become residents’. As space precludes me from quoting verbatim I will content myself with extracts:

*‘In what does the popularity of Selsey lie? What is it that not only impels visitors to come in increasing numbers year after year, but which induces so many to take up permanent residence, so that from being the merest little fishing village only a few years ago, it has now grown to such an extent that urban powers are being sought – and not unjustly – by the inhabitants?...The sands are excellent and there is very safe bathing to be had from conveniently situation bathing stations...
‘It is a fascinating medley of the past and modernity, the former being illustrated chiefly by the old fishermen’s beach where a cluster of tarred huts and a pungent collection of boats, lobster pots, ropes and oddments signifies the headquarters of the man whose forefathers were first instructed in the art of fishing by Saint Wilfrid...’*

‘Selsey is a lorelei of the South. Whoever falls beneath her spell cannot throw it off...’

Sophia attended yet another funeral in January 1932, that of Mr Arthur Hale Woodman of Home Farm, Selsey. Mr Woodman was born in Selsey and resided in the parish all his life. Also in 1932 Sophia was the proud recipient of a £10 prize in the window dressing competition, Section B for Great Britain, arranged by the Association of Publishers of Christmas greeting cards and calendars. The Chichester Observer of 13 January tells us that ‘*The general arrangement and beauty of Mrs Woodland’s display was much commented upon by Selsey residents and it is very gratifying to feel that a Selsey trader’s efforts to ‘keep up with the times’ have been rewarded. Two assistants who helped with the dressing of the window have also been awarded cash prizes.*’ Oh how I wish the newspaper had taken a picture!

A Garden Fete and Sale of work in aid of the Methodist church was held in the grounds of High House at the end of June 1932. Mrs Woodland, along with Mrs Johnson, had a needlework stall. In July 1934 Sophia won a 2nd prize for her carrots. Miss Melsom also won a lot of prizes but that’s quite another story.

One of Sophia’s last engagements was to send a floral tribute to the funeral of Lewis Mitchell Maidment who died at the age of 34 after a short illness. This next picture was taken in Summer 1937 and was sent to me by Tim Floyd. I have Mark Floyd’s permission to use it.



Sophia died on 7 December 1937 leaving £4,263 1s 2d. Her funeral was reported in the West Sussex Gazette of 16 December 1937. The digital copy of the newspaper is of poor quality so here is a copy of the report:

‘Many tributes were sent for the funeral at Church Norton on Friday of Mrs. Sophia Woodland of the Post Office, Selsey, who died at the age of 76 last week. She had been unwell for some 18 months. Mrs Woodland had been postmistress of Selsey for 23 years, and was greatly respected among a large circle of friends, many of whom attended the funeral service at the Selsey Methodist Church, conducted by the Rev. H Watson. Among those present was the postmaster from the head office at Chichester, Mr M J Lydon. Representative local tributes included offerings from the Post Office staff, members of the Selsey Methodist Church, and the Selsey Chamber of Commerce, and there were numerous private wreaths.’

Chichester Observer, 29 April 1925

This must have been a sad day for Sophia but perhaps she could see the inevitable results of coastal erosion. And, just to set the record straight, Beacon House was demolished by Ralph Selsby. The Furnishings included Axminster, Brussels and Kidderminster Carpets while the Equipment included an Antique Mahogany cottage Dining Table.

Sophia attended the funeral of Mr Thomas Gordon Willis, head of the well-known printing and stationery firm of T G Willis & Co, North Street, Chichester in July 1928.

T G Willis was also the compiler of a book entitled Records of Chichester, Some Glimpses of its Past and of the Neighbourhood. It is rather poignant that this book was printed by his own company and published, posthumously, in 1928. And very useful it is too!

There was a Fancy Fair and Sale of work in August 1929 where Sophia presented a prize for the best decorated bicycle to Mr S Terry.

On 30th July 1930, a whole page of The Observer and West Sussex Recorder was devoted to Selsey. All the

The final act concerning Sophia Woodland’s life was the advertisement in the West Sussex Gazette of 3 March 1938

SELSEY-ON-SEA:
" FAIRLAWN." HIGH STREET, SELSEY.
(POST OFFICE).
F. W. PHIPPS,
AUCTIONEER, HIGH STREET, SELSEY.
Having received instructions from the Exors.
of the late Mrs. S. Woodland.
WILL SELL BY AUCTION, ON THE
PREMISES, THE WHOLE OF FURNITURE
& EFFECTS ON WEDNESDAY, MARCH 16th
NEXT,
commencing at 11.15 a.m.,
with Luncheon interval. 1—2 p.m.
Catalogues obtainable from the Auctioneer, High-street, Selsey.

a Grocer’s Assistant, aged 15, in 1901. In 1911 she was the head of the household and was a Postal Clerk on a separate census return from that of Alfred and Sophia. She died in 1960.

If the Woodland family has any further information, I would be very glad to hear from them. If there are any errors, then I apologise unreservedly and would be glad to have corrections if necessary.

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ruthm@ruthcmariner.co.uk

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Additional acknowledgements are due to University of St Andrews Special Collections and Hallmark Cards for allowing me to use the John Valentine card
Henry Adams, Chichester and the current owners of Ferry Farm House for allowing me to use the picture of the house
Chichester and Bognor Regis Observer David Philip on behalf of Copydesk Sussex
Copydesk.sussex@jpress.co.uk
Felicity, Assistant Curator of the Textiles & Fashion Department, Victoria & Albert museum who advised me on the wedding outfit terminology.



Update from the Chichester Prevention Team

You can contact your local team in the following ways:

- Call us: on 101 to report a crime or 999 if it's an emergency
- Email us: chichester@sussex.pnn.police.uk

In an emergency, or if you see a crime in progress, always call 999

Animal lovers warned of pet buying scams

Sussex Police are urging people to be cautious after several people in Sussex have become victims of pet buying scams.

The suspect typically advertises kittens or puppies for sale online and uses the current Covid-19 outbreak as the reason why the pet can’t be visited. They will send photos and / or videos in order to persuade the victim to make a deposit or even full payment in advance. They may also try to get the victim to cover other “unforeseen costs” such as vaccinations or insurance for the animal.

Victims so far have responded to adverts on Facebook and on pet

Two days later, the Chichester Observer reported: ‘Selsey’s New Postmistress?

I hear that negotiations for the selling of the late Mrs S Woodland’s property in High Street, which have been in the wind for some time, have now been completed. Mr W J Hollingdale, at present an employee of Ellis & Sons, the High Street grocers, has purchased the whole premises. I understand that the Post Office will remain in its present position and will probably be leased together with the living quarters adjacent to the Post Office official, who has yet to be appointed. Miss Whitenstall, who carried on such valuable work during the late Mrs. Woodland’s long illness, tells me that she has submitted an application for the appointment as sub-postmistress. The future plans of the new owner of the premises are not yet known.’

We now know that Martha H Whitenstall did, indeed, become the sub-Post Mistress. She worked for Alfred Woodland and Sarah as


selling sites. Payments were made yet the pets were never provided.

In order to protect yourself from becoming a victim of this type of scam we recommend the following:

Do your research – research the sellers carefully prior to parting with any money and check whether they have any terms and conditions or a return policy.

Trust your instinct – if it doesn’t feel right then walk away.

Choose a payment method that protects you – If you are happy to go ahead with the purchase of a pet then avoid paying by bank transfer as you are not protected should you become a victim of fraud. Alternatively use a credit card or a payment service such as PayPal.



Front office opening hours
Monday - Saturday 9am -8pm.
Chichester Police Station, Kingsham Road, Chichester, PO19 8AD

- 1) Who was the "Birdman of Alcatraz"?(Not Burt Lancaster, thank you.)
- 2) Which famous English poet was only 4ft 6in (1.37m) tall?
- 3) Who played Alf Garnett's wife in 'Till Death Do Us Part?
- 4) Who is Julie Andrews' second husband?
- 5) Who was Bruce Forsyth's second wife?



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THERE COULD NOT BE A WORSE TIME TO FUND RAISE!!

Who ever imagined that the whole world would be so desperately hit by a virus called Covid 19?

No one knows where this virus will take us all, some will have personal losses, some will have financial losses and hopefully the majority of you will know neither. This is the first time we have seen a pandemic for many years and the journey that it will take is an unknown to most. Those of us who remember the recession in the nineties will have some experience of where this could go on an economic level and the effect it could have on our communities, and hope that it doesn't.

This is the time when communities need to pull together and add a hint of hope to a situation that is difficult to control. It may seem a strange time to raise the awareness for the 'New Selsey Community Facility', people will certainly have other concerns on their minds that out-prioritise this building. But maybe we need to give the building more importance than that of just being a building.

The New Selsey Community Facility has been a ten year process of the Selsey football and cricket club combining both their clubs into one premises. The football club is to remain on it's original site with the newly built cricket club being attached to the back. This is an exciting time for both clubs although they both remain closed at this time.

For those of you who are new to the town I offer a small recap. Both these clubs had land donated to them by Selsey residents (albeit the rec is now managed by Selsey Town Council on behalf of the town) and the clubhouses were second hand buildings moved to their current site behind the Northern Co-op with tack on's over the years to bring them to where they are today. I don't think anyone will mind me saying but they have both seen better days and fall somewhat short of what is expected in these times. Both facilities have been well attended over the years by the residents of Selsey (I have propped the bars up myself many times) and there will be many memories for the attendees over the years whether it be weddings, birthdays, funerals, general family rivalry or creative carnival floats and the start and end place for the annual carnival and fireworks night before it was moved to the holiday camp and lets not forget the car boot sales, Fun fair and football and cricket matches. These facilities have certainly offered diversity over the years.

And here we go again! The ambition of both clubs for the new facility is to see it open more than just in the evening and the weekends. Predominantly these are sport clubs but are underutilised during the day and there is scope for these to be used better by the people of Selsey. Each club will have it's own independent entrance for separate events/meetings/clubs and for larger occasions a partition can be drawn back offering a bigger function room. Both sides will have separate changing rooms and toilet facilities and for the first time they will both have **DISABLED TOILETS**, along with a brand new kitchen furnished to budget.

AND NOW FOR THE BIG ASK ?

Most charitable organisations have diverted their money to the Covid 19 crisis. This is understandable as people are finding themselves in a position of difficulty straight away. However other difficulties could come out of this that have not necessarily been thought of yet. Due to the lock down people are overeating, over drinking and overthinking. All of these will cause their own problems that will need help. I don't want to sound despondent but there is also the possibility of job losses. All of these are going to call on our town to offer some form of help whether it be a self help group, debt management sessions to some form of recreational sport, or to just find something to do with your time. The new building will be the ideal place for these meetings, they are discreetly placed in the community, there is ample parking and there will be the new kitchen and toilet facilities and who knows some residents could be drawn back into sport, open new clubs or attend old clubs.

WE ARE ASKING FOR YOUR HELP TO RAISE

£500,000.00

Obviously for most this is a colossal amount of money, however if you break it down into smaller denominations that it is surprisingly achievable.

1	resident/business	£500000
10	residents/businesses	£50000
100	residents/businesses	£5000
1000	residents/businesses	£500
10000	residents/businesses	£50
100000	residents/businesses	£5

And this is not the only way that you can help, for those of us who are now ordering more on line then there are easy ways that you can help (which surprisingly add up)

1. Easyfundraising.org.uk

The easiest way is to email the treasurer at treasurer@sportsdream.co.uk and you will be sent a link to sign up to. This will have two effects, one is that the easyfundraising website will make a donation of £5 for each new supporter, it's easier to sign up and, if you add the reminder to your toolbar, once you shop with a company that donates to easyfundraising you will be reminded and asked to accept the donation, that's as difficult as it gets. There are over 4200 retailers signed up.

Otherwise use the following link to sign up http://t.e.easyfundraising.org.uk/r/?id=h2f3a4160,25780d5f,25312d09&utm_source=adobecampaign&utm_medium=email&utm_campaign=referral-2020&utm_content=cause_engagement_engaged_raised_ref_20200607&origin=R2079&p1=selseycfc&p2=1KGU1T

2. Smile.Amazon.co.uk

Amazon shoppers, please sign up to the Smile.Amazon.co.uk fundraising site and select Sports Dream as your charity. When you shop with them you will be asked if you want to change to your smile account to collect the donation, it's that simple. And hey, why not sign up for Smile.Amazon.com as well and help out an American Charity, we all need help

OR use the following link

<https://smile.amazon.co.uk/ch/1142665-0>

And let's not forget the other ways that you can donate, constantly we are looking for volunteers

Bar staff (cricket club)
Teas makers (Sunday and Saturday)
Cleaners
Maintenance
Supporters
Kitchen staff
Umpires
Groundworkers
Decorators
Committee members
Fundraising organisers
And many other supporting roles

So if you find yourself twiddling your thumbs or are new to the village please feel free to offer your support, we will gratefully accept it.

If you want to help, please feel free to make any financial donations by the following methods:

Bank transfer to (preferred method)

Sports Dream
Sort code: 30-91-97
Account number: 35442260
Reference: Your name

Via the website www.sportsdream.co.uk, for paypal and card payments

Post a cheque to

Sports Dream
c/o Phoenix Accounting Services Ltd
3 Selsey Business Centre
The Bridleway
Selsey
West Sussex
PO20 0RS

Alternatively just drop a cheque in, we are round the back of Boots the chemist.

And just to put your minds at rest, any donations you make will be used entirely for the new building. The football and cricket club are run as financially independent clubs.

And let's not forget, the committee have already raised practically half of the funding nearly £420 thousand pounds. Your donations will make the world of difference and for those who are no longer in the village I hope that you can look back on Selsey with great memories and help to support us make memories for the future generations.

I thank you in advance for any help that you are able to give.

Deb Heath - MAAT
Treasurer





Selsey Carers' in partnership with Selsey Community Forum –
Charity number 1156460

121 High Street

Selsey PO20 0QB

Phone number – 01243 201616

If you are looking after someone and need support, advice or information, or even if you just need a friendly chat, please do call us on 01243 201616.

Remember you do not need to be coping alone.

The Care Shop is now open from 9am – 4pm Monday to Friday and from 9am – 1pm on a Saturday.

I once stood in front of a mirror with my eyes closed.

I was trying to see what I looked like when I was asleep.

Selsey Photo Archive



About the Project

The Selsey Photo Archive Project was started in 2018, continuing the work of the now disbanded Selsey Society. This local history society was formed in 1987 and ceased in 2015. During this time, the Society gathered a collection of photos of Selsey: some originals and some copied by Tom Creedy, a founder member.

When the Society dissolved, it's committee wanted to find a way of sharing some of the images with the people of Selsey, visitors, students, local historians and other researchers, as well as preserving the collection.

The Selsey Photo Archive Project was thus developed, and Selsey Town Council received support from the Heritage Lottery Fund to run it.

The project has brought together volunteers from the community with members of the Manhood Wildlife & Heritage Group – a local charity, former members of the Selsey Society, Selsey Town Council and expert staff from the West Sussex Record Office, to catalogue the images and prepare them for display on a newly created website www.selseyphotoarchive.co.uk

A team of volunteers has been painstakingly reviewing the collection of over 4000 photos, dating back over 100 years. Initially only a selection of these photos has been made available via the searchable website. More photos will be added as the volunteers continue to work through the collection and others become available.

Once all the photos have been scanned, the collection will be transferred to the West Sussex Record Office to ensure its long-term preservation.

How you can help

The Selsey Photo Archive website is entirely run by volunteers so additional help would be hugely appreciated. If anyone is interested in being involved they can contact us through the website at www.selseyphotoarchive.co.uk and its Facebook page.



Plant it and they will come



Do you remember that Kevin Costner movie, Field Of Dreams? Kev plays an Iowa farmer who, after hearing strange voices, transforms his land into a baseball pitch and summons the ghosts of a long-dead baseball team. Ridiculous. Yet, when I bought my first home eight years ago and stood on my new, perfectly manicured 15ft by 20ft suburban front lawn, all I could hear were voices in my head telling me to destroy it.

Rumours spread of my debauched gardening plans. My new neighbours eyed me with suspicion – especially when they overheard that I was planning to hire a stripper for the weekend. The clattering of the petrol-powered turf stripper was only drowned out by my maniacal laughter as I razed the 300 square feet of lawn to mud. You could hear the house prices dropping all along the cul-de-sac.



Common Spotted Orchid
c Nigel Symington

The neighbour hood watched from behind twitching curtains as I carefully broadcast native wildflower seeds over the bare soil. Through the wet winter my front lawn looked ready to host a re-enactment of The Battle of Agincourt. And then spring came.

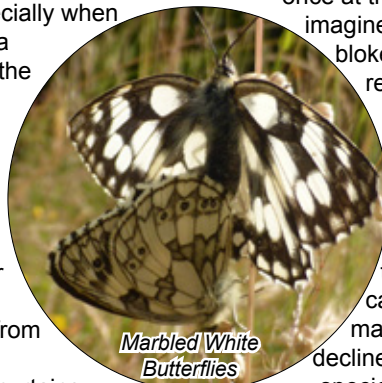
Meadow Buttercup, Oxeye Daisy, Cowslip, Yellow Rattle, Lady's Bedstraw, Crested Dogtail, Red Clover, Ragged Robin. The ground erupted into a riot of colour. And then the wildlife arrived. Bees, bee-flies, beetles, burnets and

butterflies. Unusual species appeared too: Wall Brown and Brown Hairstreak

butterflies, Ghost Moths, Wasp Spiders and a lone Common Spotted Orchid. On summer days my mini-meadow sang to me; a choir of buzzing bumblebees and chirruping grasshoppers. My own nature reserve; beautiful, wild, endlessly fascinating and filled with



Garden Meadow c Roger Wilmshurst



Marbled White Butterfly
c Michael Blencowe

once at the end of the summer. I imagine I look like that shirtless bloke from Poldark (although I actually resemble a chunky but cheerful Grim Reaper).

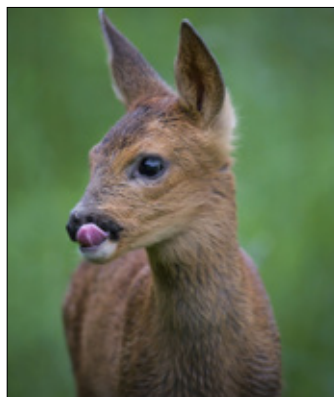
Wildflower meadows were once a widespread feature of the English countryside but since the 1930's we have tragically lost 97% of our flower-rich fields. Many have been improved with fertilisers, re-seeded with faster growing grasses or ploughed for arable crops. This in

turn has caused a massive decline in many species of wildlife that depend on them. By creating my own humble field of dreams it feels as if I am summoning the ghosts of the English countryside and giving them life. And then, last month, I

turned the corner to see a deer, an actual wild Roe Deer, lost in suburbia but stood seemingly at home in my meadow. Ridiculous.

If you're interested in creating your own wildflower meadow search 'Sussex Wildlife Trust' and 'garden wildflower meadow' online.

www.sussexwildlifetrust.org.uk



Roe Deer
c John Bean



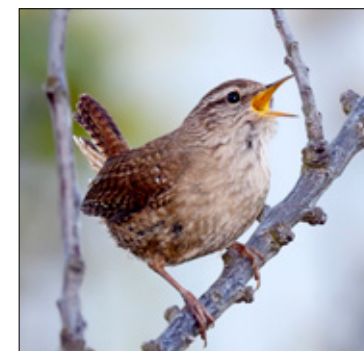
My Front Lawn
c Michael Blencowe

What have I missed? Or have I gained...

A while back I wrote an article about cuckoos on our beautiful reserves. Having been locked down I have missed them and many of my other spring highlights. However, being forced to stop, slow down and restrict my movements, gave me the opportunity to watch the season evolve in my own backyard. Observing the leaves unfurling as each day passed. Catching the first flowers



Ruby-tailed Wasp



Wren
c Paul Chesterfield



Of course, I am not the only one to have found comfort and respite in the wildlife on my doorstep. Social media and news stories from across the country has reflected our appreciation of the natural world during this difficult time and is supported by

Dog Rose

a YouGov survey which can be found on our website www.rspb.org.uk/our-work/rspb-news/news/

Meanwhile, although our Pagham Harbour and Medmerry reserves are open, our visitor facilities, including the Visitor Centre, toilets and hides, remain closed for now with updates advised on our website www.rspb.org.uk/paghamharbour, Facebook www.facebook.com/RSPBPaghamHarbour/ and Twitter [@RSPBPagham](https://twitter.com/RSPBPagham).

Getting back to work is a strange sensation. When lockdown was imposed I missed our wonderful and increasingly important nature reserves, finding solace in my own little green space and the gardens surrounding us – something I would not normally have been afforded.

Now I have returned and I am focusing on the reserve again, I cannot help but wonder what is happening in my small patch and yearn for the chance to just sit and watch the delights it holds. Never under estimate the wild places around us, whether they are the big parks and reserves or the modest collection of pots on your patio or balcony. They are all important - to wildlife and to our well-being.

Red Clover

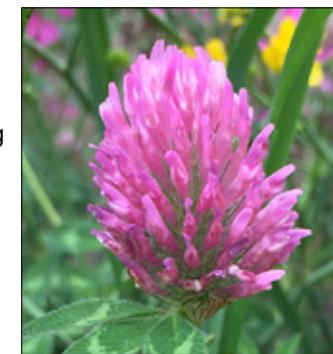
Let's give nature a home



Box Bug



Lesser Stitchwort



Sussex Wildlife Trust is an independent charity caring for wildlife and habitats throughout Sussex. Founded in 1961, we have worked with local people for over half a century to make Sussex richer in wildlife.

We rely on the support of our members to help protect our rich natural heritage. Please consider supporting our work. As a member you will be invited to join Michael Blencowe on our regular wildlife walks and also enjoy free events, discounts on wildlife courses, Wildlife magazine and our Sussex guide book, Discovering Wildlife. It's easy to join online at www.sussexwildlifetrust.org.uk/join

- 6) Sarah Jessica Parker had a long-term fling with whom in the 1980's?
- 7) Where exactly did Renee Zellweger marry singer Kenny Chesney?
- 8) Which Broadway theatre is named after a famous acting couple?
- 9) In the nursery rhyme, what was the name of the man in the moon?
- 10) On a standard computer keyboard what comes between C and B? (No looking)
- 11) John Lennon was shot outside which New York apartment block?
- 12) Hilary Mantel's novel Wolf Hall is about which historical figure?
- 13) What is the stone on which medieval Scottish kings were crowned?
- 14) Who became artistic director of the Old Vic theatre in 2003?
- 15) Who was the eponymous (look it up) hero of Kingsley Amis's novel Lucky Jim?

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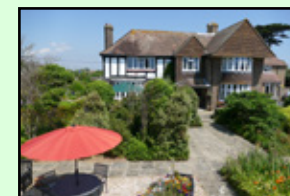
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Selsey Coastguard Rescue Team

In an emergency out at sea or along the coast
Dial 999 and ask for the Coastguard



Recent Callouts

05/05/20 19:00

Team paged to ordnance at Medmerry Beach the ordnance was located and photos were sent to E.O.D (Explosive Ordnance Disposal Team).

EOD were unable to attend before the items were covered by the tide so the team were stood down to return at the next low tide.

06/05/20 14:31

The team were re tasked to the ordnance at Medmerry beach the ordnance was located again and several other pieces were found.

A cordon was put in place and the beach was closed and E.O.D. (Explosive ordnance disposal team) were tasked and a controlled explosion was carried out.



Ordnance comes in all shapes and sizes and previous ordnance found on this beach has been found to be highly explosive so please do not touch it and dial 999 and ask for the Coastguard straight away.

12/05/20 13:39

Team paged to ordnance at Medmerry Beach.

On arrival a search was carried out of the beach and the ordnance was found with multiple other pieces, a cordon was put in place and the beach was closed to the public.

Photos were taken and sent to our Operations Room and passed to E.O.D (Explosive Ordnance Disposal Team).

E.O.D. arrived on scene and the ordnance was taken away for safe disposal.

14/05/20 12:00

Team paged to 7 people on a sandbank, cut off by the tide at Hayling Island.

Team tasked to support Hayling Coastguard Rescue Team, Portsmouth Lifeboat was also tasked.

Team stood down enroute with all casualties safely ashore.

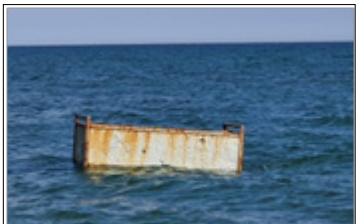
"The coast and the sea can catch you out whether you're local or not. Our message remains: call 999 Coastguard if you're in trouble. Please help us and our families stay safe. Be aware of the risks, keep your distance."

16/05/20 16:43

Team paged to get eyes on a floating object out at sea off Park Copse, Selsey.

On arrival we were able to confirm the object was a pontoon and it had been anchored off the breakwater.

Spoke with the owners of the pontoon before being stood down.



24/05/20 18:36

Team paged to reports of an injured person on the mud at the Pagham Nature Reserve near Pagham.

The casualty had fallen from their bike down the bank and onto the mud injuring themselves.

The ambulance service were also on scene where treatment and pain relief was given.

The team decided due to the location of the casualty it would be easier for the casualty to be taken to hospital by Coastguard Helicopter.

Coastguard Helicopter Rescue 175 arrived on scene and the casualty was then transferred to



the Helicopter via stretcher and was taken to St Richard's Hospital at Chichester.

West Sussex Fire and Rescue Service were also tasked and on scene.

The team were then stood down to return to station.

24/05/20 21:40

Just as we returned back to station a 999 call came in and we were tasked to West Wittering Beach after a pile of clothes had been found left on the beach with no sign of anyone around. Stood down enroute with new information from the first informant letting us know that the clothes had been reunited with owner and all was safe and well.

27/05/20 16:09

Team paged to reports of a 7 year old missing child at West Wittering Beach.

Child found safe and well.

Team stood down enroute to West Wittering.

FREE CHILD SAFE WRISTBANDS ARE AVAILABLE AT THE LIFEGUARD TOWER ON WEST WITTERING BEACH. PLEASE MAKE SURE YOU USE THEM AND KEEP AN EYE ON YOUR CHILDREN AT ALL TIMES WHEN VISITING THE BEACH.

28/05/20 09:08

Team paged to ordnance at Medmerry Beach.

On arrival the team met up with the first informant who took us to the ordnance.

A cordon was put in place and the beach was closed to the public and a further search of the beach was also carried out locating a few other pieces.

The team requested Littlehampton Coastguard Rescue Team to attend to assist us with the cordon. Photos were taken and sent to our Operations Room and passed to E.O.D (Explosive Ordnance Disposal Team).

E.O.D. arrived on scene and a controlled explosion was safely carried out.



30/05/20 09:57

Team paged to ordnance at Medmerry Beach.

A cordon was put in place and the beach was closed to the public and a further search of the beach was also carried out locating a few other pieces.

Photos were taken and sent to our Operations Room and passed to E.O.D (Explosive Ordnance Disposal Team).

E.O.D. arrived on scene and a controlled explosion was safely carried out at approximately 14:30.

31/05/20 13:34

Team paged to reports of a missing 7 year old child at West Wittering Beach.

Two Coastguard Rescue Teams were deployed to carry out a search as well as Hayling Inshore Lifeboat, and Lifeguards were also searching.

Sussex Police were on scene as well.

Thankfully the child was found safe in East Wittering and reunited with family.

31/05/20 20:12

Team paged to Dell Quay after reports of 4 children in difficulty on their paddleboards and were stuck on the other side of the harbour due to the currents and



wind.

Hayling Inshore Lifeboat was tasked to assist and bring the casualties back to safety while the team met up with the parents.

IMPORTANT INFORMATION REGARDING WEST WITTERING BEACH

Car Parking at West Wittering Beach needs to be Pre booked via the Just Park website or App.

Do not travel to the area if you have not booked. You will not be allowed to enter the car park and there is no local parking. Please visit another beach or book to come another day.

FREE CHILD SAFE WRISTBANDS ARE AVAILABLE AT THE LIFEGUARD TOWER ON WEST WITTERING BEACH. PLEASE MAKE SURE YOU USE THEM AND KEEP AN EYE ON YOUR CHILDREN AT ALL TIMES WHEN VISITING THE BEACH.

IMPORTANT PLEASE NOTE:

"The coast and the sea can catch you out whether you're local or not. Our message remains: call 999 Coastguard if you're in trouble. Please help us and our families stay safe. Be aware of the risks, keep your distance."

Here's an old press release from July 2015 as to why we get called to so much ordnance here in Selsey.

The legacy of war...

When a call comes in to Selsey Coastguard Rescue Team for an incident at Medmerry Beach, they're reasonably sure what it will be: a rather dangerous leftover from World War Two.

During the Second World War Selsey had a bombing range for air to ground attack practice. The area has also suffered from flooding and erosion by the sea which – in 2011 – led to the Environment Agency constructing a flood bank. This created an amazing new wetland – but also flooded the old bombing range which means these days it's quite common for World War Two bombs to appear on the beach or be washed up.

Ashley Pledger from the CRT says there have been a few interesting moments: 'Last October we were called to our largest piece of ordnance – a 500lb depth charge bomb which was probably dropped from a plane during the war.

'It ended up being a 21 hour job for us. We had to close the beach and stay through the night until the Explosive Ordnance Disposal (EOD) team was able to carry out a controlled explosion. It's always exciting to see the EOD do this – although from a safe distance, obviously. We maintain the cordon until they give us the 'all-clear' to safely reopen the beach.'

'It's scary the amount of ordnance that's out there. How much there is, we might never know. At the beginning of June we were called to reports of an old sea mine washed up on the beach. While we were there waiting for EOD, we also found a depth charge, several bombs and multiple amounts of ordnance which meant we had to extend our safety cordon even further.'

'Because it is so dangerous, it's really important that if you do come across anything you think might be a bomb or other ordnance that you shouldn't touch it and you should call 999 and ask for the Coastguard.'



Selsey Coastguard Rescue Team



@HMC GSelsey

**The Invisible Man had two children.
He couldn't find them.**

Memories of Lockdown

by Jane Reeve

On my kitchen wall I have a poster
With lockdown chores I'm determined to do
Today I even polished the toaster
I also have wine for when I feel blue!

I'm distance meeting my friend Carole
On the way I met a guy called daryl
Good morning he said, and I said the same
We both agreed this was China to blame!

The sun is hot and the sky is blue
The garden needs that glorious hue
We have on order some stunning shrubs
And smiling Pansies in their tubs

We miss going out for coffee and scones
Especially when the bill is John's!
We'd sit and discuss the stuff on the way
Then back to the care and we're on our way

The summerhouse certainly needs some colour
It really could not have looked any duller
So we washed it and vigorously sanded it down
Now it's pale blue and gone is the brown

I found a worn out tyre to paint
Thought it might look quirky and quaint
I filled it with soil and flowers bright
And in the top put a solar light
It was hung by rope on the garden wall
In the breeze it moves - but hardly at all!

Most of our chores have now been done
The garden is looking a treat
With many months of wall to wall sun
Now we need rain and some more heat

We go to bed late and get up late
Nothing to do, it's all been done
Now we can escape for a little bit longer
Even dance down the road doing the Conga

Coronavirus where are you hiding?
Are you on the horse that I have been riding?
Are you lurking down at the stables
Or on my books of Aesop's Fables?

Are you on my duvet or pillow
Or sticking to my J-Cloth or Brillo?
Are you on my door or handle
You are the worst invisible vandal

You were born in China but decided to leave
Your despicable evil you continued to weave
You brought your menaces over to Milan
And succeeded in your destructive plan

You spread your tentacles into Spain
And caused yet more suffering and pain
Continuing your journey into France and Britain
The history books are now being written

To the lonely and shielded a warm welcome back
You've stuck to the rules, and put up with the flak
You can see the Grand-kids from a distance
But the urge to hug - you must have resistance

As you slowly emerge into a different world
You're conscious of your hair being long and curled
You can catch up outside with a relative or friend
But not in large groups, as seems the trend

So let us reflect as we come out of lockdown
We are lucky to live in this great little town
Selsey Carers have been with you all the way
Fetching and carrying to ease your day.

The Write Zone *with Tara Wright*



They say '*curiosity killed the cat*'. If you think about it, it's a low view of cats as they'll pretty much stick their noses into anything. Possibly, it's a cynical view of curiosity. My morbid curiosity stretches as far as wondering what it might feel like to be whizzed up in a threshing machine, but I wouldn't go poking about inside one to prove my curiosity correct. A less extreme view might be this: if curiosity doesn't kill you, it sure makes an experience.

If you're anything like me, you'll have recently directed a lot of energy towards activities you somehow had little time for before The Lockdown. Deprived of the usual distractions I've been left with a sense of wonder that I ever wasted so much precious time.

As a kid, the notion of pushing myself beyond the effort of making my bed was alien to me. It's only comparatively recently that I've discovered the joy of an outdoor challenge, a joy that's turned into something of a compulsion to undo some of the helplessness I learned as a youngster and collect as many life experiences outdoors as I can. In this vein, I recently decided to walk part of Stane Street which, as a lot of you will know, is a Roman Road of key historic interest, stretching some 56 miles from Chichester to London Bridge. The notion itself held some romantic interest for me: what better than to combine walking with my love of history? The plan was simple: start at Madehurst then track down Stane Street, loop back up and round with a couple of little rinky-dinks in the middle. What could be simpler? What indeed. I tend towards an abundance of enthusiasm when it comes to such enterprises, often to my folly. And this enterprise was no exception. At the last-minute I decided to extend the walk from five to, what turned out to be, seventeen miles. I told myself that if I was going to do something worthwhile, I might as well go all-out.



Stane Street at Eartham Woods

I parked at Cocking Hill and strode up the South Downs Way brimming with positivity and a sense of adventure. I'm an enthusiastic walker, not in terms of pace, but in terms of *spirit* which means that I like to take my time: stop, look, poke about in hedges, leave the path to explore something that's caught my eye, sup tea and just enjoy being part of it. Here's the reason: walking connects a person to the landscape and to habitat and to their very own place in the whole scene. As long as you're prepared to be mindful, you get a sense of richness that pastimes which rely on adrenaline tend to deny you. At least, that's the way I see it. Build in as many tea and snack breaks as you care to and, hey presto, you've created something that feels like a mini-break.

The section of Stane Street I was making for rises as a broad grassy track over a Cumbrian-style landscape before meandering

as a rustic, flinty track through quiet woods. It picks its way over and around woody hurdles and tree-roots, flanked by steep ditches. I was like a kid on a butterfly hunt and I was half-tempted to abandon the original walking plan and keep on going. However, hailed by a finger post, I willed myself to a bit of discipline, and routed off to begin the homeward leg via East Dean. This is where it all started to go wrong. Tiredness had already crept up on me and I misread the map. Before I knew it, I had taken a wrong turn and lost my bearings. Tracks without markers stretched Alice in Wonderland-like all over the dense forest and no amount of trance-like staring at my map was helping figure it out. In an effort to extricate myself from the predicament I took what I thought to be a simple right, left, right, left configuration of paths uphill through woods but this turned out to be the kind of bewildering circular trek you see in spine-chillers where well-intentioned trekkers can't find their way out of the woods and eventually meet a gruesome demise. Starting to feel quite grumpy about my map-dyslexia I made several rapid mental calculations: 1) at best I had energy reserves for another hour's walking; 2) I estimated I had another five miles back to the car; 3) I had about three hours of daylight left; 4) I couldn't afford to get lost again. Conclusion: I had to press on and get it right first time, or I'd be sleeping out with no sleeping bag and no dinner. Not enamoured by this option, I broke the problem down and I fired up the dodgy compass app on my phone. I say dodgy because this app seems to regard North as a concept, a mere whimsical notion that might be anywhere between Edinburgh and Cherbourg. Pushing aside the uncomfortable notion that I was putting the fate of that night's sleeping arrangements in the hands of something as unreliable as my map-reading skills I faced what I prayed was north, spread my map the right way up on the sandy track and stared the problem down. All I had to do was locate a configuration of bridleways and footpaths that matched the one I was kneeling on. Several minutes of staring and head-scratching passed before I found it. Bingo. Dinner was back on, and a proper bed hailed. In triumph I heaved on my rucksack and set off on the last thigh-burning uphill leg of the journey.

An hour and a half later, gingerly folding myself behind the wheel of my stuffy car and wondering if I had any cartilage in my knees left, I checked my ghastly, sweating complexion in the rear-view mirror and told myself I was a dumbass for having underestimated that distance and the time it would take to complete it. A trifle ashamed of my miscalculations I bought my family a take away to appease their hunger-pangs. In conclusion, don't let anything, including your own doubts, stand in the way of having fun. Just have a go. My effort wouldn't have won me any accolades from Bear Grylls but, for me, it was a terrific accomplishment. I walked a part of history through beautiful countryside, and took away some reassurance that between dodgy map-reading, an even dodgier compass and sheer willpower, I can survive.

Curiosity did not kill this cat.

Stay well, everyone. Tara

www.tara-wright.com

The Power of Looking Up

I read a wonderful article recently on the benefits of looking up. Here are the highlights and some suggestions of how to try this for yourself.

You may have taken the notion of looking up for granted up until now. But with the daily stress, uncertainty, confusion and fear that seeps into our days in isolation or lock down, it might be time to reconsider the power and the benefits to your emotional health of looking up.



Much like breathing, we take it as a given that the night sky will always be there for us. But in the same way that meditation turns mindful inhales and exhales into an exercise that soothes our senses, looking up with intention can ignite your senses.

Dappled light flooding through the tree canopy, birds in flight, stars piercing the night sky. These are but a few of the wonders of our overhead ecosystem. All too often we let them pass us by, transfixed on getting from A to B or looking down at our phones. Nature plays a fundamental role in the benefits we gain from lifting our gaze.

Watching the gentle sway of the trees certainly feels good. Science tells us that observing a treescape has the power to heal and improve concentration, too. One study revealed that patients showed a faster recovery time when they were able to see trees from their hospital beds, whilst a more recent study in the journal *Frontiers in Psychology* found that people demonstrated improved performance on attention-demanding tasks after spending time around nature.

Environmental psychologist and professor at the University of Surrey, Dr Birgitta Gatersleben recognises the significant role nature can play in our emotional wellbeing. "It offers us light relief from the demands of our daily lives", she explains. And never has this been as important as now with Covid-19 sweeping across the planet.

As human beings, we're captivated by the ever-changing elements of nature and its unpredictability. We call it 'soft fascination'. And the good news is, that the benefits of looking above are not bound to nature alone. Looking upwards gives us perspective because it helps us realise how small we actually are. We look up when we're in awe of our surroundings. It acts as a momentary escape. The benefits of experiencing awe, a positive feeling provoked when we encounter something vast, became a focus for researchers at Stanford University in California. The study showed that participants who experienced it felt they had more time available and great life satisfaction as a result.

You may experience awe when immersed in autumnal displays of bright autumn leaves, or the new buds of spring, or watching a thunderstorm or standing at the foot of a towering mountain, but also in the face of spectacular architecture or colourful street art. If you live in the city, look up to the cityscape where the buildings are often intricate.

Whatever it is that draws your eyes upwards, it's likely that your posture will naturally open up as you stand tall. That movement alone could be beneficial to your wellbeing. It emulates the fundamental elements of power poses; positions Harvard professor and social psychologist Amy Cuddy believes can help to lift our mood and boost our self-confidence.

"Humans and other animals display power and dominance through expansive non-verbal displays" she explains. A study Amy ran with Columbia and Harvard universities showed that when participants displayed expansiveness (where their bodies took up more space) and openness (where their limbs were open), their levels of the

stress hormone cortisol decreased, while their levels of testosterone, associated with dominant behaviour, increased. So, taking a walk outside at the moment if you're able to (if not, could you possibly just step outside your door) and looking up to the skies could actually help give you a sense of comfort, calm and stress-relief.

Ideas and exercises, many of which you may be able to try right now

Stargaze

The benefits of being around nature in the daytime are well researched. Now, experts are looking into whether the same benefits apply after sunset. A study by Coventry University found 'dark nature' to be life-enhancing, as participants showed an increased sense of flow through fascination and loss of time.

Try: simply putting your head out of the window and looking up when dark.

Forest Bathe

Master the Japanese art of Shinrin-yoku (taking in the forest atmosphere) to deepen your connection with the forest environment. With its focus on a type of mindfulness, forest bathing encourages you to activate your senses and reconnect to the natural environment we were once most comfortable in as a species. You may experience reduced stress levels, an energy boost and improved concentration.

Try: we run Forest Bathing sessions for organisations and individuals, see www.forestbathingmadeinbritain.com for more details.

Bird Watch

Follow birds in flights or observe them nest-building. A study in the *BioScience* journal found that when the number of birds participants saw in an afternoon increased, they experienced lower levels of depression, anxiety and stress. Treasure their uplifting calls, too. In another study into the effect of birds on our wellbeing, researchers at Surrey University discovered that listening to bird song improved attention span and helped to reduce stress.

Try: looking out the window and noticing. If you have binoculars, even better!

Contemplate Art & Architecture

A study by Professor Semir Zeki at University College London scanned participants's brains as they looked at art and found it triggered a surge of dopamine, the chemical associated with desire and affection. It has a calming effect, too, says a University of Westminster study, which found office workers who went to a gallery at lunchtime had reduced levels of the stress hormone cortisol.

Try: When lockdown and isolation is relaxed, try an architecture or street art tour.

And most importantly, enjoy all of the above and don't take it too seriously. It's about being playful and have a bit of fun – something many of us need right now.

By Justine Clement

Justine runs the Selsey Sea Bathing Society. They are currently on a break due to the Coronavirus restrictions, but their events will be back up and running as soon as the regulations change. You can read about them and contact Justine here www.selseyseabathingsociety.com



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Take a piece of paper, any size or thickness. Make two cuts or tears from top to bottom, as far apart as you want, but do not go all the way through the paper. (You can leave it connected by hairs if you can do it that close). Then, by only holding the two outside pieces, make a sharp tug and let the middle piece flutter to the ground, so you are left with one piece in each hand. If any one can do it, please demonstrate it to me and they will get a special mention in the August Selsey Life.

Jobs for July

Prune Blackcurrant bushes straight after harvesting the fruit. Blackcurrants fruit on the fresh new wood so remove a third of the old growth to encourage new shoots for next year.

Provide ponds with oxygen tables and keep well clear of algae and blanket weed in order to avoid topping-up so often with fresh water.

Purchase and plant some Autumn flowering bulbs as soon as possible.

Apply a food mulch to Dahlias and other border perennials to help retain moisture.

Thin out Apples that are crowded on branches - the crop will be smaller but the quality of fruit better.

Nip out all unwanted shoots after they have produced one leaf on Grapevines. This will concentrate the vine into producing grapes and replacement shoots for next year's harvest.

Plant Madonna Lilies later in the month.

Place Cacti outside in a shady place - they will benefit from their outing.

Sow quick-maturing early varieties of Peas such as "Kelvedon Wonder" for a welcome late crop.

Plants that don't need much water for sunny and shady areas: Anemones, Cyclamen, Hypericum, Lamium, Oxalis, Vinca, Achillea, Ayssum, Aubretia, Chionanthus, Dianthus, Eryngium, Gypsophila, Nepeta, Mesembryanthemum and Verbascum. Shrubs: Ruscus (evergreen), Convolvulus ('oneorum') (evergree), Cytisus, Genista, Hypericum, Helianthemum, Juniperus, Rosmarinus, Santolina, Spartium, Tarmarisk, Weigela and Yucca.

British Birds Quiz

Birds are providing much pleasure for many of us at the moment; many say they seem more evident than ever. What can you remember about them?

1. What bird features on the logo of the RSPB?
2. What is the collective name for a group of Nightingales?
3. Which common bird has the Latin name Pica pica?
4. Which bird features on the badge of Sheffield Wednesday football club?
5. Which bird appeared on the old British farthing coin?
6. Why are Tawny Owls NOT found on the Isle of Wight?
7. What is the collective name for a group of ravens?
8. What are the young of pigeons called?
9. Which bird first seen in the UK in 1956 has now become the 7th most frequently seen species in the UK?
10. What are the young of herons known as?
11. Which birds featured in the title of a series of Books by Arthur Ransome?
12. In which city do the Ospreys rugby team play their home matches?
13. By what name do we now know the bird that was once called the OUZEL?
14. Which bird is said to herald the beginning of spring, often prompting a letter to the Times newspaper?
15. Which common garden bird will often feed the young of other birds?

Quiz kindly supplied by U3A.
Answers inside back page.



Tip Top Tips

This is a good time for taking softwood cuttings from your favourite shrubs. Cut off pieces of new stem about 20 cm in length. Remove all buds and leaves except for a few at the end. Space cuttings out in pots of cutting compost having already applied softwood rooting powder. Place in a shady spot and water well. After a few weeks the cuttings should have formed roots and you can pot them individually.

Plant late flowering Clematis varieties where they can climb. Summer flowering shrubs. They will provide flowers well into Autumn after the shrub flowers have faded.

Plant some perennials now for instant colour and they will produce even better colour next year. Varieties include Achillea, Dahlia, Crocosmia and Rudbeckia.

This is an excellent time to sow seeds of Violas, Primroses and winter-flowering Pansies. They will be well-established by the Autumn and will then flower profusely throughout the Winter and early Spring.

Pick Sweet Peas at regular intervals for household use and also take off any faded flowers as they will produce seed pods and prevent more flowers from developing.

Mow lawns less frequently in hot weather, especially bearing in mind any water restrictions, as the longer grass will retain any available moisture for a lot longer. Do **not** feed unless there is some rain about.

Keep container plants, hanging baskets and window boxes in shade to reserve moisture and water, when required, from water butts which may be necessary in times of restricted water supplies.

The Hidden Garden Community Project

Come and join us and meet other passionate gardeners, swap seeds & plants, learn seasonal gardening ideas and help develop the educational food growing garden at The Bridge

1st Saturday of every month 10-4pm
at The Bridge Support Centre
behind Selsey Library, PO20 9EH

Contact Paul Sadler on 07815 790770 for more information

organised by **Youth Dream**



East Beach Church

As we move into July now, it has been good to have had our church building open for a few weeks now for prayer. This is an opportunity for any in the Selsey community who would find comfort in being here for contemplation and prayer. A great verse from the Bible is: Cast all your anxiety on Him because He cares for you (1 Peter 5:7). Bring to God your worries and anxieties. Tell Him how you really feel. Please feel free to come in and use the church for yourselves. Opening times are Monday to Friday 1pm-4pm.

It is our hope that we can start to open again for our Sunday services too, and perhaps some other activities, whilst interpreting as best we can the social distancing guidelines.

The recent easing on the lockdown restrictions has helped many with the loneliness that isolation brought. We can often feel lonely when we are physically alone, but for some, we can even feel lonely despite being with other people. Loneliness is really a reflection of whether or not we feel connected to others. It is interesting too to reflect that God is a God of relationship and community. In the very first chapters of the Bible it records God established that "It's not good for the man [Adam] to be alone..." (Genesis 2:18a). His answer to this? God then said, "... I'll make him a helper, a companion" (Genesis 2:18b). He created Eve for Adam and they "become one flesh" (Genesis 2:24b). We are created to be in community with God and with one another. Perhaps that is why loneliness affects us the way it does. How blessed are we in Selsey that we have a connected and networked community that in the main, really cares for one another. Community groups, individuals, businesses, churches, and organisations have pulled together and for the majority, Selsey has been a good place to have lived through the lockdown. Let us pray and hope that we do not need to again though!

We continue to live stream our services and now these are from the church building. Afterwards, the recordings will remain on Youtube to view at your convenience. Just a reminder that if you do not have internet access, we are still copying our Sunday Services, the popular Songs of Praise, and another of our broadcasts onto DVDs each week. If you do not receive one already but would like a copy, please call me (07771 914 277 -

Richard) and one of us will drop a copy through your door. Below is our weekly online schedule for those that can join us online. Just load up 'YouTube' & then search for 'East Beach Church, Selsey' for both live and recorded services.

We do continue to pray that you remain safe and well and are now able to enjoy the easing on lockdown restrictions to see family and friends once again.

YouTube Live Stream, Upload and Playlist Weekly Schedule

The link is the same for our Youtube channel
<https://www.youtube.com/channel/UCG2cNeKLX1osDgC4iGFgiRg>

Day	10am	7pm
Sunday	All-age Worship	Evening Worship
Monday	Songs of Praise <i>(for Care Homes and others)</i>	Life Group <i>Worship, Bible Study & Prayer</i>
Tuesday	Thought for the Day	Prayer Meeting
Wednesday	No live stream	No Live Stream
Thursday	Thought for the Day	EBC Face to Face using Zoom
Friday	Sunbeams <i>Songs & Stories for parents, carers and toddlers</i>	No Live Stream
Saturday	Saturday Morning with Alistair <i>(Youtube Playlist)</i>	Family Fun Evening <i>Games & fun to engage all</i>

Female Gardener
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Whilst the Boss was away she had a leak in the bathroom. (Not her - in her bathroom..) I couldn't fix it so we called in the plumber.

When he arrived, the Boss's son answered the door. "Where's the drip?" the plumber asked. "He's in the bathroom trying to fix the leak" the son answered.

In 2013 a judge in Michigan found himself in contempt of court when his mobile phone went off during a trial.

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As the lockdown is lifted and people begin to get back to some kind of normality, we are given an opportunity to reflect on what has just taken place in this quirky little town on the Manhood Peninsula. I make no apologies in becoming a little “gushy” in my appreciation.

Not only have people’s circumstances changed, dramatically for some, it has been an eye opener as to how communities across the nation have come together to support each other. It has been exceptional as to how the residents of Selsey have really stepped up to the plate and achieved something quite remarkable together.

From the start of lockdown we have been able to enrol people of the community who joined us with a common goal in supporting us with our endeavours to meet the needs of our more vulnerable people living within our community. As lockdown has gradually been lifting, we are seeing many people returning to their own normality. For those still who can see themselves quite vulnerable due to their medical conditions, our buddies have made these local connections and keen to support their neighbours where they can. We are grateful to each and every one of you.

Many of our buddies are having to return to work and are unable to continue in their buddying role. Some will go onto continue to work as volunteers coordinated by the Selsey Care Shop as befrienders. They will receive induction and training to do this if required. We are grateful to them for this.

Over the weekend we were able to say thank you to all our Buddies who have been part of the Covid19 Mutual Aid Group, Jo and I were privileged to be able to take around 140 goody bags as a way to say thank you. We really appreciated you being part of this amazing team. The goody bags contained a certificate, a small gift and a piece of cake.

a truly interesting experience, the community has come together and worked in unison with kindness, compassion and tenacity through unprecedented times.

Over the three months, we have had the support of local businesses who have provided meals, snacks and treats on a regular basis. Many of the folk who were grateful in receiving those will be supported to make their own choices where they can and will continue to utilise local cafés and services. There will be a few people who we will require us to keep a discrete eye on and enable them to carry on having nourishment that is suited to them as individuals.

Things will change now- we have seen an increased awareness as to what is available at the Selsey Care Shop. The support to carers and the cared for, the need for emotional and wellbeing support, the need to access food banks and vouchers and other services during times of need by all sectors of the community. Selsey’s community will be better for what it has achieved together, and we are grateful for this. We know that during times of crisis our community can respond to those that was greater need.

New connections, relationships and a better understanding has developed between neighbours. This has created opportunities to continue with some low-level neighbourly support along with highlighting those with more complex needs.

Working together in this way as a community has and will continue to:

- empower and enable individuals and families;
- create a culture of community, compassion and consideration of others; provide a safety net with smaller gaps;
- and seek to protect, guide and support those who may need a little extra help.

Please do contact us at the Selsey Care Shop if you feel you have time to offer our communities needs and have a chat with us. Alternatively, there may be things happening in your life that we can support you with and

help you through. For whatever reason, we would be pleased to hear from you!

Selsey Care Shop – Telephone 01243 201616



DONNA’S DELIBERATIONS

Well, hello my lovely fellow Selsonians! I hope July finds you well and that you have navigated your way through the last few months, relatively unscathed - and what a very weird few months it’s been.

At the time of writing the so-called ‘non-essential’ shops are starting to operate and the High Street is slowly opening for business. It remains to be seen what the new ‘normal’ is, but the sooner we can get things moving again, the better.

Chichester is running a campaign to encourage everyone to support our independent traders - it’s been a hard time for most of them. For a few, diversification was the answer - they moved quickly and were able to adopt a different business model which helped them generate an income and tide them over these rough times. For most, however, this wasn’t possible and there is no doubt that financially, Covid has been disastrous. The containment measures invoked to help curb the virus spreading may have contributed to its reining in, but they have also hit our economy; lockdown dramatically reduced all business activity.

I’m a great believer that out of adversity can come opportunity. We’ve been hearing a lot about ‘the death of the High Street’ in recent years and a light has certainly been shone on our retail industry of late. The fact is, we are all to blame to a greater or lesser degree, we get what we will support - ‘Use it or Lose it’. Our local entrepreneurs, who contribute so much to the vitality and vibrancy of our town need our support now more than ever. For those businesses who have been able to keep going throughout ‘lockdown,’ it may be that a new loyalty has been discovered and an appreciation of their offering to our little town at the bottom of the long and winding road - I hope so.

For me, I was desperately looking forward to being able to shop for a very specific item (If you are of the male gender - you may wish to skip this paragraph...) I needed new bras at the beginning of lockdown and by June, things had become a bit desperate. I’m not sure whether or not those many weeks without retail therapy had made me hyper sensitive to large shops or not but I stood in the middle of M and S feeling totally overwhelmed. Why, for goodness sake, do we need dozens of different bra designs? Back in the day, a bra was a bra - these days we have T shirt bras, Balconette bras, Wireless, Push up, Side support, Seamless, Underwired - the list goes on and on and on..... Ladies, you will know what I mean! I lost the will to live within five minutes! I genuinely don’t think anything had actually changed during the few months we weren’t able to shop for these, in my view, essential items, I just think I’d become a little over sensitive to so much choice. It was a bit like going into a supermarket and being faced with thirty different types of pasta - honestly, do we really need it?



The Johnson family went through lockdown with only one shape of pasta and we all lived to tell the tale - was it a bit boring? Maybe. Was it odd making a pasta bake with macaroni? Yes it was, but we survived! I looked into this ‘too much choice’ situation and apparently, although we like to think we want more choice we actually don’t. Too little choice and we feel cheated, too much choice and we are overwhelmed. During ‘lockdown’ many of us were grateful for what we could get - I suspect we will quickly forget how appreciative we were to be able to purchase what we normally

take for granted, but I think we will remember that we managed, even if we only had one type of pasta.

Truth to tell, the only thing I’m really missing is a nice G and T with a packet of Twiglets in a pub garden and perhaps, the odd night at a spa hotel. Not that I particularly frequent these establishments, you understand, but we always really want what we can’t have, don’t we? I have to admit, though, to occasionally ruminating on the usefulness of one of those industrial conveyor belt type toasters usually found in hotel breakfast rooms. During lockdown we bought a four slice toaster and even that isn’t really enough now, for some reason. My daughter also waxes lyrical about ‘bottomless’ Pepsi and my son positively yearns for a Chinese buffet, but we can’t have everything and yes, I know, we Johnsons really know how to live!



It’s been an especially weird time for Mr Johnson, to be fair. He’s been teaching without actually being in the same room as any students - I think there’s a part of him which thinks it’s probably the ideal situation and he’s secretly hoping it might catch on! Seriously though, it has been interesting - his subjects lend themselves to remote learning and the pandemic prompted teachers to see if they could transfer their students’ learning to an online platform. It’s been successful, although the hours have been long and the students have needed a lot of support but, if my other half’s experience is anything to go by, there have been lots of online meetings with teachers sharing ideas and resources to do the absolute best they can for their students. Fundamentally though, I think there is something special about the classroom for a teacher. Mr Johnson used to have a poster in his classroom - it read: ‘The future of the world is in my classroom today’ - one of my favourites, I think.

My two regular readers may recall that our family was recently increased by one - in the shape of a mini lop bunny called Heidi. Since last month Heidi has been speyed and, I am pleased to report, has settled in pretty well. She didn’t have a particularly good start in life and is quite nervous and apprehensive of people but she’s currently living in a purpose built ‘Heidi House’ in our home where we’re working hard to gain her confidence. We leave her house open most of the day and occasionally she’ll hop out and have a short explore before hopping back into the security of her own space. I must say, the choice of rabbit food out there has been quite a revelation to me. Hay, apparently isn’t just hay, there are multiple different types and Heidi’s favourite, we’ve discovered, is something called ‘Oat forage hay’. She also likes Plantain and a selection of dried flowers as a treat. I personally think we are on our way to achieving a Michelin Star for Bunny food! She is very sweet, though and watching her little personality come out is both fascinating and rewarding. The slight issue at the moment is that Fred the feline seems to be a bit curious about this bundle of fur that has taken up residence and we have had to have a conversation with him about differentiating between the rabbit which comes in his food and the rabbit who lives in our house!



So, there we are, my fellow residents - we are well and truly in the month of July. Let’s hope we can go out, enjoy the sun and make the most of living in our very special part of the Manhood. Take care all and be safe.

Donna
donnajohnson279@gmail.com

PLEASE NOTE LAST DATE FOR SUBMISSIONS FOR ENTRY INTO NEXT SELSEY LIFE IS 16TH JULY

There are about 294,000,000,000,000 leaves in the world, and for every leaf there are 340 ants. Luxembourg is the only country in the world ruled by a Grand Duke.

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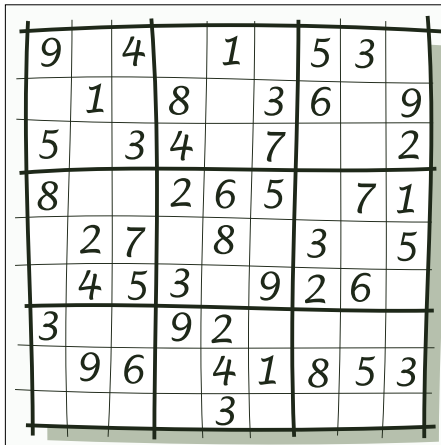
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WHEN REPLYING TO
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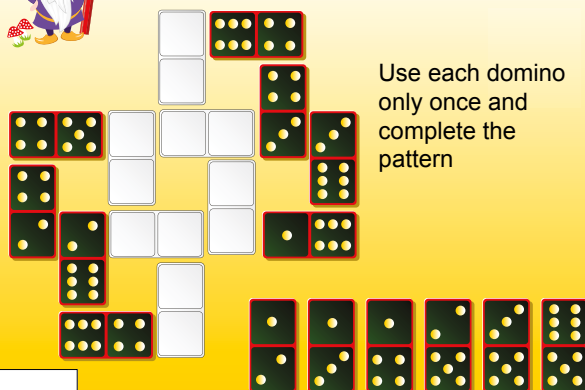


Photo by Meryn Woodland

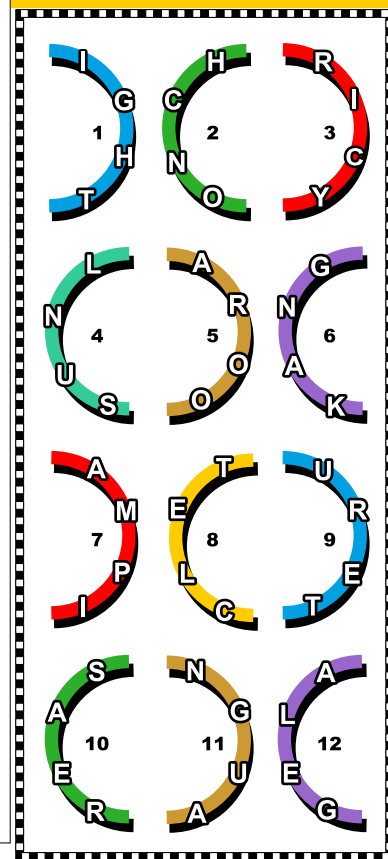
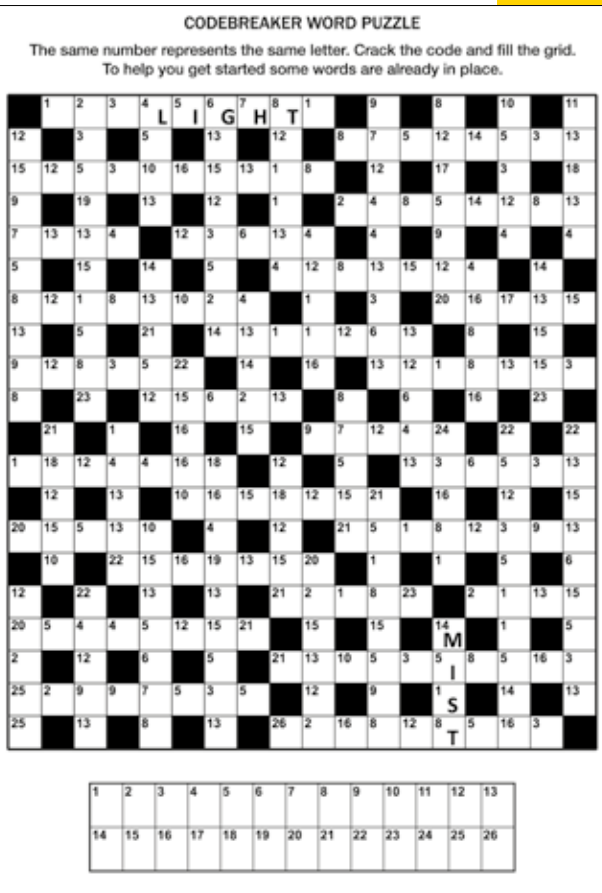
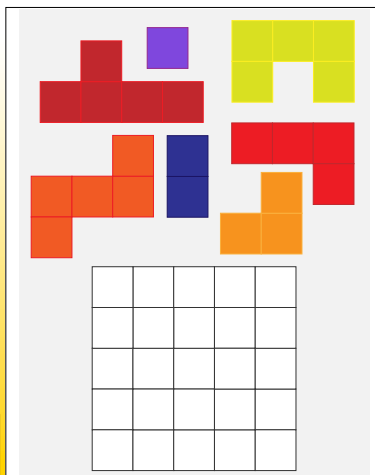
Steve's Puzzle Page



Logic puzzles for the smartest

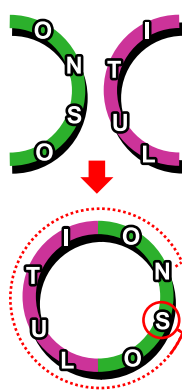


Use each domino only once and complete the pattern

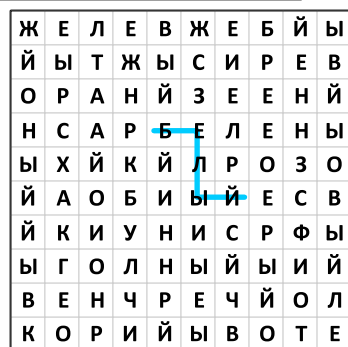


Match semicircles to make the circles and read the words clockwise. First letter position may vary.

SAMPLE:



I have included this one as the letter patterns will not be so easy to see. As usual words go left, right, up, down, not diagonally, and can bend at a right angle. There are no unused letters in the grid, and each letter is used only once.



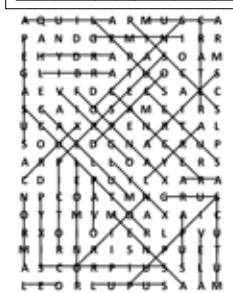
Найдите и зачеркните слова:

БЕЖ СИРЕНЕВЫЙ
БЕЛЫЙ ФИОЛЕТОВЫЙ
ГОЛУБОЙ ХАКИ
ЖЕЛТЫЙ ЧЕРНЫЙ
ЗЕЛЕНый
КОРИЧНЕВЫЙ
КРАСНЫЙ
ОРАНЖЕВЫЙ
РОЗОВЫЙ
СЕРЫЙ
СИНИЙ

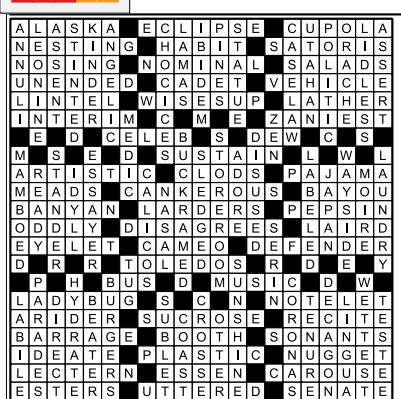
1) Piano 2) 2100 3) DW Griffith 4) Burn 5) Annapolis (Maryland) 6) Tony Hart
7) Disparaging 8) New York 9) La Marseillaise 10) Mulberry harbours
11) Martello towers 12) Lynda Baron 13) Queen of Hearts 14) Ethel
15) Egghead 16) Clare Francis 17) Roget's Thesaurus 18) Swanee River
19) Ed Gein Jr. 20) Lettuce 21) Aegilops (a flowering grass) 22) Ben Elton 23)
The Saint 24) Exeunt 25) Eric Porter 26) Medicine 27) Nicaragua 28) 55
29) Timpani 30) Nicaragua



Last month's answers:



HIDDEN: Andromeda, Camelopardalis

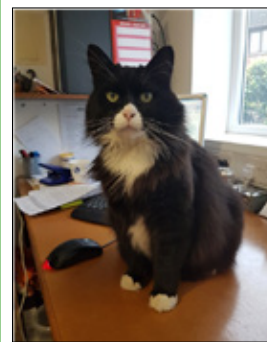


THE CAT & RABBIT RESCUE CENTRE

THE CAT & RABBIT RESCUE CENTRE

Tel: 01243 641409 Reg. Charity no. 1010000

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Hello everybody! It's me Markus the office cat bringing you all the latest news from The Cat and Rabbit Rescue.

First, I'd like to start by sharing some sad news with you. One of my resident cat pals here at The Centre, Mooma (Katrina) had to leave us and cross the rainbow bridge a couple of weeks ago. She was 20 years old and had lived here for 19 years of life, happily roaming the grounds of The Centre.

We'll all miss her loads as she was the queen of all of us and we're a tight knit crew here. Unfortunately, her health had declined and the staff knew it wasn't fair for her to carry on anymore, so we had to say goodbye. Her boyfriend Axl was quite sad to start with and wandered about looking for her, but happily he's found love again with another old girl Meowlina (she's 17 years). It seems he likes the older lady!!

In happier news, things are slowly starting to get going again here at The Centre. Although my staff tell me that sadly the charity shops cannot re-open again just yet, due to the new social distancing measures and the size of the shops, we can thankfully start rehoming the animals again. My staff are very happy with this as they have been desperate to be able to send the fur babies off to their forever homes finally! I find it quite amusing watching them doing the re-homings as they all wander around wearing these masks now and let me tell you, some of them look very silly wearing them, but don't tell them I said that!!

We've got lots of lovely animals here looking for their new homes, so please get in touch if you are thinking about adopting or spread the word around to those you know who are. The staff can't wait to see them all go off to their new happy homes and be lavished in love, like they deserve.

Lovely to chat to you all again, see you next month.
Love Markus x

P.S. Please check our Facebook page and our website www.crrc.co.uk for the latest update on the rehoming situation.

THE CAT & RABBIT RESCUE CENTRE
Holborow Lodge, Chalder Lane, Sidlesham, W. Sussex PO20 7RJ



Also find us on facebook

www.facebook.com/catandrabbitrescuecentre



Cat & Rabbit Rescue Centre
Giving the living a chance at life



Brent Lodge Briefings – Be alert for wildlife in danger

As the year starts to pick up pace the spring days turn into warmer longer summer days – bringing a noticeable increase of wildlife activity.

Many species are adapting to a warmer climate and try to keep pace with the changes and timings of life cycle events. They are experiencing extended periods of breeding or nesting and migration triggers which can take its toll on many wildlife parents.

June and July represent the time where many species are raising their young. The wildlife hospital remains open to take in wildlife casualty admissions as the seasonal sick, injured or orphaned wildlife casualties continue to keep the animal care staff busy. We are seeing our usual high volumes of baby birds and even our first batch of bird of prey chicks and an increase in baby mammals - all needing regular feeds. In the wild, the parents of birds would be feeding their young every five minutes. We obviously cannot replicate that, but our timers are set throughout the day - depending on the size and species.

A young brood of shelducks were sadly left abandoned when their mum never returned. They are doing well and have moved out of the incubators to one of our outside enclosures. Wild mothers can easily be spooked if they feel threatened, it is best to leave mother and ducklings alone if they are finding their way to water, because interference can cause extra stress and risk the mother panicking and abandoning her brood. In many instances keeping an eye from a safe distance and shepherding the family across a danger point, such as a busy road, is all that is needed.



Our first batch of newborn hoglets are starting to arrive too. A litter was brought to us recently after their nest was disturbed. If you accidentally disturb an active hedgehog nest, carefully replace the material. If there are young still in the nest, avoid touching them. It is usually best to leave them alone. If their eyes are open

and they are NOT in immediate danger, monitor from a distance. However, only intervene if they appear to be in immediate danger (such as on a road) and the mother has sadly been killed or if their eyes are closed and left alone for longer than an hour.

After several weeks of being closed, we are pleased to announce that from Monday 15th June our charity shops will be reopening, including the shop in Selsey. With our busiest wildlife care season underway the reopening could not come soon enough. The shop staff have been working hard over the last few days to ensure that customers are kept safe whilst shopping with us. We are limiting the number of shoppers into the stores and please ask customers to keep a safe distance from other shoppers and staff. Donations of household items to the shop are still most welcome, however, we please ask you to call the shop beforehand on [01243 941779](tel:01243941779) if possible.

If you do find a wildlife casualty please always call us [01243 641672](tel:01243641672) ext 1 before touching any wild animal, you could be doing more harm than good. We are more than happy to help. Please visit www.brentlodge.org for further information about helping wildlife or how to support our work.

www.brentlodge.org

British bird quiz answers
1. The Avocet 2. A Watch 3. Magpie 4. An Owl 5. Wren
6. They don't like flying over water 7. An unkindness
8. Squabs 9. Collared Dove 10. Branches
11. Swallows (and Amazons) 12. Swansea 13. Blackbird
14. Cuckoo 15. Robin

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