

NEWS • GARDENING • WHAT'S ON • WILDLIFE • SPORT



# Selsey Life

Community Magazine



DECEMBER 2023 /  
JANUARY 2024  
ISSUE NO. 295

[www.selseylife.weebly.com](http://www.selseylife.weebly.com)

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**£1**

*in the yellow pots  
please*

# Lions Santa Routes

**Selsey & District Lions Club  
Christmas Carol Float Routes December 2023**

**Sat 2<sup>nd</sup> Selsey Christmas Parade East Beach and High Street**

**Sun 3<sup>rd</sup>: 4.30pm** Manor Road, Mountwood Road, Broomfield Road, Elm Tree Close (+cul-de-sacs), Manor Road, Grafton Road. (up to Grove Road), James Street, Chayle Gardens, Western Road

**Mon 4<sup>th</sup>: 5.30pm**, Mundham and Runcton area.

**Tues. 5<sup>th</sup>: 5.30pm** Beach Road, Marrisfield Place, Kingsway, Albion Road, Sunnymead Drive & Close.

**Wed 6<sup>th</sup>: 5.30pm** Church Road, St. Peters Crescent, Wellington Gardens, Malthouse Road (+cul-de-sacs), High Street, East Street, North Road, Nethernton Close.

**Thurs. 7<sup>th</sup>: 5.30pm** Merryfield Drive, Burlington Gardens, Tretawn Gardens, Constable Drive, Gainsborough Drive, Landseer Drive, Hannover Close, Lingfield Way, Littlefield Close.

**Fri 8<sup>th</sup>: 5.00pm** Manor Farm Close, Chichester Road, Hunisett Close, Millington Drive, Fidler Close, Petts Close, Robinson Close.

**Sun, 10<sup>th</sup>: 5.00pm** Marine Drive, Broad View, Eastway/Bank, Fontwell Road, Gillway, Chichester Way.

**Tues 12<sup>th</sup>. 5.30pm** Hunston: Foxbridge Drive, St. Leodegars Way, Orchard Side, Westlands Road, Little Boultons. (For Safety Reasons there will be no collections on the B2145 main road).

**Wed 13<sup>th</sup>: 5.30pm** Ursula Square & Avenue, Seal Road & Square, Marine Gardens, Hillfield Road; Bridge Way, Peachy Road, Green Lane, Meadowlands, Latham Road, Langton Close, High Street, Bridleway, Croft Way.

**Thurs. 14<sup>th</sup>: 5.30pm**, Grafton Road (from Grove Road), Lifeboat Way, Coxswain Way, Wright Way, Barnes Close, Canadian Crescent, Pacific Way, Jones Square, Beacon Drive, Lawrence Close, Mixon Close, Sparshott Road, Pennycord Close.

**Fri 15<sup>th</sup>: 5.30pm** East Beach Road, Drift Road, Solar Drive, Tranquillity Way, Lunar Crescent, Orbit Gardens, Halley View, Jodrell Place, Wheatfield Road, Manor Lane.

**Sun. 17<sup>th</sup>: 5.00pm** Sidlesham Area.

**Mon 18<sup>th</sup> 5.30pm** West Street (+ cul-de-sacs), Bonnar Road, Clayton Road, Sea Grove, Vincent Road, Coxes Road, Warner Road.

**Tues 19<sup>th</sup> : 5.30pm**, Bill House, Byways, Solent Way, Seal Road, York Road, Tythe Barn Road, Green Lane, Windsor Road, Grove Road, Orchard Avenue, Southern Road, Longacre (Beaufield), Woodlands Road, Beach Gardens, Cherry Gardens, Ursula / St. Itha Road.

**Wed 20<sup>th</sup> : 5.30 pm** Old Farm Road, Spinney Close, Granary Lane, Mc. Nair Close, Honeysuckle Lane, Blackberry Lane, Donaldson Close, Colt Street, Acorn Close, Horsefield Road, Coppice Lane, Saddle Lane, Paddock Lane, Horseshoe, Large Acres, Crablands.

**Static Collections: Sat. 9<sup>th</sup> TBA, Sat. 16<sup>th</sup>: Coop Sat, 23<sup>rd</sup> John and Catherine's Fruit and Veg Shop.**

**The above will depend on weather and routes will be rearranged accordingly. Updates will be published on Selsey Lions Facebook page.**



## Blind and Sight Impaired People Invited to Have Their Say on Health Inequalities Within the NHS

4Sight Vision Support (4SVS) is delighted to announce its participation in a major new Sussex-wide NHS initiative. The charity, in partnership with East Sussex Vision Support, has received funding from an NHS Sussex Health Inequalities grant to talk to people across Sussex to identify the issues faced by people living with sight loss and feedback to the NHS on the results.

Both charities are inviting blind and sight impaired people across Sussex to have their say and talk about their experiences with NHS services on what works well and what hasn't worked well. Importantly this will allow 4SVS to make recommendations on positive change and demonstrate how NHS Sussex can break down barriers and improve access for patients.

Kirstie Thomas, CEO at 4Sight Vision Support comments, "This project brings us an exciting and important opportunity for the first time to help NHS Sussex to understand the experiences of sight impaired people, and we invite everyone to tell their story about accessing NHS services.



4SVS provides free support, specialist information, advice and services to blind and sight impaired people of all ages, and their families and carers.

For more information on how to have your say, please call 01243 828555 or email [enquiries@4sight.org.uk](mailto:enquiries@4sight.org.uk)

The image shows Sarah Bishop, Client Services Assistant, talking with 4SVS Client and friend.

Charity Number: 1075447

Well, hello to the combined December and January edition of the Selsey Life magazine. We are still going, and will be publishing a February issue next year, due out on Friday 2nd February. (Many thanks to you all for supporting us by buying the magazine.)

Before I start, I must apologise to the Cat and Rabbit Rescue for my mistake in their entry last month, where I failed to remove some of the detail from the previous month (you are all turning to the last issue to look now, aren't you!). Thank you Geraldine and Joy for pointing it out, and I trust it did not detract from your enjoyment.

Have you bought and wrapped all your presents yet for the big day? I haven't started the wrapping yet (but luckily I have a big sister who 'volunteers' to help me, so things are not too bleak.

We have received another generous donation this month, with thanks.

This is a very full magazine this month, and I apologise for there only being a few quiz questions, but it is better to have reading I hope? (Quiz questions from Mentimeter.com)

Please support any events you can, and shop local where possible.



We hope you enjoy this issue as much as all the others, and we are always happy to receive suggestions on things to include or articles to put in. Please send anything to [selseylife@btinternet.com](mailto:selseylife@btinternet.com).

It only remains for Amanda and I to wish you all a Merry Christmas and a Happy New Year, and to thank you all for your support for the magazine.

We look forward to seeing you next year in the February issue, which, as stated, is due on Friday 2nd February.

### 1) What country has the highest life expectancy?

Would you like to sponsor the Selsey Life magazine? If not the full magazine, how about sponsoring a page for a month for £20.00? We may not be able to guarantee what page, it would be on a first come basis, but we would try to match you if possible. Is this of interest? Please email the Selsey Life in the usual way, [selseylife@btinternet.com](mailto:selseylife@btinternet.com).

We also offer a six month subscription for the magazine, because of the rise in postage this now has to be £21.00, including postage, but we hope you still think it value for money.

Please, wherever possible, do your best to support any of the local shops and venues that you can - you will miss them all when they are gone, and please mention Selsey Life when responding to anything in the magazine..

Thank you to all of you who are purchasing and reading the magazine, we are always happy to receive feedback. As always, if you have just picked the magazine up whilst in a queue or something and are not going to take it, please still consider a donation in the yellow pots, thank you

**Lloyd Bank sort code 30-98-97, account number 43314960**

Our 5% offer for anybody who gets us new advertisers still stands.

We are happy to receive any feedback, good or bad, along with any articles and/or photos for inclusion. Tell us what you want to see.

As ever, thank you to all of our contributors and advertisers in these difficult times, and our printers for always producing a good magazine for us.

Julie and Danny and all at the Selsey Club wish all past current and future members a Merry Christmas and a prosperous New Year



Love to all..

Our annual Christmas Hamper competition is a long-standing tradition at The Academy, but may not be something the community is aware of. Every year our students compete to make the best Christmas hamper, filled with food and toiletries which are donated to Stone Pillow at the end of term. Students are always very generous with their time and donations.



### 2) Where would you be if you were standing on the Spanish Steps?

This month we are able to offer you as a prize a choice from the lunch menu and a small glass of house wine for two at the La Banca restaurant in the High Street.

To win this generous prize all you have to do find the seagull hidden somewhere in this magazine (Not this page) and complete the coupon below.



Completed coupons are to be posted in one of the two competition boxes, either at Raycrafts, 119 High Street, or Pretty's Newsagents at 4 Orchard Parade. One entry per coupon, copies not accepted.

Competition closes Thursday 25th January at 10am. You can enter the competition multiple times, but you will need a separate coupon for each entry.

Good luck with your entries and thank you to La Banca for the generous prize.

For last month's competition, the Seagull was on page 21, and Karen Phillips-Hill won the Sunday roast for two, and the Crab was on the back page, and Hilary Wright won the Thursday roast for two. Thank you to the Selsey Club for the prizes, and we trust the winners enjoy their meals.

✂

Name : \_\_\_\_\_

Contact phone number and full address: \_\_\_\_\_

I found the seagull on: \_\_\_\_\_

One entry per coupon Copies not accepted

✂

## Year Six and their great outdoor adventure in Devon.

Every year, Year Six take part in an outdoor activity week at Great Potheridge House in Devon. The week included a range of activities: archery, shelter building, coasteering, abseiling, giant stand-up paddle boarding, canoeing, kayaking and more. The week focussed on team work, problem-solving and enjoying the great outdoors. Albie, Jack, Gloria, and Fletcher have shared their favourite parts of the week and what they learnt from the week too.



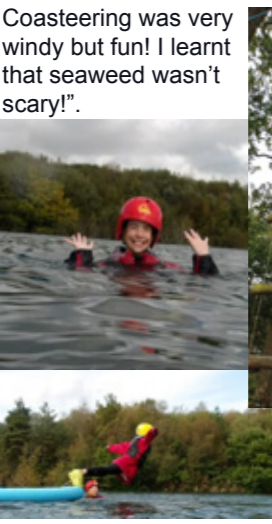
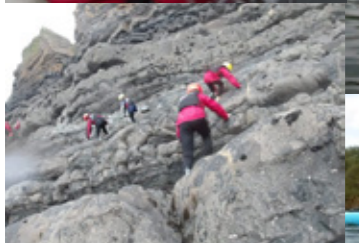
Jack – "I enjoyed the massive paddle-board because we got to jump off, we all got really wet. I learnt that I can swim".

Fletcher – "I loved the abseiling and Jacob's Ladder, I overcame my fear of heights so now I am not scared of heights."



Gloria – "It was an entertaining week. I enjoyed the lake day the best because we got to jump in off of the paddle-board."

Coasteering was very windy but fun! I learnt that seaweed wasn't scary!"



Albie – "It was a challenging week, we got to do some really fun stuff like coasteering and the Jacobs Ladder. I hadn't done these things before, I surprised myself because I could do all the activities. The lake day was also very fun, especially playing with my friends on the massive paddle-board, one of them even pushed me in!"

## Year 5 walk to find out more about Selsey history

Words by Bobby - "Our current topic is on 'crime and punishment'. We are learning about the Hawkhurst Gang who were executed in Selsey because they were smuggling! There was lots of snitching in the gang. We went on a walk around Selsey, from school, to find the commemorative blue plaque. After, we all went to play in the park. Now, when I go for walks I try and find more blue plaques."



All the staff and children at Medmerry Primary School would like to wish the Selsey community a Merry Christmas and a Happy New Year.



## HEADTEACHER'S COMMENDATIONS

### Year 7

Ollie Ford, Finley Ford, Daisy Delahaye, Mia Knight, Clodagh Maidment, Jessica Kensett, Evalynn Stone-Mason, Aaina Babu, William Petch, Anna Sharp



### Year 8

Summer Breeze, Phoebe Pledger, Ryleigh Cradock, Anika Hastings, Jessica Thompson, Tiby Pitham, Brody Hinshelwood, Abia Babu, Ellie Jenkins, Bodhi Orrell



### Year 9

Colby Horsecroft, Jack Taylor, Torryn Whitfield, Matty Mavers, Bea Avila, Coby Hammersley, Becci Muller, Abigail Robin, Alexander Ellis, Freya Merrell, Harry Tarrant



### Year 10

Evie Gray, Isla Lucas-Day, Indigo Chady, Gabby Mears, Max Game, Naomi Urraco-Spencer, Bradley Harper, Matilda Rey-Barreiro, Kyra Davis, Oscar Wood



### Year 11

Lilly Fauguel, Sophie Rowland, Harriet Parker, Joseph Brown, Florence Edwards, Faith Littlechild, Tania Buriman, Ben May, Stanley Bottomley, Bethany Stokes



## SPARX MATHS

A massive congratulations to students who have regularly completed their homework this year on Sparx. You are on a journey to preparing you for any upcoming assessments and to meet the demands of GCSE. Well done and keep it up!

A reminder that the website can be accessed here: <https://www.sparxmaths.uk/> Username: [firstnamelastname](https://www.sparxmaths.uk/) e.g. johnsmith Password: As created by each individual, a reset can be requested if forgotten.

### Year 7:

Award	Name	XP
Gold	Bella Dela Pena	6152
Silver	Oliver Stevens	6016
Bronze	Tommy Kelly	5887

### Year 8:

Award	Name	XP
Gold	Sophie Whiting	5857
Silver	Faith Morris	5856
Bronze	Abia Babu	5882

### Year 9:

Award	Name	XP
Gold	Abigail Robin	7626
Silver	Hanna Spalek-Makielak	3101
Bronze	Jack Lelliott	2740

### Year 10:

Award	Name	XP
Gold	Jake Morris	5855
Silver	Naomi Urraco Spencer	5024
Bronze	Tilly Barwell-Bryce	3960

### Year 11:

Award	Name	XP
Gold	Bailey Senior	4005
Silver	Stasiia Kuchmenko	3442
Bronze	Angel Manoj	3400

## SCHOOL COUNCIL: THE WELL-BEING GARDEN

Can you help us create a beautiful garden? At the recent school council meetings, how to solve this thorny problem has been discussed and we have set ourselves a huge fundraising challenge. We want to raise at least £5000 to develop the garden once and for all.

We are hoping to appeal to a well-known gardening show, to let experts help us renovate the garden, but to apply, the school will need a minimum of £3000. We want to raise more than this to make sure we have enough money to make the garden really special.



Even if the gardening show cannot help us, we will still then have a pot of funds to find someone else to help. We have divided the Well-Being Garden into 100 plots, and are asking local businesses to sponsor a plot for £50 each. If 100 plots are sponsored, we will have a total of £5000.

If anyone reading this article is interested in sponsoring a plot, we would love to hear from you. Please contact The Academy, Selsey at [library@tas-tkat.org](mailto:library@tas-tkat.org) for more information.

Evalynn, Year 7  
Secretary, School Council

## Key Dates

- Christmas jumper day - Friday 8th December
- Christmas Concert - Thursday 14th December
- End of term - Friday 15th December, 12.35 finish
- Back to School - Wednesday 3rd January

All the important dates can be accessed via the school calendar on our website.

**Shantyman Newsletter - October/November 2023**

Our activities last month centred around the South Downs Folk and Shanty Showdown Festival held around Bognor on 22nd September. Our programme consisted of three sessions, one at midday, one at 2 o/c and the final one at 4o/c, so we thought. However we finished up doing a lot more than that during the afternoon.

First session was at the Precinct in the town centre. We were followed by the Selsey Molls. Both groups went down very well with everyone stopping to listen. The next session was at "The Lamb" public house just a short walk away. Again we were well received by the 'locals'. On the way to what we thought would be our last 'gig' we stopped off at the RAFA club only to find that the 'Molls' had preceeded us with their last performance of the day. We could not escape, not with our Shanty Gear on display so the first of our impromptu performances was carried out on the stage in front of many guests and visitors. From there we walked to what we thought was to be our final performance at the "Dog and Duck" public house.

When we arrived at the narrow, one room bar the place was really jumping thanks to the efforts of the trio who preceded us. With the addition of a dozen of us, with the free flowing beer, the crowded room got very, very friendly indeed. We must have done well to finally complete four encores by which time exhaustion had started to take effect. If we had not escaped then I think we would have been forced to carry on at least until the beer ran out. In an effort to get our breath back we again called into "The Lamb" where we could thankfully sit down. Inevitably this soon developed into another impromptu sing-along with more beer to oil the works.

On Saturday 21st October we were invited to perform at the Trafalgar Night dinner at the Chichester Yacht Club. This was a 'Black Tie' dinner for the guests so we had to scrub up well. In the midst of our "Naval duties" we were invited to perform at the Langston Harbour Rowers dinner at the "Ship" public house at Langston on the approach to Hayling Island on Wednesday 25th October. Again we were very well received and the evening very quickly turned into a very noisy event

To round off a busy week we were invited to attend "The Pickle Night" at East Wittering on 28th October. This has nothing to do with onions or gherkins. This is a themed celebration of the voyage of H.M.S. Pickle which was tasked, being the fastest ship in Nelsons fleet, to bring back the news of the victory at Trafalgar to the Admiralty at London as quickly as possible.



After a rough passage through the Bay of Biscay they reached Falmouth from where Lt Lapenotiere rode non stop to London. He changed horses every 10—15 miles and covered the 271 miles in 38 hours.

The following message arrived at the Admiralty at 1 am on 6th November just 2 weeks after the battle had taken place. "We have won a great battle but we have lost Lord Nelson"

In response to "Popular Demand" we had arranged to spend a day at the recording studios in Ford hopefully getting our efforts recorded onto a CD. Unfortunately the Sound Engineer went down with Covid at the last minute so we had to cancel which was a big disappointment.

Sunday 12th November saw us taking part in the Remembrance Day Service and Parade through the village

**St. Peter's Church Restoration Project**

Ongoing issues with the condition of the roof and the window surrounds led St. Peter's Church to launch a Restoration Fund almost a year ago now.

The church is a grade II listed building, which is open daily. Many people, locals and visitors alike, come through its doors each week; sometimes to attend a service and sometimes to spend a few moments in quiet reflection. Many Selsey children are brought by their parents to be baptised and adults come to be baptised too. Couples come to the church to be married or to renew their wedding vows and it is our privilege to support families when they lose a loved one. So, through happy times and sad times, St. Peter's is here for everyone.



Our salt-laden air has not done the roof of this iconic building any favours. Nails holding the tiles in place have rusted and one by one they are failing. Repairs have been carried out over the last few years, but the continued deterioration and the regular cost of repairs, means that the problem needs to be sorted once and for all and the advice given states that 'the main section of the roof covering the nave and the aisles, the small porch, chancel and vestry all need to be retiled.'



The window repairs are also necessary due to rusting of the iron support bars. This in turn has caused damage by blowing out the stone surrounds. Seventeen of our twenty windows are going to need to be removed, and have the iron work retipped with stainless steel to prevent future rusting. The windows will then need to be reset and the stonework made good.

To date, funds have been raised through the imaginative efforts of parishioners and by the generous support of the people of Selsey for which we are immensely grateful. We now have reports and paperwork in place to enable us to apply for relevant grants and are hopeful that in the near future some of these may be forthcoming. We have reached a total of £36 000 and still have a long way to go. If anyone reading this would like to contribute, the details are as follows:

By bank transfer to:  
Selsey PCC Restoration Fund.  
Sort Code: 40 52 40 Account Number: 00036233

Cheques made out to: Selsey PCC Restoration Fund should be sent to:  
Fr. Andrew Wilkes, The Rectory, 75, St. Peter's Crescent, Selsey, Chichester, PO20 0NA



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Est 1962  
Free  
Estimates



Join us for  
our next  
event

Chichester Grange care home,  
Chichester

Christmas quiz  
Friday 15th December 2023  
From 2pm

Join us for our Christmas quiz and enjoy mulled wine and minced pies, whilst making new friends.

Trusted to care.



To attend please call  
01243 684863 or email  
caroline.thomas@careuk.com



**MERRY CHRISTMAS** **theWI**  
INSPIRING WOMEN

**FROM SELSEY WI**

Ladies of Selsey, please join us and make new friends at Selsey WI.

**December**  
Our next meeting is on Wednesday 13th December, at 1.45pm, in the Town Hall. We will be having our Christmas Party and will be joined by the Pebble Beach Ukulele Band.

**SELSEY WI WISHES YOU A HAPPY NEW YEAR!**

**January**  
Our January meeting is on Wednesday 10th January. At 1.45pm in the Town Hall. Our speaker will be Keith Batchelor and the topic is "Seaside and Holidays in Selsey"

*If you would like more information, please contact  
Ann Jones 01243-607736, Heather Coleman 07921-525204  
Or email selseywomensinstitute@gmail.com*

Registered Charity No. 1016914

Our Lady of Mount Carmel and St Wilfrid's Catholic Church  
Christmas Fair  
Join us on Saturday 9th December  
10-1

Refreshments and Mince Pies

Bottle Tombola

Table Decorations

Raffle

Bric a Brac

Church Road, Selsey, Chichester PO20 0LS

**u3a Selsey** learn, laugh, live

**Jane Glennie**  
**Violet's**  
**Britannic Escape**

at our next

**Open Meeting**  
**Friday 26<sup>th</sup> January 2024**  
at  
**Selsey Town Hall**

Refreshments – Admission ticket prize – Quiz - Raffle  
**Non-members – admission £3.00**

**Southdowns Concert Band & Choir of St. Paul's Church Present**

**A Christmas Celebration**  
Friday 15th December 2023  
7.30pm  
St. Paul's Church Chichester PO19 6FT  
Tickets Adults £10 - Children Under 12 Free

Available from:  
St Paul's Office  
Sage House Tangmere  
Or  
[www.Ticketsource.co.uk/southdownsconcertband](http://www.Ticketsource.co.uk/southdownsconcertband)

Sage HOUSE  
TANGMERE  
Close to Remembrance Support

Charity Number 1168640

**Presentation to Selsey Roof Restoration Fund by Manhood District Guiding**

As part of the Coronation celebrations back in May we held an activity afternoon. They created Coronation memory pebbles, coronation iced biscuits, team games and the afternoon highlight was the Maypole dancing. The Brownies had been practising for a few weeks as they were going to be the largest group on the day (so hopefully more girls to help the others learn the dances). Sadly, the day was a bit damp but it didn't stop any of the enthusiasm.



As part of this event the members of Manhood District were challenged to raise £5. Each £5 raised would buy 1 roof tile for St Peters Church as part of their roof restoration fund. Not all funds had been raised by the day so their efforts continued until the end of the term. We had hoped to present the cheque to the Roof Restoration Fund before the end of term but dates just didn't match up. Finally, we recently had a



mutually convenient date where we presented Father Andy with a cheque for the amount of **£184**. Girls had walked dogs for their neighbours, weeded grandparent gardens, washed cars and a huge variety of other tasks to raise their monies, some raising more than the




amount of **£184**. Girls had walked dogs for their neighbours, weeded grandparent gardens, washed cars and a huge variety of other tasks to raise their monies, some raising more than the


**THE ACADEMY SELSEY**

Our school council Christmas event is the candy cane exchange. Pupils pay 50p to send a candy cane with a kind Christmas message to a friend, family member or member of staff.

We are also arranging our Book Buzz. This year all students in years 7 and 8 will be receiving a book of their own as a Christmas gift from the school. We are doing this as part of our mission to foster a love of books and reading and to make sure all our children have a book of their own to enjoy.



requested £5, well done. Father Andy was thrilled to receive the cheque on behalf of the Roof Restoration fund. He also showed the girls the clay roof tiles that needed replacing and why it was necessary. They were fascinated to hear how old they were and that they are only held up with metal nails (now rusting). Although the money raised is a relatively small amount in the huge sums needed to restore the roof we are absolutely thrilled to have helped and for the girls to do this as part of their community involvement.




**Selsey Remembrance Service and Parade Nov 2023**

All Selsey Rainbow, Brownie and Guide groups took part in the annual Service and Parade of Remembrance on Sunday 12<sup>th</sup> November 2023. We were so pleased at the fabulous turn out of girls to this event – we had 33 young people on parade and 9 leaders. We were so lucky that the weather stayed dry, despite the terrible forecast beforehand, this enabled the girls who chose to, to walk without their coats to show the pride they feel to wear their uniforms. Two of the girls had helped with the Poppy Appeal fundraising this year – Petal, who helped on door-to-door collections and Katie who helped on the Poppy stall at Asda – thank you (there may be more but these are the ones who have spoken to us about their efforts).



Rainbows



Brownies

Guiding is thriving in Selsey, a big thank you to all the leaders for the exciting activities you plan and organise for the young people of Selsey.

Rainbows aged: 5-7;  
Brownies aged 7-10;  
Guides 10-14;  
Rangers 14-18



Guides

Girguiding link <https://www.girguiding.org.uk/>  
Local contact :- manhooddc@gmail.com

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or call us on 07380 165744



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# A TALE OF THE ARMADA AND ALFRED RUSBRIDGE

## Chapter 2

And just when you think you have it all cut and dried along comes a curved ball (if you will pardon the mixed metaphor). Chichester Harbour – Reflections on Mud and Chi by Allen Chandler of 1973, page 10 mentions *'the invincible spanisher, which they had been harrying like a swarm of angry bees, lay battered and bumping on Wittering sands. (An East Wittering shop is said to have been built of her timbers).'*

Here follows the contenders!

The Quay House, Sidlesham  
Current owners Mr & Mrs Sean Pattison

Having contacted Martin Hoskins, the amateur historian for Sidlesham and fount of all knowledge, regarding the whereabouts of The Apiary, Alfred Rusbridge's home, I was pointed in the direction of The Quay House so one beautiful sunny morning I drove down Mill Lane to view the property. I'm ashamed to say that after 50 years in Selsey this was the first time I had been to Sidlesham Quay. I took the photo, at right, pushed a missive through the letterbox and hoped for the best. I was not disappointed! In a very short space of time I received an email from Sean answering all my questions.



'Q 1 Is The Quay House The Apiary?

A The Quay House is The Apiary but it might be a bit more complicated than that!

We have two gas supplies to the house - one of which gives the account address as the Old Apiary which supplies the building off to the right hand side of the house as you look at it from the front. So I think there were originally two dwellings, the apiary and the Quay house. The Apiary is now the kitchen. The person we bought it off renovated the whole building and the fireplace at the back of the Apiary is designed to look like a bee hive as a nod to its past glories.

Q 2/3 The website for your property contains the sentence 'Legend also has it that some of the beams inside the house come from the wreckages of the Spanish Armada that washed up on the shore, too'.

A The website you quote is actually from Boutique Retreats... <https://boutique-retreats.co.uk>

Q 3 Did you use Alfred Rusbridge as the source of the legend?

A The Armada legend was told to us by the person selling at the time and also repeated to us by other locals. Clearly we have many old beams in the house which are old enough to cover that period but whether they actually are from a Spanish wreck well who knows? ...But it makes a good story.

Also we have an ancient mulberry tree that nearly blew over in the storm in the 80's - it leans at a precarious angle in the courtyard. We were told that this tree was of such an age that it was a sapling when Elizabeth I sat on the throne.'

Ruth's comment: I'm hoping that the presence of such an ancient tree supports the theory of an ancient house being present but, of course, that is not very scientific.

Or is it this one? Carthagena Farm, Bell Lane, Somerley, Chichester.



Photograph courtesy of John Byrne, The Selsey Life Poet, by kind permission of the current occupant, Jim Kennedy.

Historic England have some details on this property although they use the spelling 'Cartagena' i.e. the Spanish version rather than the English one.

The National Archives on the other hand list it as Cartagena Farm at Birdham.



Then John Byrne came up with another candidate i.e. Bracklesham Barn, Stocks Lane, East Wittering and was kind enough to send me a picture of it although it is labelled The Armada Barn.



I then found a copy of 'Witterings Then & Now by Keith and Janet Smith in the Oxfam Bookshop in Chichester.

I have been unable to contact them so hope they are not too upset that I have used their information.

They refer to the building as the Stocks Lane Barn but it is, clearly, the same building.

'Stocks Lane Barn dates back to about 1590 and is reputed to have been constructed from the timbers of the Spanish galleon 'Carthagena' which was driven ashore during the Armada in 1588. However, we have found no proof of this and it may well be that it was a statement made at a time when tourists were starting to visit the area.

The Barn was extensively rebuilt in 1928 and became Mary Meadows Antique and Gift Shop. It later, as the 'Armada Barn, became an extremely popular restaurant. Tragically, the building was destroyed by fire in 1971'.



This is a postcard I spotted on-line. It is entitled : East Wittering: Interior of Armada Barn.and the large beams are much in evidence.

It looks like you pays your money and you takes your choice. Now we can concentrate on Alfred Rusbridge the man.

As previously mentioned, Alfred was born and bred in Sidlesham and came from a very old Sidlesham family, a newspaper article stating that the Rusbridge family had been in Sidlesham for over 700 years.. He was born and died in the same house which has now been absorbed into Quay House. Not only was he an amateur local historian but also an expert on bee-keeping, writing many books and articles on the subject which were read the length and breadth of the country.

Alfred was born in in 1848 and baptised, in Sidlesham, on 16 July of that year by William Bruton, a curate. William Bruton attended Exeter College, Oxford and gained his BA in 1843. He was a deacon in 1844 and a priest in 1845, going on to become the Vicar of Sidlesham in 1849. His ministry ended with his death on 10 July 1881. We are indebted to his successor, Rev. Henry Willett Haynes, for informing us that *'he lived in Ivy Grange and always wore a red shawl'*.

Alfred's parents were Richard Rusbridge and Angelina Pullinger. Richard was born in Sidlesham and Angelina was born in Selsey although they married in Brighton. Richard, according to the 1851 census, was a carpenter employing 12 men, Alfred was 2 years old and they had a servant called Janet. Their address and that of one of their next door neighbours was Mill, however John and Fanny Kiln, the neighbours on the other side had Mill Lane.. Bearing in mind the enumerator would have completed the forms it seems a bit of an anomaly. Be that as it may...

In 1861 Richard was a builder and farmer and Alfred had been joined by Richard junior, aged 2. In this census the servant was Mary Jane.

The 1871 census shows us that Richard was a builder and a farmer of 80 acres of land employing 6 men and 4 or 5 boys. Alfred was still at home and was a carpenter and joiner. His sister, Emily, was also at home, aged 18. In 1861 she was not listed on the census form as living with her family. Richard Junior had died in 1865.

One of the first records of Alfred as an indefatigable letter writer and teller of tales is when a letter appears in the Stourbridge Observer, Worcestershire on 19 October 1878. The original letter appeared in The Times and the subject was bee-keeping and how the bad weather had affected the honey-harvest. The opening sentence is as follows:

*'Sir, Believing it may be of interest to certain of your numerous apiarian readers to know the results of the past honey-season in this part of the kingdom, I venture to send you a line, trusting to your courtesy to give it insertion.'*

By 1880 Alfred was being recognised in the press as an authority on bee-keeping.

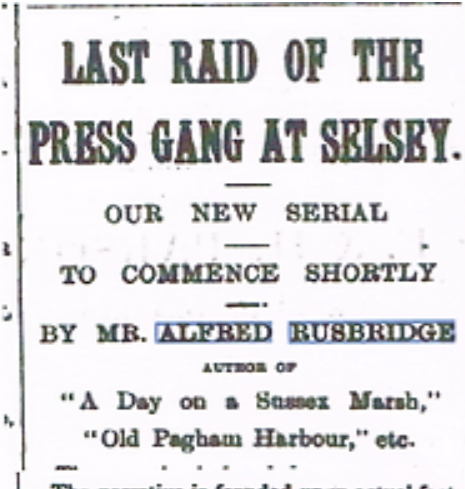
Richard Rusbridge was a retired builder in 1881. Angelina had died but Alfred was still there and listed as an Apiarian (that's someone caring for and/or breeding bees to you and me) and it is for this that Alfred became well-known country-wide. Emily was keeping house for them.

By 1889 Alfred had written his book 'A Book for Bee-Keeping, Plain and Practical' and some years later he wrote a version of it 'for Ladies'. How times have changed!

Richard was still Head of the household in 1891 (a retired builder and farmer) while Alfred was still an Apiarian and Emily, now aged 38, was still keeping house although the census shows no occupation for her.

Richard died on 21 July 1894, aged 81. His probate entry shows him as 'gentleman' and he left Alfred the sum of £56. 5s. 8d which, today, would have the spending power of just over £9,000.

Alfred was now, in 1901, Head of the Household, aged 52. He was living on his own means and Emily was still there. The house had been named The Apiary, in honour of the bees.



The Observer and West Sussex Recorder of 29 October 1902 contained an 'advertisement' which shows Alfred has continued to write and have published letters to the press and 'pamphlets' on a variety of historic 'events'. Next time I go to West Sussex Record Office I will try to find it!

As my regular readers know, in 1911 the householder themselves completed the census return. Alfred's handwriting is small and neat, he has a house with six rooms, Emily to keep him company and he has 'private means'. He is 62 years old.

Life must have been rather confusing for the postman in 1918 as Alfred lived at The Apiary while his next door neighbour, George Towes lived at The Aviary.

Alfred also wrote about The Gale at Sidlesham in November 1916 in a letter to the Observer and West Sussex Recorder:

*'Sir, The phenomenal tide of Sunday morning last constituted a record, shewing the power of the wind in heaping up the tidal waters. A strong gale from the south was blowing, occasionally reaching the force of a hurricane. At the time of high-water, 7 o'clock, the water was something like five feet above the normal here at the Mill Hamlet*

*in Pagham Harbour, and about two feet deep in the roadway at the Quay in front of my house, extending round the Old Mill to the Mill House opposite...'*

Later in the month he wrote again regarding 'Old Pagham Wall' exhorting the Powers That Be to take steps to protect the reclaimed land 'It would be a national calamity should all this broad acreage of long-since-reclaimed, and now constituting some of the richest pasture land in the Kingdom, be rendered worthless from the effect of a tidal inundation...'

In 1920 Alfred applied to have an ejection order against a fellow inhabitant in respect of a cottage at Sidlesham which was granted. I do have the name of the chap in question but feel it only polite to refrain from publishing it.

The 1921 census shows Alfred aged 73 and Emily aged 68. They are both single. Alfred states he is an Apiarian etc. on his Own Account (i.e. working for himself). Emily is engaged in Domestic Duties.



Alfred is buried in the churchyard of St Mary Our Lady Church in Sidlesham amongst all his relatives.

The Hampshire Telegraph and Post of Friday 28 April 1933 contained a report of Alfred's funeral. *'...his death on April 18 occurred in the house in which he was born. He had lived there all his life, and the house, which dates back to 1683, has always been in the occupation of the Rusbridge family.'*

The Observer and West Sussex Recorder of 10 May, 1933 carried an announcement of a Sale by Auction by Messrs. Wyatt and Son 'by direction of the trustees of the late Mr Alfred Rusbridge'.

**FREEHOLD PROPERTIES.** DWELLING HOUSE, known as 'The Apiary', containing two sitting rooms, four bedrooms, domestic offices and out-houses with garden and orchard workshop and paint shop, the whole containing about half-acre with long road frontages situate near the 'Crab & Lobster' Public House, not far from the Tramway Station at Sidlesham.'

There was also an announcement for the sale of his goods and chattels which seems too intrusive for me to include here.

Rev. H W Haynes wrote of Alfred Rusbridge in a note contained in his Sidlesham Past and Present publication of 1946:

*A Rusbridge. Mr Alfred Rusbridge, who died in 1933, aged 84, and, sad to say, blind, was the author of 'The Selsey Mound'...Only once did he go to London, to take his honey, and when he had finished his business, the man who bought the honey offered to show him the sights of London. 'No,' he said, 'I want to see no sights. I must get back to my work'. He had served as Church Warden for several years.'*

Acknowledgements:

This article is the intellectual property of the author and may not be copied or used in any way without her written permission.

All sources have been quoted in the article and permission to use has been sought, where possible. If I have infringed anyone's copyright I trust they will accept my humble apologies.

Thanks are due to John Byrne and Jim Kennedy for their on-going support Sean Pattison for allowing me to invade his privacy Martin Hoskins, local historian for Sidlesham, who answered all my questions and showed me Alfred's grave.

©Ruth C Mariner  
01243 604698  
[ruthm@ruthcmariner.co.uk](mailto:ruthm@ruthcmariner.co.uk)


PS: Back in September 2023 I mentioned a 'fishing stamp' which appeared against Ken Maidment's name in the Registration Book for Littlehampton registered fishing boats.

MINISTRY OF WAR TRANSPORT, Authority Ref: M.155544/41 dated 18 September 1941.

I ran it past my cousin Bern, a fount of unlikely knowledge who, in turn, passed it to two individuals who knew about such matters. The answer I got back was as follows:


*'The Fisherman's Stamp was a generic one used for Harbour instructions so minefields, buoys, light signals and such like. They do say that it has cast a new light on wartime fishing practices.'*

So now we know! Once again Selsey has contributed to the History of England!



**Update from the Chichester Neighbourhood Policing Team**

Throughout December, we will once again be launching our Christmas crackdown on drink and drug driving.



Sussex Police will be working with partner agencies to provide motorists with thought provoking information and statistics on the risk and impact of driving when under the influence whilst also preventing and detecting incidents of drink and/or drug driving. This will be in addition to the routine work that our Roads Policing unit carry out every day.

At Sussex Police we are committed to improving the safety of all road users and reducing the number of people killed and seriously injured (KSIs) on the roads of Sussex.

Sadly drink and drug driving is one of the most common causes of collisions resulting in death or serious injury on our roads. Hundreds of drivers are arrested each month – many of those believe that they are fit to drive the morning after a night out. Others give the excuse that they felt "fine to drive".

By raising awareness of this serious issue, we hope to discourage people from getting behind the wheel once they have consumed drink or drugs. The smallest amount of drugs or alcohol can impair your judgement and ability to drive safely.

This festive season many people are likely to go out socialising

with colleagues, friends and family. Our message is to make sure that if you do, please make alternative plans to get home safely afterwards.

Don't make a choice that puts your life and that of others at risk. We are always very grateful to our local community for reporting those who drive whilst under the influence. If you suspect someone is driving under the influence of drink and /or drugs, please call us straight away on 999.

Wishing you all a safe and happy Christmas & New Year.

**Front office opening hours**


**Chichester:**  
Chichester Police Station,  
Kingsham Road, Chichester, PO19 8AD  
Open: Monday - Saturday 9am -8pm.

You can contact your local team in the following ways:  
Call us: on 101 to report a crime or 999 if it's an emergency.  
Email: [Chichester@sussex.police.uk](mailto:Chichester@sussex.police.uk)

**Midhurst:**  
Midhurst Police Station  
Bepton Road, Midhurst, GU29 9NB.  
Open: Monday - Friday 10am – 2pm.

You can contact your local team in the following ways:  
Call us: on 101 to report a crime or 999 if it's an emergency.  
Email: [Arun@sussex.police.uk](mailto:Arun@sussex.police.uk)





## Lifeboats

**RNLI SELSEY LIFEBOAT SHOP**

The RNLI Shop is open  
Tuesday – Sunday  
10:30-16:00


Come and have a browse through our shop where you will find lots of lovely gifts, including Food, Clothing, Souvenirs, Toys and a wide range of Christmas Cards, Calendars and Diaries.

We would love to see you.

For up to date information please check:-

Face Book- RNLI Selsey Lifeboat station

Website- [www.selseylifeboats.co.uk](http://www.selseylifeboats.co.uk)



# THE JOY OF SINGING

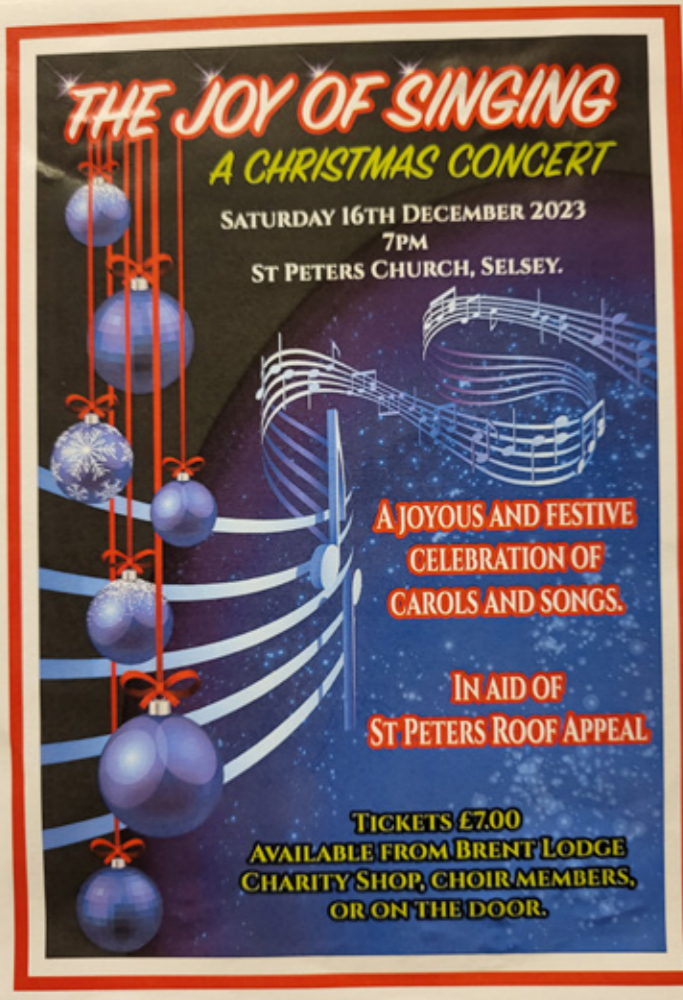
## A CHRISTMAS CONCERT

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AVAILABLE FROM BRENT LODGE CHARITY SHOP, CHOIR MEMBERS, OR ON THE DOOR.



## Selsey Gardening Club



Our November meeting was our end of year Social Evening. Den's Fish and Chip shop provided our supper, thank you to Steven, Robert and staff for being so accommodating (we did order in advance), the other customers queuing for food that night might not have been so happy having to wait. The food was freshly cooked and packed as we arrived to collect it, once back at the hall it didn't hang around on peoples plates very long the smell was too hard to resist and everyone was hungry.



Once we had all eaten and tidied up the members were challenged to make their own wildflower seed bombs. Some were not so keen to be playing mud pies



at their age but they all got stuck in. Mixing soil and water into a nice muddy paste, then selecting which wildflower seeds to roll in. Everyone appeared to have fun and went home with a little box of goodies to dry out and keep safe until early March. When they need to follow the planting instructions. Some members were taking it very seriously and asked if they had to bring photographic evidence that they had planted them and what had grown. As you can see from the pictures, everyone had a good time.

There are no meetings now until March which will be our AGM.



Selsey Gardening Club would like to wish all the Readers of the Selsey Life a Merry Christmas and Happy and Healthy New Year



May 2024 be a wonderful year for gardening

## GAINSBOROUGH SINGERS' CHRISTMAS CONCERT

TUESDAY, 19TH DECEMBER 2023  
AT 2.00 PM

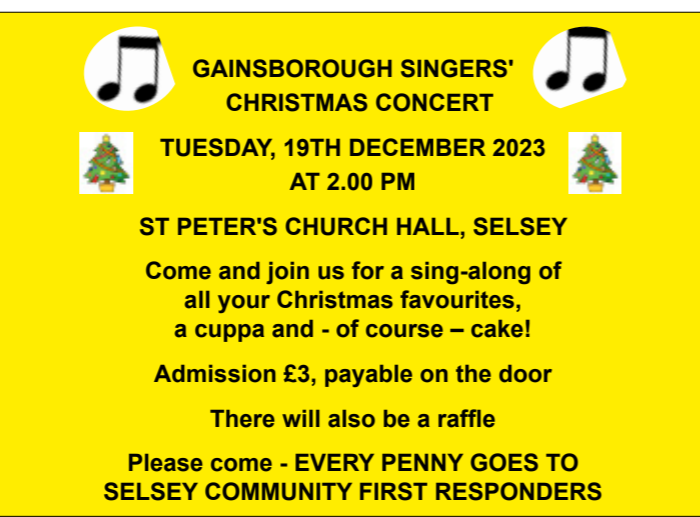
ST PETER'S CHURCH HALL, SELSEY

Come and join us for a sing-along of all your Christmas favourites, a cuppa and - of course - cake!

Admission £3, payable on the door

There will also be a raffle

Please come - EVERY PENNY GOES TO SELSEY COMMUNITY FIRST RESPONDERS



- 3) Which language has the more native speakers: English or Spanish?
- 4) What is the most common surname in the United States?
- 5) Who was the Ancient Greek God of the Sun?

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Any 4 Windows	£3,305	£3,115	£2,925	£2,900	£2,505
Any 5 Windows	£4,035	£3,905	£3,770	£3,625	£3,135
Any 6 Windows	£4,895	£4,685	£4,470	£4,345	£3,765
Any 7 Windows	£5,760	£5,465	£5,165	£5,072	£4,382
Any 8 Windows	£6,630	£6,205	£5,865	£5,800	£5,015
Any 9 Windows	£7,355	£7,020	£6,700	£6,525	£5,640
Any 10 Windows	£8,215	£7,805	£7,395	£7,250	£6,275
Any 11 Windows	£8,940	£8,590	£8,230	£7,970	£6,895
Any 12 Windows	£9,805	£9,365	£8,930	£8,700	£7,525
Any 13 Windows	£10,680	£10,155	£9,625	£9,425	£8,155
Any 14 Windows	£11,535	£10,930	£10,320	£10,155	£8,780
Any 15 Windows	£12,265	£11,705	£11,165	£10,875	£9,405

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## The Colours of Winter

By Alice McDougall

There is something particularly rewarding about being outdoors in the winter, about making the effort to wrap up and feel the refreshing cool air. The colours are hushed, the sun hangs low and the trees are bare. But, at the RSPB's Pagham Harbour and Medmerry reserves, look carefully and you will find some wonderful flashes of colour among the subdued tones, for winter is the season our ducks are at their brightest. Look out for teal, wigeon, mallard, and shoveler, among others.



The pretty male, or drake, Eurasian teal – which you can find at RSPB's Pagham Harbour and Medmerry reserves right now – is at his finest this time of year as he looks to pair up with a mate before they return to their breeding grounds. [Credit: Andy Hay (rspb-images.com)]

It is during the winter months that ducks pair up ready for spring mating. Unlike swans and geese which mate for life, ducks create seasonal bonds known as 'seasonal monogamy'. Like most birds, the male duck will exhibit the more colourful feathers in order to attract a female. Darwin called this 'sexual selection' – the brighter and showier the male, the more attractive he will be to the female. The imperative to find a different mate each year, rather than stay with the same partner, is possibly one of the reasons they exhibit such vibrant colours.

Birds have a more advanced sense of colour than humans. The photoreceptors in retinas are known as cones, and we humans have three – blue, green and red. Birds, however, have four – blue, green, red and ultraviolet (UV) and these also have coloured oil droplets which further enhance their colour detection. Research suggests that most birds use their UV receptors which they use to find food and mates, and some species are able to distinguish the quality of the male by the vibrancy of its colours. The strength of ducks' colours are directly correlated to the quality of their diet and their genes, thus a bright bird is a healthy bird and a good proposition for a female ready to mate.

Another reason the males are much brighter – or rather, a reason why the females are less colourful, is the females need the camouflage while they are incubating their eggs. Ducks tend to nest on the ground which makes them vulnerable to predation – so those beautiful mottled feathers we see on female ducks are there to keep them safe.

This is a lovely time of year to visit our reserves; they are teeming with life and colour – try and imagine the world through the eyes of a duck.

Join our friendly guides on one of our guided walks this month to discover our colourful ducks and other wintering birds. Find out more by visiting our website <https://events.rspb.org.uk/paghamharbour> or calling 01243 641508.



## Holly

by Michael Blencowe for Sussex Wildlife Trust

I'm sure you'll agree that these are crazy times, folks. Back in Ancient Rome they had a festival – Saturnalia – which saw their society turn upside down for a week each December. It seems Saturnalia's traditions of chaos and mayhem are now the daily norm for us Brits but, as we career towards Christmas, we have another thing in common with Saturnalia. We will soon be paying our respects to the Holly tree.

Holly has been celebrated in many traditions over the centuries because, as a native evergreen, its vibrancy in the dead of winter could easily be mistaken for immortality. Holly was the sacred tree of Saturn, the Roman god of agriculture. In pagan tradition, the Holly King ruled over the Oak King from Midsummer to Midwinter. Holly was easily adopted by Christians, who saw many links between the tree and the life of Christ. Today, Holly remains a centrepiece of our Christmas decorations, cards and cakes.

Each Holly tree is either male or female. While both produce delicate white flowers in May, it's only the female Holly that bears a berry as red as any blood. When these berries are produced in profusion, it's taken to be a sign of an oncoming hard winter – although in reality it's the outcome of a successful spring. Holly's prickles provide protection for nesting birds, their flower buds are food for the Holly Blue butterfly's caterpillar and their ripe berries are essential for thrushes.

If you're after a tree filled with folklore then Holly must take a bow. So if you're planning to deck your halls with boughs of the stuff this Christmas, here's a quick user guide. First off, never cut down a Holly tree – that's guaranteed bad luck, a superstition which has spared many Holly trees from the woodsman's axe. And make sure you leave Holly trees in your hedgerows to prevent witches from running along the top. If you bring Holly into your home at Christmas, it'll help protect you from those pesky festive faeries. Only female Holly leaves under your pillow will allow you to predict your future in your dreams. Oh, and don't forget to get rid of your Holly decorations before Twelfth Night (but don't burn them, that's bad luck too). Holly trees will protect you against lightning strikes (I'm not sure if this has been scientifically proven so don't blame me if you still get zapped). And don't eat the berries, they're poisonous, but if you have smallpox you can drink an infusion made from the leaves.

Stick to those rules folks and you'll have a peaceful Christmas. Me? I've had enough of the state of the world today. I'm going to pour some wine, put on my toga and pretend I'm in ancient Rome. Somebody pass me my fiddle.

Sussex Wildlife Trust is a conservation charity for everyone who cares about nature in Sussex. Founded in 1961, we have worked with local people for over half a century to make Sussex richer in wildlife.

We rely on the support of our members. Please consider joining us. Your membership will help us challenge decisions that threaten wildlife, care for more than 30 nature reserves, and inspire the next generation about the wonders of the natural world. It's easy to join online at [sussexwildlifetrust.org.uk/join](https://sussexwildlifetrust.org.uk/join)

Blackbird on Holly  
© Alan Price Gatehouse Studios



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Holly © Arthur Hoare



Robin and Holly © Roger Wilmshurst

## Chichester Natural History Society January 2024

CHICHESTER Wednesday 3 January

Illustrated Talk by Alison Baker on 'Dragonflies of Sussex' to the Chichester Natural History Society at The Pallant Suite, Masonic Hall, South Pallant, Chichester, PO19 1SY at 7.30 pm.

Entrance members £2-50/visitors £5 01243 786079  
wheelchair access

## SUSSEX WILDLIFE TRUST December 2023 / January 2024

No planned events for the Chichester area at present

## RSPB Zoom Meeting for January 2024

Thursday 25 January

Ian Barthorpe on 75 Years of Minsmere  
Meeting starts at 7.00 pm

The talks are free to all RSPB Chichester Local Group members and £4 each to non-members. Places are limited, so please book your place in advance by contacting Rob Yarham - email: [chichesterbirds@gmail.com](mailto:chichesterbirds@gmail.com), tel: 07545 376074



## ..GOOD NEWS..

As we all know, RAYCRAFTS has been an essential part of Selsey High Street now for over 50 years, selling Stationery, Craft, Greetings Cards and Fishing Tackle, and it's future is now secure!



For the last 17 years, it has been run by Judi Lamdin during which time she has developed other services – Parcel Dispatch Services, UPS Drop Off Point, increased Printing Services, Dry Cleaning and Laundry, etc. These new services along with the wide range of stationery, office and home working supplies, are relied upon by Selsey. Not everything is available immediately from 'online' suppliers, and indeed, many prefer the personal interaction of purchasing from a shop and immediately. Raycrafts is part of the

balance and variety that a High Street needs in order to remain healthy and survive. Some describe it as like an Aladdin's Cave where anything from Pens to Jam Pot covers can be found!

Judi is delighted now to let Selsey know that from January, locals, Stuart and Katey Coleman will be taking over the shop, adding a fresh touch and bringing in house their existing successful business in Vintage & Collectible Toys & Games called Attic Attack. Do not worry though – all your favourite items will still be available as well! More information will follow in the new year, but do drop in, meet Stuart and Katey and see for yourself the new ranges.

In the meantime, Judi is grateful to Selsey for their custom and support over her 17 years or so running the shop and Raycrafts will be carrying on as normal in the run up to Christmas, offering all your usual seasonal wrap, cards and gifts.

Judi, Mary, Katey and Stuart would like to wish you a very happy Christmas and new year.

## RAYCRAFTS

119 High Street, Selsey, West Sussex. PO20 0QB

T: 01243 606039

6) What year was the United Nations established?  
7) How many minutes are in a full week?

**CHRISTMAS CAKES**

Christmas is a time of richness especially in relation to food. Christmas cake is an example of this but it has origins going back centuries and has evolved over time.

The Romans celebrated the end of their year with a week long festival named Saturnalia. This included dressing up, decorating the home with greenery, lighting candles and giving presents but it also featured a festive cake. Traditionally a small coin was hidden in the cake and whoever found it was crowned the "mock lord".

Today's Christmas cake is the merger of two dishes traditionally eaten around the Christmas period. These were plum porridge or pottage and Twelfth Night cake; the latter baked for the Feast of Twelfth Night and Epiphany on the 6th of January. Plum pottage, also called frument, was first recorded in 1573

and was traditionally eaten on Christmas Eve. It was made of milled wheat or oatmeal, milk and spices and evolved over time into plum pudding designed to line stomachs after a day of fasting. Later in the 16th Century, the oatmeal was replaced by butter, wheat, flour and eggs.



This was then boiled; baking was not possible until domestic ovens became more common in homes. Overtime, dried fruit and spices (symbolic of the Magi) were added as they became more available. This "cake" was traditionally eaten at Twelfth Night but these festivities declined to be overtaken by Christmas.

In Georgian times, Christmas cakes were available to buy and had extravagant decorations. For the very affluent, London confectioners produced towering cakes displaying festive scenes. From the 1830s the cake was eaten on Christmas Day and by the 1870s today's Christmas cake was established. Traditionally it was a moist cake with dried fruit that had been soaked in a spirit such as brandy. It was then covered in marzipan, iced and decorated. Sometimes coins were added wrapped in grease proof paper. In Yorkshire, similar fruit cakes are often eaten with cheese such as Wensleydale, whilst in Scotland, the traditional cake is "Whisky Dundee" using whisky as the chosen spirit. This cake is light and crumbly and uses less fruit.

There are still some traditions relating to Christmas cakes although others have been lost over time. "Stir up Sunday" is on the last Sunday before Advent so the cake is traditionally made in November. Once made and stored, feeding the cake occurs when alcohol (brandy, sherry or whisky) is regularly added in small amounts through small holes punched in the cake. A Victorian

tradition stated that it was unlucky to cut the cake before Christmas Eve.

Christmas cakes have spread across the World and not just to "Christian" cultures. In the USA, fruit cakes are given as gifts at Christmas whilst in Canada these are classic Christmas cakes. In India there are many variants on the Christmas cake but it remains basically a fruit cake with often rum added. In Sri Lanka, the Christmas cake recipe uses treacle instead of sugar and local spices including cinnamon and nutmeg. The Christmas cake tradition was brought to Japan when it began opening up to Western influences in the 19th Century. It was appropriated by the Japanese upper classes as a sign of modernity. Today the Christmas cake in Japan is usually a sponge cake covered in cream and decorated with seasonal fruit and chocolate. As it became more commercial and affordable, it became part of a ritual of sharing cake with family and friends.

Europe has its own versions of Christmas cakes. In Germany it is Stollen, a traditional German fruit cake now widely available in the UK. In Italy, the cake is Panettone, a sweet sourdough bread with raisins and candid citrus fruit; it is now also available in the UK. In France, Belgium, Switzerland, French Canada, Luxembourg and Lebanon the traditional cake is Buche Noel (Yule Log). This a light sponge cake covered in buttercream flavoured with chocolate, coffee and Grand Marnier. It is then rolled up, covered with more buttercream and sprinkled with powdered sugar to imitate snow. Finally it is garnished with Christmas themed decorations. This cake represents Yule Logs burnt at Christmas since the Middle Ages.



Thus although Britain has traditional cakes at Christmas relating to practices from centuries ago, other countries have similar cakes. Few could be regarded today as healthy eating but then Christmas only comes once a year!

Helena Millen

**St Wilfrid's Hospice**  
Making a difference to local lives

**St Wilfrid's TreeCycle**

Your real Christmas Tree probably looks amazing at the moment, all decorated and giving off that full festive feeling. But, once the New Year comes, it'll begin to shed its needles and create a bit of a mess.



For a suggested donation of £15, St Wilfrid's tree-mendous volunteers will come and collect your tree off of your front lawn and take it to be recycled into mulch and chippings to benefit local farmland. This is a great way to keep your car clean of pine needles and help support local hospice care this Christmas. Avoid the hassle and make a difference to local lives by booking before January 7<sup>th</sup> 2024:

[www.stwh.co.uk/christmastrees](http://www.stwh.co.uk/christmastrees)

**Christmas Appeal**

"Not only do St Wilfrid's incredible staff give patients and their families personalised care and support, but they know how important it is to help families secure and capture those important moments and memories." - Jacqui



This Christmas, Jacqui has shared her husband, Malcolm's story and how St Wilfrid's helped to support him and his loved ones during a vital time in his life.

If you would like to read the full story and help us to continue to support families like Malcolm's then you can do so here:

[www.stwh.co.uk/Christmas-appeal](http://www.stwh.co.uk/Christmas-appeal)

**Charity Shop Gift Card**

This Christmas, rather than gifting the usual big brand gift cards, why not gift The Charity Shop Gift Card, giving loved ones the gift of thrifting. The Charity Shop Gift Card can be used across many national charity shops, including St Wilfrid's 12 charity shops, allowing people to shop secondhand in a more accessible way. Your Charity gift card will also get more value for money, as secondhand shopping is much more affordable than bigger brands. You can buy and use the gift card at any of our charity shops, and by gifting one this Christmas you not only are giving a more sustainable way to shop, but you are also helping to support the Hospice in caring for local lives this Christmas.



**Leave an Online In Memory Dedication**

This Christmas we are inviting people to make a dedication, leaving a message and photo in memory of a loved one. Our memory wall

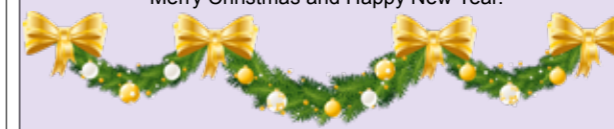
May we wish all of our customers a Merry Christmas and a Happy New Year

**Country Gardens**  
165 High Street



**SELSEY CARPET BOWLS CLUB**

Wishing our past, present and future members a Merry Christmas and Happy New Year.



is a wonderful way to remember a loved one and see lots of others who have created a dedication. We would also appreciate it if you considered donating, to help St Wilfrid's to support bereaved families this Christmas.



<https://stwh.light-up-a-life.org/>

**Christmas Shopping**

Looking to keep the budget low this Christmas, while still gifting good presents?

St Wilfrid's Hospice has 12 charity retail shops as well as great Online Shops offering affordable, pre-loved items to help you make this Christmas special without breaking the bank.

Whether you're looking for clothes, homeware, kids' toys, books or trying to find something for that person who has everything, our shops are full of pre-loved treasures that are looking for the perfect new home.

See all our shops here:

[www.stwh.co.uk/shops](http://www.stwh.co.uk/shops)



**Christmas Cards**

Your season's greetings could put a smile on a patient's face this Christmas by purchasing and sending one of our Christmas cards.



St Wilfrid's Christmas Cards are available now, offering 15

wonderful festive designs for you to use and send out to loved ones. You can find our Christmas cards at any of our 12 charity shops, or on our Online Shop.

Send a card and put a smile on someone's face this Christmas:

[www.stwh.co.uk/shops](http://www.stwh.co.uk/shops)

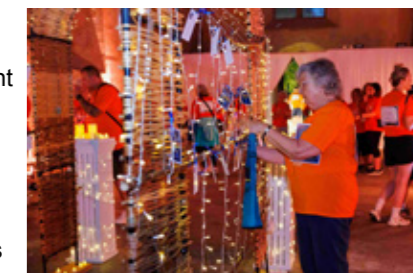
**A walk to remember**

On Saturday, June 15<sup>th</sup> 2024, St Wilfrid's Moonlight Walk returns, inviting the local community to take on a walk-in memory of loved ones and to support hospice care.

The walk takes supporters around Chichester, under the moonlight, exploring some familiar areas in a brand-new way. The route includes an in-memory stop at Priory Park's Guildhall, which features a memory archway for walkers to write notes to loved ones.

Get your tickets at an early bird price now until February 29<sup>th</sup> and help make a difference to local lives:

[www.stwh.co.uk/moonlight](http://www.stwh.co.uk/moonlight)



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We also have books available for 50p.

All proceeds in aid of The Sussex Snowdrop Trust (charity no. 1096622)



**Saturday 2<sup>nd</sup> December**

9am - 1pm

Selsey Town Hall, High Street, Selsey

Tombola, Christmas Crafts & Decorations, Present Ideas, etc



Cakes, Mince Pies, Teas & Coffees on sale

**Selsey Community Forum**  
Registered Charity 118662  
Telephone: 01243 201616  
Email: [mail@selseycommunityforum.uk](mailto:mail@selseycommunityforum.uk)  
Website: [www.selseycommunityforum.uk](http://www.selseycommunityforum.uk)  
Address: Selsey Care Shop, 121 High Street, Selsey, PO20 0QB

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The Write Zone with Tara Lennon



There are only 24 more sleeps until Christmas. For many of us Christmas day is the culmination of weeks, if not months, of preparation. It's about reunion and celebration, and about giving. For Joy Farrell, founder of The Dogs and Cats of Antigua sanctuary, Christmas morning will be about giving to the animals she strives so tirelessly for. The island of Antigua is a Caribbean jewel but beneath its lustre there is something dark - a war on animals. Dogs and cats on the island are the victims of abandonment, disease, starvation, and abuse. Joy's love of Antigua is only marred by what she has to deal with every day. But simultaneously, what she deals with drives her passion to make a difference.



Joy never saw founding an animal sanctuary in her stars. She comes from the affluent world of New York advertising and investments. When she retired, she turned her skills to investing in animals. For years she'd been appalled by the stray dog problem, horrified that dogs were, and still are, hurt deliberately. Years before the sanctuary came to be, she began feeding the strays, taking food to the emaciated and injured, and using her own money for neutering and spaying. She knew early on that there was too much work for one person. She mustered volunteers. Foster carers were sought. In 2020 the Dog and Cats of Antigua sanctuary was born. It had no water for two years until a storage tank was installed. Emergency repairs had to be made when a storm blew the roof off the pens and non-stop rain turned the sanctuary into a mudslide. In the aftermath some dogs became sick. An upgrade is now giving the dogs cement floors so they don't have to face the same conditions again. The sanctuary still needs electricity so that it can run its own clinic. Joy would like a hydrotherapy unit to help the dogs that have been run over. Every day brings fresh challenges, and new heartbreak. In spite of valiant efforts, animals die. Dogs, puppies, too ill to respond to treatment, are lost. But according to Joy, rescue, treatment and rehoming is not the long-term solution. It's a mere band-aid on the problem.



'We have welfare laws here but the authorities won't enforce them. They turn a blind eye. It's a constant battle. People don't see dogs or cats as sentient beings. That's a cultural problem we have to fix because it affects the whole of Antigua. Tourists are shocked by what they see. We used to visit schools with the dogs, but we're so short of volunteers that we can't do it any more. Now we just focus on the dogs.' Change is something Joy tirelessly campaigns for. She lobbies, energising others to give their time. She's built a great team that is equally committed. Mary Harris, the group's treasurer shares the day to day responsibilities as well as the veterinary care for the dogs. She's also built a sophisticated network of overseas charity partners who work with the sanctuary. She's grown The Dogs and Cats of Antigua into a name that is now recognised on the island as the place to take sick and injured animals. And they keep on coming. The sanctuary is always full, and in spite of rehoming over six hundred dogs, puppies and cats a year, there's no getting on top of the battle. There is not enough space or time or help for all the dogs or cats that need it. Joy's whole life is dedicated to the dogs and cats of Antigua who deserve the same life-chances that our four-legged family members enjoy. As an animal lover I too am compelled to help. The sanctuary needs crates or 'sky kennels' to transport dogs to their new homes overseas. I've been buying them from Facebook marketplace. Sellers have kindly reduced their asking price when they've learned that their item is for a good cause. A friend used his connections to help me secure free transport for those kennels to Antigua. When people understand a cause, they step in. I am going to the sanctuary in the spring of 2024 to lend a hand. Puppies need to be socialised, dogs need leash training. There will be feeding and cleaning and a host of other things to do. I am bracing myself to see things that, once I see them, I can't unsee them. Christmas is a time for sharing, for giving. For acting selflessly, just like Joy Farrell and her team of volunteers. Like all charities, the Dogs and Cats of Antigua sanctuary could not survive without funds. To all my friends, neighbours and readers, to the wonderful residents of Selsey who love their dogs and abhor cruelty and neglect wherever it occurs, please consider giving a little something, even if it amounts to loose change. I've created a Go Fund Me page - you can find it here <https://gofund.me/b643e234> or email me and I'll send you the link. Every penny you contribute will be spent on essential supplies, food, shelter repairs, veterinary treatment and transportation. To Joy Farrell, her team, and all of the dogs and cats of Antigua, the residents of Selsey wish you all a very peaceful Christmas.

[www.dogsandcatsofantigua.com](http://www.dogsandcatsofantigua.com)

Tara

[tara.lennon@outlook.com](mailto:tara.lennon@outlook.com)

BORDERLANDS – Probing the Sussex Perimeter (stage 12)  
 'Tween Selsey and Almodington away across the fields  
 There lies a tiny place called Ham where Google Mapping yields  
 Where the only sound is birdsong, where the sheep eat Brussels sprouts  
 And where what this joyous Border trip is really all about  
 Batchmere's single signpost waits within a hedge concealed  
 And only with a strimmer is its whereabouts revealed  
 The Postman caved in years ago but gave it one last try  
 Now the sorting office door is jammed with mail piled high  
 Beside Bell Lane at Somerley stands Earnley's ageing mill  
 Without its cap and sails today but hanging in there still  
 A Grade Two listed building undergoing some repair  
 That caught the eye of Pevsner once, who sensed an ex-gem there  
 A wrecked Armada galleon lives on within a house  
 Its one-time loudly creaking beams now quiet as a mouse  
 Stout CARTAGENA timbers dragged in 1588  
 To this large Bell Lane farmhouse with the ship's name by its gate

Briefly here in World War One was Royal Air Force Earnley  
 Its unpaved strip beside the coast a short lived ten month journey  
 On farmland commandeered in haste just prior the conflict's end  
 With flying in its infancy, the home lands to defend  
 A sad day for the butterflies all now have long since gone  
 Their hot house home securely locked it will be built upon  
 Specimens from around the globe not cherished anymore  
 Rare beauties gracing Earnley once no longer catered for

Earnley Church sits quite alone on a raised island of grass  
 Gazed upon approvingly by those who come to pass  
 Eight hundred unassuming years its Godly business there  
 Yet unadopted by a saint through dark times or through fair  
 A late autumn Red Admiral flits freely in weak sun  
 Winter's stalking imminence to unknowingly shun  
 Upon a gentle Friday breeze to dazzle and to dance  
 A somewhat aimless straggler defying time's advance



JOHN BYRNE 2021 – 2023 ARTWORK JASON BETON

**Selsey Writers' Circle**  
 Selsey Writers' Circle would like to wish all readers of Selsey Life, who have kindly published our stories and articles over the years, and all our members past and present, a happy and peaceful Christmas and a happy New Year. We look forward to welcoming new members to our Circle in the coming year who are established writers or just want to have a go at writing.

8) How many elements are in the periodic table?

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 by Dementia Support

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Bob Lin Ian

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 01243 60 62 62

**Selsey Wine Interest Group (SWIG)**

Our November wine meeting was a B Y O Tasting whereby each member brings along one of their own favourite wines for all of us to taste and enjoy (and hopefully admire), whilst giving us a brief talk about each wine and why it is their favourite.

Sadly, there was general dissent from some pure wine lovers when I produced my one litre bottle of traditional Amontillado Medium Dry Sherry (17.5%) from Spain for starters. However any objections were soon overcome by its mellow raisiny fruitiness and distinct nutty flavour.

Sherry is only made around the town of Jerez in South West Spain. This region's chalky soil and sunny climate, combined with the traditional 'solera' system of blending and barrel ageing give this excellent wine its unique character. Amontillado is a variety of sherry wine characterised by being darker than fino but lighter than oloroso.

It is named after the Montilla region of Spain, where the style originated in the 18th century, although the name "Amontillado" is sometimes used now commercially as a simple measure of colour to label any sherry lying between a fino and an oloroso. Interestingly, it features prominently in the Edgar Allan Poe short story "The Cask of Amontillado".

An Amontillado sherry begins as a fino, fortified to approximately 15.5% alcohol with a cap of flor yeast limiting its exposure to the air. A cask of fino is considered to be amontillado if the layer of flor fails to develop adequately, is intentionally killed by additional fortification, or is allowed to die off through non-replenishment. Without the layer of flor, Amontillado must be fortified to approximately 17.5% alcohol so that it does not oxidise too quickly. After the additional fortification, Amontillado oxidises slowly, exposed to oxygen through the slightly porous American or Canadian oak casks, and gains a darker colour and richer flavour than fino.

Amontillado is characterized by nutty aromas, tobacco, aromatic herbs and often ethereal, polished notes of oak. The fusion of two different ageing processes gives Amontillado wines a specific flavour.

Varieties: Amontillado can be produced in several different ways. A fino amontillado is a wine that has begun the transformation from a fino to an amontillado, but has not been aged long enough to complete the process. Amontillado del puerto is a naturally dry amontillado made in El Puerto de Santa María.

On 12 April 2012, the rules applicable to the sweet and fortified denominations of origin Montilla-Moriles and Jerez-Xérès-Sherry were changed to prohibit sweet amontillado. They have to be labelled as Medium Sherry, blend of Amontillado or suchlike. The classification by sweetness is:

Fortified wine type	Alcohol % (ABV)	Sugar content, gms. per litre
Amontillado	16-17	0-5
Medium	15-22	5-115

Serving: Amontillado is usually served slightly chilled and may be served either as an apéritif or as an accompaniment to food such as chicken or rabbit, tapas, ham, olives or hard cheeses. Classically it was also served with a fine, thin, soup, such as a beef consommé.

We followed on with a dry, crisp white GAVI (12.5%) from Italy. Made from the Cortese grape, this excellent wine exhibits a lemon palate with a nutty finish. Cortese di Gavi, or simply Gavi, is an Italian dry white wine which is produced in a restricted area of the Province of Alessandria, Piedmont, close to the Ligurian border. The wine was awarded DOC status in 1974 and elevated to DOCG in 1998.

The name derives from Gavi, the commune at the centre of its production zone, and Cortese, the local variety of grape from which it is exclusively made and whose existence is reported from as

early as the 17th century. The current style of production dates to 1876. Cortese di Gavi, made from vines within the commune of Gavi, may sometimes be labelled Gavi di Gavi. Although the DOCG rules allow for sparkling spumante and metodo classico styles, most Gavi is produced as a non-sparkling still wine.



Now to our reds, starting with a well rounded SHIRAZ (13.5%) from Hardy's of Australia. This outstanding, delicious wine epitomises the Winemaker's skills in blending both from diverse regions and grape varieties. With its flavours of sweet ripe plums and red berries, complemented by subtle spice on the finish, it pairs very well with all Italian inspired dishes.

Next up was one of my all time favourites, the Montagne Saint Emilion Bordeaux (2020, 14%). A complex, rich offering of red and black fruits with oak ageing giving roasted vanilla flavours, its fine aromatic structure with smooth tannins make this an ideal accompaniment to roast meats, beef steaks and strong hard cheeses.

Our third red of the evening was a 2020 Estate (Bodega Norton) Bottled MALBEC (14%) from Mendoza, Argentina. Bodega Norton was founded in 1895 in the Mendoza River Valley region, located in the foothills of the Andes at altitude levels of 1,000m. above sea level. A concentration of tannins leads to a creamy and unctuous mouth feel, while a balanced acidity contributes to a pleasant and persistent finish.

Finally we were introduced to The Guv'nor (14%) from Spain. Hand crafted from carefully selected grapes this full bodied, very fruity red wine is "not to be trifled with" and really "hits the spot" ! It was not surprising that a wine of this quality was unanimously voted on the night as our Wine of the Month.

**Wine Tour**

Last month we 'Swiggers' had our second wine tour when we visited the family owned Tinwood Estate at Halnaker, and it was a privilege to meet the Owner himself, Mr. Art Tukker. The guided vineyard tour and wine tastings were very informative and enjoyable, and as you can see from the photo, a good time was had by all in delightful surroundings.



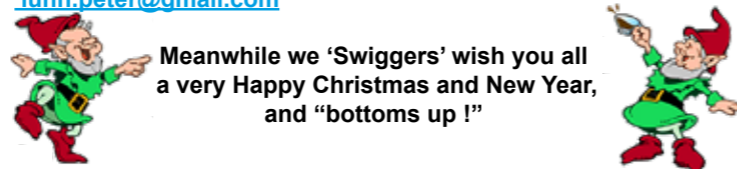
**Trivia**

A Survey has found that wine drinkers typically spend about 9 pounds on a bottle for themselves but raise it to 12.50 pounds if they are hosting guests, in order to try to impress them. A poll of over 2,000 wine drinkers found that 44% spend more when hosting at Christmas and this rises to 56% when serving wine to someone else. Three quarters say that they spend even more when they want to celebrate a special occasion.

However 23% admit that they find shopping for wine stressful with 51% claiming that there are too many options. And a surprising 46% say they don't know how to identify a good bottle of wine from a poor one !

The research was commissioned by LIDL to mark the return of its 'Chateau Noir' events, where wine tastings are held in total darkness to try to de-mistify the experience of wine drinking.

Our next meeting and tasting in January will feature "Wines of Unusual Countries". We meet regularly for wine tasting each month in Selsey. If you would like to join us, please email me at [lunn.peter@gmail.com](mailto:lunn.peter@gmail.com)



Meanwhile we 'Swiggers' wish you all a very Happy Christmas and New Year, and "bottoms up !"



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Images are for illustrative purposes but are representative of the standards you can expect at Caraway House Care Home.

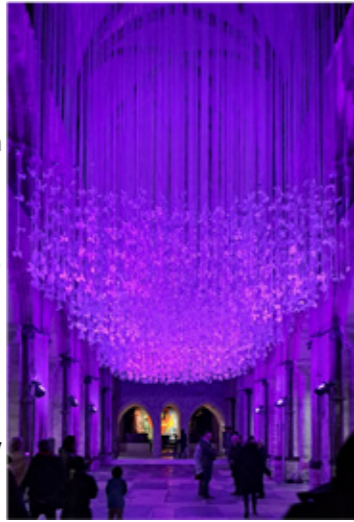


## St. Peter's Church News

If you've bought your copy of "Selsey Life" as soon as it was available there is just time to tell you about the Christingle service, which takes place at 3 o'clock on Sunday, 2nd December. This is a lovely short service for families, at which every child receives a christingle orange dressed with a red ribbon, a candle, fruits and sweets which all have a symbolic meaning. For many this occasion marks the beginning of preparations for Christmas time.

Have you been to see the Peace doves installation at the cathedral? St Peter's was invited to contribute, and about 50 of the doves were decorated by members of our church. Here is a photograph taken by our churchwarden, Sue Ripley, whose article about the progress of restoration of The Roof appears elsewhere in this edition of Selsey Life.

A seasonal innovation in Selsey this year will be the Community Carols at The Academy, on Thursday 7th at 7pm., led by the Combined Selsey Churches Choir, which, at the suggestion of the Rev Andy Wilkes, who is the lifeboat chaplain,



came together to lead last summer's annual Lifeboat Week service. Mike Beal, a member of the local Catholic church, thought it would be good for the choir to lead a community carol singing event. He assembled a programme and asked our choir member, Sue Kettles, to make the other arrangements. There will be lots of popular carols for everyone to join in, and a special contribution from the Seal School Choir. Sue says "Everyone is welcome. We would love you to come and join in this celebration of joy and love."

The programme of Christmas services at St Peter's is as follows:

Sunday 17th December at 3pm: Service of Nine Lessons and Carols.

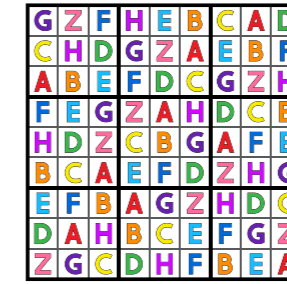
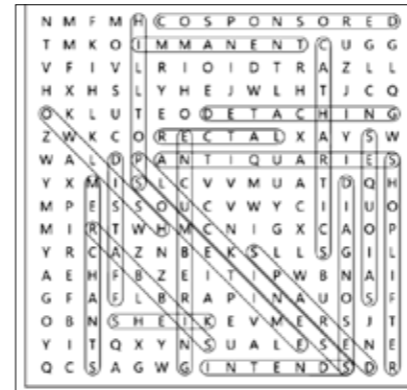
Christmas Eve at 4pm: Family Nativity Service and Blessing of the Crib. Children are invited to dress up as shepherds, angels, Mary, Joseph, sheep or even kings - any of the characters in the Christmas story for this short, happy service for children.

Christmasmas Eve at 11.30: Midnight Mass of Christmas

Christmas Day at 10 am: Sung Eucharist.

Please do come to at least one of these services in our unique and historic church. We would love to welcome you.

**We wish you a peaceful and joyous Christmas.**

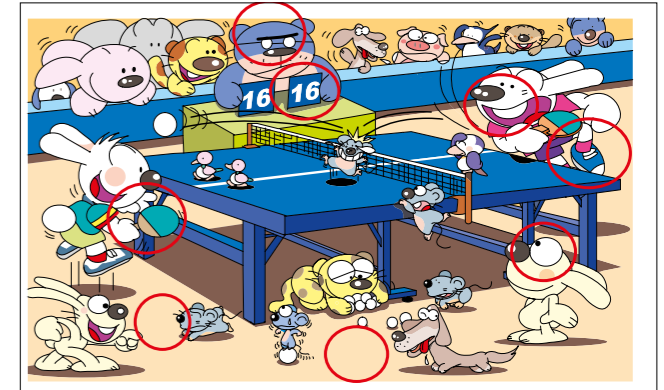


answer  
 ⌚ + 7 = 13  
 ⌚ = 6

2	4	3	9	6	5	8	1	7
8	5	9	2	7	1	4	3	6
6	1	7	4	3	8	9	5	2
3	7	5	1	8	4	2	6	9
9	6	4	7	5	2	3	8	1
1	8	2	6	9	3	7	4	5
5	2	1	8	4	9	6	7	3
7	3	8	5	2	6	1	9	4
4	9	6	3	1	7	5	2	8

Across: 5 FRUOL, 9 FIFTIETHS, 10 LIQUID, 11 CORAL REEF, 13 PRESENT, 19 LILY OF THE VALLEY, 20 CHOCOLATE MOUSSE, 21 HEROISM, 27 SOMETHING, 28 ETHNIC, 29 REFERENCE, 30 BARBER.  
 Down: 1 PILOT, 2 STRAW, 3 ZEBRA, 4 SHEEP, 6 RAIN SHADOW, 7 JOURNALIST, 8 LIDS, 12 FREEZER, 14 SLICE, 15 ALTOGETHER, 16 LOCOMOTIVE, 17 STRAUSS, 18 CYDER, 22 MONEY, 23 JEWEL, 24 CHEEK, 25 KNOCK, 26 HERB.

ANSWER: Across: 1. SPOTLIGHT. 8. PROPOSITION. 9. LOOSEN. 10. IDEA. 12. TOOL. 13. ALIENS. 15. RAINY SEASON. 16. CRANBERRY. Down: 2. PHOTOCOPIER. 3. TROWEL. 4. IRIS. 5. HAIRDRESSER. 6. APPLE TART. 7. EN PASSANT. 11. FLEECE. 14. HYMN.



1=R, 2=G, 3=S, 4=P, 5=A, 6=K, 7=L, 8=I, 9=N, 10=B, 11=E, 12=Y, 13=U, 14=X, 15=C, 16=T, 17=D, 18=M, 19=H, 20=V, 21=Q, 22=F, 23=Z, 24=O, 25=J, 26=W.

## Last Month's Answers



## I got you under my skin

by Michael Blencowe for Sussex Wildlife Trust

I like to think that most of us are good neighbours to the wild animals we share this planet with. We feed the birds, grow flowers in the garden for bees and butterflies. But if wildlife gets too close or, heaven forbid, enters our houses we're reaching for the fly spray or a rolled-up newspaper. I get plenty of people complaining to me about home-invading wildlife as if I'm some sort of envoy for the animal kingdom. Yet while they moan about clothes moths in their wardrobe, I just stand there smiling, reassured by the knowledge that these people have wildlife living right under their noses. Well, to be more precise, right in their noses.

OK, I warn you now: after reading this article some of you will be scouring your face with a Brillo pad. But it's time to face the facts. Your face is crawling with animals. You, yes you, have face mites. And there's no 'might' about it – research has shown that 100% of adults have them. Our faces are one big nature reserve for mites: from your mountainous nose and skin pore caves to your eyelash jungles. In fact, our faces are home to two different species. *Demodex folliculorum* thrive in your eyelashes while *Demodex brevis* lurk in your pores. They're feeding on dead skin cells and oils but don't harm us – a commensal parasite.

Before you run to the bathroom mirror, these guys are tiny. I'm not going to lie to you, they're not pretty (unless you think a microscopic 8-legged slug is pretty) and under high-powered microscopes they look like something you'd encounter in a galaxy far, far away. The egg and larval stages last two weeks and you'll probably be relieved to hear that the adults live for just five days and then die. And it's right about here you'll realise that these things are constantly mating on your face. You can scrub and scrub but you can't wash away the hard truth: you're just a mammal. And like dogs, cows, orangutans and meerkats we're the perfect hosts for a range of parasites.

Personally, I've grown quite fond of my little pets – despite never being able to see them. When I go to bed at night, I imagine Clarence the Demodex, climbing from his pore, going for a wander across my cheek and hoping to meet a girlfriend. But instead he meets his nemesis Evil Arthur and a mite fight ensues until ...well, you get the idea. There are hundreds of these little adventures happening on your face every night. Sweet dreams.

The Fruit Basket, East Beach, would like to thank their customers for all their support, and wish everyone a Merry Christmas and a Happy New year.

Don't forget to call in with your Christmas orders

Marie, Tony and Becky

**J.W Smith  
 CHIMNEY &  
 LOG BURNER SWEEP  
 07769211143  
 SERVING  
 W.Sussex & Hampshire**

We would like to wish all our customers a Merry Christmas and a Happy New Year

**Nice Plaiice Fish Bar  
 East Beach**



## The Selsey Private Club, Coxes Road

**PO20 9AN 01243 606015**

New members welcome.



1st Wednesday in month Selsey Gramophone Society 2.30pm and Jamming at 7pm all welcome  
 Every Sunday Music Club in the bar 4pm to 7pm Sing along.  
 Folk and Music Club 3rd Wednesday of the month 7pm (fee)  
 Every Monday Darts League  
 Every Tuesday Bingo Bonanza  
 Every Wednesday Julie's Art Club 3pm  
 Every Wednesday Bar Billiards League Evenings  
 Every Thursday Quiz is the Biz; Mid week Roast  
 Every Friday Snooker League  
 Every Sunday the Best Roast On The Coast



Come and join the Selsey Club and enjoy some of the finest beers, wines and spirits in our warm and friendly lounge bar areas, where you can sit and relax, watch TV, play darts or cards or have a frame of snooker or billiards.

You will also find a wonderful function room where there is entertainment most weekends and where Sunday Lunch is served, the Best Roast On The Coast.

There is a weekly Bar Menu with specials on food and drinks. We will also be doing Christmas dinner parties in December. For all the above please call to enquire.

The Selsey Private Club Ltd is a family run Club and is the perfect venue for all your parties and celebrations. Please call 01243 606015 for all enquiries..

Old, New and Current members always welcome. Just call in we will show you around..

Lots going on - check us out on Facebook  
**The Selsey Private Club Ltd**

(We are also host to the RNA, the Selsey Lions, Selsey Scooter Club, Selsey Molls and Selsey Making Your Mark Ukulele Club)

## December / January What's On

Fridays in December are Christmas Film Nights

Saturday 2<sup>nd</sup>. New to the Club:  
 Paul John as Neil Diamond



Saturday 9<sup>th</sup> December  
 A Cloud Nine Christmas Cabaret with optional 2 Course Christmas dinner

Friday 15<sup>th</sup> December Amanda Panda  
 Wacky Christmas Karaoke with a twist of Songo Bingo fun



Saturday 16<sup>th</sup> December  
 DJ Tubbs Christmas party

Saturday 23<sup>rd</sup> December  
 Sean Ward as Elvis



New Year's Eve Flash Company  
 with DJ Tubbs, doors open 7.30pm

Friday January 6<sup>th</sup> TBA

Friday January 12<sup>th</sup> Jan DJ Panda  
 Game Shows Fun and laughter.

Saturday January 13<sup>th</sup> Steve Williams Singer Guitarist fabulous local guy.

Saturday January 20<sup>th</sup> DJ Tubbs Disco Party night Dress code Pink.

Saturday January 27<sup>th</sup> Sean Ward as Elvis will be in the building..

Please book for all the above events

Traditional Christmas Dinner will be available on Monday 18<sup>th</sup> December, and Thursdays 7<sup>th</sup>, 14<sup>th</sup> and 21<sup>st</sup>.

2 courses £27.95 for club members £29.95 for guests

Booking for parties of 6 or more with a week's notice and deposit

We can also supply food for any occasion 7 days a week with notice

Please follow us on Facebook and Instagram

# In the Garden

our monthly guide to gardening - In memory of Giles Peare

## Jobs for December

This is the time to move plants that are in the wrong place. It is a good time to transplant small trees and shrubs, prepare the new planting site first, digging deeply and forking in some compost and well rotted manure. Dig up the plant with as large a rootball as possible and move it to its new home firming well in, keep well watered until it is well established.

Prune Apple and Pears at this time to control their size and shape, remove badly placed or crossing branches and any showing signs of damage or disease.

Cut out congested shoots that are growing inwards towards the centre of the crown in order to let more air and light into the heart of the tree. A small pruning saw is ideal because its short sharp blade allows you to get right into cramped areas.

Check all gutters for any collected leaves, moss or any other debris which could get down into water butts.

Brush out all the rubbish before it can reach the downpipes. Empty any water butts now and clean out any accumulated dirt in the bottom and they can then be refilled by the winter rain.

## Tip Top Tips

- Cover some branches of berries on Holly trees with netting or fleece to stop birds eating them and so save some for Christmas decorations.
- Leave old flower heads on Hydrangeas over winter as they will provide important frost protection for the new buds further down, cut them off in the spring
- Take care of poinsettia plants by placing in a warm bright place in the house out of draughts. Don't trap behind curtains at night, let compost dry out between watering and never leave pots standing in water, feed weekly with some houseplant fertilizer.
- Sow some onions at the end of Decemberto produce the biggest bulbs next summer.
- Wash all cold frames, cloches and greenhouses.
- Place a few tennis balls on ponds to let some air in for fish if ice forms
- Spread some well rotted manure over bare soils.
- Reduce the harmful effects of frost by spraying water on frosted plants before the sun reaches them
- Plant up an attractive winter trough with reddish purple ornamental cabbages flanked with heathers and pots of rosy cyclamin
- Make sure greenhouse heaters are regularly checked.
- Never divide plants on a frosty day - their roots will object.
- Do not throw away old spade and fork handles - they make excellent dibbers.

## Jobs for January

Prepare trenches for runner and broad beans this month. Dig the trench and gradually fill it with vegetable peelings and other organic matter. Cover with soil and sow the beans on top in April/May.

Regularly check on fruit or vegetables that you're keeping in store. Any rot or disease can rapidly spread to neighbouring produce. Keep a look out for hungry mice.

Bring pots or glasses of Hyacinth or Daffodil bulbs into the daylight to flower. Place in a cool but bright position. Move the plants everyday to keep even growth. They won't need any feeding but make sure that the water is kept topped up in glasses and the compost slightly moist in pots.

Finish cleaning up fallen leaves on paths, patios and steps so they don't become dangerously slippery. Clear away any old plant debris which not only looks messy but also provides shelter for pests including Snails and Slugs. Diseased leaves can carry over infections from one year to the next, particularly Roses that have been infected by blackspot or rust.

- Cover Globe Atichokes in winter with straw.
- If ordering from seed catalogues - this is a good time to do it.
- Work out a cropping programme for the vegetable garden.
- Tomato seeds can now been sown in a temperature of about 70° F, so as to provide early plants for the green house culture.
- The 14th January is often the coldest or wettest day of the year.
- Turn over compost heaps on a regular basis.
- Rose bushes can still be planted as can bare rooted fruit trees and shrubs.
- Prune greenhouse Grape Vines.



**The Hidden Garden**  
a Selsey Community Garden for all to enjoy. Come and join us and meet other passionate gardeners, learn seasonal gardening ideas, swap seeds & plants and help grow fresh vegetables and flowers to take home.

we meet **Tuesday, Thursday & Saturday 10-4pm**  
at **The Bridge Support Centre**  
behind Selsey Library, PO20 9EH

contact Paul on 07815 790770  
for more information

organised by 

## ..... Special Announcement .....

### King's Award for Voluntary Service



#### Selsey Community Forum

receive the King's Award for Voluntary Service!



After having to keep this a secret for several weeks (we've all been very excited here at SCF), it is now with overwhelming pride and joy that we can share our good news - Selsey Community Forum has been chosen to receive the King's Award for Voluntary Service recognising our 13 years now of service in the community. This is the highest honour a volunteer service can be given, equivalent to an MBE, and it is awarded for life.

This award truly is a absolute testament to the hard work and commitment of the Selsey Community Forum staff and volunteers and we could not be prouder of them. It goes without saying that this is an incredible honour for our whole community.

Our Chairman Mike Nicholls could not have put it better..... "We are delighted, humbled and honoured to receive this award as we seek to make a positive difference to those in need."

It has been our continued delight to receive accolades from the High Sherrif of West Sussex (from whom last year we were presented with a High Sherrif Award too), our local MP as well as coverage on TV, Radio and the Press. All these generously acknowledge the work of Selsey Community Forum in various partnerships to address loneliness, offer support to voluntary carers, those living with dementia, those unemployed and in financial need, the housebound, those struggling with mental health and concerned with environmental matters, all of which is accessed through Selsey Care Shop.

Unbelievably, we have been in operation now for 13 years, working with over 200 volunteers and regularly supporting upwards of 1500 people in our community. The wealth of support activities, groups and our monthly newsletter help to keep our community connected and caring for each other, making this a better place to live well.

All that remains for us to say now is a huge THANK YOU! once again to all of our volunteers, staff and community partners for their unwavering support. We certainly could not be happier that your efforts have been recognised in this way. Congratulations, and the good work carries on!

As ever, if you would like to know more about us, what we offer and how we can support, please call Selsey Care Shop for more information. Contact details below .....

Selsey Community Forum (Registered Charity: 1156460)  
121 High Street, Selsey, Chichester, West Sussex PO20 0QB

T: 01243 201616 E: mail@selseycommunityforum.uk W: www.selseycommunityforum.uk



**Warm spaces Selsey**

Different venues are opening their doors, providing a Warm Welcome to people for a few hours in their Warm Spaces from 13th November through to the end of March.

**Sundays 3pm - 4.30pm**  
at the church venue hosting ResBite Tea that week

**Mondays 10am - 1pm**  
at The SHOP, 89 High Street

**Tuesdays 1pm - 5pm**  
at Beacon Church, Marisfield Place  
(Community Food Hub & High Speed Full Fibre Internet access for Homework)

**Tuesdays 7pm - 9pm**  
at St Wilfrids Church, 12 Church Road  
(Wilfrids Winter Warmers)

**Wednesdays 10am - 1pm**  
at The SHOP, 89 High Street

**Wednesdays 10am - 11.30am**  
at Selsey Methodist Church, 50 High Street  
(Friendship Group)

**Thursdays 10am - 3.30pm**  
at Selsey Methodist Church, 50 High Street  
(Together Time)

**Fridays 9am - 12noon**  
at Selsey Methodist Church, 50 High Street  
(Foodbank)

**Saturdays 10am - 1pm**  
at The SHOP, 89 High Street

If you are struggling in any way as the darker evenings draw in, and the colder weather arrives, please don't struggle alone..... please just contact Selsey Community Forum and we will do our best to support or direct you to help.

We are grateful for the generosity of the hosting venues as well as funding supporters

**Selsey Care Shop**  
121 High Street, Selsey, West Sussex PO20 0QB  
t: 01243 201616 w: www.selseycommunityforum.uk

Christmas Menu



MONDAY 27 NOVEMBER to  
SUNDAY 24 DECEMBER

2 COURSE: £32.95 or 3 COURSE: £37.95

Starters

- Butternut Squash Soup ; Spiced butternut squash, focaccia croutons, parmesan & white truffle oil ;
- Selsey Crab Bruschetta Picked white & brown crab meat, tomato paste, olive, capers, tomato, parsley & garlic. ;
- Bresaola & Chutney Air dried bresaola with spiced apricot chutney.
- Pan Fried Scallops Scallops fried in butter & pea puree & pancetta crumb

Main Dishes

- Roasted Loin Of Pork - Pan roasted loin of pork with sage stuffing, Seasonal roasted potatoes, and vegetables of the day with a brandy & apple jus.
- Venison - Pan fried venison steak, root vegetable mash with a blackberry & red wine jus.

- Line Caught Sea Bass - With shellfish and paprika bisque, buttered samphire, olive oil & parmesan mashed potatoes.
- Vegetarian Roulade - Vegetarian sausage meat, lentils, dried fruits & nuts. served with seasonal vegetables, potatoes & vegan gravy.

Desserts

- Plum & Marzipan Crostata - Local plum and marzipan tart served warm with a scoop of ice cream of your choice.
- Chocolate Tart - Individual dark chocolate tart with steeped mulled cherries.
- Festive Ice Cream - Christmas pudding ice cream with Florentine crumble.
- Mulled Pear & Gorgonzola - Warm mulled poached pear with a gorgonzola ice cream.

NOTE:- Alcohol can not be served without food in our restaurant

Why not treat friends with a Christmas voucher?

Phone 01243 603390

Email [info@labancaselsey.co.uk](mailto:info@labancaselsey.co.uk)  
or walk in



97 High Street, Selsey  
Chichester, West Sussex PO20 0QN

## A VERY MERRY CHRISTMAS and Happy New Year!

To the wonderful community that is Selsey, to the people and animals that call it and make it home for all of us, wishing you a very happy and peaceful Christmas, and a prosperous New Year.  
Tara - The Write Zone

Answers to last month's quiz questions:

- 1) Agatha Christie 2) William Shakespeare 3) The Hitchhiker's Guide to the Galaxy 4) Cassandra 5) Sexus, Plexus, Nexus 6) Arms 7) Enid Blyton 8) Margaret Thatcher 9) Arthur Hailey 10) Hobbits 11) Dejeuner sur l'herbe (Lunch on the grass) 12) Virginia Woolf 13) J K Rowling 14) Francis Urquhart 15) Edgar Allan Poe 16) Graham Greene's 17) Peach 18) 1984 19) Battle of the Bulge 20) Margot Fonteyn 21) Scampi 22) Hawser 23) Radar 24) The Three Graces 25) St Mark 26) Graham Taylor 27) Ali G 28) Dan Quayle 29) 15 September 30) The Misfits 31) Malachi 32) Three 33) India 34) Catamaran 35) Tim Curry 36) Sharks and Jets 37) The Philadelphia Story 38) Glynis Johns 39) Cy Coleman 40) Damon Runyon's 41) Singing in the Rain 42) Gene Kelly 43) John C Reilly 44) Carousel 45) Wilfrid Hyde-White



Please recycle your Christmas Tree with Selsey Community Forum.

For a suggested donation of £5 you can take your tree to The Hidden Garden (behind Selsey Library) on Saturday 6<sup>th</sup> January or we can collect from your house on Sunday 7<sup>th</sup> January for a £10 donation.

Please remove all decorations and leave at the front of your property.

Your Christmas Tree will be turned into woodchip to use in The Hidden Garden

Please contact Selsey Care Shop to book a collection and make a donation - 01243 201616



# December's Update

... Focus on ...



In this month's 'Focus On....' we say 'hello' to **Janet Sorrell**, who has two roles with **SCF**!

Janet is co-ordinator for both our **Money Support Service** and our **Buddy Assisted Transport Service**. Here is Janet telling you a little bit about herself and her roles:

*"Like so many people in Selsey, I came to Selsey on family caravan holidays and was fortunate to purchase a caravan on the seafront. During lockdown, I realised I wanted to be here permanently and so, as soon as possible, I sold up and moved to Selsey in February 2021.*

*I had met Karen Pirks whilst dog walking on the beach over 6 years ago and she was keen to recruit me for some voluntary work. I promised that as soon as I was here permanently, I would, not realising she would contact me the week I moved to ask if I would cover the Trustee Secretary role, starting the following week!*

*Since November 2022, I have been working part-time for Selsey Community Forum, as the Money Support Service Co-ordinator. With the support of volunteers, I organise appointments to assist people with numerous form filling requests, such as Lasting Power of Attorneys, Blue Badges, Attendance Allowance, Personal Independence Payments, Pension Credits, Disability and Debt advice, Fuel advice, Council Tax, Housing, Universal Credit, Carers Allowance, IT support.*

*Then, in February 2023, I started up the Buddy Assisted Transport Service (BATS), and, again with the help of volunteers, we support those who require additional assistance getting to medical appointments, in Selsey and further afield. We have received over 500 requests for the BATS, which shows this is a greatly needed service within Selsey.*

*Obviously, I am always on the lookout for new volunteers for both Services.*

*In my spare time, I frequently walk my six-year-old Belgium Shepherd dog, Blue along the seafront, whatever the weather and, in the summer months, I enjoy a swim in the sea, although I do prefer a sunny day. I am a regular at Chichester Festival Theatre (we are so blessed to have quality theatre that is virtually on our doorstep) and enjoy attending so many of the local events taking place in Selsey. I am very fortunate to have made some lovely friends here and I only wish I had moved sooner".*



## Selsey Community Forum receive the King's Award for Voluntary Service!



No doubt you would have heard by now, but what wonderful news we received this week as **Selsey Community Forum** was notified that we are recipients of the **King's Award for Voluntary Service**! This is an amazing award of recognition of the great work of the many volunteers, along with our super staff, who support us all so well and in a wide range of ways, in this community. We are immensely humbled whilst be grateful. It is truly an honour!



Please remember we are offering a freshly cooked **Selsey Community Christmas Day Lunch** at the **Beacon Church** for people who would otherwise be on their own or are unable to prepare a meal.

We are fortunate in that local businesses, partner organisations and individuals have been very generous with donations and gifts, so that we are able to entertain all those who might feel lonely; it will mean that people living on their own can get together to enjoy a good festive meal, conversation, and laughter. We also deliver a hot cooked traditional meal at home for those unable to attend.

Spaces are limited, so please contact **Selsey Care Shop** if you would like to attend; last day to book is **Friday 15<sup>th</sup> December**. Please also let us know if you would like to volunteer or support in any way.

### Selsey Community Forum .....responding to various needs locally

*If you want to know more of the work of Selsey Community Forum in the community or are interested in volunteering, bringing your skills to help develop the groups, or simply donate to our community organisation that we will no doubt all benefit from in the future, if not now, then please contact us at The Care Shop.*

### Selsey Community Forum

Registered Charity 1156460  
 Telephone: 01243 201616  
 Email: mail@selseycommunityforum.uk  
 Website: www.selseycommunityforum.uk  
 Address: Selsey Care Shop, 121 High Street, Selsey, PO20 0QB  
 Opening Hours:  
 Mon – Fri: 9am – 4pm  
 Sat: 9am – 1pm  
 Sun: 10am – 1pm

Forum Supporters, please pop in or check the website [www.selseycommunityforum.uk](http://www.selseycommunityforum.uk)

## DONNA'S DELIBERATIONS

Well, it's unbelievable, isn't it? We're here again - Christmas is looming and a new year is merely round the corner. Just how quickly does time fly by?

Don't get me wrong, I love the Christmas break - it's literally the only time of the year that I get to pack away the laptop! (Smart phone is always on, though!) Council pretty much closes down between Christmas Eve and January 2nd, and for those precious few days, very little tends to happen. The speed at which December 25th seems to arrive, though, does seem to accelerate for me every year. When the Johnson household packed the decorations away after last Christmas, we managed to leave a rather festive 'troll' who was sitting on top of a bookcase. I spotted him after Mr J descended from the loft and made a mental note to remove him. He's still there. By the time I reached July I decided I wouldn't bother! The time has literally zoomed by!



Time, of course, is influenced by various factors - routine, engagement, even age. When days become a bit repetitive and 'ordinary' time seems to fly by; we don't need to concentrate to process new information at all - we work on 'auto-pilot'. Also, as we age, the relative proportion of time to overall life experience diminishes so that makes it feel like time is accelerating.

Apparently, staying engaged with the present moment and trying out new experiences can help to slow things down a bit. 'Mindfulness' has gained some traction in recent years. According to the Oxford Mindfulness Centre, it's all about 'waking up to the sights, sounds, smells and tastes of the present moment'. Essentially, it means living in the 'now' and being totally engaged in what is happening, in that moment. I must concede that I'm not very good at that; I'm forever multi-tasking and having to concentrate on multiple things at once!

Adrian, a close friend of ours who I cared for until he passed away on Christmas Eve, 2020 was very fond of English literature, and had a number of poetry books, one of which I 'rescued' after he died. In it there is a wonderful poem by William Davies, a Welsh poet who was born in 1871. He called it 'Leisure'

What is this life if, full of care,  
 We have no time to stand and stare.

No time to stand beneath the boughs,  
 And stare as long as sheep and cows.

No time to see, when woods we pass,  
 Where squirrels hide their nuts in grass.

No time to see, in broad daylight,  
 Streams full of stars, like skies at night.

No time to turn, at beauty's glance,  
 And watch her feet, how they can dance.

No time to wait till her mouth can  
 Enrich that smile her eyes began.

A poor life this, if full of care,  
 We have no time to stand and stare.

I love this little poem. It's very simple, but talks about how the modern word has really alienated us from simplicity and the amazing things around us. His words 'full of care' allude to the fact

that we are always so busy these days that we don't have time to concentrate on things which are beneficial for our mental health; we just don't give ourselves time to 'stand and stare'. I think that should be my resolution for 2024 - to give myself that precious time, without feeling guilty about seemingly doing nothing! Maybe slow the world down - just a bit! Davies wrote this poem in 1911 - I wonder what he would think of our busy world, now?



So, I have to ask this question - are you ready yet? Are all the decorations up, presents bought and cards sent? If not, join the club! Despite my (for me) moderately good preparation for this year, I'm still thoroughly shamed by those amongst us who now do have the time to 'stand and stare' because they're more organised. Frankly, I've given up. Whatever I do, I'm always lastminute.com, and I suspect that will always be the case, despite my intentions to the contrary. Somehow, it all comes together - just about!

This year, Mr J and I can hit the toy shops with impunity as our first grandchild was just one year old in November. He's beginning to take notice now, and while he won't really understand what's going on, he loves the twinkling lights and the decorations. Not sure he's ready for Santa yet - the consensus is that he might be a tad frightened, so I think we'll be leaving that experience for another year! I must admit to feeling quite excited at the prospect of being able to take him to some of the wonderful Christmas events around now. Christmas 'magic' doesn't seem to last very long for our children these days, they seem so sophisticated so, like all grandparents, we will be doing what we can to make it special.



After the big day, of course, we have the new year to look forward to. I rather like it. It's the time when we can reflect on events of the past year, and look forward to a period of new beginnings and renewal. To do that, of course, we need to make time to 'stand and stare', breathe a bit, and embrace new hope for the new year. I always think that the end of the year brings about a natural conclusion and marks a symbolic transition. It reminds us about the constant passage of time, encouraging us to appreciate the cyclical nature of life, and hopefully, look forward to what may be ahead.

2023 has been uncomfortable in many ways - the war in Ukraine continues, and as I write this, the issues in the Middle East are still unresolved. Sadly, we humans seem to have an innate propensity to 'collective' violence when the social circumstances prevail; there is even evidence of warfare on the Paleolithic cave paintings of France. In the 21st century, there has to be a better way of resolving conflict than creating war - it is so painful and complicated for those living within that environment. Peace is fragile, but it is a beautiful and powerful word - and a basic human right - for everyone.



Whatever you are doing for Christmas and the New Year, I send you nothing but positive thoughts and very best wishes. May it be peaceful, relaxing and allow you time to 'stand and stare'.

Donna donnajohnson279@gmail.com



John Byrne and Jason Beton would like to wish all the readers of the Selsey Life a Happy Christmas and a good New Year.





The golfing season has come to end. Starting way back in March, the Ladies have had a really good year. All trophies, and Cups have been played and won again and there have been many more club events open to the ladies to play in. Weekly roll ups on a Thursday are also now open to the ladies and again the monthly Friday Golf and BBQ was played. The annual mixed matches with the Mens and Veterans Sections were played and again great fun was had by all especially when the Ladies and Veterans Challenge match, the Silver Gauntlet, resulted in a very convincing win for the Ladies!.



Jacqui Towns has been the Ladies Captain this year and she has had a very successful year. Her year started with the Lady Captain's Charity Coffee morning in February. This was extremely well attended, there were craft stalls, an incredible cake stall and a raffle. Coffee and Cakes were served and the whole event raised over £400 for her charity The Aldingbourne Trust. (photo of Jacquie)

Jacqui soon got into the routine of the Monday competitions and brought her own stamp to the 'bunker box'. The bunker box traditionally has been a small fine for any lady who goes into a bunker during her round. Jacquie changed this by issuing a raffle ticket to every lady who had to pay a fine, which is usually most of the ladies!, so each week one lady received a prize, again making this tradition more fun and, of course, raising more money for her charity.

In June Jacquie had her Captain's Day. The weather was good and a great day was had by all. Also in June, Jacquie and 15 other ladies went to Dorset to play golf. This was the second visit as they first went last year. They played 3 rounds and spent 2 nights at the resort. Again, the Girls on Tour had a great time and it looks as though this will be a regular annual event in the future.

Jacqui has taken the opportunity throughout the year to have raffles and fund-raising events and has raised magnificent amount of money for her Charity, the total stands at the moment at over £2500, and her year is not over yet, there are just 4 weeks left until



she hands her Captains Badge over to Jillie Ranscombe, who will be Lady Captain for 2024.

The Buxton Knight Trophy is the Ladies Championship competition and dates back to 1937. This years Club Champion is Gill Hill.

Another competition played for every year is the McColm Knockout. This

competition is played throughout the summer. There were many more ladies playing this year and the competition became very exciting. This year's winner was Carol Smith who beat Sheila Watmore in the final round. Well done to both ladies.

On 2nd October the McGlashan Cup was played for. In order to qualify to play in this competition a lady must have won at least one competition during the year.. This year's winner of the McGlashan Cup was Carol Smith and Jacquie came second. Those ladies who did not qualify for the McGlashan Cup played an 18 hole Stableford and the winner was Mary Carpenter. That week's 9 hole competition was won by Carole Redman.

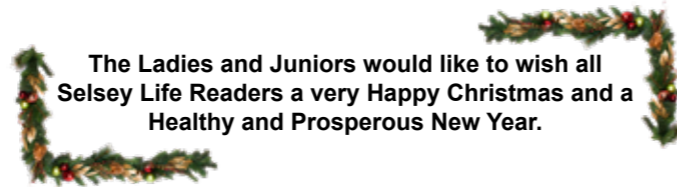


The following week the 1st Christmas Competition was played and this was won by Carol Smith with a hue score of 44 points and second was Samantha Dowsett with 40 points.

The 2nd Christmas Competition was played on 16th October and was won by Samantha Dowsett with 35 points and Trudy Hynes was the runner-up.

The 3rd Christmas Competition was won by Carol Smith with 36 points and Samantha Dowsett came second with 36 points.

Well done to all the ladies for a very successful year of golf.



The Ladies and Juniors would like to wish all Selsey Life Readers a very Happy Christmas and a Healthy and Prosperous New Year.

**SELSEY YOUTH CLUB**  
Age 9-12  
Every Thursday 4.30pm - 5.30pm  
£1.50 entry fee  
Selsey Football and Social Club (next to CO-OP) High Street Selsey, PO20 0QG  
01243 608943

**Lifeboats**  
The volunteers and crew at the RNLi Lifeboat Station, Selsey, would like to wish you all a very Merry Christmas and a Happy, Healthy New Year.  
Thank you for all your support over the past year.  
We look forward to seeing you soon.  
**MERRY CHRISTMAS**

**St Wilfrid's Hospice**  
Making a difference to local lives  
St Wilfrid's Hospice wishes all our patients, families, supporters, donors and community a peaceful Christmas and a festive season full of moments of joy.

**SELSEY FOLK & MUSIC CLUB**  
We wish everyone a Very Happy and Musical Christmas and New Year  
From Julian and John

We wish A Merry Christmas and a Happy New Year to all our customers  
**Prettys Candy Box East Beach**

Many congratulations to the whole team at the Selsey Community Forum on being awarded the King's Award for Voluntary Service, the highest honour a volunteer service can be given. I have long been an advocate and supporter of the Selsey Community Forum, it runs an incredible array of support programmes and I know how much local residents value it. Mike, Jo, Karen and the team of over 200 volunteers work tirelessly and it is amazing to see all their hard work and dedication recognised with this award. Thank you to everyone at the Selsey Community Forum for all that you do!



It was wonderful to meet so many of you on your doorsteps on a rather wet Saturday in late November. Going out and speaking to local residents has always been my favourite part of the job as your local Member of Parliament. I was pleased to drop by the Selsey Community Forum and even managed to stop for tea and cake at La Banca.

One issue that came up on the doorstep was flooding as the poor weather in November brought severe weather warnings to Selsey. I know that the Selsey Peninsula unfortunately has a long history of suffering from coastal flooding and if you are ever worried about flooding, you can call Floodline on 0345 988 1188 - it is open 24 hours a day, 7 days a week. Late November marked Flood Awareness Week, an annual campaign run by the Environment Agency, which encourages people to take steps to protect themselves from future flooding, sign up to flood warnings by phone, text or email and check their long-term flood risk. Work is underway to help communities like Selsey become more resilient to extreme weather, but I would urge you to look at the advice as even making one small change can reduce the impact on homes and families, and even save lives. As ever, if there is anything that me or my team can assist with, please don't hesitate to get in touch via [gillian.keegan.mp@parliament.uk](mailto:gillian.keegan.mp@parliament.uk).

Finally, I'd like to wish all residents in Selsey a very Merry Christmas and a Happy New Year! I know there is lots going on locally to get into the festive spirit and I look forward to joining in!

*Gillian Keegan*  
Gillian Keegan MP



**Selsey Swimathon For Ukrainian Families Relief**

Our Selsey Swimathon went "swimmingly", Julian Lindsey Clark, Claire Line, Hilary Wright and Lynn Bassett swam a total of 332 lengths of The Oasis Swimming Pool and have raised £2,300, to date which is funding 92 small stoves with gas bottles.

These are being delivered to Ukraine by truck along with other aid such as warm clothing etc, each month.

Ukrainian families will benefit during their long freezing cold winter and be able to cook a hot meal and be a little warmer as well as feel supported.

If anyone would like to help the "team" get to the minimum target of £2,500 (100 stoves) just contact Julian on 07721 532711 or text [julian.lindseyclark@gmail.com](mailto:julian.lindseyclark@gmail.com)

Full report in next issue.

**Youth Dream Selsey brings festive cheer to Tenchley Manor residents**

On 21st November Tenchley Manor, a member of the Healthcare Homes group, enjoyed a heartening visit from six young individuals representing Youth Dream Selsey. The visit aimed to spread joy and festive cheer to the elderly residents.

The group from Youth Dream Selsey arrived at Tenchley Manor armed with beautifully gift-wrapped presents for each of the residents. The generosity and thoughtfulness displayed by the young visitors were met with sheer delight by the residents, who were overjoyed to receive such heartwarming gifts.

Tenchley Manor, committed to providing exceptional care for its residents, was delighted to host the Youth Dream Selsey group. The interaction between the young visitors and the residents created a warm and inclusive atmosphere, fostering connections between different generations within the community.

Katrina Austin, Manager at Tenchley Manor, commented, "We are extremely grateful to the wonderful young people from Youth Dream Selsey. The kindness and the joy they brought with them has such a positive impact on our residents."

This heartwarming event reflects the commitment of both Youth Dream Selsey and Tenchley Manor to fostering a sense of community and creating moments of joy for the elderly residents. Such initiatives contribute to the overall well-being of the residents, enhancing their quality of life and creating lasting memories.

Tenchley Manor in Selsey is a care home with a real sense of community. Wellbeing is at the heart of everything at the home and residents are cared for like family. The home is rated Good by the Care Quality Commission.

For more about Healthcare Homes and Tenchley Manor see our website [www.healthcarehomes.co.uk/tenchley-manor](http://www.healthcarehomes.co.uk/tenchley-manor)  
Photo credit: Healthcare Homes





**Green Bowls**  
Unfortunately, the Green Bowls presentation evening due to be held at Selsey Golf Club on Friday 3<sup>rd</sup> November had to be postponed due to a problem with the kitchen at the golf club. It was held on 10<sup>th</sup> November in the Club House instead. Everyone was invited to bring their own nibbles and it was well attended with everyone having a good time. Winners were

**Thursday League:** Cheryl Brown, Anita Colliety, Gill Oliver, Trevor Plaistow, Ray Sayer and John Thorp.

**Bert Jones Cup: Mixed 2 Wood Pairs**

Winners: John Ballinger and Tony Dade  
Runners up: Sylvia Ballinger and Derek Clacey

**Jet Cup: Men's Pairs**

Winners: Mark Beeby and Ian Ford  
Runners up: Tom Oliver and Tony Dade

**Village Cup: Mixed Singles for non-winners**

Winner: Ray Sayer Runner up: Dave Osman

**Millennium Trophy: Mixed Pairs**

Winners: Peter Blackman and Cheryl Brown

Runners up: Nigel Crump and Sue Blyth

**Sainsbury Sheila: Ladies 2 Wood**

Winner: Chris Lewendon Runner up: Cheryl Brown

**Open Handicap: Mixed Singles**

Winner: Dave Osman Runner up: Ian Ford

**Alan Kite Cup: Mixed Triples**

Winners: Chris Lewendon, Tom Halliday, John Thorp

Runners up: Cheryl Brown, John Ballinger Kevin Gibbs

**Elston Sheild: Mixed Pairs**

Winners: Chris Lewendon and John Ballinger

Runners up: Gill Oliver and John Hardy

**Dickson Cup: Men's 2 Wood Singles**

Winner: Nigel Crump Runner up: John Ballinger

**Centurion Trophy: Mixed Singles**

Winner: Richard Humphrey Runner up: Cheryl Brown

**Gladys Hoare Trophy: Ladies Singles**

Winner: Sheila Jones Runner up: Carol Bowles

**Turtle Cup: Men's Singles**

Winner: Ian Ford Runner up: John Hardy

Well done to everyone who competed in all the competitions and a special **Thank You** to Keith Batchelor for organizing them so well

**Short Mat**

**October 17<sup>th</sup>** Avocets and Bitterns played a start of the season friendly with both teams putting out three rinks. In a very close game Avocets won on two rinks and Bitterns on one. Both agreed to play a return match towards the end of the season. It was a lovely afternoon with tea and biscuits after.

**October 21<sup>st</sup>** Cormorants were at home to Lavant in a league game. Lavant were also able to bring a friendly team. Crablands won on one mat and narrowly lost on the second but won overall 35-29. Gaining 4 league points. The friendly had a convincing win of 23-6.

**October 22<sup>nd</sup>** Crablands took two rinks to Donnington where they spent a very pleasant afternoon of bowling. Unfortunately, Crablands lost on both mats but we look forward to the return match at home in February.

**October 31<sup>st</sup>** Crablands had a convincing win against East Preston in the first round of the KO Cup. 56-17 They will now go through to the 2<sup>nd</sup> round later in the year.

**November 4<sup>th</sup>** Crablands Bitterns had a home match against Crablands Cormorants. Bitterns won on one mat and lost on the other. Bitterns lost overall so they gain 2 league points and Cormorants 4.



**November 5<sup>th</sup>** saw the first day of the Tournament Pairs (Wally Bowl). 22 members competed in four rounds. Each round consisting of 11 ends. Eight teams went through to the next round on 19<sup>th</sup> November.



**November 8<sup>th</sup>** Avocets travelled to Midhurst to play their first league game of the season. They drew on one mat and won on the other, winning overall and taking 5 league points. Midhurst were able to field a friendly team and Crablands were victorious against them also.

**November 11<sup>th</sup>** Bitterns had a brilliant win 48-17 against Nyetimber Bears at home. Bitterns gain 6 league points by winning on both mats and overall.

**Tennis**

The Winter League is under way for both the Men and Ladies teams. Many thanks to our team and club members and the time they give for these matches. We now have three teams in different divisions of the TDS Sussex Doubles League - two men's and one ladies.

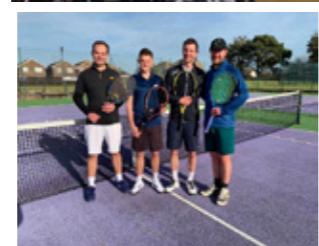
**12<sup>th</sup> November** - Men's 1s home to Bogor Lawn Tennis. Result: 3:1 win to Crablands. Team: Andy Gilmour, Carl Spencer, Michael Ackerman, Dan Cobden. Congratulations to our team for some great tennis with amazing rallies - and thank you to the supporting spectators.



**5<sup>th</sup> November** - Ladies home to Pavilion & Avenue. Result: 3:1 win to Crablands. Team: Jess Ackerman, Marjie Ridley, Carol Gilmour, Cheryl Yeoman. This was a wonderful victory for the team playing in the windiest of conditions - exciting rallies with true grit and determination on display. Again, the spectators helped provide support and encouragement - thank you.



**21<sup>st</sup> October** Junior/Senior Doubles. Players: Carol Gilmour & Eddie Lamdin, Nigel Allfrey & Ollie Taylor, Carl Spencer & Sophie Rowland, Chris Marsh & Ollie Bow, Andy Jenkins & Ellie Jenkins. Result:



Winners **Carol Gilmour & Eddie Lamdin** with runners up Carl Spencer & Sophie Rowland.

It was exciting and enjoyable watching how much Crablands Performance squad have progressed. What a fantastic afternoon of quality tennis with some very close results.

**22<sup>nd</sup> October** - Men's home to Angmering. Result 4:0 win to Crablands. Team: Andy Gilmour, Carl Spencer, Michael Ackerman, Dan Cobden. A great start to the Men's first match of the league. Ladies away to Lindfield. Result 0:4 loss to Crablands. Team: Marjie Ridley, Patsy Allfrey, Liz Bosson, Charlie Bray

**Events/Socials**

December 2<sup>nd</sup> 19:00 Presentation Night  
December 3<sup>rd</sup> 15:00 Club AGM & Christmas Draw

On **Saturday 4<sup>th</sup> November** the tennis section ran a fund-raising quiz night. The event was very well attended and a huge thanks go to Andy Gilmour for organising and running the quiz, Dena Nelson Smith for being the best quiz questioner possible, Carol & Tony Gilmour for making sure thirsts were quenched, and all the members who attended and gave their support and made the evening so much fun.



**Friday Nuts Tennis Group**

Every Friday morning up to 16 members join in a 2-hour session of fun competitive tennis.

If you are interested in joining our club or finding out more about us, please check our website and get in touch <http://crablandsbtc.co.uk/>

**The club will be closed from lunchtime Christmas Eve and Christmas Day. Reopens Boxing Day, check times with your section.**



Have a Lovely Christmas and Happy New Year to Everyone from all at Crablands Bowling and Tennis Club



For the Community, by the community

**CHRISTMAS FUN**

THE STORY SO FAR.....

The parade will start at 2 pm from East Beach. Join us and win £50 for the best, fun xmas fancy dress

On the High street you will find  
FUN KIDDIES RIDES AND ACTIVITIES  
A BUCKING REINDEER!  
A BALLOONIST. GLITTER TATTOOS  
A GROTTTO. FATHER CHRISTMAS  
MULLED WINE AND MINCE PIES  
CHESTNUTS AND TOASTED MARSHMALLOWS  
LIVE PETTING ANIMALS  
A NATIVITY  
ACTORS, MUSIC, STALLS, VENDORS, CAROLS AND FUN.

Put your loved ones name on our memory tree by the live nativity.

**2<sup>nd</sup> DEC** STARTS AT 2pm

HIGH STREET, SELSEY  
For info. Tel Lyn 07969905402

**Friends of Selsey Medical Centre (FSMC)**  
Charity No: 1013645

**FRIENDS OF SELSEY MEDICAL CENTRE NEED YOU!**

The Surgery is extremely fortunate to have the valuable support of such a dedicated group of volunteers as the Friends of Selsey Medical Centre.

The Friends raise money from membership fees to provide additional and improved facilities at the Centre over and above those provided by the NHS, for the benefit of all patients in Selsey and the wider community.

This autumn the Friends have undertaken to cover the costs of Building Alterations to the surgery to accommodate two new staff and make better use of space for existing staff. This involves creation of a stock room, changing an office into a clinic room and the conversion of a small room into an office. It is hoped this work can all be completed by Christmas, helping further improve our patients' experience.

Furthermore we are contributing for another year towards the Community Advisor who is available every Thursday at the Surgery and otherwise at the Care Shop. She assists **any local individual** with non-medical issues, such as finance, form-filling, employment and general advice. This service ensures that as many local people as possible receive free, professional assistance with their personal administration and problem-solving.

The Friends are always keen to attract new members to support the surgery. The minimum annual subscription is £5 per person. You can join without any commitment to become involved in fundraising or organisation, though the Committee are always happy to receive help and ideas.

All funds raised are used to benefit the patients at the surgery, whilst committee members give their time freely.

If you would like to support the Friends for as little as £5 per year, you will find membership forms at the surgery. Otherwise phone **01243 607869** and talk to our Membership Secretary, who will welcome your call! Naturally we would also be most grateful if you could remember the Friends when making your will.

MERRY CHRISTMAS AND A HAPPY NEW YEAR TO ALL FRIENDS AND READERS

TLH12/23

**SELSEY CARPET BOWLS CLUB**

Times for bowling are as follows :-

Sunday 10am -11.30am

Wednesday & Thursday evenings 7pm until 8.30pm

We are a very friendly club & welcome new members, all equipment is provided.

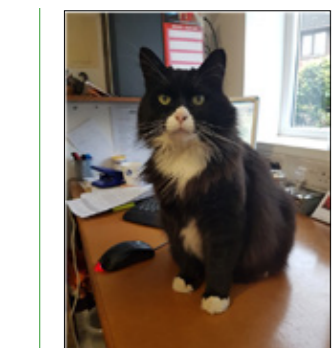
Come along & give it a try at Medmerry School,(entrance opposite the Library ) you won't be disappointed.

Contact Annette on **606227** or Marcus on **607347**

email: [info@selseycarpetbowls.co.uk](mailto:info@selseycarpetbowls.co.uk)

[www.selseycarpetbowls.co.uk](http://www.selseycarpetbowls.co.uk)

**THE CAT & RABBIT RESCUE CENTRE**  
 THE CAT & RABBIT RESCUE CENTRE  
 Tel: 01243 967111 Reg. Charity no. 1010000  
 Email: [info@crcc.co.uk](mailto:info@crcc.co.uk) [www.crcc.co.uk](http://www.crcc.co.uk)



Hello everybody! It's me Markus the office cat bringing you all the latest news from The Cat and Rabbit Rescue.

Last month's pet of the month the lovely male rabbit Macaroni Cheese is sadly still waiting to find his forever home.

In my article this month I am sad to have to tell my readers that we unfortunately had another cat

abandoned at The Centre. Thankfully, this is not something that happens too often but for a few poor animals it does. This cat was left outside the door of our reception late morning and we unfortunately did not see her being left. Our manager found her with a note which read that her owner could no longer look after her, thankfully she wasn't there too long and she is now safe at The Centre. I feel very sorry for her owner who felt that this was their only option when we have the channels in place for giving up an animal. My staff do ask that people who need to give up their animal either phone us or fill out an application form on our website. I know we are often full as we have so many animals that need us but my staff do their best take in animals in the order that people contact us. By taking her in someone who has followed the correct channels may now need to wait longer for a space.

Because of the circumstances she arrived under we don't know much about her and her past but she is a sweet black older female cat. I am pleased that she is now safe with us and I cannot wait for her to find her forever home in the future.

I just want to send my love to everyone who has supported The Centre this year, I appreciate everything you do and I can't thank you enough for your continued support. We wouldn't be able to do what we do without all of your support, from me and all the animals that have needed us this last year, Thank you! Lovely to chat to you all again, see you next year.

Love Markus x

**P.S. Please check our website [www.crcc.co.uk](http://www.crcc.co.uk) to see how we are now rehoming and for the animals available for adoption.**



**THE CAT & RABBIT RESCUE CENTRE**

Have you visited the new Cat & Rabbit Rescue Centre Charity Shop in the High Street?

It is full of fantastic bric-a-brac, including antiques, pictures, jewellery, as well as clothes for every occasion, beautiful bedding, curtains, craft items, and good quality furniture.

If you have time to spare, why not become a volunteer, just visit Samantha in the shop.

**Mallery & Misha**

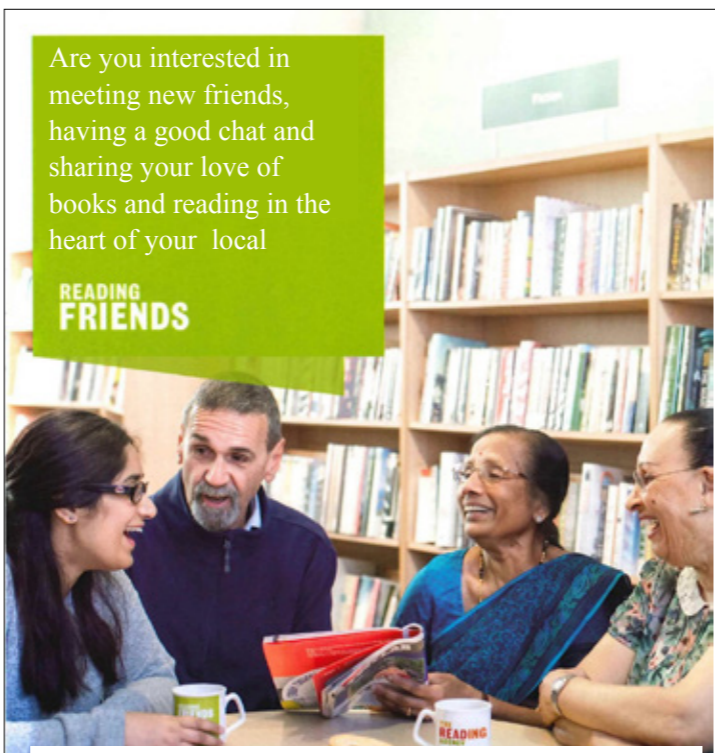
This month we would love to introduce you to a lovely pair of female cats called Mallery & Misha. Mallery is a brindle torti and Misha is a black female and they are both just over a year old. Mallery and Misha arrived with us in July after their owner sadly passed away and when they arrived Misha was pregnant. Misha gave birth to four gorgeous kittens and both her and Mallery looked after the kittens together. The kittens have now grown up and gone to their forever home but Mallery and Misha are still waiting. When these two arrived, they were inseparable but after being here for so long, they are starting to get frustrated, we would love to find them their forever home as soon as we can. Misha is friendly and will come straight over for some fuss, but Mallery is a little more reserved although she is also sweet when she gets to know you. These two could live with older children and dogs but they do not really like other cats.



If you think you may be able to offer Mallery or Misha a loving home please give the centre a call on 01243 967111 or visit our website [www.crcc.co.uk](http://www.crcc.co.uk).

**THE CAT & RABBIT RESCUE CENTRE**  
 Holborow Lodge, Chalder Lane, Sidlesham,  
 W. Sussex PO20 7RJ  
 Tel: 01243 967111 Reg. Charity no. 1010000  
 Email: [info@crcc.co.uk](mailto:info@crcc.co.uk) [www.crcc.co.uk](http://www.crcc.co.uk)

Also find us on facebook  
[www.facebook.com/catandrabbitrescuecentre](http://www.facebook.com/catandrabbitrescuecentre)



Are you interested in meeting new friends, having a good chat and sharing your love of books and reading in the heart of your local

**READING FRIENDS**

**1st Friday of the month 10.30-11.30am.**  
**Selsey Library**  
**Everyone welcome.**



**Brent Lodge Wildlife Hospital**  
 Winter Wildlife Briefings  
 December 2023

**INSIDE THE WILDLIFE HOSPITAL IN DECEMBER**

Merry Christmas to all from the Brent Lodge team! In the run up to Christmas, there is no rest for our team at the wildlife hospital. We are as busy as ever with increasing patient numbers – sometimes seeing up to as many as 15 new admissions a day. Many of our current patients are babies that are having to be hand-reared by our team around the clock. As many of you know, we are open 365 days a year, including the festive period, to help the animals in our care, and we wouldn't have it any other way. Thank you to everybody for your warm Christmas wishes.

**PATIENT STORIES**

We have a range of species needing specific care in the hospital at the moment. Babies being hand-reared include two tiny bank voles, a beautiful hazel dormouse and five little field mice. These animals were all found without their parents and, after checks that their parents were not returning, were brought to us for specialist care. We have also had multiple underweight and lethargic hedgehog admissions, as they are often struggling to successfully hibernate due to their ongoing struggles with habitat loss and climate change. Luckily these creatures are currently in the very best place to receive the care they need to ensure they recover and survive this winter, and they will be released into the wild again once the weather improves.



**HELPING BRENT LODGE WILDLIFE HOSPITAL**

We are always in great need of non-fish wet cat/dog food (poultry flavoured is best) as we get through hundreds of these tins a day at the hospital. As well as this, if anybody has the time to help us with hand-shredding newspapers for our animals' bedding, we would be so very grateful! 1-inch strips with staples removed are perfect. Please no glossy magazines, office paper or machine-shredded paper (as this creates a lot of dust). You can drop any donations off at the main hospital or at one of our charity shops.

Please always feel free to call us if you need any advice/ assistance with wildlife enquiries or how to support us.

**MERRY CHRISTMAS EVERYONE!**

By Alex Foster, Education Outreach Coordinator

For more information and tips, please visit our website or contact us on the details below.

Web: [www.brentlodge.org](http://www.brentlodge.org) Tel: 01243 641672  
 Email: [enquiries@brentlodge.org](mailto:enquiries@brentlodge.org)  
 Address: Brent Lodge Wildlife Hospital,  
 Cow Lane, Sidlesham, PO20 7LN.

**Selsey Royal British Legion Fishing Club**  
 New Members Welcome.  
 For details ring Brendon 01243 601009

**\*\*BRAND NEW BEGINNERS LINEDANCE CLASSES\*\***  
**AT THE TOWN HALL 55 HIGH STREET SELSEY PO20 0RB**  
**6 WEEK COURSE STARTING ON**  
**TUESDAY 9TH JANUARY 2024 13.30 – 15.00**  
**ENROL FOR 6 WEEKS AND ONLY PAY FOR 5!**  
**OR PAYG £5 PER CLASS**  
**NO NEED FOR A PARTNER MAKE NEW FRIENDS**  
**KEEP FIT AND MOST OF ALL HAVE FUN!**  
**FOR MORE DETAILS PLEASE CONTACT:**  
**YANINA**  
**07915059248 Or [step2steplinedancing@gmail.com](mailto:step2steplinedancing@gmail.com)**

PLEASE WEAR SENSIBLE FOOTWEAR  
 NO HIGH HEELS OR SANDALS



**BEACHCOMBERS, TAKE FIVE. . . .**

The beachcomber's hunt for lost items of worth is about to undergo change he can leave his swish metal detector indoors be it bottom or top of the range there exists a matter of urgency now and there's nothing at all to arrange

The modern beachcomber hunts things of no value for stuff that has no use at all they come in a range of shapes sizes and colours and they're not things you'd hang in your hall when you locate their whereabouts down on the coast you'll be thrilled with your valueless haul

Just five bits of plastic is all Steve\* is asking pick them up take 'em home and dispose sweet wrappers bottle tops squashed plastic drink cups quite who chucks it all there goodness knows small bits of green nylon from nets of far trawlers whipped away when the Southwest wind blows

And the longer it takes you to find your five pieces means the fewer there are to be found at Bracklesham Bay this can take fifteen minutes there's not a lot laying around but never return home without five such pieces and the planet should stay safe and sound. . .

JOHN BYRNE OCTOBER 2023 ARTWORK JASON BETON  
 \*Inspired by STEVE WHELAN.



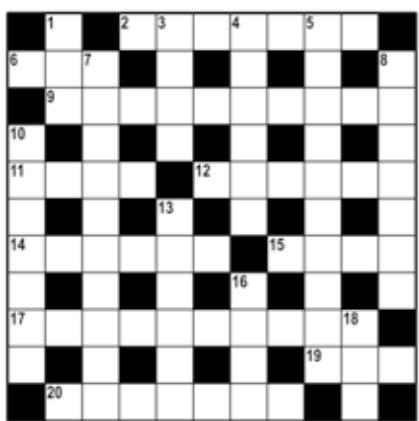
**Christmas Community Carols**



Organised by all four of the **Selsey Churches** working together, this will be held on **Thursday 7th December** at the **Academy School 7pm-8pm**. It is free entry and will include the Seal School Choir, readings and Community Singing.

CROSSWORD PUZZLE

No 22845



WORD LIST	PUZZLE #5
<input type="checkbox"/> ADOPT	C M B F U G I T I V E S U X O A
<input type="checkbox"/> ALARMINGLY	X I A P B N T G X N C O N I Q W
<input type="checkbox"/> BOLDER	T K T R E T R O G R A D I N G A
<input type="checkbox"/> FOUNTAINED	B M R E I R W E E O C G W T P L
<input type="checkbox"/> FUGITIVES	F H L M O J F S C R O O G E C A
<input type="checkbox"/> HECTIC	L H I A D S E N K J V G T N M R
<input type="checkbox"/> INTENDED	T R U N C A T E S Q B V B D A M
<input type="checkbox"/> KEEPS	B O L D E R J P R E K K X E Y I
<input type="checkbox"/> LIVERIES	Z S P E C T A C L E S E Q D D N
<input type="checkbox"/> MAYDAYS	S U D D E N Z A R A N G E S A G
<input type="checkbox"/> RANGES	B X X H C C M D O E H I T P Y L
<input type="checkbox"/> REBINDS	E N Q M I T U O T W B N F O S Y
<input type="checkbox"/> REMANDED	J F C Y S R E P U B L I C B S N
<input type="checkbox"/> REPUBLIC	I R E Q H E C T I C G Q N D H S
<input type="checkbox"/> RETROGRADING	U E I S F O U N T A I N E D C X
<input type="checkbox"/> SCROOGE	W Y E V Q C G L I V E R I E S T
<input type="checkbox"/> SPECTACLES	
<input type="checkbox"/> SUDDEN	
<input type="checkbox"/> TRUNCATES	

- Across:**
- Fragrant garden plant.
  - Ball's path.
  - Knightly sport.
  - Degree of quality.
  - Arcade support.
  - It says "ADMIT ONE".
  - Branch branch.
  - Everything you can perform.
  - Teacher's answer sheet.
  - Goods producer.
- Down:**
- Works at a gallery.
  - Man with a title.
  - Close-fitting cap.
  - Embroidery.
  - Horn of plenty.
  - Cloud function.
  - Cicero's skill.
  - Hidden.
  - Piglet's papa.
  - Electric fish.



			6		
		1			3
8				7	6
6	4		3	5	
					1
					3
	5		9		
4	6			8	9
2				3	4
	3		6		2
		6	5		
					9

**Sudoku for smartest**  
Find the missing pieces of puzzle, place them in empty spaces and write the numbers.

Find 6 differences



**Crack the Code No2**

1	2	3	4	5	6	7	3	6	8	9
10	5	9	9	6	3	3	5	11	4	
12	9	3	13	2	12	11	6	11	1	9
14	9	3	6	13	9	12	2	15	9	
16	13	17	3	1	15	11	11	7	3	2
11	6	9	9	9	18	4	12	19		
18	11	11	7	20	3	6	7	12	9	20
6	18	2	2	11	15	7	13	3		
9	1	11	6	9	23	24	20	11	12	21
12	12	12	8	3	11	6				
13	11	6	24	8	11	6	2	12	11	20
17	9	21	2	22	1	9	7	3	20	
21	6	25	11	8	3	2	21	11	6	1
15	9	11	C	A	T	11	12	7	11	26
4	12	3	6	7	6	3	1	9	6	20

ABCDEFGHIJKLMN OPQRSTUVWXYZ

1	2	3	4	5	6	7	8	9	10	11	12	13
14	15	16	17	18	19	20	21	22	23	24	25	26

PLEASE NOTE LAST DATE FOR SUBMISSIONS FOR ENTRY INTO NEXT SELSEY LIFE IS 16TH JANUARY

Alcoholics Anonymous Meetings In Selsey  
The Methodist Church High Street

Fridays at 1:30 pm  
Sundays at 6:30 pm

**Selsey Camera Club**  
A friendly and informal club for all photographers. Whether you have a DSLR or a camera phone, we will be very happy to see you. Please visit our website [www.selseycameraclub.co.uk](http://www.selseycameraclub.co.uk) for more information on our programme and how to join.

**Visually Impaired Club**  
Meets on 2nd and 4th Tuesdays of each month  
2-4 PM  
Hanover Close  
Details from Judy on [01243 606995](tel:01243 606995)

**Selsey Bridge Club**  
All welcome  
Friendly group of mixed ability  
Thursday afternoons  
2pm - 5pm  
Selsey Centre Manor Road  
call Graham or Christine 01243 602612 for information

**1st SELSEY SCOUTS Charity Shop**  
Scout HQ, School Lane ~ every Saturday  
between 10 am -12 noon  
Bric-a-brac ~ Clothes ~ Et al

Is your piano no longer singing in tune with you?

Serving the Selsey Community  
Lyn Tarver  
Certified piano tuner with over 20 years experience  
Text requests/inquiries to 07398410502

**SELSEY CANCER RELIEF FUND**  
DATES TO REMEMBER  
Methodist Church Hall 10am  
**Saturday December 2nd Christmas Sale**  
9.30am  
There is ample parking behind the Fire Station.

**THE WRITERS CIRCLE**  
meets on the first Tuesday of every month in The Methodist Hall, High Street, from 2.00pm until 4.30pm  
If you are already writing or a complete beginner you will be given a warm welcome by our small, friendly group of ladies and a few gentlemen  
Membership is £12 per year and £2.00 per session. Tea or Coffee included.  
For more information contact Pat Read Tel: 07946707708

**Selsey Model Boat Club**  
The Club meets twice a week at the pond on East Beach, weather permitting, when members sail their radio controlled boats  
Times: 10.00am until noon on Sundays and Wednesdays  
The first Sunday of each month is Race Day  
New members welcome  
or just pop along to have a look and a chat  
contact Richard on [07798786076](tel:07798786076)

**SELSEY MAH JONG GROUP**  
ALL WELCOME  
FRIENDLY GROUP ON TUESDAY AFTERNOONS  
2 PM TILL 5 PM AT THE SELSEY CENTRE  
PHONE SUE ON [07710 658 331](tel:07710 658 331)

**SELSEY CANASTA GROUP**  
ALL WELCOME  
ALSO SCRABBLE  
FRIENDLY GROUP ON WEDNESDAY AFTERNOONS  
2 PM TILL 5PM AT THE SELSEY CENTRE  
PHONE PAMELA ON [01243 604720](tel:01243 604720)

**Selsey Men in Sheds**  
A non-profit making organisation  
Open Tuesday & Thursday 10 - 4  
Saturdays 10 - 2  
Membership £10.00 per month or £100 per year  
Complete your own wood / metal projects or be involved in group activities  
If you are interested in joining contact  
Mick Webb 07939 880029  
email [m.c.webb46@gmail.com](mailto:m.c.webb46@gmail.com)

Further events/classes can be found in the Selsey Community Forum newsletter, copies available in the Care Shop and other places, and you can also visit the Community Forum website:  
<http://www.selseycommunityforum.uk/News/>

As Christmas approaches, it can be so easy to get distracted by all the shopping, decorating, baking, and the celebrations. We can very quickly forget that the true reason for celebration in this season is the birth of our Lord and Saviour, Jesus Christ!

For a change this month, we thought we would bring to you some thought provoking Christmastime quotes about Jesus, from Christian leaders, authors, preachers, and artists. These quotes focus on the beautiful and wonderful gift of Jesus coming to earth as a baby. He is the greatest gift of Christmas!

We hope you can take something from these quotes and that they will inspire you, remind you of the incredible love of our God, and help you keep your eyes on him in the hustle and bustle of the holiday season and the challenges you may be living with, and through. We truly wish you a happy and peaceful Christmas.

**"Once in our world, a stable had something in it that was bigger than our whole world." -C.S. Lewis**

**"Faith is salted and peppered through everything at Christmas. And I love at least one night by the Christmas tree to sing and feel the quiet holiness of that time that's set apart to celebrate love, friendship, and God's gift of the Christ child." -Amy Grant**



**"Who can add to Christmas? The perfect motive is that God so loved the world. The perfect gift is that He gave His only Son. The only requirement is to believe in Him. The reward of faith is that you shall have everlasting life." -Corrie Ten Boom**

**"I truly believe that if we keep telling the Christmas story, singing the Christmas songs, and living the Christmas spirit, we can bring joy and happiness and peace to this world." -Norman Vincent Peale**

**"The very purpose of Christ's coming into the world was that he might offer up his life as a sacrifice for the sins of men. He came to die. This is the heart of Christmas." -Rev. Billy Graham**

**"Peace with God, peace with others, and peace in your own heart." -Rick Warren**

**"At this Christmas when Christ comes, will He find a warm heart? Mark the season of Advent by loving and serving the others with God's own love and concern." -Mother Teresa**

**"Off to one side sits a group of shepherds. They sit silently on the floor, perhaps perplexed, perhaps in awe, no doubt in amazement. Their night watch had been interrupted by an explosion of light from heaven and a symphony of angels. God goes to those who have time to hear him—and so on this cloudless night he went to simple shepherds." -Max Lucado**

**"And when the Lord Jesus has become your peace, remember, there is another thing: good will towards men. Do not try to keep Christmas without good will towards men." -Charles Spurgeon**

**"You can never truly enjoy Christmas until you can look up into the Father's face and tell him you have received his Christmas gift." -John R. Rice**

## Regular Weekly Church Events

Below are our regular activities and services together with the specials below for the month.

Sunday	10.00am		MORNING WORSHIP
Tuesday	1.00pm -5.00pm		From 14 <sup>th</sup> November - Warm Spaces
	2.00pm - 3.00pm		Pantry Plus 'Community Food Hub'
Wednesday	2.00pm - 3.30pm		Tea and Chat at the church building
Friday	10.00am		Sunbeams for pre-school children and carers Term-time only
Friday	5.00pm		Bright Sparks for school Yrs R to 4 Term-time only
Friday	6.15pm		Lighthouse for school Yrs 5+ Term-time only

### December Diary

Sat 2<sup>nd</sup> 9am **Men's Breakfast** at the Boulevard



Sun 3<sup>rd</sup> 3pm **ResBite Tea with Christmas Songs of Praise**



Thurs 7<sup>th</sup> 7pm **Christmas Community Carols** at The Academy - see advert in this magazine



Sun 10<sup>th</sup> 10am **Morning Worship + Christmas Buffet Lunch** (Free & open for any to join us)

Mon 11<sup>th</sup> 2pm **Inspire Group** – Crafts and Party

Sun 17<sup>th</sup> 10am **Contemporary Carols**  
5pm **Traditional Carols**



Sun 24<sup>th</sup> 10am **Christmas Eve Worship**

**Note: No Christmas Day service as the church is hosting the Community Christmas Lunch**

### January Diary

Sat 6<sup>th</sup> 9am **Men's Breakfast** at Beacon Church



**More details of all our January services and activities can be found on our website**

Marisfield Place, Selsey, West Sussex PO20 0PD  
T: 01243 607741

E: [office@beaconchurchselsey.org.uk](mailto:office@beaconchurchselsey.org.uk)  
W: [beaconchurchselsey.org.uk](http://beaconchurchselsey.org.uk)

### Selsey Methodist Church

Well, here we are again, approaching Christmas. Are you ready? You may have the presents bought, the turkey in the freezer and the cards written but are you ready? Are you ready to hear that old, familiar story but to hear it as something fresh and new, something that brings hope and peace and joy?



"Fresh and new...hope and joy and peace... in today's world?" you might exclaim. Well yes, I think Christmas has the opportunity to offer all of those things and here's why...

If you believe the Christmas story – and, for the record, I do – it is the most radical, amazing, history-changing moment in time. God, the creator and sustainer of the whole universe, is born as a baby to a young woman in a remote corner of the Roman Empire.

Some recognised the significance at the time – his parents, the shepherds and the wise-men at least – but many, indeed the majority, didn't. But, since that inauspicious beginning that baby, that baby that I believe was God in human form, went on in 33 years on earth to make such an impact that we still divide history around the date of his birth and see the influence in our modern society of what he taught and did.

Whether you're ready for Christmas or not. Whether the presents you're going to give are wrapped or not even thought about. I urge you to take a moment to reflect on why we have Christmas, why it's called Christmas and decide whether you're ready to meet that God-become-human. If you are, you'll see many services and other events advertised across the Christmas period – do take the time to join others who are also looking to meet, or maybe just decide about, that Christmas baby.

With all good wishes

Tim

Tim Cooper

Local Lay Pastor, Selsey Methodist Church

### SELSEY METHODIST CHURCH SERVICES

Sunday	3 <sup>rd</sup> December	10.30 am	Revd Tongayi Matamba
			<i>Lord's Supper</i>
Sunday	10 <sup>th</sup> December	10.30 am	Dr Mike Nicholls
Sunday	17 <sup>th</sup> December	10.30 am	Mr Adam Cook
Sunday	24 <sup>th</sup> December	10.30 am	Mr Tim Cooper
			<i>(10.30 am Service)</i>
Monday	25 <sup>th</sup> December	<b>10.00 am</b>	Mr Tim Cooper
Sunday	31 <sup>st</sup> December	10.30 am	Mr David Booth
Sunday	7 <sup>th</sup> January	10.30 am	Revd Tongayi Matamba
			<i>Covenant Service</i>
Sunday	14 <sup>th</sup> January	10.30 am	Dr Mike Nicholls
Sunday	21 <sup>st</sup> January	10.30 am	Mrs Shelagh Morgan
Sunday	28 <sup>th</sup> January	10.30 am	Professor Phil Cotton
			<i>Tea for those living alone</i>

Our Lay Pastor is Tim Cooper 07920567764

### SELSEY METHODIST CHURCH

For enquiries about hiring the hall please email

[d.dixon808@btinternet.com](mailto:d.dixon808@btinternet.com)



### Catholic Church of Our Lady of Mount Carmel & St Wilfrid



Masses held on Wednesdays at 10am and Sundays at 11am

12 Church Road, Selsey, PO20 0LS  
(Plenty of parking available)



For more details go to:  
[www.saintsofsussex.com](http://www.saintsofsussex.com)  
Sign up for weekly newsletter:  
[www.saintsofsussex.com/newsletter](http://www.saintsofsussex.com/newsletter)

Part of the Parish of Our Lady and the Saints of Sussex (with the churches of the Witterings, Chichester and Bosham)



### ST PETER'S CHURCH

Weekly Services held at the Parish Church of St. Peter's, Selsey  
Rector: Rev. Andy Wilkes  
Tel: 01243 601984 Email: [rector.selsey@gmail.com](mailto:rector.selsey@gmail.com)

The church is open daily for prayer and visits.

Tuesday	9.30 am	Holy Communion
Wednesday	9.30 am	Holy Communion
Sunday	8.00 am	Holy Communion (Book of Common Prayer)
Sunday	10.00 am	Parish Sung Eucharist

These are our services for the Christmas period.

Christingle Service 3pm Sunday 3<sup>rd</sup> December  
Carols and Nine Lessons 3pm Sunday 17<sup>th</sup>  
Family Crib Service 4pm Sunday 24<sup>th</sup>  
Midnight Mass 11.30pm Sunday 24<sup>th</sup>  
Christmas Day 10 o'clock Monday 25<sup>th</sup>

Please check our noticeboard and website for service times

All are welcome to attend,  
we look forward to seeing you.

Our Church Halls with Kitchen and Car Park are available to hire for your meetings and celebrations please contact our Hall Manager Sue Ripley on 01243 948501 or [stpetershallbookings@outlook.com](mailto:stpetershallbookings@outlook.com)

KINDLY MENTION SELSEY LIFE WHEN REPLYING TO AN ADVERT IN THIS MAGAZINE

**Trees with Mistletoe**  
by Sam Craig

**Readers' Gallery**

Below by Alan Ede



Would you like to see your photo on here?  
Email it to [selseylife@btinternet.com](mailto:selseylife@btinternet.com)  
and you could be on the next back cover.  
(Put Readers' Gallery in the title)

Eira Brewster



Below two by Amanda Ward



Above and left by Annette Hoskins



By Rosemary Farrell



View from Crab and Lobster Dennis Wheeler