



4Sight Vision Support Offers Free 'Make a Will' Fundraiser

West Sussex charity 4Sight Vision Support has announced it will be running a Make a Will Fundraising Scheme in September this year. The success of its first Make a Will fundraiser held last September has meant the charity, in conjunction once again with Kreston Reeves, is inviting people to have their Wills or Lasting Powers of Attorney written (or Wills only, amended) for free, in return for a donation.

The scheme begins with a free session with an expert lawyer giving the group of participants the opportunity to talk and ask questions about different types of Wills, Inheritance Tax, Trusts in Wills, Codicils and Lasting Powers of Attorney. Later in the month any participants who wish to can then take part in the Make a Will Scheme itself.

Making a Will is essential to ensure that your money and possessions will go to the people, places and charities that you care about. It is particularly important if you have dependent children and for recording your wishes with regard to pets and funeral plans. Lasting Powers of Attorney are also important in case you lose the capacity to make decisions for yourself.

4Sight Vision Support provides support and specialist information to blind and sight impaired residents throughout the county. It is delighted to be in partnership once more with Kreston Reeves, who provide expert legal and financial services to families and charities.

For details about taking part in the information session and/or Make a Will Scheme, call 01243 828555, email fundraising@4sight.org.uk or visit www.4sight.org.uk.

More about Kreston Reeves can be found at https://www.krestonreeves.com/individuals/legal/



Image: Julie Branson thanks Catalina Lowe of Kreston Reeves for their support last year during a visit to 4Sight's Vision Support's Office in the Shoreham Centre.

- 1) What is the VW Trekker called in the USA?
- 2) With whom does Hamlet fight a duel?
- 3) In which century was Leonardo da Vinci born?
- 4) In Indian mythology, what creature is Hanaman?
- 5) What chocolate bar did Frank Muir promote in TV ommercials?



SELSEY WE NEED YOUR SUPPORT

Come and join our friendly and fun team of VOLUNTEERS!

We understand that your time, skills, and enthusiasm are precious so we want you to get the most out of volunteering with St Wilfrid's Hospice, that is why we offer a variety of roles and welcome any time you can give to help us.

Are your children at school and you wish to get out and meet others, retired and looking to help a local charity,

or maybe you are job seeking and need to gain confidence?

In our hospice shop and Wilf's Barn & Yard we offer affordable and pre-loved items for all ages, including small furniture, and have extended our reach to meet more of the Selsey community, including being able to accept donations.

What can you do to help?

- Welcome customers
- Display items for sale
- Process sales
- Create eye-catching window displays
- Sort the wonderful donations ready for sale
- Keep the shop and barn clean and tidy

Do you need retail experience?

No, full training and support will be provided

How much time do you have to give? The time you give can be flexible or if you would prefer a regular slot this can be arranged

What do you get from volunteering?

- Great opportunity to meet new people and make new friends
- Build confidence
- Have fun!
- Help YOUR local hospice support people at their end of life Looks great on your CV or University application!

What next? Please pop into the shop and speak to a member of staff or contact the Voluntary Services team on 01243 755815 volunteers.office@stwh.co.uk or scan the QR code to apply online.



Sundays Closed

Selsey Monday to Saturday 9.30am - 4.30pm 137 High St, Selsey, Chichester PO20 0QB

Have you paid your £1 for this magazine? Our takings for the June issue were down on the previous month. As we have said before, this magazine is not done for profit, and if we do not make the production costs we will have to stop producing it. Is £1 really too much to pay?

Welcome to the august August Selsey Life, (do you like the way I did that?) and we are still experiencing lovely weather, let us hope it keeps for the Bank Holiday on Monday 29th August. (Saves a seperate advert).

There are many things happening in August, and we have tried to include as much as possible, but if you are attending an event we have not advertised, why not have a word with the organisers and get them to contact us at selseylife@btinternet.com?

Enjoy Lifeboat Week this month, and please try to support all the various charities and events that are going on this month (as you should every month, please). As the phrase goes, use it or lose it, and that is especially true with the rising costs they all have to cover.

There is a new list of gardens in the National Garden Scheme on our website, selseylife.weebly.com, and two local ones are shown on page 27.

For the next issue we have had the suggestion of having readers' cats and dogs on the cover, so if you have a photo you would like to be on there, email it to selseylife@btinternet.com. Please put Cover Photo in the title.

The next issue is due Friday 2nd September, and we hope to see you then. (And get your adverts in as quick as possible).

Did you know?

Bananas are curved because they grow towards the sun.

Would you like to sponsor the Selsey Life magazine? If not the full Coupons are to be posted in one of the two competition magazine, how about sponsoring a page for a month for £20.00? boxes, either at Raycrafts, 119 High Street, or Pretty's We may not be able to guarantee what page, it would be on a first Newsagents at 4 Orchard Parade. One entry per coupon, copies come basis, but we would try to match you if possible. Is this of not accepted. Competition ends 26th August. interest? Please email the Selsey Life in the usual way, selseylife@btinternet.com.

We offer a six month subscription for the magazine for £18.00, including postage. Is it something you would like?

Please, wherever possible, do your best to support any of the local shops and venues that you can - you will miss them all when they are gone, and please mention Selsey Life when responding to anything in the magazine...

Thank you to all of you who are purchasing and reading the magazine, we are always happy to receive feedback. As always, if you have just picked the magazine up whilst in a queue or something and are not going to take it, please still consider a donation in the yellow pots, thank you

Lloyd Bank sort code 30-98-97, account number 43314960

Our 5% offer for anybody who gets us new advertisers still stands.

We are happy to receive any feedback, good or bad, along with any articles and/or photos for inclusion. Tell us what you want to see.

As ever, thank you to all of our contributors and advertisers in these difficult times, and our printers for always producing a good magazine for us.



This month we have another selection of Selsey goodies to give away.

For a chance to win this prize, you have to find the Selsey Seagull who is hidden somewhere in this magazine

(NOT this page) and then complete the coupon below.

(You can enter any competiton multiple times, but you will need a seperate coupon for each entry.)

Good luck with your entries.

Last month, the seagull was on page 18, Selsey Celebrates, and the six winners of family passes to Jay Miller's Circus were: Sue Godfrey, Sue Blyth, Lisa Rowland, Sonia Dilley, Charlotte Styles and Hilary Wright, We trust they all enjoyed the excellent Circus, and We thank Jay Miller's for their generous donation. (Don't miss it next year.)

9
Name :
Contact phone number and full address:
1
1
I found the seagull on:
One entry per coupon Copies not accepted O

Selsey Schools





Academy Trust Building children's futures together

Year 4 camping

The Year 4 camping trip took place in June. The children enjoyed two nights in the outdoors, activities included fire lighting with s'mores, shelter building, snow-tubing (without the snow!) and hide and seek where Mr Lott remained unfound!



We asked some members of Year 4 to share a few words about their residential:

Jack Luke - "It was the best time of my life!".

Bella-Rose Lee "It was really fun, I loved snowtubing - it was so cool!".

Isabella Bream "One memory I will treasure is sitting around the campfire with everyone together."







Summer fair

Friends of Medmerry alongside teachers and children put on the annual Summer Fair. Each class created a stall



to raise money for the school, it was an exciting afternoon that included hook a duck, a bake sale, a teddy bear raffle, soak the teacher as well as train rides, falconry and the legendary

bouncy castle and more!





Year 6 leavers

All the staff would like to wish the Year 6 leavers good luck for their next adventures.



Staffing

As is the nature of schools we arrive at the time of year where we have some staff departing. I would like to thank Mr Brown, Mrs Burge, Miss Hinton, Miss Hook and Miss Selby for their hard work and dedication to The Academy, Selsey and wish them well in their future endeavours.

As a result we also have new staff joining us in September and I am pleased to welcome Mr Searley, our new Deputy Headteacher, along with Mr Angus (PE), Mr Thompson (Drama), Mrs Byrne (Art), Miss Kelly (TA). Also Mr Jackson will take on the role of Acting Head of Expressive Arts while Miss Reeve is on maternity leave.

YEAR 11'S MAKE PROM A NIGHT TO REMEMBER

After 12 years of education and 5 weeks of exams, what everyone needs is a good old celebration...a chance to let your hair down and make some memories in these last few moments spent together as a year group.

This year's Year 11 Prom was a fantastic evening of amazing cars,







We were delighted to announce our new student leadership team at the recent 'Stars of the year' event.

and staff!

lives.

Head Students are Scarlett Riddle-Powell and Ben Andrews.



Deputy Head Students are Henrick Briggs, Tom Ford, Katelyn Hagel and Joe Mace.



the usual arrival at school in Jaguars, Bentleys, vintage American

As always, our students were amazing, and hopefully they will all

treasure the memories of their time at The Academy. Selsey. We wish them all the very best as they head off into the next phase of their

Other Senior Students are:

Lily-Marie Lysaght, Emily Rey-Barreiro, Zoe-Ann Davey, Jasmine Rushton, Clementine Prince, Trinity Chaudhry, Leah Gould, Sarah Walford, Holly Sharp, Ryan Muller, Oscar Lee, Luke Cabrera, Harry Collins, Isabel Oliver, Grace Younger and Rachel Crowther



House Captains for next year are:

Jess Dettmer, Jeasmine Idris, Emily Snow, Lilly Fauguel, Sammie Sherlock, Josh Bailey, Josh Craven, Ellie Watman, Lochlann Hodnett, Sophie Rowlands, Rio Jannotti, Josh Hunt, Cara Pocock, Joe Brown, Rayna Doherty-Morgan and Kenzi Stevenson-Ross

HEADTEACHER'S COMMENDATIONS

The Top 10 students in each year, based on reward points, were invited in the final week to have an ice lolly with the Headteacher to celebrate their achievements. These students had received the most reward points over the last term. Congratulations to them all.

Selsey Schools

even more amazing dresses, smart suits and friendship. Starting with Year 7 muscle cars and limos longer than a street, the students then paraded up to Chichester Golf Club for dinner and a disco. The venue was idyllic on a lovely summer evening, although most students didn't spend much time outside! Once the DJ got started, the dance floor was full, with the occasional break to visit the photobooth... for both students

NEW STUDENT LEADERSHIP

Tilly Benham, Sophie Benham. Phoebe Daniel. Sydney Ellyard, Tarren Gratwick, Becci Muller, Daisy Rey-Barreiro, Hanna Spalek-Makielak, Jack Taylor, Brooke Walker.

Year 8

Max Game, Bradley Harper, Darcey Hinshelwood, Jack Hyde, Reggie Lee, Gabby Mears Autumn Parsons, Naomi Urraco Spencer, Billy Vantomme, Oscar Wood.

Year 9

Alfie Bone, Joseph Brown Ayla Dalgliesh, Lilly Fauguel, Ben May, Memphis Parish. Sophie Rowland, Joseph Taylor, Emily Snow, Violet Wood





Year 10

Ben Andrews. Olivia Blanks, Luke Cabrera, Conor Clarke, Zoe-Ann Davey, Tom Ford, Helen Kirazyan, Alfie Lee. Joe Mace. Ryan Muller.

LONG SERVICE

Congratulations to those members of staff who are celebrating long service at TAS this year! 15 Years - Mrs Spencer and Ms Cole 20 Years - Ms James. Mrs Pirard. Mrs Prince and Miss Watts 25 Years - Mr Savage and Mrs Carver 30 Years - Mrs Gratwick





KEY DATES Return to school - 2nd Sept School Photos - 13th Sept Open Evening - 15th September (early finish 1.35pm) Inset day - 30th Sept Yr 11 Parents Evening - 6th October 4-7pm Yr 7 Settling in Evening - 20th October

From all at





Your local care home

If you're considering care 01243 882642 caroline.thomas@careuk.com careuk.com/chichester-grange



Chichester Grange, Donnington

Our highly trained care home teams are specialists in residential, dementia and respite care. With some of the highest care ratings in the UK, we're here to help you and your family at every step of your journey.

Trusted to care.



It was in September 2021 that members of Selsey u3a finally came together to celebrate being able to meet face-to-face for the first time since March 2020. Although some of the interest groups had continued their learning via Zoom meetings, and others had met, socially distanced, in outdoor locations; this was the first time so many had seen one another and been able to share news for a very long, and sometimes lonely time.



To celebrate this return, a vintage cream tea party was organised with entertainment provided by the Selsey Shanty Men. Our members expressed their enjoyment of the event, and their pleasure at finally being able to get together again in a shared activity.

A month later our first Open Meeting attracted a large attendance to experience "Owls about Town", a hands-on experience for some!





Although some of our groups have discontinued, many have restarted, and new ones have been formed. Skittles was a very popular activity, although while the group members enjoyed knocking the skittles down, they did not much enjoy having to set them up again for the next player. A solution has been found and the Skittles Group has become the Tenpin Bowling Group from September this year.





More recently, a group visited the Selsey Lifeboat Station where they heard a very interesting history of the Selsey Lifeboats and the work of the RNLI. We are delighted to know that our host is coming to talk to us a larger audience at our Open Meeting in September 2022.

Non-members may visit our Open Meetings for an admission fee of £3.00. Membership of our u3a costs £13 per annum, or £9.50 if you are already a member of another u3a.

Details of our groups and activities can be found on our website, www.u3asites.org.uk/selsey



OUTDOOR CINEMA EVENT SATURDAY 3RD SEPTEMBER

TES OPEN	A Sussex Snowdrop Trust Event
OM 6.30PM	at Madehurst Cricket Club
M STARTS	Madehurst, Nr Arundel

BN18 ONN

TICKETS : £12.50

Bring a picnic or buy delicious food onsite from The Food Shack, Safari Pizza and Harrie's Coffee

Visit: www.thesussexsnowdroptrust.com Or telephone: 01243 572433 to book



Update from the Chichester Neighbourhood Policing Team



Cooking Oil Theft

We have seen an increase in reports of cooking oil thefts across West Sussex.

The theft of cooking oil has been identified as a national issue. It is thought that thieves are stealing used cooking oil to turn it into unregulated biodiesel which can then be sold on the black market.

We would urge local businesses to be vigilant and keep cooking oil supplies safe and secure:

- Ensure that alarms, CCTV and security lighting are installed and in good working order.
- Install lockable gates / fencing which screen any tanks or barrels from view of the road. If this is not possible then keep barrels out of reach.
- Be wary of those who may claim to be subcontractors if you're unsure, ask for ID.
- If you witness anyone acting suspiciously, please dial 999 straight away.

If your business has been targeted for oil then please ensure you report it to us.

To report a crime, please contact us on 101 or online.

We would also urge residents to remain vigilant. If you see someone acting suspiciously around a café, pub, restaurant or take-away premises where cooking oil is likely to be stored please don't hesitate to call us on 999.

Front office opening hours

Chichester: Chichester Police Station, Kingsham Road, Chichester, PO19 8AD Open: Monday - Saturday 9am -8pm. You can contact your local team in the following ways: Call us: on 101 to report a crime or 999 if it's an emergency. Email: Chichester@sussex.police.uk

Midhurst:

Did you know?

If Pinocchio said "My

Nose Will Grow Now," it

would create a paradox.

and the conundrum is

known as the Pinocchio Paradox.

Car manufacturer

Volkswagen makes

sausages, and the

sausages are so popular

that they bring in more

revenue than their cars.

Movie trailers were

originally shown after

the movie, which is why they're called "trailers."

The smallest bone in

your body is in your ear.

Midhurst Police Station, Bepton Road, Midhurst, GU29 9NB. Open: Monday - Friday 10am – 2pm. You can contact your local team in the following ways: **Call us:** on **101** to report a crime or **999** if it's an emergency. Email: **Arun@sussex.police.uk**

Dear Selsey Life.

We did a Table Top sale for the Selsey Cancer Relief Fund at 8 Merryfield Drive, Selsey.

The sale was on Saturday 9th July.

We made **£264** for the charity.

We would like to thank the helpers and the customers that attended the event.

Please see the What's on page for details of our monthly sales in the Methodist Church.

Sue Truss

Yes, it's true! The REAL Kiki Dee is performing in Selsey on 27th August . Please HURRY down to Gilbert and Cleveland for your tickets. £22 (cash only)..

BORDERLANDS – Probing the Sussex Perimeter (stage 4)

Across the Arun's curved red bridge to Littlehampton West Retractable its metal span should taller craft request A pathway by the sailing club leads to an ancient fort This once warned off all seaborne threat to Littlehampton Port

Three cheers for pristine seaside air our town lungs to inflate Where the old ropemaker plied his trade long and strong and straight

By twisting hemp and other yarns the good old fashioned way He'd walk at least a mile or two on every working day

Atherington and Cudlow vanished centuries ago Much acreage beneath the waves where Channel waters flow Thriving medieval places long since gone from sight Both testament to climate shift and rising ocean blight

Pevsner's taste was ultimate he was not your average bloke So a Norman doorway at Climping church appealed at a stroke Although the stiff historian admired what he saw His passioned view was just a blip there was no real thaw!

Quite to and fro soft Climping dunes that front this ancient spot Corrosive unrelenting seas much more than mere snapshot The curse of coastal places in these planet warming times With man displaying scant remorse for heinous climate crimes

HM Open Prison Ford just inland from the sea Permits inmates to come and go while trusted not to flee A place that's had the odd break-in as well as some break-outs And pulled one sock up years ago to quell Home Office doubt

JOHN BYRNE 2021/22 ARTWORK JASON BETON



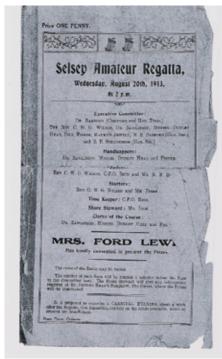


<u>Under New Management !</u> Find Us On Hillfield Road, Just Before The Beach, Open Monday To Saturday 8am-3pm

SELSEY REGATTA 1913

Sometimes a great deal of 'digging' is required to try and bring Selsey's History alive. Sometimes, however, a fortunate stroke of serendipity occurs and this is one such event.

In Mollie Tupper's archives I have a collection of Regatta programmes and here is the one for 1913.



The Regatta was to be held on 20th August, commencing at 2pm. The Executive Committee consisted of Dr. Barford (Chairman and Hon. Treasurer); The Rev. C W G Wilson: Dr. Rawlinson: Messrs. Dudley Head. Idle. Fisher: Maurice Jewell: N F Barford (Hon. Sec) and R E Steavenson (Hon. Sec.).

The Committee members also provided the Handicappers, Judges, Starters, Time Keeper, Shore Steward and Clerks of the Course.

The first race of the afternoon was the Handicap Sailing Race for Selsey Centre-board Boats up to 20ft, owned by Residents or Visitors, steered by Amateurs. For this race 1st prize was a Cup (given by Mr Coates), 2nd prize was a Biscuit Box while 3rd prize was a Syphon Stand an example of which appears below.



©2005 Goldsmith and Perris | a website by creative itch

Other prizes included Silver Trinket Boxes (given by Mr E Heron-Allen), a Smoker's Cabinet (given by Mrs Maurice Jewell) and a Case of Tea Knives (given by Mrs Ford Lewis).

The second race was the Handicap Sailing Race for Selsey Centre-board Boats up to 20 ft, owned by Residents or Visitors, steered by Fishermen (not by owners), Fishermen crews. James Lawrence came 1st in 'Good Luck' which earned him £1.10s.

Then followed the Double Sculling Race for Gentlemen Amateurs (Lady Coxswain). Dudley Head and Coates, coxed by Mrs Head came 2nd and won Cigarette Cases and a Trinket Box for the Cox. R Bonnar and E Smith (Miss C Smith Cox) came 1st and received salad bowls (given by Mr Maurice Jewell) while the Cox received a Sugar Scuttle.

Rather surprisingly, there were various races for ladies: a Double Sculling race with a gentleman coxswain, a Ladies' Dinghy Race and a Ladies' Swimming Race. The Donkin family were obviously very skilled swimmers as Miss M Donkin came 1st (silver scent bottle) and Mrs Donkin came 2nd (a Clock). Miss W Donkin was unplaced.



The Gentleman's Swimming Race had a famous competitor in the form of William Thomas Wells. better known as Bombardier Billy Wells. His name will be familiar to many of you - he was a very successful heavyweight boxer being the British and British Empire Champion from 1911 until 1919, defending his title fourteen times. In 1911 he became the first Heavyweight to win the Lonsdale Belt, which had been introduced for British champions at all weights in 1909. In addition, he was the only boxer to hit the gong for Rank Organisation Films.

He came 2nd in the swimming race thus winning a Mounted Cigar Box. Racing with him were two of his brothers. Alfred Valentine Wells and Sydney Harry Wells.

The newspapers of the day reported all the proceedings at some length and The Observer & West Sussex Recorder of Wednesday August 27, 1913 reads as follows:

'SELSEY REGATTA Glorious Weather Favours the Annual Event

The Selsey Regatta, which was held on Wednesday, was a success. Holiday-makers - chiefly composed of the fair sex - lined the beach round the Coastguard station, at which point the regatta was held. All the items produced some excellent sport, and at the subsequent prize-giving there was much iubilation.

At the prize presentation, which was gracefully performed by Mrs Ford Lewis, Dr. Barford said that they could depend upon it that the regatta had been a financial success and the small balance they had in hand would form a nucleus of a fund for the organisation of a carnival, which they hoped would take place in about a week's time. Next year they hoped the event would have more united support, then they could hold the carnival on the same day after the Regatta as they had done in former years.'

Then followed all the results. Despite my best efforts I cannot find out who Mrs Ford Lewis was. These photos are all by Morey of Chichester and I have placed them in numerical order.





How many women can you count?

If anyone can tell me what sort of boats these are, we could perhaps identify which race was occurring. There seems to be two people in the nearest boat so perhaps it was one of the Double Sculling Races for boats up to 13 ft.

past times

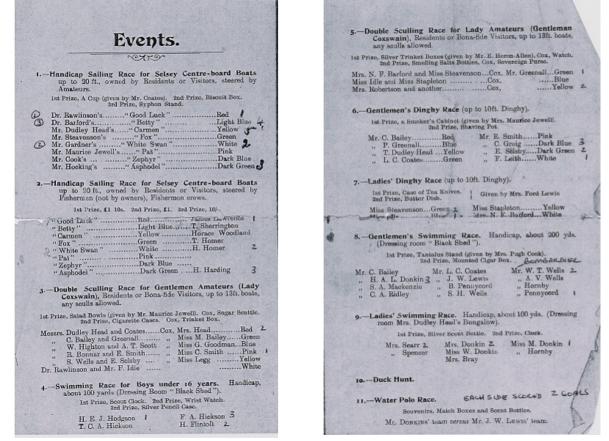


past times

What we do know, though, is that the Selsey Carnival did, indeed, take place one week later as the Chichester Observer of 27 August 1913 contains the following snippet:

'Tonight's Carnival

Selsey will be en fete tonight for the annual carnival. Special Excursion tickets are being issued by the Tramway Co. from Chichester to Selsey at 9d return fare on the trams leaving Chichester at 2.20, 3.20, 4.20, 5.20, 6.40 and 7.35. A special late tram will leave Selsey at 10 o'clock for all stations to Chichester.



And in case you should want to know how your ancestors fared - the handwritten numbers are the positions they achieved in the race.

This article is the intellectual property of the author and may not be copied or used in any way without her written permission.

©Ruth C Mariner 01243 604698 ruthm@ruthcmariner.co.uk

Acknowledgements:

Chichester and Bognor Regis Observer, David Philip on behalf of Copydesk Sussex Copydesk.sussex@jpress.co.uk ipimedia.co.uk

PS: If anyone has a picture of Miss Pyke they are willing to share, please let me know.

In fond remembrance of Donald Arthur Arnold who passed away on 12th June 2021, aged 92. It was my privilege to work with Donald on his memoirs for the December/January 2021 issue of Selsey Life. He understood the importance of recording personal family history which, in turn, contributes to the local history of a place. Selsey and I are grateful to him.

TERRY & IRELAND^{Ltd}

säfe Plumbing and Heating Engineers Est 1962 **Installations & Repairs** Free Estimates Ceramic floor and wall tiling **Complete bathroom installations** Disabled / wet rooms / tiling and all small jobs **46 High Street Selsey** 01243 602827 / 0783 670 0863

SELSEY SHUTTLE.

Did you know anyone, any age, can use it? Did you know its just 50p per ride whether you're 5 mins or 35 mins on the bus within Selsey? Did you know you can hail a ride anywhere along the route and get off anywhere too? If Selsey doesn't use the bus, Selsey will lose the bus and some of our OAP's need it! Due to shortage of volunteer drivers though, we only operate Monday and Fri, with a Chichester trip on Wednesdays. Check out the timetable etc on line.

Did you know? During your lifetime, you will produce enough saliva to fill 50 bathtubs!





KEEPING OUR COOL THROUGH THE HEATWAVE

The Friends of the Selsey Medical Centre held an Annual General Meeting on 25 June and were delighted to welcome a Senior Partner Doctor and the Deputy Practice Manager. It was a great opportunity to meet and talk informally, and we also welcomed a new Committee member bringing valuable experience to help with administrating our work.

At our stall celebrating the Queen's Platinum Jubilee in June we signed up 20 new Friends. Events such as this and Rounders Day, with our very popular Tombola on Sunday 7th August, give us ideal opportunities to explain the purpose of the Friends to passers-by and to invite them to support us.

Donations collected by the Friends purchase equipment not normally paid for by the NHS. In this way the Friends assist the Practice to maintain the highest standards of service for our patients.

One example of the types of equipment we have purchased for the Surgery is a dermatoscope. This hand-held visual aid device is used to examine and diagnose skin lesions and diseases, such as melanoma. It can also help examine the scalp, hair, and nails. The new DermLite DL3N can create a personal digital dermoscopy system by attaching one of many compatible cameras or camera-equipped mobile devices.

While we appreciate all donations, large or small, we've found it most efficient to build a membership of Friends paying an annual contribution towards the needs of our Medical Centre. We only ask for a minimum of £5 per person, but more is welcome and from more people!

Please remember the Friends when making vour will

If you're in the process of making your will, perhaps you would consider setting aside a bequest in recognition of the service the Practice offers every one of the 12,500 patients living in Selsey.

For further information please phone 01243 945263 and talk to Rosemary, our Membership Secretary, who will welcome your call!

TLH 08/22

9) What fruit juice goes into a Margarita cocktail? 10) What was Lymeswold?

11) Which three heads of state met at Yalta in 1945?

Last month the Selsey Venture Club held a very successful A.G.M. with the number of members now standing at 240. This past year, after covid restrictions, has been a very difficult time but Lynn has now settled into her role as chair and her enthusiasm has kept the committee going. Work is being undertaken to streamline and update all aspects of your club. We will no longer accept medium/large furniture after the 1st August. Not only do we not have the volunteers to handle the furniture the van used for transport will eventually be sold.

(members only).

The committee was elected to serve again in a block. Lynn thanked everybody who had supported us over the past year.

The meeting concluded with thanks from the floor for all of Lynn's hard work which was followed with a cuppa and cake.

The End of the Pier Show is returning to Selsey this year (See advert page 6, Ed.) and S.V.C. will be providing our usual door to door service for members wishing to go on Saturday 20th August for the 2.30 show. The club are NOT PROVIDING TICKETS.





1 Market Avenue Southgate, Chichester PO19 1JU (Opposite Law Courts)

01243 839 699

Mon-Sat 9^{am}-5^{pm} 13 with a long term medical conditio



We are working closely with the care shop providing a bus for many of events,





*Prices quoted exclude VAT & are available to customer

www.clearwellmobility.co.uk

FREE 2022 Brochure

SELLI

Name Address

Postcode

Post to: FREEPOST CLEARWELL MOBILITY

19 June 2022

Selsey RNLI launched to unmanned vessel off Bognor Regis

The UK Coastguard requested the launch of both Selsey lifeboats after receiving information about an unmanned vessel close to Bognor Rocks.

The inshore lifeboat (ILB) launched at 9.35am on Sunday 19th June (Father's day) closely followed by the all-weather lifeboat (ALB). At the time of launching the weather was wind NNE force 5 sea state moderate in sunshine. The ILB made fairly good progress in the uncomfortable conditions. Both lifeboats arrived on scene together with the ALB standing off from the rocks while the ILB closed the vessel to find one man onboard with another two in the water









vessel did have a diving pennant showing. This was reported to the Coastguard who were happy that it was a false alarm with good intent and released both the lifeboats at 10.05am to

return to station. Both

boats returned to

The man onboard

the vessel said they

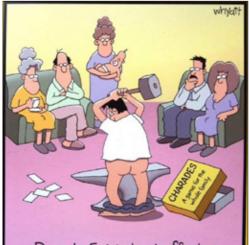
had all been diving

leaving the boat

unoccupied during

that time, but the

Selsey at 10.25am with the ILB recovered first followed by the ALB. The crews today were ALB Coxswain Colin Pullenger Mechanic Andy Lee, James Albrey, Max Wiseman, Kristina Dolan, and Tom Davidson. ILB Helmsman Harry Emmence, Craig Sergeant, and Neil Hopcraft.



Despite Eric's best efforts, no-one guessed "Bangkok".



LUT

Lifeboats

5 July 2022

Selsey RNLI inshore lifeboat tasked to person in the water

LIT Lifeboats



Selsey Lifeboat Week 2022

August 7 to August 14

<u>Sunday August 7</u> – Service of Praise and Thanksgiving in the Boathouse at 6.30pm.

Monday August 8 - Quiz Night at The Seal, 8pm start

Tuesday August 9 - Walking Treasure Hunt, 6.30pm start at Hillfield Road car park

Wednesday August 10 - Station Open Evening, gift shop and boathouse open from 6pm to 9pm.

Thursday August 11 - Race Night at The Victory Club, doors open 6pm, first race at 7pm

Friday August 12 - Canoe Race, and Fun Dog Show approx. 5.30pm, Funfair from 5pm, Selsey Shantymen on The Green, Firework Display approx. 9pm

Saturday August 13 - Cream Teas at Beacon Church, 2pm – 5pm

Sunday August 14 – Craft & Charity Stalls, Selsey Shantymen, Classic Cars, Harley Davidsons, Funfair on The Green from 10am; Raft Race (approx. 1pm start)

For further information please call 07946176480 Or email: edb.rnli@gmail.com

Selsey Lifeboat Week kindly supported by



R

LIT

15 July 2022

Lifeboats Happy birthday to Colin Pullenger, who steps down from his role on the ILB today.

Colin joined us at Selsey in 1990 as a crewmember on the D class ILB and Tyne class AWB 47-001 'City of London'. In 1998 he became an ILB Helmsman, who is responsible for the ILB and crew, before stepping up to the Senior Helmsman role at station which meant he became responsible for helping to organise all D class lifeboat training at Selsey for new and existing crew.

We thank Colin for his contribution to the station so far, and are glad to say that he will continue serving with us as 2nd Coxswain and deputy mechanic on our Shannon class lifeboat, 13-20 'Denise and Eric'.



Happy birthday from us all at Selsev Lifeboat and be glad your knees can now rest.







The UK Coastguard had received emergency phone calls from people concerned for the safety of a person in the water approximately 800 metres off shore

from Hillfield Road Selsey The inshore lifeboat (ILB) launched at 7.53pm on Tuesday 5 July and made best speed to the area west of the Bill. The Selsey Coastguard Rescue Team were already on scene with

the members of the public who reported the person and were able to con the ILB on to the target. The weather on scene was wind north west force 2-3 sea state smooth in sunshine

The ILB arrived on scene at 7.58pm to find a free diver with a SMB surface maker buoy with a red and white flag. The ILB crew spoke to the man who was surprised to see them but also hadn't realised how far out he was. He said he was making his way back to shore and accepted the offer of a ride back to the beach at Hillfield carpark. After dropping the man off at the beach the ILB was released by the Coastguards to return to station.



With the naked eye at that distance, it was easy to suspect one or two persons were possibly in difficulty and the members of the public were right to phone the UK Coastguard. The ILB returned to station at 8.15pm and was recovered straight away. The crew tonight were Helmsman James Albrey, Harry Emmence and Tim Scott.

8 July 2022

Selsey RNLI inshore lifeboat gets tasking while on exercise



the Inshore lifeboat (ILB) was conducting a station exercise to the west of the Bill

A member of the public reported to the Lifeboat Operations Manager (LOM) that clothes, chairs and towels were being washed away from the beach 200 metres from the lifeboat station. With no one appearing to be with the items the member of public had concerns for their safety. The ILB was contacted by the station and requested to proceed back to the area and search for possible persons in the water.

Once the ILB was in the area they approached several paddle boarders and Kayaks to ask if the items being washed away were their belongings, but no one confirmed this, so the ILB started search around the moorings before conducting a beach line search. The weather on scene was calm conditions in sunshine. The ILB was on the return beach line leg when news came that the people had turned up to recover their soggy belongings, so the ILB continued with the exercise.



On the late afternoon of Friday 8 July,



New Chair at Selsey Lifeboat Station -June 2022

Our two lifeboats and their crews are the

familiar face of Selsey Lifeboat Station, however there are many other volunteers behind the scenes which include: The Visits and Shop teams, Fundraisers, Community Safety Officer and local Publicity Officer.

All of these activities are represented on the Selsey Lifeboat Management Group (LMG). This group also includes members of the RNLI Regional Management team.

We are delighted that Vaughan Turney was recently appointed Chair of the Selsev Lifeboat Management Group.

As a keen windsurfer and dinghy sailor, Vaughan has been a life long supporter of the RNLI.

Initially volunteering as a member of the Visits Team at Selsey

Lifeboat Station, Vaughan welcomed members of the public to the boathouse. Showing visitors the station's Shannon and D Class lifeboats and recounting the history of the station and our brave crews was his main duty.

After two years in this role, Vaughan became a Community Presenter, preparing and giving talks on the wider work of the RNLI to various local organisations.

These included local sailing clubs, the WI, u3A, Cub Scouts and church groups.

Vaughan is keen to foster new and re build old relationships between Selsey Lifeboat Station and local organisations. If you would like to discuss any non - operational aspect of Selsey Lifeboat Station then he will be pleased to hear from you.

Vaughan can be contacted at:

E: turneyvaughan@gmail.com





Lifeboats

RNLI SELSEY LIFEBOAT SHOP

Help save lives at sea by supporting the shop.

Plenty of Buckets and Spades for the beach, and for future planning we have Christmas Cards, Calendars and Diaries in stock.

> All of these together with Gifts Toys Planters Greetings Cards sweets and biscuits.

Give your friends a gift to remeber from the Selsey RNLI

Shop open Tuesday to Sunday 10.30 till 16.00

Visit us and you will receive a warm friendly welcome.

For up to date information please check:-

Facebook -RNLI Selsey Lifeboat station

Website - www Selsey lifeboats.co.uk

12) Who was the last Empress of India? 13) In Goldfinger what aeronautical activity did Pussy Galore run?



Grass Snake

by Michael Blencowe of the Sussex Wildlife Trust

"Go wild in the country, where snakes in the grass are absolutely free." I can still remember Annabella Lwin, of new-wave pop group Bow Wow, singing those words on Top of the Pops back in 1982: a clarion call for early eighties urbanites to get out into the wild.

Annabella was ecologically correct. There are indeed free snakes out there, a fact that still thrills me each time I encounter one slithering through Sussex. As a child I thought snakes were exotic creatures, which hung off African jungle branches in Johnny Weissmuller Tarzan movies to convey a vague sense of something sinister. But there's nothing sinister about the Grass Snake; the commonest of Britain's three native snake species. Mesmerising eyes, gorgeous sleek scales of olive-green and a series of stripes along their flanks. For a cold-blooded reptile they sure look hot. A key identification

feature is that yellow collar encircling the back of their head. Grass Snakes have been rather short-changed when

. Grass Snake c Dave Kilbev

t comes to their name; they're much better at swimming than they are at sitting in the grass (a bit like Johnny Weissmuller, who performed better in the water than he did on dry land). You'll find Grass Snakes gliding through wet ditches and dykes or even in your garden pond as they hunt for their favourite food: frogs and toads.

These amphibious feasts really pile on the pounds, so when their snakeskin suits become too tight they slip out of them to reveal a larger, shiny set of scales underneath. They undertake several costume changes each year and can grow to an impressive size - two or three feet is typical but there are rumours of sixfoot long monsters out there. Of course they're nothing to be scared of. If threatened they either pretend to be dead, hiss a lot or, according to my reptile book, "release a pungent,

Grass Snake c Derek Middleton

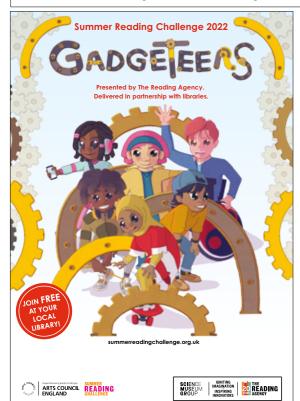
foul-smelling substance from their anal gland."

In July the female Grass Snakes excavate a chamber in a mound of decaying vegetation – a compost heap is perfect. Inside, she lays 5-20 leathery eggs and the heap's heat and humidity cooks them to perfection. Set your egg timer for ten weeks and you'll return to find pencil-sized baby snakes emerging into the world.

I guess not everyone followed Bow Wow Wow's advice back in 1982 because when leading my wildlife walks I'm always amazed at how many adults have never seen a snake in Britain. But it's never too late to go wild in the country.

sussexwildlifetrust.org.uk

Sussex Wildlife Trust is an independent charity caring for wildlife and habitats throughout Sussex. Founded in 1961, we have worked with local people for over half a century to make Sussex richer in wildlife. We rely on the support of our members to help protect our rich natural heritage. Please consider supporting our work. As a member you will be invited to join Michael Blencowe on our regular wildlife walks and also enjoy free events, discounts on wildlife courses, Wildlife magazine and our Sussex guide book, Discovering Wildlife. It's easy to join online at sussexwildlifetrust.org.uk/join



Children can become Gadgeteers at the Summer Reading Challenge 2022 library this summer!

Do you know a child aged 4 – 11 years? Why not encourage them to take part in this year's Summer Reading Challenge at their local library?



Their challenge is to choose and read some amazing books over the holiday and they also get to collect a bag of goodies, including a fold-out map and smelly stickers. There are fun activities in the library too, including a Character Hunt with a chance of entering a prize draw. If they complete the challenge by Saturday 10 September, they are rewarded with a medal and certificate. They just need a library card to become a Gadgeteer.

What's more; it's free to join the library and free to take part!

To find out more, take a look at our information video on YouTube, West Sussex Libraries - Summer Reading Challenge Video 2022 – Gadgeteers' and then register with the challenge at westsussex.gov.uk/src

COPYRIGHT WARNING

No part of this publication may be copied or reproduced, stored in a retrieval system or transmitted in any form or by any means electronic, mechanical, photocopy, recording or otherwise without the prior written permission of the publisher ©2022. Selsey Life Ltd





As the long summer days stretch into August, all the intense bird activity of the spring and early summer seems to be drawing to a lazy end. Only the colonies of gulls and terns are still busy and noisy, as young birds grow and leave the nest. So you may be forgiven for thinking that there's less to see on the reserves right now, but look more closely at the ponds and water courses and you'll discover plenty of life - in fact, here be dragons!

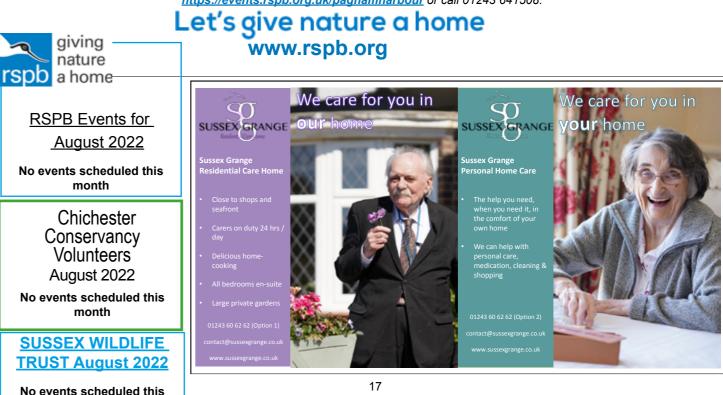
Dragonflies are large, often brightly coloured insects, with a long, slim body and four wings, which they use to hover around and tour the water's edges, looking for a mate and for prey, especially on warm, sunny days. They hunt for flies and other dragonflies, and the smaller damselflies, to catch and eat on the wing. But watch them for more than a few minutes and you'll see them occasionally stop and rest, often returning to a favourite reed or leaf, until they are disturbed by another dragonfly. They are aggressive and territorial, and you may hear the buzzing noise of their vibrating wings as they clash with rivals for prime spots. After mating, the female dragonfly will lay her eggs just under the surface of the water.

A dragonfly's time is short - they typically fly for no more than a week or so after emerging in the summer, but sometimes they can live for up to six or even eight weeks. However, for dragonflies and damselflies, their time in the air is their second incarnation - they have already spent between three months and two years or more living in a larval form underwater. When they're ready, they climb up vegetation, out of the water and change from a larva to an adult flying insect. They gradually emerge from their outer skin and wait until their new legs, abdomen and wings harden enough for them to fly. Look around a pond's vegetation carefully and you may even find a discarded larval skin, called an exuvia.



The aerobatic, fast and elegant hobby is able to catch and eat dragonflies on the wing. [Credit: Ben Andrew (rspb-images.com)]

To find out more about family events at RSPB Pagham Harbour, including pond dipping and dragon hunting, visit our website https://events.rspb.org.uk/paghamharbour or call 01243 641508.



No events scheduled this month



Our largest and most easily seen dragonfly, the magnificent Emperor here a green female is laying her eggs. [Credit: David Chandler (rspb-images.com)]

Although dragonflies are voracious and formidable hunters, they face a greater, even more aerobatic hunter - the hobby! This fast, dashing bird of prey can most often be seen flying above water, looking for insects - dragonflies and damselflies are favourites - as well as small birds, including martins and swifts, which it hunts and even eats on the wing. Hobbies are small falcons, similar to kestrels, but with dark grey backs and heads, and white face and streaked underparts and, in adults, with distinctive red feathers over the tops of its legs, which look a little like red trousers! There is one more, quiz-winning fact about the hobby: their scientific name is Falco subbuteo, meaning "small buzzard" - the second name was adopted by the inventor of the table-top football game when he wasn't allowed to trade-mark the name "Hobby", which was his favourite bird of prey.

Council joins partnership to deliver coastal protection work

Chichester District Council has joined forces with Coastal Partners to protect its nine miles of coastline by sharing coastal and environmental management expertise and resources.



Coastal Partners are a team of engineers, surveyors, project managers, environment and finance experts who deliver a comprehensive coastal management service, which manages the coastal flood and erosion risk across 162km of coastline.

The council will be joining Fareham, Gosport, Portsmouth and Havant councils, who are the founding members of the partnership.

"The delivery of a resilient, professional, and cost-effective flood and erosion management service is becoming increasingly challenging in response to ageing defences, more extreme weather events and future sea level rise and the loss of experienced officers from the sector," says Cllr Penny Plant, Cabinet Member for the Environment and Chichester Contract Services at Chichester District Council.

"By joining together with the other councils along our coastline we can combine expertise, local knowledge and access the most cost-effective solutions to protect our coastline and improve our local landscape. We can also continue to offer a robust and resilient service by sharing expertise and collaborating with other local authorities.

"One of the significant projects due to be delivered over the next few years will involve the coastal defences in Selsey, and so this is a great time to join the partnership. Projects such as this one will benefit from the involvement of a wide range of experts, enabling us to deliver the very best outcomes for our communities."

Lyall Cairns, Executive Head for Coastal Partnership, adds: "The team and I are pleased to welcome Chichester District Council to the partnership. We are looking forward to sharing knowledge and expertise to reduce flood and erosion risk to our shared community, while enhancing the environment for future generations to enjoy. We have a shared passion for our coastline and believe working together across five local authorities will deliver a high quality, resilient, and cost-effective service for our residents."

People can find out more about Coastal Partners by visiting their website at: www.coastalpartners.org.uk

Sir David Attenborough shows his support for project to help protect marine habitat off the Selsey coast

his support for a project that has been

marine habitat.

Sir David Attenborough has written to show launched off the Selsey coastline to help protect vict Cov

18

CHES

The project, which is being led by Chichester District Council, is investigating the reasons why there has been a reduction in the number of crabs and lobsters caught off the Manhood Peninsula coastline.

The CHASM (Crustaceans, Habitat And Sediment Movement) project, which has been developed in direct response to concerns from the local fishing community, will also investigate the reasons why there has been an increase in sediment.

Other partners involved in the project include the Channel Coasta

Observatory, the University of Southampton, and the University of Brighton, in addition to over 20 national, regional, and local environmental organisations with interests in marine conservation.

'Fishing has been an important part of the economy in Selsey for generations for over 1000 years," says Cllr Penny Plant, Cabinet Member for the Environment and Chichester Contract Services at Chichester District Council.

"Over the past 10 years, the local fishing community has noticed huge changes in the marine environment.

"This project aims to understand the changes that have taken place in the Selsey crab and lobster fishing grounds and the reasons for this. It will also look to investigate solutions to ensure the sustainability of both the fishing industry and the marine environment.

"We are especially grateful for the support of our partners, from the Universities of Southampton and Brighton, who are carrying out the research for the project.

"We're also immensely grateful to Sir David Attenborough for acknowledging this important work in a handwritten note that he sent to the partnership. He said that he hoped the work would enable protective measures to be based not on theory, but on facts. We couldn't agree more!"

Dr Charlie Thompson of the Channel Coastal Observatory and the University of Southampton, comments: "The CHASM project is a wonderful example of what can be achieved through the collaborative efforts of a wide range of researchers, practitioners and the local community to address and understand the changes happening in the coastal environment."

Dr Heidi Burgess of the University of Brighton, adds: "This important work is enabling us to better understand how some of the different elements that make up the near-shore marine environment function together and how human activities may have been impacting on the functioning of the eco-system."

Partners and organisations, both local and from further afield, attended a meeting on Tuesday 14 June to find out more about the project and its progress to date. This included the chance to gain first-hand experience of the practical work involved and to see the techniques at work.



CHASM -Dr Heidi Burgess, Jane Cunningham, Dr Charlie Thompson c Martin Davies

J.W Smith **CHIMNEY &** LOG BURNER SWEEP 07769211143 SERVING

W.Sussex & Hampshire

For those who don't know, the River Ems is one of just 200 chalk streams globally and flows through the South Downs National Park down to the Harbour. I've been supporting the local community group, the Friends of the Ems (FOTE), who have been working to protect the river and its ecosystem.

At present, Portsmouth Water abstract water from the site and a fault last year led to the Ems running dry, having significant environmental impacts. Since then, I have been working closely with all parties, including the Environment Agency, and the community through their brilliant local Councillor. Rov Briscoe.

More recently constituents have informed me levels are dangerously low again dur to a dry winter. I wrote to Bob Taylor. CEO of Portsmouth Water, to ask that he investigate as a matter of urgency. a response can be found on my website under the Protecting the River Ems campaign page - www.gilliankeegan.com. My team and I will continue to work with the local community to put in place long-term solutions to ensure we protect this rare and beautiful environment.

In other news, this month I visited farms on the Manhood Peninsula to find out more about the work happening locally as the Government's 'food strategy' was launched to improve our domestic food security. £270 million is to be put towards farming innovation funding programmes until 2029. Throughout the day I visited two farms, the Runcton Farm Shop and Café, as well as the home of Caroline's Dairy Ice Cream! It was fascinating to hear more about the environmental schemes being established across the area to boost biodiversity and pollinator species. I also learnt about some of the ongoing research at Hale Farm, an all-arable farm, where they are testing different varieties of wheat under varied conditions. This work will help inform local farmers about which varieties are best to plant and grow and which require less plant treatment.

We are very lucky to be surrounded by farmers and growers who produce some of the highest-quality food anywhere in the world. We should all do our bit to support them by buying local, eating local, and backing our British farmers.

You can follow my work locally and in Westminster by signing up for my newsletter via my website: www.gilliankeegan.com

Gillian Keegan MP

SELSEY LIFE Ltd. . Tel: 01243 602729 e-mail: selseylife@btinternet.com To the best of our knowledge all firms and organisations mentioned in this issue are reputable. Advertisements and articles in this publication have been supplied by local businesses and organisations. Therefore Selsey Life cannot be held responsible for any inaccuracies which may appear.



It is with great sadness that the family of Mr Donald Arthur Arnold announces his passing at Wycombe Hospital on 12th June 2022 at the age of 92.

Donald was born on 2nd May 1930 at Priory Cottage, Church Norton; the third of four brothers to David Arthur and Sarah Alice Maud. He spent a happy childhood playing in the fields and lanes with favourites being the beach and Pagham Harbour.

In 1941 the family moved to Greenford and he attended Ealing Grammar School where he discovered a love for running. He served in the army and was posted to Korea where his athletic prowess excelled, being able to run a mile in 4 minutes 21 seconds.

In 1970 he earned a BA degree in business studies and in 2000 he achieved his MBA with distinction.

He ran his own security company in Hammersmith from 1975-2001 after which he retired. He took up golf and travelled the world with his beloved wife, Barbara who pre-deceased him by nearly eight years and after 58 years of happy marriage.

He will be forever remembered by his two daughters, Marion and Karen, his four granddaughters and eight great grandchildren.

His funeral was held on 24th June at Slough Crematorium.

Did you know?

The United States Navy

uses Xbox controllers for

their periscopes.

Saint Lucia is the only

country in the world

named after a woman.

Gillian Keegan MP



Selsey Life is compiled and published by

in memoriam



deliberations

DONNA'S DELIBERATIONS

Good day! Welcome, my fellow Selsonians, to the auspicious month which is August! Let us hope for sunny skies, balmy, blue waters and a few lazy, hazy days on the beach! It would be nice, wouldn't it? We've certainly had a humdinger of a heat wave wasn't expecting that in July! St Swithun's turned out to be anything increasingly 'noisy' world, means that we are always looking for but wet, so that was something to be grateful for! As ever, we shall have to take mother nature as we find her, and understand that her plans for the eighth month may not be the same as ours! We shall see....

So, just a word of warning - I'm on a rant. I know, not like me, (insert 'winky' face) 6.2 something earlier in the air in total spotted a young streets, sadly there

(anything to oblige, Ed.) but I saw which left me throwing my hands bewilderment. Over in Bognor, I chap who was clearly living on the are growing numbers who find

Virtue signalling

in progress

themselves without a roof. Now, I know that all the advice is that we shouldn't give money directly to people who find themselves in this situation, but I always find walking past anyone who really needs help, very awkward. It's a difficult one for me, frankly. I have, therefore, been known to drop something in the jar/hat/bowl whatever the receptacle may be, exchange a few words with the person in question, and usually walk on, having pointed themselves in the direction of CDC, or perhaps Stonepillow.

What I saw today, though, left me quite shocked. An older woman, (my age or thereabouts) just ahead of me, walked up to this chap who was sleeping rough, handed him what looked like change, and was quite obviously videoing the entire thing with her phone. It was truly awful - the poor guy looked mortified. Everyone who finds themselves on the streets has a back-story, there are always reasons for it, and sometimes those reasons may be quite complex. Why someone would consider it appropriate to use a person so obviously in need of help as a photo/video opportunity was just beyond me at the time - and then I realised.....it's 'virtue

signalling'. The video would most likely end up on social media.

For anyone who hasn't heard about this (and to be honest, it's a relatively new phrase to me) the term 'virtue signalling' was coined in 2015, by a journalist, who wrote an article in the

Spectator magazine. It has been 'subsumed' into our language, and describes the act of 'publicly expressing opinions or sentiments survive because large trees intended to demonstrate good character or the moral correctness of pump sugar into their roots one's position on a particular issue' - whatever that may be. To use the words of James Bartholomew, from the Spectator: 'No one has to actually really do anything. Virtue comes from mere words....' Virtue signalling has become a sort of 'self-glorifying online behaviour' (Merriam-Webster definition) a form of moral grandstanding, an attempt to show others, via social media, that you are a 'good' person. It's a form of vanity, dressed up in 'conviction' - posturing, in an attempt to glean approval, but takes little or no effort. Posting or re-posting something on social media is simple, it takes only a second or two, but can give the impression that you are supportive, whether or not your actions bear out your 'support'. If someone states on social media that they support a cause, just because they want others to believe that they care, that's typical 'virtue signalling.' People want to appear 'good' because that's what wins them social status - whether they are actually committed to the causes they 'support' is a different matter. Was the woman I spotted committed to the cause of the homeless? I doubt it, but I suspect she was committed to the social benefits her video could potentially provide her with.

'That's very cynical, Donna', I hear you say, and to be fair, you'd probably be right. I've seen a fair amount of 'virtue-signalling' in my time, but I like to think that I can look at things from both sides. In a sense, 'virtue-signalling' can be used as a tool for change; it can help inform about an important issue which might otherwise be

ignored, so that wouldn't really meet the definition. It could even work if the people who are doing the 'signalling' are not committed to the cause they are 'signalling' about; I accept, therefore, that it may have its place. Having said that, however, navigating an ways to evaluate whether or not someone might be a friend or foe, but making assumptions about people who 'virtue-signal' may not be the best way to determine if someone's impact on the world, is entirely positive.

Rant over! If you managed to struggle through - thank you!

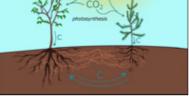
My regular two readers (full marks for your forbearance) will know that I am, at a heart, a bit of a tree hugger. Fun fact - the term 'tree hugger' actually goes back to 1730, when hundreds of people physically clung or 'hugged' the trees in their Hindu village to stop them being used to build a palace. Appallingly, they were killed whilst trying to protect their village's trees, but a royal decree was established which forbade any further trees to be chopped down. (Like 'virtue signalling' it's a term which we have subsumed into everyday language.) I'm not sure that I would have the courage

to go that far, but I really get upset when trees are cut down, even though sometimes it's unavoidable - like our willow which really would take over the world if we didn't prune it back a bit!



documentary which talked about their 'secret life' - 'mother' trees feed their saplings with liquid sugar, for example, and there is evidence to suggest that they are far more alert, social and sophisticated than we could ever imagine. The connections they share are being called the 'wood wide web!' All trees are linked to each other through underground fungal networks; they can actually communicate distress about drought and disease, altering other

trees behaviour when signals are sent out. Scientifically, this is called the 'mycorrhizal network'; the fine root tips of trees literally join together with microscopic fungal filaments to form network 'links,' Even young saplings are able to



https://sitn.hms.harvard.edu/flash/2019/exploring the-underground-network-of-trees-the-nervous through the network. Amazingly, system-of-the-forest/

they can send chemical, hormonal and slow-pulsing electrical signals, which researchers are beginning to be able to decipher, and appear able to communicate alarm and distress, for example, during a drought. These signals, when received, will cause other trees to alter their behaviours.

The best example of trees' 'intelligence' I could find, comes from Leipzig University in Germany: they found that when a deer bites on a branch, the tree brings 'defence' chemicals which make the leaves taste unpleasant so the deer backs away, but if a human breaks a branch or strips the leaves, the tree knows the difference and merely sends down substances to heal the 'wound.' I've always considered myself to be a bit of a 'tree hugger', but I've never really considered life from their perspective. They really are incredible. When I'm using them, yet again, to shelter from the scorching sun. I will remember that there is a whole different' world,' just under my feet, where it really is all happening.

So, my fellow Selsonians - September will soon be upon us, but until then, enjoy the sun!

Take care

Donna donnajohnson279@gmail.com

The Selsey Club are Hosting a Selsey 4 Selsey Open Day (Keeping it Local) on Saturday 20th August from 2pm till late.

Raising funds and collecting goods for the Selsey Food Bank to help those in need in our community in these difficult times...

There will be food and entertainment a raffle and Auction throughout the day.

Help with raffle and Auction items and your time much appreciated.

See also the Selsey Club What's on or call 606015 for further information..

14) Who directed Billy Elliot on stage and on film?

15) What American currency took the form of shells and beads?

16) Inspector Harry Callaghan was with which City's police department?

- 17) Who wrote The Compleat Angler?
- 18) What is unglazed brownish-red earthenware called?
- 19) Tasmin Little plays what musical instrument?
- 20) In which US state is Duluth, title of a Gore Vidal novel?
- 21) Which English football club is nicknamed "The Pilgrims"?
- 22) Who was actress Carrie Fisher's mother?

The Selsey Private Club, Coxes Road

PO20 9AN 01243 606015

New members welcome.



Come and join the Selsey Club and enjoy some of the finest beers, wines and spirits in our warm and friendly lounge bar areas, where you can sit and relax, watch TV, play darts or cards or have a frame of snooker or billiards.



You will also find a wonderful function room where there is entertainment most weekends and where Sunday Lunch, the best Roast on the Coast,

is served.

There is a weekly Bar Menu with specials on food and drinks, please enquire as below.

We have introduced a new range of guest cask ales for our members to enjoy and have a new food menu to suit all tastes and pockets, and we also have a housekeepers menu where we have a selection of meals at affordable prices to suit everyone. Please call us on 01243 606015 or 07767 421297 for menu selection and your choice.

> The Selsey Private Club Ltd is a family run Club and is the perfect venue for all your parties and celebrations. Please call 01243 606015 for all enquiries ..

Keep an eye on our Facebook page The Selsey Private Club Ltd for updates. We are host to the RNA, the Selsey Lions, The Selsey Folk and Music Club, Julie's Art Club and much more.

Selsey Club Community project.



If you are a bedroom or bathroom singer or Musician then we have exciting news for you.



Here at the club we love to support local talent and are offering you the chance to come along and sing, at no cost to you, using our full professional equipment and even record yourself if you like, there is no weekly fee no leader just likeminded friends with the same goal (to have a good time and sing) as singing is good for the soul.

We are also looking for Musicians and Singers to take part in our jamming sessions on Sunday afternoons 4pm till 7pm with a view to doing a slot at one of our fundraising open days, the next one being Saturday 20th August 2pm till 11-30pm.

For those that would like to progress further we have a team of Musicians and Singers on hand with years of experience to help and guide you on your journey.





Our August attractions:

Friday 5th.. Open Mike Karaoke Sing along

Saturday 6th The lovely Tania Honey



Saturday 13th Colin Gold as Billy Fury tribute act tickets only

Friday 19th Open Mike Karaoke Sing along



Saturday 20th Selsey Food bank Open Day helping to raise Funds and Goods for Our Local Community.

Friday 26th Feel the Love with Tubbs Tubbs's Soul Motown Reggae Ska from 8 till late





Saturday 27th Ged Roberts on his UK tour Singer Keyboardist extraordinaire covering songs from across the decades.

All of the above have the option of evening dinner please enquire for Menu and to book

Mondays are Darts League Tuesdays are Bingo Bonanza Wednesdays are Games night Cards Chess Dominos board games Darts Snooker Billiards etc Thursdays are Quiz is the Biz Fridays are Snooker League

Lots going on - check us out on Facebook The Selsey Private Club Ltd

community news

SELSEY COMMUNITY FIRST RESPONDERS

Meet our new Community First Responder: Cheryl Lewis

Because of your generosity in supporting our charity, the positive feedback we have received from our patients and the exposure Selsey Life has given us by being interested in the work the CFR team does for the Selsey Community, we have had a fantastic influx of people who are now trained in the role and going through a mentoring period before being 'solo' supporting people in crisis as a volunteer.

We now have 3 new members of the team (Cheryl Lewis, Dannielle as the committee who chose to donate a generous part of the Shepherd and Tina Smart) and a further 4 people waiting for training places to become available, although our ambition is to further strengthen the team over the coming months, so if the role looks interesting to you, please do contact us to register your interest and talk through the role and options to see if it can work for you. As you will see, Cheryl is very qualified medically, however the role requires NO previous medical/nursing/first aid experience.

We thought you'd like us to introduce our new members to you over the next couple of months. Firstly, this is Cheryl.

Despite having 4 children, a dog and being a Health Visitor in her professional life, Cheryl has still found time to be part of our team. She also volunteers as an Explorer Scout leader. Her experience medically is awesome with previous roles as a midwife, carer and support worker for disabled patients, so she is highly gualified for the role and we count ourselves lucky that this bubbly, energetic and dedicated person has come to join us.

Welcome, Cheryl and for anyone spotting her around Selsey, remember she's here to support all of us - give her a wave and a smile if you see her out and about in town.

With a Cardiac Arrest, EVERY SECOND COUNTS.... Selsey

23) What is a French bakery called? 24) "I'll Stand By You" was a 2004 No.1 for which group? 25) According to the proverb, what is required to make hricks?

CFR's exist to save lives in an extreme medical emergency. Using our people and Public Access Defibrillators, we are here to save lives.

In other news:

We were honoured to receive a generous cheque from Selsey Open Gardens for £2,500 after the recent Sunday event. Thank you so

much to everyone who was involved - all those who visited the gardens, those who prepared their gardens for visitors, as well proceeds towards our charity.

We continue to receive fantastic support from the clubs and organisations within Selsey, notably from Sue Bringloe and her Yoga ladies as well as the Shantymen and the Golf Club and the Selsey community who support our fundraising events.

We also supported the installation of a defibrillator at Crablands Bowls and Tennis Club and helped with demonstrations to ensure that the club feels confident to use the equipment should it be

needed.



Over the past 2 months, apart from many shouts' attended by our CFR's, our Public Access Defibrillators have been Activated/Deployed 15 times to critical incidents in the town. Thank you to everyone who has donated to our charity and enabled us to install Public Access defibrillators within Selsev.

If anyone feels like they would want to join our team, why not contact us for a chat about becoming a Responder or

being part of our fundraising team, please contact info@selseyfirstresponders.org

We're here to save lives - every second counts.

26)How is the Cosa Nostra better known? 27)What is the capital of the Cape Verde islands? 28) Nnamdi Azikiwe became which country's first president in 1963?

1) Peter Krause 2) Oxford

POIN 🚧 SET 🌟 TIA

SNAP 🔀 DRAGON

Last Month's Quiz Answers

3) Flying doctor service 4) Edward Elgar 5) Words 6) 1966 7) Afghani 8) Florenz Ziegfield's 9) Knight Industries Two

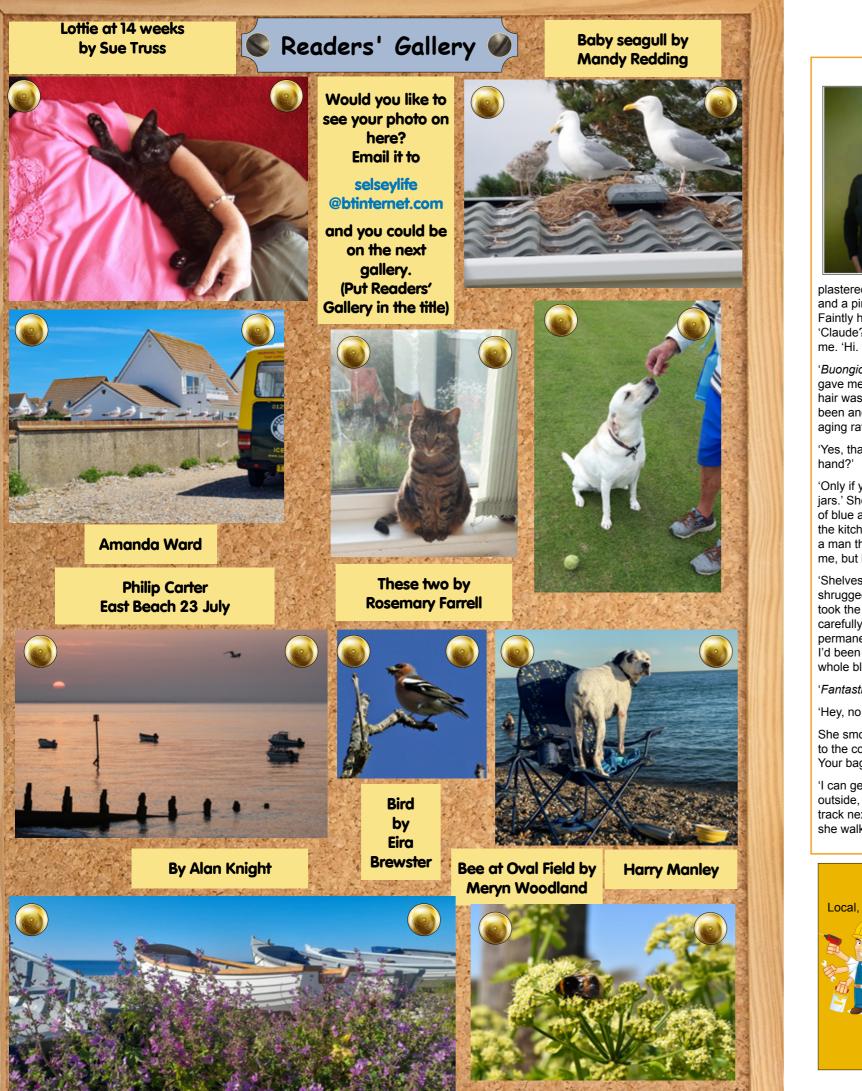






This month we have a colouring competition. Colour in the picture and we will judge what we think is the best. It will be in three age groups, 7 and under, 7 to 12, and 12 and over. You can either post your entry in either of the two competition boxes, either at Raycrafts, 119 High Street, or Pretty's Newsagents, 4 Orchard Parade, or you can post them in the letterbox at 42 Beach Road. Please ensure you give all your contact details. For the prizes we have some various gifts to give away.

Good luck with your entries. Competition closes Friday 26th August.



The Write Zone with Jara Lennon

Part II.



Giardino di Felice was set at the top of a rutted track lined with cypress trees against a backdrop of smoky olivegreen hills. I parked in the shadow of a living in Brixton.' barn, climbed out and was greeted by the sound of a drill followed by urgent hammering. I peered through the kitchen window and saw a lithe woman balanced precariously on the top rung of a ladder, gamely hammering at the wall. Her right arm,

plastered to the elbow, was crooked into a sling, and a pine shelf was snugged into her armpit. Faintly horrified, I tapped on the window frame. 'Claude?' I ventured. Her head swivelled toward me. 'Hi. I'm James.'



'Buongiorno, James! Come in - I'll be with you in just a tick.' She gave me a fractured smile. It was hard to place an age on her. Her hair was a beautiful silver with faint traces of the red it had once been and the lines around her eyes seemed to represent graceful aging rather than ill health or worry. 'You had a good journey?'

'Yes, thanks. Looks like I got here in the nick of time. You need a

'Only if you know how to put up a shelf. 'I want to display those

jars.' She pointed to a collection of blue and pink stoneware on the kitchen table. 'I usually have a man that does these things for me, but he couldn't come today.



'Shelves are my thing,' I grinned. shrugged off my rucksack. It then took the best part of an hour to

carefully mark out and drill pilot holes before Claude's bottles were permanently installed on their shelf. Not the start to my holiday that I'd been anticipating, but still... I breathed a sigh of relief that the whole bloody thing hadn't collapsed.

'Fantastico, molte grazie,' she told me delightedly.

'Hey, no problem. Always glad to help.'

She smoothed her hair behind her ears and smiled. 'I'll take you up to the cottage now, if you like. Show you where you'll be staying. Your bags in the car?'

'I can get them later.' I collected my rucksack and followed her outside, shielding my eyes from the glare. As we walked up the track next to the farmhouse and entered a lemon grove, I noticed she walked with a limp. I made a mental note to be a good

Handy Larry Selsey Services

Local, reliable handy-men at your service for reasonable prices. No job too small



Gardening, Fencing Shelving, Decorating Flooring

All jobs considered

Check out our fb page at: Handy-Larry@manlywork or call us on 07380 165744

write zone

neighbour and call in the next day. 'How long have you lived here?' I asked.

She smiled. 'Over thirty years. They'll have to carry me out in a box.

'I wish I could say the same for



She laughed. 'I raised my family in London, but I didn't start living until I came to Sorrento.' As I eyed the drifts of meadow flowers that skirted the lemon grove, I couldn't help but wonder if she was right. That made me think of Becca. She would have loved this. I changed the subject.

'How did you hurt your arm and leg?'

'Hah! Fell down my own bloody stairs like an idiot. I should be more careful.

I grimaced. 'Sorry to hear that.' I realised that she hadn't mentioned my email and request to stay longer. 'I don't suppose you had a chance to think about whether or not I can stay a bit longer?' I held my breath. She tipped her head to one side.

'Your booking said it was a surprise for someone.'

'It was,' I told her. 'Just not the surprise I was expecting.'

'I see,' she replied cautiously. 'Well, it's fine. Stay as long as you want.

'Really? Thank you!' Suddenly, an entirely new vista exploded in front of me. We reached the cottage. 'Well, this is you,' Claude said, unlocking the door and offering me the key. 'I won't linger, if you don't mind. Welcome notes are on the table next to a basket of local goodies. If you need anything, you know where I am.'

'Sure. Thanks again, Claude. Ciao!'

She returned the wave, and I watched her for a moment before going inside. Later that evening, I lifted one of the kitchen chairs outside and uncorked a bottle of red. I watched the light turn the fields from amber to rust. There was no doubt about it, I was missing Becca already, and loving it here was making me miss her more. I wondered what she was doing, so I turned on my phone and a single message appeared: I don't love him. I just want you to know that. Anger swelled again, and as I sunk into the wine and my self-pity. I wondered if this was the end

of us. I turned off my phone, poured another glass of wine and, little by little, let the tears come.

To be continued



7ara

tara.lennon@outlook.com

Extract from: A Perfect Stranger, The Yum Yum Bazaar, Amazon.co.uk

SELSEY CARPET BOWLS CLUB

Times for bowling are as follows ;-

Sunday 10am -11.30am Wednesday & Thursday evenings 7pm until 8.30pm

We are a very friendly club & welcome new members, all equipment is provided.

Come along & give it a try at Medmerry School, (entrance opposite the Library) you won't be disappointed.

Contact Annette on 606227 or Karen on 607169

email: info@selseycarpetbowls.co.uk

www.selseycarpetbowls.co.uk See our article on page 33

In the GardenJobs for AugustJobs for AugustTip Top Tips

Perennials planted now such as Crocosmia. Dhalias. Chrysanthemums, Cosmos, Osteospermum, Rudbeckia, Verbena and Penstemons can provide instant and long lasting colour and will provide an even more spectacular display next year.

Train and prune Wisteria, Honeysuckle and Clematis before the shoots get out of control.

If there's been a spell of hot and dry weather, set the mower on a slightly higher cut and mow less frequently.

Old Raspberry and Loganberry canes should now be cut back

after the fruit has been harvested. Reduce the new shoots to a few of the strongest, healthiest ones.

Weed and clean Ponds regularly and keep surrounding plants

well trimmed. Remove dead leaves and stalks. Thin out oxygenating plants, making sure not to harm or disturb the fish too much. Keep Ponds well topped up but don't overfeed the fish as any uneaten food will rot and pollute the pond.

Cut back perennials such as Campanulas, Lupins, Santolinas and Delphiniums as soon as they finish flowering. Apply a good mulch such as well-rotted Horse Manure and also some Blood, Fish & Bone Meal and water well in. There is every chance of another flush of flowers in the Autumn.

Dead-head Roses on a regular basis. Rather than snipping off individual blooms, cut off the flower heads to three or four buds further down the stem, and also apply some feed to encourage later blooms.

Spray Runner Beans with a fine mist in evenings to encourage better fertilization. Spray Tomatoes mid-morning on sunny days.

- Pick early Pears and Apples and so avoid them falling off the tree and bruising.
- Houseplants will benefit from a spell in the open air. Place them in a semi-shaded area.
- Dead-head Hanging Baskets, Window Boxes and Containers regularly and feed weekly. Replace gaps with summer bedding. They should provide continuous colour well into October/ November.
- Cut Sweet Peas regularly for wonderful colour and scent in the house. Faded blooms will become seed pods and prevent further flowers developing.
- Fuchsias are very worthwhile for any gaps in shadier areas of the garden. They will bloom for many months and will usually rise again the next year.
- Give hedges a last clipping for the season and remove all dead flowers and stalks from summer flowering shrubs except those that bear attractive berries.
- Some ideas for glorious, beguiling, alluring and romantic evening scents:-
- Honeysuckle fragrance day and night but is at it's best during the evening
- Nicotiana (Tobacco Plant) is unobtrusive but effective
- Night-scented Stock (Matthiola bicornis) small but powerful and potent
- Evening Primrose (Oenothera biennis) yellow moon-like flowers with a delicate and sweet scent at dusk
- Border Phlax (Paniculata 'Eventide') lilac, pink and white with a most evocative and arousing fragrance
- Sweet Rocket (Hesperis matronalis) tall lilac or white flowers which are alluring and highly perfumed.



If you think you do not have time to enter the comptition (see page 3), or perhaps you are just a glutton for punishment, we are pleased to offer our world-renowned (slight exaggeration but they all do it) Selsey Mementos, this month at the bargain price of only £1.00 - this includes the snow globes, mugs and genuine Olde English plastic shoe horn / backscratcher. (Yes, I know it is the same price as before, but if they were a bargain

then they must still be a bargain?)

If you are in the mood for purchasing any of these please contact the Selsev Life on 07534 364943 for further enquiries.



Note: Collection only. **Big discounts**

for large orders! (as if.



Our July meeting was our first Mini Fun Evening show in nearly 3 years. Well what a turn out we had not only people but entries. We had 9 classes which were, a picture of my garden, a bunch of sweet peas, a single rose, bunch of mixed flower, bunch of the same flowers, vegetables, fruit,











Cookscroft, Bookers Lane, Earnley, Chichester, Sussex PO20 7JG

Cookscroft is a garden for all seasons which delights the visitor. Started in 1988, it features cottage, woodland and Japanese style gardens, water features and borders of perennials with a particular emphasis on southern hemisphere plants. Unusual plants for the plantsman to enjoy, many grown from seed. The differing styles of the garden flow together making it easy to wander anywhere.

Cookcroft opens By Arrangement from Apr 2022 to Dec 2022 for groups of between 1 and 30. Please contact the garden owner to discuss your requirements and arrange a date for a group or bespoke visit. Admission is £5 (children free). Light refreshments are provided.



Mr & Mrs J Williams john@cookscroft.co.uk 01243 513671 http://www.cookscroft.co.uk





Open every Saturday 10-4pm

at The Bridge Support Centre behind Selsey Library, PO209EH

Contact Paul on 07815790770 for more information



a Selsey Community Garden for all to enjoy. Come and join us and meet other passionate gardeners, learn seasonal gardening ideas, swap seeds & plants and help grow fresh vegetables and flowers to take home.

gardening

Selsev Gardening Club

flowering pot plant, an unusual homegrown looking plant, flower or vegetable. Those attending on the night were given tokens and they chose the winning exhibit in each class, the entry with the most tokens was the winner. The criteria for voting was down to personal choice, so it could have been on

> You will see some of the entries and the group photo of winners. We are not holding our usual Friday meeting in August we are having an afternoon visit and tea out. We will return in September and look forward to seeing member and visitors again. Look out next month for details of our speaker.







Sennicotts West Broyle, Chichester, Sussex, PO18 9AJ

Historic gardens set around a Regency villa (not open) with views across mature Sussex parkland to the South Downs. Working walled kitchen and cutting garden. Lots of space for children and a warm welcome for all

Senicotts opens By

Arrangement from Jan 2022 to Dec 2022 for groups of between 20 and 30.Please contact the garden owner to discuss your requirements and arrange a date for a group or bespoke visit. Admission by donation Mr & Mrs James Rank ngs@sennicotts.com 07950 324181

http://www.sennicotts.com





August's Update

By the time you read this the Selsey Community Forum would have met for its AGM. There will be representatives from

partner organisations, including local businesses, medical practice, schools, churches and the local town council, as well as of course trustees, staff and volunteers at the event too.

When I look back to the occasion, I met the Chair of the Selsey Community Forum about 5 years ago, it was an opportunity for me to see what great work was going on in a relatively small community - quite an amazing network.

The forum was well established, and everyone played a part as a unique group of committed individuals. The operations side included the Good Morning Selsey calls and befriending work provided valuable activities for people living alone and feeling isolated. The Community Christmas Day Lunch run by Julie and Danny Kelly was literally the icing on the cake bringing people from the forum and volunteers together to provide a tasty Christmas lunch and gifts.

I was keen to enable the town to become a Dementia Friendly Community as part of the larger initiative run by Alzheimer's Society and met with the forum. That literally, took a life of its own and has now developed into Selsey Dementia Action Alliance. Many people now attend a range of services under that arm of the charity. I was able to be more involved in the charity as a volunteer operations lead, and later Deputy Chair. The speed at which the charity grew has amazed us, and the pandemic has subsequently had its part to play. As statutory agencies closed their doors, ours continued to respond to existing, developing and emerging needs.

As a comparatively small charity funding services are an ongoing challenge with the larger charities being offered large contracts and consequently accompanying funding.

We now look towards finding various ways to continue to fund all

the activities that take place whilst being mindful that the cost-ofliving crisis will impact everyone at every level. We are so grateful to those who provide their time and energy through volunteering, as well as friends that support our charity financially. The commitments and compassion shown are boundless.

During August, there will be some groups that will not be taking place as guests and volunteers have their own families visiting and holidays taking place, as well as re-charging their energies for the rest of the year! However, many of our groups and services will continue throughout August and this information will be on the Community Diary, and in the Selsey Community News. There will also be new groups running for different ages and needs - this includes Employment and Independent Living Workshops, as well as Hidden Garden Workshops.

Please check with the Selsey Care Shop if you are interested, as places would need to be booked.

Have a lovely August and make the most of the wonderful location we live in!

If you need further information about the work that the Selsey Community Forum is engaged with please, contact the Care Shop.

> Karen Pirks Volunteer Operations Lead and Deputy Chair of the Selsey Community Forum.

Selsey Community Forum Registered Charity 115646

Telephone: 01243 201616 Email: mail@selseycommunityforum.uk Website: www.selseycommunityforum.uk Address: Selsey Care Shop, 121 High Street, Selsey, PO20 0QB Opening Hours: Mon – Fri: 9am – 4pm Sat: 9am – 1pm Sun: 10am – 1pm

Forum Supporters, please pop in or check the website www.selseycommunityforum.uk

SELSEY WINE INTEREST GROUP (SWIG)

3.

A small group of Wine Tasting afficionadoes met on a balmy, warm summers evening on Wednesday 27 July in the pleasant surroundings of Seal Road's latest new wild garden.

We were reminded of the 3 important stages of wine tasting: i.e.

- Legs to test the alcohol content.
- 2. Nose - to detect the flavours of fruit and other aromas, and finally
- Tongue to sense the delights of the often hidden tastes. 3

With a sip of water to cleanse the palate between tastings in order 4. to ensure detection of those subtle flavours, and on the theme of 'Summer Wines', we enjoyed the following:

- 1. The wild hills towards Vila Real is the home of Mateus Rose (11%), "the original"- an old friend from Portugal, full of nostalgia, and very popular in the 1950s and 1960s, this classic is still a best seller, and demand so exceeds supply that the grapes now come from all over Portugal.
- 2. Our Riesling was a delicious 2019 12.5% Domaine Henri Ruppert from Luxembourg. Fragrant, fruity & dry; feather light and a touch spicy. From a Rhine Riesling grape, from the Moselle valley. As it does not age well, it should not be laid down in the cellar but drunk consistently early for full enjoyment. Luxembourg also produces lots of cheap

29) What does porcine mean? 30) How many islands are there in the Seychelles archipelago?

sparkling wine, generally to be avoided by the connoisseur!

Our 2020 Pouilly Fume (13%) is a Sauvignon based white wine from the Loire valley, grown in limestone and clay soils. Not to be confused with its more well known Pouilly Fuisse, this wine has smoky and flint aromas and will complement fish and white meat dishes, and is a good match for richer foods eg seafood, lobster, etc.

Our mystery New World red defeated everyone. It was an excellent and powerful example of the Pinotage, the signature wine of South Africa, now reproduced in many other countries like Brazil, California and New Zealand to name but a few. We heard the incredible story of its development in and around Stellenbosch from the seeds of the Pinot Noir and the Hermitage (Cinsaut) grapes.

Next month at a venue to be advised to Members towards the end of August, our theme will concentrate on an excellent selection of New World wines with a few pleasurable surprises from countries which might not yet be household names in the World of Wine.

New members please contact lunn.peter@gmail.co

31) Who took over from Jimmy Young on Radio 2? 32) Which female athelete won the first two London Marathons?



OOMPAH BANDS

LIVE ACTS

TWO WEEKENDS OF FUN AND GAMES

For more details, pop into Seal Bay Resort Reception or call: 01243 606080



or visit www.sealbayresort.co.uk/oktoberfest

23RD - 25TH SEPTEMBED

30TH SEPTEMBER - 2ND OCTOBER

STEIN GAMES

Seal Bay Resort

selsey golf club



June has been, yet again, a busy month for the Golf Club in all the Sections. The course continues to be in excellent condition and the

greens are really superb.

Only one mixed competition was played in June. The annual AM AM was played on 4th June. This competition is open to Club members and their friends or relations from other clubs. 64 players took part in teams of 4. Lunch was provided by the restaurant and a really good day was had by all who played. The competition was won by Junior players, Tom Ford, Lee Oscar and Reggie Lee from Selsey and Jack Hinshelwood from Bognor, with 120 points. The runnerups were Matt Hurst, Paul Carver and Barry Rishman from Selsey and Marc Hinshelwood from Chichester.

Juniors

As promised there is more news about the Juniors progress in the West Sussex League. At the beginning of June they won the third competition in this event and are now in the lead with 3 wins. At the time of writing the next round in this League will be played on 27th July at Ham Manor GC. Well done to the Juniors and good luck for the 27th.

They have continued to play their Tuesday night roll ups and on 14th June Bobby Lee was the winner with 22 points and Reggie Lee was the runner- up. A week later Bobby Friday 17th June was Lady Captain's Day. was the winner again with 22 points and on 28th he won again with 20 points. Tom Ford was the runner-up on both occasions. These have been 9 hole competitions but in the summer holidays there will be 18 hole competitions for the Juniors and these will be open to all Sections of the club.

Martin Kay the Club's Course Manager is looking to hold some more coaching session the first drive and a nearest the line with the for the Juniors

Ladies

The Ladies have played two away days this month. The first was at Ham Manor Golf Club where unfortunately the competition had to be cancelled after 9 holes due to thunder and lightning and torrential rain. The second was at Bognor Golf Club where two teams of three ladies played in the Bognor Open. The weather was much kinder on that day and the Selsey Ladies did their Club proud by one team coming second and the other coming fourth.

On 6th June the ladies played the Bronze and Rabbits trophies. The Bronze trophy is played for by ladies with handicaps 18 to 34 and the Rabbits is played for by ladies with handicaps of 35 and over. This competition is played as a medal which means that every shot is counted and the handicaps of each player are taken off their gross score. The Bronze was won by Trudy Hynes with a net 71 and Jaqui Towns came second with 71 but was just beaten on countback



and Barbara Winter also came in with a net 71 and again beaten in to third place on countback. Very close result for the Bronze Trophy. Gillian Chapman had the lowest gross score of 73

The Rabbits Trophy was won by Alison Weller with a nett 77 and also had the lowest gross score of 78. Sheila Watmore was the runner-up with a net score of 78. The 9 hole competition was won by Jillie Ranscombe with a net 38 and Kathy Croxford was runner-up with a net 43. Rosalie Parker also their favourite competitions, the scored a net 43 but beaten into third place on countback. A thoroughly enjoyable day of competitions.

The next competition to be played was the Margaret Bond Trophy, played on 13th June. This is a Stableford where once a player has reached the number of shots of their handicap they have to pick up the ball and must not play out the hole. Alison Weller was the winner of this magnificent silver bowl trophy with a brilliant score of 45 points. Gill Hill came second with 39 points. The 9 hole competition was won by Rita Green with 18 points and Carole Redman was second with 17 points.

Sheila Watmore the Lady Captain for this year had a lovely day, the weather was sunny and warm and not too much breeze. Refreshments were laid-on for the halfway stage a very welcome drink and snack (the writer of this wishes this could happen every those clothes? Gilly week!!). Following the competition which included two drives, two nearest the hole on first drive on the first hole, a superb lunch was the served in the Club House, the tables close result. (the photo shows Gilly dressed in damask pink looked absolutely amazing and all the ladies enjoyed their lunch of mixed salads with cheeses, meats,

salmon and pates accompanied by wine, followed by fruit cocktail and cream and coffee. Sheila then announced the winners of the competitions.

The Lady Captain's cup was presented to Kathy Croxford who scored 38 points, on countback narrowly beating Eddie Williamson who also

scored 38 points to take second place. Unfortunately nobody got on the green for the nearest the pin holes but the nearest the

line was won Mary Carpenter Just two ladies played 9 holes Jillie Ranscombe and Jackie Maizies. (the photo shows Kathy Croxford receiving the Lady Captains Cup)

On the 20th June the Ladies Club Championship was played. The Buxton\ Knight Championship was first played in 1937. The trophy was presented to the Ladies Club by Mrs Buxton Knight who had been Lady Captain the year before alongside her husband who was the Club Captain for that year. The competition is in two parts, there is a gross competition and a handicap competition. The gross competition which is the actual Championship was won by Gilly Chapman with a gross score of 101. Mary Carpenter won the handicap competition with a net 67 and Caroline Newton was second with a net 72. Therefore the Ladies Champion for 2022 is Gilly Chapman

On the 27th June the ladies played, one of Grandmother Trophy.

All the Grandmothers in the ladies section would like to win it this and competitive spirit is high.

The Trophy was first presented to the ladies Club by Meg Mearns to commemorate the birth of her first grandchild. Meg now resides in Scotland, but is always pleased to hear that her trophy is still being enjoyed. The competition has become a tradition now, and is always followed by tea and then the eagerly awaited announcement of the winner. This year it was Gilly Chapman who took home the

lovely bronze statue of a 1920's lady golfer, showing her long flowing skirt and long sleeve blouse and of course a hat. How did they play golf in all scored 34 points and Eddie Williamson came second with 33 points. Again a very

Chapman with the Grandmothers Cup)

APPEAL

Would anyone have a copy of the December 20/ January 21 Selsey Life they would be willing to part with?



Please let us know at selseylife@btinternet.com



awarded.

Selsey Golf Club Veterans Section had a major presentation day on

Wednesday 29th June, superbly organised and conducted by Kevin Fielder at which a good number of Trophies and Cups were

The Arthur Powis Cup was presented to Terry Varney by Eddie Williamson.



The Selsey 1st Responders Trophy was presented by their representative Jean



Marcus Whiting was the winner of the Jack Wildgoose Trophy.



Richard Melhuish picked up both the Eddie Maghie and Ted Shurman Trophies.







Beer, Rounders and Family Day

Sunday 7th August 2022

There is a Pay Bar in the Club House open all day until late, open to the public, offering cheap alcoholic and non alcoholic drinks, subject to any Covid regulations at the time.

We still welcome people and organisations who would like to put stalls or attractions on the field, we already have a few, but have spaces for more.

If you are interested, please contact us on info@selseycc.co.uk

So come along whether you are local, or visiting Selsey, everyone is welcome, and have a fantastic day out.

Further information about entering teams in this years event, can be had by emailing us at info@selseycc.co.uk or phoning the President John Reeve on 01243 604924

Every team will get a minimum of two games. Make up a team (7 persons) book a team or turn up on the day, or just come along to watch and enjoy the day.

Selsey Cricket Club is located at The Sir Patrick Moore Pavilion, Recreation Ground, High Street, Selsey, PO20 9BB, car parking in the Northern Co-Op behind the fire station, or at Selsey Medical Centre.

Dear Selsey Life,

In view of great success of British Lionesses getting to final on Sunday 31 July, now could be the time to show how far Selsey were ahead of the game, with these photos of Selsey Lassies against Selsey Laddies from 1971.

The plcture shows me being carried by RAY MARINER.

I had just got the ball and then realised just how far it was to dribble it to the goal at the other end - which is when he picked me up and threw me over his shoulder and took the ball away from me again.

The Labrador attacking him was my dog CANDY.

I would like to know if women's foorball has progressed through our Schools here in Selsey. Are they encouraging it now?

Marjorie Graham

33) What word can be a group of whales or a container for peas? 34) What did US anti-war demonstrators burn in the 1960's? 35) A cribo is what kind of creature? 36) What does Libidinous mean? 37) What profession was the 17th century poet Robert Herrick? 38) Which footballer was 2001 BBC Sports Personality of the year?

McCabe to Brian Rainer.







Selsey Cricket & Social Club's famous Beer Rounders and Family day will be on the Recreation Ground, on

Sunday August 7th 2022

We hope that people will share this event, to get as many people in our community to take part as teams or spectators.

It promises to be a fantastic day out for all the family, with lots of things to see and do, so come along and enjoy the fun.

Ground open from 10:30 matches start at 11:00 am.





Crablands Green Bowls results...

Tony Dade won a County Singles match to progress to the Area Finals. 3 games in the Game, Set and Match League Division 1:

16th June - Crablands Ladies Reds

travelled to Bognor and gained 2 points (38-41)

17th June - Crablands Ladies Greens travelled to Norfolk and also gained 2 points (32-35)

21st June - In the Game, Set and Match Ladies League Division 1, the Green Team lost on both rinks at home to Bognor (24-47) 0 points. The Red Team hosted Worthing Pavilion and suffered a similar fate (25-44) 0 points.

In the West Sussex Bowls League Division 2, Crablands Men played 2 games at home.

22nd June - The game against East Preston finished 73-85 (4 points to 6)

23rd June - Crablands Ladies played Southwick Park in the County Double Rink Competition (one rink at home and one away and won on both. Next opponents will be Henfield.

24TH June - In the Midhurst Cup, (2 triples at home and 2 away), Crablands played Stedham and progressed to the next round (82-53).

26th June - In the Brooks Motors League Division 2, Crablands hosted Bognor Reds and gained 2 points (29-37).

27th June - In the Game, Set and Match League Division 1, Crablands Reds hosted Norfolk Ladies and in an exceedingly close game gained 2 points (35-36).

28th June - Crablands Greens hosted Middleton and gained 4 points in a similarly close match (41-40).

30th June - In the Ladies' County Double Rink competition, Crablands progressed to the next round after overcoming Henfield 45-27

2nd/3rd July - The Club 2 wood singles competition was held over a weekend of great weather with exciting results: Finalists are Lesley Duff v Sheila Jones and Alan Blyth v Derek Clacey. Good luck all.

6th July - In the GS M League Division 1, Crablands Ladies (Red team) hosted Middleton Ladies and gained all 6 points: (51-21)

6th July - In the WSB League Division 2, Crablands Men travelled to Maltravers and won 8-2 (97-74):

In the County Double Rink, Crablands Ladies played Burgess Hill and won at home but sadly lost away so are out of the competition.

3 Friendly matches gave us 3 wins... 5th July - Arundel away (mixed)116-74.

8th July - East Preston Ladies home 42-27.

9th July - Fishbourne away (mixed) 82-53.

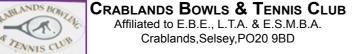
10th July - In the BM League Division 2, Crablands travelled to Pagham and gained all 6 points (39-28).

Interested in joining Green Bowls? Please contact Chris Lewendon Green Bowls Secretary via email chrisandlew@hotmail.com or call her on 01243 601859

Crablands Tennis Match Results...

Mens Team 6th July - Crablands v Arundel Home - Win to Crablands 3-1 Team: Carl Spencer, Andy Gilmour, Steve Hall, Michael Ackerman





Other

Crablands Bowls and Tennis Club have recently purchased a Defibrillator. We have had a couple of training demonstrations on how to use a Defibrillator courtesy of Selsey Community First Responders.





And Kubb continues to be a popular Friday evening activity - anyone is welcome - it's guaranteed to bring a smile to your face.



For Crablands Tennis details please contact either patsy.malta57@hotmail.co.uk or chris.webdale@hotmail.co.uk

Crablands Bowls & Tennis Club joint website is crablandsbtc.co.uk

Crablands Short Mat.. Fancy trying Short Mat Bowls?

Come along to our taster session (tea/coffee & cake!!) Saturday 20th August anytime between 10am & 2pm, all you need is smooth flat shoes

Turn up on the day or contact Julia (Short Mat Secretary) for further information either ring on 07770880702 or email julia.mclaren@outlook.com

Or Alex Ainge Short Mat Fixture Secretary via email alex.ainge@btinternet.com or call her on 01243 605918.



Crablands address is Crablands. Selsey PO20 9BD

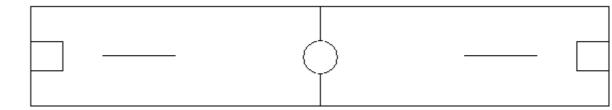


Carpet Bowls

Selsey Carpet Bowls Club has been running for over 30 years. We meet in the hall at Medmerry Primary School. Our membership has dropped a little over the past few years and so we always welcome new members, especially those who have never played carpet bowls before. We will be holding open sessions with members giving demonstrations on Thursday 11th August between 7pm and 8pm and Sunday 14th August 10am to 11am. If you miss this or simply can't wait, come along to one of our regular sessions (see below) and give it a try.

Carpet bowls is a game of skill. It requires less physical effort than normal outdoor or indoor bowling (the one that has recently been on television) which use full size bowls and have larger playing areas. Carpet bowls are smaller (around 4 inches in diameter) but still have a bias

The main aim of the game is to roll your bowls (we call them "woods") closer to the "jack" (a smaller white ball) than your opponents. The game is played on a portable mat measuring approximately 30 feet long by 6 feet wide. In the middle there's a centre block. Woods are rolled from one end of the mat and have to avoid the centre block to get to the jack at the other end. Each wood is heavier on one side than the other, which causes it to curve as it travels down the mat (the bias) - that adds to the skill, and to the fun!



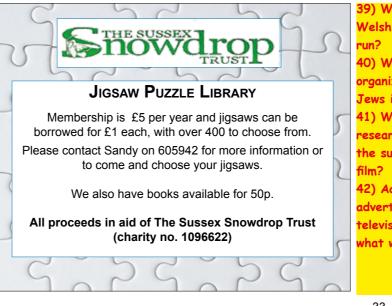
Some people just play on a social basis, and others graduate to league matches with local clubs as well as the "in-house" competitions and leagues. Some of our more talented members have even taken part in competitions around the country reaching quarter, semi and even finals. So whether you just want to come along and meet new friends and play on a social basis or play more seriously, it is up to vou

You don't need a playing partner - just come by yourself and you will be given a warm welcome! - your first 3 sessions are free!! All the equipment is provided: the only items you need are a pair of soft soled shoes such as trainers. After three sessions, if you decide to continue, there is an initial joining fee of £10, the annual subscription is £10 and each session you play costs £2 to cover the cost of the hall.

We play at: Medmerry Primary School (entrance in School Lane opposite the library) Sessions: Sunday 10.00 to 11.30 Wednesday and Thursdays 19.00 to 20.30 Contact: Annette on 606227 or Karen on 607169 Email: info@selseycarpetbowls.co.uk

Website: www.selsevcarpetbowls.co.uk

We look forward to seeing you.















9) Where is the Velsh Grand National

40) What were the organized killings of Jews in Russia called? 41) Which US sex research scientist was the subject of a 2004

42) According to the adverts which ran on television from 1966 vhat was 'Happiness'





THE CAT & RABBIT RESCUE CENTRE Tel: 01243 967111 Reg. Charity no. 1010000 Email: info@crrc.co.uk www.crrc.co.uk



Hello everybody! It's me Markus the office cat bringing you all the latest news from The Cat and Rabbit Rescue

Last month I told you about our pet of the month the guinea pig Melon. This month, I am really happy to let you know Melon has now found his forever home with a guinea pig friend for company.

Currently at The Centre we are full on

all animals and we do have a waiting list of animals to come in. I know it can be hard for people when they need to rehome animals but have to be put on a waiting list. However, my staff really appreciate everyone who is waiting patiently as we try our best to help everyone we can.

Unfortunately, last month we had a beautiful female cat left outside The Centre in her carrier with only a note to tell us her name. It was quite early when she was dropped off and luckily our caretaker saw her being left and although they were unable to catch up to the owner they were at least able to take her somewhere safe until the animal care team arrived. Thankfully, they were there to take her in otherwise she could have been left in her carrier for a few hours. Although it doesn't happen very often it is very sad to see when animals are left here as my staff have a rehoming process designed for the animals welfare and by leaving her here she skipped past other people waiting.

We did manage to find a space for this sweet female cat and she is now settling in well at The Centre, although she is a little nervous I hope by the time you read this she will have found her forever home. We don't know why her owner felt so desperate that they had to leave her here but my staff urge all owners to rehome their animals responsibly.

Lovely to chat to you all again, see you next month. Love Markus x

P.S. Please check our website www.crrc.co.uk to see how we are now rehoming and for the animals available for adoption.



des **THE CAT & RABBIT RESCUE CENTRE**

Have you visited the Cat & Rabbit Rescue Centre Charity Shop at 9 The Parade, Selsey?

It is full of fantastic bric-a-brac, including antiques, pictures, jewellery, as well as clothes for every occasion, beautiful bedding, curtains, craft items, and good quality furniture.

If you have time to spare, why not become a volunteer, just visit Bev or Katy in the shop.

PLEASE NOTE LAST DATE FOR SUBMISSIONS FOR ENTRY INTO NEXT SELSEY LIFE IS 16TH AUGUST

Tibs

This month we would love to introduce you to a very gorgeous cat called Tibs. Tibs is an 8 year old male silver Bengal who originally arrived at The Centre back in November 2021 after his owner could no longer afford to look after him. He was rehomed with his brother but unfortunately, he escaped the home soon after arriving. He came back to the home after 10 days of being missing but for some reason he was no longer getting on with his brother and they were fighting. He has now been back at The Centre since May and is looking to find his forever home soon. Tibs is a very sweet boy but he can be quite

nervous and will hide away to make himself feel safer. However, once you spend time with him he will come out of his shell and enjoy his strokes and attention. Tibs is looking to find a new guiet home with patient owners who will let him settle in his own time. He also like to explore outside so would need to live in a quiet area away from any busy roads. Tibs would like to be the only pet in the home and he cannot live with young children. If you think you may be able to offer Tibs a loving home please give the centre a call on 01243 967111 or visit our website www.crrc.co.uk.



THE CAT & RABBIT RESCUE CENTRE Holborow Lodge, Chalder Lane, Sidlesham, W. Sussex PO20 7RJ Tel: 01243 967111 Reg. Charity no. 1010000 Email: info@crrc.co.uk www.crrc.co.uk

Also find us on facebook www.facebook.com/catandrabbitrescuecentre

August

14th!

Support The Cat & **Rabbit Rescue Centre's** Summer Favre

With Your Donations!

We're Looking for Your

Donations of:

- Clothes, Bags & Accessories
- Toys, Games & Soft Toys
- Books, CDs & DVDs
- Unused Toiletries
- · Unopened Bottles of All Sorts (from alcoholic drinks to shampoo)
- Miscellaneous Bric-a-Brac
- Cat. Rabbit & Guinea Pig Themed Goods
- Gifts & New Goods

Please bring your donations for our Summer Fayre to The Cat & Rabbit Rescue Centre in Sidlesham, PO20 7RJ before August 14th!

Since our small beginnings in 1986, with your support, we've been able to help over 35,000 cats, rabbits and guinea pigs and rehome around 1,000 animals every year



animal welfare

Warming up for wildlife

During the recent hot spells of weather, we received a huge volume of calls for advice and/or treatment for sick, injured and orphaned birds and mammals. Sometimes entire families and often multiple species coming in on the same day. Fresh food and

water should always be provided to help late feeding mums or young babies survive in the wild, especially during warmer weather. Wildlife can perish guickly if they are dehydrated, malnourished, or exhausted so providing food and water can be a welcome relief and could make all the difference to their survival.



The first batch of our swifts, swallows and house martins are recovering well. Our new species specific outside enclosures are now filling up, as many of the recovering migratory birds move out from the hospital and onto the next phase of their rehabilitation. The new enclosures have been designed to closely replicate

the natural nesting and enrichment behaviours these special birds would experience in their natural habitats. Once they are considered fit and healthy, they will be released to begin their long journey towards Africa.

The ongoing enforced Avian Influenza (bird flu) restrictions means we are still unable to admit all bird species considered to be high risk, such as gulls or waterfowl. If you find a bird or any wildlife casualty, please always call our hospital team for advice before arriving onsite. 01243 641672

With the number of wildlife casualties rising each week we are in need of essential supplies. If you can help by donating puppy pads, washing up liquid, washing powder or heavy duty bin liners, we would be very grateful. Items can be dropped at our hospital site or delivered to Brent Lodge Wildlife Hospital, Cow Lane, Sidlesham, PO20 7LN.

To make a £5 instant donation to help wildlife in our care please text BLWH5 to 70085. You will be charged £5 plus your standard network rate message. Please visit www.brentlodge.org to donate or for wildlife advice or charity updates. Thank you.

TAKE THAT

NO. I BRITISH TAKE THAT TRIBUTE BAND



RULE THE WORLD CONCERT SATURDAY 6[™] AUGUST THE SELSEY CENTRE 7.00PM.

TICKETS £15 FROM RAYCRAFTS, TASOULLA'S HAIRDRESSER

OR RING MICK ON 01243 602623. PAY BAR AVAILABLE Fundraising Event For St. Peter's Church Registered Charity No.1134816

34

Walk The Selsey Tram Way on Saturday 27th August

Saturday 27th August will be the 125th anniversary of the first train to run from Chichester to Selsey. The line had taken only three months to build at a cost of £21,000. It was called the Tramway to avoid rules and regulations governing railways!

The Selsey Tramway operated until 1935 when a combination of its own unreliability and competition from the Southdown Bus Company brought about its closure.

During the past year a walking leaflet quide has been updated and new signage has been attached to WSCC footpath posts. The signs display a link to a webpage to access a copy of the walking trail guide and an interactive map for use on mobile phones as well as additional information about the history of the 'Selsey Tramway'.

www.mwhg.org.uk/tramway

Information boards are being erected at points of interest along the route, including the 11 stations. Volunteers from the Manhood Wildlife and Heritage Group have cleared undergrowth to reveal two artefacts at the Lifting Bridge across the canal in Hunston and the platform at Chalder Station.

The actual Tramway was 7.5 miles long, but it is not possible to walk its exact route. The total length of the heritage trail may sound a bit daunting at 11.8 miles, but it can be walked in

sections using the No 51 bus with stops in Hunston, at The Anchor in Sidlesham and at the RSPB Pagham Harbour Visitor Centre. The walking route passes by or near the location of all 11 stations along the route.

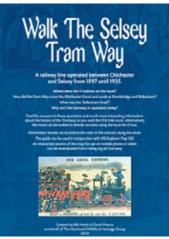
The leaflet and signage guide the walker from Chichester to Selsey. The interactive map also enables the route to be followed northwards, from Selsey to Chichester.

If you would like to join the walk on 27th August and hear about the history of The Selsey Tramway meet at Chichester Station car park (south side) at 10.30am to walk to the Anchor Inn in Sidlesham (5.4 miles) and/or meet at The Anchor Inn in Sidlesham at 2.00pm to walk to East Beach car park in Selsey (6.4 miles).

To register your interest for the walk in August or for further information about the 'Walk The Selsey Tram Way' project please contact Dr Bill Martin billm89@hotmail.com



Quiz Answers from page 6 1 Gatwick Airport 2 Uppark 3 Fontwell 4 Steyning 5 Hickstead 6 St Richard's, Cawley Road Chichester. 7 Halnaker 8 Cross Bush 9 Worthing 10 Parham House 11 Lyminster 12 Pease Pottage 13 Burpham 14 Arun 15 Westdean House 16 Lancing 17 Amberley 18 Warnham 19 Norfolk Bridge 20 Storrington



churches



Formerly East Beach Evangelical Church

Unbelievably, August is now upon us, the schools have broken up for their summer holidays and some are taking well-earned breaks.

We are fortunate, that living in Selsey we are in a fantastic location with the sea and countryside on our doorsteps so all is not lost if we cannot get away.

The Bible does teach us that rest and taking time out is important. God set this out at the very beginning in creation week. The first book of the Bible (Genesis) tells us how God created for six days; then He rested, not because He was tired but to set the standard for mankind to follow. One of the Ten Commandments (Exodus 20) reminds us again of the importance off a rest day. Time to re-charge, sleep and perhaps time aside from work and the busyness of life allows us to reflect and evaluate our priorities, our family time, our community involvement etc. God desires this rest time for us because it does not come naturally to many of us.

As Christians, to rest, we must trust that God will take care of things for us. We must trust that, if we take a day off, the world will not stop turning on its axis and things will still get done! This is hard, very hard, for a lot of us! Out the other side of it though, we will be better placed to deal with whatever life has in store for us and the season ahead. For the Christian. the ultimate rest we find is in Christ. He invites all who are "weary and burdened" to come to Him and cast our cares on Him (Matthew 11:28; 1 Peter 5:7). It is only in Christ that we find our complete rest-from the cares of the world, from the sorrows and losses that plague us, from the financial and relationship challenges, etc. He knows all you are going through and is waiting for you to share your burdens and heart with Him that He may share the load you are carrying. Reach out to Him – even if you have never prayed before, try it. You have nothing at all to lose, and He is waiting to hear from you.

However you spend your August, do try and have some time to yourself, and enjoy all our wonderful Selsey has to offer.



ARTS COUNCIL

3

Regular Weekly Church Events

Below are our regular activities and services together with the specials for the month.

Sunday	10.00am	URSI	MORNING WORSHIP (1 st Sunday of month, family style service)
Tuesday	2.00pm - 3.00pm	UKHARVEST	Pop-up Pantry at church building
Wednesday	2.00pm - 3.30pm	0	Tea and Chat at the church building Re-starts 7 th Sept
Friday	10.00am	Supperpris	Sunbeams for pre-school children and carers Term-time only
Friday	5.00pm	Bright Sparks	Bright Sparks for school Yrs R to 4 Term-time only
Friday	6.15pm	Litter a works	Lighthouse for school Yrs 5+ Term-time only

August Diary

- Sat 6th 9am Men's Breakfast at the Boulevard
- Sun 7th 10am All-age Worship
- 3pm ResBite Tea Sat 13th 2pm - 5pm RNLI Week Afternoon Tea
- Sun 28th 5pm Spotlight on 'Church Membership'

September Diary

- Sat 3rd 9am Men's breakfast at the Boulevard
- $Sun \ 4^{th} \quad 10 am \ All-age \ Worship$
 - 5pm Songs of Praise

At Beacon Church Selsey, we are a group of ordinary people who believe that church is a great place to make friends and experience God together. We are a family who believe that church should not only be a great time, but also a place where lives are radically transformed. We value being a part of the Selsey Community and of the many community activities and support groups.

You can always be sure of a warm welcome, friendly faces, Bible teaching, and even a cup of tea. If you have not been here before, why not give us a try - we would love to meet you.



Marisfield Place, Selsey, West Sussex PO20 0PD *T*: 07521 609730 *E*: office@beaconchurchselsey.org.uk *W*: beaconchurchselsey.org.uk

SELSEY METHODIST CHURCH

For enquiries about hiring the hall please email <u>d.dixon808@btinternet.com</u>

Selsey Lifeboat Week

Service of Praise & Thanksgiving

To be held at: Selsey Lifeboat Station; Kingsway Selsey; PO20 0DL

Sunday 7th August 2022 at 6:30

Service conducted by Canon Tom Treherne of The Catholic Parish of Our Lady and the Saints of Sussex Selsey Community Choir accompanied by Chichester City Band

> Musical Director – Robert Ainsworth ALL ARE WELCOME

Lifeboats The RNLI is the charity

The Catholic Church of Our Lady of Mount Carmel and St Wilfrid, Selsey



Masses held on weekdays at 10am, Saturdays at 5pm & Sundays at 10am

12 Church Road, Selsey, PO20 0LS (Plenty of parking available)

For more details go to: www.saintsofsussex.com



Part of the Parish of Our Lady and the Saints of Sussex (with the churches of the Witterings, Chichester and Bosham)

SELSEY METHODIST CHURCH SERVICES

Sunday 7th August 10.30 am Mrs Wendy Corney Sunday 14th August 10.30 am Dr Mike Nicholls Sunday 21st August 10.30am Revd John Scrivens *Holy Communion* Sunday 28th August 10.30 am Mrs Margaret Thompson *Tea for those living alone* Our Pastor is Mr Tim Cooper 07920 567764 churches





ST PETER'S CHURCH

Weekly Services held at the Parish Church of St. Peter's, Selsey Rector: Fr Andy Wilkes Tel: 01243 601984 Email: rector.selsey@gmail.com

The church is open daily for prayer and visits.

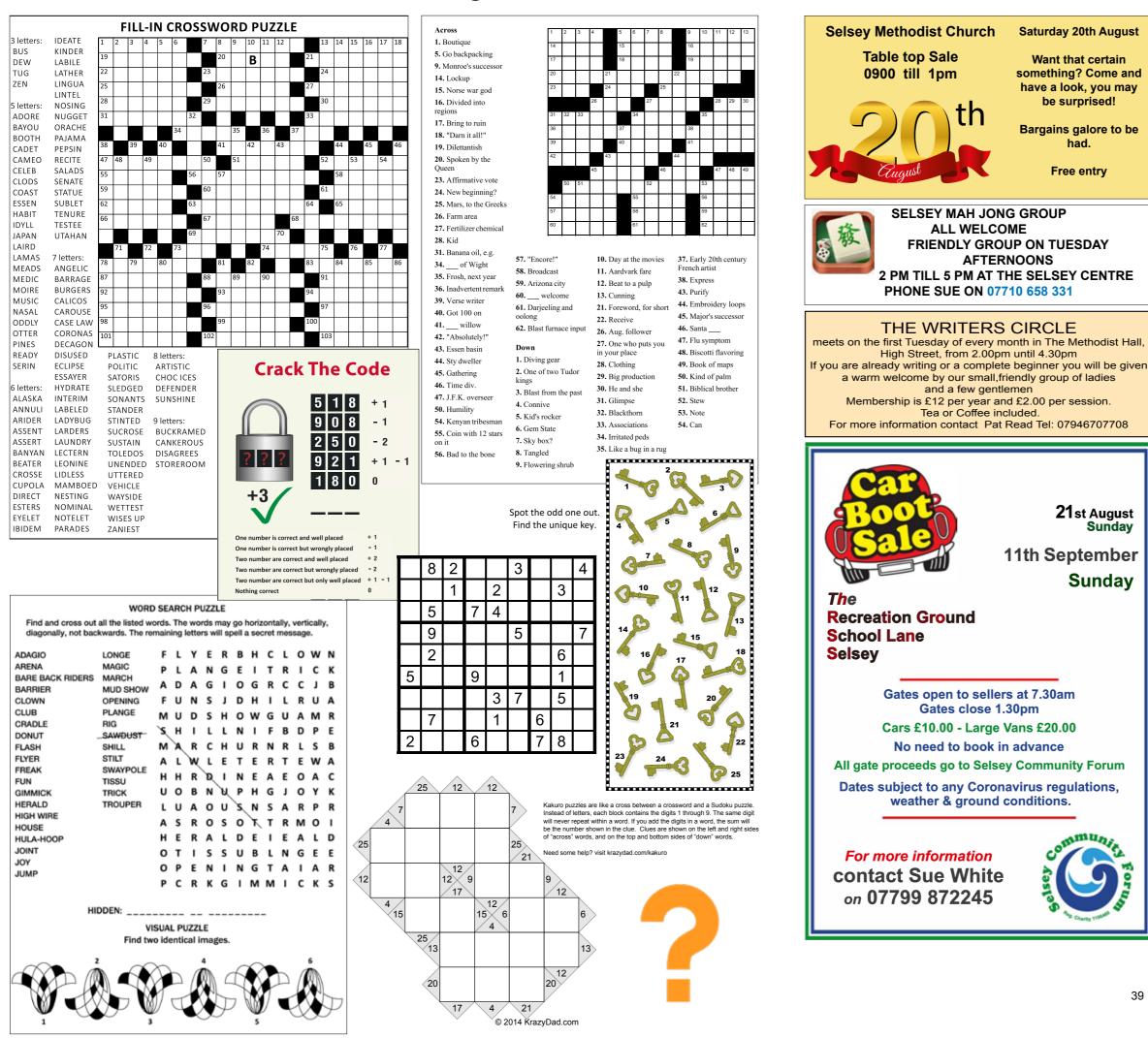
Tuesday	9.30 am	Holy Communion
Wednesday	9.30 am	Holy Communion
Thursday	7.00 pm	Holy Communion
Sunday	8.00 am	Holy Communion (Book of Common Prayer)
Sunday	10.00 am	Parish Sung Eucharist

Please check our noticeboard and website for service times

All are welcome to attend, we look forward to seeing you.

Our Church Halls with Kitchen and Car Park are available to hire for your meetings and celebrations please contact our Hall Manager Sue Ripley on 01243 948501 or stpetershallbookings@outlook.com

Steve's Puzzle Page



SELSEY CANCER RELIEF FUND DATES TO REMEMBER Methodist Church Hall 10am

Saturday August 6th Jumble Sale 10am Saturday September 3rd Jumble Sale 10am Saturday October 1st Jumble Sale 10am There is ample parking behind the Fire Station.



Selsev Model Boat Club

The Club meets twice a week at the pond on East Beach, weather permitting, when members sail their radio controlled boats Times: 10.00am until noon on Sundays and Wednesdays

The first Sunday of each month is Race Day New members welcome or just pop along to have a look and a chat contact Richard on 07798786076

Selsey Bridge Club All welcome Friendly group of mixed ability Thursday afternoons 2pm - 5pm Selsey Centre Manor Road call Graham or Christine 01243 602612 for information

SELSEY CANASTA GROUP ALL WELCOME FRIENDLY GROUP ON WEDNESDAY AFTERNOONS 2 PM TILL 5PM AT THE SELSEY CENTRE PHONE PAMELA ON 01243 604720

Visually Impaired Club

Meets on 2nd and 4th Tuesdays of each month

2-4 PM

Hanover Close

Details from Judy on 01243 606995



Selsey Men in Sheds

A non-profit making organisation Open Tuesday & Thursday 10 - 4 Saturdays 10 - 2

Membership £10.00 per month or £100 per year Complete your own wood / metal projects or be involved in group activities

> If you are interested in joining contact Mick Webb 07939 880029 email m.c.webb46@gmail.com

1ST SELSEY SCOUTS Charity Shop Scout HQ, School Lane ~ every Saturday between 10 am -12 noon Bric-a-brac ~ Clothes ~ Et al

7TH OCTOBER - 1ST NOVEMBER

'The Nightmare Project'

An Interactive Haunting Experience

Pumpkin Carving

Fancy Dress

Halloween Menu

Live Entertainment

Get your **SPOOKY FIX** this Autumn

For more details, pop into Seal Bay Resort Reception or call: 01243 606080



or visit: www.sealbayresort.co.uk/scream-bay