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Community Magazine

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JULY 2019
ISSUE NO. 246

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Editorial

Welcome to July's issue of the Selsey Life magazine.

We are still receiving queries about why the magazine is no longer free. As we have said, the printing costs used to be offset against the advertising, but unfortunately the advertising has decreased and no longer covers the cost of the printing. This is why we value our advertisers, and urge you to use them whenever you can. Again we would confirm that since we have taken on the magazine we have not taken any money out - all monies have been used to keep the magazine going. On a similar note, we know that many of you are paying the 50p, in many instances probably more, and again, **thank you**, but we do know that not everyone reading the magazine pays for it. To you we will say that if you cannot be bothered to pay, please do not complain if we cease publishing the magazine.

Congratulations to the winners of last month's competition for Circus tickets: Mrs. B Harman, Anne Jones, Martha Neave, Christina Lambe and Mick Challen, and also thanks to Dawn of Village Flowers for drawing the winners. This month we have a family pass to the Regis centre to see Bobby Davro - see inside.

With the success of last month's Open Gardens, we wondered if anybody would like to feature their garden in the Selsey Life - is there anything you are really proud of, perhaps? Send us in some photos and some writing and we will do our best to publish them, space permitting.

This month we welcome the Concorde Social Club, an ideal meeting place for over 50's wanting to make new friends.

Good luck with this month's competition, and we hope you enjoy reading the magazine. As usual we are happy to receive submissions and comments.

Lloyd Bank sort code 30-98-97, account number 43314960

Congratulations to Barbara from Little Spain for spotting last month's mistake regarding the last date for submissions - we are glad you, our readers, are remaining vigilant. We only do this in our spare time, it is not a business, so errors do creep in and we like to be updated with those we miss.

Our 5% offer for anybody who get's us new advertisers still stands.
Enjoy July.

GET A LIFE!

Three cheers for the Selsey Life for getting to grips with its strife in this internet age the electronic page speaks loud to the world and his wife

We've witnessed such stand off before when CD's showed vinyl the door now the old paper page must vacate centre stage cos they've Email and text to adore

Yet when vinyl came back from the grave its rebirth new impetus gave like the physical book which for granted we took both rode the crest of a wave

Selsey Life is an institution with a never say die constitution in this sterile world see true substance unfurled and embrace the keen revolution

JOHN BYRNE JUNE 2019

Just when I thought I had received all for this financial year I got a cheque for £50 from Selsey RNLI and £18.50 from the Sussex Police for their Poppy Wreaths bringing the total to a whopping

£11,361.78

What a great year! There can't be any more - can there?

Best wishes

Adrian Wilson
PAO Selsey



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Sponsored Bounce

At the end of May, children across Medmerry School took part in a sponsored bounce to raise money for the school's planned 'outdoor classroom'. Every class took turns on the bouncy castle to bounce as many bounces as they could in one minute. The event, organised by the Friends of Medmerry, was supported by Bounceabout who provided the bouncy castle. In the end, the sponsored bounce raised over £2000 for the outdoor classroom.

Butser Farm

Pupils in Years 5 and 6 have been studying the Anglo-Saxons as part of their history lessons, and so in late May they visited Butser Ancient Farm near Waterlooville in Hampshire. They learnt how to carve chalk with a flint and saw replicas of houses that people had lived in in the past. They also had an opportunity to become architects and dig up artefacts to find out about how archaeologists work. It was a great day out.

Medmerry vs Portfield

In early June Medmerry's football team met Portfield School in a match including players from Year 4, 5 and 6. In an exciting game, by half time the score was 3-all. However, in the second half, Medmerry scored another two goals in fifteen minutes, meaning the final score was 5-3 to Medmerry.

Sports Days

On Friday 21st June, in a rare sunny spell between the rainy and stormy days, Medmerry School held its sports days. Children all took part in events including discus, javelin and sprint races, as well as some traditional sack races, to earn points for their house teams. The junior event in the morning saw Lapwing house come out on top, but in the afternoon it was all change as the infants competed in their events, with Curlew house the final winner for the infants.



Junior Sports



Infant Sports

Selsey Family Funfair. 12th -27th Aug



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- 1) In which century was Jane Austen born?
- 2) With which novel did Aravind Adiga win the 2008 Booker Prize?
- 3) In author J K Rowling, what do the initials stand for?
- 4) Which of his ears did Vincent Van Gogh



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St. Peter's Church News

ST. PETER'S SPRING FAIR

We would like to say a very big Thank You to everybody who came to support our Fair.

What a lovely day it turned out to be, not too hot, gentle breeze, plenty of goodwill and enjoyment for the whole afternoon. Music provided by 'Cliff as If' was a mixture for all tastes, games, sales, raffle, food and entertainment-what more could we ask for.

We cannot list all our donors of prizes, sponsors of stalls or cash as many prefer to remain anonymous, but they include Den's Fish, EHS Hair & Beauty, Enticotts, Downland Vets, Pet's Pantry and the Venture Club, plus all those who accepted our posters and Selsey Life for running our advert at very short notice. The day was most enjoyable and we might just do it again next year!!

In the meantime please make a note of our next big event – ABBA Tribute Concert evening to be held at the Selsey Centre on Saturday 10th August. Tickets will be on sale nearer the time at £12 each, table nibbles plus pay bar. Watch out for the advert further inside this magazine.

Margaret Everest-Treasurer

MAZEGARDEN OPEN DAY

Sunday 4th August 2019
68 Street End Lane, Sidlesham
PO20 7RG
10am – 5pm
FOR ONE DAY ONLY



The hedge Maze is open for the 17th time in aid of Perennial – Gardeners' Royal Benevolent Society.

We are pleased to invite you to visit our garden to help raise funds for Perennial in this 180th anniversary year of the founding of the only charity in the UK specifically helping horticultural people in need of help and advice when they have a crisis.

Attending on the day will be Lee Connelly (Skinny Jean Gardener of the Blue Peter fame) who will be broadcasting a podcast direct from Mazegarden. Children love to help him plant seeds and play games so please bring your youngsters along for a fun time.

We will also have our usual mix of craft stalls, books, Chindi Authors are making a return after a successful visit last year. Caroline's Dairy Ice Cream, tea/coffee and cake will be available in the marquees along with hundreds of plants for sale at bargain prices. The garden has many shady spots if it is too hot, garden games and croquet on the lawns. We hope you will come along and support our exhibitors.



Adults entrance fee still only **THREE POUNDS** each and children aged 15 and under are **FREE**.

Please make a note in your diary and come along for a fun day in the garden.

If anyone would like to come along as a volunteer, we would be very grateful for your help (light lunch supplied)

For further information please email: richard@mazegarden.co.uk or telephone 01243 641451 (answerphone) or visit our website www.mazegarden.co.uk

Life is all about how you look at it - for the fresh lobsters in the kitchen the sinking of the Titanic was a miracle.

National bathing water enhancement scheme rolled out in Selsey



Residents and visitors in Selsey will soon be visited by a shoal of printed yellow fish, as Chichester District Council introduces a national scheme to help improve bathing water in the area.

The Yellow Fish project is a national campaign created by the Environment Agency, which involves stenciling a yellow fish symbol beside drains to raise awareness of the importance of keeping the country's bathing waters clean.

This bathing season, Chichester District Council will be bringing the Yellow Fish project to Selsey. Yellow fish symbols will be stencilled on kerbsides near drains using environmentally friendly paint. The yellow fish aim to remind people that any waste entering the drains may go directly to the nearest watercourse or beach, causing pollution and harming wildlife.

"We are delighted to be introducing this important project to Selsey," says Councillor Penny Plant, Cabinet Member for the Environment and Chichester Contract Services at Chichester District Council. "Many people don't realise that when they pour fat, oils or other waste down their drains or road gullies, this negatively affects our bathing water and wildlife. Campaigns like Yellow Fish really help to engage the community and make a positive impact on our local environment.

"Bathing water at Selsey achieved 'Excellent' status by the Department for Environment, Food and Rural Affairs (Defra) for the 2019 bathing season and it is important to us that work continues to ensure this status is retained."

To find out more about the Yellow Fish Project, visit www.chichester.gov.uk/pollutioncontrolwaterquality

You may remember in the March issue we asked for the most exotic or far-away places the Selsey Life is read - here is our first entry:



"Here I am reading Selsey Life on the roof of The Palace Hotel, Sliema in Malta.

My family all really enjoy Selsey Life especially the quiz and the history articles. It is also very good now that St.Peter's Parish Magazine has ceased publication as it gives local societies and groups somewhere else to advertise events etc.

Thanks for all you do

Best wishes

Deirdre Hoggarth

So, the gauntlet has been cast. Can you do better? We would love to hear from you.



TIME TO PRAISE YOUNG PEOPLE

Do you know young people who truly care for their environment?

The Eileen Savill Award 2019

Has there ever been a better time to praise young people? All around the world they are taking a stand to ensure their future, and that of the planet, by demanding action on climate change and biodiversity loss.

The Manhood Wildlife and Heritage Group [MWHG] is again seeking nominations for the Eileen Savill Award. This is an annual award for young people, under 25 years of age, who contribute to the conservation or celebration of the landscape, wildlife or heritage of the Manhood Peninsula, or help others learn about this special place.

The award is open to individuals or groups who have shown enthusiasm and commitment in one or more of these areas:

- Practical conservation work
- Learning about the wildlife and/or heritage of the area
- Celebrating it through art, photography, writing etc
- Campaigning on environmental issues that affect the area

Those nominated do not have to live on the Manhood Peninsula but their activities must relate to it.

Examples of actions meriting nomination could include:

- Setting up a wildlife garden
- Organising or taking part in an environmental campaign
- Tackling plastic pollution
- Working for a Green Group or Gardening Club in school
- Taking part in survey work
- Regular volunteering for an environmental or heritage group
- Keeping a nature diary or records of sightings
- Helping to clean up an area
- A research project
- Helping others to understand more about their local heritage or wildlife

- Leading practical conservation tasks
- Writing, art or photography inspired by local landscapes, wildlife or heritage

We welcome nominations for individuals, family groups, children/students at school, college or university, cubs, scouts, brownies, guides, members of other youth groups as well as members of conservation or history/heritage groups. Previous nominees may be nominated again.

The winner of the award will receive a locally hand-crafted trophy and a prize chosen to support the winner's activities. The presentation will take place in the autumn.

Eileen Savill lived in Selsey for almost 50 years and devoted her life to encouraging young people by teaching for 23 years at Manhood School [now The Academy, Selsey]. She always saw the potential in young people and nurtured it, even when others had written certain young people off. She was a founder member of the MWHG and contributed artwork and photographs to many of the group's publications. Eileen loved the area and was passionate about preserving and celebrating its heritage. She was also an active volunteer in many of Selsey's groups, including the RNLI and Camera Club. She spent her life giving.

Do you know a budding Greta Thunberg or someone with a similar passion for preserving our green planet?

Nomination forms can be downloaded from the MWHG website: www.mwhg.org.uk/eileen-savill-award-2019

Please send your nominations in via our website: www.mwhg.org.uk/eileen-savill-award-2019

Or send your completed nomination form to Joe Savill, 28 Vincent Road, Selsey, West Sussex. PO20 9DQ

Deadline for entries is Wednesday 31st July 2019

Contact details required for this competition are used solely to carry out administrative duties for the "Eileen Savill Award 2018" and will only be held for as long as necessary to provide this service. You may well be contacted for further details if the person/group you nominated is shortlisted for the award.

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LIVE AT THE REGIS

After the huge success last year with Joe Pasquale, Live at the Regis will return to the Regis Centre this summer from 21 to 25 August. This year the headliner is legendary entertainer Bobby Davro, with support from ventriloquist Max Fulham and vocalists Riley Clark and Kate Richards. With comedy, stunning vocals and breath-taking dance numbers, this year's show is certain to be a highlight of the summer season.

Versatility is key to Bobby Davro's longevity as a high-profile entertainer. Be it in television, pantomime, festivals or musicals, Bobby is one of the most versatile and experienced celebrity comedians. Laughs will be guaranteed!

This year back by popular demand will be Max Fulham. After the success of last year's variety performance, we are excited to see what he has in store for us this year.

In a show that harks back to the glory days of summer at the seaside, this top-class variety performance will showcase the best in professional and local talent. Tickets can be booked via the Regis Centre Box Office on [01243 861010](tel:01243861010) or online at www.regiscentre.co.uk, where the venues full programme of events can be found.

This month we are pleased to be able to offer a family voucher for four to see this show, generously supplied by the Regis Centre. To be in with a chance of winning this prize, simply look for the seagull hidden somewhere in this magazine, complete the coupon below, and post the coupon in either of the two boxes at Pretty's Newsagent, 4 Orchard Parade, Selsey, or Village Flowers, 128 High Street, Selsey. The draw will take place on Thursday 25th July mid-day. Entry by coupon only, no copies accepted.

Good Luck, and a big Thank You to the Regis Centre for their generous prize. **Remember**, even if you do not win the competition you can still book your tickets to see this entertaining show.



RECORD SWIMS FOR OASIS MEMBER IN SWANSEA

Tony Hayward who trains five days a week at the Oasis Pool was at the British Senior Masters Championships in Swansea.

Tony won Bronze in the 100 metres 75+ breaststroke and Silver in the 80+ mixed medley 4x50 metres relay. Gold came in the 75+ 4x50 metres mens' freestyle relay.

The final race was the 4x100 metres 80+ mixed freestyle relay attacking a British record of 9 mins 20 secs. The team won Gold with a fantastic swim of 7 mins 57 secs. This was also a European record.

Tony has swum for the Spencer Swim Team for over 40 years and they were awarded the National Trophy as the most successful club at the event.

Any person interested in gaining tips from Tony will find him at the Oasis Monday to Friday evenings.

**What do you call a bear with no teeth?
A Gummy Bear.**

Kingley Vale

Looking up I cannot fail
to be amazed by Kingley Vale,
old Yew trees adorn her brow
all is quiet and peaceful now.

Though when you're going for a walk
and scrabble about amongst the chalk,
you may find bits of 303's
and splintered branches in the trees.

It was a firing range, long ago
to help our boys beat the foe,
'who do you think you're kidding' was their cry
as bullets whistled in the sky.

The ancient kings who are resting there
whilst skylarks hover in the air.

C N C Peters.



Image of Kingley Vale by Gwyn Norrell
www.gwynnorrell.co.uk

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**I don't like Russian dolls, they are so full of themselves.
I, for one, like Roman numerals.**



Name :

Contact details:

I found the seagull on:

One entry per coupon Copies not accepted



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Providing personalised nursing care to physically disabled adults and elderly residents by our professional staff.

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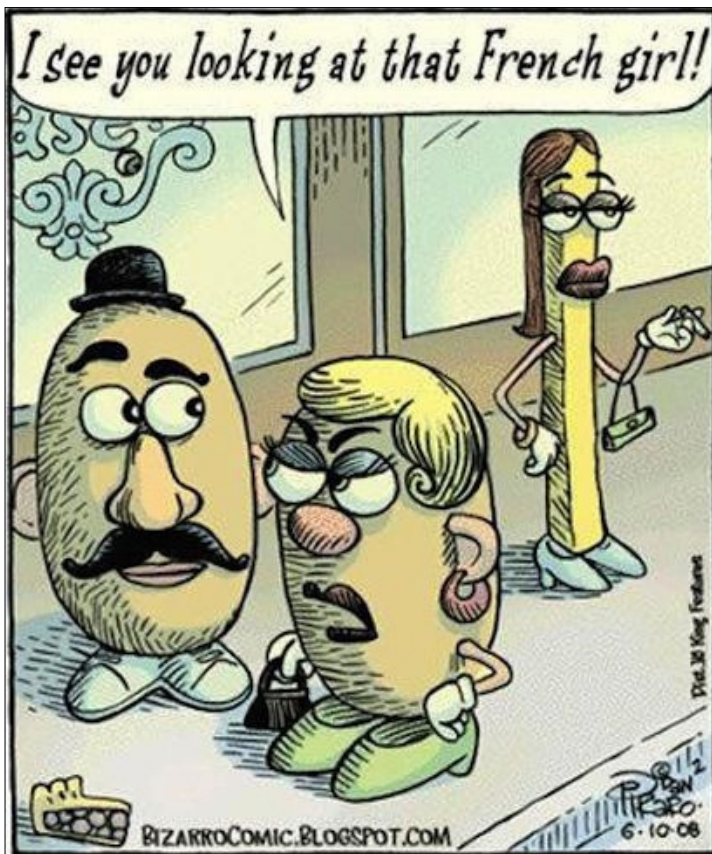


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Selsey Walking and Outdoor Festival/Open Gardens 2019



A big thank you for the fantastic contribution by all our open garden hosts. Through their tireless enthusiasm, passion and support along with generous help from many volunteers, we are able to donate to our primary charity **Selsey Community 1st Responders**. Money was also raised by the garden owners for their personal charities, including

Parkinson's, Chestnut Tree House Children's Hospice, St Wilfrid's Hospice, Youth Dream, Snowdrop Trust, Red Cross Yemen appeal, Brent Lodge, Sense and the Selsey Gardening Club.

24 gardens were open raising money from admission tickets and the sale of refreshments (teas, home-made cakes, sausage rolls, Pimms etc), home-made bread, preserves, plants, art etc.

Apart from viewing and showing admiration for the gardens, there were wider benefits too. **Community spirit**, it was encouraging to see so many people enjoying themselves, whether it was taking in the live entertainment, singers, Shanty Men, chamber music, ukulele bands. There was Selsey Men in Sheds, Tom-bola and an ice cream vendor.

Some making lists of plants seen, taking pictures with ideas that could be used in their own gardens. Others trying to get to as many gardens as they could. Several, I know did make it to all of them.

A comment on social media summed it up '**Selsey was buzzing**' I sensed that we all felt part of valuable community, supporting our wonderful garden owners and helping them raise money for local charities.



Thanks to who those who have given their time and energy in organising and participating in the Selsey Open Gardens. Highhouse Insurance, Seal Island Wools and Selsey Florists for helping with the sale of **450 programmes!** Selsey Life Magazine and Selsey Methodist Church. At the time of this publication we do not

have a final figure on what was raised, but we will keep you informed.

SWOF/Open Gardens team.

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SELSEY WI

Ladies come and join us at our next Meeting.

It will be on Wednesday 10th July at 2.15pm in Selsey Town Hall.

Our Speaker will be Steve Herra telling us all about "Cunard Cruise History and its Glamorous Stars"



If you would like more information about joining us, please contact Stella Crist [01243 603221](tel:01243603221) or Heather Coleman [01243 604603](tel:01243604603)

Registered Charity: 1016914

L.I.N.C Ladies in Contact

We will meet on the 18th July in St. Peters Church Hall at 7.15pm when we will have a pleasant evening with the now well-known



Who very kindly donate all gratuities received to Local Charities Cost for the evening is just £3 includes refreshments on arrival together with a free raffle ticket.

The Venture Bus available to members remember to reserve your seat with them on 605115 we aim to conclude around 9.00pm should you wish to acquire further information contact either Beryl Fletcher on 603750 or Mary Grantham on 604718.

Look forward to seeing you there.



Our July meeting will be on Friday 26th July.

As usual we shall meet in the Selsey Centre. The doors will open at 2p.m. with the meeting starting at 2.30p.m. Our speaker will be Yvonne Woodcock from the Guide dogs for the Blind who will be telling us about the training of the dogs and the work of this valued organisation.

There will not be a meeting in August.

We shall meet again on Friday September 27th, when our speaker will be Peter Wilkinson who will be telling us about the old Church courts in Chichester.

His talk is titled "Shame Scandal and True love"
For any further information please phone [07783 040407](tel:07783040407)

theWI
INSPIRING WOMEN

SEAL ISLAND WI



Our speaker for June was Hilary Strong who gave us a very entertaining talk about her life in the theatre. She started as a dresser at Chichester Festival Theatre followed by stints as Stage Manager for The Kings Head Theatre Group in Islington and at The Watermill in Newbury where she also got her equity card.

Hilary followed this by becoming director of the Edinburgh Fringe Theatre for five years. Now Hilary is a director of Making Theatre Gaining Skills in Bognor which helps people with employment issues gain vital skills.

Our next meeting on 4th July will be celebrating America's Independence Day with hot dogs and line dancing. There is no meeting in August but we will be having a homemade stall at Lifeboat Day and our Plonk and Ploughman's Quiz is at the Selsey Centre on 15th August. Tickets are on sale in July from Highhouse Insurance Services.

Why not come and join us? We are a friendly group of ladies of all ages and visitors and new members are warmly welcomed. We meet at 7.30pm in the Selsey Centre on the first Thursday of the month. First meeting is free. We also organise regular lunches, walks and outings.

For more information ring June on [01243 607637](tel:01243607637)

SEAL ISLAND WI FAMOUS ANNUAL QUIZ



15th August, 7.00pm
The Selsey Centre

Featuring a sumptuous Ploughman's Supper and, for one year only, Jane's delectable chutney!



Quizmaster Kevin will be asking the questions and there will be a prize for the winning team.

Tickets £7 a head, teams of up to six people, to include supper plus a bottle of wine per table of six or a glass of wine or soft drink per person.
Bar and raffle.

Tickets from Highhouse Insurance on Selsey High Street or contact June on [07941445630](tel:07941445630)



Selsey Gardening Club

Our next meeting will be on Friday 12th July

'Members Only Fun Mini Evening Show' and Quiz
Sports Hall, Selsey Centre
7.30pm start

Visitors welcome at £1.50
Raffle Tea & Coffee available

For any further information regarding the club please contact Amanda (Chair) on [0604634](tel:0604634) or Tony (Vice Chair) [07546 491353](tel:07546491353)
(There is no meeting in August)

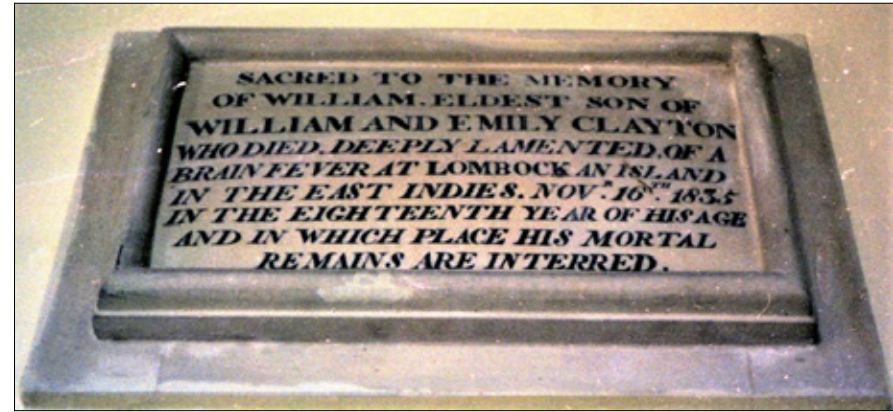
THE AGM OF SELSEY VENTURE CLUB WILL BE HELD ON TUESDAY 9 JULY, AT 2.30 IN ST.PETERS CHURCH HALL.

REFRESHMENTS WILL BE PROVIDED AND BUSES WILL BE RUNNING. BOOK IN THE USUAL WAY.

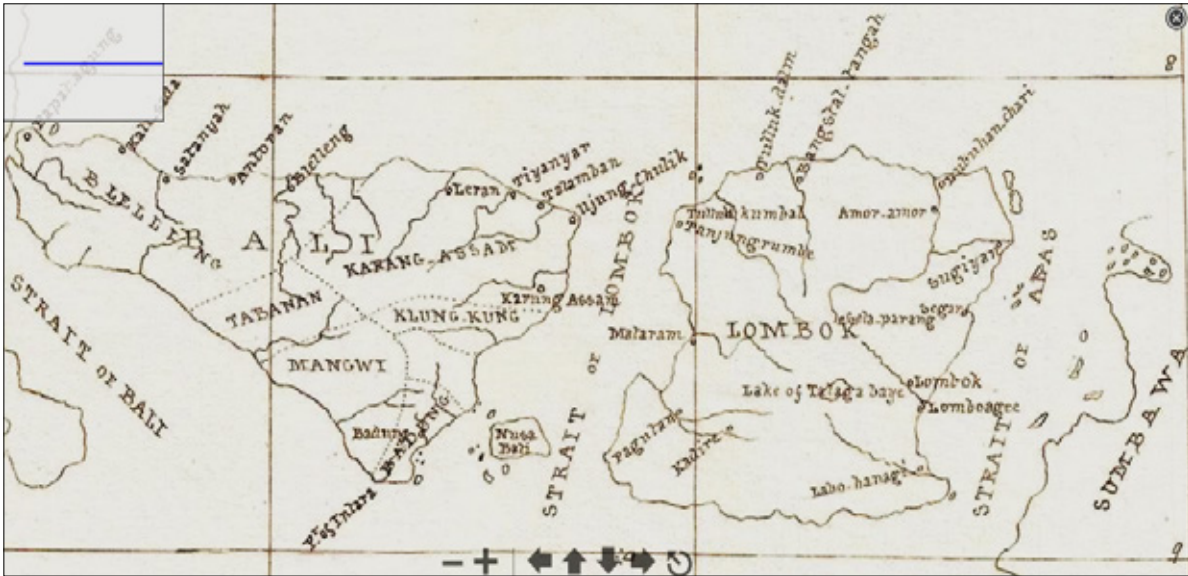
ALL MEMBERS ARE WARMLY WELCOMED

WILLIAM CLAYTON
1817 – 1835

For those of you who visit Church Norton, you will undoubtedly know of the plaque high on the left-hand wall of St Wilfrid’s Chapel which commemorates the death of this young man.



Lombok, nowadays written as Lombok, is in modern day Indonesia. The map below is dated 1835 which, coincidentally, is the year of William’s death.



By kind permission of Geographicus www.geographicus.com

So what can we say about a young man who died of brain fever at 18 years old? According to Wikipedia ‘Brain fever describes a medical condition where a part of the brain becomes inflamed and causes symptoms that present as fever. The terminology is dated, and is encountered most often in Victorian literature, where it typically describes a potentially life-threatening illness brought about by a severe emotional upset. Conditions that may be described as brain fever include:

- Encephalitis, an acute inflammation of the brain, commonly caused by a viral infection.
- Meningitis, the inflammation of the membranes covering the brain and spinal cord.
- Cerebritis, inflammation of the cerebrum.
- Scarlet fever, infectious disease whose symptoms can include paranoia and hallucinations’

Not a pleasant way to go, especially for a teenager thousands of miles from home. While it was certain William went to sea, research so far fails to establish whether he was in the Royal Navy or part of the Dutch East India Company. If it were the latter, then they were trading in the spices, cotton, coffee and tea until the last voyage home in 1835.

William Clayton was baptised on 5 July 1818 in Selsey, first son of William Clayton and Emily Churcher Wedge and it is at this point that I am going to metaphorically hand over the narrative to Tom Hart whose grandfather was Douglas Churcher, son of Adeline Clayton, the 4th daughter of William and Emily.

‘My family has ties with Selsey over a long period. My great-grandmother was Adeline Clayton (1834 – 1921) who married Emery James Churcher (1837 – 1919) in 1858. She was one of 14 children. William’s grandfather, James, seems to have moved from West Wittering to Selsey in about 1750. William was variously a publican, a farmer and a churchwarden and played the bass viol in the Selsey Church Band. James had also been a church warden.

Adeline’s first son, Douglas, my grandfather, was born in Selsey in 1865 after she was sent back from India to have her fourth child. Five of her nine children died very young, four in India. Douglas was brought up initially by his Clayton aunts (Aunts Livie, Polly and Kitten) as his mother returned almost immediately to India. They lived at Glynn House in Selsey which I believe was the house where their father, William, had lived previously.

Also, his sister, Lavinia, my grandfather’s Aunt Livie, wrote a letter to my grandfather in 1907 to send him a Chinese ivory(?) paper cutter which William Junior had given to her... This letter is still wrapped around the paper cutter on a shelf in our kitchen. (Dougal was my grandfather Douglas Churcher and Lynette was his wife, Madeleine, nee Tyser.)

Of their other sons, the second son, Emery Churcher (Bp 6 August 1820), had a sad life, being detained in a number of asylums until his death from accidentally eating yew berries in 1870.



Walter (Bp 7 July 1822) disappears after the 1841 census, when he was a surveyors’ apprentice. He turns up in Newcastle, New South Wales in 1854 when he marries, is appointed a Licensed Surveyor in 1855 and dies in 1857 of an “accident and intemperance.”

Kester (Bp 1 August 1824), was in the Royal Navy. In 1848 he was appointed Second Master on HMS Bellerophon, but was paid off for misconduct in 1850. By 1856 he was apparently Chief Officer on the steamship “Josephine Willis” when it was rammed and sunk by another steamship, the “Mangerton.” The subsequent enquiry placed the blame on him. I don’t know what happened to him after that.

Glynn House

(Concerning Kester Clayton’s wreck in 1856, a complete report, including his testimony to the enquiry, is to be found at: https://sites.rootsweb.com/~nzbound/josephine_willis.htm)

Matthew Thomas (Bp 23 October 1831) joined the merchant navy as an apprentice in 1847 and certified as a Master Mariner in 1853. He was in charge of a paddle steamer being sent to Sydney in 1863 and moved to Auckland the next year where he settled, being appointed Lloyd’s surveyor in 1875.’ He married Mary Ellen Newton on 15 August 1860 and died in Auckland, New Zealand in his nineties on 30 April 1922. The death was widely reported both here and in New Zealand.

Henry Lane (Bp 26 November 1836) was also in the merchant service, being certified as a Master in 1866. He may have settled in Chile as two daughters were born there in Valparaiso in 1879 and 1881.

So four of the sons did go to sea and another emigrated. William can’t have been pleased not having anyone to carry on the farm.’

Of the Clayton girls: Jane Carr Clayton (Bp 1 January 1833) was buried on 25 January 1833; Lavinia Georgina Clayton, aka Aunt Livie, Bp10 September 1826) died 1 October 1913; Emily Clayton (Bp 28 October 1828) died in France on 15 July 1919 after becoming a nun. Adeline Clayton (Bp 13 April 1834, married Emery James Churcher on 30 October 1858 and died on 24 March 1921. Mary Jane Clayton, aka Aunt Polly, (Bp 1 September 1838) married George Pile on 2 October 1862, dying in 1913. Sarah Ann Clayton and Frances Augusta Clayton were twins. They were born in 1841 and appeared in the 1841 census when they were 6 months old. Sarah was buried on 27 June 1841 and Frances was buried on 13 June 1841. I haven’t yet found a baptismal record for either child. Catherine (aka Katherine) Harriet Clayton ,aka Aunt Kitten, (born on 12 January 1845, baptised on 21 March 1845) died on 15 November 1929. Neither Lavinia nor Katherine married.

A litany of names and dates is useful for family historians but it can never tell us what the people were like. Happily we do have a very good idea of what Aunt Livie was like as you will see.

This is, of necessity, a whistle-stop tour of this Clayton family but by way of a PS I would like to share with you Aunt Livie’s letter and the paper cutter which Tom has generously shared with me.

August 21, 1907

My dearest Dougal

I am giving away many of my little treasures, rather than leaving them behind me to be scattered about after my death – Now you and Lynette have a home of your own you may find this paper cutter a resting place – it was given to me by my brother William, he was born in 1818, & was the eldest of our family; he died of fever at Lombock, an island in the East Indies. I loved this cutter dearly & have seldom used it – it comes from China- I am leaving North End tomorrow, you will not be able to come & see me again I fear. My address for the next month will be: 11 Broadlands Road, Highgate N.

My dear love to you, Lynette, & to your charming girls.

Ever Yr Loving Auntie Livie.

Such a beautiful object (although these pictures hardly do it justice) and how wonderful that the family has cherished it through the generations.

My thanks to Tom for his help and support.

©Ruth C Mariner 01243 604698 ruthm@ruthcmariner.co.uk

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Selsey Festival

Selsey Festival has become an annual favourite in the community with the first ever one taking place in 2003. The Festival was originally community led and was a way of celebrating the rich diversity of talents that exist in the town.

To ensure its sustainability Selsey Town Council took over the administration of the event and is so proud to continue to support Selsey Festival.

With over 30 events taking place across the town, this year has something for everyone!

Visit our website for more details.



First brochure and this year's brochure



www.selseytowncouncil.gov.uk



Selsey Festival

3rd August to 1st September 2019

Music - Performance - Art
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Update from the Chichester
Prevention Team



You can contact your local team in the following ways:

- Call us: on 101 to report a crime or 999 if it's an emergency
- Email us: chichester@sussex.pnn.police.uk

In an emergency, or if you see a crime in progress, always call 999

County Lines

'County Lines' is a recent term used by Police and Partner Agencies to refer to drug networks that originate from large urban areas such as London to more rural communities. These can be run by both gangs and organised crime groups, both of whom use children and young people and vulnerable adults to carry out illegal activity on their behalf.

The organised crime groups tend to use a local property, generally belonging to a vulnerable person, as a base for their activities. This is known as cuckooing and will often happen by force or coercion.

We continue to see children being exploited by criminal gangs to supply drugs in Sussex. We have experienced children travelling from London to our county to deal drugs on behalf of gangs, as well as Sussex children being exploited and targeted by London gangs to deal drugs locally. Our priority is to identify those children at risk of criminal exploitation and, once identified, work with partner agencies to put the appropriate safeguarding measures in place.

Spot the Signs – what to look out for

- *Persistently missing from school, college and often to be found out of area
- *Unexplained acquisition of money, clothes or mobile phones
- *Excessive receipts of texts or phone calls
- *Relationships with controlling, older people or gang association
- *Leaving home or care without explanation

This list is not exhaustive, but gives a good idea of the signs to look out for. If you see the signs above, let us know. You can report online on the Sussex Police website or to 101. Together we can tackle drug crime and reduce the harm to your community.

Front office opening hours

Monday - Saturday 9am - 8pm.

Chichester Police Station, Kingsham Road,
Chichester, PO19 8AD

IT'S ALMOST HERE -
SAVE THE DATE!

THURSDAY, 8 AUGUST 2019

GAINSBOROUGH SINGERS'

SUMMER CONCERT

From 2-4 pm in the Town Hall

Admission £3, including refreshments

There will also be a raffle

*Last year's concert raised over £450 for Selsey
First Responders*

Please help us to do even better this year

Join in with the songs you know

Look forward to your company!

Have You Considered Volunteering?

At Chichester Cathedral we rely on the generous support of over 500 volunteers who gift their time and skills undertaking numerous roles. We are currently seeking new volunteers in three key areas – can you help? No previous experience is necessary as training will be given.

Bell Ringers

Our very active and sociable team of bell ringers are always on the look-out for budding recruits of any age. They practice on Wednesdays between 7pm and 9pm and conduct ringing on Sundays between 9am and 10am, to accompany the Sunday services. It's great fun and exercise for the mind and body: why not bring a friend along and learn together?

Welcomers (Door Keepers)

Door keepers greet visitors as they arrive at the Cathedral. If you enjoy meeting new people, have a warm and approachable manner, an understanding/empathy with the mission and ethos of the Cathedral and can spare an hour a week we would love to hear from you.



Learning and Engagement Team

Do you enjoy history, art, craft or drama activities? Are you well organised with a friendly and helpful manner? If that sounds like you, the Learning and Engagement Department is looking for volunteers to work with visiting schools, colleges, adults and families.

One of our volunteers describes what it's like being part of the Team: "You never know what to expect because every session is different! I've made new friends, learnt new skills and enjoyed helping the children/visitors in a wide variety of activities."

For more information about these and other roles, please contact Carolyn Atkinson, Volunteer Co-ordinator, on 01243 782595 or email: reception@chichestercathedral.org.uk. We'd love to hear from you!



Chichester Cathedral

www.chichestercathedral.org.uk

Tel: 01243 782595

Email: info@chichestercathedral.org.uk

The Selsey Care Shop ~ Promoting a Thriving Community

"It's OK not to be OK"

A Thriving Community promotes Honesty over Silence

It can be easy to rush through life assuming we are the only one not ok.

This is a free confidential support group in which it is ok to admit that you are not feeling ok.

Where you can openly discuss life's problems and complications – no more silent suffering.

Where people can suggest and discuss ideas and find support to help.

Every Tuesday from 30/4/2019 at The Selsey Care Shop 5.15pm – 6.15pm

Advance registration is not necessary, you may just drop in. If you wish to register your interest or to have more details, please contact Lee Sharp by email at leesharp@youthdream.co.uk or by telephone or text on 07798806969.



Calling All Artists and Crafts People!

Arts Dream Selsey invites you to take part in our
Open Summer Art & Craft Exhibition



Thursday 22nd - Monday 26th August in Selsey Town Hall
(Setting up day - Wednesday 21st August)

This is our annual venture where we turn the Town Hall complex into an exciting centre for the Arts & Crafts. As this will be during the Selsey Summer Festival there will be an influx of visitors and holiday makers, many of whom will visit our Exhibition and see your work.

For more information about the Exhibition please visit www.artsdreamselseyartists.co.uk or if you would like entry forms please contact:

Jan Bush - 01243 607821 - email selseyartexpo@gmail.com

Please forward this to all your arty/crafty friends and any group to which you belong - and a big thank you to those who have already expressed an interest in this venture!

5) Which American poet was charged with treason in 1945?

6) Who is the author of the Tilly Trotter books?

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"WE HAVE A DRIVER NEAR YOU"

The Write Zone with Tara Wright



The Girl in the Painting

'Damn you, Claire.'

Those were the last words David said to me. That, and 'don't think for one moment I'm going to take this lying down.'

I'd been a fool to believe that I could make him understand.

I gaze at the portrait feeling disembodied – horrified at one level. Those eyes are mine; those lips he

captured – I can almost feel the brush. I close my eyes briefly, lost to the memory of a warm afternoon ten years ago when I'd wrapped my arms around him and stared over his shoulder at another image. The cool breeze from the open window played over my back, contrasting with the heat of his body against my breasts. I'd scented the earthy aroma of the paint.

'It's finished. What do you think?'

'You know what I think,' I'd replied with a brief smile that didn't reach my eyes.

He'd read that as the approval I wanted him to think it was. I didn't know how to tell him the truth: that every time he painted me – his muse - he coloured another layer of lies until I felt suffocated by them. His unerring obsession with my form pinned me like a butterfly in perspex.

I take a thoughtful sip of the whisky I poured in the kitchen and take a step back. Without doubt it's David's best work. Is there any trace of the coward I used to be in this woman's eyes? I didn't know he painted this canvas; had no idea that, after everything, he'd even want to.

'Damn you, Claire.' Maybe this oversized portrait of me is David's eternal condemnation of my lie.

Unwilling to listen, I walk to the open window and peer into the gloom. I thought David might have wanted to expunge me like I was a pollutant for the way I hurt him, so I'm shocked that he left me the lot. I am now the owner of this farmhouse – the remains of us – and I still don't understand why.

The lights are coming on in the town and I breathe the scent of the lavender that's growing beneath the window. This house, just a mile from the tiny populous, is at the end of a quiet lane beyond a crumbling wall. It's where David always wanted to be. In the end

it came to represent the distance I felt from my own sense of self, and so I spent less and less time here. I feel a wash of sadness against my heart.

There's a gentle tap on the door and I turn around. I watch as Elise's large brown eyes appear. She steps into the room.

'Tu vas bien?' You okay?

I flick my chin towards the portrait. 'What do you make of this?' 'Wow,' is all she can manage.

'Look at the date,' I tell her.

My girlfriend peers at the date at the bottom right hand corner of the canvas.

'April 2018?'

She emits something that might be a sigh. Perhaps it's what I told you so sounds like.

'He still loved you, and forgave you. He just couldn't let you know it.' She looks at me with a curious mix of pity and love, as if she sees it all so clearly. Elise has been my anchor since my marriage crumbled. When David refused to understand that the person inside Claire's shell was not Claire, when I told him that he was painting the person he wanted me to be, it was as if I'd poured acid over his canvasses. I met Elise at the clinic. I was a wreck. She was also the casualty of a relationship that didn't work out because one half of it needed to stop living a lie and start, well, living.

Just like me.

I smooth the stubble across my jaw, savouring the feeling of roughness that I dreamed of for years and took huge physical turmoil to achieve. Elise's fingers comb through my hair to grasp the back of my head. She plants a gentle kiss on my lips. The same lips David loved to paint.

'I don't know if we're going to get this painting in the car, you know?'

I shrug. It's okay. Maybe we'll leave it right here in this room for the next owner to find. Cash in the attic. Maybe they'll stand here wondering who on earth this woman is.

Just like I've been doing.

A few minutes later, Elise at the wheel, we bounce down the driveway and I glance at the For Sale sign. Keeping David's house is like holding on to something that never belonged to me, just like my female form. I glance in the wing mirror. Now that I'm Charles, in the body I was always meant to have, and I know that I'll never get left behind again.

www.tara-wright.com
authortarawright@gmail.com

7) Who was headmaster at Dotheboys Hall in Nicholas Nickleby?

8) What is the name of Mr. Pickwick's manservant?

9) Which English artist is famous for Op Art?

10) Who created the Sgt. Pepper album cover?

11) What is the first name of the French artist Cezanne?

12) Which famous cat was created by Otto Messmer?

13) What did Jerry's Guide to the World Wide Web become?



SPACE RACE.....

Before the decade's out he said a man will walk upon the moon and although JFK had gone a mourning States danced to his tune Apollo vied with Red Soyuz to reach the empty launch pad first with burning Cold War pride at stake both displayed unquenchable thirst

So Yankee boffins played around with German wartime rocketry they mixed the V2's inner works with latest US wizardry by Smartphone strength computer brain the star striped Eagle duly landed three days out from planet Earth the prowess of mankind expanded



While here we spoke of little else they sang of 'Something in the Air' studying hard the sky at night believing we might spot them there in smoke filled pubs the land across new 'experts' met to state their case becoming before closing time anoraks of the great space race

Thanks to moon maps from Patrick Moore NASA found the ultimate spot where dizzy astronauts tried golf with weightless balls that overshoot the moon and back in just a week a hoard of doubting doubters doubted but Uncle Sam had pulled a stroke Sir Isaac's law he'd firmly flouted!

JOHN BYRNE APRIL 2019
ARTWORK: JASON BETON

House martins by Michael Blencowe of the Sussex Wildlife Trust

The building blocks of summer

My summer is built from screams, cries, chatters and warbles. Walking around the Sussex countryside I'm always soaking up the sounds of migrant birds returning back home from their winter south of the Sahara. Each voice offers a familiar reassurance to me. Only when everything is back in its place can my summer begin.

One of the top tunes in my summer soundtrack is the sweet, bubbling twitter of the house martin. Shakespeare loved that sound too. To him they were 'the guest of summer'. From Macbeth's castle to cathedrals, country cottages and urban terraces these birds have historically been linked to our homes. They're as much of a feature of English architecture as the clay, bricks and uPVC they build their nests against.



House Martin at nest c Roger Wilmshurst

House martins are surveyors, architects, bricklayers, decorators and homeowners rolled into one 19g two-tone ball of feathers. Give them a building site of a vertical surface under an overhang and they'll get to work. Each lumpy half-dome home, tucked snug under the eaves, is made of 1000 tiny mouthfuls of muddy bricks carried from the edge of a nearby puddle or stream. The birds construct each nest over 10 days, finally lining it with feathers to make it snug. They don't always build a brand new nest; if they find a fixer-upper they'll renovate.

House martins are stereotypical builders. They constantly communicate with chirpy chatter, call down from the roof-tops and while they're bent over building they reveal their pale rump. This white builder's bum is a way of identifying the bird from that other summer eaves-dweller, the swallow.

They've shared our homes throughout history but their numbers have suffered a massive decline in England with a worrying 18% nosedive over the past decade. Aerial insect food and changing weather patterns here, in Africa and on migration routes in between have had an effect. This loss should strike deep in the heart of every Sussex resident because our county's flag is made of six proud martlets. Martlet means 'little martin' but this heraldic bird may also represent the swift; that screaming summer visitor whose numbers are also in decline.

Either way you should consider yourself blessed if you are one of the lucky people who share your house with these incredible birds. Let's hope our county's martlets and our county flag are flying proudly under blue Sussex skies this July.



House Martin c Derek Middleton



House Martin young c Roger Wilmshurst

Sussex Wildlife Trust is an independent charity caring for wildlife and habitats throughout Sussex. Founded in 1961, we have worked with local people for over half a century to make Sussex richer in wildlife.

We rely on the support of our members to help protect our rich natural heritage. Please consider supporting our work. As a member you will be invited to join Michael Blencowe on our regular wildlife walks and also enjoy free events, discounts on wildlife courses, Wildlife magazine and our Sussex guide book, Discovering Wildlife. It's easy to join online at www.sussexwildlifetrust.org.uk/join or over the phone on 01273 497532.

www.sussexwildlifetrust.org.uk



RSPB Events for July 2019

AMBERLEY

Tuesday 16 July

All day bird walk to Kithurst Hill and Chantry Hill with Chris Furlapa of the RSPB Chichester Local Group. Meet in lane just past Springhead Farm, Map Ref: TQ063127, at 10.00 am. Bring drink and packed lunch 01243 262833

SUSSEX WILDLIFE TRUST July 2019

No Local Events planned for July

Chichester Conservancy Volunteers July 2019

EBERNOE

Sunday 14 July

Conservation – Bracken/Thistle Control with Clare Wilton of the Chichester Conservation Volunteers on Ebernoe Common. Meet in church car park at 10.00 am 01243 528056

HARTING

Sunday 21 July

Conservation – Ragwort Control with Richard Wilson of the Chichester Conservation Volunteers on Harting Down from 10.00 am 01243 528056

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Summer delights at Pagham Harbour & Medmerry

For a lot of birds the breeding the season is coming to a close and youngsters are learning how to fend for themselves. It is a time for the hardworking parents to consider their own well-being. Despite being hard wearing and being preened constantly, feathers do wear out and need replacing. Moulting is a big drain on a bird's energy reserves and why many birds moult mid to late summer avoiding the breeding and migration seasons. The process can also leave the bird vulnerable particularly when replacing flight feathers, so during this time they are much less conspicuous, both in sight and sound, leaving us wondering where all the birds have gone. However, there is much more to be found in our British summer countryside...

Now is a time to marvel at the smaller creatures. Caterpillars that have been a food source for so many growing chicks have been metamorphosing into butterflies. Meadow browns flit jauntily over the grasslands



Red soldier beetle

and tortoiseshells sup nectar from thistle flowers. Amorous soldier beetles cover umbilifers. The larvae of red soldier beetles eat slugs and snails, while the adults feed on aphids making them very much the gardener's friend.

All the while crickets and grasshoppers constantly chirrup in the background, reminding me of how I spent hours as a child trying to catch them. Summer is a time for families and young children to explore and discover. At RSPB Pagham we have a full program of family events throughout the summer holiday, from pond-dipping and bug hunting to seashore safaris and butterfly counts. Check out our website www.rspb.org.uk/paghamharbour or pick up an events leaflet from our Visitor Centre on the B2145 south of Chichester.

Meanwhile the three tawny owl chicks did 'branch' successfully and the both families of blue tits have fledged as well. However, both blue tits families had at least 4 eggs unhatched each. We believe there must have been a drop in temperature during the incubation period chilling the eggs, showing how susceptible they are to changes in weather conditions. As for the kestrels, all five eggs have hatched and the chicks are growing fast as mum and dad strive to keep up with their hungry demands. The youngsters will not fly until they are just over a month old and even then will be dependent on their parents for a further month.



Small Tortoiseshell



giving nature a home

RSPB Pagham Harbour & Medmerry July

Saturday 13 July, Creative Writing Workshop – Renga writing with local poet Richard Biddle. Inspired by themes such as nature, the seasons, love and the 5 senses, Renga is a collaborative form of poetry in which all writers produce a short form poem of haiku-style verses, then come together to create a single poem with contributions chosen democratically by all contributors. A morning that brings together writing, walking and discussion, using our beautiful reserve to stimulate creative minds.

9.30am (duration 3½ hours)

Booking essential, £15 per person / £12 members

Wednesday 17 July, Batty about bats! Bat-detectors in hands, discover which bats call Pagham Harbour their home. Learn more about these intriguing nocturnal mammals with an evening stroll around Church Norton with Hampshire Bat Group's, Nik Knight.

Meet Church Norton car park PO20 9DT, 8.15pm (duration 2 hours)

Booking essential £12 per person / £9 members

Family events for the summer holidays...

July

Friday 19 July – Sunday 11 August, Big Butterfly Count 2018.

Grab an identification chart from our Visitor Centre and join in this nationwide survey that helps us assess the health of our environment. **Free.**

Tuesday 30 July, Pond dipping and Bug hunting! Come and discover what weird and wonderful creatures lurk in the depths of

our lovely new pond and live in our Discovery Zone.

10.30am (duration 2 hours)

Booking essential

£4 per child / £2 members

August

Thursday 01 August, Sensory Arts & Crafts. Starting with a walk taking in the sights, sounds, smells and feel of spring to inspire us, we'll return to create works of art using things we've collected along the way.

10.30am (duration 2 hours)

Booking essential

£3 per child / £2 members

Tuesday 06 August, Discover birds of prey! Learn more about this fascinating group of birds and make a raptor kite to fly at home.

10.30am (duration 2 hours)

Booking essential

£3 per child / £2 members

Thursday 08 August, Seashore Safari! Can you find sharks on our shoreline? In a special beach-combing event we'll discover who lives in our seas and on the beach. **Meet 10.30am at Church Norton car park PO20 9DT (duration 2 hours)**

Booking essential

£3 per child / £2 members

Check out our website www.rspb.org/paghamharbour for full events program.

RSPB Pagham Harbour & Medmerry Visitor Centre, Selsey Road, Sidlesham PO20 7NE

Email: pagham.harbour@rspb.org.uk

Tel: 01243 641508

www.rspb.org.uk/paghamnarbour

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Selsey Royal British Legion Fishing Club

New Members Welcome.



For details ring Brendon 01243 601009

RSPB Pagham Seals Wildlife Explorers

Calling all 7-13 year old wildlife and nature enthusiasts...

The RSPB Pagham Seals is for 7-13 year olds and, unless advertised, meets every last **Sunday** in the month between 2-4pm. We meet the Pagham Harbour RSPB Reserve, but are also off site for many meets at a wide variety of locations exploring the beautiful area in which we live and its wildlife. From stream dipping near Fisbourne, visiting the WWT Arundel Wetland Centre to exploring the rockpools on Felpham beach and the ancient yews at Kingley Vale, we cover all aspects of nature with interactive activities. We sometimes even let the parents and younger siblings join in the fun!

Here are the activities coming up over the next couple of months. See you there!

July - Saturday and Sunday 6-7th Big Sleep Out. (Actually the June session but moved to other commitments). The annual highlight, full of activities, starting at 1400 on Saturday and finishing after a sleep out at 1100 on Sunday. Saturday will also include the usual 1400-1600 session for those not able to sleep out. Open session to include Seals' parents and siblings.

July - Sunday 28th 1400-1600 Fossil Hunting at Bracklesham Bay. A visit to Bracklesham Bay to search for, and learn about, the fossils found there.

£2 per child for RSPB members.
£2.50 per child for non-RSPB members.

For more information and to check the programme and/or location for any month, please contact
George Carney, Wildlife Explorers, Youth Leader
Tel: 07720946132

Email: george.carney@tiscali.co.uk
Pagham Harbour Reserve, Selsey Road, Sidlesham, West Sussex, PO20 7NE. Tel 01243 641508

Selsey Community First Responders

in partnership with South East Coast Ambulance Service



Selsey Community First Responders
saving lives in the community.....every minute counts

Have you ever wondered what the yellow boxes outside some of the public houses and other Selsey locations are?

They are defibrillators which are worth their weight in gold in helping to save lives, and thanks to the wonderful support and generosity of the people of Selsey, the Selsey First Responders charity has been able to purchase and install 10 defibrillators so far...thank you.

The charity would also like to highlight and thank Colin Rose, a local electrician, who installs and services the defibrillators for free. Thank you for the generosity of your time and skill to support our First Responders.

Without the dedicated support of our volunteer fundraising team who put themselves forward in rain and shine and the generosity of local people and businesses the charity would not be able to keep our First Responders team on the road.

Our First Responders provide emergency lifesaving treatment to members of the local community.

For more information about the charity and how you can help to support the Selsey Community First Responders go to:
www.selseyfirstresponders.org
or email: info@selseyfirstresponders.org



As a member group of Selsey Community Forum, Charity No. 1156460, Selsey Carers committee and volunteers have had a busy time since Easter Bank Holiday organising 3 Car Boot Sales, these were all, thanks to support from the community, traders and holiday visitors very successful. The last one this year will be held in the Recreation Ground, School Lane
SUNDAY SEPTEMBER 1st. 7am to 1pm.

Sue White is now working in The Care Shop, High St. Selsey. Tel. No. 01243 201616, she is our Outreach Officer and has asked me to mention a new National Scheme, the CEA Card. A charge of £6 entitles the disabled person to a free ticket for their carer/helper to accompany them on cinema visits to any participating cinema. Please contact her for details.

Money raised by Car Boot Sales, Donations and Sponsorship enables us to hold events and outings for our Members and loved ones. Membership is free, so if you're caring for a loved one please join us and find out who we are and how we can help you.

A Coach Outing to Country Market Garden Centre & Retail Outlet, Nr Bordon, Hants is planned. We also hold a Coffee Morning 2nd Tuesday every month in the Methodist Church Hall from 10 am, a chance for you to join us for a chat over a welcome cup of Coffee or Tea and get to know us better.



Upcoming events at The Selsey Centre

Bouncy Castle Day Tuesday 6th August in conjunction with Bounceabout from 10am-2pm Bookable 1-hour sessions £2 per child strictly 8years and under. All children must be supervised by an adult. Sorry children over 8 years will not be allowed in to the hall for safety reasons. Advance booking and payment essential. Payments are non-refundable. Tickets available now at the Selsey centre.

Selsey Festival Event

Free Paracise Classes - Come and try a low impact, gentle but effective functional exercise to 'fabulous' music class. 45 mins and no floor work. At The Selsey Centre with Heidi Johnson from Healthdriven. Friday 2nd and 9th August 1230 - 1315 Contact Heidi on 07826 924923 or visit www.healthdriven.co.uk to book your place.

Table top sale Sunday 13th October and Sunday 17th November one table £6.50 two tables £10 come in to see us and book.

Regular activities

Baby and Toddler soft play with Bounceabout Tuesdays July 9th 9am-12pm £2.50 per child last one before summer holidays.

New to us:

BARRE FUSION FITNESS

A strength and conditioning workout that combines ballet, Pilates and yoga. Starting the warm up at the ballet barre in order to build strength, continuing into floor/mat work for the core and ending with a yoga style stretch & balances to finish. Suitable for all ages and abilities 16+, no experience necessary! £6 per session 9.13-10.00 Thursdays

The Selsey Centre Team



The Life-Changing Magic of Noticing

Towards the end of last year, I enrolled on a rather radical-sounding 12-month course about the environment. There were so many things that attracted me to it, but above all, what intrigued me the most was learning how to be more of service to others and to the planet. It felt like a bold step - one where I'd find myself in situations which would take me hugely out of my comfort zone and into the unknown. I'm a fan of the unknown, but within reason! But I do like to feel that I'm continually learning and evolving and when I'm not, I feel frustrated and life feels a little lacklustre.



As part of that learning, I'm particularly interested in the idea that we're all waiting for that big thing to come along - that huge bolt of lightning that will lift us out of our current way of thinking/life/situation and into another that will dramatically change our lives for the better. Big effort = big reward, right?

Yet like all of us, I continually thwart the process. Not only because I like to retreat back to what I've always known i.e. my comfort zone, but it's more so because its rarely how things work. Here's what I believe is the reality:

Big change rarely happens. When you change a little, you change a lot

Last February I had a major knee operation which literally knocked me off my feet for 4 months and kept me from doing many of the things I loved, for 10 more. There are some things, such as skiing that I will never do again. I walked with a limp for 9 of those months and only now, a year on, could I possibly contemplate running (gently) for a bus. Getting up every day at 5.15am to do what appeared to me, an insignificant session in at the gym before work, felt pointless. Going to the physio twice a week, which took up huge amounts of time, also felt pointless. Nothing *appeared* to change. And in continually telling myself this, I was demotivating myself even further.

Yet just when I needed it, I got help. It arrived in the form of a book called 'The Compound Effect' by Darren Hardy. It describes how small habits, over time, make significant changes and that those little actions and decisions you take each day, *really do matter*.

And they matter significantly. So much so, that learning about this dramatically changed the course of my rehabilitation. I started to accept the lengthy recovery timeframes and began to truly believe that every session I did in the gym, and every walk I went on, was contributing to it. It was not, as I had previously believed,

in any of the huge shifts I thought I would see in myself, but in the small ones that cumulatively built up over time. And where I had not noticed those changes before—I was blind to them—I now noticed. The shifts were subtle, but over time, they became significant.

You see, as people, we're biologically wired to seek pleasure and avoid pain. We either don't want to change, or we're unwilling to because of fearing the pain it will cause us, or that we won't be able to handle what comes our way. The changes we need to make in our lives often feel insurmountable, too big to deal with, or even contemplate.

The way out of this, is to associate more pain with staying as we are, than we do with making the changes we need to in our lives or a particular situation. It's also to realise that if we just begin taking small steps, and keep taking them, we'll get the results we're looking for. It may take more time, but it's better than waiting for something big that may never happen. That's because most of us procrastinate so much and make it such a big deal, that we mostly never even get off the starting block!

And the more you follow this tried and tested method, the more you'll begin to *notice* the changes that are happening around you. In my case, I began associating a greater pain with not going to the gym every morning, than going. In those first 9 months I told myself that just showing up and doing *something*, however small each day, was less painful in the long run, than having a lie in, or trying to block the whole thing out by working more and keeping my mind so busy it never had a chance to think.

These past few months of my environmental course have felt exciting, difficult and, well, a bit mad—all as I'd expected. Yet what I hadn't expected, was that just like my knee injury, the greatest learning of all would come from what I'm *unlearning*, as well as what I'm now *noticing*. Noticing the *little things*. There are lessons for us everywhere, particularly when life gets difficult.

Once we begin to notice the key life lessons that lie within the difficulties we face, our attitudes, and our fears, begin to change. Some small and seemingly insignificant thing that you may do this week, may actually have a profound effect on someone else's life, *if only you stopped to notice*. Notice now. And above all, notice the magic in the everyday things you do and things you say. It'll change your life for the better. Forever.

By Justine Clement, who's recently set up a new community (not-for-profit) venture called Selsey Sea Bathing Society. Their next gathering is on 13th July at 4pm and you can find more details and register by visiting www.selseyseabathingsociety.com or calling her on 07714 333418.



You can never lose a homing pigeon - if your homing pigeon doesn't come back you've just lost a pigeon.



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Membership £5.00 per month
Complete your own wood / metal projects or be involved in group activities

If you are interested in joining contact
Bill Richards 07816 350188
email bill_richards@selseymeninsheds.co.uk



Selsey Coastguard Rescue Team

In an emergency out at sea or along the coast
Dial 999 and ask for the Coastguard

Recent Callouts

10/05/19 13:25

Team paged to the helicopter landing site at St Richard's Hospital in Chichester, where we met Coastguard Helicopter Rescue 187 with a medical transfer from Chepstow in Wales. The diver suspected to be suffering from decompression sickness was then transferred to an ambulance and taken into St Richard's. Once Rescue 187 had departed the team were stood down to return to station.



12/05/19 15:08

Team paged to the helicopter landing site at St Richard's Hospital in Chichester, where we met Coastguard Helicopter Rescue 175 with a medical transfer from Eastbourne.

The diver was suffering with decompression sickness and was transferred to an ambulance and taken into St Richard's.

20/05/19 15:18

Team paged to meet a 21ft long yacht at Dell Quay after it had run aground earlier on and sought help.

We had a chat with the skipper who had all the right safety equipment on board his yacht; further safety advice was also given.

24/05/19 15:31

Team paged to reports of a person cut off by the tide and on a bird nesting island inside Pagham Harbour Nature Reserve. The team managed to get eyes on the casualty and were able to direct Selsey Inshore Lifeboat which had also been tasked to the casualty.

The casualty was trying to cross the reserve from Selsey to Pagham which cannot be done safely at all these days. Safety advice was given.

The RSPB also spoke to the casualty regarding entering a protected nesting site area.

You can be prosecuted for doing this, so always check these things out beforehand. The casualty wasn't aware of this.

25/05/19 12:27

Team paged to man the helicopter landing site at St Richard's Hospital in Chichester.

The team secured the landing site for the Coastguard Helicopter Rescue 175 which had a diver on board suspected to be suffering from decompression sickness. The casualty was then transferred into an ambulance and taken into the hospital.

30/05/19 16:36

Team paged to reports of a kite surfer in difficulty in the water off Aldwick Beach.

Selsey Inshore Lifeboat was also tasked and spoke with another kite surfer in the group who said the person in difficulty was all ok and had been helped out of the sea to safety.

All assets were then stood down to return to their stations.

If you are heading to the beach over the summer; please remember our top 5 tips and keep an eye on your children at all times!

******FREE CHILD SAFE WRISTBANDS ARE AVAILABLE AT WEST WITTERING BEACH LIFEGUARD TOWER, IF YOU HAVE CHILDREN AND ARE VISITING THE BEACH PLEASE USE THEM, PUT YOUR CONTACT NUMBER ON THEM, MAKE SURE YOUR CHILDREN WEAR THEM AND KEEP AN EYE ON YOUR CHILDREN AT ALL TIMES.******

*****Please read our 5 top tips to keep your children safe at the beach*****



**In an emergency out at sea, on the beach, or along the coast dial 999 and ask for the Coastguard!
#999Coastguard #Volunteers #AlwaysOnCall**



Selsey Coastguard Rescue Team



@HMC GSelsey



Date: 30 May 2019

Selsey RNLI inshore lifeboat called to kite surfer in trouble.

The D-class inshore lifeboat (ILB) was requested to launch after a concerned member of the public notified the UK Coastguard that they had been watching a kite surfer struggling in the water for quite a while and lost sight of them.

The ILB was launched at 4.37pm on Thursday 30 May and headed towards Aldwick where the casualty was reported to be approximately 200yards off shore. At 4.50pm they arrived on scene but reported nothing could be seen in the immediate area so conducted a search.

After a few minutes a person was spotted on the beach waving at the ILB so they proceeded to the person. The man reported he and his wife had both been kite surfing and his wife had problems and was struggling in the water so he went to her aid. They broke down her rig and secured it before he towed her back to the shore.

The weather on scene was wind westerly force 5 with a moderate sea state in sunshine. The helmsman said both persons seemed experienced and were able to sort the problem out themselves and this call was a false alarm with good intent. The ILB returned to station 5.10pm and was rehousing straight away. The crew today were Helmsman James Albrey, Andy Lee and Dan Langford.

Date: 01 June 2019

Selsey RNLI D-class lifeboat joins search for missing child.

The launch request came 3.11pm on Saturday 01 June after Selsey Coastguard team asked for lifeboat assistance in the search for a missing 7 year old at West Wittering beach.

The D-class launched at 3.19pm and made best speed to the search area. As the lifeboat arrived on scene at 3.35pm news came that the child had been found safe and well but there was now another child missing so the lifeboat stayed on scene until 3.41pm when the 2nd child was also found safe and well. The weather on scene was wind south easterly 2-3 sea state smooth in sunshine.

The lifeboat arrived back at station at 4.00pm and was rehousing straight away refuelled, washed down and made ready for service. The crew today were Helmsman James Albrey, Andy Lee and Neil Hopcraft.

Date: 01 June 2019

Selsey RNLI inshore lifeboat evacuates injured woman.

The UK Coastguard had tasked the Selsey Coastguard team to a woman who had slipped and injured her foot on the rock formations in place at the Bunn leisure holiday centre on the west side of Selsey.

The Selsey RNLI D-class inshore lifeboat (ILB) crew were paged at 5.41pm on Saturday 01 June. The Selsey Coastguard team had asked for the ILB to evacuate the woman due to the location of the casualty. When the ILB arrived on scene the Helmsman and one crewman made their way on foot to the casualty. After speaking to the casualty and confirming she was happy and well enough to be taken by boat preparations were made for the transfer to the ILB.



The Selsey CG team had been joined by Littlehampton CG team so with the two lifeboat men the stretcher was carried over the shingle and rocks to the ILB. Once the casualty and a CG officer were safely aboard the passage back to the lifeboat station commenced.

The ILB arrived back at station at 6.40pm and the casualty was lifted out and carried up the beach and into the boathouse. At this stage the Selsey CG leader had news from SECamb that as this was a cat three incident the ambulance could be up to 2 hours so the woman was helped into her husband's car for transportation to St Richard's hospital Chichester.



The ILB was rehousing washed down and made ready for service. The crew this evening were Helmsman Will Moir, Kristina Dolan and Harry Emmence.

Date: 03 June 2019

Selsey RNLI assists anglers cut off by the tide

UK Coastguard had a phone call from the anglers stating they had been fishing on Kirk Arrow shingle bank at west beach Selsey. Several other people called 999 and reported the incident.

The Coastguards requested the launch of the Selsey inshore lifeboat (ILB) and the Selsey Coastguard team were dispatched. The ILB launched 7.14am on Monday 3 June and were on scene at 7.19am. The two anglers were pleased to see the ILB, they said they didn't realise how quick the water surrounded the bank and how fast the flooding tide travelled.



At 7.35am the two anglers were dropped off at the beach and left in the care of Selsey CG team. The ILB was released to return to station arriving back at 7.41am. The crew today were Helmsman Colin Pullenger, Max Wiseman and Jake Harnett

Date: 4 June 2019

Selsey all-weather lifeboat responds to Explosion and fire on motor boat.

Whilst at the station the Mechanic over- heard a radio call from the Yacht *Ruby Tuesday* reporting an explosion and fire on the 44ft motorboat *Honeymoon*. He and the coxswain could clearly see the smoke after looking out of the crew room window so informed the UK Coastguard while at the same time setting off the crew pagers from the boathouse at 1.06pm on Tuesday 4 June.

The Selsey Shannon class lifeboat launched at 1.16pm and proceeded at best speed to the position of the plume of smoke 7 miles south east of Selsey which was clearly visible. The Coastguard Helicopter Rescue 175 had also been scrambled to the incident. The weather on scene was wind force 4 sea state moderate in rain showers.



Ruby Tuesday had heard the explosion and saw the plume of smoke before hearing the Mayday call. The two men aboard the *Honeymoon* had called a Mayday distress using the handheld radio they had managed to grab before jumping overboard. They then managed to get into the tender and release it from the *Honeymoon*. They reported one man had flash burns and a head injury.



The lifeboat and helicopter arrived on scene together at 1.30pm and it was decided to lower the helicopter winchman/Paramedic to the lifeboat before closing the small tender to recover the two casualties. At 1.45pm the two men were recovered to the lifeboat and assessed. The head wound was dressed and both men warmed up before they were winched up to the Helicopter for immediate transfer to Hospital. The helicopter departed the scene at 2.15pm.



The lifeboat returned to the position of the burning vessel but there was no sign of it so it's assumed to have burnt to the water line then sunk. The lifeboat was released by the Coastguards at 3.20pm and arrived back at station at 3.40pm.



The crew today were Coxswain Rob Archibald, 2nd Coxswain Colin Pullenger, Mechanic Geoff Mellett, Max Gilligan, James Albrey and Pip Skeet.

In the Garden

Touch & Grow Giles Peare 01243 601194
For All Your Gardening & Hard Landscaping Requirements

our monthly guide to gardening - written by Giles Peare award winning broadcaster

July was so called by Mark Anthony from Julius Caesar being born in this month. It is also called Quintilis or the 5th month. It is said that if it rains on "St Swithins Day" (July 15th) it will rain every day for 40 days & if it doesn't it will be fine for forty days. With the weather as it is as I write this article, I think the latter would be an odds on bet!

July is the main month for Heather. The commons and hills are covered with glorious purple Heather interspersed with patches crimson Bell heather. Numerous bees can be seen humming contentedly as they enjoy delicious Heather honey. Wasps have their uses about now as they feed their young grubs with flies and small insects (including horse flies and bluebottles). They nip off the wings and fly to their papery nests with the bodies.

The sky is full of Swallows, Martins and Swifts soaring and swooping all day collecting flies for their young ones. Most birds have gone quite silent this month, apart from the Yellow-Hammers who are in full voice.

July is the time to relax and enjoy the benefits and beauty of the garden.

Jobs for JULY

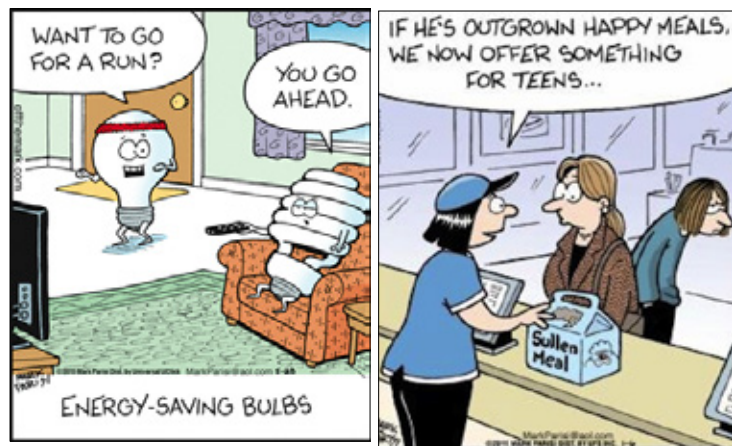
Leave-cutting Bees are very active this month, taking large, semi-circular 'bites' out of leaves. The Bees prefer soft-leaved shrubs such as Hypericure, Roses, Wisteria and others. The Bees are very useful pollinators so it is not desirable to spray with an insecticide but badly affected plants will benefit from a feed or two.

Lift and dry Shallots that were planted early in the year. Drying outdoors is practical only if there is no likelihood of rain otherwise lay them out on the greenhouse bench where the air can circulate freely. After two to three weeks they can be stored in the shed or garage between sheets of newspaper.

Outdoor Tomatoes will usually form four or five trusses of fruits during the season. Pinch off the tip of the main shoot a leaf or two above the fifth flower truss. Greenhouse plants can be left to grow on until early September when the main shoot beyond the topmost flowers should be pinched off. Even if some of the top fruits don't ripen pick them as green Tomatoes for Chutney.

Tip Top Tips

- Keep bird feeders and baths well stocked - it saves crops
- Remove any surplus foliage from Tomato plants - you require fruit not leaves
- Sowing and planting is the easier bit - it's the after care that counts
- Do not weed a lawn when the turf is dry - roots will snap off and grow again
- Visit local Open Gardens and Nurseries - you will enjoy and learn a lot
- Pick Sweet Peas regularly - they'll stop flowering if seed pods form
- Remove leaves with blackspot from Roses by hand
- Pinch out the tips of Chrysanthemums to promote branching and extra flowers over a longer season



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- Bottle and Choc Tombola's
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- Cream Teas in the garden
 - Bric a Brac
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Have an awesome Summer!

Check out our website for more info
www.stwilfridselsey.co.uk

WHAT'S ON AT THE SELSEY CLUB JULY

THUR 4TH JULY: IS QUIZ AND BINGO NIGHT. WITH CASH PRIZES, OPEN TO NON MEMBER £1 TO ENTER THE QUIZ @ 8.30pm

SAT 6TH JULY: THE LOVELY AND TALENTED TANYA HONEY SINGING A HUGE VARIETY OF SONGS ACROSS THE DECADES @ 9pm

SAT 13TH JULY: THE ONE AND ONLY FANTASTIC GUITARIST AND FABULOUS SINGER STEVE WILLIAMS IS IN THE LOUNGE @ 9pm

WED 17TH JULY: IS FOLK AND MUSIC CLUB, IN THE FUNCTION ROOM @ 7.30

THUR 18TH JULY: QUIZ AND BINGO NIGHT @ 8.30pm

SAT 20TH JULY: BOBBY BARNES SINGING HITS FROM THE RAT PACK TO ROCK N ROLL, SO GET OUT YOUR DANCING SHOES @ 9pm

SAT 27TH JULY: MARTIN DAVID IS ENTERTAINING US @ 9pm

EVERY MONTH IS LOCAL MUSICIANS JAMMING SESSION AT 3pm ON THE 2ND AND 4TH SUNDAY

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SUNDAY ROAST FROM 12.30pm until 2.30pm

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NEW MEMBERS ARE ALWAYS WELCOME PLEASE CALL IN OR PHONE US



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We meet in The Walnut Tree at 8.00p.m. every Tuesday evening.

For more information contact Anita on 01243 264681
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*Do you like doing Jigsaws?
Would you like to be able to borrow rather than buy?*

2nd Thursday of each month - 14 Green Lane, Selsey - you can call in any time between 10 am and 4 pm.

The Membership Fee is just £3 and puzzles can be borrowed for a £1 a month each. Over 300 to choose from.

From information on 605942.

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More information: www.nass.co.uk/bognor-regis or phone Tony on 01243 604715.

FRIENDS OF SELSEY MEDICAL CENTRE (FSMC)

Charity No:1013645

Are you a Member?

Please consider joining to help support us

We are a registered charity which was founded in 1992 to provide support for the Centre helping to maintain the community feeling that is unique to Selsey

The Friends area group of volunteers who continuously work with the practice and purchase equipment to help improve services for the benefit of the community

The Centre was furnished in 2001 with the support of "The Friends" who have supplied many pieces of equipment including:

- TV screens & patient call in system
- Diabetic Retinopathy Camera
- ECG machines
- Ambulatory Blood Pressure monitors
- Nebulisers
- Blood pressure monitor

Donations can be made by:
Becoming a member (forms available at the Centre)
Donating a sum of money at any time
Leaving a legacy

With your help we can do so much more

14) What trees can grow above the tree line?

15) On which racecourse is the Scottish Grand National run?

16) What is Miss Piggy's surname?

DONNA’S DELIBERATIONS

Good day, Selsey! How are we all doing today? I do hope this finds you and indeed, the weather in fine fettle! Due to copy deadlines, I’m writing this in June and it’s been seriously dodgy; I understand even the bees are running a bit behind in their honey making factories this year. This is, in the Johnson household a tragedy for two reasons, first and foremost because we really like honey and secondly, because local honey is very good for hayfever – a very serious issue for me this year. I have been afflicted with the dreadful sneezes for about three months now and they just won’t go away. Now, this is where local honey comes in.... (Although my son would say that there is no evidence based research to demonstrate it, but we’ll just ignore that....) The theory is that when we eat local honey we ingest local pollen, over time, we become less sensitive to it and experience less seasonal sneezes. People, like my son, consider that this is a myth because it’s not the heavy, flower pollen which usually causes hayfever, it’s actually grass pollen, which is of no interest to bees. Now, I’m all for evidence based research but, it is a fact, that my sneezes are definitely not so dire when I’m able to consume local Selsey honey. So, if the bees could just hurry up a bit, it would be greatly appreciated!

Bees are fascinating, aren’t they? Although they are not always welcomed! They fly in, just to say hello and inspect the pollen situation, just for many of us to start leaping around and gesticulating wildly! I sometimes think that they know what’s going on – they have no intention of stinging but they know how to make us look completely stupid! John from JJ Coastal took an amazing photo of a bee at a flower recently and I loved it so much I now have a print which hangs just above my computer – so I spend quite a lot of time looking at it! Einstein is supposed to have once said that if the bees were to be wiped out, then civilisation would swiftly follow – ‘If the bee disappeared off the face of the earth, man would probably only have four years to live. No more bees, no more pollination, no more plants, no more animals, no more man’ - although there is no evidence to prove that he did actually say that, it has been widely attributed to the great man himself. Bees score quite highly when it comes to their use in popular culture as well – think about it... the bee-hive hair do of the 50’s, the phrase ‘having a bee in your bonnet.’ Chaucer was the first author to use the phrase ‘busy as bees’ as well. Mr Bumble, the somewhat portly chap in Oliver Twist, is another one and, of course, Dumbledore, the Cornish word for bumblebee was a character from Harry Potter.



Buff tailed bumblebee by Meryn Woodland

Did you know that there are over 20,000 species of bee? Also, the vast majority of bees are solitary. In the UK we have around 270 different species, just under 250 of which are solitary; like the name suggests, they don’t live in colonies like bumble or honey bees, they live alone. They are the most effective of pollinators and are entirely non-aggressive. It is a fact, though, that their habitat is being gradually eroded, having been built on or destroyed for whatever reason. I recently discovered that we can use Bee Hotels to encourage these solitary bees to set up home in our gardens – of course, you may not want to encourage that but, for those of us who are happy to welcome these amazing little creatures, these ‘hotels’ seem like a brilliant idea to me. They consist of narrow tubes, around 100mm deep and 6 – 10mm in diameter; bees will ‘over winter’ in these tubes. If you’ve been successful and a bee has moved in, by late July, the tubes will be filled with eggs and food and the holes sealed off with mud or leaves.

It’s my intention to do my bit to help these wonderful creatures, who manage to defy even the laws of physics and actually fly! When you think about it, we share the bees’ need for natural, varied, green, open spaces and the clean water and air these areas

provide - maybe we have more in common with the humble bee than we think. They are key players in our eco system and I for one, don’t undervalue their contribution to our environment.

So – moving on...what’s been happening over the last month? Anyone get up to anything exciting? I’ve been quite busy over the last few weeks. One of the best things I did was to go to the launch of ‘Sea’s the Day’ a very special exhibition about the Selsey fisheries; it was truly fascinating to learn more about this remarkable part of our heritage. We are hoping that the exhibition will be able to come down to Selsey when it leaves Chichester but, for now, the exhibition can be seen at the Novium. It’s entirely free as are recipe cards using our amazing shellfish. They are available both in Chichester and various places in Selsey such as the Town Hall and library. There’s also an amazing book which is available called ‘Bringing Home the Catch’ – giving more personal stories from the fishermen themselves with some really fantastic photographs. Again, the Town Hall or the Library will be able to help you. It is a very worthwhile project and the information gleaned from it is being archived at West Sussex for future generations. How wonderful is that?

Another exciting thing has been the reappearance of Trevor, the Selsey Seal – he is indeed quite famous, having made the local radio. I don’t know if we can prove it’s the same seal or not, but I like to think that it is indeed Trevor and that he swims to Selsey for a bit of a holiday every year. Seals are incredible creatures as well, aren’t they... so ungainly on land but so graceful in the water. I haven’t seen Trevor this year so have been relying on my lovely fellow residents to post photos and film to social media. I’m hoping to catch sight of him before he goes off on his travels for another year, though.



Photo c Coastal JJ

One animal I’ve never seen in the wild but would love to, is a dolphin. Our fishermen are very fortunate to come upon the occasional pod of dolphins who follow them the boats. To be that close to one, knowing they actually want to interact must be really special. Selsey has its drawbacks, we all know that, but we live in a town where a seal comes to holiday and dolphins say hello to our fishermen. I think that’s pretty amazing.



On matters other, please look out for the Selsey Festival Brochure which will be available in various shops and, of course, the Town Hall. The Festival runs throughout August and has some brilliant events. Unashamedly, I’m promoting my friend Ben Thapa, former tenor from G4 (my regular two readers will know I am a bit of a G4 groupie!) who agreed to come to perform for us on 30th August. Joining him will be local soprano, Elizabeth Pow. Tickets are available from Ticketsource online or the Town Hall. Ben has a wonderful voice and will be singing a selection of songs (I have no idea what they are yet!) both operatic and contemporary. The Festival is an important month in Selsey’s year, and there is so much going on, from a children’s entertainer through to a car show, quiz night and the famous End of the Pier show. There really is something for everyone. So...be there or be....we all know how it ends!

Take care all, enjoy the weather and don’t forget the sunscreen.

Donna
Donnajohnson279@gmail.com

Bits of Bruce:

“One is the loneliest number”. I am blessed in my Job; I am busy and meet people every day, it’s hard to get bored or lonely. Yet there are times when I have to be on my own, keep confidences, make difficult decisions, keep my own council. And it’s at these times when I crave company most, but for all sorts of reasons I just cannot, must not reach out and satisfy my deep craving for others’ company.

Living and being with others is at times, difficult, but it is even harder living without anybody. Some would say in this day and age it’s impossible to be alone. Yet the world is filled with lonely people. Some have no one at all; some never see another living soul from one week to the next. Every day I come across someone who has not spoken to anybody that day / week. Just a smile, a friendly word, can make all the difference.

In a world of family breakdown, high divorce rates and single living, more and more people are living on their own. Human beings need the company of others, that is what made us succeed as a species, without human company we can just fade away and die. Without others, who do we share our successes with and who can drag us out of the doldrums when we are down. Yet in a world full of people, perhaps too many people, many are isolated and lonely and loneliness kills.

But you do not have to be alone here in Selsey there are hundreds of different clubs to join from Art to Zumba and everything in between, four different Churches, which lay on events, clubs and Services that you can attend and a Care Shop in the heart of the High Street where you can find help and a point in the right direction towards a community or club you might like to be part of, or just a daily call from someone for someone you know who cannot get out. Just a kind word and a bit of a laugh are all that it takes to brighten up a lonely life sometimes. I personally love The SHOP, great coffee and a friendly chat and who knows where, what a quiet chat over a cup of coffee or tea could lead. (Other coffee shops are available)

We are social creatures, we need each other and we need each other to treat us well and that will keep us well. There is lots out there in Selsey to do, but sometimes we get used to being lonely, we don’t want to mix or we have forgotten how to. Talk to someone about being lonely, reach out, seek out it is never too late to make new friends, acquaintances or even family. I cannot promise success on the first attempt or even the second, you just have to keep trying but there is someone, or some community waiting out there to be made complete by you joining and being with them.

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Wednesday & Thursday evenings at 7pm & Sundays at 9.30 am & 3pm.
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Lifeboat Week

Sunday 28th July to Sunday 4th August

28th July, Service of Praise and Thanksgiving in the boathouse, Kingsway 6.30pm

29th July, Station Open Evening – an opportunity to get up close to the boats and learn more about them and the RNLI with members of the crew as your guides 6pm – 9pm

30th July, Walking Treasure Hunt - a walk of approx. 2 hours around Selsey, collecting clues and answering questions as you go. Entry £1 per person, registration 6pm – 6.30pm, start location Hillfield Road car park.

31st July, Quiz Night at The Seal, Hillfield Road, Selsey, start time 8.30pm, entry £2 per person

1st August, Race Night, Royal British Legion, 31 High Street, Selsey. Start time 7pm (doors open 6pm). New this year there will also be Card Bingo and a Killer Pool competition (there will be an entry fee of £2 per person for the pool competition)

2nd August, Fun Dog Show, Tug of War, Firework Display, Family Funfair. All events take place on Lifeboat Green, Kingsway (entry fee applies to dog show only), from 5.30pm

3rd August, Flag Day, various locations around Selsey throughout the day; Grand Afternoon Tea at East Beach Evangelical Church, Marisfield Place, Selsey, 2pm – 5pm.

4th August, Lifeboat Day, Lifeboat Green, Kingsway. Craft, charity & community stalls, raft race, lifeboat launch, rescue displays, Family Funfair and much more.

For more information contact Elaine on 07946 176480; ediyb.rnli@outlook.com; selseylifeboats.co.uk; www.facebook.com/SelseyRNLI fundraisers



St. Peter's Church
More News

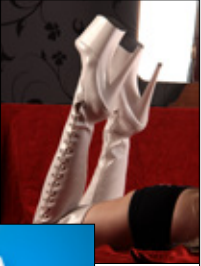
Sea Sunday Service 10am 14th July at St. Peter's, where as a fishing and RNLI village we give special thanks to all those who work on the sea helping us in so many ways with guest speaker from The Mission to Seafarers Chaplain John Attenborough followed by refreshments in the hall courtesy of our RNA all welcome.

11am - 1pm Saturday 27th July St. Peter's Church Hall Book and Bric a Brac Sale in support of St. Peter's Restoration Fund plus refreshment. Entrance 50p.

7pm - 9.30pm Saturday 10th August:

ABBA Tribute Band Concert

Selsey Centre - tickets with table nibbles
£12 from Sally on 01243 604104
also with pay bar and room for dancing!!





selsey golf club



had two sons and a daughter.

In September 2004 Selsey Golf Club had a new Golf Shop. The Club's Professional was, at that time, Peter

Grindley and he contacted Max Faulkner and asked him to open the shop. This Max did and in celebration he took a drive off the first tee. This turned out to be the last drive of the ball he ever took. Max died in February 2005 aged 88 in St Richards, Hospital Chichester.

This year the British Open is to be held once again at Royal Portrush and will be played in July. It is 68 years since the Open was played in Ireland and Max Faulkner won the Championship. A full international field of players including last year's Champion, Francesco Molinari, will be teeing off on the first day. Will Rory McIlroy or Justin Rose (a 'fairly' local, he lived in Hook, Hampshire and started playing golf at his nearby Club), be the next British Open Champion or, may be Tiger Woods? They will all be there.

---ooo---

Now the rest of the Selsey Golf Club news for the month of May

Ladies' Section

As Ladies' club day is played on a Monday, only two club days were held in May because of the Bank Holidays. The Hacking Bowl, a two part competition was played on the 13th and 20th May. This competition was first played in 1928 and apart from the years of World War II has been played every year since. This has to be one of the oldest cups still played for each year and one that all the ladies would like to win. The scores of both competitions are combined and the winner this year was Linda Cook scoring 150 points and Eddie Williamson was second with a 151.

On May 10th the ladies teamed up with the Vets and played a mixed competition, the Marlene Briance Salver. Again this is a annual competition. This year's winners were Tudy Hynes and Barry Stenning and the runner ups were Eddie Williamson and Colin Dear

On 24th May Selsey Ladies played their first friendly match against Chichester Ladies at home. It was a lovely sunny day and the match was followed by a delicious afternoon tea in the Links Restaurant. Selsey won the match 2 ½ to 1 ½. A really enjoyable day was had by all the players.



Men's Section

The Mens section continued with their Sunday competitions and some of the results are included in this article.

On the 11th May a friendly match against Gosport was played at Gosport. A good day was had by all who took part and the match was a draw.

On 12th May the May Medal was played and Division 1 was won by Billy Daniels and Division 2 by John Mustoe.

The Selsey Mens represent Selsey in both the Oliver Trophy and the Southern Counties Scratch League. On the 18th the second round of the Oliver Trophy was played against Littlehampton at home and Selsey lost 5-7. The team will now play in the plate competition with other teams that have lost in the early rounds, Selsey will play Slinfold on 22nd June.

The Scratch team also played their first match in the Southern Counties Scratch League but unfortunately lost to Sutton Green 3.5 to 1.5 They will now play the Royal Winchester GC in 23rd June.

'The Oliver Blake trophy', played at home on Monday 29th April mentioned in the May issue, should have been the Oliver Trophy. The writer apologises for the error.

Also on the 18th the Birchwood team played their second round match against East Brighton at home. The score was a draw but under the rules of the competition the away side win.

On 19th May the Captain and Vice Captain Team challenge was played. Always a well supported event. The winning team this year was the Captains.

On May 20th the Cyril Blake Cup team played The Dyke GC at home and lost 1 – 3; they will now play Royal Winchester GC on



Finally in May on the 26th the Captain/Pro Challenge Cup was played and the winning team was, as shown in the photo with the Club Captain (left), Tony Lee, Richard Jarvis, Brian Blackman and Jeff Wootton scoring 121 points.

Veterans' Section

On Wednesday 22 May the Veterans' Section took part in the annual Captain's Day Competition – an 18 hole Stableford game with a shotgun start. A very strong field of over 50 players enjoyed fine golfing conditions throughout the day. After 9 holes each group benefitted from words of encouragement from the Captain along with drinks and a snack.

At the end of the competition everyone retired to the club house for a buffet lunch followed by prize giving. First, second and third prizes were awarded in each of the 3 divisions and to the group of Supervets who played 9 holes. Thanks go to the club professional, Gary Hughes, who donated 4 vouchers for a 30 minute lesson which the Captain awarded to players who did not quite win a prize! A glass and a bottle of wine were given to the 'nearest the pin' winners on the par 3 holes.

The overall winner on the day, with 39 points, was Reg Ewens who was presented with the Stan Iskett Putter by the Captain, Brian Rainer.

The competition fees and the proceeds of the raffle organised by Sheila Rainer and Julie Conebar totalled £432 which was presented to the Captain's Charity for the year – Chestnut Tree House (Children's Hospice Care).

Thanks need to go to all the clubhouse staff who helped to make the day so special.

Club matches are well and truly underway with wins at home against Bognor Regis and Foxbridge and away against Gosport and Stokes Bay, losses away against Southwick Park and Avisford Park. Our 4 match competition against Southsea for the Millennium Salver began with a hard fought battle at home which ended in a 3 – 3 draw. We are looking forward to the first return match at Southsea!



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CRABLANDS BOWLS & TENNIS CLUB

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Crablands, Selsey, PO20 9BD

To all Crablands bowlers and would be bowlers who are enjoying the Springtime with its better weather and lighter evenings a reminder that Friday evenings are Open to all to come and "roll-up" and enjoy a relaxing hour or two with friends in the clubhouse.



Captain's Day was a great success, not least because we just beat the rain!

Over 40 players enjoyed playing - new and established bowlers joining in. Crablands raised over £100 for this year's charity - Selsey Carers - by way of a Spider and a fine raffle full of donated prizes presided over by Carol and Nigel Reynolds. Carole Cornwell and her willing helpers collated all the donated food and presented a wonderful feast afterwards. Dave Bowles provided 3 excellent bowls of punch which were greatly appreciated! Grateful thanks to all members.

Dave Bowles won the Spider (with a wood bowled by Alan Bateman) and promptly donated his winnings to the Charity! Winners of the bowling were Dave Osman, Lil Tuck, Albert Humphreys and Mark Heasman. Runners up were Susan Jackson, Barbara Winter, Tom Oliver and Alan Blyth.

Finally congratulations to Chris Lewendon, Melva Bateman, Sheila Jones and Carol Bowles for reaching the semi-finals of the County 4s (to be held at Preston BC) and to Chris, Sheila and Carol for also reaching the semi-final of the County Triples. Well done ladies and good luck. For details relating to green bowls ring Chris Lewendon 60159.

On the tennis front Wimbledon is in full swing and maybe the tournament will stir the feet and racquets of past players as well as current members but if you or your children have never tried this great game then perhaps now is the time to come and have a go. For all details concerning tennis and/or the table tennis and mini-tennis which can be played some evenings during the week then Jo Montgomery can give you all details Ring 60690.



For details of short mat bowls played in the sports hall ring Jim Saunders on 606172.

THE WRITERS CIRCLE

meets on the first Tuesday of every month in The Methodist Hall, High Street, from 2.00pm until 4.30pm
If you are already writing or a complete beginner you will be given a warm welcome by our small, friendly group of ladies and a few gentlemen
Membership is £12 per year and £2.00 per session.
Tea or Coffee included.
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also became his son-in-law. He was a very flamboyant man choosing to wear brightly coloured plus fours and sweaters at a time when the usual attire was much more subdued. He never took himself seriously and had a great sense of humour. He just loved to make people laugh so it will not be surprising to know that his greatest friend in life was Norman Wisdom.

He was awarded the OBE in 2001 on the 50th Anniversary of his Open victory. Throughout his golfing life as well as running coaching clinics, he was always very supportive of fellow golfers. He raised large sums of money for charity. He was married and



hoping to find new players for both Saturday League Matches and Sunday Friendly Matches.

We would love to hear also from People who would like to umpire or score.

Social members are also very welcome, and we have a bar that is open on match days, and Friday evenings and Sundays.

One disappointment this season and despite extensive advertising, the Selsey Ladies Softball Cricket Festival was cancelled, as we have only had 4 Ladies register, which was not enough to hold the event, we had hoped this would have been a big success.

We are very sorry to have to cancel the event.

If you would like to join Selsey Cricket Club, please email us at info@selseycc.co.uk or pop in and see us during a match day on on a Friday or Sunday, we are a friendly club that welcomes new members.

The Club and Committee would like to congratulate Committee member Mike Nicholls on being awarded the British Empire Medal in the Queens Birthday honours list for services to the Selsey Community.



The update on the building project.

We are progressing

- Building regulations to include steel drawings and sizes
- Looking into main gravity sewage, for drains
- Electricians quote , with local electrician
- FA Bid,
- Fund Raising

Mike Nicholls is putting in funding bids at the moment to the FA and Sports England and also looking at other providers.

We are also delighted that we have a volunteer joining our project team called Natali West , who has expertise in raising monies for projects.

She is getting on board with Deb Heath and Dickie Istead.

We meet every month to overcome hurdles that are presented to us, which as a team we are overcoming.

I would like to offer my personal thanks to Deb Heath and Mike Nicholls who have, and are still putting in substantial time and effort in moving the project forward. More updates soon.

Updates from the Club Chairman Andy Horner on the new building project will be put on our Website under “Horner’s Corner” www.selseycc.co.uk

We are getting ever closer to this year's Selsey Cricket & Social Club's famous Beer Rounders and Family day which will be on the Recreation Ground, as part of Selsey Festival 2019 on Sunday



August 11th 2019

We hope that people will share this event, to get as many people in our community to take part as teams or spectators.

It promises to be a fantastic day out for all the family, with lots of things to see and do, so come along and enjoy the fun.

Ground open from 10:30 matches start at 11:00 am.

There is a Pay Bar in the Club House open all day until late, open to the public, offering cheap alcoholic and non alcoholic drinks. Attractions on the Field to include; Burgers; Hook a duck; Tin can alley; Lucky dips; Key rings; Dreamcatchers; Mind Charity Stall; Burnetts Fairground Rides; Sir Patrick Moore 3D exhibition in the Pavilion.

So come along whether you are local, or visiting Selsey, everyone is welcome, and have a fantastic day out. Further information can be had by emailing us at info@selseycc.co.uk or phoning the President John Reeve on 01243 604924.

Every team will get a minimum of two games. Make up a team (7 persons) book a team or turn up on the day, or just come along to watch and enjoy the day.

Selsey Cricket Club is located at The Sir Patrick Moore Pavilion, Recreation Ground, High Street, Selsey, PO20 9BB, car parking in the new Co-Op behind the fire station, or at Selsey Medical Centre.

On Saturday 17th August, during the Festivities, Manhood Classic Car club will be holding their Summer Classic car show on the Cricket Field from 10:00 am until 4:00 pm.

In 2018 over 160 cars were on display.

The Selsey Cricket Club Bar in the Club House will be Open to the Public during the show, selling alcoholic and non alcoholic drinks .

For more information please go to their Website. <https://www.manhoodclassiccars.com>

We look forward to welcoming new members and visitors to the Club

Ricky Halpin Selsey Cricket Club 07968 961323

Team Shirts sponsored by the Mellor Practice

www.selseycc.co.uk www.facebook.com/selseycc
Twitter [@selseycc](https://twitter.com/selseycc) www.selsey.play-cricket.com

How to find us <http://www.selseycc.co.uk/find-us/>

06/07/19	Gawley CC, Sussex - 2nd XI	1st XI	League	13:00
07/07/19	Sunday 1st XI	Ram CC - 4 th XI	Friendly	14:00
13/07/19	1st XI	Himani CC - 1st XI	League	13:00
14/07/19	Sunday 1st XI	Singh 11 Southampton	Friendly	14:00
19/07/19	Selsey Friendly XI	Magdalen Touring Side (Thames Ditton)	Friendly	18:00
20/07/19	Bognor Regis CC - 2nd XI	1st XI	League	13:00
21/07/19	Sunday 1st XI	Waterlooville CC - Friendly XI	Friendly	14:00
27/07/19	1st XI	Henfield CC - 2nd XI	League	13:00
28/07/19	Sunday 1st XI	West Ashling CC - 1st XI	Friendly	14:00

PLEASE NOTE LAST DATE FOR SUBMISSIONS FOR ENTRY INTO NEXT SELSEY LIFE IS 16TH JULY



Selsey Matters

Comment and opinion by Bryn Edgar

It must be ten years or more since the “Selsey Matters” column appeared in Selsey Life; written by Patrick Last, it offered one individual’s view of things that affected Selsey and those who live and work in the town. The column often offered another way of looking at things, and was obviously written with the intention of making the reader look anew at what was going on around us. Whether it changed anything for the better is debatable, but at least it made people think, and become more aware of what was happening in their town.

Social media has enabled us to react almost instantaneously to events, but it gives no real opportunity for considered comment and debate. That’s fine, as far as it goes; but it is too ephemeral to allow us to truly think about the issues concerned; the concerns of today are largely forgotten by tomorrow, and it seems to me to serve simply as a platform for us to express our immediate feelings.

I miss the opportunity to think about and react to the concerns of others; so with the kind permission and co-operation of the proprietors of Selsey Life I hope to rectify that by offering a few of my own concerns for you to think about and kick around- and perhaps fire back at me! I make no apology for “half-inching” Mr Last’s idea, or for using the title “Selsey Matters”, either; both fit the bill exactly- and as he has been conspicuous by his absence for some years I don’t think he will mind too much.

I freely admit that I don’t like social media, and I know from talking to others that I am not alone in this. I don’t think it’s an age thing, either; yes, I am knocking on a bit (seen a lot, done a lot, got the T-shirt, etc.); but many people, both older and younger than me don’t use social media at all, or only use it on a limited basis- which is what I do. I must confess (like George Washington, I cannot tell a lie) that while I have a “facebook” account (shock, horror!), I only use it to access “The Selsey Grapevine” page- a “must” for all Selsey residents, in my opinion, as of course is Selsey Life!

I think that these two formats (one on-line, and one in hard copy) can and should co-exist if we are to be, and remain, a socially aware and well-informed community; with instant information and rapid responses (where required) from the “Grapevine”, and more in-depth content from “Selsey Life”. I think it would be very difficult to browse through the many and varied articles in each month’s magazine if it were forced to go to an on-line format only; I certainly wouldn’t bother to read it if I had to scroll down through page after page to re-visit a particular article or item- and that’s the difficulty I have with on-line forums such as the “Grapevine”.

Perhaps it’s my lack of computer skills that’s the problem; for

example, I wanted to comment on a request that appeared on the “Grapevine” a couple of days ago. A lady was considering moving to Selsey, and wrote asking what sort of place it was- had others found it a great or a dreadful place to live? I logged on, and eventually found it; but it took me some time as there had been so many other posts since it appeared, and it did not show up immediately. Anyway, that’s my problem- but I don’t think I’m alone in that.

The response to the request was immediate; within a few hours there had been 32 replies- thirty-one respondents loved Selsey and wouldn’t want to live anywhere else, while only one (honestly) thought it was the worst place anyone could live or want to live! While I had little doubt that there would be a large pro-Selsey response, I was amazed by the magnitude of the result. To my mind, that shows the value forums like the “Grapevine”- an almost instant answer to a particular problem.

What it doesn’t do, of course, is paint an overall, broad brush picture of our town, which is what we get from Selsey Life. On-line content is all very well, but when we are away from our laptops, tablets, and other devices that content is out of sight and largely out of mind- and when we log back on, things have moved on; there’s a whole load of new information and chat for us to think about, and we will soon have forgotten about things we read earlier.

That is where a magazine like Selsey Life comes into its own; it is there in front of us, lying on our coffee tables, or by our armchairs, ready for us to browse through and enjoy at our leisure. We are able to take in what it tells us in the articles and community information columns (and the adverts, of course!) at our ease; and it is readily available for us to refer to, without having to remember whether it was last week or the previous week that we saw a particular item “on line”!

Over the past 20 years, “Selsey Life” magazine has become an integral part of Selsey life, and the whole community would be the loser if it was unable to continue; and it is up to us to make sure that doesn’t happen by making sure we pick up a copy each month, and putting our 50p (or more!) in the yellow box!

On that note, I will sign off- in the hope that I am able to come back next month (!) with further thoughts on local issues. I would be delighted to learn your views on anything I’ve written; email your comments to selseylife@btinternet.com and I am sure that Amanda will forward them to me.

Bryn Edgar

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Please note that the views expressed by Bryn Edgar do not necessarily reflect the views of the proprietors of Selsey Life

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Hello everybody! It's me Markus the office cat bringing you all the news from The Cat and Rabbit Rescue Centre.

This month I would love to talk to you about some very special cats looking for their forever homes. We call them our Golden Oldies! The Centre has recently received a lot of calls from people who can no longer look after their mature and elderly cats (they don't seem that old to me!). Many of which are now living here at the Centre while they wait patiently for their new homes. I just want them all to live out their days as happy as I know my retirement will be, spent in my lovely warm office surrounded by all my doting staff.



I have had a chat with our vet and because we really want these cats to be rehomed we decided that any cat over 14 years old can be on our foster care scheme. This means that CRRC will provide any medical support for these cats for the rest of their lives using our own lovely vets here at the Centre.

Older cats can make great companions and often love to spend more of their time at home enjoying a warm lap and lots of company. Also don't forget cats can easily live to late teens and even early twenty's so they all still have a lot of love to give. If you would like to consider one of our Golden Oldies please have a look at our website under the Golden Oldies section. I have also arranged to have an extra viewing day on Saturday 6th July between 12-2pm just for you all to come meet our Golden Oldies and our more mature cats. Also check out our pet of the month Thetis, she is one special older lady who is desperate to find her forever home.

Please take a chance on an older cat, you will not regret giving them the chance to live out their days in a safe and loving environment. I shudder to think if I was still a stray and living on the street in my old age, I don't think I would cope. I definitely love my home comforts now and I am so glad CRRC took a chance on me and gave me my loving home.

If you are interested in adopting a cat, kitten, rabbit or guinea pig then please call us here at the centre on 01243 641409 between 9-4pm during the week.

PS: We have a Viewing Day Saturday 27th July 2019 12-2pm. Viewing days are non-appointment days so people thinking of adopting a cat can pop along. Otherwise we rehome 7 days a week by appointment only.



THE CAT & RABBIT RESCUE CENTRE

Have you visited the Cat & Rabbit Rescue Centre Charity Shop at 9 The Parade, Selsey?

It is full of fantastic bric-a-brac, including antiques, pictures, jewellery, as well as clothes for every occasion, beautiful bedding, curtains, craft items, and good quality furniture.

If you have time to spare, why not become a volunteer, just visit Sue or Nicky in the shop.

17) Which butterfly shares it's name with a punctuation mark?

18) To which flower family does garlic belong?

19) Eboracum is the Roman name for which city?

20) For how many years was Robinson Crusoe marooned?

Pet of the Month July 2019 Thetis

This month allow us to introduce Thetis one of our 'Golden Oldies', a gorgeous 16 year old tabby girl. Thetis loves human company and is looking for someone who would be able to be with her as much as possible. Thetis arrived at The Centre in February as her owner very sadly passed away and she has been very lonely when the staff and handlers go home. She loves having a cuddle and being stroked and would happily sit with you all day if she could. Thetis would like to go to a nice calm, quiet home. Being an older lady she does have a couple of health issues, suffering from high blood pressure, meaning her eye sight is not 100% and she is pretty deaf, with a very loud meow, also a bit arthritic as well. Due to these health issues and her age Thetis is part of our Full Foster programme, this means we cover all her health issues as long as she comes to our vet at The Centre. Any accidents and any emergencies out of hours are not covered but all other treatment is.

If you think you may be able to give Thetis the new home she deserves please give The Centre a call Monday to Friday 9am-4pm. We can also explain the foster scheme in full detail. (Photo Credit Sophie Saunders.)

THE CAT & RABBIT RESCUE CENTRE

Holborow Lodge, Chalder Lane, Sidlesham, W. Sussex PO20 7RJ



Also find us on facebook

www.facebook.com/catandrabbitrescuecentre



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Brent Lodge Briefings – Help your garden wildlife

Sadly, the negative impact of human activity, agriculture and climate change on UK wildlife numbers and welfare is staggering. Brent Lodge treats many casualties that have suffered as a result of road traffic collisions, oil spills, poisoning, glue traps, and fishing line. Attack injuries caused by domestic cats and dogs are commonplace too. Habitat loss or disturbance results in hundreds of orphans being admitted, and many of our baby birds have had their nests disturbed or destroyed by tree or hedge-cutting during breeding season. Hedgehog numbers have declined dramatically – as more gardens are fenced in, their food becomes scarce, and slug pellets and pesticides deplete their numbers. Every one that we treat and release helps to avoid the potential for their extinction.

Here at Brent Lodge, we are doing our best to create a positive impact to aid UK wildlife casualties and orphans, also to educate the public on how to respect and protect our native wildlife through our outreach work. Most of us would like to create a safe haven for more wildlife to visit our gardens and making your outside space attractive to birds or mammals needn't involve a lot of work.

Simple things such as keeping an eye on your cats if you see baby birds in your garden, keeping your bird food topped up and being more wildlife aware when cutting your hedges are a sure way to help your garden friends.

Baby season is still underway as the first of our hoglets arrive at the hospital, we will continue to see more hoglets and other orphaned wildlife as we move into the depths of summer. If you're worried about a baby animal that seems to be alone, don't touch them but watch from a distance to check they're orphaned first, if still in doubt call us 01243 641672.

We receive many calls about young animals from people who think they are orphaned but it's likely that the parents are nearby, waiting for people to leave. This time of the year is lovely, not just for the weather but for all the young wildlife creatures born at this time, of course these babies would be far better off with their mum living a natural life in the wild. But for those who simply cannot be reunited with their parents, or those that need a bit of extra TLC due to illness or injury, it truly is a pleasure and a privilege to rear them. Watching them grow from tiny, helpless and often frightened bundles into healthy, strong and clever juveniles ready to return to their natural habitats and take on their next adventure ahead.

We are grateful for the support we receive from the local community either by volunteering or by making a generous donation. If you would like to help us to secure the future of wildlife in our care there are many ways you can support us by visiting our website, www.brentlodge.org.

21) Which two letters are worth ten points each in Scrabble?

22) Which bestselling author also wrote as Mary Westmacott?

23) Which English King had the nickname "Tum-Tum"?

24) What is Dactylogy? (Nothing to do with dinosaur birds)

25) Who designed the Morris Minor?

26) In darts slang, what score is Bed and Breakfast?



LITTLE SPAIN BOWLING CLUB

Golf Links Lane PO20 9DR

email: lsbowlsclub@gmail.com

website:

www.selseycountryclub.co.uk/little-spain-bowling-club

Our season is progressing well with some favourable wins in our "all Friendly Matches" Our Invitation Trophy, where we invite 11 clubs to a day of bowling, was a great success, enhanced all the more by our own team winning the Trophy on a close call.

Results: 1st: Little Spain 13 points/ends won 27,

2nd: Crablands 13 points/ends won 21

3rd: All Sorts (from the Purley area) 11 points

On what should have been a bright summer's evening we entertained some of the Ladies from the Selsey branch of Trefoil, (the Guiders Guide). We braved what seemed like winter conditions for an hour or so of bowling before retiring to the Pavilion for tea and cakes.

Captain's Day, a charitable event: Captain Alan and his wife, Jillie, did us proud. As the sun came out in the afternoon the majority decision was to bowl as opposed to a horse racing event. Sadly, it was not too long before the rain clouds hung over us and as it is said: "I've started so I'll finish" we completed all three sessions of bowling. The winning team was John Thorp and Val Whiting. A BBQ followed provided by the Selsey Country Club.

The following benefited from the charitable event:

VIBE (Visually Impaired Bowls England) from the "Spider" - Winner: John Ballinger.

Club Funds from the Spirit Raffle.

St Wilfrid's Hospice, the Captain's Charity, from the main raffle of the day, which raised £120, to be presented later in the year.

Newcomers always welcome. Contact details above.

GRAND AFTERNOON TEA

EAST BEACH CHURCH
MARISFIELD PLACE PO20 0PD

SATURDAY
3RD AUGUST

2PM – 5PM

Coffee or Tea,

Sandwiches,

Cakes, Scone,

Jam, and

Clotted Cream

All for only £5



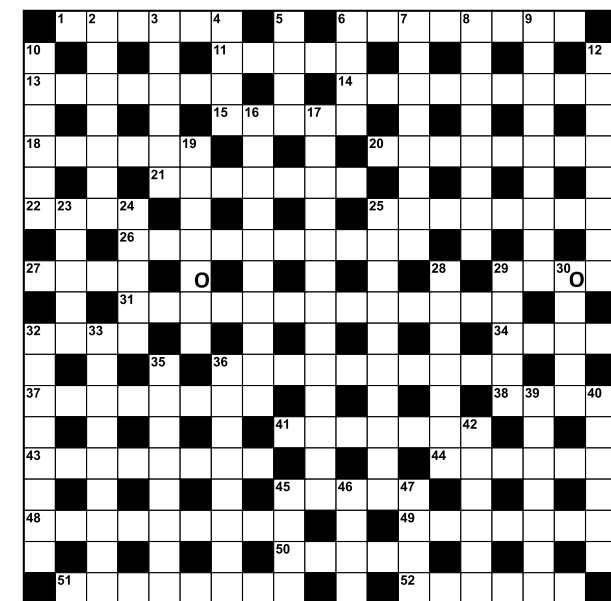
all proceeds
to the RNLI

Fill in the blanks with the words provided. Two letters are already in place.

4 letters:
AEON
AREA
KNOT
LUTE
MEZE
MILK
POME
PONY
STAR
SWAN
TRIM
ZEBU

5 letters:
ASK ME
ASSET
KYZYL
OKAPI
ORBIT
RHINO
RHYME
THROVE

6 letters:
ANIMAL
BANANA
EASILY
LIMITS
MODEMS
RIDGED
SPATES
THREAD



8 letters:
LICENSE
PASTIME
POPULAR
RAG DOLL
REMOVAL
UNIFORM

9 letters:
EDUCATION
INDENTURE
MANNEQUIN
ZINFANDEL

10 letters:
ASYNCHRONY
HYPOTHESIS
PILOTHOUSE
SKEPTICISM

VISUAL PUZZLE

Can you find the two identical pictures?



Summer

H	O	T	G	S	U	N	H	F	T
N	E	E	R	Y	E	N	O	R	I
G	R	A	S	S	I	D	S	E	U
H	A	L	O	F	M	Y	U	S	R
O	U	I	E	J	U	L	M	H	F
L	G	A	G	B	R	E	M	V	A
I	U	W	I	U	T	T	E	R	C
D	S	T	L	B	E	Y	L	F	A
A	Y	S	D	F	E	N	O	I	T
E	N	U	J	L	O	W	E	R	S

Find all the words from the word list
(ignore spaces and dashes):

AUGUST HOT
BEE JULY
BUTTERFLY JUNE
FOLIAGE MIDSUMMER
FRESH FRUIT SUN
GREEN GRASS VACATION
HOLIDAYS WILDFLOWERS
HONEY

This is zigzag word
search puzzle.
Words go left, right,
up, down,
and can bend
at a right angle.
There are no unused
letters in the grid,
every letter is used
only once.

My dad used to work for the council
mending roads. I could not believe
he used to steal from them, but
when I used to get home all the
signs were there...



1) Sir Francis Drake 2) Juggernaut 3) The Tracey Ullman Show 4) American War of Independance 5)
Sonny and Cher 6) Lassie 7) The Virginian 8) Dylan 9) Carmen Silvera 10) Zeus 11) Charlie Kray 12)
Arizona 13) Shell

20) The Pope
21) Belshazzar
22) Copenhagen
23) Andrew
Sandham
24) 1953
25) Donkey

1	5	9	4	3	8	6	7	2
4	6	8	5	7	2	9	1	3
7	3	2	6	9	1	5	8	4
2	9	5	7	8	4	1	3	6
6	4	7	1	5	3	8	2	9
3	8	1	9	2	6	4	5	7
9	2	4	3	1	5	7	6	8
5	7	3	8	6	9	2	4	1
8	1	6	2	4	7	3	9	5



R	A	S	P	B	A	P	R	C	R
M	Y	R	R	E	P	L	I	H	A
A	O	E	P	A	P	U	C	E	E
N	G	A	C	H	P	M	O	R	P
O	E	U	L	B	L	E	T	R	Y
R	B	E	R	R	Y	P	I	N	E
A	E	B	A	N	E	L	P	P	A
N	G	A	N	A	N	O	L	E	M
T	I	U	R	F	W	A	T	E	R
G	R	A	P	E	N	O	M	E	L

K	T	B	P
N	A	V	B
L	P	L	O
R	E	M	E
O	I	B	
L	O	N	G
V	O	L	C
A	O	R	Y
L	A	W	E
S	R	O	O
W	O	R	D
A	O	A	P
N	E	W	S
U	P	L	E
E	C	H	O
L	N	O	I
K	I	N	G
D	E	V	E



Selsey Model Boat Club

The Club meets twice a week at the pond on
East Beach, weather permitting, when
members sail their radio controlled boats
Times: 10.00am until noon on Sundays and
Wednesdays

The first Sunday of each month is Race Day
New members welcome
or just pop along to have a look and a chat
contact Chris on Selsey 601550

SelseyRoyal British Legion

Friday 26th July

DOCTOR'S ORDERS

Charity Fun

GARDEN GATE

Bingo Evening

CUP OF TEA

MAN ALIVE

Raising money for

'Target Ovarian Cancer'



Eyes down 8pm

Selsey Bridge Club

All welcome

Friendly group of mixed ability
Thursday afternoons

2pm - 5pm

Selsey Centre Manor Road
call Carole Kinross 01243 602250
for information

Selsey Royal British Legion

Sunday 21st July

Fun Card Bingo

The more people playing, the more
you win!



8pm Start
Everyone is
welcome

I got one of those universal remote controls - I thought
'Wow, this changes everything...'

Darby & Joan Club Selsey

The club meets every Friday between 2.00 & 4.00 at
St. Peter's church hall
for a game of prize bingo and raffles
and of course a nice cup of tea and chat.

Also during the year we have subsidised days out
to garden centres for cream teas and a bit of shopping.
Transport to the hall is supplied by Selsey Venture bus,
if you are a member of this great service they offer.

We are a club are affiliated to the R.V.S

For more information please call Kim or Graham
on 01243 937 730 or 07838 549 034

SELSEY CANCER RELIEF FUND DATES
TO REMEMBER Methodist Church Hall 10am

July - Collection boxes in High Street

Saturday 4th August Jumble Sale 10am

Saturday 1st September Odds & Bobs 10am

There is ample parking behind the Fire Station.

Carers' Support, Selsey Community
Forum Registered Charity Number: 1156460
CAR BOOT SALES 2019

SUNDAY 1st SEPTEMBER

Cars £8.00 / Car & trailers £10.00 / Vans £15.00

To be held on

The Recreation Ground, School Lane, Selsey
(Weather permitting)

From 7.30am to 1.00pm

Selsey Methodist Church
Table Top Sale on
Saturday 27th July 2019
from 9.00am.

Bric-a-Brac & Craft tables
to browse through and the
usual yummy refreshments
to enjoy.

Free entry.



1ST SELSEY SCOUTS Charity Shop

Scout HQ, School Lane ~ every Saturday
between 10 am -12 noon

Bric-a-brac ~ Clothes ~ Et al

Selsey Baking Club meets on 3rd Wednesday of each month at
St Wilfrids Church Hall, Church Road, Selsey at 7.30pm. Please
find us on Facebook to find out this month's theme or email us at
selseybakingclub@hotmailcom

Crafty Natter Club

Selsey Methodist Church

1st and 3rd Wednesday ~ 2-4pm (in the large hall)

For more information contact Lisa Allinson on 601032

NIGHT TERROR

by Patricia Read

In the early hours the stairs creaked. I'm a light sleeper and have tossed and turned all this night, so THAT creak has now put my senses on high alert. Is it just the wood settling, as my mother used to say, or is it something I should investigate? It can't be the cat, she's curled up at the end of my bed.

I don't remember this happening before, but maybe I don't notice it when my husband is sleeping next to me and I have no fear of creaks in the night, but I am alone tonight, just my luck he's on a rare trip away, and unhappily I'm now fully on guard. I lie on my back for a few minutes, leaving both ears free to hear the faintest sound, my body is stiff. Eventually, I try to relax, I tell myself it was only a tiny creak, and turn over, but I'm now in a worse state than I was before. Counting sheep has never worked for me, I've no idea who thought that one up, but I'll give my favourite way of trying to sleep a go. I'll go through the alphabet to see how many girls' names I can think of, starting with the letter A. I usually drift off by about S or T. Amelia, Barbara, Carol... Oh my God, there it goes again, another creak, I'm sure it's nearer this time!

My heart is now beating fast..... that was definitely a creak on the stairs. Shall I pull the duvet over my head, but then an intruder could just walk in and murder me? Instead I'm sliding out of the bed, eyes glued to the door, which is almost closed but not completely shut. Where is my mobile phone? I remember now, I left it on the coffee table, oh what a fool. Think.....think. I'll put the pillows under the duvet so the intruder will think I'm still asleep in bed. Somehow I've managed that without taking my eyes off the door.

I love this heavy vase, but it's the only thing to hand that I can bash over the intruder's head while he's bending over the bed if I wait behind the door. I'm cold and shivering with fright standing here waiting for the next creak, but I've been here for quite a while now. I wonder what force to use, I've read of householders ending up in court for killing intruders, but at this moment I don't think I'll care about that, if a mad rapist is coming into my bedroom.

It's now been at least ten minutes, I can't stand here all night. I'll have to peep around the door, it's the only way and I'll have the vase at the ready. I need a torch, but will that alert the intruder? I tiptoe back to my bedside table and grab my small torch, never letting my eyes leave the door.

I'm back behind the door and plucking up the courage to make my move, and placing my torch hand on the handle, the other hand holding the vase, I very slowly pull the door open. Wait! Was that another noise, this time a faint scraping coming from downstairs. The intruder must have gone back down.

I'm waiting for more minutes, and now I can hear faint noises in the kitchen. Is the rapist hungry? There are definite noises coming from the kitchen where I left a loaf and a packet of biscuits. If I creep down there quietly I can catch him unawares and dazzle him with this halogen torch and bash him over the head before he has a chance to react.

I'm creeping carefully down each step on the stairs, and stop suddenly when one creaks. I bite my lip and close my eyes and pray that the hungry madman is too busy with bread and biscuit wrappings to hear. Another minute passes and I continue on my way and round the bottom stair post.

The kitchen is in darkness, but with the help of a full moon's soft light through the window my eyes are adjusting a little to the darkness. Yes..... the rustling of paper is now louder and I'm primed and ready to switch on my torch with the heavy vase held as high as I can manage. I cry 'Murderer!' at the same moment that the kitchen becomes bathed in a bright light, and before I can bring the vase crashing down there is a blur of red fur, as quick as lightning, which jumps down onto the floor and between my legs. I scream in terror and turn around just in time to see a bushy tailed fox disappearing through the cat flap.

THE END

RETURN TO SUNDAY SCHOOL

Wednesday 7th August 2.30pm

at East Beach Church

**This is the exciting new Café-style
Dementia-friendly service for
the Selsey community**

Open to Carers and those interested in Dementia too

Tea & Scones provided!



**East Beach
Church**

in partnership with
**Selsey Dementia
Action Alliance Group**

The Selsey Dementia Action Alliance is part of Forget-Me-Not, a project to create and sustain Selsey as a truly dementia-friendly community



'Return to Sunday School', a Dementia Friendly service run at **East Beach Church** with the support of 'Forget-me-Not', saw it's launch in June with a great turnout. Those attending enjoyed



Beach Church without food, and delicious homemade scones & jam were in abundance!

The service is aimed at those living with Dementia and their Carers, as well as anyone who has a heart for supporting them.

The next 'Return to Sunday School' service is on 7th August at 2.30pm again. If you missed this one, why not drop in on the August one? Transport can be arranged if needed through **The Care Shop**, 121 High Street (01243 201616).

SELSEY METHODIST CHURCH

Rooms in our premises including kitchen facilities, are available for hire.

Please phone 01243 601439 for details.

Our minister is Revd **Bruce Allinson** 601032



SELSEY METHODIST CHURCH SERVICES

Sunday 7th July 10.30 am Revd. Gina Upton

Sunday 14th July 10.30 am Revd. Bruce Allinson

Holy Communion

Church Anniversary

Sunday 21st July 10.30am Mrs. Margaret Thompson

Sunday 28th July 10.30 am Revd. Bruce Allinson

Our minister is Revd Bruce Allinson 01243 601032

ST PETER'S CHURCH

Weekly Services held at the Parish Church of St. Peter's, Selsey

Rector: Fr Andy Wilkes

Tel: 01243 601984 Email: rector.selsey@gmail.com

Sunday 8am Holy Communion (BCP)

10am Sung Eucharist

Sunday 10am 'St. Peter's Young Church' meet in the Church Hall on the first three Sundays of each month excluding August. All welcome.

Sunday Messy Church at 12 noon in hall on last Sunday of the month

Tuesday 9.30am Said Eucharist

Wednesday 9.30am Said Eucharist

Thursday 7pm Said Eucharist

St Peter's church doors are always open for quiet reflection.

Our Church Halls with Kitchen and Car Park are available to hire for your meetings and celebrations please contact our Hall Manager on **01243 948501** or stpetershallbookings@outlook.com

The Catholic Parish of Our Lady of Mount Carmel & St Wilfrid

Church Road, Selsey, PO20 0LS

Tel: 01243 602312

Mass Times

Saturday: 5.30 pm

Sunday: 10.00 am

Monday & Friday 10.00 am*

Reconciliation: Saturday

4.45 pm - 5.15 pm

Parish Priest: Fr John Healy

**Subject to change please see website:*

www.stwilfridselsey.co.uk

Also **Church Hall and Kitchen**

Available for Hire with free car parking

Contact: Sylvia Gill on 01243 605897



East Beach Church

Weekly Sunday Service at 10am

..... SPECIAL EVENTS

Sunday 7th July
10am - All-age Service

Thursday 11th July
2.30pm - Tea & Chat

Wednesday 17th July
Ladies Inspire Group
Games Evening

For more information call (601231) or email the church

Thursday 18th July
12.30pm - Lunch Club

Sunday 21st July
3pm - 4.30pm - ResBite Tea

(Aimed at those who might not see other people over the course of a normal weekend ~ Lifts available)

Saturday 3rd August
2pm - 5pm - Grand Afternoon Tea
£5.00 In aid of RNLI
See seperate advert

Sunday 4th August
10am - All-age Service

Wednesday 7th August
2.30pm - Return to Sunday School
Launch of a new Service in partnership with
Selsey Dementia Action Alliance group
For more information call or email the church

See separate Selsey Life adverts & our website for our Youth & Children's Clubs

For information on our regular weekly activities

www.**ebecselsey**.org.uk or call **607741**

Marisfield Place - opposite East Beach Shops

Pastor: Phil Harding - 01243 607741 or office@ebec.org.uk

Job Opportunities
Call 07989 534 852

★ roller coaster ★



★ the sizzler ★



★ the waltzer ★



west sands

funfair

fun for all the family

unlimited rides

only £10

from 12pm-5pm

all rides and activities included

Open 7 days a week
**GENERAL
PUBLIC
ARE
WELCOME.**



Find us on
Facebook